

Santa Ana, CA

Lifeline



2009



Orange
County
Intergroup
Association

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The Origin of Praying Hands

The origin of the Praying Hands came sometime in the 1490s. The painter Albrecht Durer and his young friend Hans (last name unknown) were struggling artists. According to author Stella Terrell Mann (who wrote “Change Your Life Through Prayer”), the two aspiring artists were studying in France (or it might have been Austria or Germany). But because they needed to make a living, the studies were often shelved.

Then one day, Hans who was Albrecht’s senior by several years, insisted that Durer devote all of his time to study while Han’s earned a living for both of them. They both agreed to the arrangement with the stipulation that as soon as Durer was successful, he would return and support Hans who would then return to painting.

Durer went to all the cities of Europe to study. But he had more than talent. He had a touch of genius and his work quickly became accepted as the world now knows.

But when he returned to keep his bargain with Hans, Albrecht quickly learned the terrible price his friend had paid to fulfill their agreement. For Hans had worked in manual labor and it was hard, rough work. Durer realized that his friend’s slender, sensitive artist’s hands had been ruined for life. Those stiff, gnarled fingers could no longer use the artist’s brush in the sure and delicate strokes necessary for painting. So Durer, a great artist but also a great soul, painted the hands of his friend, painted them as he had seen them raised in supplication to God so many times. He gave the painting to Hans who allowed it to be used elsewhere. And A.A., like others, has managed to put the work to some exceptionally good use.



Editor’s note -- Many in our Fellowship have believed Praying Hands was made for Alcoholics Anonymous®. Our thanks goes out to author Stella Terrill Mann for setting the record straight.

George L., Westminster

THE LIFELINE, 1526 BROOKHOLLOW DR., SUITE 75, SANTA ANA, CA 92705- Published monthly by the Orange County Intergroup Association

Purpose: The Orange County Lifeline Committee is a committee of volunteer A.A. members, charged with the responsibility of producing and distributing the Orange County Lifeline, (a publication of the Orange County Intergroup Association). The Lifeline is published monthly and is supported solely through contributions from the A.A. groups and members of Orange County. The Lifeline is published to meet the following needs of the Orange County A.A. membership: to inform the A.A. membership regarding A.A. service, A.A. events and A.A. announcements; also to share experience in recovery, unity and service; to keep the A.A. membership informed regarding the actions, finances and meetings of the Orange County Intergroup Association and other Central Office committees.

Lifeline Committee: Meets the 1st Thursday of each month at the Central Office. Join us @ 7PM.

Bill W. (Chair), Jim S., Phil F., Nick M., George L., Jack J., Tarcy H. (Editor)

Mail submissions to the above address or send email to: lifelineeditor@yahoo.com

When Bill Opened the Door

Step 11- *Sought through prayer and meditation to improve our conscious contact with God as we understood Him.*

Page 59, Alcoholics Anonymous.

When I arrived in Alcoholics Anonymous, for what I hope will be my last time here, I frankly acknowledged my agnosticism. It seemed an improvement after three and a half decades of unrepentant atheism.

My sponsor suggested that I read about Step 11 in the "Twelve and Twelve" and I did so. But I had already read Bill's story in our "Big Book" and what he had to say on pages 10 and 11 seemed to mirror my own thoughts on God and religion.

That is, I thought it was great for the older folks but it held no real attraction for me.

I was, however, still using that simple prayer that Don M. from my home group had advised me to use. And since I was still not drinking and still not in prison again, it seemed logical to use the one thing that worked - prayer. So I continued to talk to the God of my limited understanding every morning and every night.

"God," my prayer was uncomplicated, "please don't let me drink today."

That was when I woke up. At night I said: "God, thank you for not letting me drink today."

When I found that I had an addiction to nicotine, my sponsor told me to use the same remedy on tobacco. But I initially rejected that.

"You mean to tell me that your Higher Power can kick the daylights out of alcohol but can't do anything about tobacco?" Bob asked me. "You need to get a new Higher Power."

But the same HP that had taken away my obsession with booze also eliminated my need for tobacco. It became clear that I simply hadn't asked the right questions.

Now about meditation. As Bill writes in his Step 11 dissertation in the "Twelve and Twelve", I was convinced that meditation was a "skill of clergymen," not something for we laymen. Wrong again. I guess we've all heard the explanation that "prayer is talking to God and meditation is listening to God."

Sometimes, when experiencing feelings that border on resentment or anger, it has been highly beneficial to sit quietly and wonder what the God of my understanding would have me do. If your rejoinder is that "it might work for George but it wouldn't ever work for me," than I have to ask if you ever bothered to try it? If the answer is still yes, then you need to keep trying.

And as Bob would continue to remind me when it seemed I was faltering, "You're the one who said you'd go to any lengths for victory over alcohol." And I still will.

George L, Westminster



Got a Problem? Send a Letter to "Dear Alkie Alma"



The Lifeline continues a new column this month. Alma will answer your questions about getting sober, staying sober and carrying the message of recovery. If you think Alma can help, please send your letters to "Dear Alkie Alma" c/o OCCO, 1526 E. Warner Ave., Santa Ana, CA 92705, or email them to lifelineeditor@yahoo.com.

Dear Alma,

Lately, I have been hearing people at meetings say they don't even feel like drinking any more, or that the "obsession to drink has been lifted." I've only been sober around 90 days, and I sure don't feel that way yet. If they don't feel the urge to drink, why do they still go to meetings? Aren't they cured yet?

Al C., Cypress

Dear Al,

Our Big Book tells us on Page 85, "We are not cured of alcoholism. What we really have is a daily reprieve contingent on the maintenance of our spiritual condition." So, the problem is: how do we maintain our spirituality? By doing the Steps and "practicing these principles in all our affairs." Most members with long term sobriety have found that participating in meetings, and sharing "their experience, strength and hope" helps them maintain their spirituality. Besides, we have very active "forgetters", so we need to be reminded that our disease is "cunning, baffling and powerful."

Dear Alma,

I now have six months, and there is something that really "ticks" me off: those members who introduce themselves as "grateful alcoholics." How can anyone be grateful for something that takes away everything you have? I almost died, so you can see how this drives me nuts.

Robert Z, Irvine

Dear Robert,

I can sympathize. When I was going to meetings and trying to get sober, I reacted just like you have whenever I heard that introduction. Later, after I was given the gift of sobriety, someone explained that, for them, it meant they were grateful that there number one problem was finally revealed. For those of us that have this disease of denial and delusion, such a revelation was welcome. For the first time in a long time, we have a way up and out through the Twelve Steps and the fellowship. We can begin to be restored to some kind of sanity. I'll go out on a limb and predict that in another six months you'll completely understand this kind of gratitude.



THE TURNING POINT

Editor's Note: We continue this feature in the Lifeline called "The Turning Point". Please share your story by emailing it to lifelineeditor@yahoo.com.

Thank you to the volunteers at Central Office

Several things happened one Thursday morning while I was working for a doctor in Newport Beach. I was hungover, following my day off, and could usually take a nap during lunch to help me feel better. First, I opened the phone book to look up the Akron store in Orange and noticed the opposite page that read ALCOHOLICS ANONYMOUS; then I noticed the postage meter message from St. Joseph's Hospital on an envelope and it said "Alcoholism is a Treatable Disease" (what a concept, I had always thought it was a disgrace); and third there was a letter to the doctor from a grandmother concerning her daughter's drinking and driving with the children in the car. Well, I had a visual of this nice lady from Corona del Mar and couldn't imagine her as a drunk. So while trying to take my nap at lunch and not being able to sleep, my Higher Power motivated me to get that phone book and call A.A. The man that answered the phone sounded rather gruff when he said "Alcoholics Anonymous, may we help you?" I told him that I was just calling to inquire about what A.A. was, at which time he said, "You've JUST JOINED". Then he asked what city I live in. He told me where there was a meeting that night and then asked if I was drinking (that offended me since I was a respectable functioning drunk and never drank on the job...oops! Well, maybe while at lunch with a co-worker at a fancy beach restaurant). He also told me that they would go to the hubs of hell to help me with my problem and asked me if I could get to the meeting by myself that night. He told me not to drink before then and to call back if I needed to. The church was located in the next block from my house, and an older man in the parking lot recognized me as a newcomer by the lost expression on my face. When he asked if he could help me, I pointed to the upstairs room and asked if that was where the drinkers go? He escorted me into the room of about forty people where I saw some clear eyes and people smiling. They seemed to have something that I didn't. I bought the books that night and felt some hope for the first time in years. There were quite a few of us newcomers, and when I said that word "Alcoholic" for the second time, I nearly choked on it as I really didn't know that's what I was yet. When I heard "Keep Coming Back" that really touched my heart as I'd never been talked to like that before and it made me feel welcome.

Learning that I had an allergy of the body with an obsession of the mind, I was able to fully concede to my innermost self that I am an alcoholic. I made a decision to put my sobriety first in my life ahead of family, work, etc. Since this is a family disease, I attended meetings almost every night rather than watch TV with my family. I wanted to recover rather than escape. Suddenly I noticed that my life was changing and Fear wasn't controlling me constantly. I began letting go of old ideas and became ready to adopt new attitudes and actions, and I've continued to grow and remain teachable..

