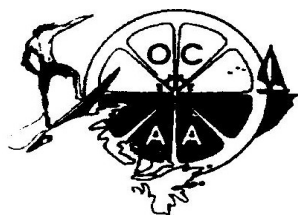


Santa Ana, CA

Lifeline



2009



**Orange
County
Intergroup
Association**

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A NEAR FATALITY ON THE INFORMATION SUPERHIGHWAY

A year ago I was sober but an emotional wreck. I was going through a phase in my sobriety in which I found myself depressed and unwilling to reach out to my fellows in Alcoholics Anonymous. This emotional state eventually led to my relapsing. The first beer that I drank almost led to my death.

For some time meeting with other alcoholics on the Superhighway. Relolics from all over share experience, hope with each other group. Many of us



now, I've been recovering Information covering alcohols the world strength, and in an e-mail have become

good friends without ever having actually met. I had been sharing about my depression and feeling of hopelessness with others on the Internet prior to my relapse, and I also attended this e-mail group while on what I hope to be my last drunk.

One day during this drunk, I was at my computer pouring down a deadly mixture of vodka and pills. I "posted" a note to the group which many members interpreted as a suicide note. I was coming up on an overdose and eventually passed out on the floor. A group member named Chris, who lives 3,000 miles away on the East Coast, read of my suicidal despondency and called the police and fire department while I lay on my floor passed out. The paramedics arrived at my door and rushed me to the intensive care unit at a local hospital. I was told by the hospital staff that I would have died had not Chris tracked down my address and taken action.

I was held at the local jail after my release from the hospital and then transferred to the state mental hospital on a suicide hold. At the time, I resented the person who had dared to save my life. I really didn't care if I lived or died. I had no hope left. Much of the usual trouble that I incurred while drinking had happened all over again- jails, hospitals, institutions.

Today, I am sober once more and gratefully attending meetings. I traveled to San Diego for our International Convention where the first meeting I attended was the AA and Computer Networking meeting. My sponsor and I walked into the meeting room and there they all were - all of my cyber AAs in the same room and in person. As I found out later, Chris had already shared with the group about his experience with me. I got to meet and talk to and hug Chris, a man I'd never met face to face, but a man who made it possible for me to return to Alcoholics Anonymous and start anew.

This experience set the tone for my stay in San Diego. I felt part of the other 60,000 walking, talking, laughing, grateful miracles who met in San Diego to celebrate sobriety.

Larry T., Pasadena, CA
Best of the Grapevine, March 1996

The *Lifeline* is your paper.
Your ideas, suggestions, jokes
and articles are welcome and needed.
Please submit to:
LifelineEditor@yahoo.com

STEP 5—Building a New Life

Step 5—Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.

Page 59, Alcoholics Anonymous

I made a fool of myself with my first written Fourth Step. But the one I took to my sponsor a little later made none of the silly mistakes that characterized the earlier effort. Bob glanced at the first couple of pages, spent a few minutes on the third page, pushed his coffee cup away and cleared his throat.

"I'm going to ask you the same question my sponsor asked me," he said. "What's the one thing in all these pages that you'd least like to discuss. Let's take care of that and see if it doesn't make the rest of the afternoon go easier."



I pinpointed the item, wondering if it would bring the end of the inventory and perhaps the end of my relationship with Bob. "I had a situation just like yours," he responded. "Mine came when I was younger than you were when you had it. And it might be a coincidence that my sponsor said he underwent a similar situation."

We laughed about the matter but an hour later I was crying as I described the anger I felt about the death of my older brother, killed forty-some years earlier by a drunk driver. "You can take care of that matter," Bob counseled, "and you'll be glad to learn that any guilt you feel about unfinished business with your brother can be dismissed as well. You've been grieving for about four decades and you need a different spin on you and your brother." Over the next two hours we talked about my school years, my military service, time in prison, marriages, divorces, relations with my children, employers and a view of what place alcohol claimed in my life.

He folded my papers and handed them to me. "Lots of people burn their Fourth Step notes and papers," he said, "but I saved mine because I like to check them every now and then to make sure I'm not falling back into my old ways. You can do as you wish with yours." It's been 26 years since Bob and I sat in that little apartment on Fifth Street in Seal Beach and started selecting the items in my Fourth Step which I wanted to keep and listing those things that had to go.

With Bob's help I was able to identify the garbage and take out the trash, even as I was starting to build my new life.

George L., Westminster, CA

Tradition Five

Long Form: Each Alcoholics Anonymous group ought to be a spiritual entity having but one primary purpose – that of carrying its message to the alcoholic who still suffers.

Short Form: Each group has but one primary purpose – to carry its message to the alcoholic who still suffers.

Every time I hear this tradition mentioned, there is a term that is almost always used in conjunction with it. However, this term is completely missing from the long and short form of the tradition, and also missing from Bill's introduction of the twelve traditions in a *Grapevine* article in 1946, and his expanded article on Tradition Five in a *Grapevine* article in 1948. That term is Singleness of Purpose. The term does appear in the Twelve Steps and Twelve Traditions book introduced in 1953, fully 7 years after the tradition was first introduced. But in its mention in the 12 & 12, Bill very clearly talks about the idea of doing the one thing for which Alcoholics Anonymous has given us a purpose – that of carrying the message to other alcoholics.

But if you think about it, how is this Tradition most often used – to tell someone they can't share if they can't identify as an alcoholic, or as having a desire to stop drinking. This idea is correct, but the wrong tradition is being cited. Tradition Three stipulates the "only requirement for membership is a desire to stop drinking", and Tradition Three is rightfully applied in this case, (hopefully, in a loving and tolerant manner). And then we get the "tradition violation" cited for this tradition when someone shares only about drug use, again the idea being correct, but the tradition being cited is incorrect. Tradition Ten is our tradition that asks us to refrain from the discussion of outside issues.

So, if these instances are incorrect applications of the Fifth Tradition, what is the correct application of this tradition, you might ask? And what's the big deal anyway; the instances cited above are examples of a failure to uphold the traditions, aren't they? The problem is that the true meaning of the Fifth Tradition is obfuscated when we cite the incorrect meaning. In this tradition, Bill is attempting to remind us all that Alcoholics Anonymous has but a single purpose – that of carrying the message to the alcoholic who still suffers. There is an inference here – that I can't sit on my butt in my home group and wait



for the suffering alcoholic to come to me. This tradition suggests that I need to get up and go help an alcoholic who still suffers not knowing that there is a way out of their suffering. In a recent month, the Central Office received 21 Twelfth Step calls. Does that mean that only 21 newcomers came to A.A. in that month? Hardly. I have been in meetings where more than 21 newcomers identified in that meeting alone. So where are all the newcomers coming from. They are coming from Treatment Facilities, Detox facilities, jails, prisons, and mental institutions – all being shown the way to A.A. from these facilities. Who is showing the way? The simple answer to this question is – by those who honor this tradition by carrying the message to these newcomers in those facilities. They do this through individual effort – by showing up at the detox facilities, hospitals, and treatment centers and talking with these potential newcomers. About 300 members of the Orange County Hospitals & Institutions Committee do it by taking almost 500 meetings each month into these facilities.

Chapter 7 of the Big Book of Alcoholics Anonymous is entirely devoted to describing our primary purpose, and thus our Fifth Tradition – Working With Others.

We do this tradition and Alcoholics Anonymous a great disservice when we apply it where other traditions have been designed to be applied. Let's keep it simple.

Next month: Tradition Six – just how important is AA's principle of non-affiliation?

A member of A.A. in Orange County

The AA Principles and Virtues

Honesty

Step 1. We admitted that we were powerless over alcohol - that our lives had become unmanageable.

Hope

Step 2. Came to believe that a power greater than ourselves could restore us to sanity.

Faith

Step 3. Made a decision to turn our will and our lives over to the care of God as we understood him.

Courage

Step 4. Made a searching and fearless moral inventory of ourselves.

Integrity

Step 5. Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.

Willingness

Step 6. Were entirely ready to have God remove all these defects of character.

Humility

Step 7. Humbly asked Him to remove our shortcomings.

Brotherly Love

Step 8. Made a list of all persons we had harmed, and became willing to make amends to them all.

Justice

Step 9. Made direct amends to such people wherever possible, except when to do so would injure them or others.

