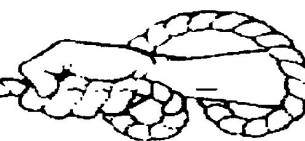


Lifeline



2010 Orange County Intergroup Service Board

Chair, Pearl N.
 Vice Chair, Lew D.
 Treasurer, Art H.
 Secretary, Eric
 Central Office, Grant M.
 Group Relations, Carol D.
 Hospitals & Institutions, Heather V.
 Lifeline, Roxanne R.
 Public Information, Barry P.
 Special Events, Anne M.

Who? What? When? Where?

Public Information Committee, Barry P.
 Meets the 3rd Wednesday of the month at 6:30 pm
 Group Relations Committee, Carol D.
 Meets the 4th Wednesday of the month at 7:00 pm
 Lifeline Committee, Roxanne R.
 Meets the 1st Thursday of the month at 7:00 pm
 Special Events Committee, Anne M.
 Meetings scheduled as needed
 H & I Committee, Heather V.
 Meets the 2nd Sunday of the month at the Garden Grove
 Alano Club. Institutions meet at 4:00 pm; Hospitals meet at 6:00
 pm. South Orange County H & I meets at the Laguna Beach
 Canyon Club the 3rd Wednesday of the month at 7:30 pm.
 With the exception of H & I, the above committees meet at
 Central Office, 1526 Brookhollow, Suite 75, Santa Ana, CA
 92705. If you are interested in serving on a committee or would
 like more information please contact the above or Central Office
 at (714) 556-4555.



Orange
 County
 Intergroup
 Association

ORANGE COUNTY CENTRAL OFFICE

1526 Brookhollow, Suite 75
 Santa Ana, CA 92705

Phone: (714) 556-4555; Fax: (714) 556-7231

E-mail: ocaa7664@sbcglobal.net

Web site: www.oc-aa.org

Office hours:

Mon-Fri: 9:00 AM to 7:00 PM

Sat: 9:00 AM to 1:00 PM

South County Office

27281 Las Ramblas, Ste.135, Mission Viejo, CA 92691

Phone: (949) 582-2697; Fax: (949) 582-2611

E-mail: socooa@sbcglobal.net

Office hours:

Mon-Fri: 10:00AM to 5:00 PM

The Orange County Intergroup Association Meeting

Wednesday, July 14th at 7:00 PM

**Costa Mesa Senior Center
 695 W. 19th Street
 Costa Mesa, CA 92627**

THE LIFELINE, 1526 BROOKHOLLOW DR., SUITE 75, SANTA ANA, CA 92705- Published monthly by the Orange County Intergroup Association

Purpose: The Orange County *Lifeline* Committee is a committee of volunteer A.A. members, charged with the responsibility of producing and distributing the Orange County *Lifeline*, (a publication of the Orange County Intergroup Association). The *Lifeline* is published monthly and is supported solely through contributions from the A.A. groups and members of Orange County. The *Lifeline* is published to meet the following needs of the Orange County A.A. membership: to inform the A.A. membership regarding A.A. service, A.A. events and A.A. announcements; also to share experience in recovery, unity and service; to keep the A.A. membership informed regarding the actions, finances and meetings of the Orange County Intergroup Association and other Central Office committees.

Lifeline Committee: Meets the 1st Thursday of each month at the Central Office. Join us @ 7PM.

Roxanne R. (Chair), Jim S., Phil F., Nick M., George L., Richard H., Steve C., Mike T., Tarcy H. (Editor)

Mail submissions to the above address or send email to: lifelineeditor@yahoo.com

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12 Concepts for World Service

Concept VI – The Conference recognizes that the chief initiative and active responsibility in most world service matters should be exercised by the trustee members of the Conference acting as the General Service Board.

P. 574, *Alcoholics Anonymous, Fourth Edition* (short form.)

Now that you know how the General Service Conference came into being, it is essential that you know how Alcoholics Anonymous works within the confines of the new arrangement.

Concepts 1 through 5 spell out how the Fellowship accomplished that. Each member of the Conference was vested with complete authority for active maintenance of world services (Concept 2), the Right of Decision (Concept 3), the Right of Participation (Concept 4), the Right of Appeal (Concept 5).

You've already seen the short form of Concept 6. But you need to get the full intent of this concept and that comes in the long form. Here's what it says: "On behalf of A.A. as a whole, our General Service Conference has the principal responsibility for the maintenance of our world services, and it traditionally has the final decision respecting large matters of general policy and finance. But the Conference also recognizes that the chief initiative and the active responsibility in most of these matters should be exercised primarily by the Trustee members of the Conference when they act among themselves as the General Service Board of Alcoholics Anonymous."

In detailing the composition of the General Service Conference (GSC), Concept 3 adds one delegate from each of the 93 districts in the U.S. and Canada to the specific delegates named in the short form. The long form does make it clear that those 93 delegates can bring their great love and front-line experience into play.



But since our Conference meets only once a year, it is left to the Trustees to make the decisions regarding corporate compliance with federal and state laws as they pertain to our two corporations, A.A. World Services and the *Grapevine*.

The General Service Board is composed of 21 Trustees. Seven of them are non-alcoholic (Class A) Trustees, who serve by invitation and have demonstrable skills in their respective fields. The other 14 are all alcoholic (Class B) Trustees – 8 Regional Trustees, 4 General Service Trustees (two from A.A.W.S. and two from the *Grapevine*) The last two slots are for Trustees at Large.

The Trustees are selected with great care and given the authority to run A.A.'s business as would any business entity. But the corporate world has different goals in mind, namely money, property and prestige.

In A.A., our very lives and the lives of the thousands of alcoholics yet to come are in jeopardy and because that is the first (and only) priority of the Fellowship, we attend to that. Are you sure your group is an active participant in the Conference?

George L., Westminster

LETTERS OF GRATITUDE

As I near my one year birthday, my heart is not only filled with gratitude for Alcoholics Anonymous, but a very deep love for my mother, who, but for the grace of God, has 10 years sobriety in the program. She wrote me probably the most beautiful letter a son could receive, not to mention a new member of A.A. I would like very much to share with you, and possibly the readers of the Lifeline, the letter that gave me the stepping stone of hope I needed so badly when I first came to A.A.

June 19, 1976

Dear Mike,

Received your letter—can't tell you how pleased I am the you are going to A.A. It will open doors for you. In the *Big Book* read the promises, pages 83-84.

The most important thing is today! I caught a glimpse of your becoming honest for the first time—honest with Mike. I had to laugh about your saying Ray's boat and the Colorado property being yours! This built you up (you thought). If you will only stay with A.A. and learn to listen and then listen to learn. A.A. is a way of life—not just not drinking—that's only a small part of it. Also, be careful about the Antibus and having just one drink; when they say it will make you sick, believe it. It will also make you dead.

You have been given an opportunity at a very early age to make some changes in your attitude that, if you are willing to go to any length to achieve them, will give you PEACE, SERENITY, and HAPPINESS. Remember the "Man in the Glass"? If you are content within yourself that you are living a good, sober, honest life, then you won't have to put up a false front or facade.

Mike, you are a child of God. He loves you and forgives you daily for your mistakes. But in order for Him to help you have to ask Him. No fancy long prayers, just "God Show Me", and then be willing. If you don't believe that God can help you, fake it for the time being—even that helps. Your new friends in A.A. will give you all the love from people that an alcoholic so desperately needs. Stick with the winners. Pick out someone whose brand of A.A. you like or with whom you can identify, and ask him

to be your sponsor. Then talk with him on a one-to-one basis about your living problems. Stay close to A.A.'s doors. You know when I was 16 and went to Austin to University of Texas, engraved in the side of the Administration building were the words, "Ye shall know the truth—and the truth shall set you free." Beautiful words, but I really didn't understand them until A.A. taught me to look at myself. When self-honesty came into my life, I found freedom—freedom from that need to people please, freedom to just be me, freedom from fear, that gnawing gut level hurt and fear of not measuring up. Dad doesn't understand all these things I am

telling you about A.A.'s way of life. He just knows I don't drink and I am easier to live with today. That used to bother me that I couldn't share my feelings with him. He and I have been married almost 20 years and yet my A.A. friends know more about me than he does. Weird Huh?

Wherever you go in California, Texas or Timbuktu, Asia or Europe, you will find friends in A.A. You can walk in anywhere and say Hi, my name is Mike and I'm a drunk. They will love and understand you.

Tonight I am going to Winnie's 20th birthday meeting. She has asked me to speak for her. I am so grateful you wrote this week as I can share with that group your joining A.A.

If you think later on you need to drink, or that you can't be alcoholic at 24, or that after such and such a period of dryness you can drink successfully—forget it! It gets nothing but worse.

