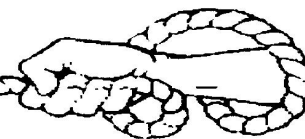


Lifeline



2010 Orange County Intergroup Service Board

Chair, Pearl N.
 Vice Chair, Lou D.
 Treasurer, Art H.
 Secretary, Eric
 Central Office, Grant M.
 Group Relations, Carol D.
 Hospitals & Institutions, Heather V.
 Lifeline, Roxanne R.
 Public Information, Barry P.
 Special Events, Anne M.

Who? What? When? Where?

Public Information Committee, Barry P.
 Meets the 3rd Wednesday of the month at 6:30 pm
 Group Relations Committee, Carol D.
 Meets the 4th Wednesday of the month at 7:00 pm
 Lifeline Committee, Roxanne R.
 Meets the 1st Thursday of the month at 7:00 pm
 Special Events Committee, Anne M.
 Meetings scheduled as needed
 H & I Committee, Heather V.
 Meets the 2nd Sunday of the month at the Garden Grove Alano Club. Institutions meet at 4:00 pm; Hospitals meet at 6:00 pm. South Orange County H & I meets at the Laguna Beach Canyon Club the 3rd Wednesday of the month at 7:30 pm.
 With the exception of H & I, the above committees meet at Central Office, 1526 Brookhollow, Suite 75, Santa Ana, CA 92705. If you are interested in serving on a committee or would like more information please contact the above or Central Office at (714) 556-4555.



Orange
 County
 Intergroup
 Association

ORANGE COUNTY CENTRAL OFFICE

1526 Brookhollow, Suite 75
 Santa Ana, CA 92705

Phone: (714) 556-4555; Fax: (714) 556-7231

E-mail: ocaa7664@sbcglobal.net

Web site: www.oc-aa.org

Office hours:

Mon-Fri: 9:00 AM to 7:00 PM

Sat: 9:00 AM to 1:00 PM

South County Office

27281 Las Ramblas, Ste.135, Mission Viejo, CA 92691

Phone: (949) 582-2697; Fax: (949) 582-2611

E-mail: socooa@sbcglobal.net

Office hours:

Mon-Fri: 10:00AM to 5:00 PM

The Orange County Intergroup Association Meeting

Wednesday, June 9th at 7:00 PM

**Costa Mesa Senior Center
 695 W. 19th Street
 Costa Mesa, CA 92627**

THE LIFELINE, 1526 BROOKHOLLOW DR., SUITE 75, SANTA ANA, CA 92705- Published monthly by the Orange County Intergroup Association

Purpose: The Orange County Lifeline Committee is a committee of volunteer A.A. members, charged with the responsibility of producing and distributing the Orange County Lifeline, (a publication of the Orange County Intergroup Association). The Lifeline is published monthly and is supported solely through contributions from the A.A. groups and members of Orange County. The Lifeline is published to meet the following needs of the Orange County A.A. membership: to inform the A.A. membership regarding A.A. service, A.A. events and A.A. announcements; also to share experience in recovery, unity and service; to keep the A.A. membership informed regarding the actions, finances and meetings of the Orange County Intergroup Association and other Central Office committees.

Lifeline Committee: Meets the 1st Thursday of each month at the Central Office. Join us @ 7PM.

Roxanne R. (Chair), Jim S., Phil F., Nick M., George L., Richard H., Steve C., Mike T., Tarcy H. (Editor)

Mail submissions to the above address or send email to: lifelineeditor@yahoo.com

In this Issue

Features and Fun Stuff:

Step 6	2
The 12 Concepts for World Service	2
What do you think?	3
Letter to Adam's Parents	4
Dear Alkie Alma	4
Many Pursue it into the Gates of Insanity or Death	7,8
My First 30 Days	9
We are Not a Glum Lot	12

Business:

H & I Donations	3
Meeting Changes	5
Group Contributions to Central Office	6,8
Birthdays	10
Events/Speaker Meetings	10
Statement of Income & Expenses	11
Web Stats	11
Central Office Activity	11

Step 6

Were entirely ready to have God remove all these defects of character.

Number 6 of 12 articles on the 12 Steps

Ah, now we come to the step that “*separates the men from the boys*,” as the 12 & 12 states. I don’t know about that, but I know that the magic that is freedom under God began to happen with this step. It still amazes me that two of the most life-changing steps in our program take up two short paragraphs in the Big Book. Another absolutely amazing fact about the 6th step—it didn’t exist before Bill W. wrote it down on paper one night in 1937-38.

Most of the promises listed in the 5th step started to come true in this step. When I could honestly say that I was ENTIRELY ready (not almost, not just about, not partially, but ENTIRELY ready) to have God remove ALL (not some) of these defects, I had taken step 6. Well, that was easy.

Now let’s look at step 7. Oops, my sponsor had something to say, and like always he put it in the form of a question, “What are those defects of character I am entirely ready to have God remove?” And I listed this long grocery list of defects, to which my sponsor responded, “Let’s look at four—dishonesty, selfishness, fear and resentment.” He told me that his experience had shown him that these four defects brought out all the others—selfishness most often being a cause of lust, fear almost always being a cause of anger, resentment always being a driver of being judgemental... and so on. Now, having a true list of my defects, I saw that there was no way I wanted to hang on to any of them— I became entirely ready to have God remove all these defects of character. I still am entirely ready to have God remove them—daily.

A member of A.A. in Orange County

Text in italics re-printed from the Big Book with permission of Alcoholics Anonymous World Services, (AAWS)

The 12 Concepts for World Service

Concept 5 (short form)

Throughout our structure, a traditional “Right of Appeal” ought to prevail, so that minority opinion will be heard and personal grievances receive careful consideration. P574, Alcoholics Anonymous, (fourth edition).

When Bill W. assembled his 12 Concepts for World Services in 1962, he was creating the tools that would ensure a smooth transition from the Bill-and-Bob-A.A. that had characterized Alcoholics Anonymous for nearly three decades. Even so, the Concepts were not approved by the General Service Conference until 1971.

Concept 5 is perhaps better known as the “right of the minority to be heard.” It has not been used with regularity although often enough to be revered by most conference attendees.

When Bill penned his explanation of Concept 5, his summary included this sentence: “The well-heard minority, therefore, is our chief protection against an uninformed, misinformed, hasty, or angry majority.” And that is precisely what it has done.

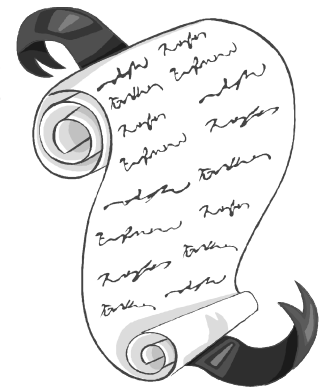
Veteran conference attendees tell of instances when a conference majority, taken to task by minority viewpoints, have revisited the item in question and reversed themselves. More often, however, the majority opinion seems to prevail.

On page 59 of the 2009 final report of the General Service Conference, appears a list of six floor actions that did not result in any conference advisory

actions. On two of these the conference voted not to consider. On the others, the conference rejected approval. These four ran a wide gamut from withdrawing a proposal for literature price increases to developing a uniform policy regarding full-face photography of actors used in some videos.

All of the matters rejected by the 2009 conference will probably reappear in some future conference. My dad told me if you “act in haste, you can repent at leisure.” Good advice – and a doctrine that seems especially pertinent to our life-saving program.

George L., Westminster



April 2010 H & I Donations

Name	April 1-30	Total 2010
<u>LITERATURE DONATIONS:</u>		
Checks		
9:02 Sun Tustin Podium Participation Speakers	\$	\$ 118.00
Alkie's Winners Circle Meeting, Tustin, noon	56.87	198.38
Alligator Meeting Men Q & A Thurs 7:30 PM SJC	32.71	201.08
Anaheim Hills Men's Stag 7 PM Monday, Kaiser		20.00
Anne D		180.25
As Bill Sees It	100.00	100.00
Bonita Canyon Sun Night Disc Group		144.00
Charlie St. Overflow Men's Group Sat 9:30 AM		5.00
Cooper Fellowship		669.00
Costa Mesa Alano Thurs 5:30 Women "It's in the Book"		13.42
Costa Mesa Big Book Trivia Men's Stag Wed		100.00
Costa Mesa Sunday Nite Speakers Group		10.00
Discovery Group, Newport Aquatic Center 6 PM Sat		8.00
Dolphins at Daybreak, Thurs 7AM Laguna Beach, Aliso Creek		11.00
Friday Night 8 PM BB Study Corona del Mar		30.00
Friday Night Turning the Corner WASS Street		77.71
H.O.W. Hall 10 AM Sun Sober Sharing		10.00
Hard Core Harbor Group	360.00	360.00
Huggers II (Lifeguard tower 11 HB)	50.00	210.00
Huntington Beach Women's BB Sat 10 AM Chapel Lane	187.03	320.18
Irvine Big Book Topic Disc Wed 6:30 PM Mariners		159.03
Irvine Gypsy Woman'sBB Group		62.50
Irvine Over 50 Mtg Fri 10:30 AM		49.00
Irvine Saturday Step Study 9:15 AM, St. John		279.67
Irvine Sunday 10 AM Donut Meeting	83.50	409.09
Its in the Book Sat 8:30 am Anaheim Hills		251.61
Joey P		20.00
Kaiser Friday Night Topic Group 5:30 Irvine	36.07	230.26
Kay T		50.00
Mark R	200.00	200.00
Michael M		50.00
Monday Night Newcomers Topic Disc St. Joe's		152.25
Noontime Meeting 1835 Newport Blvd CM Over 50 Wed 10 AM Garden Grove Singleness of Purpose	354.73	354.73
Primary Purpose Disc Mtg, Mon 5:30 PM Anaheim St. Paul's	15.00	60.00
Rockin Soberfest		1,150.00
Sandy Survivors	64.00	64.00
Saturday 9:30 (SJC ?)		30.00
Saturday Nite Lite 6 PM Fullerton	10.00	30.00
Scott M	50.00	50.00

