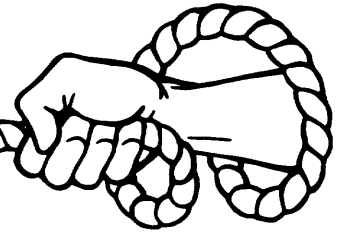


Lifeline

AN INTERGROUP PUBLICATION



JULY 1982

ORANGE COUNTY, CALIFORNIA

VOL. XX NO. 7 (USPS 312-680)

DAILY TIPS FOR NEW AND OLD A.A. MEMBERS

THE UNHAPPIEST person in the world is the ALCOHOLIC who has an insistent yearning to enjoy life as he once knew it, but cannot picture life without alcohol. He has a heart-breaking obsession that by some miracle of control he will be able to do so.

SOBRIETY is the most important thing in your life without exception. You may believe your job, or your home life, or one of many other things come first. But consider, if you do not get sober and stay sober, chances are you won't have a job, a family, sanity, or even life. If you are convinced that everything in life depends on your sobriety, you have just so much more chance of getting sober and staying sober. If you put other things first you are only hurting your chances.

(1) Cultivate continued acceptance of the fact that your choice is really between unhappy, drunken drinking and doing without just one small drink.

(2) Cultivate gratitude that you have had the good fortune of finding out what was wrong with you before it was too late.

(3) Expect as being natural and inevitable, that for a period of time (and it may be a long one) that you will recurrently experience:

(a) The conscious, nagging

(Continued on page 2)



FREEDOM

by Ed J..

I found in Alcoholics Anonymous what I was looking for out there in that bottle.....
THANK GOD FOR A.A.

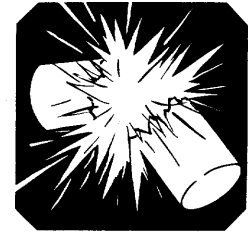
I heard a man talking at my first meeting, about freedom. He told us that he was free of all the negatives..all the fear, hate, jealousy, pettiness, suspicions, etc., and I thought to myself, "That is what I am looking for".

FREEDOM

I've become involved in this program and I've discovered something over the years. This is not a program where you let George do it. This is a do-it-yourself program. Whatever you put in..you get out..and then some! I love the way that works.....

Over the years, I have watched the people who are always the "givers" and those who are the "takers", and the "takers"

(Continued on page 3)



Get Your New Group Off to a Good Start

There's a saying that all you need to start a new A.A. group is a resentment and a coffee-pot---but what happens after the coffee's on the boil? The Boomerang, newsletter of the Maine area, gave A.A.'s up north a rundown of some of the steps to take, and we're passing a slightly adapted version on to our readers.

It's important to communicate not only with G.S.O., but with your Central Office. Sending information to one does not mean you've sent it to all.

Therefore.....
* Notify G.S.O..You'll be sent a form to fill out, and you'll be entitled to a New Group Handbook (containing A.A. literature) and a G.S.R. Kit free of charge.

* Notify your central office. This entity puts out the local meeting list, and it's the referral center for newcomers looking for a meeting.

* Read the literature. Study the pamphlet, "The A.A. Group" and "The A.A. Service Manual" along with other materials in your Group Handbook. Read area and local newsletters and the Grapevine.

In other words, the more you know, the more effective your group can be in achieving its primary purpose---to carry the message to alcoholics.

DAILY TIPS..

CONT'D FROM PAGE 1

craving for a drink.

(b) The sudden, all but compelling impulse just to take a drink.

(c) The craving, not for a drink as such, but for the soothing glow and warmth a drink or two once gave you.

(4) Remember that the times when you don't want a drink are the times in which to build up the strength not to take one when you do want it.

(5) Develop and rehearse a daily plan of thinking and acting by which you will live that day without taking a drink regardless of what may upset you or how hard the old urge for a drink may hit you.

(6) Don't for a split second allow yourself to think: "Isn't it a pity or a mean injustice that I can't take a drink like co-called normal people.

(7) Don't allow yourself to think a drink or two would make some bad situation better or at least easier to live with. Substitute the thought: "One drink will make it worse, one drink will mean a drunk."

(8) Don't allow yourself to either think or talk about any real or imagined pleasure you once did get from drinking.

(9) Minimize your situation. Think, as you see here or there a blind or other sorely handicapped person, how joyful such a person would be if his problem could be solved by just not taking one little drink today. Think gratefully of how lucky you are to have so simple and small a problem.

(10) Cultivate the enjoyment of sobriety.

(a) How good it is to be free of shame, mortification and self-condemnation.

(b) How good it is to be free of fear and the consequences of a drunk just ended, or a coming drunk you have never before been able to prevent.

(c) How good it is to be free of what people have been thinking and whispering about you, and of their mingled pity and contempt.

PEOPLE..not figures by Harlie C.



YESTERDAY I SAT LOOKING AT PAGE 11 OF THE LIFELINE (MAY 1982). UNDER THE HEADING 'FINANCIAL', WERE TWO BOXES. ONE, 'STATEMENT OF INCOME & EXPENSES', THE OTHER, 'STATISTICAL REPORT' ...MY REACTION??..IS THIS ALL THERE IS?

I LOOKED AROUND THE OFFICE...THREE LIGHTS WERE LIT ON THE PHONES...VOLUNTEER WORKERS BUSY HANDLING A WIDE ASSORTMENT OF CALLS...QUESTIONS...THEIR ANSWERS IN SOME CASES, SETTING THE STAGE FOR SOMEONES FUTURE...SOMEONES LIFE.....THESE ARE PEOPLE, NOT FIGURES!!!!

ANOTHER PHONE LIGHT COMES ON AND I TAKE THE CALL....A MANS' LOW VOICE, 'I NEED HELP'WORDS HEARD EACH AND EVERY DAY IN THE ORANGE COUNTY CENTRAL OFFICE OF ALCOHOLICS ANONYMOUS...PEOPLE, NOT FIGURES....