You know me and making pickles? Think about this: I take a cucumber and turn it into a pickle, right? But, I can't take that same pickle and turn it back into a cucumber! That's alcoholism. The funny thing is that today I don't want to drink. God, A.A., and I got rid of the need to drink.

I could go on and on (and I have). I want your happiness and sobriety above all. I can't give it to you. This you have to do for yourself. Your assignment for today: Read all of Chapter Five, in the *Big Book*.

Love, Mom

P.S. One thing you said—alcohol was the cause for your attitudes? That's not entirely true. Because of our alcoholic personality—the loneliness, the fear, and the insecurity—we drank to make it easier to cope, and it (the booze) did work for awhile. But you see, I had this type of personality as a child (and so did you), long before I ever saw or drank a drop. So it is our inner feelings that must change; and they will, a day at a time.

Thank you for the opportunity to share as this meant so much to me and still does. My birthday is June 2. My mother's is June 6. This year she will fly to California to take my cake with me as well as taking her own. I owe my life to God and A.A. Funny thing I did not know when her birthday was. God did.

Love, Mike M.
Costa Mesa



*To Carry the Message
of Alcoholics
Anonymous
to the Alcoholic who is
confined in a Hospital
or Institution*

Orange County H & I
On the 2nd Sunday of the month
Garden Grove Alano Club, 714-534-2244
9845 Belfast Drive, Garden Grove, CA
For additional info call (714) 979-8524
Or Central Office: (714) 556-4555

South Orange County H & I
3rd Wednesday of the month, 7:30 pm
Laguna Canyon Club, 949-497-1823
20456 Laguna Canyon Rd., Laguna Beach

Step 7

Humbly asked Him remove our shortcomings

Number 7 of 12 articles on the 12 Steps

In the original manuscript for the book, *Alcoholics Anonymous*, this step was written, "Humbly, on our knees, asked Him to remove our shortcomings, holding nothing back." Two key points – on our knees and holding nothing back. This is the way I took the 7th step with my sponsor. I was not aware of the original phrasing, and neither was my sponsor. He asked me to do it that way because he had done it that way with his sponsor. Of course, the action taken in the 7th step was the recitation of the 7th Step prayer, "My Creator, I am now willing that you should have all of me, good & bad. I pray that you now remove from me every single defect of character which stands in the way of my usefulness to you and my fellows. Grant me strength, as I go out from here to do Your bidding" – on my knees.

Like in the 6th step, I wasn't given the opportunity of deciding which character defects I was asking God to remove, I was asking for all of them to be removed. Now, I have heard some people parse the prayer thusly, "...I pray that you now remove from me every single defect of character, which stands in the way of my usefulness to you and my fellows" (bolding, italics and underline are the author's). I can't imagine trying to determine which defects of character were standing in the way of my usefulness to God and my fellows – and praying that only those be removed. When I took this step, the character defects were removed. Only to return - again and again and again. I am one of those poor wretches that must pray at least once a day, (oftentimes more) that my all my character defects be removed. And in so doing, because I have come to rely on the nearness of God, I am blessed that I have not had to take a drink.

A member of A.A. in Orange County

Text in italics re-printed from the Big Book with permission of Alcoholics Anonymous World Services, (AAWS)



Got a Problem? Send a Letter to "Dear Alkie Alma"



The *Lifeline* continues a new column this month. Alma will answer your questions about getting sober, staying sober and carrying the message of recovery. If you think Alma can help, please send your letters to "Dear Alkie Alma" c/o OCCO, 1526 E. Brookhollow Ave., Santa Ana, CA 92705, or email them to lifelineeditor@yahoo.com.

Dear Alkie Alma,
There are a couple of great meetings in the area known as "Family Afterward" meetings. However, they are not listed in the Orange County Central Office A.A. meeting directory.



Apparently, this is because Al-Anons and Alateens are invited to participate in these 12-step meetings, as well as alcoholics. The format of these meetings typically includes two speakers, one alcoholic and one Al-anon, followed by participation.

Personally, I think this is a very healthy way for families to share their recovery.

Why isn't it recognized by the Central Office?

Sally H., Garden Grove

Dear Sally,

The answer to your question boils down to the essence of the fellowship of Alcoholics Anonymous. The Foreword To Third Edition of the *Big Book* describes this "simple and personal" core: "Each day recovery begins when one alcoholic talks with another alcoholic..."

Our co-founder, Dr. Bob, describes how this dynamic worked in his life during his first meeting with Bill W. in June of 1935. He said Bill "was the first living human with whom I had ever talked, who knew what he was talking about in regard to alcoholism from actual experience. In other words, he talked my language."

Over the years, this commitment to a "singleness of purpose" has come to mean that non-alcoholics cannot share in A.A. meetings. But this does not mean that such multi-purpose meetings cannot be held or that they are not helpful. The Foreword to Second Edition emphasizes that A.A. has "no monopoly" upon therapy for the alcoholic. Everyone is free to seek their own solution. It just isn't sanctioned as the A.A. solution.

**MEETING CHANGES SINCE
JANUARY 8,2010**

**SUNDAY
ANAHEIM**

7:30 PM EAST STREET AA 'COMPLETE
ABANDON' 202 W. Broadway New Address

CATALINA ISLAND

11:00 AM 11th STEP STUDY 230 Metropole -
(310) 510-2545 Change Time & Name

COSTA MESA

6:00 PM 60 MINUTE BEGINNERS' DISCUS-
SION 2144 Thurin St. @ Victoria St.(Grange
Hall) Address Change
7:00 PM SUNDAY NIGHT COSTA MESA
SPEAKER MEETING 678 W 19th St @ Pomona
Name Change

CYPRESS

5:00 PM CHAPTER 7 GROUP 6143 Ball Rd.
@Valley View (Church) New Meeting

FULLERTON

6:00 PM (Y) HOW IT WORKS 530 W. Com-
monwealth Name Change

GARDEN GROVE

6:00 PM 2 THROUGH 7 BIG BOOK STUDY
12211 Magnolia (GG Friends Church, library)
Add library to address

SAN JUAN CAPISTRANO

8:00 AM EYE OPENER BIG BOOK STUDY
27514 Calle Arroyo off Rancho Viejo Rd. (Comm
Ctr) Name change

**MONDAY
ANAHEIM**

5:00 PM SERENITY LIFE DISCUSSION 2024
W. Lincoln Ave Suite 6 New Meeting

CATALINA ISLAND

6:30 PM LIVING SOBER 230 Metropole - (310)
510-2545 Change Time

COSTA MESA

6:00 PM (C) MONDAY NIGHT MEN'S BOOK
STUDY 2015 Charle Street (Recovery House)
New Meeting
7:00 PM LIVING SOBER 1734 Orange Avenue
@ Cabrillo (Christian Church) Change to "open"

7:00 PM MEN'S SOBER FLOW BEGINNERS
420 W 19th St. Name Change

FULLERTON

4:00 PM 12 & 12 BOOK STUDY 530 W. Com-
monwealth bwn S. Euclid & S. Harbor New
Meeting

GARDEN GROVE

7:00 PM PRIMARY PURPOSE BOOKSTUDY
10282 W. Chapman Ave. New Meeting

HUNTINGTON BEACH

6:00 PM SPEAKER/Q & A/PARTICIPATION
7641 Talbert @ Beach (Sangha Church) Ad-
dress Change

6:15 PM (C) WOMAN'S BIG BOOK STUDY
19092 Beach Blvd suite 'G' @ Garfield Time
change

IRVINE

5:00 PM (C) WOMEN'S BLUE BOOK STUDY
5001 Newport Coast Dr (Mariners Chuch-crying
room) New Meeting

NEWPORT BEACH

7:45 PM WOMEN'S BEGINNERS DISCUSSION
301 Newport Blvd.@ PCH (Hospital Chem. Dep.
Unit) Time change

8:00 PM MEN'S DISCUSSION 301 Newport
Blvd.@ PCH (Hospital Chem. Dep. Unit) Deleted
then added back

TUESDAY

ANAHEIM

6:30 PM (C) WOMEN'S 6TH & 7TH STEP
STUDY 701 W. Broadway(Broadway Christian
Cnt rm# 5 & 6) New Rm #s

8:00 PM TUESDAY NIGHT SURVIVORS 2580
W. Orange (St. Paul's Church) New Meeting

ANAHEIM HILLS

7:30 PM 12 & 12 STEP STUDY 411 Lakeview
Ave. @ 91 Fwy (Kaiser Hospital) Taken out by
mistake

BUENA PARK

6:15 PM (C) TUESAY NITE LINE UP STEP
STUDY 7082 Crescent Ave. (Lutheran Church)
New Meeting