Shark at the Aquatic; NB 12:15 Sunday	100.00	100.00
Sober & Crazy Speakers Mtg. Tustin Sunday Night 7-8:30	40.67	93.60
Sunday 10 AM Women's Big Book		118.56
Sunday Night CM Speakers Group		10.00
Sunrise Sobriety		70.00
Taking a Trip SJC	100.00	200.00
The Other 12 & 12-Orange		20.00
Thurs. Night 7:30 PM BB Study Corona del Mar Heliotrope		50.00
Turtle Rock 11 AM Saturday morning BB Mtg		100.54
Tustin 6 AM Attitude Modification MT	277.47	1,176.77
Twelve Solutions Step Study-Irvine Wed 7:30 PM	141.00	255.60
We got a Coffee Pot Thurs. Night Men's Stag		6.80
Woman's Monday Night 7:30 Orange Meeting	32.89	111.45
Women's Discussion @ Thursdays	7.95	7.95
Women's Monday noon Huntington Beach St Wilfred's "As Bills It"		95.32
Yorba Linda Discussion Group Mon 8 PM 4861 Liverpool		82.77
Total literature donations	<u>\$2,323.89</u>	<u>\$9,007.90</u>



Alcoholic A / Alcoholic B

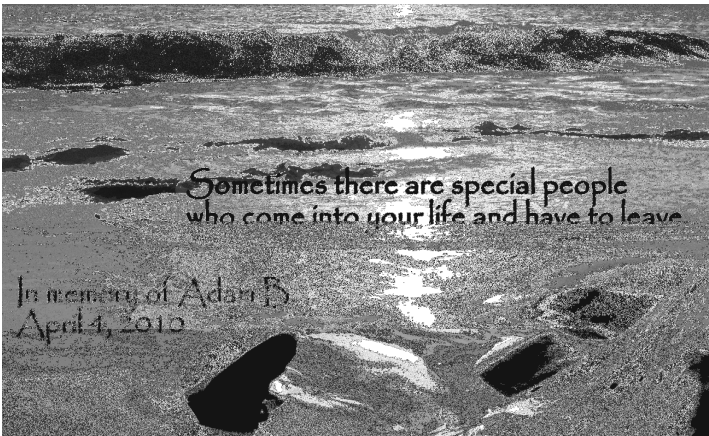
Alcoholic A says people with “other issues” should avoid A.A. meetings and only go to meetings suited for their drug of choice (Narcotics Anonymous, Pills Anonymous, Marijuana Anonymous, etc.). Alcoholic B says people should feel free to go to any kind of meeting that helps them stay sober, as long as they respect the meeting’s traditions (identify as an Alcoholic at an A.A. meeting, etc.). What do you think?

Please send responses to lifelineeditor@yahoo.com or 1526 Brookhollow, Suite 75, Santa Ana, CA 92705. Selected responses will be printed in next month’s issue (responses may be edited for length and language).

Pray that success will not come any faster than you are able to endure it.

Letter to Adam's Parents

It is with great trepidation that I write this letter as I ponder for the proper words to share with you. Where do I start and What do I say? I can say without any doubt that I loved your son Adam and I was proud to have had the opportunity to know him. I met your son, Adam in A.A. approximately six month ago. When I introduced myself to him, he greeted me with a wonderful engaging smile that made me feel like I knew him for a long time. Whenever I went to a meeting and saw Adam he always greeted me with love and always had a kind word to share with me. There were many other men in our group that also felt that way about Adam. I can remember one particular meeting, when we heard that Adam had a slip. He was not present at the meeting, but the issue became the subject matter for



the meeting. As the conversation went around the room, men were sharing about the great loss they were experiencing. They hoped and prayed he would come back and be a part of our group again. When he returned in a few days, he was received with open arms and love. He expressed the difficulty that he was having about telling his parents that he had a slip, and that he felt terrible that he had let you down again. I can remember sharing with Adam that I was sure that his parents still loved him, and they would be glad he found his way back to A.A. He assured me he knew that, and that he also loved you.

I can't even imagine the difficulty you are having understanding why this tragedy happened and how this disease takes people's lives. I have been a member of A.A. over 25 years, and I have seen many men come and go throughout that time. When we lose a brother or fellow member, it is a great loss to all of us. I always wonder to myself what else could I have said or done to have made the result different. I wouldn't even attempt to say that I know that answer, but I was taught to greet them when they arrive and love them while they are here. This hideous disease destroys families and rips loved ones apart, I know that from my own pain, and I hope and pray that your burdens will be lifted.

A while ago, someone told me about another 12 step program (Al-Anon), that would help me better understand this disease. The only requirement for membership is to be a friend or loved one of an alcoholic. That suggestion was a great gift to me, and I wanted to pass that on to you.

In closing, I want to say Adam was loved by many and he also loved us. He will always be a part of my life and he helps me realize what a great gift I have been given to be a part of A.A. and not to take that gift for granted. I don't know why Adam left us; but maybe he did it to remind the rest of us to never take that gift for granted and never take that first drink again. Please pray for us and I will for you. May God be with you always.

Sincerely, Anonymous

A generous donation of \$400 was made to Orange County Central Office on Adam's behalf.

Got a Problem?
Send a Letter to
"Dear Alkie Alma"



Alma answers your questions about getting sober, staying sober and carrying the message of recovery.

If you think Alma can help, please send your letters to "Dear Alkie Alma" c/o OCCO, 1526 Brookhollow, Ste. 75, Santa Ana, CA 92705, or email them to lifelineeditor@yahoo.com.

Dear Alkie Alma,

I have been having a problem lately with open meetings, which seem to have become like a "free for all" where anybody can talk about anything except about recovery from alcoholism. Also, I recently have heard of meetings that allow people to read from the Bible, other religious texts and even a speech by a politician. Is this normal? Are these actions in keeping with A.A. traditions?

Reuben A., Orange

Dear Reuben,

First of all, we have a little blue card available at Central Office that explains: *"This is an open meeting of Alcoholics Anonymous. We are glad you are all here — especially newcomers. In keeping with our singleness of purpose and our Third Tradition which states that 'The only requirement for A.A. membership is a desire to stop drinking,' we ask that all who participate confine their discussion to their problems with alcohol."* (The 1987 General Service Conference made this statement available as an A.A. service piece for those groups who wish to use it.)

If the meeting Leader and/or Secretary (or any member for that matter) would read this again, anytime things get out of hand, then the meeting can concentrate on the solution rather than the problem.

As for the kinds of readings that might suggest affiliation with any "creed," repeat the preamble that is read at the beginning of each meeting. Also, reminding the group of Tradition Ten (that A.A. has no opinion on outside issues) might be helpful. In the end, Tradition Four gives us guidance: "Each group should be autonomous except in matters affecting other groups or A.A. as a whole." One definition of "autonomy" is "having the right or power of self-government;" or something "undertaken or carried on without outside control." Certainly this applies to our groups. The trick is to successfully determine when one group's actions affect any other groups or A.A. as a whole. If the group that is ignoring the traditions, should try to convert other groups to its way of thinking and doing, then we would have a violation; plus this would effect A.A. as a whole.

Experience has shown that groups that drift away from the message of recovery and the traditions soon wither and die. That is the sad fact. The only other solution is for the Group Relations Committee of the Intergroup Association to counsel such groups in the hopes that they will change their ways. Barring that, they can be deleted from the Meeting Directory. That's about it.

The real tragedy is that such groups confuse our new members and prospective members and may ultimately, prevent them from hearing the message of recovery that our wonderful program offers.