Perseverance

Step 10. Continued to take personal inventory and when we were wrong promptly admitted it.

Spirituality

Step 11. Sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of his will for us and the power to carry that out.

Service

Step 12. Having had a spiritual awakening as the result of these steps, we tried to carry this message to others, especially alcoholics and to practice these principles in all our affairs.



Got a Problem? Send a Letter to "Dear Alkie Alma"

The *Lifeline* continues a new column this month. Alma will answer your questions about getting sober, staying sober and carrying the message of recovery. If you think Alma can help, please send your letters to "Dear Alkie Alma" c/o OCCO, 1526 E. Warner Ave., Santa Ana, CA 92705, or email them to lifelineeditor@yahoo.com.

Dear Alma,

I'm confused. At the meetings I go to, they read a statement of "singleness of purpose." Then, I hear about a "primary purpose." What gives?

Bruce L., Garden Grove

Dear Bruce,

The "singleness of purpose" statement applies to closed meetings. It emphasizes that A.A. is for "problems with alcohol," not drugs, food, sex, etc. Bill W. wrote in the February, 1958, *Grapevine*, (the article later became the pamphlet *Problems Other Than Alcohol*) that "Our first duty, as a society, is to insure our own survival." "It has ... been learned that *there is no possible way to make nonalcoholics into A.A. members*. We have to confine our membership to alcoholics, and we have to confine our groups to a single purpose." A.A. offers recovery from alcoholism. That is what we know how to do. Other problems are beyond us as a fellowship, but we have always offered our Twelve Steps freely as a potential solution for other addictions. If we don't stick with this approach, how will the alcoholic newcomer be able to identify with us? Without the ability to hear others tell his or her story, the newcomer is denied one of our most powerful tools. For an explanation of "primary purpose", see Tradition 5 in the "12 & 12." Also, search for "The Washingtonians" in the *Grapevine* online archive.

Dear Alma,

I'm sober 60 days but don't have a sponsor yet. There is this really cute gal in my favorite meeting who is two years sober. I want to ask her to be my sponsor. I believe we could develop a beautiful relationship. What do you think?

"Lonely" Ted, Cypress

Dear Ted,

Back off, lizard breath! You're looking for trouble. Sponsorship by the opposite sex is rarely successful. It's not fair to either party. You want an impartial guide to help you through the steps, someone with whom you can share your deepest fears and "defects of character." How will this be possible with a "cute gal?" Get a male sponsor with enough sobriety to help you with the steps. After you've done the Fourth and Fifth, ask the "cute gal" out for coffee.

I CAN'T DO HIS WILL MY WAY.

THE TURNING POINT

Editor's Note: We continue this new feature in the Lifeline called "The Turning Point". Please share your story by emailing it to lifelineeditor@yahoo.com.

TOUGH LOVE

Note: CHARLE STREET is a well-known detox center for indigent alcoholics. It is located in Costa Mesa, California.

I was sitting in my favorite 6AM bar in Huntington Beach on January 3, 2009. I am 63 years old and I had been coming to this bar nearly every day for the past 10 years. I had been a barfly since I was 21 when I had the grave misfortune of getting a job as a bartender in Seattle. I had been a productive and successful employee of several ad agencies over the past 40 years, but had also been a practicing alcoholic for much of that time.

On this particular morning I was waiting at the front door for the bar to open. There was the usual handful of us milling around anxiously awaiting the first drink of the day. The door opened and I went in. Once again it promised to be a long day. I ordered a Bloody Mary and asked the bartender to start a tab. Both of us knew that as usual I wouldn't be paying for that drink or any of the ensuing drinks. I had run out of drinking money and had no real income because business was bad. Business was bad because I didn't have the energy to work much any more. My bar tab was getting high but they kept the faith in me because I was a long-time customer and had a history of being a big spender. What they didn't know was that in two days I would be homeless because the cheap motel I was living in told me I had to get out on Monday. I had moved in there for a week about 10 years ago. It wasn't the cheapest place to live but it was within easy walking distance of this bar and to my office. I didn't really go to the office anymore, I worked from my room. Now even that was coming to an end. I had been borrowing money; \$20 here, \$40 there from various bar friends for weeks. The money would go for drinks and the occasional trip to the supermarket to buy something to eat. Mostly I'd wait for Happy Hour at the bar and that would be my daily bread each day. I wasn't eating much any more anyway. Food just ruined a good buzz.



At 6:45am my drinking buddy came in. I'll call her Mandi for this story. She ordered a beer and sat down at my table in the back of the room. I couldn't sit at the bar any longer because I didn't like looking in the mirror behind the bar. She sat down with me and asked how it was going. I said, "Not well. I've got two days left with a roof over my head, and I am so tired of this bar I want to scream. I hate the customers. I hate the bartender. I hate these wobbly bar stools, the joint stinks and who wants to hear the jukebox so loud this early in the morning." She said, "Well it sounds like you are your usual good natured self. Let's drink up and go to a different place, you old grouch."

Mandi was a tall, feisty redhead with green eyes. She and I had been "just friends" for many years. She is 17 years younger than me but for some reason enjoys my company for which I am most grateful. She would hate it knowing that I refer to her as a 'drinking buddy.' And she's right; we have several common interests.

I felt better the minute we got into her car. The promise of

going someplace different brightened my spirits. We had gone just a block when I asked where we were going. She simply said we were going to Costa Mesa.

A few minute later I asked, "What's the name of this place we're going?"

"Uh, Charlie's," she said with an impish grin which I didn't understand at the moment.

"Never heard of it."

"Well it's a good place. You might like it," she said cheerfully.

"Do they have video golf and a pool table?"

"I doubt it. But I hear they have a good aquarium."

A few minutes later we pulled into the driveway of a place that definitely did not look like a bar. "What the...!" I exclaimed. Mandi said, "Relax! Let's just go in and talk to the people and look around. You might like what you see. Otherwise you can walk home!" It was a good seven-mile walk back to the bar and I was in no shape to walk even a block. We talked to one of the Charle Street committee men sitting in the office that morning and I reluctantly agreed to stay for the ten days of detox. Of course I didn't really believe that I belonged in such a place but I figured that if nothing else it solved my impending homeless crisis.

Before she left, Mandi asked me for the key to my motel room and told me she was going to go there and pack a bag for my stay, and then get the rest of my stuff out of the room and store it at her place. Yes, her love was tough, but it was sincere. Maybe a bit unusual for a wet alcoholic like her, but looking back on it she was my angel delivered and gift-wrapped from God.

I did well at Charle Street. The ten days flew by and I ended up in a sober living home a few blocks away. By talking to the Charle Street 'alumni' that hung out there I learned a great deal about alcoholism.

One of the most important things I learned early on is that this is a chronic disease. I am no stranger to chronic diseases. A few years back I had been diagnosed with chronic leukemia. I suffered through six months of chemotherapy to put it into remission and now I still need two series of four maintenance treatments per year to keep it in remission. Alcoholics don't have anything like chemotherapy for their disease but they can put it into remission with Alcoholics Anonymous. And the maintenance treatments consist of faithfully working the 12 Steps and one's belief in a Higher Power.

After Charle Street, I immediately started going to the office again on a daily basis. Did I mention that my boss is a recovering alcoholic too? Never once in the 12 years I had worked for him did he ever say a word about my drinking or peculiar behavior. I recently told him the whole story and he has been nothing but supportive of my effort to work the A.A. Program. He and I now go to a Saturday morning meeting every week.

Remember the money I borrowed from my friends at the bar? I had kept a list of who they were and how much I owed them in my wallet. I gave Mandi the list and a stack of \$20s. I asked her to go to the bar and pay each and every one of them off and also pay the bar tab. I had the extra money to make things right because I wasn't drinking anymore.

I have a long way to go on my journey but am so grateful to have made some progress and to have experienced an improvement in my life already.