TWO GROUP MEETING SECRETARIES WERE BROWZING THROUGH THE LITERATURE, PICKING UP MATERIAL FOR THEIR MEETINGS.....A STACK OF UNOPENED MAIL ON THE DESK OF THE MANAGER, BUSY ON A PHONE.....FROM THE BACK ROOM CAME THE SOUND OF CHATTER AND LAUGHTER FROM THE VOLUNTEERS FOLDING STAPLING AND ADDRESSING THE LIFELINE _____ RUSHING TO MEET THE 5:00 PM MAILING DEADLINE....THIS IS THE CENTRAL OFFICE OF ORANGE COUNTY.... PEOPLE, NOT FIGURES....

PAGE 11 LISTED 144 12-STEP CALLS....A SIMPLE STATISTIC, YET REALLY THERE WERE 144 SEPARATE STORYS THERE....SOME TRAGIC, SOME HUMOROUS, BUT ALL COMING FROM SOMEONES HEART...THEIR CRY FOR HELP....IN MANY CASES A 'LAST DITCH' CALL..AFTER THEIR OWN RESOURCES HAVE FINALLY RUN OUT....AFTER WIVES, CHILDREN, FRIENDS, ASSETS....AND TIME....ARE ALL USED UP.....PEOPLE, NOT FIGURES....

A LIGHT FLASHES ON A PHONE AND A VOLUNTEER ANSWERS,.....'ALCOHOLICS ANONYMOUS. THIS IS JOHN SPEAKING'.....THE MIRACLE IS NOT THAT THE LIGHT COMES ON...IT'S THAT THE PHONE IS THERE IN THE FIRST PLACE. THE MIRACLE IS THAT A GROUP OF EX-DRUNKS HAVE JOINED IN HELPING PRODUCE AN ANSWER TO A PROBLEM THAT NO OTHER ENTITY HANDLES AS WELL.... PEOPLE, NOT FIGURES.....

FOR MONTHS, AT INNUMERABLE MEETINGS OF A.A., I'VE DROPPED A BUCK-IN-A-BASKET, AND COMBINED WITH THOUSANDS OF OTHERS JUST LIKE ME, WE'VE SHARED IN THIS MIRACLE....THIS..IS THE CENTRAL OFFICE OF ALCOHOLICS ANONYMOUS IN ORANGE COUNTY.....PEOPLE, NOT FIGURES..... AND A HIGHER POWER....

(d) How good it is to be free of fear.

(11) Catalog and re-catalog, the positive enjoyments of sobriety, such as:

(a)The simple ability to eat and sleep normally, and wake up glad you are alive, glad you were sober yesterday, and glad you have the privilege of staying sober today.

(b) The ability to face life as it is.

(12) Cultivate gratitude:

(a)Gratitude that so much can be yours for so small a price.

(b) Gratitude that you don't have to drink.

(c) Gratitude that A.A. exists, and you found out about it in time,

(d)Gratitude that you are

only a victim of a disease called alcoholism, that you aren't a degenerate, immoral weakling, or the self-elected victim of a vice or a person of doubtful sanity.

(e) Gratitude that since others have done it, you can in time bring it to pass that you will not want or miss the drink you are now doing without.

(13) Seek ways to help other alcoholics - and remember the first way to help others is to stay sober yourself.

(14) And don't forget that when the heart is heavy and resistance is low and the mind is troubled and confused, there is much comfort in a true and understanding friend standing by. You have that friend in A.A.

WHY GO TO MEETINGS ?

YOU WILL NEVER NEED A MEETING IF YOU WILL MAKE IT HABIT OF MAKING MEETINGS WHETHER YOU THINK YOU NEED A MEETING OR NOT!!!!!!

When you lose your sense of direction, and are striving for perfection.

GO TO MEETINGS

When you can't seem to work with others, and as you lose your sisters & brothers.

GO TO MEETINGS

When you seem to have lost your way, and have no faith in what you do or say,

GO TO MEETINGS

When you get back in the driver's seat, and are at odds with all the folks you meet.

GO TO MEETINGS

When you cannot sleep at night, and all you do is roll and fight,

GO TO MEETINGS

When you feel you have more than your share, and no one around you seems to care.

GO TO MEETINGS

Whenever you are feeling blue, and there seems nothing you can do,

GO TO MEETINGS

When you are by yourself and so alone, and no one answers their telephone,

GO TO MEETINGS

If to surrender is your hang-up, and you're afraid of the word 'God' look around at those in a meeting, who give you a friendly nod.

GO TO MEETINGS

Whenever you start worrying about tomorrow, and have anxieties about the past, slow down, my friend, For you are travelling mighty fast.

GO TO MEETINGS

When all things seem in the pink, and your thought drift toward a drink,

GO TO MEETINGS

When all things are going good, and you really feel they should,

GO TO MEETINGS

When you've released your higher power, and you are in your lofty tower,

GO TO MEETINGS

When you've stopped being grateful, and your attitude is hateful.

GO TO MEETINGS

When all things are in a slump, and you feel down in the dump,

GO TO MEETINGS

If you want to live in balance every day, and hear what sober people have to say,

GO TO MEETINGS

When you've been in AA quite a while, but for some reason you still can't smile,

GO TO MEETINGS

No matter how long you've been here, or how much progress you have made, brother, you had better keep on trying, for you will never really have it made.

GO TO MEETINGS

When you have carried the message, to show you really care, and still you feel like you have gotten nowhere,

GO TO MEETINGS !!

CONDOLENCES.....

Norm A., Monrovia..Died June 6. Norm was a long time member of A.A. and will be missed by his many friends throughout Southern California.....

FREEDOM..

(Continued from page 1)

eliminate themselves. It's too bad because when you walk out on this program you've really cheated yourself!

Freedom is hard to express in words...like gratitude it needs to be experienced. One day when I was about six or eight months sober, I was on the way to the club, and was overwhelmed with gratitude and with sobriety and A.A. Later that same day I heard about a man who had taken his own life because of alcoholism. If only he had grabbed onto this program. But he didn't!

I work with wet drunks for a

very good reason. In the big book it says that whatever it is you get in A.A. you have to give away for the rest of your life, one day at a time, if you want to keep it, and that is little to ask of someone who's just had their life saved.

Also, I enjoy working with the wet ones. They remind me of all the fun I'm missing... like getting thrown in jail and waking up sick..bad checks, alienation from friends and family....all these things.

I'm a great believer in sponsorship, the big book, and the Twelve and Twelve plus all the related literature we have in our fellowship. I am also a great believer in study. How are we going to know just what we're up against if we do not know what's in the big book?