MEETING CHANGES SINCE

January 9, 2009

SUNDAY

CATALINA ISLAND

11:00 AM 11th STEP STUDY 230 Metropole - (310) 510-2545 Change Time & Name

FULLERTON

6:00 PM (Y) HOW IT WORKS 530 W. Commonwealth Name Change

MONDAY

ANAHEIM

5:00 PM SERENITY LIFE DISCUSSION 2024 W. Lincoln Ave Suite 6 New Meeting

CATALINA ISLAND

6:30 PM LIVING SOBER 230 Metropole - (310) 510-2545 Change Time

COSTA MESA

6:00 PM (C) MONDAY NIGHT MEN'S BOOK STUDY 2015 Charle Street New Meeting

7:00 PM MEN'S SOBER FLOW BEGINNERS 420 W 19th St. Name Change

FULLERTON

4:00 PM 12 & 12 BOOK STUDY 530 W. Commonwealth New Meeting

GARDEN GROVE

7:00 PM PRIMARY PURPOSE BOOKSTUDY 10282 W. Chapman Ave. New Meeting

IRVINE

5:00 PM (C) WOMEN'S BLUE BOOK STUDY 5001 Newport Coast Dr (Church) New Meeting

NEWPORT BEACH

7:45 PM WOMEN'S BEGINNERS DISCUSSION 301 Newport Blvd.@ PCH Time change

8:00 PM MEN'S DISCUSSION 301 Newport Blvd.@ PCH Deleted then added back

TUESDAY

ANAHEIM

6:30 PM (C) WOMEN'S 6TH & 7TH STEP STUDY 701 W. Broadway(Rm# 5 & 6) New Rm #s

8:00 PM TUESDAY NIGHT SURVIVORS 2580 W. Orange (St. Paul's Church) New Meeting

ANAHEIM HILLS

7:30 PM 12 & 12 STEP STUDY 411 Lakeview Ave. @ 91 Fwy Taken out by mistake

BUENA PARK

6:15 PM (C) TUESAY NITE LINE UP STEP STUDY 7082 Crescent Ave. (Church) New Meeting

SAN CLEMENTE

1:00 PM (C) WOMEN'S SOBER TODAY AA 2001 Calle Frontera (Church) Changed to closed

TUSTIN

7:00 PM (C) TUSTIN BIG BOOK STUDY 225 W. Main St. @ C (Church Rm 205) New Address

WEDNESDAY

ANAHEIM

7:00 PM PARADISE GROUP 2321 E. Romneya @ Paradise New Meeting

LA HABRA

7:00 PM WOMEN'S PARTICIPATION 631 N. Euclid @ E Whittier Blvd Church) Changed to open

LAGUNA WOODS

7:00 PM WINNERS STEP STUDY 24442 Moulton Pkwy Corrected City name

NEWPORT BEACH

8:00 PM DISCUSSION RECOVERY RADICALS 301 Newport Blvd. Deleted then added back

THURSDAY

ANAHEIM

7:30 PM (C) WE GOT A COFFEE POT MEN'S STAG 5340 E. La Palma Ave. New Meeting

CATALINA ISLAND

6:00 PM DISCUSSION 230 Metropole - (310) 510-2545 Change Time

COSTA MESA

7:00 PM THE 12 STEPS OF FREEDOM 1865 Anaheim Ave. (Garage) New Meeting

FULLERTON

8:00 PM AA TOPIC DISCUSSION 530 W. Commonwealth New Meeting

HUNTINGTON BEACH

7:00 PM (C) 11TH STEP DISCUSSION 1912 Florida @ Adams (Church, Downstairs) Time Change

NEWPORT BEACH

6:45 AM DAILY ATTITUDE ADJUSTMENT 1099 Bayside Dr. @ Jamboree New Meeting

SAN JUAN CAPISTRANO

7:00 AM (C) DESIGN FOR LIVING WOMEN'S S/S 27122A Paseo Espada New Meeting

7:00 PM (C) JOY OF SOBRIETY DISCUSSION 27174 Ortega Hwy @ I-5 Address change

FRIDAY

CATALINA ISLAND

6:00 PM 12 STEPS & 12 TRADITIONS 230 Metropole - (310) 510-2545 New Name

COSTA MESA

6:30 PM TGIF WOMEN 184 E. Bay St. (Yellow House) Address Change

CYPRESS

7:00 PM (C) GIRLS NITE OUT 6143 Ball Rd @ Valley View (Cypress Church) New Location

GARDEN GROVE

12:00 PM FRIDAY HIGH NOON 7212 Chapman Ave @ Knott Ave (Serenity Hall) Name Change

SAN JUAN CAPISTRANO

11:30 AM (C) W'S BACK TO BASICS GRAPEVINE MTG 27122A Paseo Espada (#904) New Mtg

WHITTIER

7:00 PM BIG BOOK STUDY 15140 Russell St. @ Borgardous (church) New Location

SATURDAY

CATALINA ISLAND

7:00 PM BIG BOOK STUDY 230 Metropole - (310) 510-2545 Name Change

FULLERTON

11:30 AM MORNING MISFITS PARTICIPATION 530 W. Commonwealth New Name

HUNTINGTON BEACH

11:00 AM (I) DEAF DRUNKS 19092 Beach Blvd suite 'G' @ Garfield New Meeting

ORANGE

7:00 PM NOT A GLUM LOT 705 W. LaVeta Ste. 208 (Med Bldg) Changed to open meeting

TUSTIN

7:30 AM (C) TUSTIN ACCEPTANCE MEETING 225 W. Main St. @ C, (Church) New Meeting

MEETING DELETIONS SINCE

January 8, 2010

MONDAY

PLACENTIA

7:30 PM MEN'S BIG BOOK GROUP 849 N. Bradford

TUESDAY

LAGUNA BEACH

7:30 PM (C) MEN'S STAG 429 Cypress

WEDNESDAY

HUNTINGTON BEACH

7:00 PM BOHEMIAN BEACH PCH @ Huntington St.(Lifeguard Tower 11)

LAGUNA HILLS

7:00 PM MILL CREEK MEN'S BEGINNERS 22911 Mill Creek

THURSDAY

SAN JUAN CAPISTRANO

5:00 PM (C) WOMEN'S TOPIC DISCUSSION 31882 Camino Capistrano

FRIDAY

FULLERTON

8:00 PM CANDLELIGHT DISCUSSION 530 W. Commonwealth Ave.

NEWPORT BEACH

7:00 PM MEN'S BALBOA BLUE HOUSE 1216 W. Balboa

SATURDAY

FULLERTON

7:00 PM BACK TO BASICS BEGINNERS 530 W. Commonwealth Ave.

HUNTINGTON BEACH

7:00 PM BOHEMIAN BEACH PCH @ Huntington St.(Lifeguard Tower 11)

SAN CLEMENTE

4:30 PM VOLUNTARY PARTICIPATION 929 Calle Negocio, Ste H

Sixth Step Prayer

Dear God, I am ready for Your help in removing from me the defects of character which I now realize are an obstacle to my recovery. Help me to continue being honest with myself & guide me toward spiritual & mental health