David C.
Costa Mesa, CA

**MEETING CHANGES SINCE
JANUARY 9, 2009**

SUNDAY

NEWPORT BEACH

7:30 PM HERE & NOW DISCUSSION 414 E. 32nd St. Changed to open

SAN JUAN CAPISTRANO

3:00 PM THE THINK GROUP 32171 Avenida Los Amigos (House) New meeting

SANTA ANA

9:00 AM WISE WOMEN OF AA On Broadway btwn 15th Street & Washington enter from Sycamore (Y-Place) New meeting

MONDAY

FULLERTON

6:00 PM FULLERTON BIG BOOK 215 North Lemon btwn Chapman Ave & Commonwealth Ave (Behind Church) New meeting

LAGUNA BEACH

5:00 PM AA FOR DUMMIES 20456 Laguna Canyon Rd. New meeting

LAKE FOREST

6:00 PM READY FOR RECOVERY 23861 El Toro Rd c/s Rockfield (7th floor of WaMu Building) New Meeting

NEWPORT BEACH

6:45 AM ATTITUDE ADJUSTMENT II 798 Dover Dr @ 16th Street (Newport Harbor Lutheran Church) New meeting

RANCHO SANTA MARGARITA

7:00 PM (C) WOMEN'S STAYING SOBER 30382 Via Con Dios c/s RMS Pkwy (Church) Address correction

TUSTIN

12:00 PM (C) THE SPIRITUAL EXPERIENCE 14402 S. Prospect Ave. (Unity Church's Victoria house) New meeting

TUESDAY

BREA

8:00 PM STEP STUDY WORKSHOP 300 E. Imperial Hwy @ Brea Blvd (Congregational Church) Time change

CYPRESS

7:30 PM FIRST HALF OF THE FIRST STEP 5691 Vonnie Lane c/s Walker & Lincoln New meeting

LAGUNA NIGUEL

7:00 AM (C) TUESDAY MORNING MEN'S BIG BOOK/STEP STUDY 30121 Niguel Road @ Crown Valley (Church) New Meeting

LAGUNA WOODS

7:30 AM (C) 12 STEP MEETING 24442 Moulton Pkwy (United Methodist Youth Room) Church's New

NEWPORT BEACH

6:30 AM CHICKEN COOP ROUND TABLE 414 Old Newport Blvd @ Hospital Rd (Zubie's Restaurant) New location & Name
6:45 AM ATTITUDE ADJUSTMENT II 798 Dover Dr @ 16th Street (Newport Harbor Lutheran Church) New meeting

RANCHO SANTA MARGARITA

7:30 PM (C) OLD TIME AA BIG BOOK STUDY 30382 Via Con Dios c/s RMS Pkwy (Church) Address correction

WHITTIER

7:00 PM (C) NO NONSENSE 12 X 12 7056

South Washington Ave. c/s Wardman (Church) Old Established meeting

WEDNESDAY

BREA

6:30 AM WOMEN'S 11TH STEP MEETING 300 E Imperial Hwy @ S Brea Blvd (Brea Congregational Church) New meeting

COSTA MESA

10:00 AM SEEKING THE STEPS " WOMEN'S MEETING" 2833 Europa Drive (Lynn House) New location
7:00 PM (C) 420 BEGINNERS MEN 420 W 19th St.(1st Methodist Church across from Triangle Square) New name & time

GARDEN GROVE

8:00 PM NOT TAKING A TRIP 13472 Gilbert St @ Trask New meeting

LA HABRA

7:00 PM (C) WOMEN'S PARTICIPATION 631 N. Euclid @ E Whittier Blvd (Methodist Church) Time change

LAGUNA BEACH

7:00 AM BIG BOOK STUDY 20456 Laguna Canyon Rd. New meeting

MISSION VIEJO

9:30 AM (C) WOMEN 26051 Marguerite Pkwy @ Oso (Church - babies under age one welcome) Babies under age one

NEWPORT BEACH

6:30 AM CHICKEN COOP ROUND TABLE 414 Old Newport Blvd @ Hospital Rd (Zubie's Restaurant) New location & name
6:45 AM ATTITUDE ADJUSTMENT II 798 Dover Dr @ 16th Street (Newport Harbor Lutheran Church) New meeting

TUSTIN

6:00 AM 6:00 AM FOOTHILL EARLY RISERS WOMEN 19211 Dodge Avenue (Church of the Foothills) New meeting
12:00 PM (C) THE SPIRITUAL EXPERIENCE 14402 S. Prospect Ave. (Unity Church's Victoria house) New meeting

THURSDAY

NEWPORT BEACH

6:30 AM CHICKEN COOP ROUND TABLE 414 Old Newport Blvd @ Hospital Rd (Zubie's Restaurant) New location & name
6:45 AM ATTITUDE ADJUSTMENT II 798 Dover Dr @ 16th Street (Newport Harbor Lutheran Church) New meeting

FRIDAY

COSTA MESA

8:00 PM (C) BIG BOOK ADVENTURERS 2144 Thurin St @ Victoria St (Grange Hall) Address correction

LAGUNA BEACH

7:45 PM SURRENDER TO WIN 20456 Laguna Canyon Rd. New time

NEWPORT BEACH

6:30 AM CHICKEN COOP ROUND TABLE 414 Old Newport Blvd @ Hospital Rd (Zubie's Restaurant) New location & name

RANCHO SANTA MARGARITA

7:30 PM ROADS END PARTICIPATION 30382 Via Con Dios c/s RMS Pkwy (Church) Address correction

TUSTIN

12:00 PM (C) THE SPIRITUAL EXPERIENCE 14402 S. Prospect Ave. (Unity Church's Victoria house) New meeting

SATURDAY

FULLERTON

6:00 PM SAT. NITE LIVE 1465 W. Orangethorpe @ Basque (Church) Correct Thomas Guide page & grid

IRVINE

6:30 AM BACK ROOM STEP STUDY 4400 Barranca Pkwy btwn Lake Rd & W Yale (in back of Church) New name

NEWPORT BEACH

8:30 AM (C) MEN'S BOOK STUDY 414 E. 32nd St. New meeting

RANCHO SANTA MARGARITA

10:30 AM (C) WOMEN'S BIG BOOK STUDY 30382 Via Con Dios c/s RMS Pkwy (Church) Address correction

SAN CLEMENTE

8:00 PM SATURDAY NIGHT LIVE 929 Calle Negocio, Ste H @ Calle Amanecer New meeting

WHITTIER

10:30 AM (C) WOMEN'S ACCEPTANCE 16153 Russell Ave @ Borgardus (Whittier Hills Baptist Church) New Location

MEETING DELETIONS SINCE

January 9, 2009

MONDAY

FULLERTON

7:30 PM 12 STEP STUDY PARTICIPATION 2505 Yorba Linda Blvd (Eastside Church)

TUESDAY

NEWPORT BEACH

4:00 PM (C) WOMEN'S CALIFORNIA CLAPPERS 798 Dover @ 16th

WEDNESDAY

(C) CONVICTS WANDERING AA MEETING Call for evening time/location

COSTA MESA

7:00 PM OPEN DISCUSSION 2800 S. Harbor Blvd Suite C (Nata'le)

THURSDAY

FOUNTAIN VALLEY

8:00 PM AA KEEPING IT REAL PARTICIPATION 16581 Brookhurst St @ Heil & Warner (Mile Square Plaza)

FULLERTON

8:00 PM 11TH STEP 530 W. Commonwealth

SAN JUAN CAPISTRANO

6:00 PM DO THE STEPS 32222 Del Obispo

YORBA LINDA

7:30 PM SERENITY SEEKERS 18372 Lemon Dr. @ Main St. (2nd floor of Church building, south of B of A off Main)



Now Who's Smarter?

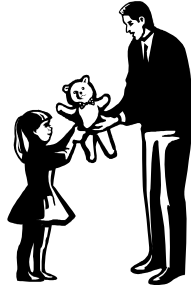
My wife once told me, that she thought that I could not go 24 hours without a drink. My thought was, "What's the point? Why would anyone in my condition want to go 24 hours without a drink?"

I entered a treatment center on April 19th, 1984, and have not had a drink since. I had chosen a treatment center because I had proof that Alcoholics Anonymous did not work. I had been to two meetings of AA and could not stay sober between the two meetings. Now I will grant you that the two meetings were four years apart, but my thinking was not too clear in those days.

The treatment center was busing us patients to AA meetings, so I was finally exposed to AA on a daily basis. I was one of the either very sick ones as I stayed for 28 days, or they figured out that my insurance was good for 28 days. Who cares? I stayed sober. It was suggested that I go to 90 meetings in 90 days and I just could not handle that. 90 days in my book was three months. Too long. No way could I commit to three months of meetings.