The big book has taught me to pace myself. It has explained to me that there is no graduation day. You do this one day at a time for the rest of your life.

It's a good thing the good Lord didn't do it my way when I first came into this program. I wanted Him to remove all my defects of character, all my shortcomings, NOW! I wanted to go from the stone age into the jet age, NOW! But he knew

better than I, and he sets the pace.

Now, it's one day at a time. I do what I can do and leave the results to Him because I have discovered that he is running the show. His will be done. Thank God for that....

It says in our big book that prayer will do for us in a few years what a life of discipline never did..and I believe that. I was always trying to do it myself and consequently I ended up a horrible mistake. I've heard a few people over the years say, "I wish I had come here ten years ago". But not me!! I'm glad I got here when I did. Ten years earlier and I would have just been in and out until it was time. But I did drink that last drink, and I don't have any idea that I missed something where I would have to go back out to find it. There was nothing left for me when I got here. It was done and finished.

After sixteen years of sobriety, I still feel that I have just now begun to learn what life is all about. If you are new, I hope you stay. I hope this is what you want, because it is the road to freedom, and a happy destiny. So hang in there and GOD BLESS YOU!!

Upcoming Events

Aug. 12-15 - 25th International Conference of Young People (I.C.Y.P.A.A. '82) Held in New York. For more Information and Reservations, write I.C.Y.P.A.A., P. O. Box 5288, F.D.R. Station, New York, N. Y., 10150.

Sept. 17, 18 & 19 - Ventura Counties Own 4th Annual Convention, Oxnard Community Center, 800 Hobson Way, Oxnard, CA 93030.

Oct. 1, 2 & 3 - 31st Annual San Diego A.A. Convention - Committee Meetings, May 23, June 27, July 18, August 22, and Sept. 19. Pre-Registration \$5.00, to 31st S.C.C., P. O. Box 10365, Costa Mesa, CA 92627.



THE REGULAR SUNDAY NIGHT MEETING OF THE MONDAY-NOON WOMANS' GROUP WILL BE HELD TUESDAY MORNING RATHER THAN WEDNESDAY AFTERNOON THIS WEEK SINCE THURSDAY IS A HOLIDAY AND FRIDAY FALLS TOO CLOSE TO SATURDAY THIS MONTH.....

CENTRAL OFFICE IS IN THE PROCESS OF UP-DATING OUR SECRETARY FILES. WE WOULD APPRECIATE ALL SECRETARIES EITHER TO GIVE THE OFFICE A CALL (556-4555) OR DROP BY THE OFFICE (2712 SO. GRAND IN SANTA ANA) TO BE SURE THE INFORMATION ON YOUR GROUP IS UP TO DATE.

LIFELINE

Orange County
intergroup Publication

WE EXTEND OUR SINCERE THANKS TO ALL THE VOLUNTEERS WHO HELPED PUT OUT THE LIFELINE:

PAT S	HARLIE C
RUBY S	MARILYN S
BILL McB	COLLEEN C

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OCTOBER 1, 2 & 3

The 31st Annual Southern California A.A. Convention is Coming Soon!

★ CELEBRATE THE MIRACLE! ★

Guest Speaker Meetings ★ Luncheons
24 Hour Marathons ★ Spanish Meetings
Al-Anon Meetings ★ Alateen Meetings
★ Saturday Night Banquet & Show ★
★ Dances ★ Fellowship ★ and MORE! ★

Register EARLY...We Need Your Support!

PRE-REGISTRATION FORM

YOUR PRE-REGISTRATION DONATION HELPS DEFRAY CONVENTION COSTS FOR PRINTING, DEPOSITS, ETC. WHETHER OR NOT YOU WILL ATTEND, YOUR CONTRIBUTION IS GREATLY APPRECIATED BY ALL THOSE WHO PARTICIPATE IN OUR CONVENTION.

Pre-registration for the 1982 Southern California A.A. Convention is \$5.00. Please fill out the information below and make your check or money order payable to 31st S.C.C.

Name _____ Group or City _____

A.A. AL-ANON ALATEEN

31st S.C.C., P.O. BOX 10365, COSTA MESA, CA. 92627

Related Facilities

ALANA CLUB

Dance

202 West Broadway
Anaheim

Dancing every Saturday Nite
By Matty Jay!!!

Music for the young at heart of all ages
10:00 p.m. to 2:00 a.m.

Phone: 535-9977

or

535-0900

Last Saturday of the month - LADIES ADMITTED FREE

ALANO of COSTA MESA

Dance

2040 Placentia Ave.
Every Saturday Night

Dinner at 5:30 p.m.

\$3.00 Members - \$4.00 Non-members

Dance: 10:00 p.m. to 2:00 a.m.

ALANO OF GARDEN GROVE

9845 Belfast Drive
Garden Grove

Dance every Friday Night

10 p.m. to 1 a.m.

Members: \$2.00 Non-Members: \$2.50

CANYON CLUB

Sunday Brunch

1945 Broadway
Laguna Beach

Ham-Eggs-Pancakes-Coffee

Adults: \$2.00 / Kids: \$1.50

9:00 A.M. - 11:30 A.M.

Followed by meeting

Third Sunday of each month

Next Date: July 18



FULLERTON ALANO CENTER

(705 Club) 705 N. Harbor Blvd.
Fullerton

Last Saturday of each month

Afternoon Get-together

1:30 p.m. - 4:00 p.m.

Food & Fun

Adults: \$2.00 / Kids under 12: \$1.00

Next Date: July 31

Breakfast every Sunday

7:30 a.m. to 10:00 a.m.

Food & Fellowship

Two eggs to order-Pancakes-Sausage & Coffee

Adults: \$2.00 / Kids: \$1.00 ea.

Dance

Third Friday of each month

10:30 p.m. - 1:00 a.m.

Music to suit your fancy

Everybody welcome

\$2.00 each

Next Date: July 16

FRIENDSHIP CLUB

2191 Orange-Olive Road
Orange

Dance every Saturday

9:30 p.m. to 1:00 a.m.

\$2.00

Buffet last Saturday each month

4:00 p.m. to ...

\$2.50

What's in a name? ..