That phone call happened on September 16, 1976 and I've

been so richly blessed these past 33 years by a loving God that has given me the finest friendships in this program along with the tools to use "one day at a time", to live life on life's terms. Let's never forget the part these volunteers play that answer the phones at Central Office.

May God continue to Bless & Guide You.
Meg L., Tustin

Getting Comfortable In A.A.

I have been a member of Alcoholics Anonymous for only six months. Six months in which I have been learning to live, for the first time, comfortably with myself. On a day to day basis it is becoming easier.

This "being comfortable" is a completely foreign experience for me as I had somehow developed the idea that life had to be complicated. "Easy Does It," "First Things First," "Keep It Simple" and many more of the much-used clichés have taken on a personal meaning when applied to me. Although life in the "joint" is not easy for me mentally, I have learned to "let go and let God" handle things. I find that my higher power handles them much better than I ever did. Comparing a day of my life now to one of the many I spent only eight months ago, a likeness would be like an opera singer trying to perform after she gargled with peanut butter.

I have always had the desire to lead the normal American life. However, it's not easy when you're sitting on a bar stool pondering your troubles. A few of these things I can see and understand now. Alcohol was not my real problem. I had troubles aplenty before I started drinking, but I tried to cover them up by entering the oblivion called drunkenness. For a guy who is not "alright" when he is sober, to drink is just dynamite.

I feel comfortable in A.A. meetings. I go to get and keep my thinking straight. It is the first place I have ever been where I understand the people and feel understood. I thank each of you for the help and understanding you have shown me and I am grateful for the peace of mind I have found.

Tom G., a grateful alcoholic. *The Messenger*, Oct., 1967
California Institution for Men, Chino. CA



CENTRAL OFFICE ACTIVITY-September

Total Calls Handled by Both Offices: 1872

Main and Satellite Office Volunteers

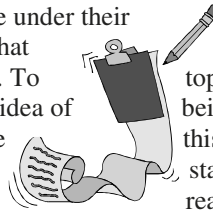
12 Step Calls	25
Meeting Information	646
General Information	417
Walk-in Customers	300

Night Owl Volunteers

12 Step calls	18
Meeting Information	465
General Information	301

GROWING INTO GRATITUDE

When I first got to AA I was 50 years old and I felt a little out of place. There were so many young people at the meetings but slowly over time I found meetings with old timers who took me under their wing and made me feel at home. One thing at a particular meeting that raised the hackles on my neck was a lady that pulled her gratitude list out of her purse and started rattling off this long list of mundane things she was grateful for. To top it of she said she was grateful to be an ALCOHOLIC. I was still new in sobriety and could not comprehend the idea of being grateful to be an alcoholic. After all, I had not even taken Step 1 and certainly wasn't an alcoholic. To prove this, I went back out to do some controlled drinking and lo and behold things got worse.....much worse. Later, when I staggered into the Care Unit of Orange my counselor re-viewed my life's history of drinking and suddenly I realized what a large part alcohol had played in my life. It was then I realized that I was truly an alcoholic and could now take Step 1. After I got a sponsor and worked the steps I slowly began to realize what an important word Gratitude really is. I also realized that once I became aware of that it was important to share my gratitude with fellow alcoholics.



After 15 years of sobriety my gratitude has grown to something very special to me. I have had very severe physical problems for the past 20 years and undergone three major surgeries. I lived through this without abusing any medications prescribed by my doctors, without complaining to by AA groups and by getting tremendous love and support from the groups that I attend, mainly from my home group. Today I am grateful that there are no more surgeries, no more recoveries, no more physical therapies, and no more pain. It took all those years of pain and suffering to appreciate my current pain free life and that helped to lead me to understand the real meaning of gratitude. I couldn't have done it without the tools of the program. Also having completed the 8th and 9th steps, I have a wonderful wife and family, and wonderful friends back in my life that I am grateful for. I am the happiest I have been in my 15 years of sobriety. As I go down my mundane list of things that I am grateful for it reminds me of the lady I scoffed at so many years ago in my first meetings of AA. The best part is I don't have to run out and sabotage my happiness by getting drunk. In the past whenever I was happy I would go out and get drunk, because I wasn't worthy of being happy.

I feel like I am getting more out of my meetings now, but I realize that the meetings haven't changed; it is I who has changed. Gratitude is now an important part of my sobriety.

Logan L., Costa Mesa



Remember, when someone annoys you, it takes 42 muscles in your face to frown, BUT, it only takes 4 muscles to extend your arm and smack that jerk upside the head.

It may be that your sole purpose in life is simply to serve as a warning to others.

It's always darkest before dawn. So, if you're going to steal the neighbor's newspaper, that's the time to do it.

Dear Fellowship,

Now that I am putting myself out to pastures, I want to thank every fellow member for the most exciting sixteen plus years of my life!

I feel so blessed that you all trusted me enough to take care of the daily operations at our Orange County Central Office and for me our Promises certainly came true, "No matter how far down the scale we have gone, we will see how our experience can benefit others." (Alcoholics Anonymous®; pp. 83 + 84) From non-computer times to website; from two faithful volunteers to over three hundred throughout the years, we had fabulous and sad times, but I assure you, it was never boring.

Please help my successor, George, over those first trying hurdles and let me go back to just being of service again.

*With love to you all, I remain yours,
Regina K., Laguna Beach*

TALKING CLOCK

After closing time at the bar, a drunk was proudly showing off his new apartment to a couple of his friends.

He led the way to his bedroom where there was a big brass gong and a mallet.



'What's that big brass gong?' one of the guests asked.

'It's not a gong. It's a talking clock,' the drunk replied.

'A talking clock? Seriously?' asked his astonished friend.

'Yup,' replied the drunk.

'How's it work?' the friend asked, squinting at it.

'Watch,' the drunk replied. He picked up the mallet, gave the gong an ear-shattering pound and stepped back.

The three stood looking at one another for a moment.....

Suddenly, someone on the other side of the wall screamed, 'You jerk! It's three-fifteen in the morning!'

We Did Not Get to Say “Farewell” to Peter G.

On Sunday, August 30th, Peter G.’s dad drove by his apartment in Costa Mesa to check in on him. Peter had called his parent’s home early the day before and sounded troubled (which was not something new for Peter). Peter was found lying on top of his bed fully clothed and in eternal sleep.

Peter suffered from several specific types of mental illness in addition to his alcoholism/ drug addiction. His Obsessive Compulsive Disorder made life on a day to day basis very difficult and challenging for him, his family, and all of us who tried to get close to Peter. He sought treatment, went to classes, counseling, and programs designed to help him with his OCD but imagine year after year after year suffering the same messed up thoughts.

Peter valued his sobriety and the AA fellowship. No matter what, he kept coming back. Up to last year, Peter attained his two year chip. We of the Monday “Keep It Simple Study Group” in Huntington Beach and “Saturday Keep It Simple Group” in Costa Mesa celebrated Peter’s (with God’s help) accomplishments. There were periods of time when he got better, found peace, worked steps, and did what all of us do who are trying to work a program of recovery. He worked at the OC Central Office for half a year before entering a hospital program in Boston late in 2008.

We of Alcoholics Anonymous know how to deal with alcoholism. This being clearly said there are times (and people like Peter G) who enter our ranks and we are faced with the task of trying to be of loving service to them just like any other human being seeking sobriety. I’m confident that our Monday and Saturday groups both did just that: be of loving service. We gave and took his phone calls; gave rides to meetings and group events; bought dinner or a meal here and there; welcomed the family when they came to watch Peter take a cake. No matter what else troubled Peter G. he was fully accepted as a member of AA.

Farewell Peter. We will remember you for all your good things. Your humor, wit, intelligence and all your positive points. Heck, I can’t pass a Starbucks without glancing in to see if you might be there. It was something of your second home. To Peter’s family please accept our sincere condolences for the loss of your son. He was our pal and we shall all miss him together. Peter is now at rest and his problems are gone.

John M., Costa Mesa

Tradition Eleven

Alcoholics Anonymous has no opinion on outside issues; hence the A.A. name ought never be drawn into public controversy. .
Number 11 of 12 articles on the 12 Traditions

Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio and films. 11th Tradition.

Our relations with the general public should be characterized by personal anonymity. We think A.A. ought to avoid sensational advertising. Our names and pictures as A.A. members ought not be broadcast, filmed, or publicly printed. Our public relations should be guided by the principle of attraction rather than promotion. There is never need to praise ourselves. We feel it better to let our friends recommend us. 11th Tradition Long Form

This Tradition was Bill’s best effort to curb the outbreak of public anonymity breaks that were threatening the very existence of Alcoholics Anonymous. (Of course, he was the worse violator of this principle!). A.A. was still relatively small when our society started to present “celebrity” members to the public as examples of how effective the program could be. Almost all them inevitably got drunk. You can imagine how effective that proved the A.A. program to be!

