

Lifeline



SANTA ANA, CALIFORNIA

April, 2008

VOLUME XXXVIII No. 4



Orange
County
Intergroup
Association

Inside this issue:

My Favorite Meeting	1, 2
What's Happening?	2
Letter to the Editor	2
Step Four	3
PRAASA	4
Gratitude	4
Tradition Four	5
Speaker Meetings	5
Chapter 3-More About Alcoholism	6
Donations	7, 11
Saving Seats/Central Office Activity	8
Why We Were Chosen/Birthdays	9
Call Forwarding info	10
Income and Expense Report	10
Meeting Changes	11
Recovery Acrostic	12
We Are Not a Glum Lot	12

ORANGE COUNTY CENTRAL OFFICE

1526 Brookhollow, Suite 75
(Mailing address: 1526 E. Warner, Suite 75)
Santa Ana, California 92705
Phone (714) 556-4555
Fax: (714) 556-7231
E-mail: ocaa7664@sbcglobal.net
Website: www.oc-aa.org
Office hours Mon-Fri 9:00 AM-9:00 PM
Sat 9:00 AM to 1:00 PM

South County Office: 27281 Las Ramblas, Ste.135
Mission Viejo 92691
Phone: (949) 582-2697
Fax: (949) 582-2611
E-mail: socoaa@sbcglobal.net
Hours: Mon-Fri 10:00AM to 5:00 PM

The Orange County Intergroup Association Meeting
Wednesday, April 9th at 7:00 PM

Kaiser Hospital, 6670 Alton Parkway @ Sand Canyon, Irvine
The meeting will be held in the MOBII (New Building 5th Floor)
Rooms ASN-5209 + 5210

My Favorite Meeting

Editor's note: We continue our new feature in the Lifeline this month called "My Favorite Meeting". Become part of the publication by submitting 300 words or so telling us about yours. Send to lifelineeditor@yahoo.com.

I wasn't sober the first time I went to the Wednesday morning women's meeting in Mission Viejo. In fact, I wasn't sober for over a year after that. I was only there because it was my mom's 3rd birthday, and she asked me to come. As I listened to her share about what it was like, her guilt over my alcoholic father's suicide and her heartache for the kind of mother she was or wasn't to us, my heart ached for the story I would someday tell. The nights of drinking and shame that led to her bottom were sounding all too familiar with my own life. I too was an alcoholic trying to raise a child. My son was six at the time.

I sat there and cried when she shared how grateful she was to have her daughter there on her birthday, and how proud she was of me even though I didn't think there was one thing to be proud of. I realize now she was doing 12th step work then without even knowing it. Even though I didn't think AA would work for me and I knew very little about the twelve steps, the fellowship, prayer and sponsorship, the women embraced us both that day in a way that would change my life. At the time my desire to quit drinking was just that...a desire. It wouldn't be for several months that it would become a desperate attempt to save my life. When I finally got sober, my job prevented me from attending that meeting on a regular basis, but I continued to go on my mom's birthday and share my own experience, strength and hope.

Two years ago when I was pregnant with my daughter, I quit my job and started to attend the Wednesday morning meeting again with my mom. After a few years of going to coed meetings, it was intimidating but refreshing to hear the raw and authentic shares from these women who would come to mean so much to me...women staying sober through life's ups and downs, the good times as well as the tragic. There is a lot of laughter and often many tears in every meeting. I learned to love and trust women in a way I never knew possible. I learned what it meant to share from the heart, suit up and show up, and truly care for another human being, not because it's the right thing but because I found in AA true compassion for others. These wonderful women heard my own guilt over failed relationships and drunken parenting. They watched me grow through my pregnancy and for the first year of my

Continued on page 2

Letter to the Editor

I was reading this month's *Lifeline* when I came upon the article "One member's Story". When I read the italicized section of the article, I was inspired. Then it went on to mention he overdosed, and the tragic way he passed away. It is always sad to see someone unable to make it, but not to sound like I don't have compassion for another's tragedy, isn't the *Lifeline* a publication by alcoholics for alcoholics?

A vast majority of alcoholics can relate to the writer's feelings and emotions, but there are quite a few who cannot relate to the drugs. I can, having had a close friend who in 1976 overdosed on heroin. I remember taking him to the hospital, lifting his lifeless body onto the gurney, having the nurse wheel him away and 5 minutes later walk back out to say, "Honey, your friend is dead!" I relieve that experience, along with spending 2 years in prison for involuntary manslaughter, still to this day. Alcohol brought me into the rooms, and out of respect for the program, I make every effort to keep my experience with outside issues out of the rooms of A.A. The 5th Tradition reveals the primary purpose to the members of each group. The last sentence of the first paragraph in the "12x12" on page 150 states, "The very life of our Fellowship requires the preservation of this principle." I have to ask myself, "Am I doing that?"

May you always have enough!

Gary A., Tustin

Dear Gary,

Thank you for your contribution to the *Lifeline*. It was with careful thought that we published the sad story of James S. in the March issue. Because James had a desire not to drink, we felt that met the threshold of A.A. membership. It also serves as a difficult reminder to our many dually addicted members about the deadly consequences of abusing all drug forms. Losing members in this way is a reality that we must accept as part the fellowship.

Sincerely,
Lifeline Editor



Humor

Bedside Manners

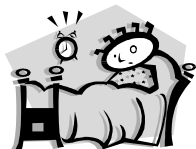
Susie's husband had been slipping in and out of a coma for several months. Things looked grim, but she was by his bedside every single day. One day as he slipped back into consciousness, he motioned for her to come close to him.

She pulled the chair close to the bed and leaned her ear close to be able to hear him. "You know" he whispered, his eyes filling with tears, "you have been with me through all the bad times. When I got fired, you stuck right beside me. When my business went under, there you were. When we lost the house, you were there.

When I got shot, you stuck with me. When my health started failing, you were still by my side. "And you know what?"

"What, dear?" she asked gently smiling to herself.

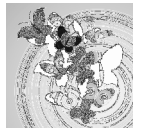
"I think you're bad luck."



Borrowed with permission www.cleanandsobernotdead.com

Continued from page 1

daughter's life allowed her in the meeting with me and loved her too. When I first got sober, I didn't fully believe God was working in my life. How many times before that had I prayed to get sober and why waste time with me anyway? Now, with more than six years of sobriety, not only do I know that God was working in my life all along, I also know that I've been given exactly what I needed at exactly the right time. I now have an amazing husband and a relationship with my 14 year old son that I cherish. My mom celebrates 10 years of sobriety this month and every day I am grateful for her example. So while my almost two year old daughter plays across the hall in babysitting, I sit in the meeting with my mom and we continue to heal our lives and feel fortunate for all that AA and this meeting have given us.



Tarcy H., Aliso Viejo

WHATS HAPPENING



April 11-13, 2008

RENO SPRING FESTIVAL 2008
Circus-Circus Hotel-Casino
Reno, NV

April 25-27, 2008

27th ANNUAL SOUTHERN
CALIFORNIA HOSPITALS &
INSTITUTIONS
CONFERENCE FREEDOM
FROM BONDAGE
Double Tree Hotel
Orange, CA

April 25-27, 2008

A.A. CONVENTION
MIRACLES HAPPEN 2008
with Al-Anon participation
Aliso Creek Inn & Golf Course
Laguna Beach, CA
www.miraclesthappen.org

April 25-27, 2008

THE 5th ANNUAL ROUND-UP
Saddle West Hotel and Casino
Pahrump, NV

April 26, 2008

OOPS! I FORGOT!
GOD'S IN CHARGE Workshop
Sierra Pines Church
Oakhurst, CA

May 16-18, 2008

TRI-STATE 24th
ANNUAL ROUND-UP
Riverside Resort Hotel
& Casino
Laughlin, NV
www.tristate-roundup.com

May 20-23, 2008

3RD ANNUAL A.A.
SENIORS IN SOBRIETY
CONFERENCE
Queen Mary Hotel
Long Beach, CA
www.2008SISconference.org

June 12-15, 2008

A.A. DESERT POW WOW
with Al-Anon participation
Indian Wells, CA
www.desertpowwow.com

July 3-6, 2008

50th ICYPAA 2008
Renaissance Marriott
Oklahoma City, OK
www.50thicyppaa.org

Submit events by the 15th
of the month to
lifelineeditor@yahoo.com





Step Four *Made a searching and fearless moral inventory of ourselves.*

WE SET THEM ON PAPER

"In dealing with resentments, we set them on paper." That simple sentence in chapter five of the Big Book slowed my reading one evening as I sat with a blank pad in front of me, making no progress on my Fourth Step.