"Anonymity is the spiritual foundation of all our traditions," and in this I heartily agree. Not for the reason that I am reluctant to have anyone know my full name in my association with A.A. but simply because anonymity expresses humility in a common cause as opposed to the individuality I tried to practice as a drinking alcoholic.

But on a daily level anonymity can be a problem in a way. With a program full of Johns, Bobs, Jims, Marys, Als, Lindas and Jerrys, how do you let another member know to which one you're referring...?

How do you avoid a blank look when you tell a friend in the program, "Bill shared in the meeting last night"? "Bill who?".....It's not even enough to say "Bill R.", because we don't use the "R" when we introduce ourselves.

With typical alcoholic enmity that allowed us to conceal our drinking, (I heard a member say he adapted his automobile windshield washer with a long rubber tube that allowed him to drink while driving), we have found a way. Simple!!!! We assign nicknames!!!!

We usually pick out something about that person that will immediately tell another Alky which John we're referring to. It may be a story he has told about himself, his past drinking habits, his vocation, his approach to our program, what ever!

Listening to a group of Alkys talking about their friends in the program can sound like a Damon Runyan story. To illustrate, here is a re-created fictional conversation. It's actually several conversations all condensed into a single hypothetical narrative. (The names have been changed so to protect the innocent, if any of us can be called innocent).

"We had a good meeting last night! Sorry you couldn't make it. SERENE SAM led and FIREPLACE FRED substituted for QUIET CATHY on the coffee detail. DE-TOX DAN took a thirty day chip and PERIODIC PAUL a ninety day chip. SKID ROW SUZIE and LACY LARRY both celebrated their one year birthdays!"

"SIX WEEK STEVE shared with us the problem he has in getting past his fifth week of sobriety. 502 FRAN shared her twelfth step work with CHOCOLATE JAN and TEN MILLION TED picked

NINETEEN YEAR DON as his sponsor."

"We had two newcomers. One, a guy named Tom told us this was his tenth time back in the program..... (RE-TREAD TOM). Another we welcomed as a newcomer was a lady who said she's on her seventh husband..... (MARRYING MAUDE).

"USED CAR PETE told us about his recent speaking trip with two assistants, PINK LADY PAT and PREACHER PAUL.

"FENDER FRANK led us in the Lords Prayer. CHEESE-CAKE BARBARA gave us the treasurers report."

And so it goes! Not a putdown in the whole conversation but an outsider listening in on the conversation would have something to tell his bridge club!!!!

Thank God We Still Have A Sense of Humor!!!!!!

by...Antabuse Harlie

It's your thoughts, information and opinions that give Lifeline its unique perspective.

ALCOHOLICS ANONYMOUS

This comment on the work of Alcoholics Anonymous

was contributed by an anonymous member

Alcoholics Anonymous began in America in the mid-1930s with two men who got together to solve their mutual drinking problem. The programme of recovery that they evolved succeeded for them, and for others, to such a phenomenal extent that today A.A. has hundreds of thousands of members throughout the world, in scores of countries.

Of course it has had its failures—but the successes, many of whom had been written off as hopeless cases, cannot be ignored.

There are so many misconceptions about A.A. that it might be helpful to describe what it is **not**. It is not a secret society, religious group, temperance body or band of "reformers". It does not claim to have the sole answer to the question of how to help the alcoholic stop drinking and stay stopped. It does not go into pubs seeking "converts" and prefers attraction to proselytising.

It is, simply, a fellowship of men and women who have come together to solve their common problem—alcoholism. There are no dues or fees and each group is autonomous and self-supporting. The sole qualification for membership is a desire to stop drinking. The groups function along the lines of the "Twelve Traditions"—the loosest of guide-lines—with the aid of A.A. literature and, above all, the experiences of the older members to help the newcomer. Members have but one purpose—to stay sober and help other alcoholics achieve sobriety. It has been found that the best way of doing the latter is to wait until the alcoholic wants help and then to extend it when it is asked for. Attempts at compulsion in handling someone determined to go on imbibing only arouse resentment towards A.A., which can be disastrous when he or she eventually does want to cease.

When the new member arrives at his first meeting, he is told some of the facts about alcoholism—that it is a progressive disease, with a downward path to insanity and premature death, and that these symptoms are not experienced by the non-alcoholic heavy drinker. He is told that once control in drinking is lost it is never regained permanently, and his problem will become worse as the disease progresses.

He learns that the disease can be arrested by a total, permanent cessation of the drinking of alcohol in any form. It is

never "cured" in the sense that he will be able to drink as a non-alcoholic again. It is the first drink that does the damage, because that drink sets off the chain reaction which leads to ultimate disaster and the best way of "swearing off" is by doing so for just one day at a time, always postponing that first drink until tomorrow.

The A.A. recovery programme consists of the "Twelve Steps" which are designed to help the alcoholic live a reasonably contented, sober life. It is meant to help him regain his self-respect and rid himself of the guilt he often feels about anti-social acts performed while drinking. It is designed to help him find the necessary self-honesty about himself and his inability to handle liquor, that will keep him away from that first, lethal drink. It is also meant to reduce tensions in his life, so that the old need for a drink will be kept at bay as far as possible.

There are no "musts" in A.A., only suggestions, about how the goal of sobriety can be reached. The fact that many A.A. members attribute their recovery to their belief in a Higher Power ("God, as each of us understands the meaning of the word", to use A.A. language) does not mean that the newcomer is going to have religion rammed down his throat. Nor are the meetings, at which members tell their stories, meant to be masochistic, exhibitionistic displays of past sins. They serve a most useful purpose by reminding the older members of what a return to the bottle would mean for them and by helping the newcomer identify himself as an alcoholic. (Initially, many of them have some difficulty in accepting this about themselves.) The speaker also describes how he has maintained his sobriety to date and coped with his problems.

