

Lifeline



Sobriety Is the Payoff

Tradition 8 - Alcoholics Anonymous should remain forever nonprofessional, but our service centers may employ special workers

DID I READ that right? “Alcoholics Anonymous should remain forever nonprofessional?” How on earth could any outfit as big as A.A. operate on a basis other than professional? How could its members get anything done? How could they hold themselves together? How could they stay in business?

All very mysterious.

To compound the mystery, the Tradition goes on to say that A.A. “service centers may employ special workers.” But if A.A. is not run professionally, what level of competence can be expected of the staffs working at those centers?

Long before I started asking those perhaps typical questions, I was asking other, more pressing questions. As in so many areas of my recovery, I only half understood things, and one piece of misinformation I had was that A.A. members did not receive pay for *any* form of service within an A.A. framework. With that in mind, I was baffled and resentful when I learned that A.A. members who made coffee in some of the local groups were being paid. Since I was involved in a coffee detail, too, how come they were getting money and I was not?

Another sore point concerned an A.A. member who worked for pay at a local clubhouse. I was quite put out, for it seemed to me that he was being paid to stay sober. What about me? I was staying sober, too. Why wasn't I getting paid?

When I had stewed long enough, I asked an older, wiser A.A. member. He pointed out that making coffee at some of the larger groups was so time-consuming that the groups were better served by paying coffee makers. They might be A.A. members, yes, but they were not being paid to stay sober; they were paid to make coffee. As for the custodian at the clubhouse, he was not paid to stay sober; he was paid to keep the club running smoothly.

Later on, I began to ask how volunteers could possibly take care of the wide variety of jobs essential to the operation of service centers around the world, including our own GSO (the A.A. General Service Office of the U.S. and Canada). For instance, the correspondence alone—how could they handle it all? I learned that, because of the sheer volume of work, both local and worldwide, there had to be salaried jobs. And who was better qualified to fill those jobs than our own fellow A.A.s? Thanks to this Tradition, the line was clearly drawn between Twelfth Step work, which is never done for pay, and professional or salaried work. The Tradition plainly shows us

that our service center employees are not being paid to stay sober; they are paid for their special skills.

Another thing that used to confuse me was the matter of A.A.s who are employed in the field of alcoholism. I was made acutely aware of the confusion when a newcomer I was sponsoring asked me how much money “A.A. counselors” were paid when they spoke at A.A. meetings. There are no “A.A. counselors.” But A.A. members can create such an image if they forget themselves and, on an A.A. group podium, speak in their professional capacities as workers in the alcoholism field.

The question of whether it was proper for A.A. members to enter that field as paid workers was one that kept our early membership in a state of unrest. The outcry was that A.A. knowledge was being sold and the perpetrators would surely succumb to the temptation to use the A.A. name for further financial gain. The quite genuine consternation was not over money-making itself. What worried A.A.s was the real possibility that commercializing



(professionalizing) this spiritual recovery program would ruin it, and all those recovering in A.A. would once more be consigned to death.

Only with time and experience did we come to see that our fears were unfounded. Alcoholism counselors who were also A.A. members showed that they could quite effectively carry the A.A. message of recovery and hope without receiving pay for Twelfth Step work.

Carrying the message is at the heart of our recovery program, and one very attractive way of doing it is via the telephones at central offices and answering services. I used to think that the people who worked the phones were considered part-time staff and paid accordingly. Since I was always in need of extra money, I signed up at our local intergroup, only to learn that A.A. members do that work on a strictly volunteer basis. Like any other form of Twelfth Step work, it is done to help assure another day of sobriety for ourselves.

There was no pay, but I was afforded one of my first glimpses of the wisdom of Tradition Eight. I realized that I didn't have to feel resentment in case I was getting paid less than the woman at the phone behind me. Nor did I have to compete with the guy across from me in order to get more than he might be getting. None of us was being paid anything in cash—only in sobriety.

Further Eighth Tradition wisdom came to me slowly, a

Continued on page 3



Orange
County
Intergroup
Association

2011 Orange County Intergroup Service Board

Chair, Lew D.
Vice Chair, Eric S.
Treasurer, Alex N.
Secretary, Emily B.
Central Office, Grant M.
Group Relations, Stuart M.
Hospitals & Institutions, Heather H.
Lifeline, Gregory J.
Public Relations, Joey P.
Special Events, Larry E.

Who? What? When? Where?

Public Relations Committee
Meets the 3rd Wednesday of the month at 6:30 pm
Group Relations Committee
Meets the 4th Wednesday of the month at 7:00 pm
Lifeline Committee
Meets the 1st Thursday of the month at 7:00 pm
Special Events Committee
Meetings scheduled as needed
H & I Committee
Meets the 2nd Sunday of the month at the Garden Grove Alano Club. Institutions meet at 4:00 pm; Hospitals meet at 6:00 pm.
South Orange County H & I meets at the Laguna Beach Canyon Club the 3rd Wednesday of the month at 7:30 pm.
With the exception of H & I, the above committees meet at Central Office, 1526 Brookhollow, Suite 75, Santa Ana, CA 92705. If you are interested in serving on a committee or would like more information please contact the above or Central Office at (714) 556-4555.

ORANGE COUNTY CENTRAL OFFICE

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Santa Ana, CA 92705

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Sat: 9:00 AM to 1:00 PM

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In This Issue

Features and Fun Stuff:

The 8th Tradition	1, 3
Step Eight.....	3
Literature Report.....	4
Old-Timer in Orange County	4
Profiles of Sobriety	5
Dear Alkie Alma	6
Birthdays.....	12
What do you Think?.....	12

Business:

Meeting Changes.....	7, 9, 10
Group Contributions	8, 9
Speaker Meetings/Events.....	10
Call Forwarding	11
Statement of Income & Expense.....	11
Central Office Activity.....	11
Web site Statistics	12

THE LIFELINE

1526 BROOKHOLLOW DR., SUITE 75, SANTA ANA, CA 92705

Published monthly by the Orange County Intergroup Association

Purpose: The Orange County *Lifeline* Committee is a committee of volunteer A.A. members, charged with the responsibility of producing and distributing the Orange County *Lifeline*, (a publication of the Orange County Intergroup Association). The *Lifeline* is published monthly and is supported solely through contributions from the A.A. groups and members of Orange County. The *Lifeline* is published to meet the following needs of the Orange County A.A. membership: to inform the A.A. membership regarding A.A. service, A.A. events and A.A. announcements; also to share experience in recovery, unity and service; to keep the A.A. membership informed regarding the actions, finances and meetings of the Orange County Intergroup Association and other Central Office committees.

Lifeline Committee: Meets the 1st Thursday of each month at the Central Office. Join us @ 7PM.

Greg J., (Chair), Jim S., Phil F., Richard H., Mike T., Tarcy H. (Editor)

Mail submissions to the above address or send email to:
lifelineeditor@yahoo.com

The Orange County
Intergroup Association Meeting

Wednesday, August 10th at 7:00 PM

**Costa Mesa Senior Center
695 W. 19th Street
Costa Mesa, CA 92627**

Step 8: *Made a list of all persons we had harmed, and became willing to make amends to them all.*

Making a list, that is not really difficult. Before I came to A.A. I made lists all the time; lists of things to do and of people to set straight, but most of those lists became scrap paper.

Making a list of all those I had harmed, well that was a bit of a problem. But I did go back to my Steps 4 and 5 and refer to those for help. The old song says “you always hurt the one you love,” and that was a clue for me. My family was prominent on the list, and I expanded the list by reviewing my life year by year.

But becoming willing to make amends to them all was a sticking point for me. After all, didn’t many of the persons I had harmed cause or at least contribute to the problems to begin with (or so I thought)? I wrestled with this for a while, but the more meetings I attended and the more I heard other members describe their own problems and the harms that they had inflicted on others, the more I was able to relate and to see my own responsibility with regard to this step.

In his chapter on this step in *Twelve Steps and Twelve Traditions*, Bill Wilson stresses the need to forgive the recipients of our injuries for any part they played, real or imaginary. For me this was key; that during my drinking days my attitude and behavior had triggered many reactions that I viewed as aggression and to which I reacted. The burden did rest on me in most cases. So I surrendered again and forgave all on my list.

Bill goes on to review the major harms we alcoholics can do to others. In my review, I found that most of the harms I did were demeaning verbal assaults and neglect. I did not keep up my side of relationships at all and had a tendency to make caustic remarks. They are not as obvious as physical or financial harm, but they did cause psychological harms. I was willing to mend those as best as I could.

On my own list, I had to add myself as one to whom I should make amends for harm done. That really may seem strange. But I have heard others speak of this, too. For me it made sense because every time I took a drink I was killing myself. How much more harm can be done? You too might want to consider adding yourself to your list in Step 8 and begin the healing!

Richard H., Tustin

Tradition 8 continued from page 1

glimpse at a time, as more of my questions were answered. What about A.A. members who speak at A.A. meetings or bring meetings into institutions—do they get paid? What about A.A. speakers at Regional Forums or workshops or conventions—do they get paid? How about A.A. speakers who fill commitments at non-A.A. meetings, such as high schools, parent-teacher groups, or classes of premed college students—how much do those speakers get?

