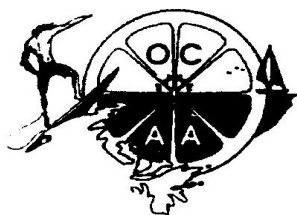


Santa Ana, CA

Lifeline



2009



Orange
County
Intergroup
Association

Inside this issue:

<i>The Bill W.—Carl Jung Letters</i>	1,2,3
<i>Dear Alkie Alma</i>	3
<i>To the Editor</i>	4
Intergroup Service Board	4
Birthdays	4
<i>I've Been Sober for 15 Days</i>	5
<i>Turning Point—Life on Spiritual Lines</i>	5
<i>Step 9—A Bonus in Step 9</i>	6
Central Office Activity	6
Meeting Changes	7
<i>Tradition Nine</i>	7
Events/Speaker Meetings	8
Web Site Statistics	8
Group Contributions	9,10
Statement of Income and Expense	11
We Are Not a Glum Lot	12
Recovery Word Search	12

The Orange County Intergroup Association Meeting

Wednesday, September 9th at 7:00 PM

COSTA MESA SENIOR CENTER
695 W. 19th St.
Costa Mesa 92627

The Bill W. —Carl Jung Letters

HERE is a vital chapter of AA's early history never before published. Before Bill brought the message to Bob, even before Ebbie carried the message to Bill, there was one--known as Roland H.--who had taken the message to Ebbie. Roland H., a helpless, hopeless alcoholic, had been set on the spiritual path to recovery by the celebrated psychiatrist, Dr. Carl Jung of Zurich. This extraordinary exchange of letters reveals for the first time not only the direct historical ancestry of AA, but the bizarre situation wherein Jung, deeply involved with scientists and with a scientific reputation at stake, felt he had to be cautious about revealing his profound and lasting belief that the ultimate sources of recovery are spiritual sources. Permission to publish Dr. Jung's letter has been granted to the Grapevine by the Jung estate.

January 23, 1961
Professor, Dr. C. G. Jung
Kusnacht-Zurich
Seestrasse 228 Switzerland
My dear Dr. Jung:

This letter of great appreciation has been very long overdue. May I first introduce myself as Bill W., a co-founder of the society of Alcoholics Anonymous®. Though you have surely heard of us, I doubt if you are aware that a certain conversation you once had with one of your patients, a Mr. Roland H., back in the early 1930's, did play a critical role in the founding of our fellowship. Though Roland H. has long since passed away, the recollections of his remarkable experience while under treatment by you has definitely become part of AA history. Our remembrance of Roland H.'s statements about his experience with you is as follows: Having exhausted other means of recovery from his alcoholism, it was about 1931 that he became your patient. I believe he remained under your care for perhaps a year. His admiration for you was boundless, and he left you with a feeling of much confidence.

To his great consternation, he soon relapsed into intoxication. Certain that you were his "court of last resort," he again returned to your care. Then followed the conversation between you that was to become the first link in the chain of events that led to the founding of Alcoholics Anonymous.

My recollection of his account of that conversation is this: First of all, you frankly told him of his hopelessness, so far as any further medical or psychiatric treatment might be concerned. This candid and humble statement of yours was beyond doubt the first foundation stone upon which our society has since been built. Coming from you, one he so trusted and admired, the impact upon him was immense.

When he then asked you if there was any other hope, you told him that there might be, provided he could become the subject of a spiritual or religious experience--in short, a genuine conversion.

You pointed out how such an experience, if brought about, might remotivate him when nothing else could. But you did caution, though, that while such experiences had sometimes brought

Continued on page 2

Continued from page 1

recovery to alcoholics, they were, nevertheless, comparatively rare. You recommended that he place himself in a religious atmosphere and hope for the best. This I believe was the substance of your advice.

Shortly thereafter, Mr. H. joined the Oxford Groups, an evangelical movement then at the height of its success in Europe, and one with which you are doubtless familiar. You will remember their large emphasis upon the principles of self-survey, confession, restitution and the giving of oneself in service to others.

They strongly stressed meditation and prayer. In these surroundings, Roland H. did find a conversion experience that released him for the time being from his compulsion to drink. Returning to New York, he became very active with the "O.G." here, then led by an Episcopal clergyman, Dr. Samuel Shoemaker. Dr. Shoemaker had been one of the founders of that movement, and his was a powerful personality that carried immense sincerity and conviction.

At this time (1932-34) the Oxford Groups had already sobered a number of alcoholics, and Roland, feeling that he could especially identify with these sufferers, addressed himself to the help of still others. One of these chanced to be an old schoolmate of mine, named Edwin T. ("Ebby"-Ed.). He had been threatened with commitment to an institution, but Mr. H. and another ex-alcoholic "O.G." member, procured his parole and helped to bring about his sobriety.

Meanwhile, I had run the course of alcoholism and was threatened with commitment myself. Fortunately I had fallen under the care of a physician--a Dr. William D. Silkworth--who was wonderfully capable of understanding alcoholics. But just as you had given up on Roland, so had he given me up. It was his theory that alcoholism had two components--an obsession that compelled the sufferer to drink against his will and interest, and some sort of metabolism difficulty which he then called an allergy. The alcoholic's compulsion guaranteed that the alcoholic's drinking would go on, and the allergy made sure that the sufferer would finally deteriorate, go insane, or die. Though I had been one of the few he had thought it possible to help, he was finally obliged to tell me of my hopelessness; I, too, would have to be locked up. To me, this was a shattering blow. Just as Roland had been made ready for his conversion experience by you, so had my wonderful friend, Dr. Silk-worth, prepared me.

Hearing of my plight, my friend Edwin T. came to see me at my home where I was drinking. By then, it was November 1934. I had long marked my friend Edwin for a hopeless case. Yet here he was in a very evident state of "release" which could by no means be accounted for by his mere association for a very short time with the Oxford Groups. Yet this obvious state of release, as distinguished from the usual depression, was tremendously convincing. Because he was a kindred sufferer, he could unquestionably communicate with me at great depth. I knew at once I must find an experience like his, or die.

Again I returned to Dr. Silk-worth's care where I could be once more sobered and so gain a clearer view of my friend's experience of release, and of Roland H.'s approach to him.

Clear once more of alcohol, I found myself terribly depressed. This seemed to be caused by my inability to gain the slightest faith. Edwin T. again visited me and repeated the simple Oxford Groups' formulas. Soon after he left me I became even more depressed. In utter despair I cried out, "If there be a God, will He show Himself." There immediately came to me an illumination of enormous impact and dimension, something which I

have since tried to describe in the book, "Alcoholics Anonymous," and also in "AA Comes of Age," basic texts which I am sending to you.

My release from the alcohol obsession was immediate. At once I knew I was a free man.

Shortly following my experience, my friend Edwin came to the hospital, bringing me a copy of William James' "Varieties of Religious Experience." This book gave me the realization that most conversion experiences, whatever their variety, do have a common denominator of ego collapse at depth. The individual faces an impossible dilemma. In my case the dilemma had been created by my compulsive drinking and the deep feeling of hopelessness had been vastly deepened by my doctor. It was deepened still more by my alcoholic friend when he acquainted me with your verdict of hopelessness respecting Roland H.

In the wake of my spiritual experience there came a vision of a society of alcoholics, each identifying with, and transmitting

his experience to the next--chain style. If each sufferer were to carry the news of the scientific hopelessness of alcoholism to each new prospect, he might be able to lay every newcomer wide open to a transforming spiritual experience. This concept proved to be the foundation of such success as Alcoholics Anonymous has since achieved. This has made conversion experiences--nearly every variety reported by James--available on almost wholesale basis. Our sustained recoveries over the last quarter century

number about 300,000. In America and through the world there are today 8,000 AA groups.

So to you, to Dr. Shoemaker of the Oxford Groups, to William James and to my own physician, Dr. Silkworth, we of AA owe this tremendous benefaction. As you will now clearly see, this astonishing chain of events actually started long ago in your consulting room, and it was directly founded upon your own humility and deep perception.

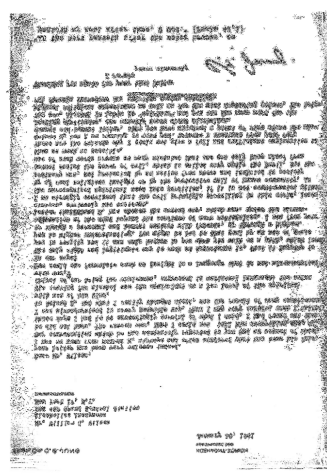
Very many thoughtful AAs are students of your writings. Because of your conviction that man is something more than intellect, emotion and two dollars worth of chemicals, you have especially endeared yourself to us.

How our society grew, developed its traditions for unity and structured its functioning, will be seen in the texts and pamphlet material that I am sending you.

You will also be interested to learn that in addition to the "Spiritual experience," many AAs report a great variety of psychic phenomena, the cumulative weight of which is very considerable. Other members have--following their recovery in AA--been much helped by your practitioners. A few have been intrigued by the "I Ching" and your remarkable introduction to that work.