We have evidence of this questionable idea in more contemporary times. An organization named Moderation Management was founded by an individual in 1994. This organization believed that alcoholics could drink, if only they practiced moderation. (*The idea that somehow, someday he will control and enjoy is drinking is the great obsession of every abnormal drinker*). The organization had meetings in 15 states and was growing quickly – the founder being its greatest public speaker and recruitment tool. Then, one night, the very well-known founder killed two people while driving down the freeway the wrong way with a blood alcohol level three times the legal limit. The Moderation Management movement still survives, but the incident has greatly curtailed its growth and called into question whether alcoholics CAN drink moderately.



For AA’s common welfare, we are asked to practice personal anonymity at the public level.

So, what about anonymity at the group level? I have heard many AA members say that since this tradition spells out the exact level at which we are to keep anonymity, (the public level) I am also violating this tradition if I opt not to use my last name at the group level. Dr. Bob is sited as the source of this principle. Oh, Oh, here it comes – Dr. Bob was wrong! This is a common misuse of logic called “the argument from silence”. This logic states that since something isn’t stated, the opposite is therefore true. An example used by logicians is: The law in California is that you cannot drink until you reach the age of 21. The “argument from silence” thus states – once you reach the age of 21 in California, you MUST drink. Bill W. stated what I believe is the best course – the level of anonymity kept at the group level is strictly up to the individual. We alcoholics don’t like MUSTs anyway.

A member of A.A. in Orange County

Next month: Tradition Twelve – The Goal!

Text in italics re-printed from the A.A. Group pamphlet with the permission of Alcoholics Anonymous World Services, (AAWS)

MEETING CHANGES

since July 7, 2009

SUNDAY

HUNTINGTON BEACH

6:00 AM (C) COVER TO COVER BIG BOOK 19092 Beach Blvd suite 'G' @ Garfield (behind Honeybake Ham) New address
 6:00 AM EARLY BIRDS aka 6:00 AM GROUP 19092 Beach Blvd suite 'G' @ Garfield (behind Honeybake Ham) New address
 7:30 AM HUGGERS-AS BILL SEES IT 19092 Beach Blvd suite 'G' @ Garfield (behind Honeybake Ham) New address
 7:30 AM ATTITUDE MODIFICATION 19092 Beach Blvd suite 'G' @ Garfield (behind Honeybake Ham) New address
 10:00 AM SOBER SHARING 19092 Beach Blvd suite 'G' @ Garfield (behind Honeybake Ham - no children allowed) New address
 8:00 PM TRUDGERS 19092 Beach Blvd suite 'G' @ Garfield (behind Honeybake Ham) New address

LA HABRA

10:30 AM PARTICIPATION 370 E Whittier Blvd @ Cypress (Bowling Alley) Address change

LAGUNA BEACH

7:05 AM (C) ATTITUDE ADJUSTMENT - STEP STUDY 31106 Pacific Coast Hwy (Tee Room) Name modification

MONDAY

HUNTINGTON BEACH

6:00 AM EARLY BIRDS aka 6:00 AM GROUP 19092 Beach Blvd suite 'G' @ Garfield (behind Honeybake Ham) Address change
 7:30 AM ATTITUDE MODIFICATION 19092 Beach Blvd suite 'G' @ Garfield (behind Honeybake Ham) Address change
 12:00 PM DISCUSSION 19092 Beach Blvd suite 'G' @ Garfield (behind Honeybake Ham) Address change
 5:00 PM MEN'S BOOK STUDY 19092 Beach Blvd suite 'G' @ Garfield (behind Honeybake Ham) New meeting
 6:00 PM (C) WOMAN'S BIG BOOK STUDY 19092 Beach Blvd suite 'G' @ Garfield (behind Honeybake Ham) Address change
 6:30 PM (C) RECOVERETTES STEP STUDY 7641 Talbert @ Beach (Sangha Church, upstairs) Changed
 8:00 PM TRIANGLE GROUP 19092 Beach Blvd suite 'G' @ Garfield (behind Honeybake Ham) New address

LAGUNA BEACH

8:00 PM (C,G) BOOK STUDY 31872 Pacific Coast Hwy (Hospital Auditorium Basement Level) Added room location

TUESDAY

ANAHEIM

7:00 PM MEN'S STAG - AA BIG BOOK WORKSHOP 2715 E Diana @ S Rio Vista off of E Lincoln Address change

HUNTINGTON BEACH

6:00 AM EARLY BIRDS aka 6:00 AM GROUP 19092 Beach Blvd suite 'G' @ Garfield (behind Honeybake Ham) New address
 6:00 AM (C) WOMEN'S BIG BOOK STUDY 19092 Beach Blvd suite 'G' @ Garfield (behind Honeybake Ham) New address
 7:30 AM ATTITUDE MODIFICATION 19092 Beach Blvd suite 'G' @ Garfield (behind Honeybake Ham) New address
 12:00 PM OPEN AA DISCUSSION MEETING

19092 Beach Blvd suite 'G' @ Garfield (behind Honeybake Ham) New address
 6:00 PM DISCUSSION 19092 Beach Blvd suite 'G' @ Garfield (behind Honeybake Ham) New address
 6:00 PM WOMEN'S 12 & 12 STEP STUDY 19092 Beach Blvd suite 'G' @ Garfield (behind Honeybake Ham) New address
 8:00 PM 12 & 12 BOOK STUDY 19092 Beach Blvd suite 'G' @ Garfield (behind Honeybake Ham) New address

LAGUNA NIGUEL

6:00 PM (C) MEN'S STAG DISCUSSION & MUNCHIES (Oct-Apr) 30121 Niguel Road @ Crown Valley (Church) New winter location

TUSTIN

7:00 PM HOT TOPIC WOMEN'S DISCUSSION 13311 Yorba St @ Santa Clara (Recovery Home) New meeting

WEDNESDAY

ANAHEIM

7:00 PM PARADISE BOOK STUDY 2321 E. Romneya Dr. c/s N. Whittier St. New meeting

CAPISTRANO BEACH

7:00 PM (C) DOHENY GROUP - STEP & TRADITION/TOPIC 25976 Domingo Ave (Calvary Jr High School) New meeting

HUNTINGTON BEACH

6:00 AM EARLY BIRDS 19092 Beach Blvd suite 'G' @ Garfield (behind Honeybake Ham) New address
 7:30 AM ATTITUDE MODIFICATION 19092 Beach Blvd suite 'G' @ Garfield (behind Honeybake Ham) New address
 12:00 PM DISCUSSION 19092 Beach Blvd suite 'G' @ Garfield (behind Honeybake Ham) New address
 6:00 PM YOUNG PEOPLES BIG BOOK STUDY 19092 Beach Blvd suite 'G' @ Garfield (behind Honeybake Ham) New address
 6:00 PM DISCUSSION 19092 Beach Blvd suite 'G' @ Garfield (behind Honeybake Ham) New address
 7:30 PM (C) MEN'S 12-12 19092 Beach Blvd suite 'G' @ Garfield (behind Honeybake Ham) New address
 8:00 PM BIG BOOK STUDY 19092 Beach Blvd suite 'G' @ Garfield (behind Honeybake Ham) New address

THURSDAY

ANAHEIM

7:30 PM AA PAMPHLET 11 MEETING 441 N.Lakeview Ave @ 91 Frwy (Kaiser Hospital, 8th Floor, Rm D) New meeting

BREA

10:30 AM (C) STEP SISTERS STEP STUDY (WOMEN'S) 300 E. Imperial Hwy @ Brea Blvd (Congregational Church) Changed to closed

HUNTINGTON BEACH

6:00 AM EARLY BIRDS 19092 Beach Blvd suite 'G' @ Garfield (behind Honeybake Ham) New address
 12:00 PM DISCUSSION 19092 Beach Blvd suite 'G' @ Garfield (behind Honeybake Ham) New address

ORANGE

7:00 PM (C) HOW IT WORKS 1800 E La Veta @ Tustin St (RIO Center) Deleted in error

RANCHO SANTA MARGARITA

7:30 PM 11TH STEP SPIRITUAL DISCUSSION 30162 Tomas c/s Santa Margarita Pkwy Address change

SAN JUAN CAPISTRANO

6:00 PM DO THE STEPS 32202 Del Obispo (Presbyterian Church) Meeting reestablished

FRIDAY

COSTA MESA

6:30 PM WOMEN'S CANDLELIGHT 12&12 RECOVERY STEP STUDY 393 Hamilton St c/s Harbor (Costa Mirage Appts, Ap# 8) Change location
 11:00 PM LATE NIGHT CANDLELIGHT 2040 Placentia Ave. Address change