Not being of sound mind, I decided I would not drink today and I would go to a meeting, today, and I did that 90 times in a row. Now that I could handle. After all, I had heard this was a one day at a time program.

So June 15th rolls around and I have 58 days of sobriety and I drive to a local meeting. I pull into the parking lot and as I get out of the car my young 18 year old, blond, blue eyed daughter comes out of the meeting and bounces up to me and says, "Guess what, Dad; I'm an alcoholic and drug addict."



Fun being a Dad. What do you say when your daughter makes that type of announcement. It took a couple of years to put any meaning to the words that came out of my mouth. "I am sad for you and I am glad for you," is what I said. What I was saying was, "I am sad you have this disease and I am glad you found a solution." She was under the influence of both drugs and alcohol at that moment.

June 16th, 1984, was her first day of sobriety and she should, God willing, celebrate 25 years of sobriety this year. We got home that night after the meeting, and I told her she should work her program and I should work mine. Where that wisdom came from, I will never know, unless of course there was a higher power working in our lives.

So she went to her meetings and I went to my meetings and we'd come home after the meeting get out the Big Book and compare notes. She woke me up one night about 11:30 pm all excited. Big Book in hand, she pointed to the last paragraph on page 100: (in my own words,) "We can do anything and everything a normal person can do, as long as our motives and spirituality are in order." What freedom.

I will close with a humorous story. We were both 5 or 6 years sober and doing a split pitch at a speaker meeting. I announced that I was 59 days smarter than my daughter as I got sober 59 days ahead of her. She got up and shared that if I was so smart, why did my insurance company pay \$11,000 for my Big Book and she only paid \$4.50 for her Big Book and we are both still sober. Apparently there is a moral to that story. It does not matter how we got here, it only matters what we do after we get here. Have fun in sobriety.

Chuck H.
Laguna Woods, CA

ALCOHOL TROUBLESHOOTING

<u>Symptom</u>	<u>Fault</u>	<u>Action</u>
Feet cold and wet	Glass being held at incorrect angle	Rotate glass so that open end points toward ceiling
Feet warm and wet	Improper bladder control	Stand next to nearest dog, complain about house training
Drinking unusually pale and tasteless	Glass empty	Get someone to buy you another drink
Opposite wall covered with fluorescent lights	You have fallen over backward	Have yourself lashed to bar
Mouth contains cigarette butts	You have fallen forward	See above
Alcohol tasteless, front of your shirt is wet	Mouth not open, or glass applied to wrong part of face	Retire to restroom, practice in mirror
Floor blurred	You are looking through bottom of empty glass	Get someone to buy you another drink
Floor moving	You are being carried out	Find out if you are being taken to another bar
Room seems unusually dark	Bar has closed	Confirm home address with bartender
Taxi suddenly takes on colorful aspect and textures	Alcohol consumption has exceeded personal limitations	Cover mouth
Everyone looks up to you and smiles	You are dancing on the table	Fall on somebody cushy-looking
Drink is crystal clear	It's water. Somebody is trying to sober you up	Punch him
Hand hurts, nose hurts, mind unusually clear	You have been in a fight	Apologize to everyone you see, just in case it was them
Don't recognize anyone, or recognize the room you're in	You've wandered into the wrong party	See if they have free alcohol
Your singing sounds distorted	The drink is too weak	Have more alcohol until your voice improves
Don't remember the words to the song	Drink is just right	Play air guitar

EVENTS

**23rd Annual Gathering
Of Eagles**

May 21-24, 2009

Double Tree Hotel
Dallas, TX

www.dallasgatheringofeagles.org

A.A. Desert Pow Wow

June 18-21, 2009

Renaissance Esmeralda Resort
Indian Wells, CA

www.desertpowwow.com

**2010 International
Convention of A.A.**
"A Vision for You"

July 1-4, 2010

San Antonio Convention Center
San Antonio, TX

Secretary's Workshop

If you want to learn how to be a Secretary of a meeting or if your already a secretary this is a great workshop to be at. We will have guest speakers from different service functions and a chance to ask questions, like what makes a group or even about the Traditions. This is a chance to pass on experience and strength from years of action and continuous service in Alcoholics Anonymous.

Garden Grove Alano Club
9845 Belfast Dr.
Garden Grove, CA.

June 21, 2009
2pm—5pm



SPEAKER MEETINGS

Fullerton

8:00 pm
Dreams Come True
Friday Night Speaker Meeting
1st Christian Church
109 East Wilshire Avenue
Contact: Paul P.
05/01 Merle N., Huntington Beach
05/08 No Meeting
05/15 Sarah S., Fullerton
05/22 John M., Fullerton
05/29 Sam & Samantha R., Fullerton

Garden Grove

8:00 pm
Thursday Night Speaker Meeting
Garden Grove Alano Club
9845 Belfast Dr
Contact: John S.
04/02 Gladys, The Villa
04/09 Arron F., Garden Grove
04/16 Carlos B., Garden Grove
04/23 Larry E., Santa Ana
04/30 Cathy K., Garden Grove

8:00 pm
Saturday Night Speakers
Garden Grove Alano Club
9845 Belfast Dr
Contact: Jon W.

Huntington Beach

7:00 pm
Saturday Night Lite Speakers
HOW Hall, 18582 Beach Blvd
Behind Flower Kiosk @ Ellis
Contact: Kevin B.

Orange

Friday, 8:00 pm
No Puffers Speaker Meeting
Community of Christ Church
385 S. Tustin Ave
Contact: Joe C.
(714) 396-0887

7:00 pm
Sober & Crazy Sunday Night Speakers
7th Day Adventist Church
1310 E. Walnut Ave, near Tustin Ave
Contact: Betsy S.
05/03 Matt Y., Corona
05/10 Joe C., Garden Grove
05/17 Virginia S., O.C.
05/24 Mark S., Tustin
05/31 Jenna L., Orange

San Clemente

8:00 pm
Thursday Night Big Speaker Mtg.
San Clemente Friendship Center
Contact: Bob B.

Tustin

8:00 pm
Saturday Night Visiting Speaker
St. Paul's Church, 1221 Wass St.
Contact: Keith S.
05/02 Mae W., Tustin
05/09 Paul C., Oceanside
05/16 Lisa F., Torrance
05/23 Eric S., N. Tustin
05/30 Cecilia S., Villa Park
06/06 David S., Tustin
06/13 Melissa F., Fullerton
06/20 Lori P., Anaheim
06/27 Tyson H., Villa Park
07/04 Uncle Surprise!
07/11 Barbara M., Santa Ana
07/18 Mike M., San Pedro
07/25 Regina K., Laguna Beach



Submit speaker information to
LifelineEditor@yahoo.com
by the 15th of the month.

CENTRAL OFFICE ACTIVITY-March

Total Calls Handled by Both Offices: 2016

Main and Satellite Office Volunteers

12 Step Calls	21
Meeting Information	640
General Information	364
Walk-in Customers	244

Night Owl Volunteers

12 Step calls	17
Meeting Information	523
General Information	297

WEB SITE STATISTICS

"The first on-line issue of the *Lifeline* was posted to our web site in July of 2006. However, when our site hosting company changed servers in June, 2007, some usage statistics before then were lost. Since January, 2007, the *Lifeline* home page has been viewed 9,810 times. Individual issue files have been viewed 17,712 times.

In March, there were 17,086 "visits" to www.ocaa.org. From May, 2008, through March, 2009, visits averaged 16,379 per month."



Welcome 2009 Orange County Intergroup Service Board



Chair, Frank M.
 Vice Chair, Pearl
 Treasurer, Art H.
 Secretary, Nick N.
 Central Office, Roxanne R.

Who? What? When? Where?

Public Relations Committee, Barry P.

Meets the 3rd Wednesday of the month at 6:30 pm

Group Relations Committee, Carlos T.

Meets the 4th Wednesday of the month at 7:00 pm

Lifeline Committee, Bill W.

Meets the 1st Thursday of the month at 7:00 pm

Special Events Committee, Ann M.

Meetings scheduled as needed

H & I Committee, Nick M.