Please be certain that your place in the affection, and in the history of our fellowship, is like no other.

Gratefully yours,
William G. W.
Co-founder
Alcoholics Anonymous



Continued on page 3

Continued from page 2

Here is Dr. Jung's reply:
Kusnacht-Zurich
Seestrasse 228
January 30, 1961

Mr. William G. W.
Alcoholics Anonymous
Box 459 Grand Central Station
New York 17, New York
Dear Mr. W.

Your letter has been very welcome indeed.

I had no news from Roland H. anymore and often wondered what has been his fate. Our conversation which he has adequately reported to you had an aspect of which he did not know. The reason that I could not tell him everything was that those days I had to be exceedingly careful of what I said. I had found out that I was misunderstood in every possible way. Thus I was very careful when I talked to Roland H. But what I really thought about, was the result of many experiences with men of his kind.

His craving for alcohol was the equivalent, on a low level, of the spiritual thirst of our being for wholeness, expressed in medieval language: the union with God.^[1]

How could one formulate such an insight in a language that is not misunderstood in our days?

The only right and legitimate way to such an experience is, that it happens to you in reality and it can only happen to you when you walk on a path which leads you to higher understanding. You might be led to that goal by an act of grace or through a personal and honest contact with friends, or through a higher education of the mind beyond the confines of mere rationalism. I see from your letter that Roland H. has chosen the second way, which was, under the circumstances, obviously the best one.

I am strongly convinced that the evil principle prevailing in this world leads the unrecognized spiritual need into perdition, if it is not counteracted either by real religious insight or by the protective wall of human community. An ordinary man, not protected by an action from above and isolated in society, cannot resist the power of evil, which is called very aptly the Devil. But the use of such words arouses so many mistakes that one can only keep aloof from them as much as possible.

These are the reasons why I could not give a full and sufficient explanation to Roland H. but I am risking it with you because I conclude from your very decent and honest letter that you have acquired a point of view above the misleading platitudes one usually hears about alcoholism.

You see, Alcohol in Latin is "spiritus" and you use the same word for the highest religious experience as well as for the most depraving poison. The helpful formula therefore is: *spiritus contra spiritum*.

Thanking you again for your kind letter
I remain

yours sincerely
C. G. Jung.

¹"As the hart panteth after the water brooks, so panteth my soul after thee, O God." (Psalm 42, 1)

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Lifeline 

Got a Problem? Send a Letter to "Dear Alkie Alma"



The *Lifeline* continues a new column this month. Alma will answer your questions about getting sober, staying sober and carrying the message of recovery. If you think Alma can help, please send your letters to "Dear Alkie Alma" c/o OCCO, 1526 E. Warner Ave., Santa Ana, CA 92705, or email them to lifelineeditor@yahoo.com.

Can AA Literature Ever be Changed?

Dear Alma:

Hello Alma! I've enjoyed your column recently. I have some questions for you: If you wanted to change, add or delete something in the Big Book or other literature, what is the process and how long does it take? I've heard a few different stories and I wasn't sure.

Thank you,
Linda P., Aliso Viejo

Dear Linda,



It is up to the General Service Conference to approve any changes to our literature. Any member could certainly propose a change. The steps would look like this: Attend District and Area meetings (we are in Mid Southern Cal. Area 09.) Or submit to your meeting GSR. Propose the changes to the elected Area Delegate to the next General Service Conference. The changes would be referred to the Literature Committee of the Conference. If the committee agreed with your proposal, the change would be presented to the entire Conference for a vote. It might or might not be approved. Those with experience in these matters tell me this could take two years or longer. For example, in April 1997, the General Service Conference agreed to replace some of the stories in the back of the Big Book. The change and approval process took more than 4 years, and the revised Big Book was printed and released to the Fellowship in November 2001.

An A.A. friend recently told me that he felt a certain pamphlet needed updating. He sent a letter to GSO and they referred it to the appropriate committee. The committee agreed changes should be made and forwarded the item to the Conference, which also agreed. The pamphlet is currently under review and changes will be made before the next printing. Apparently, pamphlets are easier to amend than our basic texts.

I am informed that the fellowship will never allow changes to the first 164 pages of our "Big Book".

No man is rich enough to buy back his past.

TO THE EDITOR:

IT AIN'T BROKE!

At many AA meetings, the "Singleness of Purpose" announcement suggested by the General Service Office, is included in the standard format. A while ago, the thought of adding that announcement to a meeting almost caused a riot. I heard one leader at another AA meeting unilaterally decide to add "addicts" to the opening reading.

Apparently many addicts and "hyphenated Alcoholics" prefer the AA program and AA meetings to other programs and meetings. I suggest that they can show their appreciation for the welcome they receive here by respecting other members and the long historical proven success of the AA program and meetings by not trying to modify the formats in an attempt to more formally include their perceived differences.

Jim G.



Help keep the doors of AA open so that new members may receive the same help so many of us have already received. Make a donation of any amount for an AA Birthday—yours or someone else's—and we will help celebrate by publishing their name and years of sobriety in the *Lifeline*.

Please send October Birthday donations by September 10th to:
Orange County Central Office
 1526 E. Warner, Suite 75
 Santa Ana California 92705

2009 Orange County Intergroup Service Board

Chair, Frank M.
 Vice Chair, Pearl
 Treasurer, Art H.
 Secretary, Nick N.
 Central Office, Roxanne R.

Who? What? When? Where?

- Public Relations Committee, Barry P.
Meets the 3rd Wednesday of the month at 6:30 pm
- Group Relations Committee, Carlos T.
Meets the 4th Wednesday of the month at 7:00 pm
- Lifeline Committee, Bill W.
Meets the 1st Thursday of the month at 7:00 pm
- Special Events Committee, Ann M.
Meetings scheduled as needed
- H & I Committee, Nick M.
Meets the 2nd Sunday of the month at the Garden Grove Alano Club. Institutions meet at 4:00 pm; Hospitals meet at 6:00 pm.
- South Orange County H & I meets at the Laguna Beach Canyon Club the 3rd Wednesday of the month at 7:30 pm.

With the exception of H & I, the above committees meet at Central Office, 1526 Brookhollow, Suite 75, Santa Ana, CA 92705. If you are interested in serving on a committee or would like more information please contact the above or Central Office at 714-556-4555. Your service is appreciated!

Anonymous	Santa Ana	
Charlene M.	Dana Point	1 year
Tony B.	Orange	3 years
Lindsey M.	Laguna Niguel	5 years
Paige V.	Dana Point	6 years
Elizabeth M.	Orange	7 years
Bolynde S.	Dana Point	8 years
Sammy D.	San Juan Capistrano	13 years
Lydia	Huntington Beach	13 years
Michelle K.	Orange	14 years
Keith P.	Laguna Niguel	16 years
Eve P.	Dana Point	17 years
Pat B.	Laguna Woods	18 years
Cynthia S.	Santa Ana	21 years
Sharon D.	Orange	21 years
Sharon D.	Santa Ana	21 years
Kitty B.	Dana Point	24 years
Anne P.	Huntington Beach	25 years
Jean B.	Laguna Niguel	26 years
Maureen K.	Westminster	32 years
Susan I.	Laguna Niguel	35 years
Jeanne H.	Costa Mesa	36 years
Nancy J.	Huntington Beach	36 years
Judith D.	Huntington Beach	50 years
Helen S.	Dana Point	53 years
Lois M.		

It is not the load that breaks you down but the way you carry it.



WOULDN'T IT BE NICE IF WHENEVER WE MESSED UP OUR LIFE WE COULD SIMPLY PRESS 'CTR ALT DELETE' AND START ALL OVER?

The *Lifeline* is your paper. Your ideas, suggestions, jokes and articles are welcome and needed. We are especially looking for contributors for The Turning Point feature or questions for Dear Alkie Alma. Please send submissions to: Lifelineeditor@yahoo.com

I've been sober for 15 days

Fifteen days ago the utter end came to me. Me, of all people. Nicest gal in the world, flat on my bed with thoughts of A.A. bubbling to the surface of my poisoned brain.

Alcohol had poisoned me once again and A.A. made swallowing that bitter pill — the truth — very difficult. I thought I knew the truth, at least about myself, until a moment of clarity, brought on by dry heaving, shaking and spinning, compelled me to face my situation as it was, which was quite different from how I thought it was.

I was finally able to accept the fact that I could not NOT drink. For an overachieving type A personality, surrendering and accepting this as truth has brought me relief and a sense — for the past 14 days and however many hours I've been awake today — of freedom.

I'm well acquainted with the program of Alcoholics Anonymous, having been sober (or dry) for several years about a decade ago. I recall being fully impressed with how well my life was going and therefore it was a (short) matter of time before I drank again. I am an alcoholic.

In the past year I started attending A.A. meetings again and managed to put together 60 days without drinking. I went back to the bottle for a day, then stayed dry for about six months. (OK, because of that rigorous honesty requirement if I want to stay sober I have to tell you I'm lying about that. I can't say that I was 90 days sober but I did pick up a 90-day chip.)