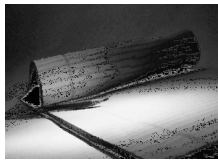
At that time I had been coming to meetings for two years and had not had a drink during that time. My introduction to the Steps was at my first meeting where the Twelve Steps were printed on a yellowed old shade that hung behind the speaker. I thought that if this was all there was to Alcoholics Anonymous®, I'd have it down pat in four or five weeks, because everything that was on the wall had been included in my religious education. The Fourth Step was nothing more than an examination of conscience while the Fifth Step was the sacrament of confession. With that settled, I sat back to drink my coffee and the days passed.

I found hope in the Fellowship and moved forward like a horse with blinders on, never looking back. But the sharing, especially at Step meetings, brought reality to me as my head cleared. Like all who had gone before me in the Fellowship, I could not escape the past.

For the first year, the first three Steps held my attention. Every time that I got to the Fourth Step, I proceeded to lose myself in the text of the "Twelve and Twelve." Why did I get lost there? Easy--just the mention of the seven deadly sins--pride, greed, lust, anger, gluttony, envy, and sloth--and guilt raises its head. Guilt did help me not pick up the first drink though it kept me from understanding the rest of the text in the "Twelve and Twelve." Privately I wanted to finish all the Steps so fast I'd make the Guinness Book of World Records, but publicly I nodded my assent when people said, "You should do a Step a year." I found myself writing in circles every time I tried to list all my sins.

One day, anger became my companion. It stayed day and night. My sponsor said that his sponsor claimed the Fourth Step was the Step for anger. Why didn't I take another look at what the Big Book had to say about it?

That night I discovered the sentence. "In dealing with resentments, we set them on paper." Nothing about guilt or sin here. No examination of conscience or sacrament of confession, just resentments. The Big Book says "resentment destroys more alcoholics than anything else. From it stem all forms of spiritual disease. . ."



I began at my earliest memory and came forward through my life. My list was thorough. No one I knew well was left off, nor were institutions with which I had had contact. I was a walking resentment.

As I got to the middle of my list, my need to justify my resentment with a short postscript disappeared and I attempted simply to discover whether my anger was based on threatened self-esteem, money, ambition, or personal relationships.

When my list was complete I began to discover a startling truth--

I had really been dependent on everyone. In this context the words "selfish," "dishonest," "self-seeking," and "frightened" took on new meaning. I appeared to be as powerless over the things I feared as I was over alcohol.

But I had only to turn the page of the Big Book for the instruction to make a list of my fears, ask my Higher Power to remove my fear and direct my attention "to what He would have us be." The Big Book says that after completing the Fourth Step, "you have swallowed and digested some big chunks of truth about yourself." This was true. Yet these truths were not accompanied by guilt. Instead I felt a deep sadness at the desperation with which I had acted. It was the beginning of an acceptance of myself, shortcomings, wrongs, and all.

The Fifth Step stood ahead--the road to "perfect peace and ease." I was ready to call my sponsor and set the time for it. We made the date two weeks from then--I wanted to stay on the old, familiar road a little longer before sharing my inventory with him.

Bernie B., New York, NY
The *Grapevine*, April 1993

Copyright ©1944-2008 The AA Grapevine, Inc.

12 Step Recovery didn't open the gates of heaven to let me in, it opened the gates of hell and let me out

When your hut's on fire...

The only survivor of a shipwreck was washed up on a small, uninhabited island. He prayed feverishly for God to rescue him. Every day he scanned the horizon for help, but none seemed forthcoming. Exhausted, he eventually managed to build a little hut out of driftwood to protect him from the elements, and to store his few possessions. One day, after scavenging for food, he arrived home to find his little hut in flames, with smoke rolling up to the sky. He felt the worst had happened, and everything was lost. He was stunned with disbelief, grief, and anger. He cried out, "God! How could you do this to me?" Early the next day, he was awakened by the sound of a ship approaching the island! It had come to rescue him! "How did you know I was here?" asked the weary man of his rescuers. "We saw your smoke signal," they replied.



The Moral of This Story:

It's easy to get discouraged when things are going bad, but we shouldn't lose heart, because God is at work in our lives, even in the midst of our pain and suffering. Remember that the next time your little hut seems to be burning to the ground. It just may be a smoke signal that summons the Grace of God.

PRAASA

I have been sober since February, 1993, and I have not experienced what I experienced in, of all places, Anchorage, Alaska last weekend. I have taken the steps. I have taken scores of people through the steps. I have gone to countless meetings and done a lot of service...Secretary, coffee maker, greeter, etc. I have seen the light come on, as well as seen it go out in people over the past fifteen years. But what I saw, heard and felt in Alaska will have a lasting impression on my life and on my recovery forever.

PRAASA which stands for, Pacific Region Alcoholics Anonymous Service Assembly, is held once a year in a host city, where GSR's, DCM's, DCMC's, Delegates, Past Delegates, Committee Chairs, and other Service position people meet to discuss ideas and experience about service. Service Assembly? Who wants to get with a bunch of dried up AAs and talk about service? I have heard about this event for years, and always judged its effectiveness against that of just going to a meeting and sharing solutions. I realized how small I have been making myself with that kind of thinking.

Many gathered there to exchange ideas and solutions that they have found to be effective as they have served their various areas. One trusted servant, a lady who lived 200 miles away in a little Russian town, had to travel half way around the world just to get there for this experience. From her hometown, she traveled to Moscow. Then, from Moscow to Atlanta, Georgia.

From Atlanta to she was able to miles away all cried! My has been that I ing born today 20 years, and I



Seattle. And from there, get to Anchorage...200 from her home....We only concern for years know someone is be- who will need AA in just want AA to be

there. But after this experience, I know there are many working to make that dream a reality. I have pages and pages of notes, numbers, directories and new friends from all around the Pacific Region, and a rekindled fire for Alcoholics Anonymous.

I have an immense gratitude for the knowledge that lives will be affected...lives will be saved...lives will become fed by that Power that presides over us all. This Assembly of Alcoholics represented the vine, rooted and nurtured in the Spirit of Love and Service that connects all AA members to one and other in the most divine way. These people humbly gathered to discuss how we can better serve AA, with care, gratitude, and a sense of service, under the guidance of God as He expresses Himself in our collective consciousness.

I thank those of you who are in service, who have gently nudged me into this new chamber in my recovery...the Chamber of General Service! My life has been impacted and will continue as I decompress over the next few weeks. I am truly blessed to be in an area of the country where we have such a strong commitment to service. Through H&I, Intergroup and General Service, I know the message is getting to the still sick alcoholic who wants to recover. I thank each and every one of you who serve AA so that AA can serve God.

An Alcoholic from Costa Mesa

(By the way, next year's PRAASA is in Oakland, CA...See you there!)

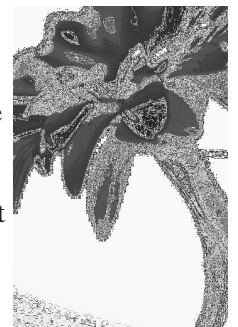
Gratitude.

A very confusing word to me as a new comer. It was used all the time and I was told how I needed to acquire this feeling to replace the negative and often painful feelings I was expressing newly sober. This language I had never heard before being spoken by men and woman in meetings and in the recovery home I was living filled me with fear because I didn't know if I could understand, let alone implement this newly found way of living as a part of me. I had no idea who I was, only that I didn't want to be me anymore and live the life of a drunk anymore. Gratitude at this point was an idea.