Meets the 2nd Sunday of the month at the Garden Grove Alano

Club. Institutions meet at 4:00 pm; Hospitals meet at 6:00 pm.

South Orange County H & I meets at the Laguna Beach Canyon

Club the 3rd Wednesday of the month at 7:30 pm.

With the exception of H & I, the above committees meet at Central Office, 1526 Brookhollow, Suite 75, Santa Ana, CA 92705. If you are interested in serving on a committee or would like more information please contact the above or Central Office at 714-556-4555.

Your service is appreciated!

The Orange County Intergroup Association Meeting

Wednesday, May 13th at 7:00 PM

Please call Central Office for the May Intergroup Meeting Location.

(714) 556-4555



Orange County H & I
 On the 2nd Sunday of the month
 Garden Grove Alano Club, 714-534-2244
 9845 Belfast Drive, Garden Grove, CA
 For additional info call 714-979-8524
 Or Central Office: 714-556-4555

To Carry the Message of Alcoholics Anonymous to the Alcoholic who is confined in a Hospital or Institution

South Orange County H & I
 3rd Wednesday of the month, 7:30 pm
 Laguna Canyon Club, 949-497-1823
 20456 Laguna Canyon Rd., Laguna Beach

Happy Birthday!!



Help keep the doors of AA open so that new members may receive the same help so many of us have already received. Make a donation of any amount for an AA Birthday—yours or someone else's—and we will help celebrate by publishing their name and years of sobriety in the *Lifeline*.

Please send donations to:
 Orange County Central Office
 1526 E. Warner
 Suite 75, Santa Ana California 92705

Austin G.	Dana Point	1 year
Andrea R.	Laguna Niguel	2 years
Mary J.	Mission Viejo	2 years
Catherine R.	Laguna Niguel	3 years
Jan W.	Laguna Niguel	5 years
Misty B.	Laguna Niguel	6 years
Laurie G.	San Juan Capistrano	8 years
John V. Jr.	Laguna Niguel	9 years
Kandy K.	San Clemente	9 years
Kathy L.	Rancho Santa Margarita	15 years
Boomer	Ladera Ranch	17 years
Tom H.	Tustin	29 years
Robert E.	Tustin	30 years
Mike M.	San Juan Capistrano	30 years
Jim S.	Newport Beach	32 years



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ORANGE COUNTY CENTRAL OFFICE

1526 Brookhollow, Suite 75
 (Mailing address: 1526 E. Warner, Suite 75)
 Santa Ana, California 92705
 Phone: (714) 556-4555, Fax: (714) 556-7231
 E-mail: ocaa7664@sbcglobal.net
 Web site: www.oc-aa.org
 Office hours: Mon-Fri 9:00 AM to 7:00 PM
 Sat 9:00 AM to 1:00 PM

South County Office: 27281 Las Ramblas, Ste.135
 Mission Viejo 92691
 Phone: (949) 582-2697, Fax: (949) 582-2611
 E-mail: socooa@sbcglobal.net
 Hours: Mon-Fri 10:00AM to 5:00 PM

