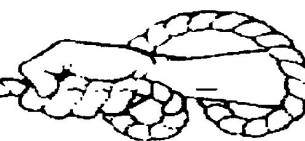


Lifeline



2010 Orange County Intergroup Service Board

Chair, Pearl N.
 Vice Chair, Lou D.
 Treasurer, Art H.
 Secretary, Eric
 Central Office, Grant M.
 Group Relations, Carol D.
 Hospitals & Institutions, Heather V.
 Lifeline, Roxanne R.
 Public Information, Barry P.
 Special Events, Anne M.

Who? What? When? Where?

Public Information Committee, Barry P.
 Meets the 3rd Wednesday of the month at 6:30 pm
 Group Relations Committee, Carol D.
 Meets the 4th Wednesday of the month at 7:00 pm
 Lifeline Committee, Roxanne R.
 Meets the 1st Thursday of the month at 7:00 pm
 Special Events Committee, Anne M.
 Meetings scheduled as needed
 H & I Committee, Heather V.
 Meets the 2nd Sunday of the month at the Garden Grove
 Alano Club. Institutions meet at 4:00 pm; Hospitals meet at 6:00
 pm. South Orange County H & I meets at the Laguna Beach
 Canyon Club the 3rd Wednesday of the month at 7:30 pm.
 With the exception of H & I, the above committees meet at
 Central Office, 1526 Brookhollow, Suite 75, Santa Ana, CA
 92705. If you are interested in serving on a committee or would
 like more information please contact the above or Central Office
 at 714-556-4555.



Orange
 County
 Intergroup
 Association

ORANGE COUNTY CENTRAL OFFICE

1526 Brookhollow, Suite 75
 Santa Ana, CA 92705

Phone: (714) 556-4555; Fax: (714) 556-7231

E-mail: ocaa7664@sbcglobal.net

Web site: www.oc-aa.org

Office hours:

Mon-Fri: 9:00 AM to 7:00 PM

Sat: 9:00 AM to 1:00 PM

South County Office

27281 Las Ramblas, Ste.135, Mission Viejo, CA 92691

Phone: (949) 582-2697; Fax: (949) 582-2611

E-mail: socooa@sbcglobal.net

Office hours:

Mon-Fri: 10:00AM to 5:00 PM

The Orange County Intergroup Association Meeting

Wednesday, April 14th at 7:00 PM

**Costa Mesa Senior Center
 695 W. 19th Street
 Costa Mesa, CA 92627**

THE LIFELINE, 1526 BROOKHOLLOW DR., SUITE 75, SANTA ANA, CA 92705- Published monthly by the Orange County Intergroup Association

Purpose: The Orange County *Lifeline* Committee is a committee of volunteer A.A. members, charged with the responsibility of producing and distributing the Orange County *Lifeline*, (a publication of the Orange County Intergroup Association). The *Lifeline* is published monthly and is supported solely through contributions from the A.A. groups and members of Orange County. The *Lifeline* is published to meet the following needs of the Orange County A.A. membership: to inform the A.A. membership regarding A.A. service, A.A. events and A.A. announcements; also to share experience in recovery, unity and service; to keep the A.A. membership informed regarding the actions, finances and meetings of the Orange County Intergroup Association and other Central Office committees.

Lifeline Committee: Meets the 1st Thursday of each month at the Central Office. Join us @ 7PM.

Roxanne R. (Chair), Jim S., Phil F., Nick M., George L., Richard H., Steve C., Mike T., Tarcy H. (Editor)

Mail submissions to the above address or send email to: lifelineeditor@yahoo.com

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Failure isn't in falling down,
it's in failing to get back up.



I Can be Such a Putz!

Have you ever approached an A.A. anniversary and felt you were not measuring up? Lighten up!

Because I can still be such a self-centered booger, I was not going to share or celebrate my A.A. anniversary this year. I’ve recently been seized once again by fear and, of course, pride in the form of self-pity. (Tantrum). “I should be better than I am, I should have come further in life, have a better grasp of the program (etc., ad nauseum) after all this time” (Pout).

Instead the idea came to write this little piece and share with you part of what is currently, and many times has been, my saving grace:

“All of us pass through times when we can pray (talk with a fellow alcoholic; go to a meeting to help someone else, etc.) only with the greatest exertion (strenuous effort). Occasionally we go even further than this. We are seized with a rebellion (refusal to accept some authority or code or convention or practice) so sickening that we simply won’t pray (talk with a fellow alcoholic, etc.). When these things happen, we should not think too ill of ourselves. We should simply resume prayer (talk with a fellow alcoholic, etc.) as soon as we can, doing what we know (yeah, we know) to be good for us. Page 293, As Bill Sees It, “Rebellion or Acceptance,” from page 108, “Twelve Steps and Twelve Traditions,” reprinted with permission, A.A.W.S., Inc.

“But it is clear that we made our own misery (yuck!). Avoid then, the deliberate manufacture of misery, but if trouble comes, cheerfully (!) capitalize it as an opportunity to demonstrate His omnipotence.” Page 133, Alcoholics Anonymous, reprinted with permission, A.A.W.S., Inc.

You may have noticed that I have added personal commentary in the form of italics, bolds, underlines and parentheses emphasizing, defining or responding to the original text. Rule sixty-what? ☺ Easy does it; one day at a time! Keep on trudgin’!

Anonymous, Tustin

Step 4 – The Searchlight

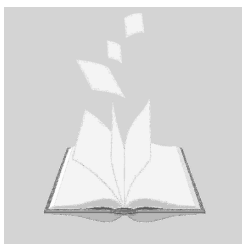
Made a searching and fearless moral inventory of ourselves.

Number 4 of 12 articles on the 12 Steps

Ah! The dreaded fearless and thorough moral inventory of ourselves. Probably no step is discussed in the meeting rooms of Alcoholics Anonymous more than Step 4. I remember being new and hearing people talking about writing down all the wrongs they had done to others—and thinking to myself, “Yeah, like that’s gonna happen anytime soon!” I mean it would have been just a perfect solution if they had just left those last two words off—“of ourselves.” I was a noted taker of others’ inventories—but my own? No thanks! Besides, if I simply took everyone else’s inventory and told them where they had been wrong, they would be grateful to me—right? Shocking as it turned out to be, it didn’t work out that way.

At nine months of sobriety, I surrendered to the fact that I was dying of alcoholism sober. I was angry, unhappy and dissatisfied with sobriety. In the back of my mind was that 4th step but, with my sponsor’s help, I was able to start with step 1. What a concept! Don’t start with the 4th step, start with the 1st step. As time went by, and I proceeded through the work of the first three steps, another great truth became evident—each step prepares us for the next one.

The day I took the 3rd step, I started writing a resentment’s list, just like it is in the Big Book. Column 1, with whom am I angry; Column 2, why am I angry; Column 3, how does it effect me, (a big one); Column 4, what was my part in the events that took place. As the Big Book states, it was the first time I had ever looked at my life this way, and “Surprise, surprise, Sgt. Carter,” (Gomer Pyle reference, to the uninitiated) it not only wasn’t as difficult and painful as I thought it would be, the process of writing the 4th step resentments inventory introduced me to two principles I had lost a long time previous—discipline and consistency.



Having paid so much attention to the resentments inventory, I was absolutely flabbergasted that I had to write two more inventories—a fears list and a sex inventory. At some of these I almost balked! But the 4th step process so far had proven to be not the big deal I had anticipated. The directions and questions for the fears list and sex inventory are very clear in the text. And both of these inventories direct the inventory taker to a better way. I still can’t believe that I had made such a hard time of it.