SAN CLEMENTE

1:00 PM (C) WOMEN'S SOBER TODAY AA
2001 Calle Frontera @ Avenida Pico (Church)
Changed to closed

TUSTIN

7:00 PM (C) TUSTIN BIG BOOK STUDY 225 W.
Main St. @ C (Presbyterian Church Rm 205)
New Address

WEDNESDAY

ANAHEIM

7:00 PM PARADISE GROUP 2321 E. Romneya
@ Paradise New Meeting

LA HABRA

7:00 PM WOMEN'S PARTICIPATION 631 N.
Euclid @ E Whittier Blvd (Methodist Church)
Changed to open

LAGUNA WOODS

7:00 PM WINNERS STEP STUDY 24442 Moul-
ton Pkwy (United Methodist Church) Corrected
City name

NEWPORT BEACH

7:30 PM BIG BOOK STUDY 5520 River Ave.
Change location

8:00 PM DISCUSSION RECOVERY RADICALS
301 Newport Blvd.@ PCH (Hospital Chem. Dep.
Unit) Deleted then added back

ORANGE

7:00 PM (C) EASY DOES IT 4201Chapman Ave
@ Lewis St (Kaiser Medical Center) Time
Change

SANTA ANA

6:00 PM DROPPING INTO THE SILENCE (W)
1538 Warner Suite E @ Grand New Meeting

THURSDAY

ANAHEIM

7:30 PM (C) WE GOT A COFFEE POT MEN'S
STAG 5340 E. La Palma Ave. Rm 108
(Vineyard) Add Room #

CATALINA ISLAND

6:00 PM DISCUSSION 230 Metropole - (310)
510-2545 Change Time

COSTA MESA

7:00 PM THE 12 STEPS OF FREEDOM 1865
Anaheim Ave. (Garage) New Meeting

FULLERTON

8:00 PM AA TOPIC DISCUSSION 530 W. Com-
monwealth bwn S. Euclid & S. Harbor New
Meeting

GARDEN GROVE

8:00 PM SOWING SEEDS SPEAKER MEETING

9845 Belfast Dr c/s Brookhurst & Garden Grove
New Meeting

HUNTINGTON BEACH

7:00 PM (C) 11TH STEP DISCUSSION 1912
Florida @ Adams (Church, Downstairs) Time
Change

NEWPORT BEACH

6:45 AM 6:45 AM DAILY ATTITUDE ADJUST-
MENT 1099 Bayside Dr. @ Jamboree (Newport
Yacht Club) New Meeting

SAN JUAN CAPISTRANO

7:00 AM (C) DESIGN FOR LIVING WOMEN'S
STEP STUDY 27122A Paseo Espada (Comm
Ctr) New Meeting

7:00 PM (C) JOY OF SOBRIETY DISCUSSION
27174 Ortega Hwy @ I-5 (Best Western) Ad-
dress change

WESTMINSTER

7:30 PM BIG BOOK STUDY 8152 McFadden @
Beach (Church) New Contact

FRIDAY

CATALINA ISLAND

6:00 PM 12 STEPS & 12 TRADITIONS 230
Metropole - (310) 510-2545 New Name

COSTA MESA

6:30 PM TGIF WOMEN 184 E. Bay St. (Yellow
House) Address Change

CYPRESS

7:00 PM (C) GIRLS NITE OUT 6143 Ball Rd @
Valley View (Cypress Church) New Location-
Previously

GARDEN GROVE

12:00 PM FRIDAY HIGH NOON 7212 Chapman
Ave @ Knott Ave (Serenity Hall) Name Change

SAN JUAN CAPISTRANO

11:30 AM (C) WOMEN'S BACK TO BASICS
GRAPEVINE MEETING 27122A Paseo Espada
(Ste 904) New Meeting

WHITTIER

7:00 PM BIG BOOK STUDY 15140 Russell St.
@ Borgardous (church) New Location

SATURDAY

CATALINA ISLAND

7:00 PM BIG BOOK STUDY 230 Metropole -
(310) 510-2545 Name Change

COSTA MESA

3:00 PM GOAT HILL STEPS AND TRADITIONS
420 W 19th St.(1st Methodist Church) New
Meeting

FULLERTON

11:30 AM MORNING MISFITS PARTICIPATION
530 W. Commonwealth New Name

HUNTINGTON BEACH

11:00 AM (I) DEAF DRUNKS 19092 Beach Blvd
suite 'G' @ Garfield New Meeting

ORANGE

7:00 PM NOT A GLUM LOT 705 W. LaVeta Ste.
208 (Med Bldg) Changed to open meeting

RANCHO SANTA MARGARITA

10:30 AM (C) WOMEN'S BIG BOOK STUDY
30382 Via Con Dios c/s RMS Pkwy (St John's
Church) Address correction

TUSTIN

7:30 AM (C) TUSTIN ACCEPTANCE MEETING
225 W. Main St. @ C, (Church Rm C205) New
Meeting correct time

Continued

**MEETING DELETIONS SINCE
January 8, 2010**

MONDAY

IRVINE

8:00 PM PARTICIPATION 18422 Culver @ University

PLACENTIA

7:30 PM MEN'S BIG BOOK GROUP 849 N. Bradford

TUESDAY

GARDEN GROVE

8:00 PM (Y) YOUTH OF FLAME 7212 Chapman Ave

LAGUNA BEACH

7:30 PM (C) MEN'S STAG 429 Cypress

WEDNESDAY

COSTA MESA

10:00 40+ TO SHARE 2040 Placentia AM

HUNTINGTON BEACH

7:00 PM BOHEMIAN BEACH PCH @ Huntington St.(Lifeguard Tower 11)

LAGUNA HILLS

7:00 PM MILL CREEK MEN'S BEGINNERS 22911 Mill Creek

THURSDAY

SAN JUAN CAPISTRANO

5:00 PM (C) WOMEN'S TOPIC DISCUSSION 31882 Camino Capistrano

FRIDAY

FULLERTON

8:00 PM CANDLELIGHT DISCUSSION 530 W. Commonwealth Ave.

NEWPORT BEACH

7:00 PM MEN'S BALBOA BLUE HOUSE 1216 W. Balboa

SATURDAY

FULLERTON

7:00 PM BACK TO BASICS BEGINNERS 530 W. Commonwealth Ave.

HUNTINGTON BEACH

7:00 PM BOHEMIAN BEACH PCH @ Huntington St.(Lifeguard Tower 11)

SAN CLEMENTE

4:30 PM VOLUNTARY PARTICIPATION 929 Calle Negocio, Ste H

H&I LITERATURE DONATIONS:

<u>Group</u>	<u>May-10</u>	<u>YTD</u>
9:02 Sun Tustin Podium Participation Speakers	218.47	336.47
Alkie's Winners Circle Meeting, Tustin, noon Friday	39.07	237.45
Alligator Meeting Men Q & A Thurs 7:30 PM SJC	41.89	242.97
Anonymous/book sales	9.25	54.63
Balboa Speaker Meeting, Thurs 7:30 PM NB Alano club	28.56	28.56
Bonita Canyon Sun Night Disc Group	58.08	202.08
Brea Joe & Charlie Workshop Fri. Morning	10.00	10.00
Corona del Mar Candlelight Big Book Study Thursday Night 7 PM	50.00	50.00
Garden Grove Alano Club Sun Night Candlelight 7:30	24.07	24.07
Happy Hour Mtg 5:45 Canyon Club LB	35.80	35.80
Huggers II (Lifeguard tower 11 HB)	55.00	265.00
Irvine Big Book Topic Disc Wed 6:30 PM Mariners	124.77	283.80
Irvine Sunday 10 AM Donut Meeting	42.06	451.15
Irvine Women's Monday Night 7:30 PM Pacific Church	22.00	22.00
Kaiser Friday Night Topic Group 5:30 Irvine	47.38	254.39
Ladies Power Hour Big Book Study Seal Beach Thursdays 6 PM	12.00	12.00
Laura L	49.73	49.73
Lucky Stiffs	155.47	155.47
Missions Viejo 12x12 Thus 7:30 Alano Club	46.47	46.47
Monday Night Newcomers Topic Disc St Joe's Orange	95.66	247.91
Newport Beach Men's Saturday 8:30 AM	52.00	52.00
Noontime Meeting 1835 Newport Blvd CM (Recovery @ 19th St. Meeting)	68.88	423.61
Over 50 Wed 10 AM Garden Grove Singleness of Purpose	30.00	90.00
Patrick K	35.00	35.00
Primary Purpose Disc Mtg, The Sun 7 PM NB Aquatic Center	40.00	40.00
Roque Center Tues Night open participation	17.04	17.04
Sunday Night Disc St Simon 7:30 HB	32.33	32.33
Sunrise Sobriety	70.00	140.00
Taking a Trip SJC	50.00	250.00
The Other 12 & 12-Orange	20.00	20.00
Tustin 6 AM Attitude Modification MT	260.72	1,437.49
We got a Coffee Pot Thurs. Night Men's Stag	10.00	16.80
Women's Big Book Thurs 10 AM St. Wilfred's	11.02	11.02
Women's Club Guccio Meeting 8 PM Wed	53.64	53.64
Women's Discussion St, George's, Laguna Hills Mon 6 PM	119.00	193.82
Women's Monday noon Huntington Beach St Wilfred's "As Bill Sees It"	40.35	135.67
Total literature donations	2,075.71	11,115.18

THE GREATEST DANGER FOR MOST OF US IS NOT THAT OUR AIM IS TOO HIGH AND WE MISS IT, BUT THAT IT IS TOO LOW AND WE REACH IT.