GROUP CONTRIBUTIONS TO CENTRAL OFFICE— April

	APR	YTD							
ALISO VIEJO	^	^	Mo 6:30P-Both Books, 16871 BolsaChic		\$60		Fr 12:00P-Q & A, 20456 LCR		\$140
ANAHEIM	^	^	Mo 7:00P-(W)'s Sans, 18631 Chapel Ln.		\$144		Fr 6:00P-Literature Mtg, 21632 Wesley	\$240	\$240
BUENA PARK	^	^	Mo 7:30P-(M)'s BB & 12&12, 1912 Florida	\$60	\$135		Fr 7:30P-Candlelight Acceptance., 20456 LCR		\$70
CAPISTRANO BEACH	^	^	Tu 1:00P-Harmony (W)'s, Edinger/Denney's		\$80		Sa 6:55A-Keep It Simple, 20456 LCR		\$80
Fr 7:00P-Friday Knights, 25976 Domingo		\$70	Tu 7:30P-Beginners (M)'s, 19822 Beach	\$350	\$350		Sa 7:00A-Whale Watchers Men's, PCH@Wesle	\$286	\$746
CORONA DEL MAR	^	^	Tu 7:30P-(W)'s Serenity BB, 20444 Magn	\$100	\$100		Sa 12:30P-Intro Action, 20456 LCR		\$40
Mo 7:00P-Baywood Disc, 1601 Marg		\$200	Tu 8:00P-Newcms (M)'s Grp, 20444 Magn	\$100	\$100		LAGUNA HILLS	^	^
Tu 12:00P-Noonatics, 800 Marguerite		\$50	Tu 8:00P-Talbert Tuesday, 7641 Talbert	\$10	\$41		Su 7:30P-Legacy Grp, 23802 Ave de la Carlotta		\$320
Th 6:00P-Happy Hour (M)'s Pacific View	\$70	\$140	We 1:00P-(W)'s 12&12 Stdy, 9812 Hamilton		\$53		Tu 7:00P-(M)'s Stag, 23802 A D Carlotta		\$566
Fr 7:30P-Rebels Disc, 611 Helio		\$200	We 2:00P-Seniors & Friends 1718 Orng		\$36		Tu 7:30P-(W)'s BBStdy, 24566 Ashland	\$72	\$122
Fr 8:00P-BB Stdy, 3233 Pacific View		\$280	We 6:30P-(W)'s Step Stdy, 7641 Talbert		\$90		We 7:00P-Get Happy 12&12 Stdy, A D C		\$56
COSTA MESA	^	^	Th 7:30A-Attitude Mod, 19092 Beach Blvd		\$60		Th 12:30P-(W)'s Topic Disc, 23181 Verdugo		\$95
Dly 7:00A-Daily Reflect, 2040 Placentia		\$50	Th 6:30P-BB Stdy, 6622 Lakeview		\$200		Sa 11:00A-Acceptance Grp, 23802 Ave de la C	\$40	\$40
Dly 7:30A-As Bill Sees It, 2501 Harbor		\$700	Th 7:00P-11th Step Disc., 1912 Florida		\$40		LAGUNA NIGUEL	^	^
M-F 6:45A-Morning Meditat, 183 E. Bay	\$1	\$1	Fr 10:00A-Step Sisters, 18631 Chapel Ln.		\$190		Su 6:30P-Beginners Disc., 29751 Crown Vly Pk		\$280
M-F 12:00P-Noon Rec, 420 W. 19th St.		\$284	Fr 6:30P-BB Stdy, 16400 Springdale		\$100		Mo 7:00A-Mom (M)'s Stag B2B, 30071 Ivy Glen		\$200
Su 10:00A-BB Over Donuts, 2040 Placentia		\$50	Fr 7:30P-BB Stdy, 7641 Talbert		\$70		Mo 10:30A-(W)'s 12X12 Stdy, 27802 El Lazo	\$174	\$174
Su 6:00P-60 Minute Beginners, 2144 Thurin	\$70	\$70	Sa 7:30A-Attitude Mod, 19092 Beach Blvd		\$120		Tu 7:00A-Tues Morning (M)'s BB/SS, 30121 Nig		\$84
Su 7:00P-12 S/ S M's Stag, 2015 Charle St.		\$60	Sa 7:30A-(M)'s Stag Book Study, 19092 Beach	\$70	\$70		Tu 7:30P-Book Stdy, 30121 Niguel Rd.		\$88
Mo 12:00P-Clean & Serene BB, 183 E. Bay	\$75	\$75	Sa 7:30A-(M)'s Disc 9812 Hamilton		\$60		We 6:00P-Book Stdy, 30121 Niguel Rd.		\$228
Mo 8:00P-(M)'s, 2015 Charle Street		\$50	Sa 9:30A-W BB Stdy, 19092 Beach Blvd		\$68		Fr 7:00A-Back to Basics Men's, 30120 Town C	\$320	\$670
Tu 7:30P-(M)'s Last Gasps, 695 W 19th	\$100	\$200	Sa 9:30A-Charle St. Overflow, 9812 Hamilton		\$20		Fr 10:30A-(W)'s Disc., 30071 Ivy Glenn	\$60	\$60
We 12:00P-High Noon Step, 183 E. Bay St.	\$30	\$60	Sa 10:00A-(W)'s BBStdy, 18631 Chapel	\$140	\$302		Sa 6:00P-Candlelight Disc, 30121Niguel		\$30
We 7:00P-(W)'s Source Str, 3116 Van		\$45	Sa 7:00P-Sat Nite Live BB, 18631 Chapel	\$60	\$200		LAGUNA WOODS	^	^
We 7:30P-Day By Day Serenity, 1865 Anaheim		\$40	IRVINE	^	^		Dly 7:30A-Do It Sober, 24442 Moulton	\$290	\$2,400
We 7:30P-BB Trivia (M)'s Stag, 1545 New		\$60	Dly 6:30A-Sunrise Sobriety, 4400 Barr		\$716		Tu 7:30A-12 Step Meeting, 24442 Moulton		\$25
Th 5:30P-(W)'s Its/Book Study, 2040		\$40	Dly 7:00A-Solu Grp Mar, 5001 Newport Coast		\$3,670		Fr 10:00A-Top/Hill Gang, 24252 El Toro	\$70	\$140
Th 7:30P-Candlelight Disc, 420 W. 19th	\$70	\$70	M-F 12:00P-Alton Noon Grp, 5101 Alton	\$100	\$200		LA HABRA	^	^
Fi 6:30 P-TGIF Women 183 E. Bay St.		\$100	M-F 12:00P-Take the Steps. UCI Bldg. rm 113	\$51	\$51		LAKE FOREST	^	^
Fr 8:00P-BB Stdy, 1865 Anaheim		\$50	M-Thur 5:30P-On The Way Home, 17321 Murp		\$100		Th 7:30P-Mustard Seed SS, 23262 El Toro	\$72	\$72
Sa 7:00A-ARK, 760 Victoria St.	\$10	\$10	Su 10:00A-Donut Mtg, 6670 Alton Pky	\$60	\$285		LA MIRADA	^	^
Sa 9:30A-(M)'s By The Book, 3080 Airway A		\$360	Mo 6:30P-Easy Does It, 4949 Alton		\$84		LAS FLORES	^	^
Sa 9:30A-Sat Morn (W)'s Gr, 2040 Placen		\$99	Mo 7:30P-(W)'s Disc., 15 Orange Tree		\$48		LOS ALAMITOS	^	^
Sa 1:30P-What's/Point, 2040 Placentia		\$5	Tu 12:00P-(W)'s BB Stdy, 5101 Alton Pky		\$137		MISSION VIEJO	^	^
Sa 6:00P-Cover-To-Cover, 183 E. Bay St.	\$20	\$164	Tu 6:00P-Courage To Change, 18182 Culver		\$140		Daily Saddleback Valley Grp, 23166 Los Alisos	\$90	\$350
Sa 8:00P-Keep It Simple, 2850 Fairview		\$50	Tu 7:00P-(M)'s K.I.S. 12X12, 14301 Yale	\$105	\$385		Mo&Th 7:30P-12 Step, BB Stdy, Jeronimo & Ma		\$400
CYPRESS	^	^	We 6:30P-B. B. Topic Disc., 5001 Nwprt	\$135	\$275		Mo 7:00P- (W)'s SS, 26051 Marg.		\$180
We 7:00P-Cypress Women's S/S, 5100 Cerri	\$180	\$290	We 7:30P-12 Solutions SS, Harvard		\$160		Mo 7:30P-B/Ring (M)'s Stag, 27641 Aqua	\$65	\$65
DANA POINT	^	^	Th 6:30P-(W)'s Gypsies, Deerfield & Turtle	\$59	\$123		Tu 7:30P-Design for Living BB, 26558 Marg		\$40
Dly 7:00A-Hard Core Harbor, 34451 Ens	\$3,154	\$7,948	Fr 10:30A-Over 50 Grp, 4400 Barranca PKWY	\$115	\$155		We 9:30A-(W)'s, 26051 Marguerite Pky	\$60	\$160
Mo 5:30P-(W)'s Disc, Ensenada & DPH		\$245	Fr 5:30P-Topic Disc.Grp, 6650 Alton (Kaiser)	\$71	\$224		Th 9:30A-(W)'s 12 x 12, 26001 Blascos	\$30	\$30
Tu 9:30A-(W)'s Back/Basics 24642 SJ	\$224	\$224	Fr 7:00P Winning Tkt Bk Stdy, 1 Sunnyh		\$220		NEWPORT BEACH	^	^
We 7:00A-(W)'s Harb Topic Disc, S Juan	\$103	\$190	Fr 8:00P-Little Grp, 18422 Culver	\$50	\$50		Dly 6:30A-Jumpstart Disc, 414 E. 32nd St.		\$900
Fr 12:15P-Fri Lunch (W)'s BB, 33841	\$50	\$75	Sa 6:30A-Back Room S/S, 4400 Barranca Pkw		\$119		M-F 6:45A-Attitude Adj, Bayside Dr (Yacht Club)		\$2,000
Fr 7:00P-GV, 33926 Calle Primavera	\$300	\$300	Sa 9:15A-SS, 5101 Alton Pky	\$137	\$311		M-F 12:15P-Shark@Aquatic, 1Whitecliffs	\$500	\$950
Sa 7:00P-Sprk, 33926 Calle Primavera		\$154	Sa 11:00A-B.B Stdy, 1 Sunnyhill - Turtle	\$103	\$221		Su 9:30A-Sandy Survivors, On/Beach	\$140	\$140
FOUNTAIN VALLEY	^	^	Sa 7:00P-Sprks, 1 Sunnyhill - Turtle		\$130		Su 7:30P-Sprks, 414 E. 32nd St		\$400
We 8:00P-Disc, 10280 Slater		\$30	LAGUNA BEACH	^	^		Mo 12:30P-Back Bay (M)'s, 1201 Irvine		\$700
FULLERTON	^	^	Dly 7:00A-Attitude Adj, 20456 LCR	\$150	\$300		Mo 7:00P-Language of the Heart (W's) 2414 Vi	\$84	\$153
GARDEN GROVE	^	^	Dly 7:05A-Attitude Adj, 31872 PCH	\$1,042	\$1,042		Mo 7:00P-Over 40 Disc, 1099 Bayside Dr.		\$75
Tu 7:00P-Top/Key Book Stdy, 9th & Lamp		\$60	Dly 7:05A-Attitude Adj Tee Rm, 31106 PCH (C	\$100	\$952		Mo 8:00P-(W)'s Beg Disc, 301 Nwprt Blvd	\$113	\$113
Tu 7:00P-HeartSpeak (W)'s, 13082 Bowen S		\$30	M-F 7:00A-Meets/Ruby's, 30622 PCH		\$28		Tu 7:00P-Beachcombers (M)'s, 414 Old Newport	\$91	\$91
We 10:00A-Ovr 50 Sin/Purp, 9845 Belf	\$30	\$75	Su 7:05A-Montage Grp, (Montage)		\$430		Tu 7:00P-NB/CDM (M)'s, 414 32nd St.		\$100
We 12:00P-(W)'s, 9845 Belfast	\$26	\$26	Su 10:00A-Heisler Park Disc, Cliff		\$70		Tu 8:00P-(W)'s Topic Discussion, 4141 E. 32nd	\$92	\$92
Th 7:00P-SS, 12432 9th St.		\$42	Su 11:45A-11th Step Disc., 20456 LCR		\$91		We 6:00P-Men's, 414 E. 32nd Street	\$252	\$252
Fr 10:30A-(W)'s (C)12 & 12, 9845 Bifst	\$23	\$23	Su 6:00P-GV Stdy, 21632 Wesley Dr		\$103		We 6:30P-Wed Nite W's 12+12, 883 W. 15th St.		\$40
Fr 7:30P-11th Step Prayer & Med., 9845 Belf	\$98	\$98	Su 7:00P-TIS Spkr, 31872 Coast Hwy	\$120	\$180		We 7:00P-Steps&Trads, 2200 San Joaquin Hills		\$60
Sa 10:30A-BB Stdy, 9845 Belfast		\$124	Mo 6:30P-(W)'s Perspect, 20456 LCR		\$70		We 7:30P-BB Stdy, 600 St. Andrew		\$30
HUNTINGTON BEACH	^	^	Mo 6:30P-(W)'s BB Stdy, Wesley		\$100		We 8:00P-Recovery Radicals, 301Nwprt		\$100
Dly 6:00A-Early Birds, 19092 Beach Blvd		\$28	Mo 7:00P-Mon Night (M)'s Stag @Pat's		\$150		Th 9:00A-(W)'s BB Stdy, 414 32nd St.		\$150
Dly 7:00A-Hggrs/Bill Sees It, 8200 Ellis		\$925	Mo 8:00P-(M)'s Stag, 20456 LCR	\$100	\$400		Sa 8:00A-Easy Risers, 2100 Mar Vista	\$350	\$350
Dly 8:00A-Hggrs II, H.B Lifegr Tower 11	\$330	\$1,260	Mo 8:00P-S/Coast (M)'s, 340 S/Ann's		\$216		Sa 11:00A-Participation, 414 E. 32nd		\$60
Su 9:00A-On/Beach, Lifegr Tower 11		\$90	Tu 12:30P-(W)'s Disc, 20456 LCR	\$200	\$400		Sa 6:00P-Discover Grp, 1 Whitecliff Dr.		\$112
Su 10:00A-Sober Sharing, 19092 Beach Blv		\$50	Tu 6:30P-(M)'s Beg, 31872 So/Coast	\$805	\$805		Sa 8:30P-Hoag Hut Spkr, 301 Nwprt Ave		\$250
Mo 12:00P-(W)'s Bill Sees It, 18631 Chap	\$70	\$210	Tu 7:30P-(G)(M)'s Stag, 429 Cypress		\$179		ORANGE	^	^
Mo 5:00P-Men's Book Study, 19092 Beach	\$86	\$156	We/Sat 7:00A-Whale Watch (M)'s, PCH		\$592		Dly 7:00A-Early Birds, 812 Town&Cntry	\$140	\$500
Mo 6:00P-Sprkr/Q&A/Part, 6622 Lakeview		\$90	Th 7:05A-W's Dolphins at Day, Salt Creek Bea		\$243		Su 11:00A-Sun Pumpers, 705 W LaVeta		\$140
			Th 6:00 P-(W)'s Disc,20456 LCR		\$140		Mo 7:00P-(W)'s Step Stdy, 161 Orange		\$54
			Th 6:30P-(M)'s BYOB 12& 12 SS, 21632		\$119		Mo 7:30P-Beg Disc, 705 W La Veta		\$74
							Tu 7:00P-Double Scoop Bk Stdy, W La Veta		\$70