GROUP CONTRIBUTIONS TO CENTRAL OFFICE— March

Group Name	Amount 1	Amount 2	Group Name	Amount 1	Amount 2	Group Name	Amount 1	Amount 2
ALISO VIEJO	^	^	IRVINE	^	^	Sa 7:15P-Mission Spkrs., 26111 Antonio	\$140	\$220
BUENA PARK	^	^	Dly 6:30A-Sunrise Sobriety, 4400 Barr	\$581	\$1,784	LOS ALAMITOS	^	^
CAPISTRANO BEACH	^	^	M-F 12:00P-Irvine Noon Grp, 5101 Alton	\$500	\$500	We 7:30P-Ice Breakers Grp, 4111 Katella	\$100	\$100
Fr 7:00P-Friday Knights, 25976 Domingo	\$137	\$137	Su 10:00A-Donut Mtg, 6670 Alton Pky	\$50	\$200	MISSION VIEJO	^	^
Sa 9:30A-Pines Park Disc, Pine Bluffs	\$47	\$87	Su 7:30P-BonitaCynyn Disc, 5001 Nwprt	\$80	\$160	Mo 7:00P-(W)'s SS, 26051 Marg.	\$120	\$300
CORONA DEL MAR	^	^	Mo 6:30P-Easy Does It, 4949 Alton	\$70	\$70	Mo 7:00P-(W)'s Book Stdy, 26558 Marg.	\$50	\$100
Mo 7:00P-Baywood Disc, 1601 Marg		\$227	Tu 12:00P-(W)'s BB Stdy, 5101 Alton Pky	\$137	\$137	Tu 7:30P-Design for Living BB, 26558 Marg	\$89	\$89
Tu 7:00P-(M)'s Part, 611 Heliotrope		\$1,000	Tu 6:00P-Courage To Change, 18182 Culv	\$90	\$90	We 8:30P-Missionaries Disc, 26558 Marg.	\$50	\$135
We 7:00A-Women's B/B Study, 3233 Pacific Vi		\$105	Tu 7:00P-(M)'s K.I.S. 12X12, 14301 Yale	\$140	\$210	NEWPORT BEACH	^	^
Th 6:00P-Happy Hour (M)'s Pacific View		\$35	Tu 7:30P-(M)'s Stag BB Grp, 4445 Alton PK	\$108	\$108	Dly 6:30A-Jumpstart Disc, 414 E. 32nd St.		\$600
Th 7:00P-Big Book Study, 611 Heliotrope		\$70	We 6:30P-B. B. Topic Disc., 5001 Nwprt	\$83	\$604	M-F 12:15P-Shark@Aquatic, 1Whitecliffs	\$1,000	\$1,000
Fr 8:00P-BB Stdy, 3233 Pacific View		\$70	We 8:00P-12 Solutions SS, Harvard	\$100	\$100	M-F 5:30P-Fish Out'a Water, 414 E. 32nd		\$120
COSTA MESA	^	^	Th 12:00P-Irvine (M)'s Lunch, 5001 Nwprt	\$78	\$78	Su 9:30A-Sandy Survivors, On/Beach		\$200
Dly 7:00A-Daily Reflect, 2040 Placentia		\$50	Th 6:30P-(W)'s Gypsies, Deerfield & Turtle	\$120	\$120	Su 7:00P-Primary Purp Grp, Dover&16th	\$169	\$169
Dly 7:30A-As Bill Sees It, 2501 Harbor	\$700	\$700	Fr 10:30A-Over 50 Grp, 4400 Barranca PKWY	\$45	\$115	Su 7:30P-Spkrs, 414 E. 32nd St		\$945
M-F 6:45A-Morning Meditat, 183 E. Bay	\$54	\$186	Fr 12:00P-(W)'s Topic Disc, 5101 Alton P	\$113	\$113	Mo 12:30P-Back Bay (M)'s, 1201 Irvine	\$700	\$700
M-F 12:00P-noon Rec, 420 W. 19th St.	\$433	\$433	Fr 5:30P-Topic Disc.Grp, 6650 Alton (Kaiser)	\$75	\$171	Mo 7:00P-Language of the Heart (W)'s 2414	\$142	\$142
Su 7:00P-Sun Speaker, 678 W. 19th St.	\$100	\$200	Fr 7:00P-Winning Tkt Bk Stdy, 1 Sunnyh	\$150	\$150	Mo 8:00P-(M)'s Disc, 301 Nwprt Blvd		\$490
Mo 12:00P-Clean & Serene BB, 183 E. Bay	\$50	\$50	Sa 9:15A-SS, 5101 Alton Pky	\$97	\$284	Mo 8:00P-(W)'s Beg Disc, 301 Nwprt Blvd	\$100	\$100
Tu 7:30P-Balboa Broads, 420 W 19th St		\$75	Sa 11:00A-B.B Stdy, 1 Sunnyhill - Turtle	\$90	\$90	Tu 6:00P-Dover (W)'s 12 & 12, 798 Dover	\$70	\$70
Tu 7:30P-(M)'s Last Gaspers, 695 W 19th	\$100	\$100	Sa 7:00P-Spkrs, 1 Sunnyhill - Turtle	\$120	\$120	Tu 7:00P-(W)'s B/Stdy, 2414VistaDelOro		\$172
We 10:00A-Seeking the Steps (W)'s 2833 Eur	\$244	\$244	LAGUNA BEACH	^	^	We 6:00P-Men's, 414 E. 32nd Street	\$45	\$109
We 12:00P-High Noon Step, 183 E. Bay St.		\$50	Dly 7:00A-Attitude Adj, 20456 LCR		\$270	We 6:30P-Wed Nite W's 12+12, 883 W. 15th		\$140
We 7:30P-Day By Day Serenity, 1865 Anahe		\$50	Dly 7:05A-Attitude Adj, 31872 PCH	\$630	\$630	We 7:30P-Wed Night (M)'s, 2401 Irvine		\$100
Sa 9:30A-(M)'s By The Book, 3080 Airway Ave	\$180	\$360	Dly 7:05A-Attitude Adj, 31106 PCH (C)	\$300	\$300	We 7:30P-BB Stdy, 600 St. Andrew		\$45
Sa 9:30A-Sisters/Sobriety 2040 Placentia		\$140	M-F 7:00A-Meets/Ruby's, 30622 PCH	\$50	\$50	We 8:00P-Recovery Radicals, 301Nwprt		\$200
Sa 6:00P-Cover-To-Cover, 183 E. Bay St.	\$40	\$80	Su 7:05A-Montage Grp, (Montage)	\$184	\$338	Th 7:00P-Over 40's, 414 32nd Street	\$35	\$35
Sa 8:00P-Keep It Simple, 2850 Fairview		\$50	Su 10:00A-Heisler Park Disc, Cliff		\$70	Th 7:30P-Balboa Spkr Grp, 414 E. 32nd	\$70	\$140
CYPRESS	^	^	Su 6:00P-As Bill Sees It, 340 St Anns	\$70	\$70	ORANGE	^	^
Su 5:00P-Happy Hour Topic, 4552 Lin	\$30	\$30	Su 6:00P-GV Stdy, 21632 Wesley Dr	\$125	\$125	Dly 7:00A-Early Birds, 812 Town&Cntry		\$280
Tu 8:00P-BB Study, 8615 Walker St.	\$30	\$30	Mo 6:30P-(W)'s Perspect, 20456 LCR	\$42	\$42	M-F 5:30P-Tustin Rush Hour, 1800 E. La Vet	\$458	\$1,224
We 7:00P-Cypress Women's S/S, 5100 Cerrito	\$112	\$209	Mo 6:30P-(W)'s BB Stdy, Wesley	\$100	\$100	Su 11:00A-Sun Pumpers, 705 W LaVeta	\$140	\$350
DANA POINT	^	^	Mo 7:00P-Mon Night (M)'s Stag @Pat's	\$60	\$60	Su 7:00P-Sprk/Orange, 1800 E LaVeta		\$40
Dly 7:00A-Hard Core Harbor, 34451 Ens	\$3,350	\$7,929	Mo 8:00P-(M)'s Stag, 20456 LCR	\$50	\$50	Su 7:00P-Sober & Crazy Spkrs, 1310 E. Wal		\$111
Mo 5:30P-(W)'s Disc, Ensenada & DPH	\$140	\$210	Mo 8:00P-S/Coast (M)'s, 340 S/Ann's	\$116	\$116	Mo 7:00P-(W)'s Step Stdy, 161 Orange		\$83
Mo 7:00P-Promises, 34052 Del Obispo	\$123	\$123	Tu 7:00A-BB Stdy, 20456 LCR	\$231	\$231	Tu 7:00P-(W)'s Keep It Simple, 1310 E Wain		\$41
Th 7:00A-(W)'s Harb Topic Disc, S Juan	\$60	\$60	Tu 12:30P-Serenity-Sea (W)'s, 340 St Ann's D	\$125	\$125	Th 7:30P-777 (M)'s Stag, 395 S Tustin	\$500	\$500
Fr 12:15P-Fri Lunch (W)'s BB, 33841	\$50	\$50	Tu 12:30P-(W)'s Disc, 20456 LCR	\$150	\$150	Fr 7:00P-As Bill Sees It, 161 S. Orange		\$90
FOUNTAIN VALLEY	^	^	Tu 6:30P-(M)'s Beg, 31872 So/Coast	\$700	\$700	RANCHO SANTA MARGARITA	^	^
M-F 8:30A- Morning Meeting, 16581 Brookhur		\$25	Tu 6:30P-(W)'s Disc, 31872 So/Coast	\$70	\$70	Mo 7:30P-(M)'s, 30605 Ave de la Flores	\$225	\$225
We 8:00P-Disc, 10280 Slater		\$70	Tu 7:30P-By The Book, 20456 LCR	\$162	\$162	Tu 7:30P-Old Time BB Stdy, 30322 VCD		\$240
FULLERTON	^	^	We/Sat 7:00A-Whale Watch (M)'s, PCH	\$468	\$822	We 6:30A-Att & Grat, 30605 Ave D/L Flores		\$200
GARDEN GROVE	^	^	Th 12:30P-(W)'s Disc., 415 Forest Ave.	\$150	\$150	We 7:30P-RSM StepStdy, 30382 VCD	\$60	\$60
Tu 7:00P-Top/Key Book Stdy, 9th & Lamp		\$70	Th 6:00 P-(W)'s Disc, 20456 LCR	\$140	\$140	Fr 7:30P-Roads End Part, 30322 VCD		\$90
Tu 7:00P-Heartspeak (W)'s, 13082 Bowen St.		\$50	Th 6:30P-(M)'s BYOB 12 & 12 SS, 21632	\$37	\$37	Sa 10:30A-(W)'s BB Stdy, VCD		\$100
Fr 10:30A-(W)'s (C)12 & 12, 9845 Blfst	\$120	\$120	Fr 7:30P-Candlelight Acceptance., 20456 LCR	\$70	\$70	SAN CLEMENTE	^	^
HUNTINGTON BEACH	^	^	Fr 8:00P-Here & Now, 21632 Wesley	\$70	\$70	Mo 7:00P-N.O.I. (M)'s, Camino Capist		\$70
Dly 7:00A-Hggrs/Bill Sees It, 8200 Ellis	\$450	\$900	Sa 7:00A-Whale Watchers Men's, PCH@Wesl	\$196	\$196	Tu 6:30P-(M)'s Stag/Munchies, 35522 Cam.		\$214
Dly 8:00A-Hggrs II, H.B Lifegr Tower 11	\$634	\$634	Sa 12:30P-Into Action, 20456 LCR	\$40	\$40	Fr 7:00P-(W)'s Book Stdy, Ave.Aragon	\$280	\$280
Su 9:00A-On/Beach, Lifegr Tower 11		\$90	Sa 5:00P-Big Book Study, 20456 LCR	\$33	\$33	Fr 8:00P-Aragon Spkrs, 202 Ave Aragon	\$60	\$60
Su 7:30P-Disc, 20444 Magnolia		\$150	Sa 8:00P-Night Spkr Mtg, 20456 LCR	\$300	\$300	SAN JUAN CAPISTRANO	^	^
Mo 12:00P-(W)'s Bill Sees It, 18631 Chap		\$150	Sa 8:00P-Living Sober Spkrs, 428 Park	\$300	\$300	Dly 7:00A-SJGroup Eye Opener, 27514 C Ar		\$739
Mo 6:00P-Sprk/Q&A/Part, 6622 Lakeview		\$50	LAGUNA HILLS	^	^	Dly 6:00A-Taking a Trip, 27174 Ortega Hwy		\$350
Mo 7:00P-(W)'s Sans, 18631 Chapel Ln.		\$96	Su 7:30P-Legacy Grp, 23802 Ave de la Carlott	\$387	\$387	Su 5:00P-SJGroup 1 Hr Top Disc, 27514 C	\$180	\$360
Mo 7:30P-(M)'s BB & 12&12, 1912 Florida	\$36	\$203	Mo 6:00P-(W)'sDisc, 23802 A D Carlota	\$210	\$210	Tu 7:00P- SJGroup Hear Here Part, 27514 C	\$200	\$200
Tu 7:30P-Beginners (M)'s, 19822 Beach	\$416	\$416	Th 12:30P-(W)'s Topic Disc, 23181 Verdugo	\$60	\$140	We 6:15P-Speaker Disc Group, 27112A Pas		\$100
Tu 7:30P-(W)'s Disc., 8200 Ellis		\$30	Th 7:00P-Sober Ladies Candlelight Disc.		\$20	We 7:00P-SJGroup 11th Step Disc, 27514 C	\$100	\$100
Tu 7:30P-(W)'s Serenity BB, 20444 Magn	\$60	\$180	22911 MillCreek	\$20	\$20	Th 9:30A-(W)'s Back 2 B B/S, 27122A Paseo	\$60	\$120
We 7:30A-Attitude Mod, 18582 Beach		\$60	Sa 11:00A-Acceptance Grp, 23802 Ave de la	\$313	\$313	Th 6:00P-Do The Steps, 32202 Del Obispo	\$120	\$120
We 2:00P-Seniors & Friends 1718 Ormg		\$75	LAGUNA NIGUEL	^	^	Th 7:30P-(M)'s Q & A, 32202 Del Obispo	\$231	\$231
We 6:30P-(W)'s Step Stdy, 7641 Talbert		\$30	Mo 7:00A-Morn (M)'s Stag B2B, 30121 Nig	\$200	\$200	SANTA ANA	^	^
We 7:00P-Triangle Grp B/B Study, 2721 Dela		\$80	Mo 10:30A-(W)'s 12X12 Stdy, 27802 El Lazo	\$305	\$305	SEAL BEACH	^	^
Th 7:30A-Attitude Mod, 18582 Beach		\$60	Mo 8:00P-12&12 Stdy, 30121 Niguel Rd	\$100	\$100	Mo 7:30P-Seal Bch Spkrs, 500 Marina Dr	\$465	\$465
Th 10:00A-(W)'s BB Stdy, 18631 Chapel		\$60	Tu 6:30P-(M)'s Disc/Munch L N Reg Park	\$207	\$207	We 7:30P-(M)'s SS, 8th & Central		\$50
Th 6:00P-Ovr 40/Going Strong, 18582 Bch		\$5	Fr 7:00A-Back to Basics Men's, 30120 Town C	\$280	\$280	SILVERADO CANYON	^	^
Th 7:30P-11th Step Disc., 1912 Florida		\$60	Fr 10:30A-(W)'s Disc., 30071 Ivy Glenn	\$60	\$60	Th 7:30P-Fireside Disc, 17641 Silverado C		\$51
Fr 10:00A-Step Sisters, 18631 Chapel Ln.		\$108	LAGUNA WOODS	^	^	SUNSET BEACH	^	^
Fr 6:00P-(M)'s/Solution, 7111 Talbert Ave	\$30	\$30	Dly 7:30A-Do It Sober, 24442 Moulton	\$780	\$1,080	Su 10:00A-Sunset Bch Mtg, PCH & Warner		\$60
Fr 7:30P-BB Stdy, 16650 Saybrook Lane	\$70	\$70	Mo 7:30P- Nite SS Grp, 24442 Moulton	\$50	\$50	Tu 8:00P- Nomad'sBB Stdy, 16865 PCH		\$15
Fr 8:00P-HB Dntowners, 2721 Delaware		\$60	We 1:15P-(W)'s BB Stdy, 24351 El Toro	\$120	\$120	We 12:00P-Promises Meet, 16865 PCH	\$30	\$60
Sa 7:30A-(M)'s Stag, 18582 Beach		\$70	Fr 10:00A-Top/Hill Gang, 24252 El Toro	\$70	\$210	Fr 12:00P-Disc, 16865 PCH	\$50	\$50
Sa 7:30A-(M)'s Disc 9812 Hamilton	\$60	\$120	LA HABRA	^	^	Sa 7:30A-Disc, 16865 PCH		\$66
Sa 9:30A-W BB Stdy, 18582 Beach		\$60	LAKE FOREST	^	^	TUSTIN	^	^
Sa 9:30A-Charle St. Overflow, 9812 Hamilton		\$40	Th 7:30P-Mustard Seed SS, 23262 El Toro	\$66	\$101	Dly 6:00A-Foothill Early Risers, 19211	\$250	\$500
Sa 10:00A-(W)'s BBStdy, 18631 Chapel	\$70	\$280	LA MIRADA	^	^	Dly 6:00A-Attitude Mod, 1221 Wass	\$120	\$562
Sa 7:00P-Sat Nite Live BB, 18631 Chapel	\$90	\$180	LAS FLORES	^	^	M-F 12:00P-Alkies Women, 555 W.Main	\$280	\$1,009