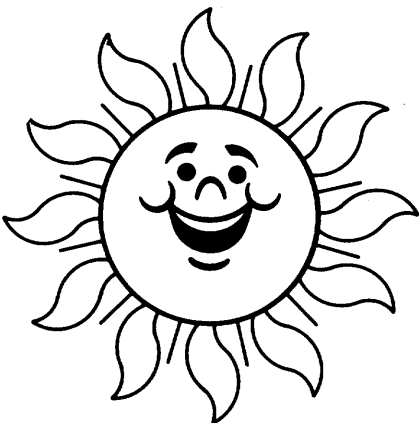
Above all, A.A. does **not** lay down any narrow definition of what an alcoholic is. In the words of the pamphlet "Introduction to A.A.," it says: "An alcoholic is any person whose indulgence in alcohol, continually or periodically, results in behaviour such as to disrupt normal relations in his or her work, family or society, and is of such a nature as to cause trouble.

"In the broadest terms, we might say that an alcoholic is one who repeatedly drinks more than he intends or wants to, although knowing by past experience that he cannot control his drinking. Finally he becomes aware of a pattern or habit in his drinking, which he is powerless to change with any degree of certainty or permanency."

I stress that I speak in my personal capacity, not on behalf of A.A. For me, A.A. provided the answer to a ghastly drinking problem and showed me the way back to a normal life. It explained facts that I desperately needed to understand. I cannot praise it strongly enough.

It is the repository of experience gained by alcoholics for more than 30 years—a mine of information for anyone who is interested in the subject. Many A.A. meetings are open to the public and information about where and when they are held can be obtained from the A.A. Central Office.

Reprint from | The "NEWS LETTER" journal of Alcoholics Anonymous
in | England and Wales



"Have A Nice Day!"

'Unless you have something better to do'! ---

ALCOHOLISM WAS RECOGNIZED AS A DISEASE, WITH IDENTIFIABLE AND PROGRESSIVE SYMPTOMS, BY THE AMERICAN MEDICAL ASSN. IN 1956, A POSITION ENDORSED BY THE AMERICAN BAR ASSN., THE AMERICAN HOSPITAL ASSN., THE AMERICAN PSYCHIATRIC ASSN., AND WORLD HEALTH ORGANIZATION.....

SUBSCRIBE TO LIFELINE

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REMITTANCE ENCLOSED: \$ _____

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ADDRESS _____ CITY _____
STATE _____ ZIP _____ TELEPHONE _____

MAIL TO: LIFELINE
2712 S. GRAND AVE.
SANTA ANA, CA 92705

Group Directory

**JULY
1982**

MEETING DIRECTORY



A.A.

CENTRAL OFFICE

2712 So. Grand Avenue
Santa Ana, CA 92705

Telephone
(714) 556-4555

From
San Clemente — Dana Point
Laguna Beach
Capistrano Valley Areas

Telephone
(714) 496-8407

HOURS:

Weekdays 8 AM - 9 PM
Saturdays 9 AM - 4:30 PM
Sundays & Holidays 10 AM - 4:30 PM

ANSWERING SERVICE ALL OTHER HOURS

PUBLISHED BY
**ORANGE COUNTY
INTERGROUP
ASSOCIATION
OF
ALCOHOLICS
ANONYMOUS**

CODES:

Meetings are open and begin at 8:30 PM unless otherwise noted.

- * Daytime Meetings
- † Not Equipped For Handicapped (Stairs)
- (C) Alcoholics Only
- (NS) No Smoking
- (G) Gay

ANAHEIM SUNDAY

- * Disc., Noon, 821 S. Brookhurst, Unit #7
- Disc., 5:30 PM, 821 S. Brookhurst, Unit #7
- (C) Disc., 7 PM, 3154 E. La Palma, Suite F
- *† Spkr., 11 AM, 202 W. Broadway, Club
- † Beginners Part., 202 W. Broadway
- *† (C) Disc., 5:30 PM, 202 W. Broadway
- *† Hispano, 11 AM, 202 W. Broadway

ANAHEIM HILLS

- Disc., 7:30 PM, Fed. Savings, 5550 Santa Ana Canyon Rd.

BUENA PARK

- Spkr., 8 PM, 8150 Knott Ave., Teen Cntr.

COSTA MESA

- * High Noon Part., 2040 Placentia, Club
- Spkr., Oddfellow's, 7:30 PM, 2476 Newport
- Disc., 7:30 PM, 2040 Placentia, Club
- * Disc., 7 AM, 2040 Placentia, Club
- * Disc., 9:30 AM, Sunday Morning Breakfast, Leo's Step Study, 8:00 PM, 148 E. 22nd St. (Church)
- Little Noon Part. 2040 Placentia

CYPRESS

- (C) Wmn. Study, 7 PM, 5900 Ball Rd., S. & L.

DANA POINT

- * Q & A, 10 AM, Hospital Dining Room

FOUNTAIN VALLEY

- Spkr., Comm. Center, 8 PM, 10200 Slater
- * 11th Step, 11 AM, 210 Crow Lane

FULLERTON

- Yng. People, 6 PM, 705 N. Harbor Blvd.
- † (C) Disc., 8 PM, 204 E. Amerige St.
- * Spkr., 10:30 AM, 705 N. Harbor Blvd., Club
- (C) Disc., 8 PM, 705 N. Harbor Blvd.
- * Part., 2:30 PM, 705 N. Harbor Blvd.

GARDEN GROVE

- * 12 Noon, 9845 Belfast Dr., Club
- Disc., 7:30 PM, Main & Stanford, Church
- (C) Disc., 5:30 PM, 9845 Belfast Drive
- 12 & 12 Study, 7:30 PM, 9845 Belfast Dr., Club
- Part., Hispano, 7:30 PM, 13354 Century Blvd.

HUNTINGTON BEACH

- (C) Disc. 7:30 PM, 8251 Heil School (Teachers Lounge)

IRVINE

- (C) Disc., 7:30 PM, UCI Humanities Bldg.
- (C) (NS) Disc., 12 Noon, Senior Citizens Center

LAGUNA BEACH

- * Disc., 2 PM, 1945 Broadway, Club
- Disc., 1945 Broadway, Club
- * 11th Step Study, 11:30 AM, Club
- * Disc., 10 AM, Park (Cor. Cliff & Jasmine)
- (C) Disc., 7:05 AM, Bros. Rest., 199 N. Coast Hwy
- (G) Part., 7:30 PM, 428 Park Ave (Guild Hall)

LAGUNA NIGUEL

- (NS) Spkr., 8 PM, Comm. Park, Crown Valley Pkwy.