Continued

“Many pursue it into the gates of insanity or death.”

The first paragraph of chapter three of the Big Book tells us that: “The idea that somehow, someday, he will control and enjoy his drinking is the great obsession of every abnormal drinker. The persistence of this illusion is astonishing. Many pursue it into the gates of insanity or death.”

What brought this to mind was an article titled “The Last Alcoholic Days of F. Scott Fitzgerald,” which had been forwarded on to a member of the *Lifeline* committee. It had been published by *The Journal of the American Medical Association*, and while accurate in its depiction of the subject, was largely a long biography of Fitzgerald, laced with medical jargon concerning his death. It didn’t seem appropriate for the *Lifeline*.

However, Fitzgerald had been greatly influenced by the writings of O. Henry (William Sydney Porter) who was known to have died an alcoholic in 1910. And there are many more people who achieved a high level of recognition in their time, but had “problems” with alcohol. I’ve outlined a few below, all of whom had two things in common.

1. Each had known problems with alcohol.
2. None of them died of old age.

All of them were intelligent, talented, famous, and successful in their time. They all pursued their obsessions into the gates.

Edgar Allan Poe 1/19/1809 - 10/7/1849, aged 40

Well known during his short lifetime for his many short stories, novels, and poems, which all show a blend of the Gothic and the Romantic, Poe worked for, and contributed to, many magazines and publishers up and down the east coast. Alcohol was always a problem, and was largely responsible for his court martial and dishonorable discharge from West Point.

His personal life was chaotic; his wife died young, and later romances were destroyed by his drinking, the last one in 1848. In 1849 he joined the Sons of Temperance in Richmond, VA, in an avowed attempt to stop drinking.

Returning to New York from Richmond, he stopped in Baltimore, where he was found delirious and nearly unconscious in the street on October 3rd. He died three days later from “unknown causes.”

O. Henry (William Sydney Porter) 9/11/1862 - 6/5/1910, aged 47

Certainly one of the most prolific and admired writer of short stories, O. Henry is credited with defining the short story as a literary art form. Famous for their wit, characterization, plot twists and surprise endings, his stories gained international recognition.

He moved to Austin, TX, in 1884, and worked in the Texas General Land office for a time. He also worked as a bookkeeper at



the First National Bank of Austin, but was accused of embezzlement and lost the job in 1894. He fled to Honduras, but returned when his wife was dying in 1897. He was confined as a federal prisoner until released, for good behavior, in 1901.

Austin claims him as a sort of “favorite son,” with his quarters at the Land Office, and his house (restored as a museum) kept as historical sites. He continued to write and be published while in Austin, Honduras, and prison.

His most prolific period began in 1902, when he moved to New York to be near his publishers. He wrote 381 short stories by 1910, and remarried in 1907 (she left him in 1909). He died of cirrhosis of the liver, complications of diabetes, and an enlarged heart in 1910.

F. Scott Fitzgerald 9/24/1896 - 12/21/1940, aged 44

Author of five novels and innumerable short stories, he is regarded as one of the twentieth century’s greatest writers. His works are the paradigm writings of the Jazz Age (a term he coined himself). Like most other writers of his time, he depended on the sale of his commercial short stories for a living. The Saturday Evening Post, Collier’s Weekly, and Esquire magazines bought them. He also sold movie rights to his stories and novels through his literary agent.

He adopted the device of surprise endings from O. Henry for many stories. It was said that if you read his stories without knowing the author, you might assume they were written by O. Henry.

Fitzgerald had been an alcoholic since his college days, and became notorious during the 1920s for his exceptionally heavy drinking. Estranged from his wife, Zelda, Fitzgerald moved to Hollywood in the mid-30s while Zelda was confined to mental institutions on the East coast. He continued writing for film studios and working on his last novel until a fatal heart attack in 1940. Fitzgerald rejected A.A. as a source of help before his death.

His work and legend have inspired writers ever since he was first published. *The Great Gatsby*, a constant best-seller published in 1925, has become required reading in many high school and college classes, contributing to his fame. His grave in Rockville, MD, is inscribed with the final sentence of that famous book. “*So we beat on, boats against the current, borne back ceaselessly into the past.*”

Jack London 1/12/1876 - 9/22/1916, aged 40

Well known for his writing, as well as his ability to make a living from it, London was a known alcoholic. He wrote to excess (twenty-one novels, three story collections, three memoirs, one play, and uncounted essays and occasional pieces – all in the space of barely fifteen years).

H.L. Mencken wrote that “London, sober, would have written nothing worth reading. Alcohol made him.” This was Mencken being Mencken, but London did write an autobiographical sketch “*John Barleycorn: Alcoholic Memoirs.*” He was known to have an Oakland bartender ship pre-mixed cocktails in bulk to his Sonoma County ranch. He had been robust, but suffered from dysentery and uremia. His death was attributed to uremia aggravated by an accidental overdose of morphine.