At 90 days sober I began to feel. The numbness was wearing off and at the most inappropriate times I had break downs with uncontrollable tears. Still so afraid to share with anyone that I wasn't grateful yet, I held onto my fear but somewhere I knew AA and the steps were the only thing that was going to give me the much desired peace I was seeking. I was driving home from the grocery store alone after spending money on weekly groceries and began to cry. I realized I was grateful. I didn't go to the grocery store prior to getting sober to take care of myself in the way that normal people do. I hated spending money on food. With my car filled with bags of food, I realized I was becoming a person who could do "life" activities. I was grateful for being able to take care of myself in the simplest of ways most people do without thinking. I realized I was now feeling in my heart this word I didn't think I would understand. That moved to being grateful for my new found friendships, living sober one day at a time and having a solution to my disease that had robbed me of years of living with dignity. The process was happening in spite of my fears.

I am sober almost 19 years now and could write endlessly on what I am grateful for. What I know more than anything about gratitude is that it is a staple in recovery. Gratitude is ultimately expressed in my actions. I can feel it and say it but if I am not expressing it, I am not living it.

When life happens gratitude can be fleeting for me. I have come to rely upon the peace that the smallest of things can bring and change my perception into one of love and acceptance. My experience of all these years is that I don't get to keep what I am not grateful for. It's not because I am a good or bad person, God's not out to get me, it's simply cause and effect. God gives me the gifts plentiful however he also gives me the responsibility to take care of the gifts. I have to be ever mindful that I don't want to lose anything that I have been given. The greatest most precious gift is sobriety. As the book says, give freely of what you find.



Lori G., Laguna Beach

TRADITION 4

Each group should be autonomous except in matters affecting other groups or A.A. as a whole.

Each Group Can Go It's Own Way

Here it is, the favorite Tradition of every malcontent, troublemaker and dissident who ever walks into an A.A. meeting. Better known to the troops as "The Right to be Wrong Tradition," it is often quoted by members who aren't getting their way.

"It says, right there in Tradition 4, that we can be autonomous," declares Johnny Z. "The dictionary says that means we can be independent, that we don't have to do things the way everyone else does them."

Not too often is Johnny able to sway his A.A. group with that illogic but if it happens once a year it can be detrimental to the group, the members and ultimately to Johnny as well. And Johnny may find it difficult convincing his friends in the group that his independence isn't damaging to the common welfare of A.A. as a whole.

In the Twelve and Twelve a good portion of the essay on Tradition 4 deals with the case of a group in Middleton that gave in to the siren call of a promoter with some tragic results. Bill W. isn't around to tell us just what became of the Middleton group or the promoter so we can't give the tale a truly happy ending. What we can do, however, is profit from Middleton's mistakes.



Tradition 4 is sandwiched between two significant Traditions. One tells us that the only requirement for membership is a desire to stop drinking and the other tells us that our organization's primary purpose is to carry our message to the alcoholic who still suffers. Since primary means first, it follows that nothing A.A. does has more importance than carrying the message to the alcoholic who still suffers. In fact, once we are sober, that is our major duty in A.A.

How we do that is a very personal but vital matter. In Step 12, we are advised to try "to carry this message to alcoholics and to practice these principles in all our affairs." These are the last two parts of Step 12. They cannot be effectively performed until the first part of the Step has been completed which is the achievement of "a spiritual awakening as the result of these steps."

There are as many ways to perform Twelfth Step work as there are members of our fellowship. Accepting autonomy as a vehicle for more effective message-carrying is probably one of them. What autonomy is not is a way to get around the sometimes difficult assignment each member of the fellowship faces in carrying the message.

George L., Westminster

SPEAKER MEETINGS

Garden Grove

Thursday Night Speaker Mtg
8:00 pm
Garden Grove Alano Club
9845 Belfast Dr
Contact: John S.

Garden Grove

Saturday Night Speakers
8:00 pm
Garden Grove Alano Club
9845 Belfast Dr
Contact: Jon W.

Huntington Beach

Saturday Night Lite Speakers
7:00 pm
HOW Hall, 18582 Beach Blvd
Behind Flower Kiosk @ Ellis
Contact: Kevin B.
5/05 Scott R., Huntington Beach
5/12 Victoria, Sunset Beach
5/19 Brent C., Huntington Beach
5/26 Matt B., Garden Grove

Newport Beach

Balboa Speaker Meeting
7:30 pm, Thursday
Newport Club, 414 East 32nd Ave
Contact: Jim K.
4/03 Karen G., Los Angeles
4/10 Chuck G., N. Hollywood
4/17 Cliff R., Oceanside
4/24 Michelle L., Tustin

Orange

No Puffers Speaker Meeting
8:00 pm, Friday
Community of Christ Church
385 S. Tustin Ave
Contact: Garry B.
3/07 Budd N., Tustin
3/28 Betsy S., Tustin
4/04 Gary K., Corona
4/11 Catie F., Irvine
4/18 Tara E., Fullerton
4/25 Alex N., Orange

San Clemente

Thursday Night Big Speaker Mtg.
8:00 pm, Thursday
San Clemente Friendship Center
Contact: Sean M..
4/03 Joe D., San Clemente
4/10 Dan F., Tustin
4/17 Rick P., Newport Beach
4/24 Dave K., Long Beach

Tustin

Saturday Night Visiting Speaker
8:00 pm
St. Paul's Church, 1221 Waas
Contact: Glenn H.
4/05 Jim R., Irvine
4/12 Tina B., Santa Ana
4/19 Brian L., Costa Mesa

4/26 Don O., Irvine
5/03 Kevin S., Irvine
5/10 Betsy S., Tustin
5/17 Lou L., Tustin
5/24 Leslie R., Tustin
5/31 Robert E., Tustin
6/07 Glenn H., Tustin
6/14 Jo H., Bellflower
6/21 Noreen G., Orange
6/28 Bob M., Irvine

Tustin

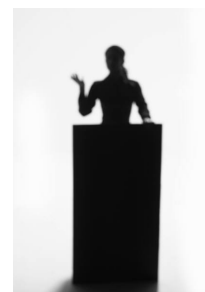
Participation, Speaker, Q & A
9:02 am—11:00 am, Sunday
130 West Main Street (Hall)
Contact: Mike
4/06 Jack M., La Mirada
4/13 Mike C., Orange
4/20 Jim S., Fullerton
4/27 Robin McL., Placentia

Tustin

Sober & Crazy Sunday Night
Speakers 7:00 PM
130 West Main Street (Hall)
Contact: Heather V.
4/06 Mike L., Tustin
4/13 Melanie, Orange
4/20 TBA
4/27 Julie St.J.,
5/04 Regina K., Laguna Beach
5/11 Ron R., Huntington Beach
5/18 Ann B., Tustin
5/25 Kurt H., Santa Ana

Please submit speaker information to the editor at lifelineeditor@yahoo.com by the 15th of the month

The listed speakers have been invited by the respective groups and their message does not imply the endorsement of the Orange County Intergroup nor their Central Office.



Chapter 3-More About Alcoholism

Number 4 of 12 articles on the Big Book®



Right! Like I needed to know anything more about alcoholism. I had watched my grandfather and father die of alcoholism – not some car accident or hunting accident because they were drunk – yellow-eyed, slack-jawed, runny-nosed urine-soaked alcoholism. I was in such a state of denial I had not seen my own descent into the grasp of this disease. So when I got to Alcoholics Anonymous, there wasn't anything you were going to teach me – I knew!

But I believe today that what I learned in The Doctor's Opinion, Bill's Story and this chapter allowed me to accept the way out laid out in this book. Until I could understand the illness concept, the insanity of the first drink and the fact that I was different from my fellows - both bodily and mentally - I couldn't fully grasp the solution.