-Michaelangelo

GROUP CONTRIBUTIONS TO CENTRAL OFFICE— May

	MAY	YTD					
	^	^	Mo 5:00P-Men's Book Study, 19092 Beach Blv	\$156		Tu 7:30P-(G)(M)'s Stag, 429 Cypress	\$179
			Mo 6:00P-Sprk/Q&A/Part, 6622 Lakeview	\$90		We/Sat 7:00A-Whale Watch (M)'s, PCH	\$592
ALISO VIEJO	^	^	Mo 6:30P-Both Books, 16871 BolsaChic	\$60		Th 7:05A-W's Dolphins at Day, Salt Creek Beac	\$293
ANAHEIM	^	^	Mo 7:00P-(W)'s Sans, 18631 Chapel Ln.	\$144		Th 6:00 P-(W)'s Disc,20456 LCR	\$140
BUENA PARK	^	^	Mo 7:30P-(M)'s BB & 12&12, 1912 Florida	\$60	\$195	Th 6:30P-(M)'s BYOB 12& 12 SS, 21632	\$119
CAPISTRANO BEACH	^	^	Tu 1:00P-Harmony (W)'s, Edinger/Denney's	\$80	\$160	Fr 12:00P-Q & A, 20456 LCR	\$140
Fr 7:00P-Friday Knights, 25976 Domingo		\$70	Tu 7:30P-Beginners (M)'s, 19822 Beach	\$350		Fr 5:45P-Happy Hour Disc, 20456 LCR	\$179
CORONA DEL MAR	^	^	Tu 7:30P-(W)'s Serenity BB, 20444 Magn	\$120		Fr 6:00P-Literature Mtg, 21632 Wesley	\$240
Mo 7:00P-Baywood Disc, 1601 Marg		\$200	Tu 8:00P-Newcms (M)'s Grp, 20444 Magn	\$100		Fr 7:30P-Candlelight Acceptance., 20456 LCR	\$140
Tu 12:00P-Noonatics, 800 Marguerite		\$50	Tu 8:00P-Talbert Tuesday, 7641 Talbert	\$41		Sa 6:55A-Keep It Simple, 20456 LCR	\$80
We 7:00A-Women's B/B Study, 3233 Pacific	\$210	\$210	We 1:00P-(W)'s 12&12 Stdy, 9812 Hamilton	\$53		Sa 7:00A-Whale Watchers Men's, PCH@Wesle	\$746
Th 6:00P-Happy Hour (M)'s Pacific View		\$140	We 2:00P-Seniors & Friends 1718 Ormg	\$36		Sa 12:30P-Into Action, 20456 LCR	\$40
Th 7:00P-Big Book Study, 611 Heliotrope	\$25	\$25	We 6:30P-(W)'s Step Stdy, 7641 Talbert	\$90			
Fr 7:30P-Rebels Disc, 611 Helio		\$200	Th 7:30A-Attitude Mod, 19092 Beach Blvd	\$60		LAGUNA HILLS	^
Fr 8:00P-BB Stdy, 3233 Pacific View		\$280	Th 10:00A-(W)'s BB Stdy, 18631 Chapel	\$60		Su 7:30P-Legacy Grp, 23802 Ave de la Carlotta	\$320
COSTA MESA	^	^	Th 6:30P-BB Stdy, 6622 Lakeview	\$200		Tu 7:00P-(M)'s Stag, 23802 A D Carlotta	\$200
Dly 7:00A-Daily Reflect, 2040 Placentia		\$100	Th 7:00P-11th Step Disc., 1912 Florida	\$40		Tu 7:30P-(W)'s BBStdy, 24566 Ashland	\$122
Dly 7:30A-As Bill Sees It, 2501 Harbor		\$700	Fr 10:00A-Step Sisters, 18631 Chapel Ln.	\$60	\$250	We 7:00P-Get Happy 12&12 Stdy, A D C	\$56
M-F 6:45A-Morning Meditat, 183 E. Bay		\$1	Fr 6:30P-BB Stdy, 16400 Springdale	\$100		Th 12:30P-(W)'s Topic Disc, 23181 Verdugo	\$50
M-F 12:00P-Noon Rec, 420 W. 19th St.		\$284	Fr 7:30P-BB Stdy, 7641 Talbert	\$70		Sa 11:00A-Acceptance Grp, 23802 Ave de la C	\$40
Su 10:00A-BB Over Donuts, 2040 Placentia		\$50	Sa 7:30A-Attitude Mod, 19092 Beach Blvd	\$120			
Su 6:00P-60 Minute Beginners, 2144 Thurin		\$70	Sa 7:30A-(M)'s Stag Book Study, 19092 Beach	\$70		LAGUNA NIGUEL	^
Su 7:00P-12 S/ S M's Stag, 2015 Charle St.		\$60	Sa 7:30A-(M)'s Disc 9812 Hamilton	\$60		Su 6:30P-Beginners Disc., 29751 Crown Vly Pk	\$280
Mo 12:00P-Clean & Serene BB, 183 E. Bay		\$75	Sa 9:30A-W BB Stdy, 19092 Beach Blvd	\$68		Mo 7:00A-Morn (M)'s Stag B2B, 30071 Ivy Glen	\$200
Mo 7:00P-Men's Sober Flow, 420 W. 19th St.	\$182	\$182	Sa 9:30A-Charle St. Overflow, 9812 Hamilton	\$20		Mo 10:30A-(W)'s 12X12 Stdy, 27802 El Lazo	\$174
Mo 8:00P-(M)'s, 2015 Charle Street		\$50	Sa 10:00A-(W)'s BBStdy, 18631 Chapel	\$302		Tu 7:00A-Tues Morning (M's) BB/SS, 30121 Ni	\$42
Tu 7:30P-(M)'s Last Gaspers, 695 W 19th		\$200	Sa 7:00P-Sat Nite Live BB, 18631 Chapel	\$200		Tu 7:30P-Book Stdy, 30121 Niguel Rd.	\$88
We 12:00P-High Noon Step, 183 E. Bay St.		\$60				We 6:00P-Book Stdy, 30121 Niguel Rd.	\$228
We 7:00P-(W)'s Source Str, 3116 Van		\$45	IRVINE	^	^	Fr 7:00A-Back to Basics Men's, 30120 Town C	\$670
We 7:30P-Day By Day Serenity, 1865 Anaheim	\$30	\$70	Dly 6:30A-Sunrise Sobriety, 4400 Barr	\$697	\$1,413	Fr 10:30A-(W)'s Disc., 30071 Ivy Glenn	\$60
We 7:30P-BB Trivia (M)'s Stag, 1545 New		\$60	Dly 7:00A-Solu Grp Mar, 5001 Newport Coast	\$3,670		Sa 6:00P-Candlelight Disc, 30121Niguel	\$84
Th 5:30P-(W)'s Its/Book Study, 2040		\$40	M-F 12:00P-Alton Noon Grp, 5101 Alton	\$125	\$325	LAGUNA WOODS	^
Th 7:30P-Candlelight Disc, 420 W. 19th		\$70	M-F 12:00P-Take the Steps. UCI Bldg. rm 113	\$51		Dly 7:30A-Do It Sober, 24442 Moulton	\$2,400
Fi 6:30 P-TGIF Women 183 E.Bay St.		\$100	M-Thur 5:30P-On The Way Home, 17321 Mur	\$100		Tu 7:30A-12 Step Meeting, 24442 Moulton	\$25
Fr 8:00P-BB Stdy, 1865 Anaheim		\$50	Su 10:00A-Donut Mtg, 6670 Alton Pky	\$60	\$345	Fr 10:00A-Top/Hill Gang, 24252 El Toro	\$140
Sa 7:00A-ARK, 760 Victoria St.		\$10	Su 7:30P-BonitaCynyn Disc, 5001 Nwprt	\$60	\$60	LA HABRA	^
Sa 9:30A-(M)'s By The Book, 3080 Airway Ave		\$360	Mo 6:30P-Easy Does It, 4949 Alton	\$55	\$139	LAKE FOREST	^
Sa 9:30A-Sat Morn (W)'s Gr, 2040 Placen		\$99	Mo 6:30P-(W)'s BB Topic Disc, 4949 Alt	\$71	\$71	Th 7:30P-Mustard Seed SS, 23262 El Toro	\$72
Sa 1:30P-What's/Point, 2040 Placentia		\$5	Mo 7:30P-(W)'s Disc., 15 Orange Tree	\$29	\$77	LA MIRADA	^
Sa 6:00P-Cover-To-Cover, 183 E. Bay St.		\$164	Tu 12:00P-(W)'s BB Stdy, 5101 Alton Pky	\$137		LAS FLORES	^