For a while I drank after the meetings. Just a few of those airline-sized bottles of vodka. Then I found myself drinking a few before the meetings. And I went to meetings every day. I congratulated myself when I was able to go a whole week without drinking. Then I would go a few days between drinks and finally it became an every-day process.

I had my own "beer experiment." But mine was garlic. I always loved garlic AND I knew it was good for the health AND it masked the smell of alcohol. Or so I thought. I would eat a few cloves raw before going to a meeting. And I often kept one in my pocket in case I needed to "refresh" my breath.

When I ran out of fresh garlic — alcoholic that I am — instead of buying another bulb, I used the breath-fresh strips.

This behavior went on for several months. Between the raw garlic and the guilt, it was eating me up inside.

One night after a meeting, I decided to go to a party to celebrate sober birthdays. But I went to the liquor store first. I bought a bottle of tequila (the party was at a Mexican restaurant). I was planning on having a few drinks (straight from the bottle, of course,) before heading over to the party. I never made it. What was to become my beginning happened instead.

When I came to, drunk, the next morning, I called several A.A. friends because I knew I was dying. I had never felt so badly before.

A dear friend, Larry R., rushed over hours later and found me. He was genuinely concerned. I had left several messages for him, the last one saying that my front door was open, please come in, I'm in my bedroom.

When he asked how I was, I replied that "I'm so sick, I think I'm going to die." And I remember saying that I was terribly hung-over. He shook his head and at first appeared to be heading out the door. Instead, he sat on the edge of my bed for the next six hours and Twelfth Stepped me.

All the ideas that managed to circulate in my fevered brain came to the fore that morning. I listened as he told me that maybe, just maybe, I was only a heavy drinker. He had said that to me before and I had believed him. This time I flew into a rage. I screamed at him that I wasn't just a heavy drinker. Couldn't he (expletive) see that? Did he think that this was some sort of (expletive) game?

He told me that I needed to come to that conclusion on my own. (His little "A.A. ways" are still irritating although they are now starting to make sense. Yet I feel a need to fight them at almost every turn.)

Larry R. listened, he understood and he cared. Here was a man willing to crush ice for jfie because I couldn't drink anything without puking or wetting myself. Here was a man who cleaned up the puke on my floor. Here was a man who went to the store to get fruit bars because I hadn't eaten in days.

But most of all, here was a fellow alcoholic carrying the message of A.A. -- unity, service and recovery.

I am forever grateful to those who have said, over the years, to "keep coming back, no matter what." Because for this alcoholic, my end is my beginning. As I jump into the pack and see the similarities, I find myself trying to carry the message to other alcoholics because wherever a seed is planted it can grow.

I thank all of the members who have carried the message to me. And I thank God for allowing me to live long enough to hear it.

Shannon E., Huntington Beach.



THE TURNING POINT

Editor's Note: We continue this new feature in the Lifeline called "The Turning Point". Please share your story by emailing it to lifelineeditor@yahoo.com.

Life on Spiritual 'Lines'

After several years of riding home on Muni at night from my office downtown. I found myself growing more and more enraged about how poorly the service was run, how overcrowded the trains were, how inaccurate the schedules, how irresponsible the station agents — and most of all, how rude and inconsiderate the drivers were. Many of them snarled when asked a question, didn't speak up, and wouldn't even call out the stops even on pitch-dark, rainy nights when nothing was visible except my own terrified reflection in the train window as I went sailing helplessly past my stop.

Night after night, I arrived home exhausted just from tabulating all of my grievances en route.

About a month ago, I decided to force myself as I got off the train each night to thank the driver. No matter how awful the ride, how surly the driver's attitude, how disruptive the other passengers or how late I was getting home, even if I was at the wrong stop, I began to say "Good night, thank you!"

I then had to cross in front of the stopped streetcar. So after the first few nights I took to adding a friendly wave to the driver. Often, to my surprise, they waved back.

Now I don't know how this was possible, because it wasn't the same driver every night, nor has there been time for me to retrain them all. But after the first week, I noticed that the train service along the L-Taraval route began to improve. Its offenses became distinctly less noticeable. With so much improvement in my evening commute, I was soon able to concentrate on my crossword puzzle or even read a good book along the way.

So whenever it seems impossible for a recovering alcoholic to change the world, I remind myself how clearly I've proven that it isn't.

Jean M.
The Point, San Francisco

A Bonus in Step 9

Step 9 – Made direct amends to such people wherever possible, except when to do so would injure them or others. Page 59, Alcoholics Anonymous.

Since January of this year I've included my first Alcoholics Anonymous sponsor as I recalled my initial journey through the Twelve Steps. Here is the Step that really welded me to that man.

At the top of my list of amends stood one that still upsets me. I was working at a daily newspaper in Southern California and the amend concerned the last year of my adventure with alcohol. So I made an appointment with the general manager of the newspaper. When I got to his office I noticed that the copy of the Big Book that I had given him six months earlier was still on the shelf behind his desk and it appeared the bookmark was still in place on Chapter 10 – the chapter To Employers – on page 136. "What's this all about?" Bob R. inquired. (Bob was probably not an alcoholic but I'd like to give him some anonymity.) "Do you recall that I'm in a recovery program for alcoholics?" I asked him.

"Hard to forget that," he said.

"One thing the program requires of me in that I make a list of all people, places and things I've injured in one way or another and try to make things right," I said.

"What does that have to do with me," he asked.

"Last year I filed for and was paid for 19 days of sick leave," I explained, "but I was only sick for five of those days. On the other days I was either too drunk or too hung over to try to get out of bed. I figure it cost the company between \$2,800 and \$2,900. I'm ready to pay that amount to the company or I can work the equivalent number of hours without pay. But I must make the effort to recompense the company."

Bob R. looked at me for about a minute. Then he spoke. "George, I'm going to forget we've had this conversation and I suggest you do the same. Just go back to work and try not to steal from the company again."

My feet scarcely touched the floor as I raced from his office to my desk on the second floor. I grabbed the phone and called the police department (Do you recall I said my A.A. sponsor was a cop?) and asked for Bob E. He said he was busy and would call me back but was it so important that it couldn't wait for dinner on the upcoming Friday night. I said I'd wait. By the time Friday rolled around I had already told a half dozen of my friends that the newspaper had taken me off the hook for about \$3,000 in amends.

"OK," said Bob, when he settled into the booth where we ate each week. "What's the big deal?"

So I blurted out the whole story about how the GM had said I didn't have to make any restitution for the falsified sick leave and Bob E. just sat there, impassively, taking in my comments and nodding when I mentioned the GM by name.

"He seems like a nice enough guy," Bob E. said when I had finished. "But this isn't his amend. This is your amend. And you still have to make things right with the newspaper."

That was the only time in the more than two decades with that man that I even came close to saying I'd get another sponsor. I told Bob E. that I didn't have a clue about making the paper take my money or my time. But Bob had an answer for that, too. "You could ask God to give you some direction," said Bob. It

was less than a year since I switched from atheist to agnostic to believer and I wasn't too sure I wanted that direction. Less than a week later, I was moaning about how difficult my sponsor was and I made the mistake of saying so in front of Sue C., then the Central Office manager, and Bill W., another employee.

"That happens all the time, said Sue. "At least once or twice a month, someone tells us that monetary amends have been rejected by parents, bosses, friends and even some enemies. We tell them to just make out a check to Central Office and in the memo line write down what it's for. You could put the newspaper's name down on that line."

Which I did.

I still wasn't too tickled about being separated from the \$2,900, which I had already planned to spend on other things. But time works wonders when you let it and by the time I was ready to direct my attention to Step 10, I realized that Step 9 had already given me something which I had only dreamed about. Integrity.

George L., Westminster

CENTRAL OFFICE ACTIVITY-July

Total Calls Handled by Both Offices: 1695

Main and Satellite Office Volunteers

12 Step Calls	30
Meeting Information	552
General Information	409
Walk-in Customers	301

Night Owl Volunteers

12 Step calls	21
Meeting Information	392
General Information	291

1st Annual OC Sober Poker Run

On September 27, 2009, we will be putting on a poker run to help benefit local AA and Charle Street. The event will start at 8:00 am at the Central Office located @ 1111 East Commonwealth in Fullerton and end at 1:00 pm at South Marina Park in Long Beach. (Maps of the route will be

supplied.) Winners will be announced at 2:00 pm.



At the end of the run we will be having a meeting with a guest speaker. Also hot dogs, tater salad, chips, and soft drinks. Food is free but donations will be accepted.

It is \$20 a hand and you can have 2 riders per bike.

Cash prize for HIGH hand and other prizes for low hand.

For information contact: Bill W. at (714) 496-6002



Tradition Nine

A.A., as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve. .