When the book states, "*We are convinced to a man that alcoholics of our type are in the grip of a progressive illness. Over any period of time it gets worse, never better*", I, for the first time had

to look at the total history of my drinking. Had my drinking ever, over any considerable time, gotten better? Had the consequences of my drinking lessened over time"? Had my physical state become better –



what about the spastic colon, the kidney problems, the pancreatitis – had my physical state improved, or even digressed at a normal rate of deterioration? It was obvious to me that my illness had gotten progressively worse.

Then the myriad ways I had tried to drink like other people – most of those listed on page 34, and so many others – and all had failed. For most of my drinking career I had the seemingly rational idea that if I didn't like the taste of something, I would drink less of it, and therefore have fewer consequences, (this from a guy who drank Listerine!). Switching bars – didn't work! Never having more money on me than would buy three drinks – didn't work? Counting my drinks (actually embarrassing to admit I thought that might work) – didn't work! Here's another fact that was pointed out to me – normal drinkers NEVER try to control their drinking – they simply stop when they're starting to feel it!

Jim's story. "*By every form of self-deception and experimentation, they will try to prove themselves exceptions to the rule, therefore non-alcoholic*". All the way through it, I could pick out the subtle insanity – going into a place for lunch that served alcohol, ordering a 2nd sandwich and glass of milk, (a third?) just to linger longer in the bar, (living vicariously?),

believing that drinking his whiskey with milk wouldn't hurt him – actually believing it – that IS subtle and that IS insanity for an admitted alcoholic! I still love reading Jim's story – starting out his day with a "small" resentment and hanging on to it until the thought of any consequences of his drinking were easily swept aside by the idea that he could drink whiskey if he only poured it into milk.

And then Fred's story – immersed in denial and then not even a second thought about the consequences of drinking. Fred referring to his drinks by more elegant names – high-ball, cocktail.

Anyone of us could add to the list of obsessions, (def.: a thought to the exclusion of all others) masquerading as rational thought. But finally, it comes down to a single defining statement found in this chapter, "*We alcoholics are men and women who have lost the ability to control our drinking*".

A member of A.A. in Orange County

Text in italics re-printed from the Big Book with permission of Alcoholics Anonymous World Services, (AAWS)

ORANGE COUNTY INTERGROUP SERVICE BOARD



Chair, Frank M. • Vice Chair, John P.
Treasurer, Ken S. • Secretary, Beth E.
Central Office, Dave M.

Who? What? When? Where?

Public Relations Committee, Nick N.

Meets the 3rd Wednesday of the month at 6:30 pm

Group Relations Committee, Carlos T.

Meets the 4th Wednesday of the month at 7:00 pm

Lifeline Committee, Bill W.

Meets the 1st Thursday of the month at 7:00 pm

Special Events Committee, Debbie M.

Meetings scheduled as needed

H & I Committee, Nick M.

Meets the 2nd Sunday of the month at the Garden Grove Alano Club. Institutions meet at 4:00 pm; Hospitals meet at 6:00 pm. South Orange County H & I meets at the Laguna Beach Canyon Club the 3rd Wednesday of the month at 7:30 pm.

With the exception of H & I, the above committees meet at Central Office, 1526 Brookhollow, Suite 75, Santa Ana, CA 92705. If you are interested in serving on a committee or would like more information please contact the above or Central Office at 714-556-4555.

Your service is appreciated!

*To Carry the Message of
Alcoholics Anonymous to
the Alcoholic who is
confined in a Hospital or
Institution*



Orange County H & I

On the 2nd Sunday of the month

Garden Grove Alano Club, 714-534-2244

9845 Belfast Drive, Garden Grove, CA

For additional info call 714-979-8524

Or Central Office: 714-556-4555

South Orange County H & I

3rd Wednesday of the month, 7:30 pm

Laguna Canyon Club, 949-497-1823

20456 Laguna Canyon Rd., Laguna Beach

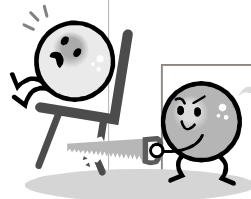
GROUP CONTRIBUTIONS TO CENTRAL OFFICE— February