FULLERTON

6:00 PM CHIPS N COOKIES MEETING 1115 W. Orangethorpe @ Euclid Name change

HUNTINGTON BEACH

6:00 AM EARLY BIRDS 19092 Beach Blvd suite 'G' @ Garfield (behind Honeybake Ham) New address
 7:30 AM ATTITUDE MODIFICATION 19092 Beach Blvd suite 'G' @ Garfield (behind Honeybake Ham) New address
 12:00 PM NOON PARTICIPATION 19092 Beach Blvd suite 'G' @ Garfield (behind Honeybake Ham) New address
 6:00 PM ELEVENTH STEP ROUND ROBIN 19092 Beach Blvd suite 'G' @ Garfield (behind Honeybake Ham) New address
 8:00 PM FINALLY A FRIDAY 19092 Beach Blvd suite 'G' @ Garfield (behind Honeybake Ham) New address

LAGUNA BEACH

5:45 PM HAPPY HOUR DISCUSSION 20456 Laguna Canyon Rd. Changed time
 7:45 PM CANDLELIGHT ACCEPTANCE MEETING 20456 Laguna Canyon Rd. (Small room) Changed time

SATURDAY

7:00 PM ORANGE COUNTY WANDERING GROUP For information call (714 556-4555) Time change

FULLERTON

8:00 PM CANDLELIGHT TOPIC DISCUSSION MEETING 530 W. Commonwealth btwn S. Euclid & S. Harbor Blvd. New meeting

HUNTINGTON BEACH

6:00 AM EARLY BIRDS 19092 Beach Blvd suite 'G' @ Garfield (behind Honeybake Ham) New address
 7:30 AM MEN'S BOOK STUDY 19092 Beach Blvd suite 'G' @ Garfield (behind Honeybake Ham) New address
 7:30 AM ATTITUDE MODIFICATION 19092 Beach Blvd suite 'G' @ Garfield (behind Honeybake Ham) New address
 9:30 AM (C) WOMEN'S BIG BOOK STUDY 19092 Beach Blvd suite 'G' @ Garfield (behind Honeybake Ham) New address
 1:00 PM OPEN DISCUSSION 19092 Beach Blvd suite 'G' @ Garfield (behind Honeybake Ham) New address
 7:00 PM SATURDAY NITE LIGHT SPEAKERS 19092 Beach Blvd suite 'G' @ Garfield (behind Honeybake Ham) New address
 9:00 PM PARTICIPATION 19092 Beach Blvd suite 'G' @ Garfield (behind Honeybake Ham) New address

LAGUNA BEACH

7:05 AM (C) ATTITUDE ADJUSTMENT - BIG BOOK STUDY 31106 Pacific Coast Hwy (Tee Room) Name modification

NEWPORT BEACH

Continued on page 7

Meeting Changes continued from page 6

8:00 AM EARLY RISERS 2046 Mar Vista Dr c/s Eastbluff New meeting
 8:00 AM EARLY RISERS 2046 Mar Vista Dr c/s Eastbluff (Our Lady Queen of Angels - Church) New meeting

MEETING DELETIONS SINCE July 7, 2009

SUNDAY

HUNTINGTON BEACH

8:00 PM STEP STUDY OUT OF THE BIG BOOK Zeider Lane off Slater between Newland & Beach (Community Ctr.)

TUSTIN

6:00 AM ATTITUDE ADJUSTMENT 17621 Irvine Blvd c/s Prospect (2nd Floor)

VILLA PARK

6:00 AM ATTITUDE MODIFICATION 17855 Santiago Blvd

MONDAY

GARDEN GROVE

12:00 PM REBEL GROUP VISION FOR YOU 9845 Belfast

SAN CLEMENTE

8:00 PM BEGINNER'S TOPIC Q & A 929 Calle Negocio, Ste H

TUESDAY

SAN CLEMENTE

6:00 PM WOMEN'S AS BILL SEES IT 119 N Avenida de Estrella

THURSDAY

GARDEN GROVE

8:00 PM SPEAKER 9845 Belfast

NEWPORT BEACH

6:45 AM ATTITUDE ADJUSTMENT II 798 Dover Dr

FRIDAY

CYPRESS

7:00 PM LADIES NIGHT OUT

LAGUNA BEACH

9:00 PM (G) DISCUSSION 20456 Laguna Canyon Rd.

NEWPORT BEACH

8:00 PM FRIDAY NIGHT REUNION 798 Dover Dr

TUSTIN

11:00 AM (C) WOMEN'S BIG BOOK STUDY 14402 S. Prospect Ave

THURSDAY

NEWPORT BEACH

6:45 AM (C) ATTITUDE ADJUSTMENT II 798 Dover @ 16th

The Orange County Intergroup Association Meeting
Wednesday, December 9th at 7:00 PM
 Garden Grove Alano Club

Orange County H & I

On the 2nd Sunday of the month

Garden Grove Alano Club, 714-534-2244

9845 Belfast Drive, Garden Grove, CA

For additional info call 714-979-8524

Or Central Office: 714-556-4555

South Orange County H & I

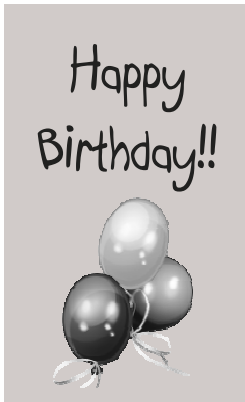
3rd Wednesday of the month, 7:30 pm

Laguna Canyon Club, 949-497-1823

20456 Laguna Canyon Rd., Laguna Beach



**To Carry the Message of Alcoholics Anonymous
 to the Alcoholic who is confined in a Hospital or Institution**



Help keep the doors of AA open so that new members may receive the same help so many of us have already received. Make a donation of any amount for an AA Birthday—yours or someone else's—and we will help celebrate by publishing their name and years of sobriety in the *Lifeline*.

Please send December Birthday donations by November 10th to:
Orange County Central Office
 1526 E. Warner, Suite 75
 Santa Ana California 92705

Frank S.	San Clemente	2 years
Dave B.	Laguna Niguel	5 years
Rich S.	Dana Point	5 years
Stephanie L.	Dana Point	7 years
Pete H.	Aliso Viejo	8 years
Barbara G.	Laguna Niguel	12 years
Joanne C.	Costa Mesa	14 years
Eric T.	Laguna Niguel	15 years
Bonnie J.	Garden Grove	19 years
Hilda P.	San Juan Capistrano	19 years
Dalis S.	Garden Grove	24 years
Tracy O'B	Laguna Beach	25 years
Annie B.	Santa Ana	26 years
Kenneth L.	Mission Viejo	31 years
Regina K.	Laguna Beach	31 years
George H.	Laguna Niguel	33 years

**2009 Orange County
 Intergroup Service Board**

Chair, Frank M.
 Vice Chair, Pearl
 Treasurer, Art H.
 Secretary, Nick N.
 Central Office, Roxanne R.

Who? What? When? Where?

Public Relations Committee, Barry P.
 Meets the 3rd Wednesday of the month at 6:30 pm
 Group Relations Committee, Carlos T.
 Meets the 4th Wednesday of the month at 7:00 pm
 Lifeline Committee, Bill W.
 Meets the 1st Thursday of the month at 7:00 pm
 Special Events Committee, Ann M.
 Meetings scheduled as needed
 H & I Committee, Nick M.
 Meets the 2nd Sunday of the month at the Garden Grove Alano Club. Institutions meet at 4:00 pm; Hospitals meet at 6:00 pm. South Orange County H & I meets at the Laguna Beach Canyon Club the 3rd Wednesday of the month at 7:30 pm.

With the exception of H & I, the above committees meet at Central Office, 1526 Brookhollow, Suite 75, Santa Ana, CA 92705. If you are interested in serving on a committee or would like more information please contact the above or Central Office at 714-556-4555.

EVENTS

43rd Annual Las Vegas Roundup

November 26-29, 2009
Riviera Hotel
Las Vegas, NV
 www.LasVegasRoundup.com

WACYPA 13 Oregon

December 31, 2009—January 3, 2010
Hilton, Eugene
Eugene, OR
 www.wacypaa13.org

16th Annual Gratitude Weekend

January 22-24, 2010
Rancho Capistrano
San Juan Capistrano, CA

38th Annual ACYPAA 2010

February 11-14, 2010
Town & Country Resort & Convention Center
San Diego, CA
 www.acypaa2010.org
 info@acypaa2010.org

**2010 International
 Convention of A.A.**

"A Vision for You"
 July 1-4, 2010
 San Antonio Convention Center
San Antonio, TX

SPEAKER MEETINGS

Fullerton

8:00 pm
 Dreams Come True
 Friday Night Speaker Meeting
 1st Christian Church
 109 East Wilshire Avenue
 Contact: Paul P.
 11/06 V.J. & Felix, Fullerton
 11/13 Mo P., Fullerton
 11/20 Ray N., Fullerton
 11/27 Bill & Shannon W., Yorba Linda

Garden Grove

8:00 pm
 Saturday Night Speakers
 Garden Grove Alano Club
 9845 Belfast Dr
 Contact: Jon W.

Huntington Beach

7:00 pm
 Saturday Night Lite Speakers
 HOW Hall, 18582 Beach Blvd
 Behind Flower Kiosk @ Ellis
 Contact: Kevin B.