Sa 8:00P-Keep It Simple, 2850 Fairview		\$50	Tu 6:00P-Courage To Change, 18182 Culver	\$140		LOS ALAMITOS	^
CYPRESS	^	^	Tu 7:00P-(M)'s K.I.S. 12X12, 14301 Yale	\$385		MISSION VIEJO	^
We 7:00P-Cypress Women's S/S, 5100 Cerrito		\$290	We 6:30P-B. B. Topic Disc., 5001 Nwprt	\$275		Daily Saddleback Valley Grp, 23166 Los Alisos	\$90
DANA POINT	^	^	We 7:30P-12 Solutions SS, Harvard	\$160		Mo&Th 7:30P-12 Step, BB Stdy, Jeronimo & M	\$400
Dly 7:00A-Hard Core Harbor, 34451 Ens		\$7,948	Th 6:30P-(W)'s Gypsies, Deerfield & Turtle	\$123		Mo 7:00P- (W)'s SS, 26051 Marg.	\$120
Mo 5:30P-(W)'s Disc, Ensenada & DPH	\$428	\$673	Fr 10:30A-Over 50 Grp, 4400 Barranca PKWY	\$50	\$205	Mo 7:30P-B/Ring (M)'s Stag, 27641 Aqua	\$65
Tu 9:30A-(W)'s Back/Basics 24642 SJ		\$224	Fr 5:30P-Topic Disc.Grp, 6650 Alton (Kaiser)	\$69	\$293	Tu 7:30P-Design for Living BB, 26558 Marg	\$40
Tu 9:30A-(W)'s Harb Topic Disc, S Juan		\$190	Fr 7:00P Winning Tkt Bk Stdy, 1 Sunnyh	\$220		We 9:30A-(W)'s, 26051 Marguerite Pky	\$160
We 7:00A-(W)'s Harb Topic Disc, S Juan		\$190	Fr 8:00P-Little Grp, 18422 Culver	\$50		Th 9:30A-(W)'s 12 x 12, 26001 Blascos	\$30
Fr 12:15P-Fri Lunch (W)'s BB, 33841		\$75	Sa 6:30A-Back Room S/S, 4400 Barranca Pk	\$53	\$172	Th 7:30P-12 SS, 27192 Jeronimo	\$180
Fr 7:00P-GV, 33926 Calle Primavera		\$300	Sa 9:15A-SS, 5101 Alton Pky	\$311		NEWPORT BEACH	^
Sa 7:00P-Sprk, 33926 Calle Primavera		\$154	Sa 11:00A-B.B Stdy, 1 Sunnyhill - Turtle	\$221		Dly 6:30A-Jumpstart Disc, 414 E. 32nd St.	\$900
FOUNTAIN VALLEY	^	^	Sa 7:00P-Sprks, 1 Sunnyhill - Turtle	\$130		M-F 6:45A-Attitude Adj, Bayside Dr (Yacht Club	\$2,000
We 8:00P-Disc, 10280 Slater	\$30	\$60	LAGUNA BEACH	^	^	M-F 12:15P-Shark@Aquatic, 1Whitecliffs	\$200
FULLERTON	^	^	Dly 7:00A-Attitude Adj, 20456 LCR	\$300		Su 9:30A-Sandy Survivors, On/Beach	\$140
GARDEN GROVE	^	^	Dly 7:05A-Attitude Adj, 31872 PCH	\$1,042		Su 7:00P-Primary Purp Grp, Dover&16th	\$60
Tu 7:00P-Top/Key Book Stdy, 9th & Lamp		\$60	Dly 7:05A-Attitude Adj Tee Rm, 31106 PCH (C)	\$100	\$1,052	Su 7:30P-Sprks, 414 E. 32nd St	\$139
Tu 7:00P-Heartspeak (W)'s, 13082 Bowen St.		\$30	M-F 7:00A-Meets/Ruby's, 30622 PCH	\$28		Mo 12:30P-Back Bay (M)'s, 1201 Irvine	\$700
We 10:00A-Ovr 50 Sin/Purp, 9845 Belf	\$30	\$105	Su 7:05A-Montage Grp, (Montage)	\$430		Mo 7:00P-Language of the Heart (W's) 2414 V	\$153
We 12:00P-(W)'s, 9845 Belfast		\$26	Su 10:00A-Heisler Park Disc, Cliff	\$70		Mo 7:00P-Over 40 Disc, 1099 Bayside Dr.	\$75
Th 7:00P-SS, 12432 9th St.		\$42	Su 11:45A-11th Step Disc., 20456 LCR	\$91		Mo 8:00P-(M)'s Disc, 301 Nwprt Blvd	\$480
Fr 10:30A-(W)'s (C)12 & 12, 9845 Bfst		\$23	Su 6:00P-GV Stdy, 21632 Wesley Dr	\$103		Mo 8:00P-(W)'s Beg Disc, 301 Nwprt Blvd	\$113
Fr 7:30P-11th Step Prayer & Med., 9845 Belfas		\$98	Su 7:00P-TIS Spkrs, 31872 Coast Hwy	\$140	\$320	Tu 7:00P-Beachcombers (M)'s, 414 Old Newport	\$91
Sa 10:30A-BB Stdy, 9845 Belfast		\$124	Mo 6:30P-(W)'s Perspect, 20456 LCR	\$70		Tu 7:00P-NB/CDM (M)'s, 414 32nd St.	\$100
HUNTINGTON BEACH	^	^	Mo 6:30P-(W)'s BB Stdy, Wesley	\$325		Tu 8:00P-(W)'s Topic Discussion, 4141 E. 32nd	\$92
Dly 6:00A-Early Birds, 19092 Beach Blvd		\$28	Mo 7:00P-Mon Night (M)'s Stag @Pat's	\$50	\$200	We 6:00P-Men's, 414 E. 32nd Street	\$252
Dly 7:00A-Hggrs/Bill Sees It, 8200 Ellis	\$425	\$1,350	Mo 8:00P-(M)'s Stag, 20456 LCR	\$400		We 6:30P-Wed Nite W's 12+12, 883 W. 15th S	\$40
Dly 8:00A-Hggrs II, H.B Lifegr Tower 11	\$300	\$1,560	Mo 8:00P-(M)'s BB Stdy, 31872 PCH	\$70	\$70	We 7:00P-Steps&Trads, 2200 San Joaquin Hills	\$60
Su 9:00A-On/Beach, Lifegr Tower 11		\$90	Mo 8:00P-(M)'s S/Coast (M)'s, 340 S/Ann's	\$216		We 7:30P-BB Stdy, 5520 River Ave.	\$40
Su 10:00A-Sober Sharing, 19092 Beach Blvd		\$50	Tu 12:30P-(W)'s Disc, 20456 LCR	\$400		We 8:00P-Recovery Radicals, 301Nwprt	\$100
Su 7:30P-Disc, 20444 Magnolia	\$72	\$72	Tu 6:30P-(M)'s Beg, 31872 So/Coast	\$266	\$1,071	Th 9:00A-(W)'s BB Stdy, 414 32nd St.	\$150
Mo 12:00P-(W)'s Bill Sees It, 18631 Chap	\$70	\$280				Th 7:00P-Over 40's, 414 32nd Street	\$40

Continued

Commemorating Alcoholics Anonymous' 75th Anniversary
June 10, 1035 – June 10, 2010

The Keys of the Kingdom

A.A. is not a plan for recovery that can be finished and done with. It is a way of life, and the challenge contained in its principles is great enough to keep any human being striving for as long as he lives. We do not, cannot, outgrow this plan. As arrested alcoholics, we must have a program for living that allows for limitless expansion. Keeping one foot in front of the other is essential for maintaining our arrestment. Others may idle in a retrogressive groove with out too much danger, but retrogression can spell death for us. However, this isn't as rough as it sounds, as we do become grateful for the necessity that makes us toe the line, and we find that we are compensated for a consistent effort by the countless dividends we receive.