GROUP DONATIONS 2008 BY MONTH									
CITY AND MEETINGS		FEB	YTD						
BUENA PARK		^	^						
CAPISTRANO BEACH		^	^						
Su 9:30A-Sandy Survivors, Doheney St Prk			\$152						
Fr 7:00P-Friday Knights, 25976 Domingo			\$91						
Sa 6:00P-Keep It Simple, 34381 Portola			\$152						
CORONA DEL MAR		^	^						
Dly 7:00A-Solutions Oasis, 5th & Marg			\$1,750						
Mo 7:00P-Baywood Disc, 1601 Marguerite			\$50						
Fr 7:30P-Rebels Disc, 611 Heliotrope			\$280						
COSTA MESA		^	^						
Dly 7:00A-Daily Reflect, 2040 Placentia		\$100	\$150						
Dly 7:30A-As Bill Sees It, 2501 Harbor			\$700						
Dly 12:45P-New Lease/Life, 1545 Nwprt		\$315	\$315						
M-F 6:45A-Morning Meditat, 183 E. Bay		\$120	\$120						
M-F 12:00P-Noon Rec, 420 W. 19th St.		\$203	\$419						
Mo 12:00P-Clean & Serene BB, 660 Baker		\$40	\$40						
Tu 7:00P-A 11th Step Sol, 2850 Fairview		\$100	\$100						
We 12:00P-High Noon Step, 660 Baker		\$40	\$40						
We 7:30P-BB Trivia (M)'s Stag, 1545 New			\$169						
Fr 12:00P-Bizman Stag, 660 Baker		\$17	\$17						
Sa 9:30A-(M)'s, Charle Street		\$120	\$120						
Sa 9:30A-Charle St. Overflow, 2025 Charle		\$360	\$360						
Sa 9:30A-Sat Morn (W)'s Gr, 2040 Placen		\$140	\$140						
Sa 6:00P-Cover-To-Cover, 183 E Bay St		\$70	\$110						
CYPRESS		^	^						
DANA POINT		^	^						
Mo 5:30P-(W)'s Disc, Ensenada & DPH		\$139	\$139						
Mo 7:00P-Promises, 34052 Del Obispo		\$123	\$123						
Tu 9:30A-(W)'s Back to, 24642 San Juan		\$221	\$221						
FOUNTAIN VALLEY		^	^						
We 8:00P-Disc, 10280 Slater		\$70	\$70						
Su 8:00P-Sun Nite Spkr Mtg, 1115 Orange			\$50						
GARDEN GROVE		^	^						
Su 7:30A-Red Eye Grp, 9845 Belfast		\$38	\$38						
Tu 7:00P-Top/Key Book Stdy, 9th & Lamp		\$80	\$80						
We 10:00A-Ovr 50 Sin/Purp, 9845 Belf		\$45	\$45						
We 12:00P-(W)'s, 9845 Belfast			\$25						
Th 10:00A-Over 40 Disc. Grp, 9845 Belf		\$60	\$60						
Th 7:00P-SS, 12432 9th St.		\$25	\$25						
Th 8:00P-Sprk, 9845 Belfast Dr.		\$20	\$20						
Sa 10:30A-BB Stdy, 9845 Belfast		\$95	\$95						
Sa 8:00P-Sat Nite Spkrs, 9845 Belfast			\$20						
HUNTINGTON BEACH		^	^						
Dly 7:00A-Hggrs/Bill Sees It, 8200 Ellis		\$500	\$950						
Dly 8:00A-Hggrs II, H.B Lifegrnd Tower 11		\$125	\$515						
Su 9:00A-On/Beach, Lifegrnd Tower 11			\$90						
Su 7:30P-Disc, 20444 Magnolia			\$120						
Mo 12:00P-(W)'s Bill Sees It, 18631 Chap			\$90						
Mo 7:30P-(M)'s BB & 12&12, 1912 Flor			\$120						
Mo 7:30P-(W)'s Sans, 18631 Chapel Ln.			\$60						
Tu 7:30P-Beginners (M)'s, 1912 Florida			\$215						
Tu 7:30P-(W)'s Disc., 8200 Ellis		\$70	\$70						
Tu 8:00P-Newcms (M)'s Grp, 20444 Magn		\$127	\$127						
We 7:30A-Attitude Mod, 18582 Beach		\$60	\$60						
We 2:00P-Seniors & Friends 1718 Orng			\$120						
Th 10:00A-(W)'s BB Stdy, 18631 Chapel		\$60	\$60						
Fr 10:00A-Step Sisters, 20444 Magnolia		\$70	\$90						
Fr 6:00P-(M)'s/Solution, 17461 Zeider		\$140	\$140						
Fr 7:30P-BB Stdy, 16650 Saybrook Lane		\$70	\$70						
Fr 8:00P-HB Dntowners, 2000 Main			\$30						
Sa 7:30A-(M)'s Stag, 18582 Beach		\$65	\$65						
Sa 9:30A-W BB Stdy, 18582 Beach			\$166						
Sa 7:00P-Sat Nite Live BB, 18631 Chapel		\$30	\$30						
IRVINE		^	^						
Dly 6:30A-Sunrise Sobriety, 4400 Barr		\$723	\$1,865						
M-F 12:00P-Irvine Noon Grp, 5101 Alton		\$350	\$500						
Su 10:00A-Donut Mtg., 6670 Alton Pky		\$100	\$220						
Mo 6:30P-Gypsies (W)'s, Turtlerock CC			\$130						
Tu 6:00P-Courage To Change, 18182 Culv			\$70						
Tu 7:00P-(M)'s K.I.S. 12X12, 14301 Yale			\$70						
We 6:30P-B. B. Topic Disc., 5001 Nwprt		\$102	\$160						
Th 6:30P-(W)'s Gypsies, Deerfield & Turtle		\$130	\$130						
Fr 10:30A-Over 50 Grp, 6670 Alton		\$72	\$162						
Fr 12:00P-(W)'s Topic Disc, 5101 Alton P			\$100						
Fr 5:30P-Topic Disc.Grp, 6670 Alton Pky		\$86	\$198						
Fr 7:00P Winning Tkt Bk Stdy, 1 Sunnyh			\$50						
Fr 7:30P-Boys in Sobriety, 4400 Barranca		\$483	\$483						
Fr 8:00P-Nite Wild Bunch, 18422 Culver		\$100	\$100						
Fr 8:00P-Little Grp, 18422 Culver		\$140	\$140						
Sa 9:15A-SS, 6670 Alton Pky		\$58	\$195						
Sa 11:00A-Acceptance Grp, 3 Ethel Cop		\$134	\$134						
Sa 7:00P-Spkrs, 1 Sunnyhill - Turtle		\$100	\$200						
LAGUNA BEACH		^	^						
Dly 7:05A-Attitude Adj, 31872 PCH		\$1,540	\$1,540						
Su 7:05A-Montage Grp, (Montage)			\$192						
Su 6:00P-GV Stdy, 21632 Wesley Dr			\$158						
Su 7:00P-TIS Spkrs, 31872 Coast Hwy		\$162	\$162						
Su 7:30P-Su Participation, 20456 LCR			\$50						
Mo 6:30P-BB Stdy, 20456 LCR			\$53						
Mo 6:30P-(W)'s Perspect., 20456LCR Rm2			\$123						
Mo 6:30P-(W)'s BB Stdy, Wesley			\$100						
Mo 8:00P-(M)'s Stag, 20456 LCR		\$50	\$150						
Tu 12:30P-Serenity-Sea (W)'s, Wesley			\$75						
Tu 12:00P-Promises Disc, 20456 LCR			\$88						
Tu 12:30P-(W)'s Disc, 20456 LCR			\$200						
Th 6:30P-(M)'s BYOB 12& 12 SS, 21632		\$140	\$140						
Fr 6:00 P-Happy Hour and Half, 20456 LCR		\$225	\$225						
Fr 6:00P-Literature Mtg, 21632 Wesley			\$122						
Fr. 7:30P-Surrender to Win, 20456 LCR			\$189						
Sa 7:00A-Whale Watchers (M)'s Stag		\$198	\$198						
Sa 8:00P-Night Spkr Mtg, 20456 LCR			\$900						
LAGUNA HILLS		^	^						
Mo 6:00P-(W)'s Disc, 23802 A D Carlota			\$90						
We 7:00P-Get Happy 12&12 Stdy, A D C		\$15	\$30						
LAGUNA NIGUEL		^	^						
Mo 10:30A-(W)'s 12X12 Stdy, 30121 Nig		\$150	\$150						
Mo 8:00P-12&12 Stdy, 30121 Niguel Rd			\$180						
Tu 6:00P-Chicks/Run SS, 2702 El Lazo			\$70						
We 6:00P-Book Stdy, 30121 Niguel Rd.		\$50	\$360						
Sa 6:00P-Candlelight Disc, 30121Niguel		\$40	\$40						
LAGUNA WOODS		^	^						
Dly 7:30A-Do It Sober, 24442 Moulton		\$1,098	\$1,098						
We 7:30A-BB Meeting, 2444 Moulton			\$120						
We 1:15P-(W)'s BBStdy, 24351 El Toro			\$70						
Fr 10:00A-Top/Hill Gang, 24252 El Toro		\$75	\$75						
LA HABRA		^	^						
M-F 6:30A-Topic Disc, 100 W. La Habra			\$60						
LAKE FOREST		^	^						
Th 7:30P-Mustard Seed SS, 23262 El Toro			\$50						
LA MIRADA		^	^						
LOS ALAMITOS		^	^						
We-7:30P-Ice Breakers Grp, 4111 Katella		\$100	\$100						
MISSION VIEJO		^	^						
Mo 7:00P- (W)'s SS, 26051 Marguerite		\$120	\$120						
We 9:30A-(W)'s, 26051 Marguerite Pky			\$100						
Th 9:30A-(W)'s 12 x 12, 26001 Blascos			\$80						
Sa 7:15P-Mission Spkrs, 24932 Veterans		\$40	\$160						
NEWPORT BEACH		^	^						
M-F 6:30A-Balboa Round Table, 605 Balboa		\$500	\$500						
M-F 12:15P-Shark@Aquatic, 1Whitecliffs		\$400	\$1,000						
Su 7:00P-Primary Purp Grp, Dover&16th		\$155	\$155						
Mo 9:00A-(W)'s Step Stdy, 414 E. 32nd			\$70						
Mo 12:30P-Back Bay (M)'s, 1201 Irvine			\$700						
Mo 3:30P-A Vision 4 U-414 E. 32nd St.			\$210						
Mo 6:45P-Beg.&Trad Grp, 1400 Balboa			\$469						
Mo 8:00P-(M)'s Disc, 301 Nwprt Blvd		\$165	\$165						
Mo 8:00P-(W)'s Disc., 301 Nwprt Blvd			\$50						
Tu 3:30P-Disc, 414 E. 32nd St			\$77						
Tu 7:00P-B St Bonfire-1st Fire Ring/Ocean		\$50	\$100						
Tu 7:00P-(W)'s B/Stdy, 2414VistaDelOro			\$24						
We 3:30P-SS, 414 E. 32nd Street			\$42						
Th 7:00P-Over 40's, 414 32nd Street			\$70						
Fr 12:15P-(M)'s Business Disc, 414 32nd			\$350						
Sa 8:30P-Hoag Hut Spkr, 301 Nwprt Ave			\$230						
ORANGE		^	^						
Dly 7:00A-Early Birds, 812 Town/Cntry			\$340						
Su 11:00A-Sun Pumprs, 705 W LaVeta			\$210						
Su 6:00P-Chapter 9 OBS, 250 Prospect			\$50						



Saving Seats

I would like to bring to the attention of anyone interested in the idea of saving seats before meetings by placing numerous, sometimes ridiculous amounts of cards and items to save seats at meetings for others who have yet to arrive. By all means I don't claim to run a perfect program and am grateful to AA, the fellowship and the rooms of AA for being there because they were always there when I needed to go back. I too have several favorite meetings that I enjoy more than others although I always get what I need wherever I go. But there seems to be an on-going, unspoken, unwritten rule that whoever shows up first can save all the seats they choose even though their party isn't present. I've been subjected to this myself and see others wanting but unable to enjoy a meeting because of others actions. I could but never would name meetings right off the top of my head of meetings where this is practiced, regardless of any announcement made to the group about this issue. because I've seen and been affected by this I always make sure not to participate in this type of behavior. Please gentlemen and ladies, lets welcome all and use common sense when attending to our programs. Someone recently told me they consider this as bordering on selfishness. I am in no position to try to make any kind of such judgment. I am merely trying to let others aware of my feelings on this issue. G.L.