Orange

8:00 pm, Friday
 No Puffers Speaker Meeting
 Community of Christ Church
 385 S. Tustin Ave
 Contact: Brian C.
 11/06 Carlene B., Echo Park
 11/13 Tim H., Santa Ana
 11/20 Joni C., Cypress
 11/27 Bud, Santa Ana

7:00 pm
 Sober & Crazy Sunday Night Speakers
 7th Day Adventist Church
 1310 E. Walnut Ave, near Tustin Ave
 Contact: Audrey A.
 11/01 Scott S., Tustin
 11/08 Don O., Irvine
 11/15 Regina, Laguna Beach
 11/23 Karen N., Tustin
 11/29 Wendy L., Santa Ana

San Clemente

8:00 pm
 Thursday Night Big Speaker Mtg.
 San Clemente Friendship Center
 Contact: Bob B.

Tustin

8:00 pm
 Saturday Night Visiting Speaker
 St. Paul's Church, 1221 Wass St.
 Contact: Brian M.
 11/07 Glenn H., Tustin
 11/14 Parker S., San Clemente
 11/21 Manny A., Huntington Beach
 11/28 Bo S., Orange
 12/05 Melanie K., Mission Viejo
 12/12 Katherine B., Anaheim
 12/19 Andy E., Corona
 12/26 Gabe S., Westminster

*Please submit EVENTS and
 SPEAKER MEETINGS
 To lifelineeditor@yahoo.com
 by the 15th of the month.*

WHY WE WERE CHOSEN

GOD in His wisdom selected this group of men and women to be purveyors of His goodness. In selecting them through whom to bring about this phenomenon, He went not to the proud, the mighty, the famous or the brilliant. He went instead to the humble, to the sick, to the unfortunate. He went right to the drunkard, the so-called weakling of the world. Well might He have said to us:

Unto your weak and feeble hands I have entrusted a power beyond estimate. To you has been given that which has been denied the most learned of your fellows. Not to scientists or statesmen, not to wives or mothers, not even to my priests or ministers have I given this gift of healing other alcoholics which I entrust to you.

It must be used unselfishly; it carries with it grave responsibility. No day can be too long; no demands upon your time can be too urgent; no case be too pitiful; no task too hard; no effort too great. It must be used with tolerance for I have restricted its application to no race, no creed, and no denomination. Personal criticism you must expect; lack of appreciation will be common; ridicule will be your lot; your motives will be misjudged. You must be prepared for adversity, for what men call adversity is the ladder you must use to ascend the rungs toward spiritual perfection, and remember, in the exercise of this power I shall not exact from you beyond your capabilities.

You are not selected because of exceptional talents, and be careful always, if success attends your efforts not to ascribe to personal superiority that to which you can lay claim only by virtue of my gift. If I had wanted learned men to accomplish this mission, the power would have been entrusted to the physician and scientist. If I had wanted eloquent men, there would have been many anxious for the assignment, for talk is the easiest used of all talents with which I have endowed mankind. If I had wanted scholarly men, the world is filled with better-qualified men than you who would be available. You were selected because you have been the outcasts of the world and your long experience as drunkards has made or should make you humbly alert to the cries of distress that come from the lonely hearts of alcoholics everywhere.

Keep ever in mind the admission you made on the day of your profession in AA- namely that you are powerless and that it was only with your willingness to turn your life and will unto my keeping that relief came to you.