LA HABRA

- (C) Study, 8 PM, 631 N. Euclid

LA MIRADA

- La Mirada Speakers, 8 PM, 14407 Rosecranz Ave, Ch

NEWPORT BEACH

- * Disc., 11:30 AM, 414 E. 32nd St., Club
- (C) Disc., 7:30 PM, 414 E. 32nd St.
- Spkr., 7:30 PM, 1300 N. Bristol St.
- * Disc. 9:30 AM on the beach at 14th St.

ORANGE

- Spkr., 8 PM, 401-S. Tustin, Hospital
- * Disc., 11 AM, 219, Orange-Olive Rd.
- Disc., 7:30 PM, 2191 Orange-Olive Rd.
- * Part., 6 PM, School, Hewes & Spring

SAN CLEMENTE

- * Disc., 1:30 PM, 324 Calle de Los Molinos
- * Disc., 4:30 PM, 324 Calle de Los Molinos
- * Disc., 10:30 AM, 324 Calle de Los Molinos
- * Disc., 7:30 AM, 324 Calle de Los Molinos
- Disc., 324 Calle de Los Molinos

SANTA ANA

- * Disc., 11 AM, 2045 N. Main St., Club
- Open Disc., 8 PM, 2045 N. Main St., Hispano, 7:30 PM, 1802 S. Standard
- * Hispano, 12 Noon, 1321 S. Main St.
- Disc., 8 PM, 1321 S. Main St.

SEAL BEACH

- * 10 AM on beach between 12th & 13th Sts.

STANTON

- * Spkr., 1 PM, 10936 Dale Ave.

SUNSET BEACH

- 11th Step, 7 PM, Bayview & Broadway
- * 10 AM, Warner & Coast Highway
- 5:00 PM (Womens Club) Bayview & Broadway

TUSTIN

- Spkr., 7:30 PM, Civic Center, Main & Centennial
- *† Doughnuts, 10:30 AM, Beverly Hills Savings (Corner of Irvine & Newport)
- Part./Spkr., Q & A, 9:02 AM, W. Clubhouse, Devonshire at Sycamore, off Red Hill
- (C) Disc., 7:30 PM, 14232 Red Hill at Mitchell

WESTMINSTER

- * (C) Disc., 6 PM, 13925 La Patta

ANAHEIM MONDAY

- Disc., 7:30 PM, 821 S. Brookhurst, Unit #7
- * Disc., 12 Noon, 821 S. Brookhurst, Unit #7
- * Disc., 5:30 PM, 821 S. Brookhurst, Unit #7
- Disc., 8:30 p.m., 202 W. Broadway
- † (C) Stag, 202 W. Broadway, Club
- † (C) Women Disc., 202 W. Broadway
- *† Part., 12 Noon, 202 W. Broadway

ANAHEIM HILLS

- Disc., 8 PM, 5900 Santa Ana Canyon Rd. (Church)

BALBOA

- 12 & 12 Study, 8:30, 115 Agate

CORONA DEL MAR

- (C) Women Disc., 8:00 PM, 611 Helitrope, Church

COSTA MESA

- (C) Bk. Study, Women, 7 PM, 22nd & Newport, Church
- * Disc., 12 Noon, 2040 Placentia, Club
- (C) Women, 8 PM, 2040 Placentia, Club
- (C) Stag, 8 PM, 2015 Charlie St
- Beginners, 2040 Placentia, Club
- Disc., 8 PM, 2043 Orange Ave., Cor. Bay
- * Disc., 6 PM, 2040 Placentia Ave
- * Disc., 7 AM, 2040 Placentia, Club
- * Young People Part., 3:30 PM 2040 Placentia

CYPRESS

- (NS) (C) Disc., 8 PM, 6441 Lincoln, Church

FULLERTON

- Spkr., 101 E. Valencia Mesa Dr., Hospital
- * Disc., 11:30 AM, 705 N. Harbor Blvd.
- Book Study, 705 N. Harbor Blvd.
- * Stag, 6:30 PM, 705 N. Harbor Blvd.
- (C) Women, 6:30 PM, 705 N. Harbor Blvd.

GARDEN GROVE

- * Disc., 7:30 AM, 9845 Belfast Dr.
- Eastgate Part., 8 PM, 8100 Garden Grove Blvd., #5
- Disc., Stag, 8 PM, 9845 Belfast Dr.
- Spkr., Corner Gilbert & Trask
- Disc., 8 PM, 8501 Acacia St.
- (C) Women, 8 PM, 9845 Belfast Dr.
- Part., Hispano, 7:30 PM, 13354 Century Blvd.
- Disc., 12:30 PM, 12741 Main St. Room #15
- (C) Women 9621 Bixby (Church) 8 PM

HUNTINGTON BEACH

- 12 & 12 Study, 8 PM, 6662 Heil St.
- Bg. Bk. Study, 8 PM, 18631 Chapel Lane
- (C) Women Disc., 8 PM, 8292 Indianapolis
- (C) Disc., 7 PM, 16541 Gothard

IRVINE

- Candlelite Disc., 8:00 PM, 14901 Greenbrae
- (C) Study, 8 PM, Irvine Cntr. Dr. & Yale, Church
- 8 PM, University & Culver, Church

LAGUNA BEACH

- (C) Stag, 1945 Broadway, Club
- * Bg. Bk. Study, 12:30 PM, 1945 Broadway
- (C) Women Disc., 8 PM, 363 Gleneyre, Library
- (G) (C) Stp. Study, 31872 Coast Hwy., Hospital
- (C) Disc., 7:05 a.m., 3090 S. Coast Hwy. (School Aud.)
- * Big Book Study, 6 PM, 1945 Broadway
- Young People, 8:30 PM, 775 Broadway (Church)

LAGUNA HILLS

- Study, 8 PM, El Toro offramp, Church

LA HABRA

- * (C) Women Disc., 10:30 AM, 631 N. Euclid

LA MIRADA

Disc., 14407 E. Rosecranz Ave., Church

MISSION VIEJO

(C) Women, 7:30 PM, 24772 Chrisanta

NEWPORT BEACH

† Women, 10:30 AM, 414 E. 32nd St.