First come, first served – with seating

The idea of saving seats at meetings of Alcoholics Anonymous isn't something that started last week, last month, last year or even the last decade. The practice has been around for a while. It has always been an ugly, presumptuous practice, one that says some alcoholics are more important than others.

In the late 1980's my sponsor, who was also the secretary of my home group, dealt with the problem in a manner I found effective and persuasive.

The coffemaker of our group had already arrived at the church, made the coffee and gone to dinner. We started arriving at about 6:30 p.m. – the meeting began at 7 p.m. – but someone had preceded us to the church's social hall. When we arrived we found about 20 business cards placed on the tables set up in the room. We looked back and forth at each other.

Then, without comment or discussion, my sponsor seized a wicker basket and placed all the cards in it and then put the basket atop the refrigerator in the church kitchen. At about 6:55, a group of about nine men arrived, glanced at the tables and sought seats around the room.

When the meeting started, the leader started us with the Serenity Prayer and asked the secretary (my sponsor) for announcements. Bob welcomed the group, said we would have other announcements at the end of the meeting and then in matter of fact fashion spoke to our guests: "We don't save seats at this meeting," he said. "Someone left a number of business cards here earlier this evening and they can be reclaimed at the end of the meeting."

The visitors stayed. The meeting went on without incident. But the business cards were not reclaimed. George L., Westminster



It has been my experience that often when I cannot decide between two (or more) options, it's because the answer that would give me peace is actually "none of the above."

CENTRAL OFFICE ACTIVITY-February

Total Calls Handled by Both Offices: 2597

Main and Satellite Office Volunteers

12 Step Calls	22
Meeting Information	922
General Information	477
Walk-in Customers	294

Night Owl Volunteers

12 Step calls	14
Meeting Information	572
General Information	296

Dear Readers:

The *Lifeline* is looking for more contributions from you to make it interesting, fun and informative. You don't have to be a author to get into print, you just have to be sober (at least a couple months so the fog can lift) and be able to type (how hard is that?). You can start by submitting a write up about your favorite meeting. See page one. Or tell us what is unique about your sponsor, your approach to the steps, your spiritual experience, something funny, whatever. (Please respect anonymity). Everyone has a story. Why not share yours? We also encourage you to submit speaker meeting information, events, ideas, suggestions, criticism, and jokes. Send to: lifelineeditor@yahoo.com or fax (949) 716-3713. You may also contact the editor at (949) 241-6617. Hope to hear from you soon.



E_ditor

Why We Were Chosen

GOD in His wisdom selected this group of men and women to be purveyors of His goodness. In selecting them through whom to bring about this phenomenon, He went not to the proud, the mighty, the famous or the brilliant. He went instead to the humble, to the sick, to the unfortunate. He went right to the drunkard, the so-called weakling of the world. Well might He have said to us:-

Unto your weak and feeble hands I have entrusted a power beyond estimate. To you has been given that which has been denied the most learned of your fellows. Not to scientists or statesmen, not to wives or mothers, not even to my priests or ministers have I given this gift of healing other alcoholics which I entrust to you.

It must be used unselfishly; it carries with it grave responsibility. No day can be too long; no demands upon your time can be too urgent; no case be too pitiful; no task too hard; no effort too great. It must be used with tolerance for I have restricted its application to no race, no creed, and no denomination. Personal criticism you must expect; lack of appreciation will be common; ridicule will be your lot; your motives will be misjudged. You must be prepared for adversity, for what men call adversity is the ladder you must use to ascend the rungs toward spiritual perfection, and remember, in the exercise of this power I shall not exact from you beyond your capabilities.

You are not selected because of exceptional talents, and be careful always, if success attends your efforts not to ascribe to personal superiority that to which you can lay claim only by virtue of my gift. If I had wanted learned men to accomplish this mission, the power would have been entrusted to the physician and scientist. If I had wanted men, there would have been many assignment, for the talk is the easiest with which I have kind. If I had wanted men, the world is qualified men than available. You were selected because you have been the outcasts of the world and your long experience as drunkards has made or should make you humbly alert to the cries of distress that come from the lonely hearts of alcoholics everywhere.



the physician and wanted eloquent have been many assignment, for used of all talents endowed man-wanted scholarly filled with better-you who would be

Keep ever in mind the admission you made on the day of your profession in AA- namely that you are powerless and that it was only with your willingness to turn your life and will unto my keeping that relief came to you.

-Anonymous

Borrowed with permission www.recoveryemporium.com.

Happy Birthday!!

Linda H.	1 yr	Dana Point
Gary H.	1 yr	Laguna Niguel
Matt C.	3 yrs	Aliso Viejo
Jhamal S.	4 yrs	Laguna Beach
Misty	5 yrs	Laguna Niguel
Dave H.	6 yrs	Modjeska Canyon
Kelly F.	6 yrs	Laguna Beach
Laurie G.	7 yrs	Dana Point
John V.	8 yrs	Laguna Niguel
Candy S.	10 yrs	Rancho Sta. Marg.
Stacie D.	10 yrs	Laguna Niguel
Larry E.	11 yrs	Santa Ana
Timothy K.	13 yrs	Lake Forest
Carol A.	14 yrs	Long Beach
Bob (Boomer)	16 yrs	Ladera Ranch
Maxine R.	19 yrs	Capo Beach
Kim F.	24 yrs	Tustin
Dotty B.	25 yrs	Laguna Niguel
Kathleen W.	28 yrs	Laguna Niguel
Barbara B.	29 yrs	Laguna Woods
Mike M.	29 yrs	San Juan Capistrano

Help keep the doors of AA open so that new members may receive the same help so many of us have already received. Make a donation of any amount for an AA Birthday—yours or someone else's—and we will help celebrate by publishing their name and years of sobriety in the *Lifeline*.

Donation enclosed for a birthday celebration

NAME:

CITY:

YEARS CELEBRATED:

Donations of any amount are greatly appreciated.

Please send this form with your donation to:

Orange County Central Office

1526 E. Warner, Suite 75, Santa Ana, California 92705



Drinking tends to isolate some more than others.

Copyright ©1944-2008 The AA Grapevine, Inc.

BE OF SERVICE!!

**"ALCOHOLICS
ANONYMOUS,
HOW MAY WE HELP
YOU?"**



CALL FORWARDING:

The call forwarding program, instituted by Orange County Central Office, insures that our help line phones are answered by volunteers 24/7. During hours when the Central Office is closed, calls to the Central Office are forwarded to a call forwarding volunteer's home or cell phone, where the volunteer answers the calls just as if he or she were sitting in the Central Office. This service allows the Central Office to realize a significant costs savings because we do not need to contract with a phone answering service. Even more vital, when a call is placed to Alcoholics Anonymous in Orange County, the caller will be talking to an Alcoholics Anonymous member, not a phone service! This truly is "front-line" 12th Step work and we would appreciate any time you can give.

SHIFTS:

Monday thru Friday shifts are 9pm to 6am and 6am to 9am. Saturday shifts start with the 6am to 9am. The Central Office opens and covers from 9am to 1pm on Saturdays. The phones are then forwarded to volunteers to cover from 1pm to 4pm, 4pm to 7pm, 7pm to 10pm and 10pm to 6am. Sunday and Holiday shifts are 6am to 10am, 10am to 2pm, 2pm to 6pm, 6pm to 10pm and 10pm to 6am.