GROUP CONTRIBUTIONS TO CENTRAL OFFICE— September

	SEP	YTD					
			Sa 10:30A-BB Stdy, 9845 Belfast	\$55	\$110	M-F 7:00A-Meets/Ruby's, 30622 PCH	\$50
			HUNTINGTON BEACH			Su 7:05A-Montage Grp, (Montage)	\$978
			Dly 6:00A-Early Birds, 19092 Beach Blvd	\$25	\$25	Su 10:00A-Heisler Park Disc, Cliff	\$165
			Dly 7:00A-Hggrs/Bill Sees It, 8200 Ellis	\$400	\$2,100	Su 6:00P-As Bill Sees It, 340 St Anns	\$140
			Dly 7:30A-Attitude Mod., 19092 Beach Blvd		\$120	Su 6:00P-GV Stdy, 21632 Wesley Dr	\$225
			Dly 8:00A-Hggrs II, H.B Lifegrnd Tower 11	\$343	\$1,805	Su 7:00P-TIS Spkrs, 31872 Coast Hwy	\$150
			Su 9:00A-On/Beach, Lifegrnd Tower 11	\$90	\$180	Mo 6:30P-(W)'s Perspect, 20456 LCR	\$42
			Su 10:00A-Sober Sharing, 19092 Beach Blvd		\$120	Mo 6:30P-(W)'s BB Stdy, Wesley	\$100 \$300
			Su 5:00P-Creative Sharing, 19092 Beach Blvd	\$200	\$340	Mo 7:00P-Mon Night (M)'s Stag @Pat's	\$60
			Su 7:30P-Disc, 20444 Magnolia	\$120	\$780	Mo 8:00P-(M)'s Stag, 20456 LCR	\$130
			Mo 12:00P-(W)'s Bill Sees It, 18631 Chap		\$370	Mo 8:00P-(M)'s BB Stdy, 31872 PCH	\$70 \$70
			Mo 6:00P-Sprkr/Q&A/Part, 6622 Lakeview		\$120	Mo 8:00P-S/Coast (M)'s, 340 S/Ann's	\$298
			Mo 6:30P-Recoveretes, 7641 Talbert		\$39	Tu 7:00A-.BB Stdy, 20456 LCR	\$200 \$431
			Mo 7:00P-(W)'s Sans, 18631 Chapel Ln.		\$166	Tu 12:30P-Serenity-Sea (W)'s, 340 St Ann's Dr.	\$432
			Mo 7:30P-(M)'s BB & 12&12, 1912 Florida		\$383	Tu 12:30P-(W)'s Disc, 20456 LCR	\$350
			Tu 1:00P-Harmony (W)'s, Edinger/Denney's	\$40	\$160	Tu 6:00P-Here & Now, 20456 LCR	\$100
			Tu 7:30P-Beginners (M)'s, 19822 Beach	\$267	\$1,205	Tu 6:30P-(M)'s Beg, 31872 So/Coast	\$2,517
			Tu 7:30P-(W)'s Disc., 8200 Ellis		\$69	Tu 6:30P-(W)'s Disc, 31872 So/Coast	\$160
			Tu 7:30P-(W)'s Serenity BB, 20444 Magn		\$432	Tu 7:30P-By The Book, 20456 LCR	\$277
			Tu 8:00P-Newcms (M)'s Grp, 20444 Magn		\$102	We/Sat 7:00A-Whale Watch (M)'s, PCH	\$822
			We 7:30A-Attitude Mod, 19092 Beach Blvd		\$120	We 6:00P-Beginner's, 20456 LCR	\$40
			We 1:00P-(W)'s Stdy, 9812 Hamilton	\$35	\$70	We 8:00P-So.Coast Spkrs, 286 St. Anns	\$280
			We 2:00P-Seniors & Friends 1718 Orng	\$45	\$330	Th 7:05A-W's Dolphins at Day, Salt Creek Beach	\$107 \$294
			We 6:30P-(W)'s Step Stdy, 7641 Talbert		\$55	Th 12:30P-(W)'s Disc., 415 Forest Ave.	\$150
			We 7:00P-Triangle Grp B/B Stdy, 2721 Delaw	\$80	\$240	Th 6:00 P-(W)'s Disc,20456 LCR	\$238
			Th 7:30A-Attitude Mod, 19092 Beach Blvd		\$60	Th 6:30P-(M)'s BYOB 12& 12 SS, 21632	\$284
			Th 10:00A-(W)'s BB Stdy, 18631 Chapel		\$255	Fr 12:00P-Q & A, 20456 LCR	\$60
			Th 6:00P-Ovr 40/Going Strong, 18582 Bch		\$42	Fr 6:00 P-Happy Hour and Half, 20456 LCR	\$160
			Th 6:30P-BB Stdy, 6622 Lakeview		\$100	Fr. 7:45P-Surrender to Win, 20456 LCR	\$120
			Th 7:30P-11th Step Disc., 1912 Florida		\$60	Fr 7:30P-Candlelight Acceptance., 20456 LCR	\$140
			Fr 7:30A-Mens Book Study, 19092 Beach Blvd.		\$70	Fr 8:00P-Here & Now, 21632 Wesley	\$140
			Fr 10:00A-Step Sisters, 18631 Chapel Ln.		\$348	Sa 7:00A-Whale Watchers Men's, PCH@Wesley	\$517 \$1,338
			Fr 6:00P-(M)'s/Solution, 7111 Talbert Ave		\$100	Sa 12:30P-Into Action, 20456 LCR	\$100
			Fr 6:30P-BB Stdy, 16400 Springdale		\$100	Sa 5:00P-Big Book Study, 20456 LCR	\$33
			Fr 7:30P-BB Stdy, 16650 Saybrook Lane		\$70	Sa 7:00P-Beginners, 31872 PCH	\$978
			Fr 8:00P-HB Downtowners, 2721 Delaware		\$60	Sa 8:00P-Night Spkr Mtg, 20456 LCR	\$400
			Sa 7:30A-(M)'s Stag Book Study, 19092 Beach	\$70	\$140	Sa 8:00P-Living Sober Spkrs, 428 Park	\$300
			Sa 7:30A-(M)'s Disc 9812 Hamilton		\$240	LAGUNA HILLS	
			Sa 9:30A-W BB Stdy, 19092 Beach Blvd		\$60	Su 7:30P-Legacy Grp, 23802 Ave de la Carlotta	\$743
			Sa 9:30A-Charle St. Overflow, 9812 Hamilton	\$30	\$70	Mo 6:00P-(W)'sDisc, 23802 A D Carlotta	\$420
			Sa 10:00A-(W)'s BBStdy, 18631 Chapel	\$125	\$902	Tu 7:00P-(M)'s Stag, 23802 A D Carlotta	\$200
			Sa 7:00P-Sat Nite Live BB, 18631 Chapel	\$40	\$462	We 7:00P-Get Happy 12&12 Stdy, A D C	\$84
			IRVINE			Th 12:30P-(W)'s Topic Disc, 23181 Verdugo	\$339
			Dly 6:30A-Sunrise Sobriety, 4400 Barr	\$398	\$4,376	Th 7:00P-Sober Ladies Candlelight Disc. 22911	\$20
			Dly 7:00A-Solu Grp Mar, 5001 Newport Coast	\$5,194	\$5,194	Sa 11:00A-Acceptance Grp, 23802 Ave de la Ca	\$313
			M-F 12:00P-Irvine Noon Grp, 5101 Alton		\$1,000	LAGUNA NIGUEL	
			Su 10:00A-Donut Mtg, 6670 Alton Pky	\$100	\$450	Su 8:00P-Crown Vally Spkr, Comm Park	\$100
			Su 6:00P-Farsi Speaking AA Meet, 6670 Alton		\$285	Mo 7:00A-Morn (M)'s Stag B2B, 30071 Ivy Glenn	\$450
			Su 7:30P-BonitaCnyn Disc, 5001 Nwprt		\$240	Mo 10:30A-(W)'s 12X12 Stdy, 27802 El Lazo	\$108 \$671
			Mo 6:00P-(W)'s B. B. Topic, 6670 Alton		\$137	Mo 8:00P-12&12 Stdy, 30121 Niguel Rd	\$100
			Mo 6:30P-Easy Does It, 4949 Alton	\$58	\$268	Tu 7:00A-Tues Morning (M's) BB/SS, 30121 Nig	\$32
			Mo 6:30P-(W)'s BB Topic Disc, 4949 Alt		\$60	Tu 6:00P-Chicks/Run SS, 2702 El Lazo	\$15
			Mo 7:30P-(W)'s Disc., 15 Orange Tree		\$39	Tu 6:30P-(M)'s Disc/Munch L N Reg Park	\$463
			Tu 12:00P-(W)'s BB Stdy, 5101 Alton Pky		\$296	Tu 7:30P-Book Stdy, 30121 Niguel Rd.	\$85 \$85
			Tu 6:00P-Courage To Change, 18182 Culv		\$320	We 6:00P-Book Stdy, 30121 Niguel Rd.	\$70
			Tu 7:00P-(M)'s K.I.S. 12X12, 14301 Yale		\$420	We 7:30P-Book Stdy, 30121 Niguel Rd.	\$46
			Tu 7:30P-Good Guys (M)'s, 55 Deerwood		\$65	Fr 7:00A-Back to Basics Men's, 30120 Town C D	\$490 \$1,155
			Tu 7:30P-(M)'s Stag BB Grp, 4445 Alton PKW		\$108	Fr 10:30A-(W)'s Disc., 30071 Ivy Glenn	\$150 \$390
			We 6:30P-B. B. Topic Disc., 5001 Nwprt	\$78	\$1,086	Fr 7:30P-Here & Now, 24360 Yosemite	\$100
			We 7:30P-Wild Bunch Beg's, 10 Federat		\$266	LAGUNA WOODS	
			We 8:00P-12 Solutions SS, Harvard		\$200	Dly 7:30A-Do It Sober, 24442 Moulton	\$360 \$3,780
			Th 12:00P-Irvine (M)'s Lunch, 5001 Nwprt		\$128	Mo 7:30P- Nite SS Grp, 24442 Moulton	\$120
			Th 6:30P-(W)'s Gypsies, Deerfield & Turtle		\$316	Tu 7:30A-12 Step Meeting, 24442 Moulton	\$45 \$45
			Fr 10:30A-Over 50 Grp, 4400 Barranca PKWY	\$75	\$503	We 7:30A-BB Meeting, 24442 Moulton	\$120
			Fr 12:00P-(W)'s Topic Disc, 5101 Alton P		\$249	We 1:15P-(W)'s BB Stdy, 24351 El Toro	\$340
			Fr 5:30P-Topic Disc.Grp, 6650 Alton (Kaiser)	\$25	\$412	Fr 10:00A-Top/Hill Gang, 24252 El Toro	\$70 \$420
			Fr 7:00P Winning Tkt Bk Stdy, 1 Sunnyh		\$292	LA HABRA	
			Fr 7:30P-Brothers in Sobriety, 4400 Barranca		\$450	LAKE FOREST	
			Fr 8:00P-Little Grp, 18422 Culver		\$214	Th 7:30P-Mustard Seed SS, 23262 El Toro	\$53 \$154
			Sa 9:15A-SS, 5101 Alton Pky	\$157	\$803	LA MIRADA	
			Sa 11:00A-B.B Stdy, 1 Sunnyhill - Turtle		\$510	LAS FLORES	
			Sa 7:00P-Sprks, 1 Sunnyhill - Turtle		\$240	Sa 7:15P-Mission Spkrs., 26111 Antonio	\$70 \$570
			LAGUNA BEACH			LOS ALAMITOS	
			Dly 7:00A-Attitude Adj, 20456 LCR		\$520	We 7:30P-Ice Breakers Grp, 4111 Katella	\$350
			Dly 7:05A-Attitude Adj, 31872 PCH		\$2,030		
			Dly 7:05A-Attitude Adj, 31106 PCH (C)		\$1,093		