Number 9 of 12 articles on the 12 Traditions

Each A.A. group needs the least possible organization. Rotating leadership is the best. The small group may elect its Secretary, the large group its Rotating Committee, and the groups of a large Metropolitan area their Central or Intergroup Committee, which often employs a full-time Secretary. The trustees of the General Service Board are, in effect, our A.A. General Service Committee. They are the custodians of our A.A. Tradition and the receivers of voluntary A.A. contributions by which we maintain our A.A. General Service Office at New York. They are authorized by the groups to handle our over-all public relations and they guarantee the integrity of our principle newspaper, "The A.A. Grapevine." All such representatives are to



be guided in the spirit of service, for true leaders in A.A. are but trusted and experienced servants of the whole. They derive no real authority from their titles; they do not govern. Universal respect is the key to their usefulness..⁹th Tradition Long Form

I can hear the shocked voices now, "Whatdaya mean, no organization – that isn't what I see. I see plenty of organization". This is one Tradition where the long form is so much more helpful in understanding the Tradition. The long form says that we need "the least possible organization". Now that's more like it. Groups seem to vary in what they consider "least possible" – I know one group that has 150 leaders, that is if you read that part of the long form that says "true leaders in A.A. are but trusted and experienced servants of the whole". Does a group need that many leaders – obviously they think so, and we have the 4th Tradition to guide us here. "Each group is autonomous.....". But, there it is again, that idea of trusting our leaders. Remember that from the 2nd Tradition? I think the framers of these Traditions were trying to tell us something, something like "Trust your servants, and they will lead". If we don't trust our servants, they will serve, but they will not lead, and I believe we need them to lead.

So, what do we do when we have a servant that doesn't quite come up to our high standards? Well, it looks as though the spirit of all these traditions guide us to seek humility through anonymity, thus, maybe I should just offer my help and support and let the trusted servant go along their merry way. And this tradition introduces us to a new principle which will eventually solve this problem – the principle of rotation. In the A.A. Group pamphlet, a marvelous tool for all A.A. servants, we find on page 26 the following text regarding rotation:

"Traditionally, rotation ensures that group tasks, like nearly everything else in A.A., are passed around for all to share. Many groups have alternates to each trusted servant who can step into the service positions if needed.

To step out of an A.A. office you love can be hard. If you have been doing a good job, if you honestly don't see anyone else around willing, qualified, or with the time to do it, and if your friends agree, it's especially tough. But it can be a real step forward in growth—a step into the humility that is, for some people, the spiritual essence of anonymity".

One last thing: in comparing the short form to the long form of this Tradition, the emphasis in the short form is organization, but the emphasis in the long form is definitely leading through serving. I believe that the long form embraces the 12 Traditions foundation principles of humility and anonymity to a much greater degree than the short form. Of course, I could be wrong

A member of A.A. in Orange County

Next month: Tradition Ten – A.A. opinions and public controversy - ooooooh goody!

Text in italics re-printed from the A.A. Group pamphlet with the permission of Alcoholics Anonymous World Services, (AAWS)

MEETING CHANGES

as of July 7, 2009

THURSDAY

RANCHO SANTA MARGARITA

7:30 PM 11TH STEP SPIRITUAL DISCUSSION 30162 Tomas c/s Santa Margarita Pkwy, Address change

FRIDAY

COSTA MESA

6:30 PM WOMEN'S CANDLELIGHT 12&12 RECOVERY STEP STUDY 393 Hamilton St c/s Harbor (Costa Mirage Appts, Apt# 8) Change location

11:00 PM LATE NIGHT CANDLELIGHT 2040 Placentia Ave. Address change

LAGUNA BEACH

5:45 PM HAPPY HOUR AND A HALF DISCUSSION 20456 Laguna Canyon Rd. Changed time

7:45 PM CANDLELIGHT ACCEPTANCE RECOVERY STEP STUDY MEETING 20456 Laguna Canyon Rd. (Small room) Changed time

MEETING DELETIONS

as of July 7, 2009

MONDAY

SAN CLEMENTE

8:00 PM BEGINNER'S TOPIC Q & A 929 Calle Negocio, Ste H

TUESDAY

SAN CLEMENTE

6:00 PM WOMEN'S AS BILL SEES IT 119 N Avenida de Estrella

THURSDAY

ORANGE

7:00 PM (C) HOW IT WORKS 1800 E La Veta @ Tustin St (Rio Center) Delete

FRIDAY

LAGUNA BEACH

9:00 PM (G) DISCUSSION 20456 Laguna Canyon Rd.

NEWPORT BEACH

8:00 PM FRIDAY NIGHT REUNION 798 Dover Dr Delete

The New AA Meeting Directories for Orange County are Available at Central Office

EVENTS

Monterey Bay Area Roundup

Monterey Conference Center
Monterey, CA
 September 4-6, 2009
 (831) 521-9360

Email: MBAR2009@yahoo.com

Sierra Nevada Fall Roundup

Grand Sierra Reno
Sierra, NV
 September 4-6, 2009
 (775)355-1151

Central Coast Roundup

Santa Maria Radisson Hotel
Santa Maria, CA
 September 11-13, 2009
 Committee Chair: (805) 938-3160
 Registration Chair: (805) 294-0116

Sobriety by the Sea

Del Norte County Fairgrounds
Crescent City, CA
 September 25-27, 2009
 George (707) 464-8151
 Jerry (707) 464-6248
 Email: sbs.rally@gmail.com

Woman to Woman San Diego

September 25-27, 2009
 The Dana of Mission Bay
San Diego, CA
 www.womantowomansandiego.com
 Karen (714) 404-6734

43rd Annual Las Vegas Roundup

November 26-29, 2009
 Riviera Hotel
Las Vegas, NV
 www.LasVegasRoundup.com

16th Annual Gratitude Weekend

Rancho Capistrano
San Juan Capistrano, CA
 January 22-24, 2010
 Kelly R. (562) 493-2058
 Marianne F. (714) 960-0959

2010 International Convention of A.A.

"A Vision for You"
 July 1-4, 2010
 San Antonio Convention Center
 San Antonio, TX

SPEAKER MEETINGS

Fullerton

8:00 pm
 Dreams Come True
 Friday Night Speaker Meeting
 1st Christian Church
 109 East Wilshire Avenue
 Contact: Paul P.
 09/04 Josh, South Bay
 09/11 Ray N., Fullerton
 09/18 Opie, Cerritos
 09/25 Brett & Lisa J., Corona

Garden Grove

8:00 pm
 Thursday Night Speaker Meeting
 Garden Grove Alano Club
 9845 Belfast Dr
 Contact: John S.

8:00 pm

Saturday Night Speakers
 Garden Grove Alano Club
 9845 Belfast Dr
 Contact: Jon W.
 (714) 235-0215

Huntington Beach

7:00 pm
 Saturday Night Lite Speakers
 HOW Hall, 18582 Beach Blvd
 Behind Flower Kiosk @ Ellis
 Contact: Kevin B.
 (714) 329-3942

Orange

8:00 pm
 No Puffers Speaker Meeting
 Community of Christ Church
 385 S. Tustin Ave
 Contact: Guillermo S.
 09/04 Gloria W., Dana Point
 09/11 Serenity H., Laguna Niguel
 09/18 Jackie W., Irvine
 09/25 Roger M., Huntington Beach
 10/02 Joann O., Fullerton
 10/09 Paul C., Santa Ana
 10/16 Martha F., Anaheim
 10/23 Dace C., La Mirada
 10/30 Jill H., Newport Beach

7:00 pm

Sober & Crazy Sunday Night Speakers
 7th Day Adventist Church
 1310 E. Walnut Ave, near Tustin Ave
 Contact: Betsy S.
 09/06 Dave S., Tustin
 09/13 Kim S., Rancho Santa Margarita
 09/20 Jeff P., South Bay
 9/27 Colleen E., Rancho Santa Margarita

San Clemente

8:00 pm
 Thursday Night Big Speaker Mtg.
 San Clemente Friendship Center

Contact: Bob B.

Tustin

8:00 pm
 Saturday Night Visiting Speaker
 St. Paul's Church, 1221 Wass St.
 Contact: Keith S.
 09/05 Nikki J., Laguna Beach
 09/12 Paul C., Oceanside
 09/19 Linda C. & Jim C., Costa Mesa
 09/26 Andy E., Corona
 10/03 Debbie M., Garden Grove
 10/10 Heidi M., Orange
 10/17 Joe B., Anaheim
 10/24 Bill W., Fountain Valley
 10/31 Marty R., Anaheim Hills
 11/07 Glenn H., Tustin
 11/14 Parker S., San Clemente
 11/21 Manny A., Huntington Beach
 11/28 Bo S., Orange



Please submit **EVENTS** and
SPEAKER MEETINGS
 To lifelineeditor@yahoo.com
 by the 15th of the month.

WEB STATISTICS

The first on-line issue of the *Lifeline* was posted to our web site in July of 2006. However, when our site hosting company changed servers in June, 2007, some usage statistics before then were lost. Since January, 2007, the Lifeline home page has been viewed 11,299 times. Individual issue files have been viewed 19,151 times.



In June, there were 16,365 "visits" to www.ocaa.org. From Sept., 2008, through July, 2009, visits averaged 16,017 per month.