Continued on page 10

Recovery Word Search

A WORD SEARCH, like all the others you've seen: words can be up, down, across or diagonal. Have fun, and win a few minutes of free sobriety!

Reprinted from the *Ventura County Tradition*, with thanks.

There are also 12 AAs. Can you find them all?

W R I O E P T R B W X R U I R Z
 S B A R N O I T U L O S Q A E P
 D V N A T M E R I A A Y T N M L
 A S F G I N K E T M H I K A O K
 E N D U R E D W C T O M A T R O
 L C S W E A T H R N U L U K S M
 B Z X P S A U I A H A U N T E D
 A G H E T H A L T K U L F G S E
 E C V W A L I T T L E J A T Y L
 G M L A E Z S D I I J A I L K I
 A S E W A Y U K T L M U S T J B
 N W T T R T A A U J K A Y G H E
 A A I B C D R G D N A V T N B R
 M O M E N T D E E R A T Y E A A
 N H I R Y U A T N E L U B R U T
 U T L U S E R A H D E W S R G E

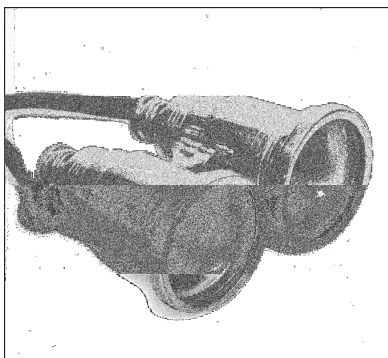
Trial
 Ultimate
 Zeal
 Attitude
 Little
 Remorse
 Must
 Leads

Omit
 Result
 Haunted
 Solution
 Moment
 Limit
 Sweat
 Rationalization

Entire
 Heavy
 Endure
 Deliberate
 Turbulent
 Keep
 Lied
 Jail

HIDING THE BOTTLE AN OLD TWIST

Horse racing fans and spectators at football, soccer, or rugby matches during the 1920s could wear these imitation binoculars around their necks, having some of their favorite embalming fluid ready at all times. Holding more than a regular hip flask, these were sold in both England and the US, and probably on the continent.



Beautifully crafted – Cheers!

AA Thoughts

- Directions to AA: Just go straight to Hell and make a u-turn.
- AA: Being a part of something is more important than being the center of attention.
- AA is the only place where you can walk into a room full of strangers and reminisce.
- AA romance.... the odds are good... but the goods are odd.
- AA: Look for a way in; not for a way out.
- AA: We are not reformed drunks, but informed alcoholics.
- AA has no fixed address -- you can take it with you.
- AA: We are here for a reason, not for the season.
- AA Groups: An AA group will be judged by the worst behavior of its members.
- Before I came to AA I was dead, but did not know enough to lie down.