In a subsequent inventory, (5 years later) I took a 4th inventory—harms done others, (not listed in the grudge list, the fears list or the sex inventory), outstanding financial obligations were the big revelation here. So in retrospect, I know today that I learned two valuable lessons when I wrote that first inventory that really wasn’t part of the directions: There are three steps to be taken prior to writing the 4th step inventory; and nothing is ever as bad (or as good) as it sometimes seems

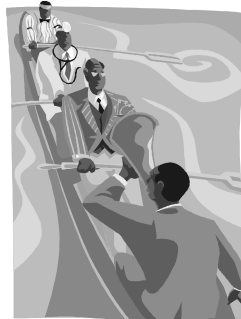
A member of A.A. in Orange County

The 12 Concepts for World Service

Concept 3 (short form)

To insure effective leadership, we should endow each element of A.A. – the Conference, the General Service Board and its service corporations, staffs, committees, and executives – with a traditional Right of Decision. P574, Alcoholics Anonymous, (fourth edition).

In detailing the composition of the General Service Conference (GSC). Concept 3 adds one delegate from each of the 93 districts in the U.S. and Canada to the specific delegates named in the short form. The long form does make it clear that those 93 delegates can bring the great love and front-line experience into play.



What Bill W. had in mind when he wrote his essay on Concept 3 rings out with elements of Tradition 2. “Our leaders are but trusted servants; they do not govern.”

Bill goes even further with that Tradition. In the last paragraph of his overview to the Concept, he writes: “Our entire A.A. program rests squarely on the principle of mutual trust. We trust God, we trust A.A., and we trust each other. Therefore we cannot do less than trust our leaders in service. The “Right of Decision” that we offer them is not only the practical means by which they may act and lead effectively, but it is also the symbol of our implicit confidence.”

Concept 3 empowers those trusted servants with the “Right of Decision.” But it also voices another view of that power. That would be the health and welfare of our Fellowship. No self-serving motives in any vote. That gives the Concept the effective leadership our Fellowship deserves.

George L., Westminster



An A.A. Doctor's Prescription

Reprinted from the July 1963 Grapevine.

AS A DOCTOR I don't claim to be an authority on alcoholism. In some phases of the illness, however, I have acquired a specialized knowledge that is not taught in medical schools or developed in actual medical practice.

During my years of "research" into the subject, I drank myself out of my profession and into mental hospitals and jails. Such is the nature of our disease that I used my knowledge of medical and psychiatric techniques to thwart and outwit my colleagues who were trying to help me. So successful were my unconscious self-deceptions and my deliberate evasions of truth that I eventually freed myself of all professional and manly obligations and became a wino on skid row, as well as a frequent occupant of the drunk tank.

Today, it is my good fortune to have been sober for more than six ^[1] years, and to have had restored to me the privilege of practicing medicine and surgery in the state of California. The fact that I am sober today is due, I firmly believe, to the grace of God and to my efforts to apply the principles of Alcoholics Anonymous® to all my problems, one day at a time.

Does this mean that I, a doctor, am negating the efforts of medicine and psychiatry in treating *my* alcoholism and that of other sufferers from this disease? Definitely not. Many of us A.A.s, cocky in our present sobriety, would be dead if it had not been for the contributions of medical science.

Like many other alcoholics, however, I could not apply these aids or utilize any insights until I became sober in A.A. Why this should be so is often as puzzling to my professional colleagues as to my fellow alcoholics to whom the phenomenon has occurred.

Over the past few years, in thinking about what happened to me, and what continues to happen as I try to apply the principles of A.A., I have worked out a concept that may be helpful in understanding the emotional and mental aspects of the illness of alcoholism.

I call it the Tree Analogy.

Before going further, I wish to make it clear that I am in accord with the medical view, held by A.A., that alcoholism is a physical allergy combined with an obsession of the mind. Don't look for a root labeled *physical allergy* on the diagram, though. We are dealing with factors that respond to what the alcoholic thinks and does, of himself. So far it is a literal fact that *no human power can remove the physical allergy*.

As indicated in the drawing, the Tree of Alcoholism has many roots, many causes, physical as well as mental. These are the feelings and emotions, many of them unrecognized consciously; and they include anxiety, self-pity, insecurity, jealousy, hostility, resentments, sex disturbances, and remorse.

The fruits of our tree are painfully well known to most alcoholics, but to list a few of the wretched crop: lost jobs, jails, broken homes, drunk driving, adultery, hot checks, and repeated sojourns in hospitals and sanitariums.

Of the two classical approaches used by doctors in the treatment of disease, one scientific and proper method is to establish and identify the basic causes of the disease, the "roots."

To draw from my own experience as an alcoholic, I went to psychiatrists for more than four years, intermittently seeking help for my drinking problem. During the course of treatment I continued to drink, even while experiencing increasing economic, social, and moral difficulties as the result of my drinking.

Many of my fellow A.A.s have gone through similar attempts through this psychiatric approach, hoping to find and eliminate the roots and thereby remove the visible symptoms of excessive drinking and the bitter fruits.

If you've ever tried to dig up a tree by the roots, I don't need to tell you it's a laborious, exasperating job. Moreover, just as no two personalities are identical, the root pattern differs from tree to tree. A long period of therapy involving almost infinitesimally detailed psychic "surgery" would be required to achieve success. Let's lay aside our shovels and picks, and look for another method of removing our Tree.

In medicine there's the second classical method of treatment: the symptomatic approach. You go to Doc Jones and tell him you've got a headache, an upset stomach, or that you're constipated. Doc gives you a shot, or some pills, or writes out a prescription, and that's the end of the therapy from Doc Jones. The great bulk of treatment in the United States, whether from a general practitioner or a specialist, is of the symptomatic type--and in many cases this is all the treatment needed. The symptoms vanish; the causes of complaint disappear so completely that the patient forgets all about them, even to the point of forgetting to pay Doc Jones.

If, every time you went to the doctor, he sat down to analyze every complaint you made, and traced it to its physiological, biochemical, or psychological roots, you'd need the fortune of Rockefeller and the time of Methuselah to complete the therapy. Possibly you weren't aware of it at the time, but on certain Twelfth Step calls you have undoubtedly employed the "symptomatic approach" in dealing with an alcoholic.

Here's an example from my own A.A. experience. A friend and I, responding to a Twelfth Step call, found a drunk passed out on the floor, surrounded by empty beer cans. In the back of the house two young children were wailing. From the looks of the empty refrigerator the kids had been without milk for two or three days. My friend and I ignored the drunk. While I cleaned up the kids, my fellow A.A. went out and bought some groceries to feed them. Those hungry, neglected children were plainly not the cause but the symptoms of that parent's alcoholism—but at the moment we treated the symptoms.

How many times, after a binge, have we gone to our doctor to complain of a queasy stomach, headache, and inability to sleep? Were we honest enough to explain, "Doc, I've been drunk for a week!"?

The doctor, on hearing our complaints, may do one or more of several possible things. He may pull out a syringe, or a prescription pad. Sometimes he may put us to bed, when we haven't eaten for days, and run glucose and vitamins into our arm. If our hands are shaky he may give us a barbiturate (goof-ball) or tranquilizer to calm us down. In all this he is treating the symptoms. But the basic root of the thing that is wrong with us is still there. Unless we do something about the basic structure of that thing, it is going to grow, as trees grow. It will get bigger, and bear more and more antisocial fruit: trouble and difficulty. Sometimes this fruit is so rotten you have to pull a little of it off the tree, or it stinks.

For years medicine tried to find the roots, but each case was different. It was a hopeless task.

Then, less than thirty years ago, along came a new therapy, a new way of treating the disease—the program of Alcoholics Anonymous, compounded by two "hopeless" drunks—one a doctor, remember? As described in the Big Book, when Bill and Dr.

Continued

Continued from page 4

Bob carried the message to A.A. Number Three, “There was much talk about the mental state preceding the first drink.” This is a program of recovery, not only from alcoholism, but from the *causes* of alcoholism, the things that made us drunks in the first place, whether physical or mental.

Early in my A.A. life I noted this significant fact: When speakers talked at a meeting there was almost always a direct parallel between the length of their sobriety and the emphasis they put on the spiritual phases of this program. Men and women who have long, sustained periods of uninterrupted sobriety are, to me, walking, living examples of the spiritual values of A.A. This is not coincidence; this is a clinical entity that must be recognized as *laboratory fact* in the treatment of this very insidious disease.