GROUP CONTRIBUTIONS TO CENTRAL OFFICE— July

	JUL	YTD					
			Su 5:00P-Creative Sharing, 18582 Beach	\$140		Mo 8:00P-(M)'s Stag, 20456 LCR	\$130
			Su 7:30P-Disc, 20444 Magnolia	\$180	\$570	Mo 8:00P-S/Coast (M)'s, 340 S/Ann's	\$182 \$298
ALISO VIEJO	^	^	Mo 12:00P-(W)'s Bill Sees It, 18631 Chap	\$70	\$370	Tu 7:00A-BB Stdy, 20456 LCR	\$231
BUENA PARK	^	^	Mo 6:00P-Sprkr/Q&A/Part, 6622 Lakeview		\$50	Tu 12:30P-Serenity-Sea (W)'s, 340 St Ann's Dr.	\$150 \$432
CAPISTRANO BEACH	^	^	Mo 7:00P-(W)'s Sans, 18631 Chapel Ln.		\$166	Tu 12:30P-(W)'s Disc, 20456 LCR	\$350
Su 9:30A-Sandy Survivors, Doheney			Mo 7:30P-(M)'s BB & 12&12, 1912 Florida		\$323	Tu 6:00P-Here & Now, 20456 LCR	\$100
Fr 7:00P-Friday Knights, 25976 Domingo			Tu 1:00P-Harmony (W)'s, Edinger/Denney's	\$40	\$120	Tu 6:30P-(M)'s Beg, 31872 So/Coast	\$495 \$1,869
Sa 9:30A-Pines Park Disc, Pine Bluffs			Tu 7:30P-Beginners (M)'s, 19822 Beach	\$152	\$938	Tu 6:30P-(W)'s Disc, 31872 So/Coast	\$90 \$160
CORONA DEL MAR	^	^	Tu 7:30P-(W)'s Disc., 8200 Ellis	\$29	\$69	Tu 7:30P-By The Book, 20456 LCR	\$115 \$277
Mo 7:00P-Baywood Disc, 1601 Marg			Tu 7:30P-(W)'s Serenity BB, 20444 Magn	\$144	\$432	We/Sat 7:00A-Whale Watch (M)'s, PCH	\$822
Tu 12:00P-Noonatics, 800 Marguerite			Tu 8:00P-Newcms (M)'s Grp, 20444 Magn		\$102	We 8:00P-So-Coast Spkrs, 286 St. Anns	\$280
Tu 7:00P-(M)'s Part, 611 Heliotrope			We 7:30A-Attitude Mod, 18582 Beach	\$60	\$120	Th 7:05A-W's Dolphins at Day, Salt Creek Beac	\$187
We 7:00A-Women's B/B Study, 3233 Pacific			We 1:00P-(W)'s Stdy, 9812 Hamilton		\$35	Th 12:30P-(W)'s Disc., 415 Forest Ave.	\$150
Th 6:00P-Happy Hour (M)'s Pacific View			We 2:00P-Seniors & Friends 1718 Orng		\$210	Th 6:00 P-(W)'s Disc, 20456 LCR	\$238
Th 7:00P-Big Book Study, 611 Heliotrope			We 6:30P-(W)'s Step Stdy, 7641 Talbert		\$55	Th 6:30P-(M)'s BYOB 12& 12 SS, 21632	\$284
Fr 7:30P-Rebels Disc, 611 Helio		\$150	We 7:00P-Triangle Grp B/B Study, 2721 Delaw	\$80	\$160	Fr. 7:45P-Surrender to Win, 20456 LCR	\$120
Fr 8:00P-BB Stdy, 3233 Pacific View			Th 7:30A-Attitude Mod, 18582 Beach		\$60	Fr 7:30P-Candlelight Acceptance., 20456 LCR	\$70
COSTA MESA	^	^	Th 10:00A-(W)'s BB Stdy, 18631 Chapel	\$135	\$255	Fr 8:00P-Here & Now, 21632 Wesley	\$140
Dly 7:00A-Daily Reflect, 2040 Placentia		\$50	Th 6:00P-Ovr 40/Going Strong, 18582 Bch		\$42	Sa 7:00A-Whale Watchers Men's, PCH@Wesle	\$625 \$821
Dly 7:30A-As Bill Sees It, 2501 Harbor			Th 6:30P-BB Stdy, 6622 Lakeview	\$100	\$100	Sa 12:30P-Into Action, 20456 LCR	\$100
M-F 6:45A-Morning Meditat, 183 E. Bay			Th 7:30P-11th Step Disc., 1912 Florida		\$60	Sa 5:00P-Big Book Study, 20456 LCR	\$33
M-F 12:00P-Noon Rec, 420 W. 19th St.		\$159	Fr 7:30A-Mens Book Study, 18582 Beach Blvd.		\$70	Sa 7:00P-Beginners, 31872 PCH	\$978
Su 7:00P-Sun Speaker, 678 W. 19th St.			Fr 10:00A-Step Sisters, 18631 Chapel Ln.		\$288	Sa 8:00P-Night Spkr Mtg, 20456 LCR	\$100 \$400
Mo 12:00P-Clean & Serene BB, 183 E. Bay			Fr 6:00P-(M)'s/Solution, 7111 Talbert Ave	\$100	\$100	Sa 8:00P-Living Sober Spkrs, 428 Park	\$300
Mo 8:00P-(M)'s, 2015 Charlie Street		\$50	Fr 6:30P-BB Stdy, 16400 Springdale		\$100	LAGUNA HILLS	^ ^
Tu 7:30P-Balboa Broads, 420 W 19th St			Fr 7:30P-BB Stdy, 16650 Saybrook Lane		\$70	Su 7:30P-Legacy Grp, 23802 Ave de la Carlotta	\$356 \$743
Tu 7:30P-Men's One Hour 1865 Anaheim			Fr 8:00P-HB Downtowners, 2721 Delaware		\$60	Mo 6:00P-(W)'s Disc, 23802 A D Carlota	\$420
Tu 7:30P-(M)'s Last Gasps, 695 W 19th			Sa 7:30A-(M)'s Stag, 18582 Beach		\$70	Tu 7:00P-(M)'s Stag, 23802 A D Carlotta	\$200
We 10:00A-Seeking the Steps (W)'s 2833 Eur			Sa 7:30A-(M)'s Disc 9812 Hamilton	\$60	\$240	We 7:00P-Get Happy 12&12 Stdy, A D C	\$84
We 12:00P-High Noon Step, 183 E. Bay St.			Sa 9:30A-W BB Stdy, 18582 Beach		\$60	Th 12:30P-(W)'s Topic Disc, 23181 Verdugo	\$50 \$339
We 7:00P-(W)'s Source Str, 3116 Van			Sa 9:30A-Charle St. Overflow, 9812 Hamilton		\$40	Th 7:00P-Sober Ladies Candlelight Disc. 22911	\$20
We 7:00P-420 Beginners Men, 420 W. 19th S			Sa 10:00A-(W)'s BBStdy, 18631 Chapel	\$112	\$777	Sa 11:00A-Acceptance Grp, 23802 Ave de la	\$313
We 7:30P-Day By Day Serenity, 1865 Anahei	\$40	\$211	Sa 7:00P-Sat Nite Live BB, 18631 Chapel		\$372	LAGUNA NIGUEL	^ ^
Th 5:30P-(W)'s Its/Book Study, 2040			IRVINE	^	^	Su 8:00P-Crown Vally Spkr, Comm Park	\$100
Th 7:00P-12 Steps & 12 Trads, E Bay			Dly 6:30A-Sunrise Sobriety, 4400 Barr	\$409	\$3,415	Mo 7:00A-Morn (M)'s Stag B2B, 30071 Ivy Glen	\$450
Fi 6:30 P-FGIF Women 183 E.Bay St.			M-F 12:00P-Irvine Noon Grp, 5101 Alton		\$1,000	Mo 10:30A-(W)'s 12X12 Stdy, 27802 El Lazo	\$120 \$563
Fr 8:00P-BB Stdy, 1865 Anaheim			Su 10:00A-Donut Mtg, 6670 Alton Pky		\$250	Mo 8:00P-12&12 Stdy, 30121 Niguel Rd	\$100