A complete change takes place in our approach to life. Where we used to run from responsibility, we find ourselves accepting it with gratitude that we can successfully shoulder it. Instead of wanting to escape some perplexing problem, we experience the thrill of challenge in the opportunity it affords for another application of A.A. techniques, and we find ourselves tackling it with surprising vigor.

The last fifteen years of my life have been rich and meaningful. I have had my share of disappointments because that is life, but also I have known a great deal of joy and a peace that is the handmaiden of an inner freedom. I have a wealth of friends and, with my A.A. friends, an unusual quality of fellowship. For, to these people, I am truly related. First, through mutual pain and despair, and later through mutual objectives and newfound faith and hope. And, as the years go by, working together, sharing our experiences with one another, and without strings, without obligations – we acquire relationships that are unique and priceless.

There is no more aloneness, with that awful ache, so deep in the heart of every alcoholic that nothing, before, could ever reach it. That ache is gone and never need return again.

Now there is a sense of belonging, of being wanted and needed and loved. In return for a bottle and a hangover, we have been given the Keys of the Kingdom.

From Alcoholics Anonymous, pages 275 & 276, 4th Edition
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Group Contributions Continued

Fr 12:15P-(M)'s Business Disc, 414 32nd	\$71	\$71
Sa 8:00A-Easy Risers, 2100 Mar Vista	\$350	
Sa 11:00A-Participation, 414 E. 32nd	\$60	
Sa 6:00P-Discover Grp, 1 Whitecliff Dr.	\$112	
Sa 8:30P-Hoag Hut Spkr, 301 Nwprt Ave	\$250	
ORANGE		
Dly 7:00A-Early Birds, 812 Town&Cntry	\$100	\$600
Su 11:00A-Sun Pumprs, 705 W LaVeta	\$280	
Mo 7:00P-(W)'s Step Stdy, 161 Orange	\$54	
Mo 7:30P-Beg Disc, 705 W La Veta	\$74	
Tu 7:00P-Double Scoop Bk Stdy, W La Veta	\$70	
Tu 7:00P-(W)'s Keep It Simple, 1310 E Walnut	\$13	\$45
Tu 8:00P-Hart Park Newcomers, 22 FWY @ Gl	\$12	\$12
We 7:30P-Alkies Only, 1800 E. LaVeta	\$70	
Th 7:30P-All/Me (M)'s Stag,1800 LaV	\$70	\$70
RANCHO SANTA MARGARITA		
Mo 7:00P-(W)'sSta/Sober, 30382VCD		\$70
Mo 7:30P-(M)'s, 30605 Ave de la Flores		\$140
Tu 7:30P-Old TimeAA BB Stdy, 30382 VCD		\$156
M-F 6:30A-Att & Grat, 30605 Ave D/L Flores	\$510	\$995
Th 7:30P-11th Stp Spt Disc, 22521 Emp		\$60
Sa 10:30A-(W)'s BB Stdy, VCD		\$140
SAN CLEMENTE		
Mo 8:00P-Discussion, 202 Avedia Aragon		\$105
Tu 6:00P-SOS(W)'s Disc, 190 Ave La Pata		\$100
SAN JUAN CAPISTRANO		
Dly 7:00A-SJGroup Eye Opener, 27514 C Arroyo		\$653
Dly 6:00A-Taking a Trip, 27174 Ortega Hwy	\$150	\$900
Dly Various- San Juan Meetings, 27514 Calle Arr	\$940	\$5,023
Tu 7:00P- SJGroup Hear Here Part, 27514 C Arr	\$140	\$525
We 6:15P-Speaker Disc Group, 27112A Pasea E		\$175
We 7:30P-BB Stdy, 26283 Shadybrook	\$60	\$120
Th 7:00A-Design for Living (W's) S/S, 27122A P		\$112
Th 9:30A-(W)'s Back 2 B B/S, 27122A Paseo E		\$300
Th 6:00P-Do The Steps, 32202 Del Obispo	\$140	\$140
Th 7:00P-Joy of Sobriety, 31495 E C Real		\$40
Th 7:30P-(M)'s Q & A, 32202 Del Obispo	\$97	\$499
Fr 11:30A-(W)'s B 2 B Grapevine, 27122A Paseo	\$6	\$6
SANTA ANA		
SEAL BEACH		
Mo-Th 7:00A-Sanctuary Group, 148 10th St.	\$30	\$60
We 7:30P-(M)'s SS, 8th & Central		\$35
Fr 6:30P-Step Study, 183 8th St.		\$235
SILVERADO CANYON		
Th 7:30P-Fireside Disc, 27641 Silverado Cyn		\$147
SUNSET BEACH		
Su 9:00A-Sober On/Sand, End of 16th St.		\$35
Su 1:00P-(W)'s 12 Step Study, 16865 PCH		\$90
Su 7:00P-11th SS, 16865 PCH	\$60	\$60
Tu 12:00P-Disc, 16865 PCH		\$50
We 12:00P-Promises Meet, 16865 PCH		\$42
We 6:30P-Newcms Meet, 16865 PCH	\$100	\$100
Th 7:00A-Disc, 16865 PCH	\$50	\$100
Th 5:30P-(W)'s Meet, 16865 PCH		\$24
Th 7:30P-Participation, 16865 PCH		\$40
Fr 12:00P-Disc, 16865 PCH		\$80
Sa 7:30A-Disc, 16865 PCH		\$140
Sa 11:00A-Discussion, 16865 PCH		\$80
TUSTIN		
Dly 6:00A-Attitude Mod, 1221 Wass	\$112	\$1,097
Dly 12:00P-Brown Baggers, 130 W. Main	\$210	\$420
M-F 12:00P-Alkies Winners, 555 W.Main	\$234	\$1,423
Su 9:02A-Podium, Spkr,Q&A, 18341 Lassen Dr.		\$60
Su 7:00P-Sober & Crazy Spkrs, 1834 Lassen Dr.		\$70
Mo 6:15P-Tustin (W)'s 12X12, 1221 Wass		\$25
Tu 8:00P-Steps 1-4, 1201 Irvine	\$60	\$120
We 7:00P-Lucky Stiffs (M)'s, 18542 Vander	\$93	\$93
We 7:00P-(W)'s Solutions, 19211 Dodge	\$108	\$333
Th 6:15P-(W)'s Living Sober, 1221 Wass.	\$88	\$88
Fr 7:30P-Turning The Corner, 1221 Wass		\$50
Sa 7:30A-Tustin Acceptace Meeting, 225 W. Ma	\$163	\$163

VILLA PARK		
Dly 7:30A-24 Hour Book Grp, 17855 S		\$382
Fr 12:00P-(W)'s BB Stdy, 17855 Sant		\$70
WESTMINSTER		
Mo 7:30P-12&12Beginners, 15750 M		\$12 \$60
WHITTIER		
UNLISTED GROUPS		
New Life @ G.L.'s		\$75
Su 10:30A-Serenity Hill Group		\$20
Mo 4:00P-Let Go & Let God, Costa Me		\$20
Tu 7:00P-Tu Night Roving Surfer's Sta		\$50
Th 7:30P-Spkr, Leisure World Lag Woo		\$245
Fr 5:30P- B/B Study, Irvine UL		\$66 \$426
Fr 8:00P-Family Afterward (UL) Sunset		\$135
Sa 8:00A-Men's Stag, CM		\$184 \$349
WANDERING GROUPS		
Sa 7:00P-Orange County Wandering		\$105
Tu 6:00P-Wandering Step Sisters		\$280
We (W)'s Wandering-South County UL		\$264
Th 6:30P-RSM (3rd Thurs) Wandering		\$112
Fr 8:00P-Tustin, Discussion, Wanderin		\$90
MISC. DONATIONS		
OCCO Change Can		\$25 \$49
OC Convention Change Can		\$12
Intergroup Meeting		\$84 \$456
Laguna Beach 4th Step Workshop		\$265
LB Miracles Happen Convention		\$262 \$262
AOCYPAA		\$1,676
PERSONAL DONATIONS		
Anonymous		\$110 \$670
David S., Fountain Valley		\$200
Edwin M., San Clemente		\$500
Garry N., Santa Ana		\$500
June L., Irvine		\$150
Kirk B., Costa Mesa		\$60
Laura D., Capistrano Beach		\$250 \$400
Mike K., Trabuco Canyon		\$150
Paul C. Costa Mesa		\$92
Regina K. Laguna Beach		\$50
Wanda R., Huntington Beach		\$20
Theresa W., Newport Beach		\$25
IN LOVING MEMORY		
Memorial to Adam B.		\$400 \$400
Memorial to Hardy B.		\$350
GROUP INFORMATION REQUESTED		
Receipt #2669 Thursday-Coffee Pot		\$19
Receipt #2693 Group#133626?		\$100
Receipt #2699 Sat AM Seal Beach		\$33
Receipt #2767 MV?		\$245
Receipt #2785 Group#439771?		\$40
Receipt #2947 Group#606074?		\$135
Receipt #2997 Group#630174?		\$137
Receipt #2998 Sunset Beach? Sat AM		\$20
Receipt #2999 Sun?		\$120
Receipt #2902 Group#167854?		\$30
Receipt #0124 CK 231		\$50
Receipt #0125 Sat AM Seal Beach		\$68
TOTALS		\$11,011 \$81,966

"Sometimes our light goes out but is blown into flame by another human being.