† (C) Disc., 414 E. 32nd St., Club

*† Sponsorship Disc., 5:30 PM, 414 E. 32nd

Disc., 8 PM, Baywood Dr., Baywood Rec. Rm. 1
Disc., 12 Noon, Health Center, 1300 N. Bristol
Living Sober Study, 8 PM, 2100 Mar Vista, Church

ORANGE

Spkr., 2191 Orange-Olive Rd., Club

* Disc., 12 Noon, 2191 Orange-Olive Rd.

(C) Wmn. Disc., 7:30 PM, 710 S. Cambridge

PLACENTIA

Participation, 1314 Angelina, Church

SAN CLEMENTE

Disc., 202 Avenida Aragon, Church

* (C) Wmn., 12:30 PM, 324 Calle de Los Molinos

Beg., 324 Calle de Los Molinos

* Disc., Men's Stag, 6 PM, 324 Calle de Los Molinos

* (NS) Disc., 7:30 AM, 324 Calle de Los Molinos

SANTA ANA

* (C) Wmn. Disc., 1 PM, 910 N. French St

Hispano, 8 PM, 1802 S. Standard

* 12 Noon Study, 2045 N. Main St.

Spkr., 2045 N. Main St., Club

Men's Stag, 8 PM, Elk's Lodge, 1st & Lyon St.

Hispano Disc., 8 PM, 1321 S. Main St

Hispano Disc., 8:00 PM, 1921 W. Washington

Big Book Study, 8 PM, 1601 Orchard St.

(C) Wmn., Step Study, 7:30, 2724 N. Bristol, #01

8:00 PM, 1027 W. Walnut Part.

* (C) Disc., 7 AM, 2045 N. Main

STANTON

Disc., 8 PM, 10936 Dale Ave.

TUSTIN

(C) Men's Stag, Part., 8 PM, Main & "C" Sts

(C) Disc., 7:30 AM, Reubens, 1513 N. Tustin

(C) Womens Disc., 8 PM, 1201 Irvine (Church Rm 9)

WANDERING GROUP

So. Coast Men's Stag Roving Group. Call 556-4555

For Information

WHITTIER

(C) Women, 15215 Janine

WESTMINSTER

(C) Wmn., Disc., 7382 Garden Grove Blvd

(C) 12 & 12 Study, 7:30 PM, 15750 Magnolia

YORBA LINDA

(C) Study, 8 PM, Ohio & Yorba Linda, Rm. 5

TUESDAY**ANAHEIM**

† Step Study, 202 W. Broadway, Club

Disc., 7:30 PM, 821 S. Brookhurst, Unit #7

* Disc., 12 Noon, 821 S. Brookhurst, Unit #7

* Disc., 5:30 PM, 821 S. Brookhurst, Unit #7

Part., 8 PM, 1830 W. Romneya Dr., Hospital

* (C) Wmn. Beg., 1:30 PM, 703 N. Lemon

Spkr., 202 W. Broadway

Part., 8 PM, Magnolia & Orange, Church

* 12 Noon, 202 W. Broadway, Club

BREA

12 & 12 Study, 8 PM, 300 E. Imperial

BUENA PARK

Span. Spk. Disc., 8 PM, 7691 Orangethorpe

(C) Study, 8 PM, Rec. Bldg., Rm. D, 8150 Knott

CATALINA ISLAND

Study, 8 PM, St. Catherine's Church

CORONA DEL MAR

*† Disc., 12 Noon, 611 Heliotrope

COSTA MESA

* Bk. Study (Living Sober), 6 PM, 2040 Placentia

Disc., 7 AM, 2040 Placentia

† Part., 8 PM, Grange Hall, Victoria & Thurin

Spkr., 2040 Placentia

(C) Men's Disc., 8 PM, 1865 Anaheim St.

* Big Bk. Step Study, 12 Noon, 2040 Placentia

DANA POINT

Part., Carpenter's Hall, 24692 Del Prado

FULLERTON

Part., 1231 E. Chapman, Church

* Disc., 11:30 AM, 705 N. Harbor Blvd.

Part., 8 PM, 137 E. Glenwood

Disc., 705 N. Harbor Blvd.

GARDEN GROVE

Part., 8 PM, 9845 Belfast Dr.

* Disc., 12:30 PM, Belfast Dr.

Stp. Study, 8 PM, 12141 Lewis Bay, #6

Part., Hispano, 7:30 PM, 13354 Century Blvd.

HUNTINGTON BEACH

Disc., 8 PM, 18631 Chapel Lane at Ellis

* (C) Women, 1 PM, Rosalynns Rest., Edlinger & Gothard

Disc., 8 PM, City Hall, 2000 Main St.

Disc., 8 PM, 6662 Heil

(C) Women, 1 PM, Q & A, 18631 Chapel Lane

(C) Women, Study, 8 PM, 8186 Constantine

IRVINE

(C) Men's Stag, 8 PM, University & Culver

Women, 8 PM, University & Culver

(C) (NS) Stag, 8 PM, University & Culver

(C) Women, Step Study, 7:30 PM, Irvine Center

Dr. and Yale (Church)

LAGUNA BEACH

* Disc., 12:30 PM, 1945 Broadway, Club

(C) Step Study, 1945 Broadway, Club

* (NS) (C) Women, 12:30 PM, 415 Forrest

(C) Disc., 7:05 a.m., 3090 S. Coast Hwy. (School Aud.)

(C) 11th Stp. Study, 8 PM, Turner Hall Church,

2nd & Forest

* Here & Now, 6 - 7:30 PM, 1945 Broadway

LAGUNA NIGUEL

(C) Bk. Study, Crown Valley & Sea Island

Stp. Study, Comm. Pk., Crown Valley Pkwy

LAKE FOREST

8:00 PM, 22922 Centre Amigos Big Book Study,

Amigos Salon

LA MIRADA

Disc., 15144 Leffingwell Ave.

LOS ALAMITOS

Rossmoor Part., 8 PM, 12100 Montecito (Club House)

Disc., 8 PM, Church (1 blk. west of Katella & Los Alamitos)

NEWPORT BEACH

Newcomers, 7 PM, 3209 Via Lido Soud, Church

† Spkr., 3209 Via Lido Soud, Church

(C) Stag, Disc., 1714 W. Balboa Blvd.

† (C) Women, Disc., 414 E. 32nd St.