I remember sitting in a coffee shop shortly after coming into A.A., in 1960. I was with some affluent-looking men who were talking about “getting on the speakers’ circuit” and acquiring “some of that good money.” I did not understand that they were talking about their business lives, and I assumed that there was money to be made by becoming an A.A. speaker. That was for me! But I had another surprise in store when I started speaking at local A.A. groups and at A.A. meetings in institutions. No money!

There was still no money when I began to speak as an A.A. member before non-A.A. groups. The Public Information Committee of our local intergroup impressed on me the importance of maintaining our amateur standing. Many non-A.A.s find it difficult to believe that we would visit their classrooms or agencies as volunteers, on a nonprofessional basis. I can’t say that I blame them for their skepticism. I would not have believed it once myself.

It seems to me that there is more to professionalism than just the question of pay. There is such a thing as a professional’s attitude, whatever the profession may be. It is an attitude that takes pride in a job well done. With me, however, the attitude sometimes strays out of the working area and tells me that I am entitled to rewards of prestige and recognition for being sober and for doing Twelfth Step work. And that is when I am in error with A.A. and in trouble with myself. When I look for special treatment because of my service activities, I am acting contrary to the spirit of the Traditions.

The Eighth Tradition reminds me that my A.A. membership does not automatically make me all-knowledgeable in the field of alcoholism. The Tradition encourages me to keep in touch with my local A.A. service centers and to learn as much as I can about them. It is an equally good idea, in my opinion, to ask about nearby rehab programs for alcoholics. A.A.’s choice of non-professionalism as its way of life does not mean that we cannot cooperate with programs that are conducted by professionals.

Finally, a really curious sidelight was thrown on the subject once by a drinking drunk I was twelfth-stepping. He would not, or could not, get honest with himself and tried to laugh off his powerlessness by clever remarks. “You’re an alcoholic,” he said once, “but me—I am a professional drunk.”

What price professionalism?

W. H.,

Manhattan, New York

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To Carry the Message of Alcoholics Anonymous to the Alcoholic who is confined in a Hospital or Institution



Orange County H & I
On the 2nd Sunday of the month,
Garden Grove Alano Club, 714-534-2244
9845 Belfast Drive, Garden Grove
For additional info call (714) 979-8524
Or Central Office: (714) 556-4555

South Orange County H & I
3rd Wednesday of the month, 7:30 pm
Laguna Canyon Club, 949-497-1823
20456 Laguna Canyon Rd., Laguna Beach



Literature Report

Pamphlet:

“Understanding Anonymity”

Shame is central to most practicing alcoholics’ existence. Ugly actions, hurtful words, countless failures, lack of control and all the other ills abusive drinking causes come together to paint a picture of raw humiliation. It’s a picture most practicing alcoholics take great pains to keep hidden from others and - many times - themselves. And



it’s this very shame and fear of humiliation that can prevent an alcoholic from asking for help.

The founders of A.A. quickly learned that anonymity provided the protection alcoholics needed to simply show up at meetings and begin to confront their addiction with that frightening first step of admitting they’re powerless over alcohol. The pamphlet

“Understanding Anonymity” reinforces this notion while reminding us that anonymity is as important now as it was then: “Although the stigma has lessened to some degree,

most newcomers still find admission of their alcoholism so painful that it is possible only in a protected environment. Anonymity is essential for this atmosphere of trust and openness.”

Some housekeeping tips are also offered with regard to anonymity with answers to a number commonly asked questions like these: What should I do if I meet old acquaintances at A.A. meetings? Should I reveal my anonymity to my boss so that I can attend early A.A. meetings regularly? Should I tell people who seem to have a drinking problem about my A.A. affiliation?

The pamphlet also addresses the importance of anonymity at the level of press, TV, radio, films and new media technologies. Equality and unity are essential to the welfare of A.A., and anonymity ensures no one person or personality will be able to speak for A.A. as a whole and potentially damage its reputation. In the rooms of A.A. we are all the same: Alcoholics looking for another minute, hour or day of sobriety. We leave our outside status at the door to focus on the one thing that will take us all down regardless of how important, famous, rich or accomplished we are – because we all know we’re only one drink away from letting all that shame flood right back into our lives.

Ultra-old timer in Orange County

Toward the end of one of my usual meetings, an elderly gentleman spoke. I had not seen him before at any meeting. At first I did not pay much attention to him, at least not until he said he had been a member of A.A. for 52 years. My ears perked up... 52 years! That is extraordinary. I knew members with 40 plus years, but 52 was over the top! And then he said that he had met and spoken with Bill Wilson! I could not be more interested, and so I arranged to meet with him to get to know his story. I thought you, dear reader, would be so interested too. He agreed *Lifeline* could present this to you.

David H. grew up in Rhode Island. His drinking began early and became such a problem during his career in the Coast Guard that he was threatened with a court martial. He totaled his new 1949 Ford by colliding with a telephone pole at 90 mph while drunk.

He was by then the youngest licensed car salesman in the state!

But he continued drinking rye in water and beer until June 13, 1959. The inciting incident was a suggestion by his girlfriend that he try A.A. He remembers his first A.A. meeting in a small A.A. club over a funeral home in Providence, RI. And that did the job. He felt that he was with kindred spirits and he never took another drink! The obsession to drink left after a year.

His first sponsor was a duo, a woman and man. The woman really exhibited more tough love. David acknowledges that this was an unusual sponsor relationship but recommends it now. It worked for him.

In 1960, he went to New York to meet the top man, Bill Wilson. He heard him speak and afterwards did get to speak directly with Bill. He recalls that Bill said he would have changed the word “admitted” to “accepted” in the wording of the First Step. There is a difference.

In 1978 David moved to Orange County. He has continued to go to meetings and thinks it averages out to one per day over his 52 years. The arithmetic works out to about 18,720 meetings! He still goes to meetings because he is with kindred spirits and it gives him the chance to give it away in order to keep his own sobriety. He is not sponsoring, nor in service now. He was active in prison work in the past.

His advice to achieve long term sobriety is: don’t drink, don’t die and learn how to have fun! On the last part (fun,) Dave claims he still likes ball room dancing. He also insists on having good self esteem and took a professional course in self esteem when he was sober 20 years. That helped him a lot. He thinks that many in A.A. never develop self esteem and that may be the cause for some going back to drinking even after years of sobriety. But he intends to stick with the program. He wouldn’t take the chance to leave it.

I intend to keep tabs on David now that I have met him. You too should look for the ultra-old timers in our program. They are amongst us and they can teach us how to stay sober for a long, long time!

Richard H., Tustin

Profiles in Sobriety

Ed B., Joshua Tree, CA; 39 years
(sober since 7/9/1972)



What was your first impression of A.A.?

Let's take that one in 3 parts: 1) I arrived at 26th and Broadway in Santa Monica per an agreement I had made under duress while drunk the previous evening. I was met by two guys who proceeded to read a bit from the Big Book and tell me their stories, which made me suspicious because the similarity of their stories to my own caused me to suspect that the meeting was a setup. Along the way, the one called Bob said to me that if I would "keep the plug in the jug" and follow the suggested steps of the A.A. program, I could and would learn to like myself again. I came to that meeting as a zombie – no fight, no spirit was left in me. Bob's comment lit a candle of hope in my soul. It was the beginning of a spiritual awakening that has been ongoing since then.

What made you realize A.A. would work for you?

This is part 2) of my first impression. Guy #2, whose name escapes me, drove me over to my first A.A. meeting, a high-spirited crowd at Ohio Street. Literally dozens of people introduced themselves, asked who my sponsor was and wanted to know what meeting I'd be going to tomorrow night, and I was thinking "Give me a break, these people are really presumptuous." Part 3 was a pair of 10-minute speakers who had been allowed to visit from Chino Prison. The first was a Princeton University and Georgetown Law school grad who had been earning a quarter million per year in the 60s (a lot of money back then) and, with help from alcohol, descended to robbing banks with a gun. The Second was a young Latino from the LA area who told the same story but concluded his career holding up liquor stores with a gun. I identified completely with speaker #1, but was stunned by the degree to which I also identified with #2. Both were me – the hook was set. Before I left that meeting I had been "forced" to commit to a meeting the following evening.



In your opinion, what is the most important thing a newcomer should know about A.A.?

It is that everything in A.A. is freely offered without any conditional predicates, that all the people with time in the program are there to give back what has been freely given to them.

Take a wild guess - how many A.A. meetings have you been to?

Approaching 10,000.

What's your current weekly meeting routine?

Secretary of a Monday night focused discussion meeting (great meeting this past Monday was on the topic of how our reactions to stressful situations have changed since we got sober). Another discussion meeting on Thursday evening, and a speaker meeting every Friday.

Why do you continue to go to meetings?

As I said before, it's payback for the blessings that have come to me in sobriety. And partly, as I go to church to save my soul, I go to A.A. to save my ass.