Continued on page 10

Group Contributions cont. from page 9

MISSION VIEJO ^ ^		
Daily Saddleback Valley Grp, 23166 Los Alisos	\$70	\$210
Mo&Th 7:30P-BB Stdy, Jeronimo & Marg.	\$200	\$1,266
Mo 7:00P- (W)'s SS, 26051 Marg.	\$120	\$420
Mo 7:00P-(W)'s Book Stdy, 26558 Marg.		\$220
Mo 7:30P-B/Ring (M)'s Stag, 27641 Aqua		\$191
Tu 7:30P-Design for Living BB, 26558 Marg		\$89
We 9:30A-(W)'s, 26051 Marguerite Pky		\$219
We 8:30P-Missionaries Disc, 26558 Marg.		\$286
Fr 8:30P-Couch Meeting, 26001 Muirlands Blvd		\$370
NEWPORT BEACH ^ ^		
Dly 6:30A-Jumpstart Disc, 414 E. 32nd St.		\$600
M-F 12:15P-Shark@Aquatic, 1Whitecliffs	\$420	\$2,520
M-F 5:30P-Fish Out'a Water, 414 E. 32nd		\$120
Su 9:30A-Sandy Survivors, On/Beach	\$197	\$1,229
Su 7:00P-Primary Purp Grp, Dover&16th	\$100	\$2,999
Su 7:30P-Sprks, 414 E. 32nd St		\$1,805
Mo 9:00A-(W)'s Step Stdy, 414 E. 32nd		\$75
Mo 12:30P-Back Bay (M)'s, 1201 Irvine		\$1,400
Mo 7:00P-Language of the Heart (W's) 2414 V		\$233
Mo 7:00P-Over 40 Disc, 1099 Bayside Dr.	\$40	\$80
Mo 8:00P-(M)'s Disc, 301 Nwprt Blvd	\$38	\$1,403
Mo 8:00P-(W)'s Beg Disc, 301 Nwprt Blvd		\$200
Mo 8:00P-SS, 414 E. 32nd St.		\$11
Tu 6:00P-Dover (W's) 12 & 12, 798 Dover		\$70
Tu 7:00P-B St Bonfire-1st Fire Ring/Ocean	\$37	\$37
Tu 7:00P-NB/CDM (M)'s, 414 32nd St.		\$342
Tu 7:00P-(W)'s B/Stdy, 2414VistaDelOro		\$300
Tu 7:30P-Men's Book Study, 798 Dover Dr.	\$150	\$150
We 6:00P-Men's, 414 E. 32nd Street		\$190
We 6:30P-Wed Nite W's 12+12, 883 W. 15th S		\$350
We 7:30P-Wed Night (M)'s, 2401 Irvine	\$65	\$215
We 7:30P-BB Stdy, 600 St. Andrew		\$218
We 8:00P-Recovery Radicals, 301Nwprt		\$845
Th 7:00P-Over 40's, 414 32nd Street	\$25	\$165
Th 7:30P-Balboa Spkr Grp, 414 E. 32nd		\$385
Fr 12:15P-(M)'s Business Disc, 414 32nd		\$630
Fr 7:00P-Friday Q & A, 414 32nd Street		\$120
Sa 8:30A-Men's Book Study, 414 E. 32nd		\$317
Sa 6:00P-Discover Grp, 1 Whitecliff Dr.		\$140
Sa 8:30P-Hoag Hut Spkr, 301 Nwprt Ave	\$1,000	\$1,000
ORANGE ^ ^		
Dly 7:00A-Early Birds, 812 Town&Cntry	\$140	\$900
M-F 5:30P-Tustin Rush Hour, 1800 E. La Veta	\$147	\$1,555
Su 11:00A-Sun Pumpers, 705 W LaVeta	\$70	\$700
Su 7:00P-Sprkr/Orange, 1800 E LaVeta		\$80
Su 7:00P-Sober & Crazy Spkrs, 1310 E. Walnut		\$387
Mo 7:00P-(W)'s Step Stdy, 161 Orange	\$50	\$329
Mo 7:30P-Beg Disc, 705 W La Veta		\$100
Mo 7:30P-Step Out Easy, 200 N. Lewis		\$49
Tu 7:00P-Double Scoop Bk Stdy, W La Veta	\$67	\$67
Tu 7:00P-(W)'s Keep It Simple, 1310 E Walnut		\$41
Th 7:30P-777 (M)'s Stag, 395 S Tustin		\$500
Fr 7:00P-As Bill Sees It, 161 S. Orange		\$90
RANCHO SANTA MARGARITA ^ ^		
Su 7:00P-Old Time AA 12&12, 30605 Fl	\$75	\$150
Mo 7:00P-(W)'sStal/Sober, 30382VCD		\$140
Mo 7:30P-(M)'s, 30605 Ave de la Flores		\$225
Tu 7:30P-Old TimeAA BB Stdy, 30382 VCD	\$78	\$639
We 6:30A-Att & Grat, 30605 Ave D/L Flores	\$420	\$1,739
We 7:30P-RSM StepStdy, 30382 VCD	\$70	\$130
Fr 7:30P-Roads End Part, 30322 VCD	\$90	\$330
Sa 10:30A-(W)'s BB Stdy, VCD		\$260
SAN CLEMENTE ^ ^		
Dly- Groups, SC Friendship CTR,929 Calle Ne		\$75
Mo 7:00P-N.O.I. (M)'s, Camino Capist		\$560
Tu 6:00P-(W)'s Disc, 190 Ave La Pata	\$119	\$294
Tu 6:30P-(M)'s Stag/Munchies, 35522 Cam. C		\$470
Fr 7:00P-(W)'s Book Stdy, Ave.Aragon		\$280
Fr 8:00P-Aragon Spkrs, 202 Ave Aragon		\$60
SAN JUAN CAPISTRANO ^ ^		
Dly 7:00A-SJGroup Eye Opener, 27514 C Arr	\$1,612	
Dly 6:00A-Taking a Trip, 27174 Ortega Hwy	\$1,380	
Dly Various- San Juan Meetings, 27514 Calle	\$485	\$831
Su 5:00P-SJGroup 1 Hr Top Disc, 27514 C Arr	\$210	\$910
Tu 7:00P- SJGroup Hear Here Part, 27514 C A		\$320

We 6:15P-Speaker Disc Group, 27112A Pasea E		\$240
We 7:00P-SJGroup 11th Step Disc, 27514 C Arr		\$200
Th 9:30A-(W)'s Back 2 B B/S, 27122A Paseo Es		\$565
Th 6:00P-Do The Steps, 32202 Del Obispo		\$120
Th 7:30P-(M)'s Q & A, 32202 Del Obispo		\$480
Fr 7:00P-Step Sudy, 27514 Calle Arroyo		\$197
SANTA ANA ^ ^		
Mo-Sa 7:30A-Disc Early Birds, 212 Elk		\$120
Mo 7:00P-(M)'s Disc, 1st & Lyon Elks L	\$40	\$100
Sa 8:00P-Coop Fell Spkr, 417 N Cooper		\$30
SEAL BEACH ^ ^		
Mo 7:30P-Seal Bch Spkrs, 500 Marina Dr		\$828
We 7:30P-(M)'s SS, 8th & Central	\$100	\$150
SILVERADO CANYON ^ ^		
Th 7:30P-Fireside Disc, 27641 Silverado Cyn	\$78	\$207
SUNSET BEACH ^ ^		
Su 10:00A-Sunset Bch Mtg, PCH & Warner		\$151
Su 7:00P-11th SS, 16865 PCH		\$140
Tu 7:00A-Disc, 16865 PCH	\$90	\$90
Tu 6:00P-Disc, 16865 PCH		\$62
Tu 8:00P- Nomad'sBB Study, 16865 PCH		\$15
We 12:00P-Promises Meet, 16865 PCH		\$150
Th 7:00P-Participation, 16865 PCH		\$60
Fr 12:00P-Disc, 16865 PCH		\$200
Sa 7:30A-Disc, 16865 PCH		\$324
TUSTIN ^ ^		
Dly 6:00A-Foothill Early Risers, 19211		\$750
Dly 6:00A-Attitude Mod, 1221 Wass	\$203	\$1,901
Dly 12:00P-Brown Baggers, 130 W. Main		\$350
M-F 12:00P-Alkies Winners, 555 W.Main	\$287	\$2,507
Su 6:00A-Attitude Modification, 130 W. Main		\$354
Mo 6:16P-Tustin (W)'s 12X12, 1221 Wass		\$20
Tu 12:00P-(W)'s 12 & 12, 19211 Dodge A		\$30
Tu 7:00P-BB Stdy, 19211 Dodge	\$80	\$494
Tu 8:00P-Steps 1-4, 1201 Irvine		\$110
We 7:00P-Lucky Stiffs (M)'s, 18542 Vander		\$183
We 7:00P-(W)'s Solutions, 19211 Dodge		\$203
Th 9:00A-(W)'s SS, 14402 Prospect		\$25
Th 6:00 P-Th 12&12 SS, 19211 Dodge		\$18
Th 6:15P-(W)'s Living Sober, 1221 Wass.		\$175
Th 7:00P-12 Steps & 12 Trads, 225 Main		\$100
Fr 11:00A-(W)'s B/B Study, 14402 S. Prospect		\$25
Fr 8:00P-Disc, Pinetree Park (130 W Main)		\$400
Sa 8:00P-Visiting Spkrs 1221 Wass		\$220
VILLA PARK ^ ^		
Dly 7:30A-24 Hour Book Grp, 17855 Santia		\$727
Fr 12:00P-(W)'s BB Stdy, 17855 Sant		\$97
WESTMINSTER ^ ^		
Mo 7:30P-12&12Beginners, 15750 Mag		\$135
WHITTIER ^ ^		
UNLISTED GROUPS ^ ^		
Women's Meeting Coyote Grill		\$109
Mo Mon Night B/B Study, HB		\$100
Tu 7:00P-Tu Night Roving Surfer's Stag		\$140
Th 6:00P Double Winners, Canyon Club		\$100
Th 7:00P-BB Stdy (UL) LB		\$40
Th 7:30P-Sprk, Leisure World Lag Woods (UL)	\$240	\$240
Fr 5:30P- B/B Study, Irvine UL		\$599
Fr 8:00P-Family Afterward (UL) Sunset B		\$175
WANDERING GROUPS ^ ^		
Tu 6:00P-Wandering Step Sisters		\$280
We 7:30P- Rolling Men's Stag BB Study		\$100
(W)'s Wandering-South County UL	\$49	\$367
Th 6:30P-RSM (3rd Thurs) Wandering		\$91
MISC. DONATIONS ^ ^		
OCCO Change Can		\$70
Satellite Office Change Can	\$9	\$27
Intergroup Meeting	\$102	\$1,017
Laguna Beach 4th Step Workshop		\$100
LB Miracles Happen Convention		\$369
Men's Banquet 2008		\$703
PERSONAL DONATIONS ^ ^		
Anonymous	\$200	\$1,420
Angela M.		\$30
Chelsea R., Costa Mesa	\$60	\$60
Chris P. Santa Ana		\$75
Courtney R., Fountain Valley		\$50
Dennis C. Laguna Hills	\$70	\$70