If clinical aspects indicate that spiritual values are proportional to periods of sobriety, then those wishing to remain sober will do well to apply themselves to the spiritual side of the program.

My own experiences, including my lost practice, many nights in jail, and scattered contacts with A.A., finally brought me to the realization that if I were going to stay sober, it was necessary for me to embrace the Third Step without any equivocation. I knew I must make *a decision to turn my will and my life over to the care of God as I understood Him*. It wasn’t until I embraced the Third Step that there was any fundamental change in the structure of my “tree” of drunkenness.

Self-knowledge is not enough to help keep us sober. Alcoholics do not recover by merely agreeing with the principles of A.A. To recover, alcoholics must *live* those principles. Knowledge of our illness as explained in the book *Alcoholics Anonymous* makes it necessary—in fact it directs, prompts, and guides us—to turn to God for help.

For some, the mere mention of prayer evokes a mental block, and the idea is rejected, because the word is included in a memory-package made up of stilted language, supposed hypocrisy, discipline, and guilt. However, there is no standard form of prayer that we must use. The mistakes we have made in the past, the remorse that we feel about these mistakes, and a general desire to get well will guide us in how we shall pray. The alcoholic, to achieve results, should not pray by rote; the words and the meaning of his prayer must have a direct, conscious connection with his shortcomings, his mistakes, his defects, or his positive goals.

We come before God as sick people, and we can offer no alibis. We have no defense. There *is* none. We stand before God subject to the weakness of our disease. We ask the Master Physician and Psychiatrist for an understanding of this illness, and we ask for God’s strong help in arresting it. It is only natural that we ask forgiveness for the wrongs we have committed. It is only natural that we ask God for protection from the resentments, the self-pity, the nameless fears that beset the alcoholic. From anger, intolerance, procrastination—we ask God’s protection from these things.

We ask for wisdom and understanding in order to do His will; for physical strength to stay sober; and for mental and emotional strength to keep our thinking straight.

Now to me there is nothing sensational or outstanding about an alcoholic praying to God, or to his own conception of a Higher Power. It’s a simple, sincere affair. The alcoholic has absolutely nothing to lose, because if he’s like most of us he’s lost it all anyway.

In his prayer there is the chance that the alcoholic, like some of us, will gain sobriety, gain a little sane thought and behavior, a little peace of mind, perhaps a little happiness for himself and his loved ones. There is a latent power within every human being that will and does respond to a conscious contact with God.

¹*The author has been sober more than eleven years now.

Dr. Hal S., Claremont, CA

Got a Problem? Send a Letter to “Dear Alkie Alma”



Alma answers your questions about getting sober, staying sober and carrying the message of recovery.

If you think Alma can help, please send your letters to “Dear Alkie Alma” c/o OCCO, 1526 E. Warner Ave., Santa Ana, CA 92705, or email them to lifelineeditor@yahoo.com.

Dear Alkie Alma,

The Courts have made me go to A.A. meetings for the last few weeks. I’m beginning to realize that I might have a drinking problem. I want to keep going to meetings even after I complete my requirement. Can I consider myself an A.A. member if I don’t identify as an “Alcoholic?”

Jason M., Costa Mesa

Dear Jason,

When A.A. was very young, groups developed all kinds of rules for membership. As time passed, the fellowship realized that we could not deny recovery from this devastating disease to anyone who sought help, thus, our Third Tradition was born: “The only requirement for A.A. membership is a desire to stop drinking.” The long form of the tradition goes on, “Our membership ought to include all who suffer from alcoholism. Hence we may refuse none who wish to recover...”

When I first started to go to meetings, I began to see that my unmanageable life was linked to my failure to control and enjoy my drinking. It took awhile, but, eventually, I developed a desire to stop drinking.

Finally, after many meetings, I surrendered to fact that I was powerless over alcohol. I had become an alcoholic, and I could easily identify as one. So, keep coming to meetings, Jason. If you have a desire to stop drinking, you can’t find a better place to find the help you need to quit.

Magical Meetings

“There is something magical about an A.A. meeting.” That is one of the first things I remember my sponsor telling me – long before I was able to understand what he meant.

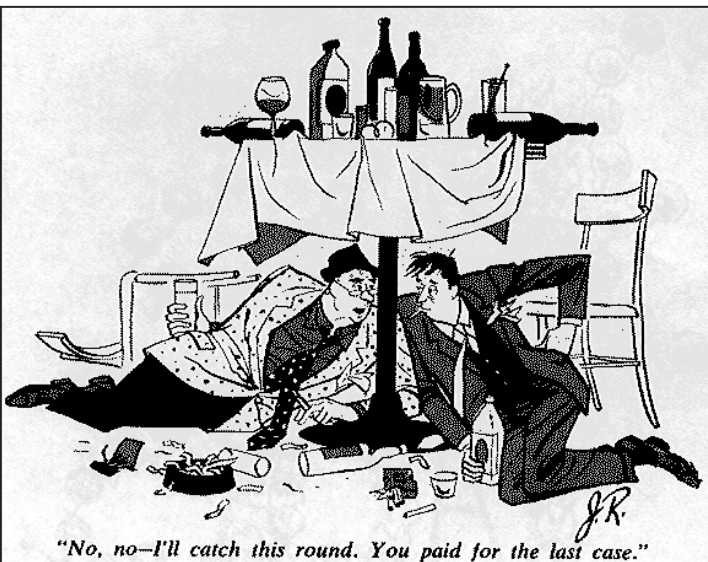
In the early months meetings were just about putting hours in chairs trying to listen to others while my head spun with the raw realities of my life – all those things I used to wash down every night with a bottle of something. Feelings of inadequacy and failure that went down so easy with a tall glass of Jack Daniels and splash of Coke were laid fresh and bare to hurt anew. I didn’t like much of what I saw in the mirror those early months.

After awhile, though, I began to connect the dots – usually while sitting in an A.A. meeting. There really were other people out there like me – chronic, pathetic, shameful alcoholics. Except these people had turned their unsightly reflections in the mirror into something better – something attractive.

I find it incredible that I can sit in a room with all my family around and feel totally alone, and on the other hand I can sit in an A.A. meeting full of strangers and feel totally at home. The common experience of the alcoholic runs deep – and I like the idea that we rally together to create improvement within our own lives.

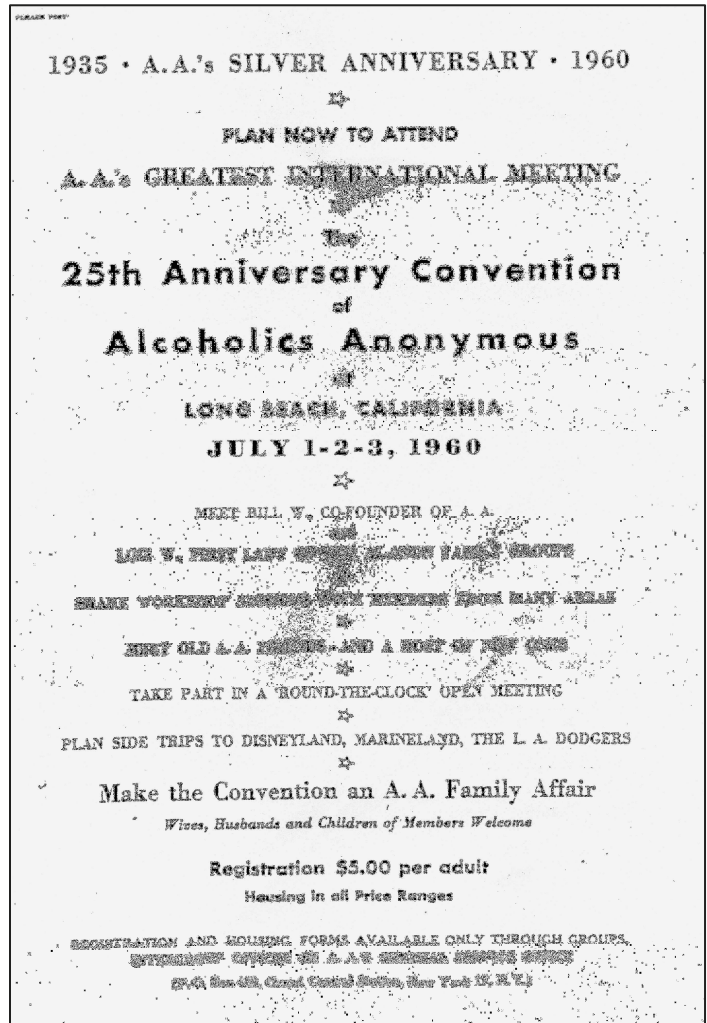
In every meeting I go to I see people face their fears, challenge their feelings of inadequacy and – inch by inch – slowly change for the better. Meetings remind me that my fears and inadequacies are not unique – they guide me through unfamiliar challenges – and they inspire me to keep at it no matter what. It might not be magic, but the results sure are magical.