What do you remember the most about your first few months of sobriety?

Encounters with other Alkies. Among us are some truly interesting, enlightened and accomplished people. Nearly all of us are miracles of some sort.

Do you remember the first time you asked for help – what was that like?

It was when I asked Luman G. to be my sponsor. When Lu circled the rooms I had noticed that a very large portion of the ladies in attendance would be following him with their eyes. He had what I wanted! I was afraid he would refuse me, but instead he took me under his wing and played a profoundly important role in my life. But for Lu I doubt that I would have made it very far.

What has been your biggest challenge in sustained sobriety?

Without question, it has been the challenge of dealing with success. One of Kipling's big Ifs was If you can meet with Triumph and Disaster and treat those two impostors just the same. In my time in A.A. I've seen hundreds, maybe thousands, of us deal successfully with Disaster, but I would guess that only one out of five deals well with success. I can only speculate as to what happens, but it seems as though many of us get back on our feet and decide we don't need A.A. so much any more

Do you ever think you might be cured for good?

No. I have seen too many "cured for goods" go down the tubes.

Besides yourself, who benefits the most from your sobriety?

That would be my family. On day one of my A.A. adventure my sons were ages 6 and 5 and my daughter was 4. My wife was living in fear, and I couldn't look my kids in the eye because of the many times I had let them down. None of them has seen me drink in the past 39 years, and I added two more kids along the way who have never seen me take a drink. I've had days when the kids viewed me as Archie Bunker and days when I was more like Mr. Rogers. I love my wife and all my kids. I could not be prouder of them

What's the best thing about being sober?

Through A.A. I have earned my place in the world. I own my space. There was a time when I went through the days comparing the inside of me to the outside of everyone else and always coming up short. My sponsor, God Bless Him, pointed out to me the fruitlessness of that behavior. By following the suggested steps of A.A. and by using its traditions as sort of a template for how to live my life, I have become at ease with God and mindful that "I am what I am, what I am what I am." I take ownership of my space and my life by allowing you to be you.

**Got a Problem?
Send a Letter to
"Dear Alkie Alma"**



Alma will answer your questions about getting sober, staying sober and carrying the message of recovery. If you think Alma can help, please send your letters to "Dear Alkie Alma" c/o OCCO, 1526 BrookhollowDr., Suite 75, Santa Ana, CA 92705, or email them to lifelineeditor@yahoo.com.

How Many Twelve Step Programs?

Dear Alky Alma,

I've heard of Narcotics Anonymous, Overeaters Anonymous and a few others. Has anyone ever gone to the trouble of find out how many 12 Step programs there really are?

Milton S., Costa Mesa

Dear Milton,

Good question. There sure are a lot. Here's a quote from Wikipedia:

"Twelve-step methods have been adopted to address a wide range of substance abuse and dependency problems. Over 200 self-help organizations—often known as fellowships—with a worldwide membership of millions, now employ twelve-step principles for recovery. Narcotics Anonymous was formed by addicts who did not relate to the specifics of alcohol dependency.[3] Similar demographic preferences related to the addicts' drug of choice has led to the creation of Cocaine Anonymous, Crystal Meth Anonymous, Pills Anonymous and Marijuana Anonymous. Behavioral issues such as compulsion for, and/or addiction to, gambling, food, sex, hoarding, debting and work are addressed in fellowships such as Gamblers Anonymous, Overeaters Anonymous, Sexual Compulsives Anonymous, Clutterers Anonymous, Debtors Anonymous and Workaholics Anonymous. Auxiliary groups such as Al-Anon and Nar-Anon, for friends and family members of alcoholics and addicts, respectively, are part of a response to treating addiction as a disease that is enabled by family systems."

They also provide a listing. I don't know if this a complete list, but it certainly seems to cover the major fellowships:

"This is a list of twelve-step groups based on the set of guiding principles for recovery from addictive, compulsive, or other behavioral problems that was originally developed by Alcoholics Anonymous. The twelve-step method has been adapted

widely by fellowships of people recovering from various addictions, compulsive behaviors, and mental health problems. Additionally, some programs have adapted the twelve-step approach in part."

- ACA - Adult Children of Alcoholics
- Al-Anon/Alateen, for friends and family members of alcoholics
- CA - Cocaine Anonymous
- CLA - Clutterers Anonymous
- CMA - Crystal Meth Anonymous
- Co-Anon, for friends and family of addicts
- CoDA - Co-Dependents Anonymous, for people working to end patterns of dysfunctional relationships and develop functional and healthy relationships
- COSA - Codependents of Sex Addicts
- COSLAA - CoSex and Love Addicts Anonymous
- DA - Debtors Anonymous
- EA - Emotions Anonymous, for recovery from mental and emotional illness
- EHA - Emotional Health Anonymous, for recovery from mental and emotional illness
- FA - Families Anonymous, for relatives and friends of addicts
- FA - Food Addicts in Recovery Anonymous
- FAA - Food Addicts Anonymous
- GA - Gamblers Anonymous
- Gam-Anon/Gam-A-Teen, for friends and family members of problem gamblers
- HA - Heroin Anonymous
- MA - Marijuana Anonymous
- NA - Narcotics Anonymous
- NAIL - Neurotics Anonymous, for recovery from mental and emotional illness
- Nar-Anon, for friends and family members of addicts
- NicA - Nicotine Anonymous
- OA - Overeaters Anonymous
- OLGA - Online Gamers Anonymous
- PA - Pills Anonymous, for recovery from prescription pill addiction.
- RA - Reentry Anonymous, for recovery of criminal addiction and ex-offender reentry support
- SA - Sexaholics Anonymous
- SA - Smokers Anonymous
- S-anon - for friends and family of sexaholics
- SAA - Sex Addicts Anonymous
- SCA - Sexual Compulsives Anonymous
- SIA - Survivors of Incest Anonymous
- SLAA - Sex and Love Addicts Anonymous
- WA - Workaholics Anonymous

Your friend Alma

My life has been full of
terrible misfortunes most of which
never happened.

- Michel de Montaigne

MEETING CHANGES SINCE JANUARY 10, 2011

SUNDAY

HUNTINGTON BEACH

10:00 AM SUNSET BEACH MEETING Warner & Coast Highway, (Behind Jack In The Box) Added HB-on the border

12:00 PM BIG BOOK DISCUSSION 19092 Beach Blvd suite 'G' @ Garfield (Name Change)

LOS ALAMITOS

4:00 PM HAPPY HOUR TOPIC DISCUSSION 4388 Katella Ave. btwn Valley View & Bloomfield Address Change

NEWPORT BEACH

10:00 AM DOLPHINS ON THE BEACH On the beach at 40th St. Address & time change

SAN JUAN CAPISTRANO

9:30 PM GROWING IN UNDERSTANDING AND EFFECTIVENESS:TRADITIONS STUDY 27514 Calle Arroyo Name change

SANTA ANA

11:00 AM (C) TWO OR MORE 120 W. 5th St. 2nd Floor #200 Changed to closed

TUSTIN

8:00 AM (~) GRUPO TRANSMITTELO 17842 Irvine Blvd. Suite 216 New Meeting

MONDAY

BUENA PARK

8:00 PM MONDAY NITE CYPRESS 6625 Dale St. (Lutheran Church, Fireside Rm Door) New Location

COSTA MESA

12:15 PM NEW LEASE ON LIFE 776 Newton Way c/s Placentia New location

HUNTINGTON BEACH

6:00 PM (C) WOMEN'S BIG BOOK STUDY READ N CHAT 7641 Talbert Ave (Sangha Church upstairs) New Meeting

LAGUNA NIGUEL

8:00 PM (C) 12 & 12 STUDY 30111 Niguel Road (Church, Bldg G, Med Ctr, Rm1) New room

PLACENTIA

7:00 PM (C) MEN'S SOME ARE SICKER THAN OTHERS 230 S. Bradford Ave (Am. Legion Hall) New Meeting

SAN JUAN CAPISTRANO

9:30 PM GROWING IN UNDERSTANDING AND EFFECTIVENESS:SPIRITUAL AWAKENINGS 27514 Calle Arroyo Name change

TUSTIN

6:15 PM (C) TUSTIN WOMEN'S 12&12 STUDY(CHILD CARE AVAILABLE) 1221 Wass Added child care

TUESDAY

COSTA MESA

12:15 PM NEW LEASE ON LIFE 776 Newton Way c/s Placentia New location

7:00 PM MEN'S BIG BOOK STUDY 2015 Charle Street (Recovery House) Time & Name Change

8:30 PM DISCUSSION 2040 Placentia Ave. Time Change

FULLERTON

7:00 PM (C) MEN'S AA STUDY 121 N. Harbor Blvd. New Address & Time

IRVINE

7:00 PM (C) MEN'S KEEP IT SIMPLE 12X12 STUDY 14701 Harvard Ave. @ Walnut (Clubhouse) New Address

7:30 PM (C) MEN'S OF IRVINE 4949 Alton Pkwy @ Creek Rd (St. Paul's Church) New Contact