Edwin M., San Clemente		\$500
Elizabeth B., Laguna Niguel	\$140	\$140
Geri D. HB		\$39
James R., Orange		\$100
Jeff P.		\$35
Julie L.		\$100
June L., Irvine		\$150
Kirk B., Costa Mesa		\$120
Laura D., Capistrano Beach	\$150	\$600
Mary L., Mission Viejo		\$500
Norman M. Tustin		\$50
Robbin S. Costa Mesa	\$5	\$5
Wanda R., Huntington Beach		\$45
Wanda M., Irvine		\$20
Theresa W., Newport Beach	\$50	\$450
IN LOVING MEMORY ^ ^		
Memorial to John O'C. of Laguna		
GROUP INFORMATION		
REQUESTED ^ ^		
Receipt#1134		\$130
Receipt#1480 Newport Beach?		\$236
Receipt#1490 Seal Beach? Sat AM		\$79
Receipt#1503 Garden Grove GG		
Alano Club		\$15
Receipt#1241		\$112
Receipt#1767 San Clemente?		\$298
Receipt#1779		\$140
Receipt#1864 HB, WED?		\$49
Receipt#1865		\$60
Receipt#2015 HB, Men's		\$478
Receipt#2155		\$70
Receipt#2148		\$84
Receipt#2165		\$200
Receipt#2241	\$180	\$180
Receipt#2248	\$30	\$30
Receipt#2249	\$175	\$175
Receipt#2261 Pamela L Mtg., Irvine	\$184	\$184
Receipt#2349 HB, Tues Women's	\$13	\$13
Receipt#2360 Sunset Beach	\$50	\$50
Receipt #1894 Sat, Seal Beach		\$124
TOTALS	\$19,770	\$146,938

WEB STATISTICS

The first on-line issue of the *Lifeline* was posted to our web site in July of 2006. However, when our site hosting company changed servers in June, 2007, some usage statistics before then were lost. Since January, 2007, the Lifeline home page has been viewed 12,007 times. Individual issue files have been viewed 22,295 times.



In September, there were 16,161 "visits" to www.oc-aa.org. From Nov., 2008, through September, 2009, visits averaged 16,022 per month.

CALL FORWARDING

**“Alcoholics Anonymous,
how may we help you?”**



CALL FORWARDING:

The call forwarding program instituted by Orange County Central Office insures that our help line phones are answered by volunteers 24/7. During hours when the Central Office is closed, calls to the Central Office are forwarded to a call forwarding volunteer’s home or cell phone, where the volunteer answers the calls just as if he or she were sitting in the Central Office. This service allows the Central Office to realize a significant cost saving because we do not need to contract with a phone answering service. Even more vital, when a call is placed to Alcoholics Anonymous in Orange County, the caller will be talking to an Alcoholics Anonymous member not a phone service! This truly is “front-line” 12th Step work and we would appreciate any time you can give.

SHIFTS:

Monday thru Friday shifts are 6am to 9am, 6pm to 9pm and 9pm to 6am. Saturday shifts start with the 6am to 9am. The Central Office opens and covers from 9am to 1pm on Saturdays. The phones are then forwarded to volunteers to cover the phones from 1pm to 4pm, 4pm to 7pm, 7pm to 10pm and 10pm to 6am. On Sundays and Holidays shifts begin at 6am with the 6am to 10am, and continue with 10am to 2pm, 2pm to 6pm, 6pm to 10pm and 10pm to 6am.

VOLUNTEERING:

In order to volunteer for this service it is suggested that you have two years of sobriety. You must than arrange with the Central Office Manager in Santa Ana or the Satellite Office Manager in Mission Viejo for a brief orientation session which will be held at one of the offices. Shifts are available please call the Central Office at (714) 556-4555 or the Satellite Office at (949) 582-2697.

ORANGE COUNTY CENTRAL OFFICE

1526 Brookhollow, Suite 75

Mailing address:

1526 E. Warner, Suite 75, Santa Ana, CA 92705

Phone: (714) 556-4555

Fax: (714) 556-7231

E-mail: ocaa7664@sbcglobal.net

Web site: www.oc-aa.org

Office hours:

Mon-Fri: 9:00 AM to 7:00 PM; Sat: 9:00 AM to 1:00 PM

South County Office

27281 Las Ramblas, Ste.135, Mission Viejo, CA 92691

Phone: (949) 582-2697

Fax: (949) 582-2611

E-mail: socooa@sbcglobal.net

Office hours:

Mon-Fri: 10:00AM to 5:00 PM

ORANGE COUNTY INTERGROUP ASSOCIATION OF AA

Statement of Income and Expenses for Period Ending 09/30/2009

INCOME	SEPTEMBER	YTD
Group Donations	\$18,934.49	\$141,212.89
Individual/Fellowship	\$683.81	\$4,476.11
Literature Sales	\$8,747.18	\$83,293.35
Birthday Donations	\$153.00	\$4,720.35
In Memoriam	\$0.00	\$275.00
Intergroup Donations	\$101.50	\$1,016.54
Special Events	\$0.00	\$0.00
Interest Income	\$227.70	\$1,451.07
Misc. (Repaid Bounced Checks)	\$0.00	\$249.93
TOTAL INCOME:	\$28,847.68	\$236,695.24
EXPENSES		
Audits/Accounting	\$0.00	\$5,375.00
Auto (All Managers)	\$56.10	\$510.11
Cash/Invoices OverShort	-\$0.68	-\$27.47
Insurances	\$0.00	\$3,622.69
Intergroup Expense	\$20.00	\$1,741.50
Lease Expense	\$329.83	\$2,686.62
Sales Tax on Lease	\$28.86	\$161.34
Maintenance & Repairs	\$309.88	\$1,206.70
Volunteers Coffee + Water	\$54.63	\$861.68
Offices' Supplies + Expenses	\$277.86	\$2,142.12
Pension Fund	\$0.00	\$800.00
Postage	\$44.00	\$567.52
P/I, Donated Literature	\$16.50	\$687.95
Rent Main/Satellite Offices	\$2,882.71	\$26,448.55
Salaries	\$11,275.56	\$93,725.82
Reimb. Health Insurance	\$280.07	\$2,521.13
Payroll Tax Expense	\$1,067.54	\$8,651.94
Taxes & Licenses	\$0.00	\$195.74
Telephone Expense	\$957.63	\$5,662.45
LIFELINE Expense	\$1,148.00	\$10,234.70
Cost of Literature Sold	\$7,473.03	\$71,160.70
Special Events	\$216.08	\$1,783.99
Misc. (Returned Checks)	\$16.60	\$368.87
TOTAL EXPENSES:	\$26,454.20	\$241,089.65
INCOME/(LOSS):	\$2,393.48	-\$4,394.41

The *Lifeline* Committee would like to apologize for the event notice about the Orange County Sober Poker Run. The Committee regrets any disharmony this may have caused, and will be careful in the future regarding similar events.

We Are Not A Glum Lot

CLASSIC CARTOONS AND JOKES
FROM THE AA GRAPEVINE



"My sponsor says I have to keep an open mind – but I think mine's closed for repairs."

Liquor doesn't drown your troubles--it only irrigates them!

IN RESPONSE TO OUR REQUEST for new and different ways to say no to the well-meaning person who offers us a drink, E. B. of Akron, Ohio, sent in her favorite reply: "No, thanks. I don't drink on days that end with the letter y."



"Rigorous honesty... rigorous honesty... rigorous honesty..."

Seems there was a drunk who made a bet with the bartender that he could name any drink set before him. The bartender mixed up a few. The drunk downed each, naming them without any difficulty. The bartender, hoping to win his money back, bet double or nothing he'd make one the drunk couldn't identify. Kneeling behind the bar, he poured a glass of straight tap water and handed it across. The drunk took a couple of sips, thought about it a moment, then confessed, "You've got me. I can't name it, but whatever it is, it's not going to sell!"

NOVEMBER IS "GRATITUDE" MONTH

L O M J A Y G R A T I T U D E
 Y F W H L Z S V N G H A O G C
 J C J T C P X E O A K H E E F
 R Z I G O M J S N O I T C A R
 F Y T N H E H K Y T E N H S N
 D I S E O B S U M V M O Y B T
 Z O R L L G O N O V E M B E R
 R A E O I H B L U F E T A R G
 V O M V C D R U S S T S U R T
 K R I G S N I H S T I M M M X
 H N T Y B R E B O S N W O H S
 G H D L O A T Z D U G D K T B
 L M L O R E Y R T S S N O E J
 E U O T B L O R M I J T O A E
 F U V E R W T Z W B F L U K S

Word List

- Actions
- Grateful
- Length
- Oldtimers
- Sponsor
- Alcoholics
- Gratitude
- Meetings
- Show
- Thanksgiving
- Anonymous
- Heart
- Month
- Sober
- Wisdom
- Full
- Learn
- November
- Sobriety
- Words
- Love
- Trust

A DRUNK ON A BUS staggered up the aisle and finally flopped into a seat beside a little old man. The man looked the drunk up and down, snorted, and said, "I've got news for you, fella. You're going straight to hell!" The drunk leaped up and exclaimed, "Good heavens, I'm on the wrong bus!"

The still functioning alcoholic went for her annual physical. "Well, Doc, how do I stand?" she asked.

"That's what puzzles me," the doctor replied.