Mike T., Irvine



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As we prepare for A.A.'s 75th. Convention, here is a look back 50 years at the 25th. Convention held nearby in Long Beach.



2010 INTERNATIONAL CONVENTION OF ALCOHOLICS ANONYMOUS

The 2010 International Convention of Alcoholics Anonymous will be held July 1-4 in San Antonio, Texas with the theme “A Vision for You.” A.A. members and guests from around the world will celebrate A.A.’s 75th year at this event with big meetings held Friday night, Saturday night and Sunday morning in the Alamodome. Other meetings, scheduled or informal, will take place throughout the weekend in the San Antonio Convention Center and local hotels.

Registration forms are available at our Central Office, or at www.AA.org.

We look forward to seeing you in San Antonio!

GROUP CONTRIBUTIONS TO CENTRAL OFFICE— February

	FEB	YTD					
ALISO VIEJO	^	^	We 6:30P-B. B. Topic Disc., 5001 Nwprt	\$74	\$140	Mo 7:00P-(W)'s Step Stdy, 161 Orange	\$54 \$54
ANAHEIM	^	^	We 7:30P-12 Solutions SS, Harvard		\$100	Tu 7:00P-Double Scoop Bk Stdy, W La Ve	\$70
BUENA PARK	^	^	Th 6:30P-(W)'s Gypsies, Deerfield & Turtle		\$64	We 7:30P-Alkies Only, 1800 E. LaVeta	\$70
CAPISTRANO BEACH	^	^	Fr 10:30A-Over 50 Grp, 4400 Barranca PKWY	\$40	\$40	RANCHO SANTA MARGARITA	^ ^
CORONA DEL MAR	^	^	Fr 5:30P-Topic Disc.Grp, 6650 Alton (Kaiser)	\$111	\$153	M-F 6:30A-Att & Grat, 30605 Ave D/L Flor	\$245 \$245
Th 6:00P-Happy Hour (M)'s Pacific View		\$70	Fr 7:00P Winning Tkt Bk Stdy, 1 Sunnynh		\$136	Th 7:30P-11th Stp Spt Disc, 22521 Emp	\$60 \$60
Fr 7:30P-Rebels Disc, 611 Helio		\$200	Sa 6:30A-Back Room S/S, 4400 Barranca Pkw	\$29	\$72	Sa 10:30A-(W)'s BB Stdy, VCD	\$140 \$140
Fr 8:00P-BB Stdy, 3233 Pacific View		\$140	Sa 9:15A-SS, 5101 Alton Pky	\$174	\$174	SAN CLEMENTE	^ ^
COSTA MESA	^	^	Sa 11:00A-B.B Stdy, 1 Sunnynhill - Turtle	\$118	\$118	SAN JUAN CAPISTRANO	^ ^
Dly 7:00A-Daily Reflect, 2040 Placentia	\$50	\$50	Sa 7:00P-Spkrs, 1 Sunnynhill - Turtle		\$50	Dly 6:00A-Taking a Trip, 27174 Ortega Hwy	\$300
Mo 8:00P-(M)'s, 2015 Charle Street	\$50	\$50	LAGUNA BEACH	^	^	Dly Various- San Juan Meetings, 27514 Cal	\$2,147
Tu 7:30P-(M)'s Last Gaspers, 695 W 19th		\$100	Dly 7:00A-Attitude Adj, 20456 LCR	\$150		Tu 7:00P- SJGroup Hear Here Part, 27514	\$210
We 12:00P-High Noon Step, 183 E. Bay St.		\$30	Dly 7:05A-Attitude Adj Tee Rm, 31106 PCH (C	\$402		We 6:15P-Speaker Disc Group, 27112A	\$175
We 7:30P-Day By Day Serenity, 1865 Anahe		\$40	Su 7:05A-Montage Grp, (Montage)	\$430		Th 9:30A-(W)'s Back 2 B B/S, 27122A	\$150
We 7:30P-BB Trivia (M)'s Stag, 1545 New		\$60	Su 11:45A-11th Step Disc., 20456 LCR	\$91		Th 7:00P-Joy of Sobriety, 31495 E C Real	\$40 \$40
Fi 6:30 P-TGIF Women 183 E.Bay St.	\$100	\$100	Su 6:00P-GV Stdy, 21632 Wesley Dr	\$103		Th 7:30P-(M)'s Q & A, 32202 Del Obispo	\$139 \$305
Sa 9:30A-(M)'s By The Book, 3080 Airway	\$360	\$360	Su 7:00P-TIS Spkrs, 31872 Coast Hwy	\$20	\$20	SANTA ANA	^ ^
Sa 9:30A-Sat Morn (W)'s Gr, 2040 Placen		\$99	Mo 6:30P-(W)'s Perspect, 20456 LCR	\$70	\$70	SEAL BEACH	^ ^
Sa 1:30P-What's/Point, 2040 Placentia		\$5	Mo 6:30P-(W)'s BB Stdy, Wesley	\$125		Mo-Th 7:00A-Sanctuary Group, 148 10th St	\$30 \$30
Sa 6:00P-Cover-To-Cover, 183 E. Bay St.	\$24	\$124	Mo 7:00P-Mon Night (M)'s Stag @Pat's	\$50		We 7:30P-(M)'s SS, 8th & Central	\$35 \$35
Sa 8:00P-Keep It Simple, 2850 Fairview	\$50	\$50	Mo 8:00P-(M)'s Stag, 20456 LCR	\$300		Fr 6:30P-Step Study, 183 8th St.	\$235
CYPRESS	^	^	Tu 12:30P-(W)'s Disc, 20456 LCR	\$200		SILVERADO CANYON	^ ^
We 7:00P-Cypress Women's S/S, 5100 Cerri		\$110	We/Sat 7:00A-Whale Watch (M)'s, PCH	\$592	\$592	Th 7:30P-Fireside Disc, 27641 Silverado C	\$62
DANA POINT	^	^	Th 7:05A-W's Dolphins at Day, Salt Creek Bea	\$148		SUNSET BEACH	^ ^
Dly 7:00A-Hard Core Harbor, 34451 Ens		\$4,794	Th 6:00 P-(W)'s Disc,20456 LCR	\$140	\$140	Su 1:00P-(W)'s 12 Step Study, 16865 PCH	\$90
Mo 5:30P-(W)'s Disc, Ensenada & DPH		\$245	Th 6:30P-(M)'s BYOB 12& 12 SS, 21632	\$119		Sa 7:30A-Disc, 16865 PCH	\$70
We 7:00A-(W)'s Harb Topic Disc, S Juan	\$87	\$87	Fr 12:00P-Q & A, 20456 LCR	\$140		Sa 11:00A-Discussion. 16865 PCH	\$40
Fr 12:15P-Fri Lunch (W)'s BB, 33841		\$25	Fr 7:30P-Candlelight Acceptance., 20456 LCR	\$70		TUSTIN	^ ^
Sa 7:00P-Sprk, 33926 Calle Primavera		\$154	Sa 6:55A-Keep It Simple, 20456 LCR	\$80	\$80	Dly 6:00A-Attitude Mod, 1221 Wass	\$243 \$455
FOUNTAIN VALLEY	^	^	Sa 12:30P-Into Action, 20456 LCR	\$20	\$40	M-F 12:00P-Alkies Winners, 555 W.Main	\$254 \$530