Continued

Group Contributions Continued

Mo 7:30P-Beg Disc, 705 W La Veta	\$74	
Tu 7:00P-Double Scoop Bk Stdy, W La Veta	\$70	
Tu 7:00P-(W)'s Keep It Simple, 1310 E Walnut	\$32	
We 7:30P-Alkies Only, 1800 E. LaVeta	\$70	
RANCHO SANTA MARGARITA		
Mo 7:00P-(W)'sSta/Sober, 30382VCD	\$70	
Mo 7:30P-(M)'s, 30605 Ave de la Flores	\$140	
Tu 7:30P-Old TimeAA BB Stdy, 30382 VCD	\$156	
M-F 6:30A-Att & Grat, 30605 Ave D/L Flores	\$485	
Th 7:30P-11th Stp Spt Disc, 22521 Emp	\$60	
Sa 10:30A-(W)'s BB Stdy, VCD	\$140	
SAN CLEMENTE		
Mo 8:00P-Discussion, 202 Aveida Aragon	\$105	\$105
Tu 6:00P-SOS(W)'s Disc, 190 Ave La Pata	\$100	
SAN JUAN CAPISTRANO		
Dly 7:00A-SJGroup Eye Opener, 27514 C Arroyo	\$653	
Dly 6:00A-Taking a Trip, 27174 Ortega Hwy	\$300	\$750
Dly Various- San Juan Meetings, 27514 Calle Ar	\$999	\$4,083
Tu 7:00P- SJGroup Hear Here Part, 27514 C Ar	\$385	
We 6:15P-Speaker Disc Group, 27112A Pasea	\$175	
We 7:30P-BB Stdy, 26283 Shadybrook	\$60	\$60
Th 7:00A-Design for Living (W)'s S/S, 27122A P	\$112	
Th 9:30A-(W)'s Back 2 B B/S, 27122A Paseo Es	\$300	
Th 7:00P-Joy of Sobriety, 31495 E C Real	\$40	
Th 7:30P-(M)'s Q & A, 32202 Del Obispo	\$97	\$402
SANTA ANA		
SEAL BEACH		
Mo-Th 7:00A-Sanctuary Group, 148 10th St.	\$30	
We 7:30P-(M)'s SS, 8th & Central	\$35	
Fr 6:30P-Step Study, 183 8th St.	\$235	
SILVERADO CANYON		
Th 7:30P-Fireside Disc, 27641 Silverado Cyn	\$85	\$147
SUNSET BEACH		
Su 9:00A-Sober On/Sand, End of 16th St.	\$35	\$35
Su 1:00P-(W)'s 12 Step Study, 16865 PCH	\$90	
Tu 12:00P-Disc, 16865 PCH	\$50	
We 12:00P-Promises Meet, 16865 PCH	\$42	\$42
Th 7:00A-Disc, 16865 PCH	\$50	
Th 5:30P-(W)'s Meet, 16865 PCH	\$24	\$24
Th 7:30P-Participation, 16865 PCH	\$40	
Fr 12:00P-Disc, 16865 PCH	\$80	
Sa 7:30A-Disc, 16865 PCH	\$70	\$140
Sa 11:00A-Discussion. 16865 PCH	\$80	
TUSTIN		
Dly 6:00A-Attitude Mod, 1221 Wass	\$243	\$985
Dly 12:00P-Brown Baggers, 130 W. Main	\$210	\$210
M-F 12:00P-Alkies Winners, 555 W.Main	\$341	\$1,189
Su 9:02A-Podium, Spkr,Q&A, 18341 Lassen Dr.	\$60	
Su 7:00P-Sober & Crazy Spkrs, 1834 Lassen Dr.	\$70	
Mo 6:15P-Tustin (W)'s 12X12, 1221 Wass	\$25	
Tu 8:00P-Steps 1-4, 1201 Irvine	\$60	
We 7:00P-(W)'s Solutions, 19211 Dodge	\$225	
Fr 7:30P-Turning The Corner, 1221 Wass	\$50	
VILLA PARK		
Dly 7:30A-24 Hour Book Grp, 17855 Santia	\$181	\$382
Fr 12:00P-(W)'s BB Stdy, 17855 Sant	\$70	\$70
WESTMINSTER		
Mo 7:30P-12&12Beginners, 15750 Mag	\$48	\$48
WHITTIER		
UNLISTED GROUPS		
New Life @ G.L.'s	\$75	
Su 10:30A-Serenity Hill Group	\$20	
Mo 4:00P-Let Go & Let God, Costa Mesa	\$20	
Tu 7:00P-Tu Night Roving Surfer's Stag	\$50	
Th 7:30P-Spkr, Leisure World Lag Woods (UL)	\$245	
Fr 5:30P- B/B Study, Irvine UL	\$110	\$360
Fr 8:00P-Family Afterward (UL) Sunset B	\$135	
Sa 8:00A-Men's Stag, CM	\$165	
WANDERING GROUPS		
Sa 7:00P-Orange County Wandering Grp	\$56	\$105
Tu 6:00P-Wandering Step Sisters	\$280	

We (W)'s Wandering-South County UL	\$140	\$264
Th 6:30P-RSM (3rd Thurs) Wandering	\$112	\$112
Fr 8:00P-Tustin, Discussion, Wandering		\$90
MISC. DONATIONS		
OCCO Change Can		\$24
OC Convention Change Can	\$12	\$12
Intergroup Meeting	\$98	\$372
Laguna Beach 4th Step Workshop	\$110	\$265
AOCYPAA	\$838	\$1,676
PERSONAL DONATIONS		
Anonymous	\$260	\$560
David S., Fountain Valley		\$200
Edwin M., San Clemente	\$500	\$500
Garry N., Santa Ana		\$500
June L., Irvine	\$75	\$150
Kirk B., Costa Mesa		\$60
Laura D., Capistrano Beach	\$50	\$150
Mike K., Trabuco Canyon		\$150
Paul C. Costa Mesa		\$92
Regina K. Laguna Beach		\$50
Wanda R., Huntington Beach		\$20
Theresa W., Newport Beach		\$25
IN LOVING MEMORY		
Memorial to Hardy B.		\$350
GROUP INFORMATION REQUESTED		
Receipt #2669 Thursday-Coffee Pot Men's		\$19
Receipt #2693 Group#133626?		\$100
Receipt #2699 Sat AM Seal Beach		\$33
Receipt #2767 MV?		\$245
Receipt #2785 Group#439771?		\$40
Receipt #2947 Group#606074?		\$135
Receipt #2997 Group#630174?	\$137	\$137
Receipt #2998 Sunset Beach? Sat AM	\$20	\$20
Receipt #2999 Sun?	\$120	\$120
Receipt #2902 Group#167854?		\$30
Receipt #0124 CK 231	\$50	\$50
Receipt #0125 Sat AM Seal Beach	\$68	\$68
TOTALS	\$18,808	\$70,955

Continued from page 7

William Holden 4/17/1918 - 11/12/1981, aged 63

Hollywood's "Golden Boy" of the 1950s - 1960s, Holden appeared in over 70 films, achieving stardom in *Sunset Boulevard* in 1950. Other notable films include *Stalag 17*, *The Bridge on the River Kwai*, *The Moon is Blue*, *Born Yesterday*, and *The Towering Inferno*, among many others. He was nominated several times for Academy Awards, winning for best actor in 1954. He also won the Emmy Award for best actor in 1974, and was on the list of the "Top 10 stars of the year" six times.

He married actress Brenda Marshall and divorced after many separations. He was best man at the marriage of Ronald Reagan and Nancy Davis in 1952, and spent much of his time working for wildlife conservation in Africa, and founded the Mount Kenya Safari Club in Nanyuki, Kenya.

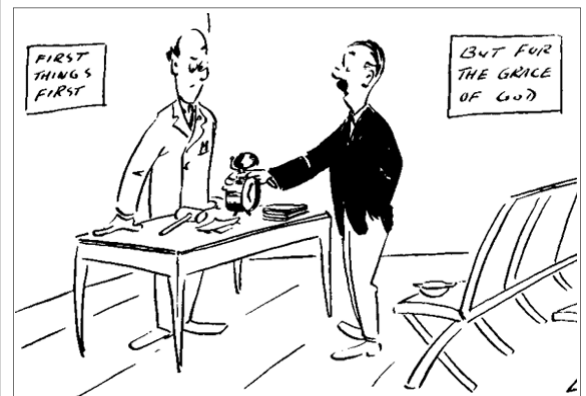
Holden was known to suffer from alcoholism and clinical depression, and his death was well publicized; he was home alone, drunk, and apparently slipped on a throw rug, severely lacerated his head on a nightstand, and bled to death. His body was found four days later.

The Twelve Rewards

1. Hope instead of desperation.
2. Faith instead of despair.
3. Courage instead of fear.
4. Peace of mind instead of confusion.
5. Self-respect instead of self-contempt.
6. Self-confidence instead of helplessness.
7. Respect of others instead of their pity and contempt.
8. A clean conscience instead of a sense of guilt.
9. Real friendship instead of loneliness.
10. A clear pattern of life instead of a purposeless existence.
11. The love and understanding of our family instead of their doubts and fears.
12. The freedom of a happy life instead of the loneliness of alcoholic obsession.

If you keep going to meetings where nobody knows you, nobody will notice when you stop going—or when you die.

Take the body to a meeting. Eventually the brain will follow.



"It keeps the meetings to an hour and wakes the sleepers for the Lord's Prayer."