Each of us owes deepest thanks to those who have rekindled this light."

Albert Schweitzer

The 5-Year Itch

Sometime during my first year of sobriety a regular in one of my meetings shared about how he was worried about what might happen when he comes up on his fifth year of sobriety.

To him it seemed like a lot of people pull away from Alcoholics Anonymous around their fifth birthday. He saw people cut back on meetings (or stop going all together), take on too much in their personal lives or just check out of A.A. as if they had graduated – and he was afraid that might happen to him.

I had to laugh because this fellow was only about halfway through his second year of sobriety, yet he was all worked up over what might or might not happen three-and-a-half years down the road.

Still, I never forgot what he said that day, and I always think about it when birthday chips are handed out – almost always a few one-, two- and three-year takers, but like he said, the numbers seem to drop way down when it comes to four, five or more years. The thought is especially on my mind this year as December will mark my fifth year of sobriety, assuming all goes well.

I have to say I can sympathize with those who find it tough to fit A.A. into their increasingly busy lives. It's hard to strike a balance between going to meetings and being a responsible father, husband, employee – even dog owner. Raising a young child, making time to enjoy and nurture a marriage, taking on more responsibility at work and just getting the dog out for a couple of walks a day doesn't leave a whole lot of time – or energy – left for much else.



There have been times after I've missed a regular meeting – sometimes two or three weeks in a row due to traveling for work or having to take care of a sick child – and thought, “Maybe I can take a break from A.A. I've got almost five years – so what if I skip meetings for a few months?”

But I don't. I get myself back into my chair at my two weekly meetings and I'm immediately reminded of why I need to be there on a regular basis. Without fail someone will raise a hand and tell the room how they blew a bunch of months or a bunch of years of sobriety because they got busy, they figured their sobriety was unshakable and they drifted away from the program.

I suppose some people can actually do it – just check out of the program and live happily every after. I might even be one of those people. But I have a daughter I adore, a wife I love, a job I enjoy and a dog that lives for me – I have a life that feels good. If spending three hours a week in a chair in an A.A. meeting buys me insurance to prevent me from throwing that all away, then that's a price I'm more than willing to pay.

I'm glad to say I watched the fellow I mentioned take his six-year chip earlier this year. We've both grown a lot since his earlier comments years ago, and I like to think we both know we have way too much to lose, and so much more to gain, by continuing to stay with the program.

Mike T., Irvine

A Matter of Unity

The Answers Can Always Be Found In A.A.'s Collective Experience

Recently, an A.A. member described to me a dilemma their meeting faced regarding variance from A.A.'s 12 Traditions. There are some general principles and ideas that I have found helpful when dealing with a real or perceived violation of A.A.'s Traditions. Probably the most significant of these—the 12 Traditions are our 2nd Legacy—a legacy of Unity. *“To those now in its fold, Alcoholics Anonymous has made the difference between misery and sobriety, and often the difference between life and death. A.A. can, of course, mean just as much to uncounted alcoholics not yet reached. Therefore, no society of men and women ever had a more urgent need for continuous effectiveness and permanent unity. We alcoholics see that we must work together and hang together, else most of us will finally die alone. The 12 Traditions of Alcoholics Anonymous are, we A.A.'s believe, the best answers that our experience has yet given to those ever-urgent questions, “How can A.A. best function?” and, “How can A.A. best stay whole and so survive?”* Does that sound familiar? It should, it is taken directly from Appendix 1 of our Big Book – The A.A. Tradition. And the emphasis is on Unity.

The last time you, the reader, heard a Tradition being cited, was it being cited in a manner that promoted unity, or was someone “beating somebody else over the head” with it? Which behavior takes us closer to unity and which behavior takes us closer to dissolution?



If I have experience with a Tradition (or Traditions) that is seemingly being violated, have I discussed it first with other members of the group outside the group meeting time? What has been their input? Have I tried to call a special meeting outside the normal group meeting time to discuss the problem and get others to share their experience? Was everyone included in the discussions? Have I consulted the GSR for their input and asked them to discuss the problem with other GSRs from the District? Have I read and answered the questions in the A.A. Traditions Checklist? Do I even know what the A.A. Traditions Checklist is? When is the last time the group took a group inventory as outlined in the A.A. Group pamphlet?

Lastly, “Has my own behavior promoted group unity or group separation?” Have I tried to inform the group in a gentle and informative way, regarding my experience with conformance to the A.A. Traditions? Returning to the italicized text from the first paragraph, I start to see that approximate conformance to A.A.'s 12 Traditions is not so much for me, but more for the *“uncounted alcoholics not yet reached.”*

It has ALWAYS been my experience that a healthy group discussion, done outside normal group meeting hours is the best approach. My Home Group usually brings someone from outside the group to facilitate the discussion and group inventory. It helps if this person is familiar with the 12 Traditions and with their practical application.

I have probably contributed more questions than answers – good, that is what I hoped to do.

A member of A.A. in Orange County

(Italicized text reprinted with permission of Alcoholics Anonymous World Services)

EVENTS

2010 International Convention of A.A.

July 1-4, 2010
San Antonio Convention Center
San Antonio, TX

Orange County Intergroup Picnic

August 1, 2010, 11AM - 4PM
Mile Square Park
 Speaker: Keith D from Yorba Linda

2010 Redwood Coast Roundup

August 27-29, 2010
River Lodge
 Fortuna, CA
 Tom S., Chair,



Please submit
EVENTS
and
SPEAKER MEETINGS
by the 15th to:
lifelineeditor@yahoo.com

SPEAKER MEETINGS

Fullerton

8:00 pm, Friday
 Friday Night Speakers
 109 E. Wilshire Avenue (Church)
 Contact: Tim L.
 7/02 Gary K.
 7/09 Annika G.
 7/16 Kristine A.
 7/23 Melanie A.
 7/30 John L.

Huntington Beach

7:00 pm, Saturday
 Saturday Nite Lite Speaker Meeting
 Corner of Beach & Garfield
 H.O.W. Hall
 19092 Beach Blvd
 (corner of Beach & Garfield)
 Contact: Jeanette N.
 7/03 Dyanne G., Huntington Beach
 7/05 Terry K./Tracy K., Huntington Beach
 Marathon Meeting 1:30-3:00 pm
 7/10 Marty S., Anaheim
 7/17 Thomas M., Orange
 7/24 Jimmy P., Westminster
 7/31 Robyn C., Silverado Canyon

Laguna Niguel

Sunday, 8:00 pm
 Crown Valley Speaker Meeting
 Crown Valley Community Center
 29751 Crown Valley Pkwy., Main Room
 Contact: Scotty G.