Sa 9:30A-(W)'s Wrkg.in Sol. BB, 183 E Bay			Su 6:00P-Farsi Speaking AA Meet, 6670 Alton		\$285	Tu 6:30P-(M)'s Disc/Munch L N Reg Park	\$463
Sa 9:30A-(M)'s By The Book, 3080 Airway A			Su 7:30P-BonitaCnyn Disc, 5001 Nwprt		\$240	We 6:00P-Book Stdy, 30121 Niguel Rd.	\$70
Sa 9:30A-Sisters/Sobriety 2040 Placentia			Mo 6:00P-(W)'s B. B. Topic, 6670 Alton		\$137	We 7:30P-Book Stdy, 30121 Niguel Rd.	\$10
Sa 6:00P-Cover-To-Cover, 183 E. Bay St.		\$35	Mo 6:30P-Easy Does It, 4949 Alton		\$210	Fr 7:00A-Back to Basics Men's, 30120 Town C	\$665
Sa 8:00P-Keep It Simple, 2850 Fairview			Mo 6:30P-(W)'s BB Topic Disc, 4949 Alt		\$60	Fr 10:30A-(W)'s Disc., 30071 Ivy Glenn	\$120 \$240
CYPRESS	^	^	Mo 7:30P-(W)'s Disc., 15 Orange Tree		\$39	Fr 7:30P-Here & Now, 24360 Yosemite	\$100
Su 5:00P-Happy Hour Topic, 4552 Lin		\$50	Tu 12:00P-(W)'s BB Stdy, 5101 Alton Pky	\$159	\$296	LAGUNA WOODS	^ ^
Tu 8:00P-BB Study, 8615 Walker St.			Tu 6:00P-Courage To Change, 18182 Culv	\$140	\$320	Dly 7:30A-Do It Sober, 24442 Moulton	\$960 \$3,060
We 7:00P-Cypress Women's S/S, 5100 Cerri			Tu 7:00P-(M)'s K.I.S. 12X12, 14301 Yale	\$70	\$420	Mo 7:30P- Nite SS Grp, 24442 Moulton	\$70 \$120
DANA POINT	^	^	Tu 7:30P-Good Guys (M)'s, 55 Deerwood		\$65	We 7:30A-BB Meeting, 24442 Moulton	\$120
Dly 7:00A-Hard Core Harbor, 34451 Ens	\$4,422	\$12,351	Tu 7:30P-(M)'s Stag BB Grp, 4445 Alton PKWY		\$108	We 1:15P-(W)'s BB Stdy, 24351 El Toro	\$120 \$340
Mo 5:30P-(W)'s Disc, Ensenada & DPH	\$140	\$490	We 6:30P-B. B. Topic Disc., 5001 Nwprt		\$912	Fr 10:00A-Top/Hill Gang, 24252 El Toro	\$350
Mo 7:00P-Promises, 34052 Del Obispo			We 7:30P-Wild Bunch Beg's, 10 Federat		\$266	LA HABRA	^ ^
Tu 9:30A-(W)'s Back/Basics 24642 SJ	\$254	\$624	We 8:00P-12 Solutions SS, Harvard		\$200	LAKE FOREST	^ ^
Th 7:00A-(W)'s Harb Topic Disc, S Juan	\$90	\$278	Th 12:00P-Irvine (M)'s Lunch, 5001 Nwprt		\$128	Th 7:30P-Mustard Seed SS, 23262 El Toro	\$101
Th 12:15P-Fri Lunch (W)'s BB, 33841			Th 6:30P-(W)'s Gypsies, Deerfield & Turtle		\$201	LA MIRADA	^ ^
Fr 7:00P-GV, 33926 Calle Primavera	\$168	\$436	Fr 10:30A-Over 50 Grp, 4400 Barranca PKWY	\$65	\$375	LAS FLORES	^ ^
Sa 7:00P-Sprk, 33926 Calle Primavera	\$676	\$676	Fr 12:00P-(W)'s Topic Disc, 5101 Alton P	\$136	\$249	Sa 7:15P-Mission Spkrs., 26111 Antonio	\$70 \$430
FOUNTAIN VALLEY	^	^	Fr 5:30P-Topic Disc.Grp, 6650 Alton (Kaiser)	\$36	\$387	LOS ALAMITOS	^ ^
M-F 8:30A- Morning Meeting, 16581 Brookhu			Fr 7:00P Winning Tkt Bk Stdy, 1 Sunnyh		\$218	We 7:30P-Ice Breakers Grp, 4111 Katella	\$350
We 8:00P-Disc, 10280 Slater			Fr 8:00P-Little Grp, 18422 Culver	\$134	\$214	MISSION VIEJO	^ ^
FULLERTON	^	^	Sa 9:15A-SS, 5101 Alton Pky		\$513	Daily Saddleback Valley Grp, 23166 Los Alisos	\$70 \$70
GARDEN GROVE	^	^	Sa 11:00A-B.B Stdy, 1 Sunnyhill - Turtle	\$120	\$510	Mo&Th 7:30P-BB Stdy, Jeronimo & Marg.	\$832
Tu 7:00P-Top/Key Book Stdy, 9th & Lamp			Sa 7:00P-Sprks, 1 Sunnyhill - Turtle		\$240	Mo 7:00P- (W)'s SS, 26051 Marg.	\$300
Tu 7:00P-Heartspeak (W)'s, 13082 Bowen St.	\$60	\$110	LAGUNA BEACH	^	^	Mo 7:00P-(W)'s Book Stdy, 26558 Marg.	\$220
Tu 8:00P- Discussion 9842 W. 13th St.			Dly 7:00A-Attitude Adj, 20456 LCR		\$520	Mo 7:30P-B/Ring (M)'s Stag, 27641 Aqua	\$191
We 10:00A-Ovr 50 Sin/Purp, 9845 Belf			Dly 7:05A-Attitude Adj, 31872 PCH		\$630	Tu 7:30P-Design for Living BB, 26558 Marg	\$89
Th 10:00A-Over 40 Disc. Grp, 9845 Belf			Dly 7:05A-Attitude Adj, 31106 PCH (C)	\$291	\$923	We 9:30A-(W)'s, 26051 Marguerite Pky	\$84 \$219
Th 8:00P-Sprk, 9845 Belfast Dr.			M-F 7:00A-Meets/Ruby's, 30622 PCH		\$50	We 8:30P-Missionaries Disc, 26558 Marg.	\$151 \$286
Fr 10:30A-(W)'s (C)12 & 12, 9845 Bfist		\$135	Su 7:05A-Montage Grp, (Montage)		\$573	Fr 8:30P-Couch Meeting, 26001 Muirlands Blvd	\$300 \$370
Fr 10:30A-F-Troop Disc, 9845 Belfast			Su 10:00A-Heisler Park Disc, Cliff		\$165	NEWPORT BEACH	^ ^
Sa 10:30A-BB Stdy, 9845 Belfast			Su 6:00P-As Bill Sees It, 340 St Anns		\$140	Dly 6:30A-Jumpstart Disc, 414 E. 32nd St.	\$600
HUNTINGTON BEACH	^	^	Su 6:00P-GV Stdy, 21632 Wesley Dr		\$225	M-F 12:15P-Shark@Aquatic, 1Whitecliffs	\$1,700
Dly 7:00A-Hggrs/Bill Sees It, 8200 Ellis	\$400	\$1,700	Su 7:00P-TIS Spkrs, 31872 Coast Hwy	\$150	\$125	M-F 5:30P-Fish Out'a Water, 414 E. 32nd	\$120
Dly 7:30A-Attitude Mod., 18582 Beach			Mo 6:30P-(W)'s Perspect, 20456 LCR		\$42	Su 9:30A-Sandy Survivors, On/Beach	\$332 \$1,032
Dly 8:00A-Hggrs II, H.B Lifegr Tower 11	\$131	\$1,462	Mo 6:30P-(W)'s BB Stdy, Wesley		\$200	Su 7:00P-Primary Purp Grp, Dover&16th	\$30 \$199
Su 9:00A-On/Beach, Lifegr Tower 11			Mo 7:00P-Mon Night (M)'s Stag @Pat's		\$60		
Su 10:00A-Sober Sharing, 18582 Beach							