We 8:00P-Disc, 10280 Slater		\$30	LAGUNA HILLS	^	^	Su 9:02A-Podium, Spkr,Q&A, 18341 Lass	\$60 \$60
FULLERTON	^	^	Su 7:30P-Legacy Grp, 23802 Ave de la Carlott	\$320	\$320	Su 7:00P-Sober & Crazy Spkrs, 1834 Lass	\$70
GARDEN GROVE	^	^	Tu 7:00P-(M)'s Stag, 23802 A D Carlotta	\$221	\$361	Mo 6:15P-Tustin (W)'s 12X12, 1221 Wass	\$25
Tu 7:00P-Top/Key Book Stdy, 9th & Lamp		\$60	Th 12:30P-(W)'s Topic Disc, 23181 Verdugo	\$65	\$65	Tu 8:00P-Steps 1-4, 1201 Irvine	\$60
We 10:00A-Ovr 50 Sin/Purp, 9845 Belf	\$15	\$30	LAGUNA NIGUEL	^	^	We 7:00P-(W)'s Solutions, 19211 Dodge	\$75 \$75
Sa 10:30A-BB Stdy, 9845 Belfast	\$69	\$69	Mo 7:00A-Morn (M)'s Stag B2B, 30071 Ivy Gle	\$200		VILLA PARK	^ ^
HUNTINGTON BEACH	^	^	Tu 7:00A-Tues Morning (M's) BB/SS, 30121 Ni	\$54		Dly 7:30A-24 Hour Book Grp, 17855 Santia	\$201
Dly 6:00A-Early Birds, 19092 Beach Blvd	\$28	\$28	We 6:00P-Book Stdy, 30121 Niguel Rd.	\$228		WESTMINSTER	^ ^
Dly 7:00A-Hggrs/Bill Sees It, 8200 Ellis		\$500	Fr 7:00A-Back to Basics Men's, 30120 Town C	\$175	\$175	WHITTIER	^ ^
Dly 8:00A-Hggrs II, H.B Lifegrd Tower 11	\$420	\$720	Sa 6:00P-Candlelight Disc, 30121Niguel	\$30		UNLISTED GROUPS	^ ^
Mo 12:00P-(W)'s Bill Sees It, 18631 Chap		\$70	LAGUNA WOODS	^	^	New Life @ G.L.'s	\$25 \$50
Mo 5:00P-Men's Book Study, 19092 Beach B		\$70	Dly 7:30A-Do It Sober, 24442 Moulton	\$1,310	\$1,310	Su 10:30A-Serenity Hill Group	\$20 \$20
Mo 6:00P-Sprk/Q&A/Part, 6622 Lakeview		\$90	Tu 7:30A-12 Step Meeting, 24442 Moulton	\$25	\$25	Mo 4:00P-Let Go & Let God, Costa Mesa	\$20 \$20
Mo 6:30P-Both Books, 16871 BolsaChic	\$60	\$60	Fr 10:00A-Top/Hill Gang, 24252 El Toro		\$70	Tu 7:00P-Tu Night Roving Surfer's Stag	\$50 \$50
Mo 7:30P-(M)'s BB & 12&12, 1912 Florida	\$75	\$75	LA HABRA	^	^	Fr 5:30P- B/B Study, Irvine UL	\$86 \$86
Tu 1:00P-Harmony (W)'s, Edinger/Denney's		\$80	LAKE FOREST	^	^	Fr 8:00P-Family Afterward (UL) Sunset B	\$135
Tu 7:30P-(W)'s Serenity BB, 20444 Magn		\$60	LA MIRADA	^	^	Sa 8:00A-Men's Stag, CM	\$165 \$165
Tu 8:00P-Talbert Tuesday, 7641 Talbert	\$31	\$31	LAS FLORES	^	^	WANDERING GROUPS	^ ^
We 1:00P-(W)'s 12&12 Stdy, 9812 Hamilton		\$53	LOS ALAMITOS	^	^	Tu 6:00P-Wandering Step Sisters	\$140
We 2:00P-Seniors & Friends 1718 Orng	\$36	\$36	MISSION VIEJO	^	^	We (W)'s Wandering-South County UL	\$30 \$77
Th 7:30A-Attitude Mod, 19092 Beach Blvd		\$60	Daily Saddleback Valley Grp, 23166 Los Aliso	\$90	\$170	MISC. DONATIONS	^ ^
Th 6:30P-BB Stdy, 6622 Lakeview	\$100	\$200	Mo&Th 7:30P-12 Step, BB Stdy, Jeronimo & M	\$300	\$400	Intergroup Meeting	\$93 \$186
Fr 10:00A-Step Sisters, 18631 Chapel Ln.		\$70	Mo 7:00P- (W)'s SS, 26051 Marg.	\$180	\$180	Laguna Beach 4th Step Workshop	\$155
Fr 7:30P-BB Stdy, 7641 Talbert		\$70	Tu 7:30P-Design for Living BB, 26558 Marg	\$40	\$40	AOCYPAA	\$838
Sa 7:30A-Attitude Mod, 19092 Beach Blvd		\$120	We 9:30A-(W)'s, 26051 Marguerite Pky	\$100		PERSONAL DONATIONS	^ ^
Sa 9:30A-W BB Stdy, 19092 Beach Blvd	\$68	\$68	NEWPORT BEACH	^	^	Anonymous	\$100 \$200
Sa 9:30A-Charle St. Overflow, 9812 Hamilton	\$20	\$20	M-F 12:15P-Shark@Aquatic, 1Whitecliffs	\$200	\$450	David S., Fountain Valley	\$200
Sa 10:00A-(W)'s BBStdy, 18631 Chapel	\$162	\$162	Su 7:30P-Spkrs, 414 E. 32nd St	\$91	\$255	Garry N., Santa Ana	\$500
Sa 7:00P-Sat Nite Live BB, 18631 Chapel		\$80	Mo 7:00P-Language of the Heart (W's) 2414 Vi	\$69	\$69	June L., Irvine	\$75
IRVINE	^	^	Mo 7:00P-Over 40 Disc, 1099 Bayside Dr.		\$75	Kirk B., Costa Mesa	\$60
Dly 6:30A-Sunrise Sobriety, 4400 Barr		\$479	Tu 7:00P-NB/CDM (M)'s, 414 32nd St.		\$100	Mike K., Trabuco Canyon	\$150
M-F 12:00P-Alton Noon Grp, 5101 Alton	\$100	\$100	We 6:30P-Wed Nite W's 12+12, 883 W. 15th		\$40	Paul C. Costa Mesa	\$92 \$92
M-Thur 5:30P-On The Way Home, 17321 Mur		\$100	We 7:00P-Steps&Trads, 2200 San Joaquin Hills	\$60	\$60	Wanda R., Huntington Beach	\$20 \$20
Su 10:00A-Donut Mtg, 6670 Alton Pky	\$125	\$225	We 7:30P-BB Stdy, 600 St. Andrew	\$30	\$30	IN LOVING MEMORY	^ ^
Mo 6:30P-Easy Does It, 4949 Alton	\$59	\$59	We 8:00P-Recovery Radicals, 301Nwprt	\$100	\$100	Memorial to Hardy B.	\$350 \$350
Mo 7:30P-(W)'s Disc., 15 Orange Tree	\$48	\$48	Th 9:00A-(W)'s BB Stdy, 414 32nd St.	\$50	\$100		
Tu 12:00P-(W)'s BB Stdy, 5101 Alton Pky		\$137	Sa 11:00A-Participation, 414 E. 32nd	\$60	\$60		
Tu 6:00P-Courage To Change, 18182 Culver		\$140	ORANGE	^	^		
Tu 7:00P-(M)'s K.I.S. 12X12, 14301 Yale	\$280	\$280	Dly 7:00A-Early Birds, 812 Town&Cntry		\$220		
			Su 11:00A-Sun Pumpers, 705 W LaVeta		\$140		