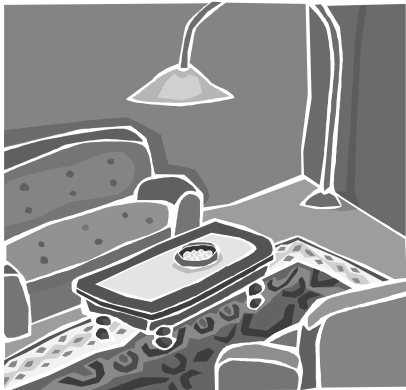
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My First 30 Days

“Tough, scary, jittery, tiring” - those are the initial one-word responses that come to mind when asked what my first 30 days of sobriety were like. It’s just easier to answer the question with a single word than launch into a detailed account of what those first foggy 30 days were like. In fact, one word in particular sums up all of early sobriety for me quite nicely: uncomfortable.

I suppose that might not sound too appealing to newcomers, but for me the discomfort of the first days, weeks and months of sobriety were a necessary and crucial part of my recovery - and Alcoholics Anonymous was actually a big source of that early discomfort.

It started while I was in detox at a hospital unit. Those of us with the little plastic wristbands were encouraged to attend an A.A. meeting that met each week in our TV lounge/therapy room (this particular meeting was a men-only stag meeting). Shortly after a quiet dinner the entire unit seemed to instantly erupt with a horde of loud, disrespectful, frenzied A.A.s.



Not only was my seat on the far end of the comfy blue couch taken, the whole couch was moved against the wall. They had turned our cozy little lounge into a boiling assembly of over-excited male bravado complete with chest-bump-backslapping hugs, knuckle-pounding handshakes and thunderous foot-stomping applause every two minutes. This was not my scene, and if this is what it was going to take to get sober, then I was in trouble.

The next day the room was back to the comfortable, homey cocoon to which we patients were accustomed. In fact, during the morning counseling session another gentleman expressed exactly what I had felt the night before: He felt violated by the presence of a gang of men stomping into our sanctuary, turning our comfortable little nest upside down for their meeting, making enough noise to wake the dead, and then cruising out 90 minutes later like nothing happened.

As I listened to him voice all the complaints that were raging around inside my own head, something unexpected happened. It dawned on me that the business of getting sober was going to be

very uncomfortable – probably for a while. I can’t tell you how much knowing that helped get me through my first 30 days.

Every time I felt out of place in an A.A. meeting (which was basically all the time), I just remembered that feeling uncomfortable was to be expected. Every time I felt uncomfortable about all the things I had done and said while drinking, I just remembered that feeling that way was normal for early recovery. Every time the fear of facing a life based on more than 10 years of drunken decisions and behavior tightened around me, I just remembered how those crazy, noisy, irritating A.A.s seemed to be getting along just fine – and if those messed-up people could stick it out and use the program to eventually feel good in their own skin, then so could I.

Four years, 12 steps and hundreds of meetings later, I’m glad to say the discomfort is gone – and I know what it’s like to feel good in my own skin.

Mike T. - Irvine

Lifeline invites readers to share the story of their first 30 days of sobriety. Whether you have 30 days or 30 years, please share your experience, strength and hope with others. Send stories to Lifeline editor at lifelineeditor@yahoo.com or 1526 Brookhol-low, Suite 75; Santa Ana, CA 92705.



**2010
INTERNATIONAL
CONVENTION OF
ALCOHOLICS
ANONYMOUS**

The 2010 International Convention of Alcoholics Anonymous will be held July 1-4 in San Antonio, Texas with the theme “A Vision for You.” A.A. members and guests from around the world will celebrate A.A.’s 75th year at this event with big meetings held Friday night, Saturday night and Sunday morning in the Alamodome. Other meetings, scheduled or informal, will take place throughout the weekend in the San Antonio Convention Center and local hotels.

Registration forms are available at our Central Office, or at www.AA.org. **We look forward to seeing you in San Antonio!**



*To Carry the Message
of Alcoholics
Anonymous
to the Alcoholic who is
confined in a Hospital
or Institution*

Orange County H & I
On the 2nd Sunday of the month
Garden Grove Alano Club, 714-534-2244
9845 Belfast Drive, Garden Grove, CA
For additional info call (714) 979-8524
Or Central Office: (714) 556-4555

South Orange County H & I
3rd Wednesday of the month, 7:30 pm
Laguna Canyon Club, 949-497-1823
20456 Laguna Canyon Rd., Laguna Beach

EVENTS

2010 International Convention of A.A.

July 1-4, 2010
 San Antonio Convention Center
 San Antonio, TX

Orange County Intergroup Picnic

August 1, 2010, 11AM - 4PM
 Miles Square Park
 Speaker: Keith D from Yorba Linda

2010 Redwood Coast Roundup

August 27-29, 2010
 River Lodge
 Fortuna, CA
 Tom S., Chair,



Please submit
EVENTS
 and
SPEAKER MEETINGS
 by the 15th to:
lifelineeditor@yahoo.com

SPEAKER MEETINGS

Costa Mesa

7:00 pm, Sunday
 Costa Mesa Speaker Meeting
 Bethel Towers Social Hall
 678 W. 19th
 Contact: Carlos T.

Huntington Beach

7:00 pm, Saturday
 Saturday Nite Lite Speaker Meeting
 Corner of Beach & Garfield
 H.O.W. Hall
 19092 Beach Blvd
 (corner of Beach & Garfield)
 Contact: Jeanette N.
 6/05 Melvis J., Costa Mesa
 6/12 Ben T., Ladera Ranch
 6/19 Meg S., Huntington Beach
 6/26 Triona O., Huntington Beach
 7/03 Dyanne G., Huntington Beach
 7/10 Marty S., Anaheim

Laguna Niguel

Sunday, 8:00 pm
 Crown Valley Speaker Meeting
 Crown Valley Community Center
 29751 Crown Valley Pkwy., Main Room
 Contact: Scotty G.
 6/06 Lee E., Mission Viejo
 6/13 Janine C., Orange County
 6/20 Kelly N., Orange County
 6/27 Bob S., Laguna Beach

Orange

8:00 pm, Friday
 No Puffers Speaker
 395 S. Tustin St. (Church)
 Contact: Joey P.
 6/04 Rozanne T., Costa Mesa
 6/11 Mary P., Orange
 6/18 Ruby M., Santa Ana

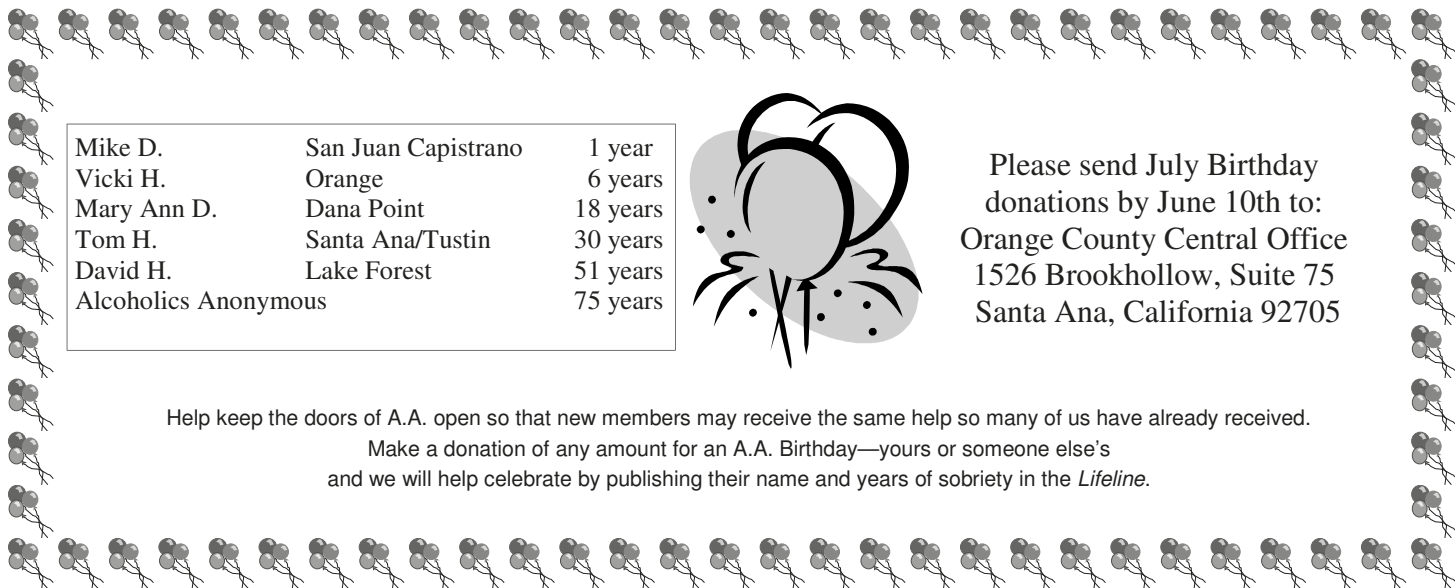
6/25 Melissa P., Orange

Tustin

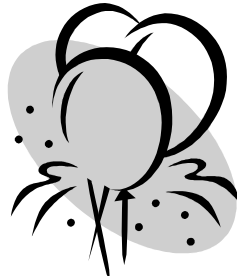
7:00 pm, Sunday
 Sober & Crazy Sunday Night Speakers
 18341 Lassen Dr.
 (corner of Fairhaven & Esplanade)
 Contact: Audrey A.
 6/06 Kathy & Darrell
 6/13 Barbara R., Escondido
 6/20 Paula S., Fullerton
 6/27 Norma S., Leisure World
 7/04 Budd, Tustin
 7/11 Dyanne G., Huntington Beach
 7/18 Paul F., San Clemente
 7/25 Gloria V., El Monte

8:00 pm, Saturday
 Saturday Night Visiting Speaker
 St. Paul's Church, 1221 Wass St.
 Contact: Brian M.