LAGUNA NIGUEL

7:00 AM TUESDAY MORNING MEN'S BIG BOOK/STEP STUDY 30111 Niguel Road (Church, Bldg G, Med Ctr, Rm1) New Room

6:00 PM (C) MEN'S STAG DISCUSSION & MUNCHIES (Oct-Apr) 30111 Niguel Road (Church, Bldg G, Med Ctr, Rm1) New Room
7:30 PM (C) BOOKSTUDY 30111 Niguel Road (Church, Bldg G, Med Ctr, Rm1) New Room

SAN JUAN CAPISTRANO

9:30 PM GROWING IN UNDERSTANDING AND EFFECTIVENESS:BIG BOOK STORIES 27514 Calle Arroyo Name change

WANDERING

6:00 PM STEP SISTERS-STEP STUDY (WOMENS) Call Laurie G. 949-226-1904 for info Put back in directory

WEDNESDAY

COSTA MESA

12:15 PM NEW LEASE ON LIFE 776 Newton Way c/s Placentia New location

5:30 PM (C) HOW IT WORKS 2144 Thurin St. @ Victoria St. (Grange Hall) New Meeting

7:30 PM SOBRIETY NIGHT LIVE 2040 Placentia Ave. New Meeting

FULLERTON

7:00 PM WOMENS NIGHTMARE ON ELM STREET 200 E. Elm Ave. c/s Valencia & Harbor New Meeting

IRVINE

6:30 PM BIG BOOK TOPIC DISCUSSION 5001 Newport Coast Dr (Mariner's Church LDB Rm 200B) Room Change

LAGUNA NIGUEL

6:00 PM (C) WEDNESDAY NIGHT BOOK STUDY 30111 Niguel Road (Church, Bldg G, Med Ctr, Rm1) New Room

7:00 PM (C) WINNER'S STEP STUDY 27802 El Lazo c/s Aliso Crk & La Paz (Faith Episcopal Church) New Location

7:30 PM (C) BOOKSTUDY 30111 Niguel Road (Church, Bldg G, Med Ctr, Rm1) New Room

ORANGE

6:00 PM WOMEN'S MEETING 261 N. Glassell St. (Ugly Mug) New Meeting

SAN CLEMENTE

7:00 PM (C) DOHENY GROUP - STEP & TRADITION/TOPIC 35522 Camino Capistrano (Lutheran Church) New address

SAN JUAN CAPISTRANO

9:30 PM GROWING IN UNDERSTANDING AND EFFECTIVENESS:12x12 STEP STUDY 27514 Calle Arroyo Name change

THURSDAY

COSTA MESA

12:15 PM NEW LEASE ON LIFE 776 Newton Way c/s Placentia New location

FULLERTON

6:00 PM FIRESIDE MENS STAG FOR NEWCOMERS 724 S. Brookhurst Rd. New Meeting

GARDEN GROVE

6:00 PM RETURNING HOME VETERANS 12453 Lewis St.#101 (OC Veterans Center) New day, time & name

LAGUNA HILLS

12:00 PM WOMEN'S BIG BOOK STUDY 23181 Verdugo Drive #104A @ Moulton & El Pacifico Name & Time Change

7:15 PM (C) SOBER LADIES CANDLELIGHT DISCUSSION 23181 Verdugo Drive #104A Time Change

LAGUNA NIGUEL

7:00 AM THURSDAY MORNING MEN'S TOPIC DISCUSSION 30111 Niguel Road (Church, Bldg G, Med Ctr, Rm1) New Room

MISSION VIEJO

7:00 AM MEDITATION & DISCUSSION 23166 Los Alisos Blvd @ Oak Tree Village New Name

SAN JUAN CAPISTRANO

9:30 PM GROWING IN UNDERSTANDING AND EFFECTIVENESS:AS BILL SEES IT27514 Calle Arroyo Name change

TUSTIN

6:15 PM WOMEN'S LIVING SOBER BIG BOOK STUDY (CHILD CARE AVAILABLE) 1221 Wass Added child care

FRIDAY

COSTA MESA

12:15 PM NEW LEASE ON LIFE 776 Newton Way c/s Placentia New location

5:45 PM BIG BOOK STUDY 2 PAGES AT A TIME 2144 Thurin St. @ Victoria St (Grange Hall) New meeting

FULLERTON

8:00 PM DOWNTOWN FULLERTON SPEAKERS 109 E. Wilshire Ave. (Church) Name Change

GARDEN GROVE

12:30 PM THE GONG SHOW 9845 Belfast Dr c/s Brookhurst & Garden Grove New Meeting/ name

RANCHO SANTA MARGARITA

7:30 PM ROADS END PARTICIPATION 30322 Via Con Dios (Lutheran Church) Address correction

SAN JUAN CAPISTRANO

9:30 PM GROWING IN UNDERSTANDING AND EFFECTIVENESS:LIVING SOBER 27514 Calle Arroyo Name Change

SEAL BEACH

7:00 PM SERENITY ROOM 148 10th St (United Methodist Church, upstairs in back) New Meeting

TUSTIN

6:30 PM (C) "IT'S IN THE BOOK" BOOKSTUDY 225 W. Main St. @ C (Presbyterian Church Rm C205) New Meeting