Continued on page 8

**MEETING CHANGES SINCE
JANUARY 8,2010**

**SUNDAY
FULLERTON**

6:00 PM (Y) HOW IT WORKS 530 W. Commonwealth bwtN S. Euclid & S. Harbor Blvd Meeting Name Change

**MONDAY
ANAHEIM**

5:00 PM SERENITY LIFE DISCUSSION 2024 W. Lincoln Ave Suite 6 New Meeting

COSTA MESA

6:00 PM (C) MONDAY NIGHT MEN'S BOOK STUDY 2015 Charle Street (Recovery House) New Meeting

7:00 PM MEN'S SOBER FLOW BEGINNERS 420 W 19th St Name Change

GARDEN GROVE

7:00 PM PRIMARY PURPOSE BOOKSTUDY 10282 W. Chapman Ave. New Meeting

IRVINE

5:00 PM (C) WOMEN'S BLUE BOOK STUDY 5001 Newport Coast Dr (Mariners Chuch-crying room, child care) New Meeting

NEWPORT BEACH

7:45 PM WOMEN'S BEGINNERS DISCUSSION 301 Newport Blvd.@ PCH (Hospital Chem. Dep. Unit) Time Change

8:00 PM MEN'S DISCUSSION 301 Newport Blvd.@ PCH (Hospital Chem. Dep. Unit) Deleted then added back

**TUESDAY
ANAHEIM**

6:30 PM (C) WOMEN'S 6TH & 7TH STEP STUDY 701 W. Broadway (Broadway Christian Cnt rm# 5 & 6) New Rm #s

8:00 PM TUESDAY NIGHT SURVIVORS 2580 W. Orange (St. Paul's Church) New Meeting

ANAHEIM HILLS

7:30 PM 12 & 12 STEP STUDY 411 Lakeview Ave. @ 91 Fwy (Kaiser Hospital) Taken out by mistake

SAN CLEMENTE

1:00 PM WOMEN'S SOBER TODAY AA 2001 Calle Frontera @ Avenida Pico New Meeting

**WEDNESDAY
ANAHEIM**

7:00 PM PARADISE GROUP 2321 E. Romneya @ Paradise New Meeting

NEWPORT BEACH

8:00 PM DISCUSSION RECOVERY RADICALS 301 Newport Blvd.@ PCH (Hospital Chem. Dep. Unit) Deleted then added back

**THURSDAY
ANAHEIM**

7:30 PM (C) WE GOT A COFFEE POT MEN'S STAG 5340 E. La Palma Ave. (Vineyard Christian Fellowship) New Meeting

COSTA MESA

7:00 PM THE 12 STEPS OF FREEDOM

1865 Anaheim Ave. (Garage) New Meeting

FULLERTON

8:00 PM AA TOPIC DISCUSSION 530 W. Commonwealth bwtN S. Euclid & S. Harbor Blvd New Meeting

NEWPORT BEACH

6:45 AM 6:45 AM DAILY ATTITUDE ADJUSTMENT 1099 Bayside Dr. @ Jamboree (Newport Yacht Club) New Meeting

SAN JUAN CAPISTRANO

7:00 AM (C) DESIGN FOR LIVING WOMEN'S STEP STUDY 27122A Paseo Espada (Comm Ctr) New Meeting

FRIDAY

COSTA MESA

6:30 PM TGIF WOMEN 184 E. Bay St. (Yellow House) Address Change

GARDEN GROVE

12:00 PM FRIDAY HIGH NOON 7212 Chapman Ave @ Knott Ave (Serenity Hall) Name Change

SATURDAY

FULLERTON

11:30 AM MORNING MISFITS PARTICIPATION 530 W. Commonwealth bwtN S. Euclid & S. Harbor New Name Blvd

HUNTINGTON BEACH

11:00 AM (I) DEAF DRUNKS 19092 Beach Blvd suite 'G' @ Garfield (behind New Meeting Honeybake Ham)

ORANGE

7:00 PM NOT A GLUM LOT 705 W. LaVeta Ste. 208 (Batavia Woods Medical Bldg) Changed to open meeting

**MEETING DELETIONS SINCE
January 8, 2010**

MONDAY

PLACENTIA

7:30 PM MEN'S BIG BOOK GROUP 849 N. Bradford

WEDNESDAY

HUNTINGTON BEACH

7:00 PM BOHEMIAN BEACH PCH @ Huntington St.(Lifeguard Tower 11)

LAGUNA HILLS

7:00 PM MILL CREEK MEN'S BEGINNERS 22911 Mill Creek

FRIDAY

NEWPORT BEACH

7:00 PM MEN'S BALBOA BLUE HOUSE 1216 W. Balboa

SATURDAY

HUNTINGTON BEACH

7:00 PM BOHEMIAN BEACH PCH @ Huntington St.(Lifeguard Tower 11)



*To Carry the Message
of Alcoholics
Anonymous
to the Alcoholic who is
confined in a Hospital
or Institution*

Orange County H & I

On the 2nd Sunday of the month
Garden Grove Alano Club, 714-534-2244
9845 Belfast Drive, Garden Grove, CA
For additional info call (714) 979-8524
Or Central Office: (714) 556-4555

South Orange County H & I

3rd Wednesday of the month , 7:30 pm
Laguna Canyon Club, 949-497-1823
20456 Laguna Canyon Rd., Laguna Beach



Group donations continued from page 8

GROUP INFORMATION REQUESTED	^	^
Receipt #2669 Thursday-Coffee Pot Men's		\$19
Receipt #2693 Group#133626?		\$100
Receipt #2699 Sat AM Seal Beach		\$33
Receipt #2767 MV?	\$245	\$245
Receipt #2785 Group#439771?		\$40
TOTALS		\$10,152 \$31,302

God grant me the laughter
to help me see the past
with perspective,
face the future with hope,
and celebrate today,
without taking myself too
seriously.

Hospitals & Institutions Report

<u>Name</u>	<u>Group #</u>	<u>Feb-10</u>
<u>LITERATURE DONATIONS:</u>		
Tustin 6 AM Attitude Modification MT	130429	304.64
Irvine Sunday 10 AM Donut Meeting		215.79
Irvine Saturday Step Study 9:15 AM, St. John Neuman's Church	161036	150.32
Sunday 10 AM Women's Big Book		118.56
9:02 Sun Tustin Podium Participation Speakers	131258	118.00
Irvine Big Book Topic Disc Wed 6:30 PM Mariners		117.78
Costa Mesa Big Book Trivia Men's Stag Wed 7:30 PM		100.00
Monday Night Newcomers Topic Disc St' Joe's Orange		92.55
Women's Discussion St, George's, Laguna Hills		74.82
Women's Monday noon Huntington Beach St Wilfred's		68.21
Irvine Gypsy Woman'sBB Group		62.50
Alligator Meeting Men Q & A Thurs 7:30 PM SJC		57.00
Kay T.		50.00
Michael M.		50.00
Thurs. Night 7:30 PM BB Study Corona del Mar Heliotrope		50.00
Alkie's Winners Circle Meeting, Tustin, noon Friday	652296	42.41
Kaiser Friday 5:30 Irvine	668529	37.66
Huggers II (Lifeguard tower 11 HB)	175970	35.00
Woman's Monday Night 7:30 Orange Meeting	168836	27.00
Irvine Friday Night Topic Group	668529	23.28
Anonymous/book sales		21.38
Joey P. ('10) Marie D. ('09)	686410	20.00
Over 50 Wed 10 AM Garden Grove Singleness of Purpose	165461	15.00
Saturday Nite Lite 6 PM Fullerton	647294	10.00
	Feb-10	<u>1,861.90</u>

The English language is very rich and continues to live with new words and expressions coming in all the time. One area that has been rich for a long time is that related to alcoholism and drinking. The tendency is to avoid the use of the words drunk and alcoholic, but like denial, side step it with a euphemism. This is an interesting example of group psychology expressed through our great language.