Contributions continued from page 9

Mo 6:16P-Tustin (W)'s 12X12, 1221 Wass		\$20	
Tu 12:00P-(W)'s 12 & 12, 19211 Dodge A	\$30	\$30	
Tu 7:00P-BB Stdy, 19211 Dodge		\$174	
Tu 8:00P-Steps 1-4, 1201 Irvine		\$60	
We 7:00P-Lucky Stiffs (M)'s, 18542 Vander	\$99	\$99	
Th 6:00 P-Th 12&12 SS, 19211 Dodge	\$18	\$18	
Th 6:15P-(W)'s Living Sober, 1221 Wass.	\$75	\$75	
Th 7:00P-12 Steps & 12 Trads, 225 Main	\$50	\$50	
Fr 11:00A-(W)'s B/B Study, 14402 S. Prospe		\$7	
Fr 8:00P-Disc, Pinetree Park (130 W Main)		\$200	
Sa 8:00P-Visiting Spkrs 1221 Wass		\$50	
VILLA PARK ^ ^			
Dly 7:30A-24 Hour Book Grp, 17855 Santia		\$253	
Fr 12:00P-(W)'s BB Stdy, 17855 Sant		\$52	
WESTMINSTER ^ ^			
Mo 7:30P-12&12Beginners, 15750 Mag		\$30	
WHITTIER ^ ^			
UNLISTED GROUPS ^ ^			
Women's Meeting Coyote Grill		\$109	
Th 7:00P-BB Stdy (UL) LB	\$40	\$40	
Fr 5:30P- B/B Study, Irvine UL	\$99	\$187	
WANDERING GROUPS ^ ^			
(W)'s Wandering-South County UL		\$54	
MISC. DONATIONS ^ ^			
OCCO Change Can	\$10	\$18	
Satellite Office Change Can	\$6	\$13	
Intergroup Meeting	\$124	\$321	
Laguna Beach 4th Step Workshop		\$100	
Men's Banquet 2008		\$703	
PERSONAL DONATIONS ^ ^			
Anonymous	\$100	\$460	
Angela M.	\$30	\$30	
Julie L.	\$100	\$100	
June L., Irvine		\$75	
Mary L., Mission Viejo	\$250	\$250	
Wanda R., Huntington Beach		\$25	
Wanda M., Irvine		\$20	
Theresa W., Newport Beach	\$100	\$225	
IN LOVING MEMORY ^ ^			
GROUP INFORMATION REQUESTED ^ ^			
Receipt#1134		\$130	
Receipt#1432 Tues S/S	\$140	\$140	
Receipt#1241		\$112	
TOTALS		\$19,823	\$52,923

CALL FORWARDING

“Alcoholics Anonymous, how may we help you?”



CALL FORWARDING:

The call forwarding program instituted by Orange County Central Office insures that our help line phones are answered by volunteers 24/7. During hours when the Central Office is closed, calls to the Central Office are forwarded to a call forwarding volunteer’s home or cell phone, where the volunteer answers the calls just as if he or she were sitting in the Central Office. This service allows the Central Office to realize a significant cost saving because we do not need to contract with a phone answering service. Even more vital, when a call is placed to Alcoholics Anonymous in Orange County, the caller will be talking to an Alcoholics Anonymous member not a phone service! This truly is “front-line” 12th Step work and we would appreciate any time you can give.

SHIFTS:

Monday thru Friday shifts are 6am to 9am, 6pm to 9pm and 9pm to 6am. Saturday shifts start with the 6am to 9am. The Central Office opens and covers from 9am to 1pm on Saturdays. The phones are than forwarded to volunteers to cover the phones from 1pm to 4pm, 4pm to 7pm, 7pm to 10pm and 10pm to 6am. On Sundays and Holidays shifts begin at 6am with the 6am to 10am, and continue with 10am to 2pm, 2pm to 6pm, 6pm to 10pm and 10pm to 6am.

**New evening shifts available
6pm to 9pm
Monday thru Friday**

VOLUNTEERING:

In order to volunteer for this service it is suggested that you have two years of sobriety. You must than arrange with the Central Office Manager in Santa Ana or the Satellite Office Manager in Mission Viejo for a brief orientation session which will be held at one of the offices. Shifts are available please call the Central Office at (714) 556-4555 or the Satellite Office at (949) 582-2697.

ORANGE COUNTY INTERGROUP ASSOCIATION OF AA

Statement of Income and Expenses for Period Ending 03/312009

INCOME	MARCH	YTD
Group Donations	\$19,095.78	\$51,377.81
Individual/Fellowship	\$595.50	\$1,215.50
Literature Sales	\$8,787.48	\$27,267.97
Birthday Donations	\$615.00	\$1,799.65
In Memoriam	\$0.00	\$0.00
Intergroup Donations	\$124.00	\$320.50
Special Events	\$0.00	\$0.00
Interest Income	\$176.75	\$533.40
Misc. (Repaid Bounced Checks)	\$244.40	\$244.40
TOTAL INCOME:	\$29,638.91	\$82,759.23
EXPENSES		
Audits/Accounting	\$2,500.00	\$2,500.00
Auto (All Managers)	\$90.40	\$193.43
Bank Charge	\$0.00	\$0.00
Cash/Invoices OverShort	-\$29.07	-\$27.30
Insurances	-\$540.43	\$627.80
Intergroup Expense	\$181.50	\$377.00
Lease Expense	\$389.07	\$1,167.21
Maintenance & Repairs	\$20.00	\$398.08
Volunteers Coffee + Water	\$125.45	\$336.67
Offices' Supplies + Expenses	\$373.57	\$786.55
Pension Fund	\$0.00	\$0.00
Postage	\$75.60	\$254.91
P/I, Donated Literature	\$19.20	\$540.85
Rent Main/Satellite Offices	\$2,797.75	\$9,257.25
Salaries	\$10,039.46	\$30,423.32
Reimb. Health Insurance	\$280.17	\$840.51
Payroll Tax Expense	\$1,829.12	\$3,389.99
Taxes & Licenses	\$49.00	\$49.00
Telephone Expense	\$485.99	\$1,530.81
LIFELINE Expense	\$1,200.90	\$3,664.51
Cost of Literature Sold	\$7,590.46	\$23,553.57
Special Events	\$302.00	\$302.00
Misc. (Returned Checks)	\$244.40	\$304.29
TOTAL EXPENSES:	\$28,024.54	\$80,470.45
INCOME/(LOSS):	\$1,614.37	\$2,288.78

THE LIFELINE, 1526 BROOKHOLLOW DR., SUITE 75, SANTA ANA, CA 92705- Published monthly by the Orange County Intergroup Association

Purpose: The Orange County Lifeline Committee is a committee of volunteer A.A. members, charged with the responsibility of producing and distributing the Orange County Lifeline, (a publication of the Orange County Intergroup Association). The Lifeline is published monthly and is supported solely through contributions from the A.A. groups and members of Orange County. The Lifeline is published to meet the following needs of the Orange County A.A. membership: to inform the A.A. membership regarding A.A. service, A.A. events and A.A. announcements; also to share experience in recovery, unity and service; to keep the A.A. membership informed regarding the actions, finances and meetings of the Orange County Intergroup Association and other Central Office committees.

Lifeline Committee: Meets the 1st Thursday of each month at the Central Office. Join us @ 7PM.

Bill W. (Chair), Jim S., Phil F., Nick M., George L., Dave H., Tarcy H. (Editor)

Mail submissions to the above address or send email to: lifelineeditor@yahoo.com

We Are Not A Glum Lot

CLASSIC CARTOONS AND JOKES
FROM THE AA GRAPEVINE



A DRIVER WAS GOING the wrong way on a one-way street. "Where do you think you're going?" demanded a cop. The driver answered, "I don't know--but I must be late, because they're all coming back."



"According to the American Medical Association I'm NOT a lousy drunk—I'm SICK!"

A distraught woman poured out her troubles to a doctor about her alcoholic husband.

"Has he tried AA?" the sympathetic doctor inquired.

"He must have," she answered, "he's drunk everything else!"

"Why in some parts of the world you can get a pound of coffee, two loaves of bread, a quart of whiskey and a wife for three dollars."

"Huh, can't be very good whiskey!"

An actress once said to her analyst, "I'm just nothing, just nothing at all. I can't sing and I can't dance, I can't act. I have a negative personality. I don't belong in show business."

"Why don't you quit?" said her analyst.

"I can't, I can't! I'm a star," said the actress.

The bewildered wife of a drunken man was sitting up waiting for him one night when he came stumbling in and cried to his wife: "Oh, honey, I'm sick, I'm dying, please do something for me, please pray for me."

The bewildered wife knelt by the side of the bed and began to pray, "Oh Lord, please help my poor drunken husband." The husband jumped out of bed and shouted, "For heaven's sake, woman, don't tell him I'm drunk."



DINER: Look here, waiter! This is supposed to be oyster stew, and I haven't found a single oyster yet!

WAITER: Sir, if you had Irish stew, would you expect to find an Irishman in it?

One time a certain member had a slip in A.A. He called his sponsor and, crying on his shoulder and full of self-pity, he moaned, "And to think, I have lost all my pride!" "Swell," his sponsor bluntly remarked, "Now we can begin."