Continued on page 10

Group Contributions cont. from page 9


Su 7:30P-Sprks, 414 E. 32nd St	\$860	\$1,805
Mo 9:00A-(W)'s Step Stdy, 414 E. 32nd		\$75
Mo 12:30P-Back Bay (M)'s, 1201 Irvine		\$700
Mo 7:00P-Language of the Heart (W's) 2414 Vis		\$233
Mo 7:00P-Over 40 Disc, 1099 Bayside Dr.	\$40	\$40
Mo 8:00P-(M)'s Disc, 301 Nwprt Blvd	\$210	\$1,050
Mo 8:00P-(W)'s Beg Disc, 301 Nwprt Blvd	\$100	\$200
Mo 8:00P-SS, 414 E. 32nd St.		\$11
Tu 6:00P-Dover (W's) 12 & 12, 798 Dover		\$70
Tu 7:00P-NB/CDM (M)'s, 414 32nd St.		\$342
Tu 7:00P-(W)'s B/Stdy, 2414VistaDelOro	\$128	\$300
We 6:00P-Men's, 414 E. 32nd Street	\$81	\$190
We 6:30P-Wed Nite W's 12+12, 883 W. 15th St.		\$350
We 7:30P-Wed Night (M)'s, 2401 Irvine		\$150
We 7:30P-BB Stdy, 600 St. Andrew		\$145
We 8:00P-Recovery Radicals, 301Nwprt		\$670
Th 7:00P-Over 40's, 414 32nd Street	\$15	\$140
Th 7:30P-Balboa Spkr Grp, 414 E. 32nd	\$175	\$385
Fr 12:15P-(M)'s Business Disc, 414 32nd		\$630
Fr 7:00P-Friday Q & A, 414 32nd Street		\$120
Sa 8:30A-Men's Book Study, 414 E. 32nd	\$317	\$317
Sa 6:00P-Discover Grp, 1 Whitecliff Dr.	\$140	\$140
ORANGE		
Dly 7:00A-Early Birds, 812 Town&Cntry	\$80	\$760
M-F 5:30P-Tustin Rush Hour, 1800 E. La Veta	\$119	\$1,408
Su 11:00A-Sun Pumprrs, 705 W LaVeta	\$140	\$630
Su 7:00P-Sprkr/Orange, 1800 E LaVeta		\$80
Su 7:00P-Sober & Crazy Spkr, 1310 E. Walnut	\$177	\$387
Mo 7:00P-(W)'s Step Stdy, 161 Orange	\$142	\$279
Tu 7:00P-(W)'s Keep It Simple, 1310 E Walnut		\$41
Th 7:30P-777 (M)'s Stag, 395 S Tustin		\$500
Fr 7:00P-As Bill Sees It, 161 S. Orange		\$90
RANCHO SANTA MARGARITA		
Su 7:00P-Old Time AA 12&12, 30605 FI	\$75	\$75
Mo 7:30P-(M)'s, 30605 Ave de la Flores		\$225
Tu 7:30P-Old Time BB Stdy, 30322 VCD	\$135	\$525
We 6:30A-Att & Grat, 30605 Ave D/L Flores	\$234	\$1,319
We 7:30P-RSM StepStdy, 30382 VCD		\$60
Fr 7:30P-Roads End Part, 30322 VCD		\$240
Sa 10:30A-(W)'s BB Stdy, VCD	\$160	\$260
SAN CLEMENTE		
Dly- Groups, SC Friendship CTR, 929 Calle Ne		\$75
Mo 7:00P-N.O.I. (M)'s, Camino Capist	\$350	\$560
Tu 6:00P-(W)'s Disc, 190 Ave La Pata	\$42	\$55
Tu 6:30P-(M)'s Stag/Munchies, 35522 Cam. Ca		\$214
Fr 7:00P-(W)'s Book Stdy, Ave.Aragon		\$280
Fr 8:00P-Aragon Spkr, 202 Ave Aragon		\$60
SAN JUAN CAPISTRANO		
Dly 7:00A-SJGroup Eye Opener, 27514 C Arro		\$1,612
Dly 6:00A-Taking a Trip, 27174 Ortega Hwy	\$400	\$1,380
Dly Various- San Juan Meetings, 27514 Calle A	\$346	\$346
Su 5:00P-SJGroup 1 Hr Top Disc, 27514 C Arro	\$70	\$700
Tu 7:00P- SJGroup Hear Here Part, 27514 C Ar		\$320
We 6:15P-Speaker Disc Group, 27112A Pasea Espad		\$240
We 7:00P-SJGroup 11th Step Disc, 27514 C Ar		\$200
Th 9:30A-(W)'s Back 2 B B/S, 27122A Paseo E		\$444
Th 6:00P-Do The Steps, 32202 Del Obispo		\$120
Th 7:30P-(M)'s Q & A, 32202 Del Obispo	\$249	\$480
Fr 7:00P-Step Sudy, 27514 Calle Arroyo		\$197
SANTA ANA		
Mo-Sa 7:30A-Disc Early Birds, 212 Elk		\$120
Mo 7:00P-(M)'s Disc, 1st & Lyon Elks L	\$40	\$60
Sa 8:00P-Coop Fell Spkr, 417 N Cooper		\$30
SEAL BEACH		
Mo 7:30P-Seal Bch Spkr, 500 Marina Dr	\$363	\$828
We 7:30P-(M)'s SS, 8th & Central		\$50
SILVERADO CANYON		
Th 7:30P-Fireside Disc, 27641 Silverado Cyn		\$129
SUNSET BEACH		
Su 10:00A-Sunset Bch Mtg, PCH & Warner		\$60
Su 7:00P-11th SS, 16865 PCH		\$40
Tu 6:00P-Disc, 16865 PCH		\$62
Tu 8:00P- Nomad'sBB Study, 16865 PCH		\$15
We 12:00P-Promises Meet, 16865 PCH	\$30	\$150
Th 7:30P-Participation, 16865 PCH	\$60	\$60

Fr 12:00P-Disc, 16865 PCH	\$130	\$200
Sa 7:30A-Disc, 16865 PCH	\$150	\$324
TUSTIN		
Dly 6:00A-Foothill Early Risers, 19211		\$750
Dly 6:00A-Attitude Mod, 1221 Wass	\$180	\$1,462
Dly 12:00P-Brown Baggers, 130 W. Main	\$350	\$350
M-F 12:00P-Alkies Winners, 555 W.Main	\$247	\$1,864
Su 6:00A-Attitude Modification, 130 W. Main		\$354
Mo 6:16P-Tustin (W)'s 12X12, 1221 Wass		\$20
Tu 12:00P-(W)'s 12 & 12, 19211 Dodge A		\$30
Tu 7:00P-BB Stdy, 19211 Dodge		\$414
Tu 8:00P-Steps 1-4, 1201 Irvine		\$60
We 7:00P-Lucky Stiffs (M)'s, 18542 Vander	\$84	\$183
We 7:00P-(W)'s Solutions, 19211 Dodge	\$60	\$203
Th 9:00A-(W)'s SS, 14402 Prospect		\$25
Th 6:00 P-Th 12&12 SS, 19211 Dodge		\$18
Th 6:15P-(W)'s Living Sober, 1221 Wass.		\$175
Th 7:00P-12 Steps & 12 Trad, 225 Main		\$100
Fr 11:00A-(W)'s B/B Study, 14402 S. Prospect		\$25
Fr 8:00P-Disc, Pinetree Park (130 W Main)		\$300
Sa 8:00P-Visiting Spkr, 1221 Wass		\$170
VILLA PARK		
Dly 7:30A-24 Hour Book Grp, 17855 Santia		\$727
Fr 12:00P-(W)'s BB Stdy, 17855 Sant		\$52
WESTMINSTER		
Mo 7:30P-12&12Beginners, 15750 Mag	\$30	\$135
WHITTIER		
UNLISTED GROUPS		
Women's Meeting Coyote Grill		\$109
Mo Mon Night B/B Study, HB	\$100	\$100
Th 6:00P Double Winners, Canyon Club	\$100	\$100
Th 7:00P-BB Stdy (UL) LB		\$40
Fr 5:30P- B/B Study, Irvine UL		\$599
Fr 8:00P-Family Afterward (UL) Sunset B	\$100	\$175
WANDERING GROUPS		
Tu 6:00P-Wandering Step Sisters		\$280
We 7:30P- Rolling Men's Stag BB Study		\$100
(W)'s Wandering-South County UL		\$278
Th 6:30P-RSM (3rd Thurs) Wandering		\$91
MISC. DONATIONS		
OCCO Change Can	\$6	\$52
Satellite Office Change Can	\$5	\$18
Intergroup Meeting	\$101	\$799
Laguna Beach 4th Step Workshop		\$100
LB Miracles Happen Convention		\$369
Men's Banquet 2008		\$703

PERSONAL DONATIONS		
Anonymous	\$220	\$1,120
Angela M.		\$30
Chris P. Santa Ana		\$75
Edwin M., San Clemente		\$500
Gerri D. HB		\$39
James R., Orange		\$100
Jeff P.		\$35
Julie L.		\$100
June L., Irvine		\$150
Kirk B., Costa Mesa		\$120
Mary L., Mission Viejo		\$500
Norman M. Tustin		\$50
Wanda R., Huntington Beach		\$45
Wanda M., Irvine		\$20
Theresa W., Newport Beach	\$75	\$400
IN LOVING MEMORY		
Memorial to John O'C. of Laguna Woods		\$25
GROUP INFORMATION RE-QUESTED		
Receipt#1134		\$130
Receipt#1480 Newport Beach?		\$236
Receipt#1490 Seal Beach? Sat AM		\$79
Receipt#1503 Garden Grove GG		
Alano Club		\$15
Receipt#1241		\$112
Receipt#1767 San Clemente?		\$298
Receipt#1779	\$140	\$140
Receipt#1864 HB, WED?	\$49	\$49
Receipt#1865	\$60	\$60
Receipt#2015 HB, Men's	\$478	\$478
Receipt #1894 Sat, Seal Beach	\$124	\$124
TOTALS	\$22,054	\$115,446

**ORANGE COUNTY
CENTRAL OFFICE**
1526 Brookhollow, Suite 75
Mailing address:
1526 E. Warner, Suite 75
Santa Ana, CA 92705
Phone: (714) 556-4555
Fax: (714) 556-7231
E-mail: ocaa7664@sbcglobal.net
Web site: www.oc-aa.org
Office hours:
Mon-Fri: 9:00 AM to 7:00 PM
Sat: 9:00 AM to 1:00 PM

South County Office
27281 Las Ramblas, Ste.135
Mission Viejo, CA 92691
Phone: (949) 582-2697
Fax: (949) 582-2611
E-mail: socoaa@sbcglobal.net
Office hours:
Mon-Fri: 10:00AM to 5:00 PM



*To Carry the
Message of
Alcoholics
Anonymous
to the
Alcoholic who
is confined in a
Hospital or
Institution*

Orange County H & I
On the 2nd Sunday of the month
Garden Grove Alano Club, 714-534-2244
9845 Belfast Drive, Garden Grove, CA
For additional info call 714-979-8524
Or Central Office: 714-556-4555

South Orange County H & I
3rd Wednesday of the month, 7:30 pm
Laguna Canyon Club, 949-497-1823
20456 Laguna Canyon Rd., Laguna Beach

*Coincidence is when
God chooses to
remain anonymous.*

CALL FORWARDING

“Alcoholics Anonymous, how may we help you?”