SATURDAY

COSTA MESA

12:15 PM NEW LEASE ON LIFE 776 Newton Way c/s Placentia New location

Continued on page 9

GROUP CONTRIBUTIONS TO CENTRAL OFFICE— June

	JUN	YTD					
ALISO VIEJO	^	^	Su 9:00A-On/Beach, Lifegr Tower 11	\$90		Mo 7:00P-Mon Night (M)'s Stag @Pat's	\$120 \$120
ANAHEIM	^	^	Su 10:00A-Sober Sharing, 19092 Beach Blvd	\$40		Mo 8:00P-(M)'s BB Stdy, 31872 PCH	\$49
Th 7:30P-We Got a C/P, 5340 E. La Palma	\$35	\$105	Su 7:30P-Disc, 20444 Magnolia	\$63		Mo 8:00P-S/Coast (M)'s, 340 S/Ann's	\$245
BUENA PARK	^	^	Mo 7:30A-Attitude Modification, 19092 Beach	\$60		Tu 12:30P-Serenity-Sea (W)'s, 340 St Ann	\$200
CAPISTRANO BEACH	^	^	Mo 12:00P-(W)'s Bill Sees It, 18631 Chap	\$50	\$325	Tu 12:30P-(W)'s Disc, 20456 LCR	\$420 \$770
Fr 7:00P-Friday Knights, 25976 Domingo		\$70	Mo 5:00P-Men's Book Study, 19092 Beach B	\$120		Tu 6:00P-Here & Now, 20456 LCR	\$125
CORONA DEL MAR	^	^	Mo 6:30P-Recoverettes, 7641 Talbert	\$40		Tu 6:30P-(M)'s Beg, 31872 So/Coast	\$1,100
Tu 7:00P-(M)'s Part, 611 Heliotrope		\$320	Mo 7:00P-(W)'s Sans, 18631 Chapel Ln.	\$420		We 7:00A-Whale Watch (M)'s, PCH	\$457 \$700
We 7:00A-Women's B/B Study, 3233 Pacific	\$126	\$336	Mo 7:30P-(M)'s BB & 12&12, 1912 Florida	\$163		We 6:00P-Beginner's, 20456 LCR	\$31
We 7:30P-Living Sober Discussion, 611 Heli		\$60	Tu 1:00P-Harmony (W)'s, Edinger/Denney's	\$80	\$260	We 8:00P-(M)'s Part, 21632 Wesley	\$190
Th 6:00P-Happy Hour (M)'s Pacific View		\$42	Tu 7:30P-Beginners (M)'s, 19822 Beach	\$313	\$930	We 8:00P-So Coast Spkrs, 286 St. Anns	\$406
Fr 7:30P-Rebels Disc, 611 Heli	\$151	\$151	Tu 7:30P-(W)'s Disc., 8200 Ellis	\$64		Th 7:15A-W's Dolphins at Day, Salt Creek	\$184
COSTA MESA	^	^	Tu 7:30P-(W)'s Serenity BB, 20444 Magn	\$120		Th 12:00P-12 & 12 SS, 20456 LCR	\$70 \$110
Dly 7:00A-Daily Reflect, 2040 Placentia		\$50	Tu 8:00P-Newcms (M)'s Grp, 20444 Magn	\$79	\$179	Th 6:30P-(M)'s BYOB 12& 12 SS, 21632	\$88
Dly 7:30A-As Bill Sees It, 2501 Harbor		\$700	We 2:00P-Seniors & Friends 1718 Orng	\$105		Fr 6:55A-Women's Workshop, 20456 LCR	\$147
M-F 6:45A-Morning Meditat, 183 E. Bay	\$1	\$6	We 6:30P-(W)'s Step Stdy, 7641 Talbert	\$100		Fr 12:00P-Q & A, 20456 LCR	\$70 \$70
M-F 12:00P-Noon Rec, 420 W. 19th St.	\$300	\$360	We 8:00P-Here & Now, 16871 Bolsa Chica	\$56		Fr 6:00P-Fri Nite Lite Disc, 21632 Wesley	\$150 \$411
Su 8:45A-Chow Hound Hooligans, 2040 Pl		\$85	Th 10:00A-(W)'s BB Stdy, 18631 Chapel	\$255		Fr 6:00P-Literature Mtg, 21632 Wesley	\$209
Mo 12:00P-Clean & Serene BB, 183 E. Bay	\$70	\$280	Th 7:00P-11th Step Disc., 1912 Florida	\$40	\$160	Fr 7:45P-Surrender to Win, 20456 LCR	\$122
Mo 7:00P-Men's Sober Flow, 420 W. 19th S	\$175	\$175	Fr 10:00A-Step Sisters, 18631 Chapel Ln.	\$96		Fr 8:00P-Here & Now, 21632 Wesley	\$120
Mo 8:00P-(M)'s, 2015 Charle Street		\$45	Fr 6:00P-(M)'s/Solution, 7111 Talbert Ave	\$70		Sa 6:55A-Keep It Simple, 20456 LCR	\$114
Tu 7:30P-Balboa Broads, 420 W 19th St	\$50	\$120	Fr 6:30P-BB Stdy, 16400 Springdale	\$25		Sa 7:00A-Whale Watchers Men's, PCH	\$306
Tu 7:30P-(M)'s Last Gasps, 695 W 19th	\$60	\$185	Sa 7:30A-Attitude Mod, 19092 Beach Blvd	\$60		Sa 12:30P-Into Action, 20456 LCR	\$74 \$93
We 12:00P-High Noon Step, 183 E. Bay St.	\$60	\$210	Sa 7:30A-(M)'s Stag Book Study, 19092 Bea	\$120		Sa 7:00P-Beginners, 31872 PCH	\$664
We 5:30P-How It Works, 2144 Thurin	\$30	\$30	Sa 7:30A-Camel(M)'s Disc 9812 Hamilton	\$60	\$180	LAGUNA HILLS	^
Th 3:00P-We Are Not Saintha, 2701 Fairview		\$70	Sa 9:30A-W BB Stdy, 19092 Beach Blvd	\$45		Su 7:30P-Legacy Grp, 23802 Ave de la Ca	\$350 \$793
Fr 12:00P-Friday Noon Men's Stag, 183 E.		\$300	Sa 9:30A-Charle St. Overflow, 9812 Hamilton	\$20	\$50	Mo 6:00P-(W)'s Disc, 23802 A D Carlota	\$93 \$303
Fr 6:30P-Family After, 1701 Baker St.		\$192	Sa 10:00A-(W)'s BBStdy, 18631 Chapel	\$60	\$185	Tu 7:00P-(M)'s Stag, 23802 A D Carlotta	\$105 \$376
Fi 6:30 P-TGIF Women 183 E.Bay St.		\$35	Sa 7:00P-Sat Nite Live BB, 18631 Chapel	\$45	\$240	Th 12:30P-(W)'s Topic Disc, 23181 Verdu	\$55 \$195
Fr 8:00P-BB Stdy, 1865 Anaheim		\$9	IRVINE	^	^	Th 7:00P-Sober Ladies Candlelight Disc.	\$48 \$48
Sa 7:00A-ARK, 760 Victoria St.		\$18	Dly 6:30A-Sunrise Sobriety, 4400 Barr	\$379	\$1,431	Sa 7:00A-Warmer-Upper, 23802 Ave de la	\$187 \$377
Sa 9:30A-(M)'s By The Book, 3080 Airway		\$160	Dly 7:00A-Solu Grp Mar, 5001 Newport Coast	\$2,764	\$2,764	LAGUNA NIGUEL	^
Sa 9:30A-Sat Morn (W)'s Gr, 2040 Placen	\$57	\$148	M-F 12:00P-Alton Noon Grp, 5101 Alton	\$204	\$770	Mo 7:00A-Morn (M)'s Stag B2B, 30071 Ivy	\$200
Sa 1:30P-What's/Point, 2040 Placentia		\$10	M-F 12:00P-Take the Steps. UCI Bldg. rm		\$40	Mo 10:30A-(W)'s 12X12 Stdy, 27802 El	\$240
Sa 6:00P-Cover-To-Cover, 183 E. Bay St.	\$120	\$264	Su 10:00A-Donut Mtg, 6670 Alton Pky	\$38	\$241	Tu 6:00P-(M)'s Disc/Munch L N Reg Park	\$470
Sa 6:30P-Sat. Night Refugees, 2144 Thurin		\$145	Su 7:30P-BonitaCnyn Disc, 5001 Nwprt	\$179	\$207	Tu 7:30P-Book Stdy, 30111 Niguel Rd.	\$207
Sa 8:00P-Keep It Simple, 2850 Fairview	\$100	\$150	Mo 5:00P-Women's Blue Book, 5001Newport	\$224		Fr 7:00A-Back to Basics Men's, 30120 T	\$1,088
CYPRESS	^	^	Mo 6:30P-Easy Does It, 4949 Alton	\$47	\$134	Fr 10:30A-(W)'s Disc., 30071 Ivy Glenn	\$192
We 7:00P-Cypress Women's S/S, 5100 Cer	\$109	\$361	Mo 6:30P-(W)'s BB Topic Disc, 4949 Alt	\$35		Fr 7:30P-Here & Now, 24360 Yosemite	\$62 \$62
Fr 6:00P-Living Sober, 5201 Evergreen		\$210	Mo 7:30P-(W)'s Disc., 15 Orange Tree	\$49	\$109	Sa 6:00P-Candlelight Disc, 30121Niguel	\$60 \$60
DANA POINT	^	^	Tu & Th 6:30A- A New Morning, 4945 Alton	\$70	\$140	LAGUNA WOODS	^
Dly 7:00A-Hard Core Harbor, 34451 Ens		\$6,378	Tu 10:00A-Women's Reflection Group		\$128	Dly 7:30A-Do It Sober, 24442 Moulton	\$430 \$3,248
Su 9:30A-DP Spkr 1st/mo Wind & Sea		\$150	Tu 12:00P-(W)'s BB Stdy, 5101 Alton Pky	\$137	\$274	We 7:30A-BB Meeting, 24442 Moulton	\$179
Mo 5:30P-(W)'s Disc, Ensenada & DPH		\$638	Tu 6:00P-Courage To Change, 18182 Culver	\$98	\$333	We 1:15P-(W)'s BB Stdy, 24351 El Toro	\$60 \$300
Mo 7:00P-Promises, 34052 Del Obispo		\$168	Tu 7:00P-(M)'s K.I.S. 12X12, 14301 Yale	\$120	\$330	We 7:00P-Winners Step Study, 24442 Mo	\$200
Tu 9:30A-(W)'s Back/Basics 24642 SJ		\$361	Tu 7:30P-Men's of Irvine, 4949 Alton Pkwy		\$50	Fr 10:00A-Top/Hill Gang, 24252 El Toro	\$40 \$150
Fr 12:15P-Fri Lunch (W)'s BB, 33841	\$90	\$115	Tu 7:30P-(M)'s Stag BB Grp, 4445 Alton P	\$50	\$50	LA HABRA	^
Fr 7:00P-GV, 33926 Calle Primavera	\$240	\$600	We 6:30P-B. B. Topic Disc., 5001 Nwprt	\$77	\$345	LAKE FOREST	^
Sa 7:00P-Spkr, 33926 Calle Primavera		\$60	We 7:30P-12 Solutions SS, Harward	\$50	\$190	We 7:45P-Back To Basics, 23262 El Toro	\$60
FOUNTAIN VALLEY	^	^	Th 6:30P-(W)'s Gypsies, Deerfield & Turtle	\$60		Th 7:30P-Mustard Seed SS, 23262 El Toro	\$60
Dly 6:00A-Solutions, 16581 Brookhurst		\$70	Fr 10:30A-Over 50 Grp, 4400 Barranca PK	\$170		LA MIRADA	^
We 7:30P (W)'s Do Recover, 16581 Brook		\$18	Fr 5:30P-Topic Disc.Grp, 6650 Alton (Kaiser)	\$162		LAS FLORES	^
We 8:00P-Disc, 10280 Slater		\$60	Fr 7:00P Winning Tkt Bk Stdy, 1 Sunnyh	\$50	\$50	Sa 7:15P-Mission Spkrs., 26111 Antonio	\$210 \$805
FULLERTON	^	^	Sa 6:30A-Back Room S/S, 4400 Barranca P	\$33	\$91	LOS ALAMITOS	^
GARDEN GROVE	^	^	Sa 9:15A-SS, 5101 Alton Pky	\$316	\$572	MISSION VIEJO	^
Tu 7:00P-Top/Key Book Stdy, 9th & Lamp	\$70	\$70	Sa 11:00A-B.B Stdy, 1 Sunnyhill - Turtle	\$150	\$270	Daily Saddleback Valley Grp, 23166 Los A	\$90 \$540
We 10:00A-Ovr 50 Sin/Purp, 9845 Belf	\$20	\$70	Sa 7:00P-Spkrs, 1 Sunnyhill - Turtle		\$220	Mo 7:00P- (W)'s SS, 26051 Marg.	\$199
We 12:00P-(W)'s, 9845 Belfast		\$50	LAGUNA BEACH	^	^	Mo 7:30P-B/Ring (M)'s Stag, 27641 Aqua	\$140
Th 10:00A-Over 40 Disc. Grp, 9845 Belf		\$35	Dly 7:00A-Attitude Adj, 20456 LCR	\$240	\$500	We 9:30A-(W)'s, 26051 Marguerite Pky	\$164
Th 3:00P-Sowing Seeds Spkr, 9845 Belfast		\$30	Dly 7:05A-Attitude Adj, 31872 PCH	\$700		Fr 8:30P-Couch Meeting, 26001 Muirlands	\$205
Fr 10:30A-(W)'s (C)12 & 12, 9845 Blfst		\$60	Dly 7:05A-Attitude Adj Tee Rm, 31106 PCH	\$450		NEWPORT BEACH	^
Sa 7:30A-Grow or Go, 9845 Belfast		\$75	M-Sa 7:00A-Good Morning Serenity/Ruby's,	\$126		M-S 6:30A-Round Disc, 414 E. 32nd St	\$1,000 \$1,720
Sa 10:30A-F-Troop Disc, 9845 Belfast		\$105	Su 6:55A-Keep It Simple, 20456 LCR Rm2	\$59	\$59	M-F 6:45A-Attitude Adj, Bayside Dr (Yacht	\$102 \$658
Sa 10:30A-Just for Today, 9845 Belfast		\$76	Su 7:05A-Montage Grp, (Montage)	\$211	\$475	M-F 12:15P-Shark@Aquatic, 1Whitecliffs	\$400 \$1,400
Sa 10:30A-BB Stdy, 9845 Belfast		\$30	Su 10:00A-Heisler Park Disc, Cliff	\$170		M-F 5:30P-Fish Out'a Water, 414 E. 32nd	\$300
HUNTINGTON BEACH	^	^	Su 10:30A-Sunday Q&A, 31872 PCH	\$20		Su 7:15A-Men's Closed B/B Study, 798 D	\$157
Dly 7:00A-Hggrs/Bill Sees It, 8200 Ellis	\$300	\$875	Su 6:00P-GV Stdy, 21632 Wesley Dr	\$89	\$159	Su 9:30A-Sandy Survivors, On/Beach	\$160 \$160
Dly 7:30A-Attitude Mod., 19092 Beach Blvd		\$300	Su 7:00P-TIS Spkrs, 31872 Coast Hwy	\$275	\$525	Su 11:30A-Here and Now, 414 E. 32nd St.	\$150
Dly 8:00A-Hggrs II, H.B Lifegr Tower 11	\$240	\$1,410	Mo 12:00P-BB Stdy, 20456 LCR	\$84		Su 7:00P-Primary Purp Grp, 1 Whitecliffs D	\$50 \$85
			Mo 6:30P-(W)'s BB Stdy, Wesley	\$150	\$275		