Ben Franklin noticed this and wrote the following in his newspaper over 200 years ago. He created a long list of phrases used to describe a drunk, but I have shortened it. Some of the words are still in use for the purpose of calling a drunk anything but drunk. I am sure that we all could add to the list!

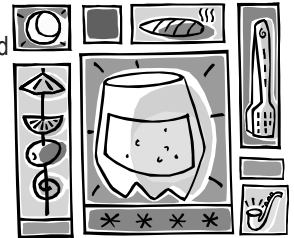
From one of our founding fathers, Ben Franklin!

“The Drinker's Dictionary”

Nothing more like a Fool than a drunken Man.
Poor Richard.

‘Tis an old Remark, that Vice always endeavours to assume the Appearance of Virtue: Thus Covetousness calls itself *Prudence*; Prodigality would be thought *Generosity*; and so of others. This perhaps arises hence, that Mankind naturally and universally approve Virtue in their Hearts, and detest Vice; and therefore, whenever thro’ Temptation they fall into a Practice of the latter, they would if possible conceal it from themselves as well as others, under some other Name than that which properly belongs to it.

But DRUNKENNESS is a very unfortunate Vice in this respect. It bears no kind of Similitude with any sort of Virtue, from which it might possibly borrow a Name; and is therefore reduc’d to the wretched Necessity of being express’d by distant round-about Phrases, and of perpetually varying those Phrases, as often as they come to be well understood to signify plainly that A MAN IS DRUNK.



Tho’ every one may possibly recollect a Dozen at least of the Expressions us’d on this Occasion, yet I think no one who has not much frequented Taverns would imagine the number of them so great as it really is. It may therefore surprize as well as divert the sober Reader, to have the Sight of a new Piece, lately communicated to me, entitled

The DRINKERS DICTIONARY.

He is Addled, He’s casting up his Accounts, He’s Afflicted, He’s in his Airs. He’s Buggy, Bewitch’d, Boozy, Drunk as a Wheel-Barrow, He’s Bungey, As Drunk as a Beggar, Wamble Crop’d, Crack’d, non Compos, He’s seen the Devil, In his Element, His Flag is out, Fuzl’d, Glaiz’d, As Dizzy as a Goose, Knows not the way Home, Haunted with Evil Spirits, Jolly, Juicy. He’s in Liquor, He sees two Moons, Muddled, Mellow, Got the Night Mare, He’s Oil’d, As good conditioned as a puppy, He’s Quarrelsome, Lost his Rudder, Like a Rat in Trouble. In the Sudds, Been in the Sun, He’s Stiff, Staggerish, Stew’d out, Has Sold his Senses. Topsy Turvey, Tipsey, He’s Wet.

The Phrases in this Dictionary are not (like most of our Terms of Art) borrow’d from Foreign Languages, neither are they collected from the Writings of the Learned in our own, but gather’d wholly from the modern Tavern-Conversation of Tiplers. I do not doubt but that there are many more in use; and I was even tempted to add a new one my self under the Letter B, to wit, *Brutify’d*: But upon Consideration, I fear’d being guilty of Injustice to the Brute Creation, if I represented Drunkenness as a beastly Vice, since, ‘tis well-known, that the Brutes are in general a very sober sort of People.

The Pennsylvania Gazette, January 13, 1736

*If you want to drink,
that's your business....
Want to stop?
Call Us. (714) 556-4555.
Any day, any time.*

EVENTS

25th Annual OCAA Convention

April 2-4, 2010
 Hilton Hotel
 Costa Mesa, CA
 www.oaac.org

22nd Indian Wells Valley

AA Round Up

April 16-18, 2010
 Mesquite Hall, Desert Empire Fairgrounds
 Ridgecrest, CA
 www.orgsites.com/ca/iwvroundup
 Email: iwvroundup@gmail.com

Tri-State 26th Annual Round-Up

May 13-16, 2010
 Riverside Resort Hotel & Casino
 Laughlin, NV
 www.TriState-Roundup.com

2010 International Convention of A.A.

July 1-4, 2010
 San Antonio Convention Center
 San Antonio, TX



SPEAKER MEETINGS

Fullerton

7:30 pm, Friday
 Friday Night Speakers
 109 E. Wilshire Avenue (Church)

Garden Grove

12:00 pm, Sunday
 Speaker Meeting
 Garden Grove Alano Club
 9845 Belfast Drive
 4/04 Nora M., Huntington Beach
 4/11 Ken L., Orange County
 4/18 Carlo, Garden Grove
 4/25 Nikki N., Orange County

Laguna Niguel

8:00 pm, Sunday
 Crown Valley Speaker Meeting
 Crown Valley Community Center
 29751 Crown Valley Parkway, Main Room
 Contact: Scotty G.
 4/04 Jeff S., Los Angeles
 4/11 Patty L., Laguna Niguel
 4/18 David M., Fresno
 4/25 Hubert S., Newport Beach

Tustin

7:00 pm, Sunday
 Sober & Crazy Sunday Night Speakers
 18341 Lassen Dr.
 (corner of Fairhaven & Esplanade)
 Contact: Audrey A.
 4/04 Cate C., Fullerton
 4/11 Steve S., Garden Grove

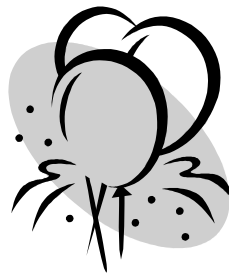
4/18 Esther B., Santa Ana
 4/25 Jeffrey P., Harbor City

8:00 pm, Saturday
 Saturday Night Visiting Speaker
 St. Paul's Church, 1221 W.ass St.
 Contact: Brian M.

4/03 Gregg H., Lake Forest
 4/10 Jackie Y., Tustin
 4/17 Peter, Chicago
 4/24 Dixie, Orange
 5/01 Adam B, Irvine
 5/08 Annette R., Tustin
 5/15 Biker Pat, San Diego
 5/22 Jonelle A., Mission Viejo
 5/29 Mark B., Dana Point
 6/05 Beau
 6/12 Brian S., Irvine
 6/19 Dixie, Newport
 6/26 Glenn H., Tustin

Please submit
EVENTS
 and
SPEAKER MEETINGS by the
 15th to:
 lifelineeditor@yahoo.com

Help keep the doors of A.A. open so that new members may receive the same help so many of us have already received. Make a donation of any amount for an A.A. Birthday—yours or someone else's—and we will help celebrate by publishing their name and years of sobriety in the *Lifeline*.



Please send May Birthday
 donations by April 10th to:
 Orange County Central Office
 1526 E. Warner, Suite 75
 Santa Ana, California 92705

Francie	Dana Point	3 years
Jamal	Dana Point	6 years
Paul B.	Dana Point	9 years
Larry E.	Santa Ana	13 years
Carol A.	Long Beach	13 years
Miles T	Dana Point	15 years
Timothy K.	Lake Forest	15 years
Paul B.	Rancho Santa Margarita	16 years
Christie M.	San Juan Capistrano	20 years
Max R.	Capo Beach	21 years
Steve L.	Dana Point	21 years
Jill L.	Fountain Valley	21 years
Dotty B.	Laguna Niguel	27 years
Russ M.	Ashland, OR	30 years
Kathleen W.	Redlands	30 years
Barbara B.	Laguna Woods	31 years
Tom H.	Tustin	30 years
Cheri C.	Rancho Santa Margarita	34 years
Bill W.	Laguna Niguel	36 years
Vaun I.	Tustin	39 years

CALL FORWARDING

**“Alcoholics Anonymous,
how may we help you?”**



CALL FORWARDING:

The call forwarding program instituted by Orange County Central Office insures that our help line phones are answered by volunteers 24/7. During hours when the Central Office is closed, calls to the Central Office are forwarded to a call forwarding volunteer's home or cell phone, where the volunteer answers the calls just as if he or she were sitting in the Central Office. This service allows the Central Office to realize a significant cost saving because we do not need to contract with a phone answering service. Even more vital, when a call is placed to Alcoholics Anonymous in Orange County, the caller will be talking to an Alcoholics Anonymous member not a phone service! This truly is “front-line” 12th Step work and we would appreciate any time you can give.