CALL FORWARDING:

The call forwarding program instituted by Orange County Central Office insures that our help line phones are answered by volunteers 24/7. During hours when the Central Office is closed, calls to the Central Office are forwarded to a call forwarding volunteer’s home or cell phone, where the volunteer answers the calls just as if he or she were sitting in the Central Office. This service allows the Central Office to realize a significant cost saving because we do not need to contract with a phone answering service. Even more vital, when a call is placed to Alcoholics Anonymous in Orange County, the caller will be talking to an Alcoholics Anonymous member not a phone service! This truly is “front-line” 12th Step work and we would appreciate any time you can give.

SHIFTS:

Monday thru Friday shifts are 6am to 9am, 6pm to 9pm and 9pm to 6am. Saturday shifts start with the 6am to 9am. The Central Office opens and covers from 9am to 1pm on Saturdays. The phones are than forwarded to volunteers to cover the phones from 1pm to 4pm, 4pm to 7pm, 7pm to 10pm and 10pm to 6am. On Sundays and Holidays shifts begin at 6am with the 6am to 10am, and continue with 10am to 2pm, 2pm to 6pm, 6pm to 10pm and 10pm to 6am.

**New evening shifts available
6pm to 9pm
Monday thru Friday**

VOLUNTEERING:

In order to volunteer for this service it is suggested that you have two years of sobriety. You must than arrange with the Central Office Manager in Santa Ana or the Satellite Office Manager in Mission Viejo for a brief orientation session which will be held at one of the offices. Shifts are available please call the Central Office at (714) 556-4555 or the Satellite Office at (949) 582-2697.

ORANGE COUNTY INTERGROUP ASSOCIATION OF AA

Statement of Income and Expenses for Period Ending 07/31/2009

INCOME	JULY	YTD
Group Donations	\$21,644.64	\$111,362.64
Individual/Fellowship	\$305.80	\$3,173.90
Literature Sales	\$10,275.84	\$65,432.96
Birthday Donations	\$1,289.75	\$3,684.35
In Memoriam	\$0.00	\$275.00
Intergroup Donations	\$101.00	\$799.04
Special Events	\$0.00	\$0.00
Interest Income	\$155.89	\$1,091.49
Misc. (Repaid Bounced Checks)	\$0.00	\$249.93
TOTAL INCOME:	\$33,772.92	\$186,069.31
EXPENSES		
Audits/Accounting	\$0.00	\$5,375.00
Auto (All Managers)	\$67.67	\$425.73
Cash/Invoices OverShort	-\$3.35	-\$25.72
Insurances	\$524.50	\$3,622.69
Intergroup Expense	\$125.00	\$1,446.50
Lease Expense	\$329.83	\$2,026.96
Sales Tax on Lease	\$28.86	\$103.62
Maintenance & Repairs	\$191.91	\$896.82
Volunteers Coffee + Water	\$63.58	\$687.33
Offices' Supplies + Expenses	\$583.38	\$1,622.28
Pension Fund	\$0.00	\$800.00
Postage	\$90.41	\$479.52
P/I, Donated Literature	\$0.00	\$646.45
Rent Main/Satellite Offices	\$2,797.75	\$20,768.09
Salaries	\$10,390.85	\$71,268.78
Reimb. Health Insurance	\$280.07	\$1,960.99
Payroll Tax Expense	\$797.89	\$6,728.29
Taxes & Licenses	\$63.75	\$195.74
Telephone Expense	\$781.28	\$3,973.15
LIFELINE Expense	\$1,270.55	\$7,889.90
Cost of Literature Sold	\$8,258.22	\$55,901.93
Special Events	\$0.00	\$430.64
Misc. (Returned Checks)	\$0.00	\$304.29
TOTAL EXPENSES:	\$26,642.15	\$187,528.98
INCOME/(LOSS):	\$7,130.77	-\$1,459.67

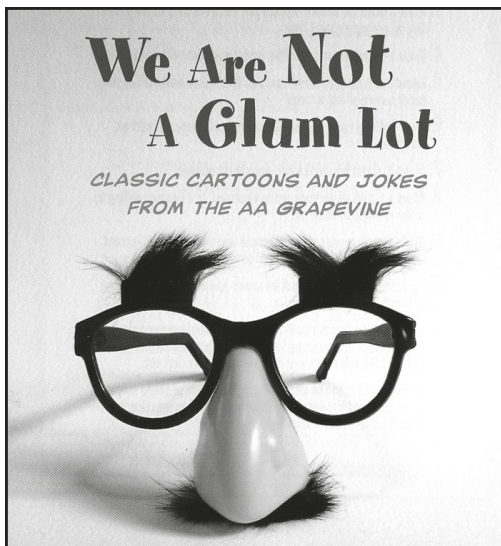
THE LIFELINE, 1526 BROOKHOLLOW DR., SUITE 75, SANTA ANA, CA 92705- Published monthly by the Orange County Intergroup Association

Purpose: The Orange County Lifeline Committee is a committee of volunteer A.A. members, charged with the responsibility of producing and distributing the Orange County Lifeline, (a publication of the Orange County Intergroup Association). The Lifeline is published monthly and is supported solely through contributions from the A.A. groups and members of Orange County. The Lifeline is published to meet the following needs of the Orange County A.A. membership: to inform the A.A. membership regarding A.A. service, A.A. events and A.A. announcements; also to share experience in recovery, unity and service; to keep the A.A. membership informed regarding the actions, finances and meetings of the Orange County Intergroup Association and other Central Office committees.

Lifeline Committee: Meets the 1st Thursday of each month at the Central Office. Join us @ 7PM.

Bill W. (Chair), Jim S., Phil F., Nick M., George L., Jack J., Tarcy H. (Editor)

Mail submissions to the above address or send email to: lifelineeditor@yahoo.com



“SO HOME IS THE BEST place after all?” snarled the alky's wife at 3 A.M.

Alky: “I don't know about that--but it's the only place that's open.”

A SPY WHO WAS BEING EXECUTED in the desert by the French Foreign Legion complained about having to walk three miles out onto the sands before being shot. “You're lucky,” one of his guards remarked, “we have to walk back.”

DOCTOR to patient: “When did you first realize that you were an alcoholic?”

Women patient: “I really can't remember, Doctor, only that it was quite sodden.”

ONE alky was sadly caressing his last empty bottle. Suddenly a genie appeared in a haze. “What is your will, Master?” burped the genie. “I can grant you two wishes.” Recovering from his surprise, the alky said, “For the first wish, I want the entire Atlantic Ocean to be of brandy, and me in a boat in the middle of it.” “It shall be so,” said the genie. “And thy second wish, O Master?” “Well,” said the alky thoughtfully, “I want a couple of bottles of hooch in the boat as well.”

Humorist Don Marquis was once ordered by his doctor to go on the wagon. For several weeks he did not touch a drop. Then one day, he went into a bar and ordered a drink.

“I thought you were off the stuff,” said the bartender.

“I was,” said Marquis, “but I finally conquered that darned will power of mine!”

RECOVERY WORD SEARCH

A WORD SEARCH, like all the others you've seen: words can be up, down, across or diagonal. Have fun, and win a few minutes of free sobriety! Reprinted, with thanks, from the *Ventura County Tradition*

There are also 12 AAs. Can you find them all?

S E A P U O R G R E T N I K P S
 P N A C U M I U D S P U O R G G
 I I E S A T A I K W M A A N T I
 H V S C E G A E R A U M I F R I
 S E S W N D L T Y A J T N O A A
 W P A A I E L Y T G E D T V D L
 O A E C W R I G H E J W E C I H
 L R J T S F E C M I N O R I T Y
 L G H A S Y D S S V A H N K I U
 E Q A S S A F T Y N A J A K O M
 F S N O I T N E V N O C T P N F
 E R L T S T P E C N O C I H S I
 A V S F A A E T N A Y N O U K M
 E Z R E V O C E R A I R N B C A
 Q W A D T E V Y U O K G A R A G
 H J L A S A X Z N Y D E L G H L

- | | | |
|------------|---------------|------------|
| Meetings | International | Steps |
| Groups | Intergroup | Opinion |
| AAWS | Conscience | Fellowship |
| Area | Minority | Allied |
| Grapevine | Concepts | Recover |
| Convention | Traditions | Solve |