Continued on page 9

Group Contributions Cont.

Su 9:30A-Sandy Survivors, On/Beach	\$160	\$160
Su 11:30A-Here and Now, 414 E. 32nd St.		\$150
Su 7:00P-Primary Purp Grp, 1 Whitecliffs	\$50	\$85
Mo 12:30P-Back Bay (M)'s, 1201 Irvine		\$500
Mo 7:00P-Language of the Heart (W's) 2414	\$70	\$70
Mo 7:00P-Over 40 Disc, 1099 Bayside Dr.		\$188
Mo 8:00P-(M)'s Disc, 301 Nwprt Blvd		\$210
Tu 7:00P-B St Bonfire-1st Fire Ring/Ocean	\$1	\$68
Tu 7:00P-Beachcombers (M)'s, 605 E. Bal		\$69
Tu 7:00P-(M)'s Keep It Simple, 14301 Yale		\$140
Tu 7:00P-NB/CDM (M)'s, 414 32nd St.		\$982
We 6:00P-Men's, 414 E. 32nd Street		\$286
We 7:00P-Steps&Trads, 2200 San Joaquin H		\$60
We 7:30P-Wed Night (M)'s, 2401 Irvine		\$75
We 8:00P-Recovery Radicals, 301Nwprt		\$60
Th 9:00A-(W)'s BB Stdy, 414 32nd St.		\$20
Th 7:00P-Over 40's, 414 32nd Street		\$60
Th 7:30P-Balboa Spkr Grp, 414 E. 32nd		\$113
Fr 7:00P-Friday Q & A, 414 32nd Street		\$25
Sa 8:00A-Easy Risers, 2100 Mar Vista	\$140	\$280
Sa 11:00A-Participation, 414 E. 32nd		\$100
Sa 6:00P-Discover Grp, 1 Whitecliff Dr.		\$50
ORANGE ^ ^		
Dly 7:00A-Early Birds, 812 Town&Cntry		\$350
Su 11:00A-Sun Pumpers, 705 W LaVeta		\$140
Su 7:00P-Spkr/Orange, 1800 E LaVeta		\$70
Mo 7:00P-(W)'s Step Stdy, 161 Orange		\$72
Tu 12:00P-Discussion, 2191 Orange-Olive		\$150
Tu 7:00P-(W)'s Keep It Simple, 1310 E Waln	\$126	\$299
Tu 8:00P-Hart Park Newcomers, 22 FWY @	\$80	\$360
We 7:30P-Alkies Only, 1800 E. LaVeta		\$70
Th 7:30P-All/Me (M)'s Stag, 1800 LaV	\$210	\$210
PLACENTIA ^ ^		
Su 8:30A-Right Start Meeting, Los Vaqueros	\$7	\$7
RANCHO SANTA MARGARITA ^ ^		
Su 7:00P-Old Time AA 12&12, 30605 FI		\$221
Mo 7:00P-(W)'sSta/Sober, 30382VCD	\$70	\$70
Mo 7:30P-(M)'s, 30605 Ave de la Flores		\$36
Tu 7:30P-Old TimeAA BB Stdy, 30382 VCD	\$120	\$570
M-F 6:30A-Att & Grat, 30605 Ave D/L Flores	\$300	\$600
Th 7:30P-11th Stp Spt Disc, 30162 Tomas	\$50	\$80
Sa 10:30A-(W)'s BB Stdy, VCD		\$140
SAN CLEMENTE ^ ^		
Dly- Groups, SC Friendship CTR,929 Calle		\$420
Mo 7:00P-N.O.I. (M)'s, Camino Capist		\$256
Mo 8:00P-Discussion, 202 Aveida Aragon		\$70
Tu 6:00P-SOS(W)'s Disc, 190 Ave La Pata		\$52
We 7:00P-Doheny Group, 35522 Cam. Capi	\$70	\$200
Fr 8:00P-Aragon Spkrs, 202 Ave Aragon		\$50
SAN JUAN CAPISTRANO ^ ^		
Dly 6:00A-Taking a Trip, 27174 Ortega Hwy	\$200	\$650
Dly Various- San Juan Meetings, 27514 Cal	\$344	\$3,300
Su 5:00P-SJGroup 1 Hr Top Disc, 27514 C		\$639
Tu 7:00P- SJGroup Hear Here Part, 27514		\$532
We 6:15P-Speaker Disc Group, 27112A Pa	\$210	\$210
Th 7:00A-Design for Living (W's) S/S, 27122A Pa		\$91
Th 9:30A-(W)'s Back 2 B B/S, 27122A Pas		\$288
Th 6:00P-Do The Steps, 32202 Del Obispo	\$210	\$210
Th 7:00P-Joy of Sobriety, 27174 Ortega H	\$100	\$150
Th 7:30P-(M)'s Q & A, 32202 Del Obispo	\$1,128	\$1,128
Fr 11:30A-(W)'s B 2 B Grapevine, 27122A	\$63	\$76
Sa 6:00P-SJGroup Around 40's Disc, 27514	\$40	\$40
SANTA ANA ^ ^		
Mo-Sa 7:30A-Disc Early Birds, 212 Elk	\$25	\$25
SEAL BEACH ^ ^		
We 7:30P-(M)'s SS, 8th & Central		\$24
SILVERADO CANYON ^ ^		
Th 7:30P-Fireside Disc, 27641 Silverado C		\$73
SUNSET BEACH ^ ^		
Su 10:00A-Sunset Bch Mtg, PCH & Warner		\$123