6/05 Beau
 6/12 Brian S., Irvine
 6/19 Dixie, Newport
 6/26 Surprise
 7/03 Karen B., Orange County
 7/10 Brett B., Tustin
 7/17 Alicia D., Lake Forest
 7/24 Bob, Tustin
 7/31 Grace A., Tustin
 8/07 Gary C., West Palm Beach
 8/14 Wendy A., Tustin
 8/21 Vaun I., Tustin
 8/28 Lindsey, Orange



Mike D.	San Juan Capistrano	1 year
Vicki H.	Orange	6 years
Mary Ann D.	Dana Point	18 years
Tom H.	Santa Ana/Tustin	30 years
David H.	Lake Forest	51 years
Alcoholics Anonymous		75 years



Please send July Birthday
 donations by June 10th to:
 Orange County Central Office
 1526 Brookhollow, Suite 75
 Santa Ana, California 92705

Help keep the doors of A.A. open so that new members may receive the same help so many of us have already received.
 Make a donation of any amount for an A.A. Birthday—yours or someone else's
 and we will help celebrate by publishing their name and years of sobriety in the *Lifeline*.

CALL FORWARDING

**“Alcoholics Anonymous,
how may we help you?”**



CALL FORWARDING:

The call forwarding program instituted by Orange County Central Office insures that our help line phones are answered by volunteers 24/7. During hours when the Central Office is closed, calls to the Central Office are forwarded to a call forwarding volunteer's home or cell phone, where the volunteer answers the calls just as if he or she were sitting in the Central Office. This service allows the Central Office to realize a significant cost saving because we do not need to contract with a phone answering service. Even more vital, when a call is placed to Alcoholics Anonymous in Orange County, the caller will be talking to an Alcoholics Anonymous member not a phone service! This truly is “front-line” 12th Step work and we would appreciate any time you can give.

SHIFTS:

Monday thru Friday shifts are 6am to 9am, 6pm to 9pm and 9pm to 6am. Saturday shifts start with the 6am to 9am. The Central Office opens and covers from 9am to 1pm on Saturdays. The phones are than forwarded to volunteers to cover the phones from 1pm to 4pm, 4pm to 7pm, 7pm to 10pm and 10pm to 6am. On Sundays and Holidays shifts begin at 6am with the 6am to 10am, and continue with 10am to 2pm, 2pm to 6pm, 6pm to 10pm and 10pm to 6am.

VOLUNTEERING:

In order to volunteer for this service it is suggested that you have two years of sobriety. You must than arrange with the Central Office Manager in Santa Ana or the Satellite Office Manager in Mission Viejo for a brief orientation session which will be held at one of the offices. Shifts are available please call the Central Office at (714) 556-4555 or the Satellite Office at (949) 582-2697.



CENTRAL OFFICE ACTIVITY-April

Total Calls Handled by Both Offices: 1960

Main and Satellite Office Volunteers

12 Step Calls	16
Meeting Information	643
General Information	414
Walk-in Customers	357

Night Owl Volunteers

12 Step calls	12
Meeting Information	532
General Information	343

ORANGE COUNTY INTERGROUP ASSOCIATION OF A.A. Statement of Income and Expenses for Period Ending 04/30/2010 Unaudited

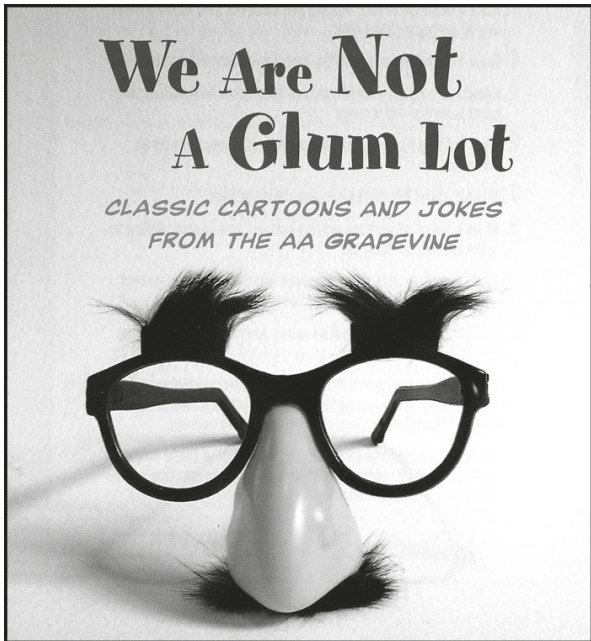
	APRIL	YTD
INCOME		
Group Donations	17,972.52	68,011.05
Individual/Fellowship	736.80	2,272.66
Literature Sales	9,569.84	42,249.73
In Memoriam	0.00	350.00
Birthday Donations	553.00	1,418.65
Intergroup Donations	98.00	371.67
Interest Earned	22.14	239.35
TOTAL INCOME:	28,952.30	114,913.11
EXPENSES		
Accounting	2,085.00	5,165.00
Auto Expense (all Mgrs.)	142.40	336.00
Bank Charges	0.00	107.50
Cash/Invoices OverShort	27.88	21.57
Donated Literature	56.99	1,587.35
Insurances	0.00	672.02
Intergroup Expense	659.76	1,212.19
Lease Expense	367.12	1,356.61
Sales Tax on Lease	28.86	115.44
Maintenance & Repairs	123.00	295.71
Volunteers Coffee + Water	336.00	621.30
Offices' Supplies + Expenses	118.07	1,039.72
Postage	63.72	179.85
Public Info Expense	19.90	19.90
Rent Main/Satellite Offices	2,427.19	10,947.88
Salaries	8,214.42	32,002.72
Reimb. Health Insurance	18.91	75.64
Payroll Tax Expense	1,782.82	4,133.58
Taxes & Licenses	0.00	29.00
Telephone Expense	102.85	2,108.39
LIFELINE Expense	1,178.50	4,683.50
Cost of Literature Sold	8,517.16	37,765.40
Special Events Expense	0.00	237.00
TOTAL EXPENSES:	26,270.55	104,713.27
INCOME/(LOSS):	2,681.75	10,199.84

WEB STATS

The first on-line issue of the *Lifeline* was posted to our web site in July of 2006. However, when our site hosting company changed servers in June, 2007, some usage statistics before then were lost. Since July, 2007, the Lifeline home page has been viewed 14,868 times. Individual issue files have been viewed 28,042 times.



In April, there were 19,185 "visits" to www.oc-aa.org. From June, 2009, through April, 2010, visits averaged 17,421 per month



"Do I take a drink before breakfast? What's breakfast?"

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RECOVERY WORD SEARCH

A WORD SEARCH, like all the others you've seen: words can be up, down, across or diagonal. Have fun, and win a few minutes of free sobriety!
 Submitted by a member of AA in Orange County. Thank you!

There are also 12 'AA's. Can you find them all?

D I S C O U R A G E D K A E W
 E A S Y F O R L O R N S A C T
 F B A O F D E M A H S A X Y Z
 E T P U E T U L O V E N C I A
 N G O T N A O A O N E X H U M
 S N A H D D A E R U L I A F S
 I I X A E C B B A N B O A P N
 V L A B D Y Z Y A S C U T G E
 E L C W E P E S G U T S M H T
 A I X A B L S G T R Y N I A A
 A W B R I E A A H E I R T L E
 D N A T L F X Y G I Z K G H B
 L U S E A F D E P P A R T N A
 O O S X A O C H U R C H C X A
 H U G I V E S S E L R E W O P

- Defensive
- Failure
- Unsure
- Discouraged
- Powerless
- Beaten
- Weak
- Unwilling
- Offended
- Hostile
- Trapped
- Gives
- Ashamed
- Useless
- Anxious
- Angry
- Easy
- Love
- Church
- Forlorn

A **normal drinker** finds a fly in his beer and asks the bartender to pour him a fresh drink.

A **heavy drinker** finds a fly in his beer, pulls it out by the wings, and continues drinking.

An **alcoholic** finds a fly in his beer and yells, "Spit it out! Spit it out!"

A man sat in front of his home, contemplating his future. He had just gotten a divorce, lost his children, been fired from his job, and now faced eviction. He noticed a case of beer bottles in his trash and walked up to it. He took out an empty bottle and smashed it, swearing, "You are why I don't have a wife" He threw a second bottle: "You are why I don't have my children!" And third: "You are why I lost my job!" But then discovered a fourth bottle, still sealed and full of beer. He took it, tucked it into his pocket, and said, "Stand aside, my friend—I know you were not involved."

Sign seen in a bar: "Those drinking to forget please pay in advance."