Orange

8:00 pm, Friday
 No Puffers Speaker
 395 S. Tustin St. (Church)
 Contact: Joey P.
 7/02 Robert H., Anaheim
 7/09 Emily H., Santa Ana
 7/16 Manny A., Huntington Beach

7/23 Jane O., Brea
 7/30 Charlotte B., Cypress
 8/06 Pete M., Orange
 8/13 Laurie B., Anaheim
 8/20 Steve B., Anaheim
 8/27 Jack G., Huntington Beach

Tustin

7:00 pm, Sunday
 Sober & Crazy Sunday Night Speakers
 18341 Lassen Dr.
 (corner of Fairhaven & Esplanade)
 Contact: Audrey A.
 7/04 Budd, Tustin
 7/11 Dyanne G., Huntington Beach
 7/18 Paul F., San Clemente
 7/25 Gloria V., El Monte

8:00 pm, Saturday
 Saturday Night Visiting Speaker
 St. Paul's Church, 1221 Wass St.
 Contact: Brian M.
 7/03 Karen B., Orange County
 7/10 Brett B., Tustin
 7/17 Alicia D., Corona Del Mar
 7/24 Bob M., Westminster
 7/31 Grace A., Tustin
 8/07 Gary C., West Palm Beach
 8/14 Wendy A., Tustin
 8/21 Vaun I., Tustin
 8/28 Lindsey, Orange
 9/04 Al J., Tustin
 9/18 Brett B., Costa Mesa
 10/30 Glenn H., Tustin

Happy Birthday

Shawn A.	Dana Point	4 years
Julie K.	Laguna Niguel	5 years
Jim Z.	San Juan Capistrano	5 years
Lee S.	Dana Point	6 years
John S.	Corona Del Mar	18 years
Dave S.	Fountain Valley	21 years
Wanda R.	Huntington Beach	30 years
Roddy C.	Laguna Woods	37 years
Ralph D.	Lake Forest	39 years



Please send August Birthday
 donations by July 10th to:
Orange County Central Office
 1526 Brookhollow, Suite 75
 Santa Ana, California 92705

Help keep the doors of A.A. open so that new members may receive the same help so many of us have already received. Make a donation of any amount for an A.A. Birthday—yours or someone else's and we will help celebrate by publishing their name and years of sobriety in the *Lifeline*.

CALL FORWARDING

**“Alcoholics Anonymous,
how may we help you?”**



CALL FORWARDING:

The call forwarding program instituted by Orange County Central Office insures that our help line phones are answered by volunteers 24/7. During hours when the Central Office is closed, calls to the Central Office are forwarded to a call forwarding volunteer's home or cell phone, where the volunteer answers the calls just as if he or she were sitting in the Central Office. This service allows the Central Office to realize a significant cost saving because we do not need to contract with a phone answering service. Even more vital, when a call is placed to Alcoholics Anonymous in Orange County, the caller will be talking to an Alcoholics Anonymous member not a phone service! This truly is “front-line” 12th Step work and we would appreciate any time you can give.

SHIFTS:

Monday thru Friday shifts are 6am to 9am, 6pm to 9pm and 9pm to 6am. Saturday shifts start with the 6am to 9am. The Central Office opens and covers from 9am to 1pm on Saturdays. The phones are than forwarded to volunteers to cover the phones from 1pm to 4pm, 4pm to 7pm, 7pm to 10pm and 10pm to 6am. On Sundays and Holidays shifts begin at 6am with the 6am to 10am, and continue with 10am to 2pm, 2pm to 6pm, 6pm to 10pm and 10pm to 6am.

VOLUNTEERING:

In order to volunteer for this service it is suggested that you have two years of sobriety. You must than arrange with the Central Office Manager in Santa Ana or the Satellite Office Manager in Mission Viejo for a brief orientation session which will be held at one of the offices. Shifts are available please call the Central Office at (714) 556-4555 or the Satellite Office at (949) 582-2697.



CENTRAL OFFICE ACTIVITY—May

Total Calls Handled by Both Offices: 1626

Main and Satellite Office Volunteers

12 Step Calls	24
Meeting Information	493
General Information	374
Walk-in Customers	214

Night Owl Volunteers

12 Step calls	17
Meeting Information	408
General Information	310

ORANGE COUNTY INTERGROUP ASSOCIATION OF A.A. Statement of Income and Expenses for Period Ending 05/31/2010 Unaudited

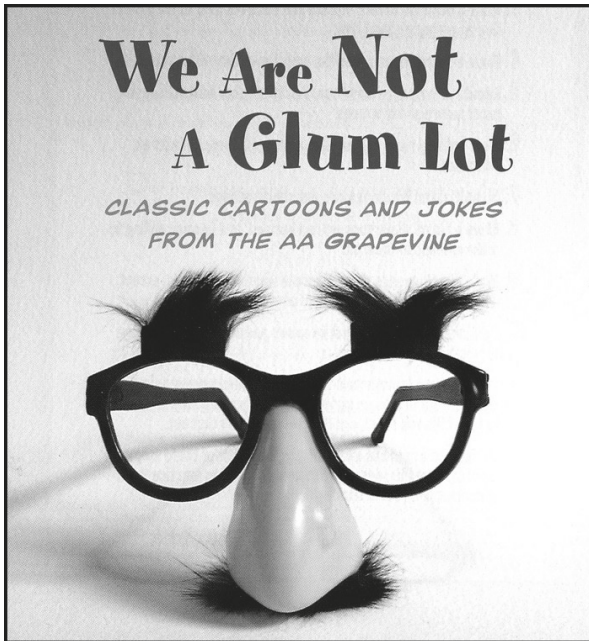
	MAY	YTD
INCOME		
Group Donations	10,167.58	78,178.63
Individual/Fellowship	350.00	2,622.66
Literature Sales	8,621.55	50,871.28
In Memoriam	400.00	750.00
Birthday Donations	104.00	1,522.65
Intergroup Donations	83.50	455.17
Interest Earned	0.00	311.55
TOTAL INCOME:	19,726.63	134,711.94
EXPENSES		
Accounting	375.00	5,540.00
Auto Expense (all Mgrs.)	16.45	352.45
Bank Charges	0.00	107.50
Cash/Invoices OverShort	3.20	24.77
Donated Literature	0.00	1,587.35
Insurances	0.00	672.02
Intergroup Expense	150.00	1,362.19
Lease Expense	329.83	1,686.44
Sales Tax on Lease	28.86	144.30
Maintenance & Repairs	0.00	295.71
Volunteers Coffee + Water	89.75	711.05
Offices' Supplies + Expenses	176.01	1,215.73
Postage	73.89	253.74
Public Info Expense	150.00	169.90
Rent Main/Satellite Offices	2,206.23	13,154.11
Salaries	8,441.96	40,424.08
Reimb. Health Insurance	18.91	94.55
Payroll Tax Expense	645.80	4,779.02
Taxes & Licenses	85.00	114.00
Telephone Expense	413.78	2,522.17
LIFELINE Expense	1,240.46	5,923.96
Cost of Literature Sold	7,673.18	45,438.58
Special Events Expense	0.00	237.00
TOTAL EXPENSES:	22,118.31	126,810.62
INCOME/(LOSS):	-2391.68	7,901.32

WEB STATS

The first on-line issue of the *Lifeline* was posted to our web site in July of 2006. However, when our site hosting company changed servers in June, 2007, some usage statistics before then were lost. Since July, 2007, the Lifeline home page has been viewed 15,238 times. Individual issue files have been viewed 28,625 times.



In May, there were 18,188 "visits" to www.oc-aa.org. From July, 2009, through May, 2010, visits averaged 17,662 per month.



"I was hoping this would be a steady job."

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A YOUNG NEWCOMER attended an AA meeting where the topic was "to practice these principles in all our affairs." When the discussion came around to her, she said, "I have never had an affair, so I am going to pass."

RECOVERY WORD SEARCH

A WORD SEARCH, like all the others you've seen: words can be up, down, across or diagonal. Have fun, and win a few minutes of free sobriety!
Submitted by a member of AA in Orange County. Thank you!

There are also 12 'AA's. Can you find them all?

F R R E A A U N I Y N I T S E D
M E D I T A T I O N A A S P O A
R L L E P A T I R E S O M E R A
T I S L R E L R O S N O P S L T
A A E C O F R O T A E R C S E J
F N L A E W L O C V A L O E A A
E C F R L V S R E C O V E R Y Y
L E R I E E L H R E R E A V T W
L E E M M C I T I M S E D I A A
O C S P E N R S D P U N I C T L
W N P D N A A Y T L I N U E Y K
S E E I T R S E R O Y S E R V E
H I C T A E M I R Y T I L A E R
I T T A R L C R E E I A O G A O
A A V T Y O A A C R N E V E A O
P P N O I T S E G G U S E O L R

- Reality
- Unity
- Sponsor
- Miracle
- Service
- Patience
- Creator
- Recovery
- Tolerance
- Director
- Self Respect
- Reliance
- Elementary
- Rage
- Tiresome
- Employer
- Suggestion
- Meditation
- Fellowship
- Love
- Destiny

AIRBORNE: An AA group flying together to Hawaii decided to hold a meeting in the air, which was okay until one guy, called on to share, identified himself and everybody yelled, "Hi, Jack!"

"Experience is what you get when you don't get what you want."

HIS EXCUSES were probably about as convincing as these true statements made to a certain police department by drinking drivers:

"In my attempt to kill a fly, I drove into a telephone pole."

"I thought I was uninjured, but on removing my hat I found I had a fractured skull."

"The telephone pole was approaching fast. I was trying to swerve out of its path when it struck my front bumper."

"The guy was all over the road. I had to zigzag several times before I hit him."