Tu 7:00A-Disc, 16865 PCH	\$120	\$240
Tu 12:00P-Disc, 16865 PCH		\$120
Tu 6:00P-Disc, 16865 PCH		\$250
Tu 8:00P- Nomad'sBB Study, 16865	\$50	\$50
We 6:30P-Newcms Meet, 16865 PCH	\$175	\$275
Th 7:00A-Disc, 16865 PCH	\$60	\$120
Th 5:30P-(W)'s Meet, 16865 PCH	\$50	\$100
Th 7:30P-Participation, 16865 PCH	\$100	\$170
Fr 12:00P-Disc, 16865 PCH		\$200
Sa 7:30A-Disc, 16865 PCH		\$140
Sa 11:00A-Discussion. 16865 PCH		\$50
TUSTIN ^ ^		
Dly 6:00A-Attitude Mod, 1221 Wass	\$63	\$1,088
M-F 12:00P-Alkies Winners, 555 W.M		\$842
M,W,F 12:00P- Spiritual Experience,	\$229	\$491
Su 7:00P-Sober & Crazy Spkrs, 1834	\$70	\$375
Mo 6:15P-Tustin (W)'s 12X12, 1221 W		\$105
Tu 7:00P-Tustin BB Stdy, 225 W. Main	\$80	\$280
Tu 8:00P-Steps 1-4, 1201 Irvine	\$42	\$102
We 7:00P-Lucky Stiffs (M)'s, 18542 V		\$101
We 7:00P-(W)'s Solutions, 19211 Dod	\$127	\$311
Th 6:15P-(W)'s Living Sober, 1221 Wa		\$25
Th 7:00P-12 Steps & 12 Trads, 225 Mai		\$50
Sa 7:30A-Tustin Acceptace Meeting,	\$200	\$290
Sa 8:00P-Visiting Spkrs 1221 Wass		\$70
VILLA PARK ^ ^		
Dly 7:30A-24 Hour Book Grp, 17855 Sa		\$164
Fr 12:00P-(W)'s BB Stdy, 17855 Sant		\$60
WESTMINSTER ^ ^		
Mo 7:30P-12&12Beginners, 15750 Mag		\$40
WHITTIER ^ ^		
UNLISTED GROUPS ^ ^		
Anonymous Group	\$70	\$105
Scott's Cake, Mission Viejo		\$140
Tu Women's Huntington Beach		\$29
We 7:00P-Language of the Heart Study		\$20
Th 7:15P-BB Stdy (UL) LB	\$50	\$50
Fr 5:30P- B/B Tape/CD Study, Irvine UL		\$365
Sa 8:00A-Grace Comm. Church		\$66
WANDERING GROUPS ^ ^		
Sa 7:00P-Orange County Wandering G		\$42
Tu 6:00P-Chicks on the Run	\$268	\$640
We 7:30P- Rolling Men's Stag BB Study	\$150	\$150
We (W)'s Wandering-South County UL	\$87	\$332
MISC. DONATIONS ^ ^		
OCCO Change Can	\$16	\$79
Satellite Office Change Can	\$12	\$48
Intergroup Meeting	\$58	\$393
Laguna Beach 4th Step Workshop		\$365
Men's Banquet 2010		\$570
AOCYPAA	\$995	\$995
PERSONAL DONATIONS ^ ^		
Anonymous	\$176	\$1,125
Carl E. , Costa Mesa		\$175
Golden, RSM		\$100
Joanne B., San Clemente	\$90	\$108
June L., Irvine		\$150
Laura D., Capistrano Beach		\$100
Linda L. , Lake Elsinore		\$80
Lynn S.		\$100
Michael L.		\$100
Richard S., CDM		\$50
Steven H., Newport Beach		\$90
Wanda R., Huntington Beach	\$20	\$40
Theresa W., Newport Beach	\$50	\$300
IN LOVING MEMORY ^ ^		
GROUP INFORMATION REQUESTED ^ ^		
Receipt #1593 Solution Sunday?	\$40	\$40
Receipt #1472 CK #0994269872		\$51
Receipt #1373 CK #332		\$58
Receipt #1394 CK #668		\$60
Receipt #1424 CK #1801		\$225

Receipt #1432 M.O.6344102296	\$287
Receipt #1512 CK #1022	\$111
Receipt #1634 CK #1340	\$165 \$165
Receipt #1664 CH #661	\$70 \$70
TOTALS	\$20,987 \$86,458

Meeting Changes Continued

LAGUNA BEACH	
6:55 AM (C) KEEP IT SIMPLE 20456 Laguna Canyon Rd. (Rm 2) Added/Letter with	
5:00 PM (C) SILENCE IS GOLDEN 11TH STEP MEETING 428 Park Ave (St Mary's Episcopal Church) Room change	
LAGUNA HILLS	
7:00 AM WARMER-UPPER 23802 Avenida de la Carlotta (St. George's Church) New Address	
LAGUNA NIGUEL	
6:00 PM CANDLELIGHT 30111 Niguel Road (Church, Bldg G, Med Ctr, Rm1) New Room	
LOS ALAMITOS	
7:30 PM (C) ROSSMOOR DISC/WATERING HOLE 3352 Katella Ave. (Church) Correct time	
NEWPORT BEACH	
8:00 AM EASY RISERS 2046 Mar Vista Dr. (Queen of Angels Church) New Address	
ORANGE	
7:30 PM HIP, SLICK AND SICK! 2601 E. Chapman Ave (Med Ctr, 2nd Floor Med Surg Classroom) New Meeting	
SAN JUAN CAPISTRANO	
6:00 PM KEEP IT SIMPLE 31473 Rancho Viejo Rd. Suite 101 @ Ortega & 5 Fwy Address Correction	
9:30 PM GROWING IN UNDERSTANDING AND EFFECTIVENESS:MEDITATION MEETING 27514 Calle Arroyo Name change	
MEETING DELETIONS SINCE JANUARY 10, 2011	
SUNDAY	
FOUNTAIN VALLEY	
3:30 PM PEOPLE OF ALL COLOR SPEAKER/PARTICIPATION 16581 Brookhurst St.	
GARDEN GROVE	
12:00 PMSPEAKER 9845 Belfast Dr.	
TUSTIN	
12:00 PM BROWN BAGGERS DISCUSSION Peppertree Park	
7:00 PM SUNDAY NIGHT AA MEDITATION 19211 Dodge Ave.	
MONDAY	
TUSTIN	
12:00 PM BROWN BAGGERS DISCUSSION 600 6th St.	
TUESDAY	
LAGUNA BEACH	
12:30 PM (C) SERENITY BY THE SEA WOMEN'S 340 St. Ann Dr.	
WEDNESDAY	
LOS ALAMITOS	
7:30 PM ICE BREAKERS GROUP 4111 Katella Blvd.	
TUSTIN	
12:00 PM BROWN BAGGERS DISCUSSION	

EVENTS

August 5 - 7

**37th Annual Ninth District Convention
MAAD Dog Daze**
The Doral Desert Princess Resort
67967 Vista Chino
Cathedral City, CA
www.aainthedesert.org

August 7

**Orange County Intergroup Assoc. of AA
2011 Annual Picnic 10AM - 3PM**
Mile Square Park, Fountain Valley
"Forest Shelter" picnic area
c/s Warner and Euclid

September 2 - 4

Monterey Bay Area Roundup
Monterey Conference Center
1 Portola Plaza
Monterey, CA
www.mbar2011.org

September 9 - 11

**1st Annual Wrightwood
Men's Sober Retreat
"Fun, Food & Fellowship"**
Teresita Pines near Wrightwood, CA

September 16 - 18

**16th Convencion Hispana De A.A.
Del Condado De Orange**
Howard Johnson Hotel
222 W Houston Avenue
Fullerton, CA

September 17, 6:00 pm

**Ashland Home Black & White Ball
Mission San Juan Capistrano**
26801 Ortega Highway
San Juan Capistrano, CA

September 30 - October 2

**The 60th Southern California
A.A. Convention**
Westin Mission Hills Resort & Spa
Rancho Mirage, CA (Palm Springs Area)
www.aasocal.com

October 14 - 16

24th Annual Inland Empire Convention
San Bernardino Hilton Hotel
285 E Hospitality Lane
San Bernardino, CA
www.ieaac.org

SPEAKER MEETINGS

Costa Mesa

7:00 pm, Sunday
Sunday Night Costa Mesa
Speaker Meeting (former Odd Fel-
lows Hall Speaker Meeting)
Bethel Towers Social Hall
678 West 19th Street
(park in DMV lot next door @ 19th St
& Meyer Pl)
Contact: Michael K.

Huntington Beach

7:00 pm, Saturday
Saturday Night Speaker Meeting
Corner of Beach & Garfield
H.O.W. Hall
19092 Beach Blvd
(corner of Beach & Garfield)
Contact: Jeanette N.
08/06 Triona O., Huntington Beach
08/13 Dyanne G., Huntington Beach
08/20 Gloria V., El Monte
08/27 Susan S., Lakewood

Laguna Niguel

Sunday, 8:00 pm
Crown Valley Speaker Meeting
Crown Valley Community Center
29751 Crown Valley Pkwy.
Main Room
Contact: Stephanie R.
08/07 Michealine F., Escondido
08/14 Alonzo B., Studio City
08/21 Odat E., So. Central L.A.
08/28 Gerard A., Laguna Niguel
09/04 Nancy N., Tujunga
09/11 Norman B., Laguna Woods
09/18 Tatiana B., South County
09/25 Kevin C., San Clemente

Orange

8:00 pm, Friday
No Puffers Speaker Meeting
Community of Christ Church
395 S. Tustin St.
Contact: Mitchell B.