VOLUNTEERING:

In order to volunteer for this service it is suggested that you have two years of sobriety. You must also arrange with the Central Office manager in Santa Ana or the Satellite Office Manager in Mission Viejo for a brief orientation session which will be held at one of the offices. Shifts are available. Please call the Central at (714) 556-4555 or the Satellite Office at (949) 582-2697.

THANK YOU FOR YOUR SUPPORT!!



ORANGE COUNTY INTERGROUP ASSOCIATION OF AA

Statement of Income and Expenses for Period Ending 2/29/08

	FEBRUARY	YTD
INCOME		
Group Donations	16,613.15	38,601.24
Individual/Fellowship	108.00	288.00
Literature Sales	15,559.27	25,848.51
Birthday Donations	218.65	622.65
In Memoriam	0.00	0.00
Intergroup Donations	84.85	176.10
Special Events	0.00	0.00
Interest Income	270.13	503.87
Misc. (Repaid Bounced Checks)	0.00	266.83
TOTAL INCOME:	32,854.05	66,307.20
EXPENSES		
Audits/Accounting	0.00	4,000.00
Auto (All Managers)	46.56	117.86
Bank Charge	0.00	0.00
Cash/Invoices OverShort	-9.32	18.75
Insurances	2,510.00	5,796.25
Intergroup Expense	89.97	325.47
Lease Expense	389.07	778.14
Maintenance & Repairs	0.00	152.46
Volunteers Coffee + Water	26.01	74.78
Offices' Supplies	311.24	855.82
Pension Fund	166.68	333.36
Postage	119.12	119.12
P/I, Donated Literature	0.00	1,016.98
Rent Main/Satellite Offices	3,620.71	7,173.42
Salaries	10,256.21	20,472.31
Payroll Tax Expense	784.61	1,566.15
Taxes & Licenses	28.00	28.00
Telephone Expense	426.66	884.30
LIFELINE Expense	1,222.95	2,441.45
Cost of Literature Sold	12,217.19	20,296.05
Special Events	129.00	431.00
Misc. (Returned Checks)	0.00	447.63
TOTAL EXPENSES:	32,334.66	67,329.30
INCOME/(LOSS):	519.39	-1,022.10

SOBRIETY TEST

A juggler, driving to his next performance, is stopped by the police. "What are these matches and lighter fluid doing in your car?" asks the cop. "I'm a juggler and I juggle flaming torches in my act." "Oh yeah?" says the doubtful cop. "Let's see you do it." The juggler gets out and starts juggling the blazing torches masterfully. A couple driving by slows down to watch. "Wow," says the driver to his wife. "I'm glad I quit drinking. Look at the test they're giving now!"



"Joining AA was an excellent move, Fenton. But let's not overdo the 'easy does it'!"

Copyright ©1944-2008 The AA Grapevine, Inc.

MEETING CHANGES

As of January 7, 2008

SUNDAY

COSTA MESA

12:15 PM NEW LEASE ON LIFE 1545 Newport Blvd c/s 15th (Lease Outlet) New meeting

ORANGE

6:00 PM CHAPTER 9 FAMILY AFTERWARD BB STUDY 250 S Prospect @ Chapman(Child Care) New name

SAN JUAN CAPISTRANO

8:00 AM EYE OPENER 27514 Calle Arroyo off Rancho Viejo Rd. (Comm Ctr) Name change

MONDAY

COSTA MESA

12:15 PM NEW LEASE ON LIFE 1545 Newport Blvd c/s 15th (Lease Outlet) New meeting

HUNTINGTON BEACH

6:30 PM BOTH BOOKS STUDY 16871 Bolsa Chica Rd. (St. Peters Church) Changed to Open

NEWPORT BEACH

3:30 PM LIVING SOBER 414 E. 32nd St. Name change

SAN JUAN CAPISTRANO

7:00 AM EYE OPENER 27514 Calle Arroyo off Rancho Viejo Rd. (Comm Ctr) Name change

12:00 PM WOMENS DISCUSSION 27514 Calle Arroyo off Rancho Viejo Rd. (Comm Ctr) Name change

YORBA LINDA

7:30 PM 12 STEP STUDY PARTICIPATION 2505 Yorba Linda Blvd (Eastside Church, Rm 123, downstairs) New meeting

8:00 PM DISCUSSION 4861 Liverpool @ Yorba Linda Blvd (Messiah) Change to open

TUESDAY

COSTA MESA

12:15 PM NEW LEASE ON LIFE 1545 Newport Blvd c/s 15th (Lease Outlet) New meeting

HUNTINGTON BEACH

7:30 PM BEGINNERS MEN'S GROUP 1912 Florida St C/S Adams & Beach (Downstairs) Non-smoking

NEWPORT BEACH

7:00 PM ON THE BEACH Balboa Pier @ Palm (fire ring) Change time

SAN JUAN CAPISTRANO

7:00 AM EYE OPENER 27514 Calle Arroyo off Rancho Viejo Rd. (Comm Ctr) Name change

10:00 AM (C) WOMENS DISCUSSION 27514 Calle Arroyo off Rancho Viejo Rd. (Comm Ctr) Name change

12:15 PM (C) MEN'S BROWN BAG 27514 Calle Arroyo off Rancho Viejo Rd. (Comm Ctr) Changed to closed

5:00 PM (C) WOMENS STEP STUDY 27514 Calle Arroyo off Rancho Viejo Rd. (Comm Ctr) Name change

WEDNESDAY

COSTA MESA

12:15 PM NEW LEASE ON LIFE 1545 Newport Blvd c/s 15th (Lease Outlet) New meeting

HUNTINGTON BEACH

2:00 PM SENIORS & FRIENDS 1706 Orange Ave @ 17th (M E Rodgers Seniors Ctr) New address

SAN JUAN CAPISTRANO

7:00 AM EYE OPENER 27514 Calle Arroyo off Rancho Viejo Rd. (Comm Ctr) Name change

10:00 AM (C) WOMEN'S STEP STUDY 27514 Calle Arroyo off Rancho Viejo Rd. (Comm Ctr) Time Change

12:00 PM OPEN DISCUSSION 27514 Calle Arroyo off Rancho Viejo Rd. (Comm Ctr) New meeting

THURSDAY

ANAHEIM

7:30 PM (C) MEN'S DOG ON THE ROOF 4421 E La Palma Ave New address

COSTA MESA

12:15 PM NEW LEASE ON LIFE 1545 Newport Blvd c/s 15th (Lease Outlet) New meeting

LAGUNA HILLS

7:00 PM (G) AS BILL SEES IT 23802 Avenida de la Carlota (St Geroge's Church) New meeting

SAN JUAN CAPISTRANO

7:00 AM EYE OPENER 27514 Calle Arroyo off Rancho Viejo Rd. (Comm Ctr) New name

12:15 PM (C) MEN'S BROWN BAG 27514 Calle Arroyo off Rancho Viejo Rd. (Comm Ctr) Changed to closed

5:00 PM (C) WOMEN'S TOPIC DISCUSSION 31882 Camino Capistrano c/s Ortega Hwy New meeting

7:00 PM BIG BOOK WORKSHOP 27514 Calle Arroyo off Rancho Viejo Rd. (Comm Ctr) New name

FRIDAY

COSTA MESA

12:15 PM NEW LEASE ON LIFE 1545 Newport Blvd c/s 15th (Lease Outlet) New meeting

8:00 PM (C) BIG BOOK ADVENTURERS 2114 Thurin St @ Victoria St (Grange Hall) Change name

HUNTINGTON BEACH

6:00 PM (C) MEN IN THE SOLUTION 7111 Talbert Ave c/s Goldenwest St (Huntington Library) New location