*† Disc., 5:30 PM, 414 E. 32nd St.

(C) Women, Disc., 12 Noon, 1300 N. Bristol, Library

ORANGE

(C) Disc., 1130 Walnut, Church

Study, 2191 Orange-Olive Rd.

* Disc., 12 Noon, 2191 Orange-Olive Rd.

* (C) Wmn., Study, 12 Noon, 777 S. Main, #116,

Town & Country Center

Newcomers, 8 PM, Garden Grove Fwy. at Glassell

Hart Park, Clubhouse

SAN CLEMENTE

Disc., 324 Calle de Los Molinos

* 12:30 Noon, 324 Calle de Los Molinos

* Part., 6 PM, 324 Calle de Los Molinos

SANTA ANA

Disc., 2045 N. Main St., Club

* Disc., 12 Noon, 2045 N. Main St., Club

Hispano, 8 PM, 1801 S. Standard

Part., Hispano, 8 PM, 1321 S. Main

12 & 12 Study, 8 PM, 409 N. Cooper

(C) Men's Stag (G), 8:00 PM, 720 N. Spurgeon

Open Part., 8:00 PM, 1027 W. Walnut

* (C) Disc., 7 AM, 2045 N. Main

STANTON

Speaker, 8 PM, 10936 Dale

SUNSET BEACH

Womens Disc., 8 PM, 16865 Pacific Coast Hwy

TUSTIN

(NS), Spkr., 8 PM, Newport & Dodge, Church

(C) Disc., 8 PM, 1221 Wass, Church

(C) Steps 1 - 4, 8 PM, 1201 Irvine, Church

* Disc., 11:30 AM, M.C.A.S. (H) Chapel

(C) Disc., 7:30 AM, Reubens, 1513 N. Tustin

WESTMINSTER

Disc., 8 PM, 8152 McFadden

Open Disc., 8 PM, 7232 - 20th St.

YORBA LINDA

(C) Wmn., Cor. Ohio & Yorba Linda, Church

WEDNESDAY**ANAHEIM**

Disc., 8 PM, 129 W. Broadway

Beginners, 7:30 PM, 821 S. Brookhurst, Unit #7

* Stp. Study, 5:30 PM, 821 S. Brookhurst, Unit #7

* Big Book Study, 12 Noon, 821 S. Brookhurst, #7

† Hispano & English, 202 W. Broadway

*† (C) Women, 1 PM, 202 W. Broadway

† Spkr., 202 W. Broadway

* Q & A, 11:30 AM, 202 W. Broadway, Club

CORONA DEL MAR

Disc., 8:00 p.m., 611 Heliotrope

Part., 8 PM, West Fed. S. & L., Coast Hwy., So.

of Newport Cntr. Dr., #4 Corporate Plaza

COSTA MESA

Questions & Answers, 2040 Placentia

Disc., 8 PM, 301 Victoria Ave., Hospital

(C) Stag, Study, 8 PM, 2015 Charle St.

* (C) Women, 3 PM, 2040 Placentia

* Step Study, 6 PM, 2040 Placentia

* Disc., 7 AM, 2040 Placentia

* Part., 12 Noon, 2040 Placentia, Club

(C) Wmn., 8 PM, Stp. Study, 148 E. 22nd St., Church

Goat Hill Speakers, 8:30 PM, corner of Hamilton &

Myers (School)

EL TORO

* Disc., 11:30 AM - 1 PM, Ch. Annex, MCAS

FOUNTAIN VALLEY

Disc., 8 PM, 10280 Slater Ave., Church

FULLERTON

Speaker, 705 N. Harbor Blvd., Club

Hispano, 8 PM, 1231 E. Chapman, Church

* Disc., 11:30 AM, 705 N. Harbor Blvd.

* Step Study, 5:30 PM, 705 N. Harbor

GARDEN GROVE

6:00 p.m., 9845 Belfast

(C) Stag, 13091 Galway, Church

Yng. People, 9845 Belfast Dr.

Big Bk. Study, 8 PM, 9845 Belfast Dr.

* (C) Women, 12 Noon, 9845 Belfast Dr.

(C) Serenity, 8 PM, 9621 Bixby, Church

* Trad. Workshop, 5:30 PM, 9845 Belfast Dr.

Beginners, Part., Cor. Gilbert & Trask

Part., Hispano, 7:30 PM, 13354 Century Blvd.

HUNTINGTON BEACH

(NS) Disc., 8 PM, 6662 Heil

Part., Civic Center, 2000 Main St.

* (C) Women's Study, 1 PM, 9812 Hamilton

Men's Wandering, call 556-4555 for info

(C) Women, 7:30 PM, 16541 Gothard & Heil

(C) Women, 8:00 PM, 8251 Heil (School)

IRVINE

* (C) Disc., 12 Noon, 3883 Parkview Clubhouse

Beginners, 8 PM, University & Culver

(C) Stag, 7:30 PM, 2495 Campus Dr.

LAGUNA BEACH

Spkr., Womens' Club, St. Anne & Gleneyre

* Disc., 12:30 PM, 1945 Broadway, Club

* (C) Disc., 7:05 a.m., 3090 S. Coast Hwy. (School Aud.)

Study, 7:30 PM, 363 Gleneyre, Library

* Beginners, 6:00 PM, 1945 Broadway

Spkr., 8:30 PM, 1945 Broadway

LAGUNA HILLS

(NS) (C) Women, 8:00 PM, Saddleback Hospital

LA HABRA

(C) Women Part, 8 PM, 1251 W. Lambert (Hosp.)

Men's Stag, 8:30, 951 Idaho

Men's Stag, 8:30 PM, 351 So. Hillcrest (Church)

LA MIRADA

(C) Women, 14407 E. Rosecranz, Church

LOS ALAMITOS

(C) Study, 7:30 PM, Bldg. #3, Rm. 14-D, Air

Station

MISSION VIEJO

Disc., Ch., Oso & Marguerita Sts.

* (NS) (C) Women, 9:30 AM, Oso & Marguerita

NEWPORT BEACH

(C) Disc., 7:30 PM, 1300 Bristol St. North

*† Disc., 12 Noon, 414 E. 32nd St., Club

*† Disc., 5:30 PM, 414 E. 32nd St.