Tustin

8:00 pm, Saturday
Saturday Night Visiting Speaker
St. Paul's Church, 1221 Wass St.
Contact: Joey P.
08/06 Rob H., Laguna Niguel
08/13 Paul C., Santa Ana
08/20 Susan F., Laguna Hills
08/27 Lisa B., Huntington Beach
09/03 Frank M., Irvine
09/10 Jeryl T., Costa Mesa
09/17 Kandy K., San Clemente
09/24 TBD

10/01 Sharon K., Corona
10/08 Bill W., Fountain Valley
10/15 Stan G., Tustin
10/22 Cesar F., Santa Ana
10/29 Glenn H. (Pickle), Tustin
11/05 Patrick S., Costa Mesa

North Tustin

7:00 pm, Sunday
Crazy & Sober Speakers Meeting
18341 Lassen Drive
Contact: Billy S.
08/07 Kelly H., Irvine
08/14 John B., Huntington Beach
08/21 Debbie A., Costa Mesa
08/28 Matt H., Long Beach

*Please submit
speaker meeting and
event information
by the 15th of the month to
lifelineeditor@yahoo.com.*

Meeting Deletions continued

600 6th St.

FRIDAY

GARDEN GROVE

12:30 PM OPEN PARTICIPATION 9845 Bel-
fast Dr.

LAGUNA NIGUEL

10:00 AM (C) WOMEN'S SOLUTIONS 27802
El Lazo (Faith Episcopal Church)

NEWPORT BEACH

5:30 PM NEWPORT DRY DOCKERS 414 E.
32nd St.

TUSTIN

12:00 PM BROWN BAGGERS DISCUSSION
600 6th ST.

SATURDAY

COSTA MESA

7:30 PM STARLIGHT SPEAKERS 2040 Pla-
centia

NEWPORT BEACH

8:30 AM (C) MENS BOOK STUDY 414 E.
32nd St.

*Please submit meeting changes or
deletions to Central office
ocaa7664@sbcglobal.net*

**“Alcoholics Anonymous,
how may we help you?”**



CALL FORWARDING

CALL FORWARDING:

The call forwarding program instituted by Orange County Central Office insures that our help line phones are answered by volunteers 24/7. During hours when the Central Office is closed, calls to the Central Office are forwarded to a call forwarding volunteer’s home or cell phone, where the volunteer answers the calls just as if he or she were sitting in the Central Office. This service allows the Central Office to realize a significant cost saving because we do not need to contract with a phone answering service. Even more vital, when a call is placed to Alcoholics Anonymous in Orange County, the caller will be talking to an Alcoholics Anonymous member not a phone service! This truly is “front-line” 12th Step work and we would appreciate any time you can give.

SHIFTS:

Monday thru Friday shifts are 6am to 9am, 6pm to 9pm and 9pm to 6am. Saturday shifts start with the 6am to 9am. The Central Office opens and covers from 9am to 1pm on Saturdays. The phones are then forwarded to volunteers to cover the phones from 1pm to 4pm, 4pm to 7pm, 7pm to 10pm and 10pm to 6am. On Sundays and Holidays shifts begin at 6am with the 6am to 10am, and continue with 10am to 2pm, 2pm to 6pm, 6pm to 10pm and 10pm to 6am.

VOLUNTEERING:

In order to volunteer for this service it is suggested that you have two years of sobriety. You must then arrange with the Central Office Manager in Santa Ana or the Satellite Office Manager in Mission Viejo for a brief orientation session which will be held at one of the offices. Shifts are available please call the Central Office at (714) 556-4555 or the Satellite Office at (949) 582-2697.

CENTRAL OFFICE ACTIVITY—June

Total Calls Handled by Both Offices: 1648

Main and Satellite Office Volunteers

12 Step Calls	15
Meeting Information	494
General Information	326
Walk-In Customers	242

Night Owl Volunteers

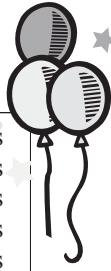
12 Step calls	11
Meeting Information	409
General Information	270

ORANGE COUNTY INTERGROUP ASSOCIATION OF A.A. Statement of Income and Expenses for Period Ending 06/30/2011 Unaudited		
	June	YTD
INCOME		
Group Donations	20,467.50	83,818.63
Individual/Fellowship	364.30	2,213.29
Literature Sales	11,115.98	59,873.52
In Memoriam	0.00	0.00
Birthday Donations	254.00	2,321.65
Intergroup Donations	58.00	392.98
Interest Earned	31.92	221.16
TOTAL INCOME:	32,291.70	148,841.23
EXPENSES		
Reconciliation Discrepancies	0.00	0.00
Accounting	3,150.00	7,125.00
Auto Expense (all Mgrs.)	43.15	334.13
Bank Charges	0.00	0.00
Cash/Invoices OverShort	-6.17	-9.90
Donated Literature	0.00	297.80
Insurances	2,557.12	3,293.47
Intergroup Expense	154.80	939.94
Lease Expense	329.83	1,978.98
Sales Tax on Lease	28.86	173.16
Maintenance & Repairs	23.15	371.06
Volunteers Coffee + Water	225.38	766.88
Offices' Supplies + Expenses	116.15	1,359.43
Postage	44.00	360.19
Public Info Expense	79.17	364.15
Rent Main/Satellite Offices	3,200.20	19,201.20
Salaries	9,535.51	52,049.14
Reimb. Health Insurance	190.40	471.44
Payroll Tax Expense	1,943.79	5,215.28
Taxes & Licenses	0.00	29.00
Telephone Expense	643.68	4,044.04
LIFELINE Expense	985.13	6,069.73
Cost of Literature Sold	6,345.91	45,779.91
Special Events Expense	429.73	958.29
Returned Checks	-46.96	0.00
TOTAL EXPENSES:	29,972.83	151,172.32
INCOME/(LOSS):	2,318.87	-2,331.09

It is easier to be wise for others than
for ourselves.

-Francois De La Rochefoucauld

HAPPY BIRTHDAY!!



Elisa N.	Laguna Niguel	2 years
Patricia G.	Corona Del Mar	8 years
Tom W.	Dana Point	14 years
Danny M.	Dana Point	15 years
Keith P.	Orange	16 years
Mary Jo C.	San Clemente	17 years
John S.	Corona Del Mar	19 years
Rosanne R.	Stanton	19 years
Rocky T.	Dana Point	21 years
Dave V.	Laguna Niguel	27 years

Make a donation of any amount for an A.A. Birthday—yours or someone else's and we will help celebrate by publishing their name and years of sobriety in the *Lifeline*.

Please send September Birthday donations by August 10th with name, city and years to:
 Orange County Central Office
 1526 Brookhollow, Suite 75
 Santa Ana, California 92705

Help keep the doors of A.A. open so that new members may receive the same help so many of us have already received.

Alcoholic A says if it took seven meetings a week to stay sober for five years, then one should keep doing seven meetings a week if he or she wants another five years of sobriety.

Alcoholic B says every situation is different and going to fewer meetings after five or six years of sobriety shouldn't automatically be considered a step back.

What do you think?



Send responses to LifelineEditor@yahoo.com

Web Stats

On July 9, 2010, our Web site redesign went live. Thus, some statistics start from a new base. During June, there were 12,386 "visits" to www.oc-aa.org.

The first on-line issue of the *Lifeline* was posted to our Web site in July of 2006. However, when our site hosting company changed servers in June of 2007, some usage statistics were lost. Since July, 2007, the *Lifeline* home page has been viewed 21,526 times. Individual issue files have been viewed 41,633 times. During June, 171 visitors viewed the June issue, while past issues (dating back to July of 2008) were viewed 784 times. In addition, issues from selected years dating back to April, 1963, (Vol. 1 No. 1) were viewed 1,434 times.

NEW!! Archived issues of the *Lifeline* for the years 1963, 1964, 1965, 1966, 1974, 1975, 1976, 1978, 1979, 1980 and 2005 are now available in downloadable .pdf format. More to be added in the future."

Two women ...one recently widowed

May: "Yes, he was a good man except when he drank. Then he wouldn't work, hit the kids and me...carried on with loose women. Then the drink killed him."

June: "Tsk! Tsk! Sooo, he didn't like A.A.?"

May: "Oh My No! He never went. He wasn't that bad."



A.A. on the Road

- ⇒ In Southern California, see Page 72 of our Orange County printed Meeting Directory for a listing of nearby Central Offices with phone numbers and web site addresses.
- ⇒ For the rest of the U.S. and Canada, go to www.aa.org where you can locate Central Offices by State or Province or Country.
- ⇒ Travelers without access to the Internet can call our Central Office (714) 556-4555 where a phone volunteer will look up a contact or meeting in any of the printed or on-line directories published by GSO.