SHIFTS:

Monday thru Friday shifts are 6am to 9am, 6pm to 9pm and 9pm to 6am. Saturday shifts start with the 6am to 9am. The Central Office opens and covers from 9am to 1pm on Saturdays. The phones are than forwarded to volunteers to cover the phones from 1pm to 4pm, 4pm to 7pm, 7pm to 10pm and 10pm to 6am. On Sundays and Holidays shifts begin at 6am with the 6am to 10am, and continue with 10am to 2pm, 2pm to 6pm, 6pm to 10pm and 10pm to 6am.

VOLUNTEERING:

In order to volunteer for this service it is suggested that you have two years of sobriety. You must than arrange with the Central Office Manager in Santa Ana or the Satellite Office Manager in Mission Viejo for a brief orientation session which will be held at one of the offices. Shifts are available please call the Central Office at (714) 556-4555 or the Satellite Office at (949) 582-2697.



Web Stats

The first on-line issue of the Lifeline was posted to our web site in July of 2006. However, when our site hosting company changed servers in June, 2007, some usage statistics before then were lost. Since January, 2007, the Lifeline home page has been viewed 14,058 times. Individual issue files have been viewed 25,854 times.



In February, there were 17,21 "visits" to www.oc-aa.org. From April, 2009, through Feb. , 2010, visits averaged 16,713 per month.

ORANGE COUNTY INTERGROUP ASSOCIATION OF A.A. Statement of Income and Expenses for Period Ending 02/28/2010 Unaudited

	FEB	YTD
INCOME		
Group Donations	9,493.27	29,523.08
Individual/Fellowship	211.75	1,236.75
Literature Sales	11,107.40	19,780.25
In Memoriam	350.00	350.00
Birthday Donations	466.65	516.65
Intergroup Donations	93.00	186.01
Interest Earned	0.00	24.44
TOTAL INCOME:	21,722.07	51,617.18
EXPENSES		
Accounting	980.00	980.00
Auto Expense (all Mgrs.)	56.55	104.25
Cash/Invoices OverShort	12.17	11.33
Donated Literature	1,423.50	1,423.50
Insurances	-472.19	672.02
Intergroup Expense	220.68	381.18
Lease Expense	329.83	659.66
Sales Tax on Lease	28.86	57.72
Maintenance & Repairs	13.05	160.70
Volunteers Coffee + Water	28.95	159.29
Offices' Supplies + Expenses	407.50	611.31
Postage	61.60	63.33
Rent Main/Satellite Offices	2,840.23	5,680.46
Salaries	7,681.98	15,397.48
Reimb. Health Insurance	18.91	37.82
Payroll Tax Expense	842.00	1,709.61
Telephone Expense	670.97	1,358.76
LIFELINE Expense	1,178.50	2,357.00
Cost of Literature Sold	9,917.32	17,730.70
Special Events Expense	237.00	196.38
TOTAL EXPENSES:	26,477.41	49,752.50
INCOME/(LOSS):	-4,755.34	1,864.68

CENTRAL OFFICE ACTIVITY-February

Total Calls Handled by Both Offices: 1635

Main and Satellite Office Volunteers

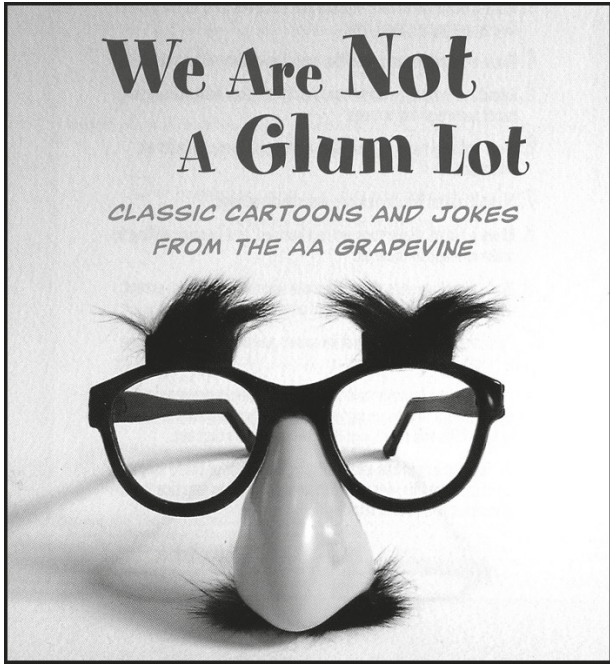
12 Step Calls	13
Meeting Information	548
General Information	334
Walk-in Customers	289

Night Owl Volunteers

12 Step calls	9
Meeting Information	454
General Information	277

We Are Not A Glum Lot

CLASSIC CARTOONS AND JOKES
FROM THE AA GRAPEVINE



A tosspot arrived in an Indiana town one morning by freight train suffering from a hangover, and broke.

Noticing two saloons directly across the street from one another, he searched until he found a gallon jug, which he half filled with water. He then walked into one of the gin mills and said to the bartender, "I wanted a gallon of alcohol [it was legal at that time to buy it over the bar] but the saloon across the street just had these two quarts and I was told to come here for the rest."

After the bartender had obligingly topped the jug with alcohol, the customer said, "I'm getting a job any day now and I'll pay you for this later," but the bartender grabbed the crock and said, "No sir, you don't get away with that." At which the man sorrowfully muttered, "Well, then, I guess you'll have to take back your half gallon."

Unsuspectingly, the bartender retrieved two quarts of the diluted alcohol and the man walked out with his jug half filled with a potent mixture of alcohol and water.

A Recovery Acrostic

Just like all the others you've seen: words can be up, down, across or diagonal. Enjoy a few minutes of free sobriety.

A	L	C	O	H	O	L	A	E	Y	E	D	T	K	A	R	B	S	N	
N	B	G	P	N	G	C	K	Q	O	Y	M	O	L	G	R	E	H	E	Akron
O	T	M	C	C	A	M	E	N	D	S	S	O	R	E	M	Q	O	X	Service
N	F	E	A	R	C	J	S	S	A	N	I	T	Y	Z	N	B	R	A	Grace
Y	O	D	R	B	I	D	I	J	P	I	R	A	K	R	O	N	T	O	Alcohol
M	T	I	O	N	H	J	B	X	H	A	R	L	E	B	O	O	C	Z	Higher Power
I	Q	T	S	O	C	N	A	C	H	P	D	H	R	I	J	O	O	B	Shortcomings
T	D	A	N	T	M	E	S	S	A	G	E	D	A	L	I	L	M	M	Amends
Y	U	T	O	Q	E	W	I	E	M	N	A	N	A	T	C	A	I	G	Inventory
C	P	I	P	Z	C	Y	V	C	B	I	L	L	W	R	K	U	N	H	Sober
S	I	O	S	H	B	O	Z	I	T	I	F	E	A	A	L	T	G	I	Anonymity
O	P	N	O	P	E	R	Y	V	S	N	L	G	K	D	U	I	S	G	Meditation
B	I	G	B	O	O	K	E	R	S	V	U	Z	E	I	Y	R	R	H	Spiritual Awakening
E	W	X	A	W	X	C	E	S	E	E	K	U	N	T	H	I	H	E	Message
R	T	D	D	E	A	V	R	S	E	N	P	A	I	I	D	P	Z	R	Sponsor
E	C	A	I	R	Y	S	T	R	Q	T	W	N	N	O	Z	S	A	P	Big Book
F	Y	C	G	L	M	E	N	Y	H	O	U	Q	G	N	O	T	T	O	New York
C	O	N	C	E	P	T	S	L	M	R	U	L	C	S	W	C	S	W	Traditions
G	N	W	O	S	B	F	S	T	A	Y	B	R	E	L	A	P	S	E	Bill W
U	G	L	U	S	V	V	K	J	A	X	Y	R	E	V	O	C	E	R	Powerless

Reprinted, with thanks, from the Ventura County Tradition