SAN JUAN CAPISTRANO

7:00 AM EYE OPENER 27514 Calle Arroyo off Rancho Viejo Rd. (Comm Ctr) New name

12:00 PM OPEN DISCUSSION 27514 Calle Arroyo off Rancho Viejo Rd. (Comm Ctr) New meeting

SATURDAY

COSTA MESA

12:15 PM NEW LEASE ON LIFE 1545 Newport Blvd c/s 15th (Lease Outlet) New meeting

IRVINE

9:15 AM STEP STUDY 5101 Alton Parkway, @ Jeffrey (St John Neumann) Address change

LAS FLORES

7:15 PM MISSION SPEAKERS 26111 Antonio Pkwy @ Oso Pkwy (Water Dist. Board Rm) Address & City change

SAN JUAN CAPISTRANO

6:30 AM EYE OPENER 27514 Calle Arroyo off Rancho Viejo Rd. (Comm Ctr) New name

8:00 AM EYE OPENER 27514 Calle Arroyo off Rancho Viejo Rd. (Comm Ctr) New name

12:00 PM WOMEN'S JAY WALKERS 27514 Calle Arroyo off Rancho Viejo Rd. (Comm Ctr) New

4:30 PM LIVING SOBER 27514 Calle Arroyo off Rancho Viejo Rd. (Comm Ctr) New name

8:00 PM JAY WALKER II 27514 Calle Arroyo off Rancho Viejo Rd. (Comm Ctr) New name

MEETING DELETIONS

As of January 7, 2008

TUESDAY

SAN JUAN CAPISTRANO

7:00 PM 12 AND 12 NEVER HAD IT SO 32261 Camino Capistrano (SJC Plaza)

THURSDAY

LAGUNA BEACH

7:00 PM (C) WOMEN'S STEP STUDY 31872 Pacific Coast Hwy (Hospital)Summer

7:30 PM (C) WOMEN'S STEP STUDY 31872 Pacific Coast Hwy (Hospital)Winter

LAKE FOREST

7:00 PM (G) HERE & NOW 24601 Raymond Way #9 @ El Toro Rd

SATURDAY

RANCHO SANTA MARGARITA

7:30 PM RSM IN DEPTH BIG BOOK STUDY 30322 Via Con Dios c/s RMS Pkwy (Church)



Remember,
don't run so fast
that your
guardian angel
can't keep up

Donations continued from page 7

Sa-HB-Camel	\$60	\$60
Campfire Girls UL	\$59	\$59
Mo 7:00P YL (M)'s Surrender UL	\$20	\$20
WANDERING GROUPS	^	^
MISC. DONATIONS	^	^
Satellite Office Change Can	\$13	\$13
Intergroup Meeting	\$85	\$176
AOCYPAA		\$334
4th Step Workshop, Laguna Beach		\$265
PERSONAL DONATIONS	^	^
Anonymous # 3992		\$30
B. H. Dana Point		\$20
Crystal B, Rancho Santa Margarita	\$70	\$70
David S, Fountain Valley		\$100
June L, Irvine	\$25	\$50
IN LOVING MEMORY	^	^
GROUP INFORMATION REQUESTED	^	^
Receipt # 8953		\$108
Receipt # 9326	\$20	\$20
Receipt # 9340	\$150	\$150
Receipt # 9389	\$60	\$60
Receipt # 9787	\$175	\$175
Receipt # 9772	\$396	\$396
Receipt # 9774	\$210	\$210
TOTALS	\$16,806	\$38,662

RECOVERY ACROSTIC

A WORD SEARCH, like all the others you've seen: words can be up, down, across or diagonal. Have fun, and win a few minutes of free sobriety! There are also 12 'AAs.' Can you find them all?

A A C C E P T A N T O L O A S T
 T C O U R A G N Y T I N E R E S
 C E C O V E I S A P E A C E A E
 A C C E R A T I A C T U T A D R
 G N E I P W A C H O N E S T Y V
 R A M A V T E R S U P E A C Y I
 A R L A S R A R S R A S Y E T C
 T E S R E C E N F A I T H D I E
 I L R A A C C S C G N C C U L A
 T O E E C N E D N E P E D T I G
 U T M F E A Y F I T N E D I M C
 D E O B S E S S I O N E W T U C
 E G C O U R S S E N I P P A H A
 W A W A I A C C E P T A N R A P
 P R A N V Y A C C E P T A G L T
 U I N V E N T O R Y K U N G S A

Find the following words in the puzzle above:

- | | | |
|------------|-----------|-----------|
| Acceptance | Happiness | Obsession |
| Courage | Honesty | Pain |
| Dependence | Humility | Peace |
| Faith | Identify | Serenity |
| Fear | Inventory | Service |
| Gratitude | Seek | Tolerance |

THE LIFELINE, 1526 BROOKHOLLOW DR., SUITE 75, SANTA ANA, CA 92705

Published monthly by the Orange County Intergroup Association

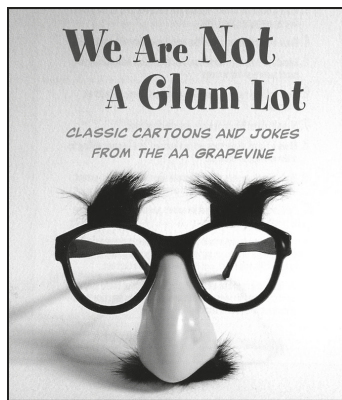
Purpose: The Orange County Lifeline Committee is a committee of volunteer A.A. members, charged with the responsibility of producing and distributing the Orange County Lifeline, (a publication of the Orange County Intergroup Association). The Lifeline is published monthly and is supported solely through contributions from the A.A. groups and members of Orange County. The Lifeline is published to meet the following needs of the Orange County A.A. membership: to inform the A.A. membership regarding A.A. service, A.A. events and A.A. announcements; also to share experience in recovery, unity and service; to keep the A.A. membership informed regarding the actions, finances and meetings of the Orange County Intergroup Association and other Central Office committees.

Lifeline Committee: Meets the 1st Thursday of each month at the Central Office. Join us @ 7PM.

Bill W., (Chair); Jim S., Phil F., Nick M., George L., Cecil W., Tarcy H.

Mail submissions to the above address or send email to:

lifelineeditor@yahoo.com



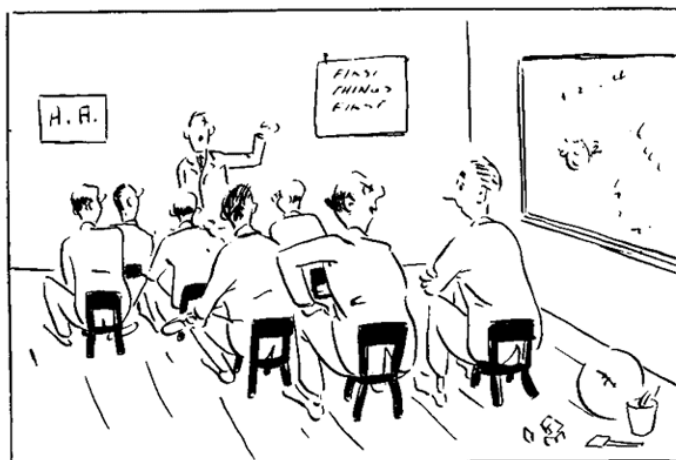
A NEWCOMER to alcoholics anonymous informed his group that things were beginning to get better since he started asking Howard to help him. When asked who Howard was, he replied, "The person in the prayer you taught me: 'Our Father, who art in heaven, Howard be thy name'..."

February 1986

HEAD-DOCTOR: "Now, we're going to find out what makes you tick."

Lush: "While you're at it, doc, can you find out why I chime every half-hour?"

November 1964



"I know we're supposed to be emotionally immature but do we have to meet in the school kindergarten?"

A PANHANDLER who solicited a dime for a cup of coffee noticed that his benefactor was following him.

"Why are you trailing me?" he asked. "Trying to see if I spend it on booze?"

"No," answered the businessman. "I just wanted to see where you could get coffee at that price."

March 1980



"I'm sure my George was a much bigger drunk than your Ed!"