

# Lifeline



SANTA ANA, CALIFORNIA

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Orange  
County  
Intergroup  
Association



*From the August, 1982, Lifeline*

...or a fifth step guide(?)

Forty years as a practicing alcoholic has qualified me to offer the following workshops.

Please check those of greatest interest to you. Or, if there are other subjects you yourself feel qualified to instruct, please advise, as we could possibly expand the curriculum.

SELF-IMPROVEMENT WORKSHOPS

- Creative Suffering
- Overcoming Peace of Mind
- Making the Most of Your Resentments
- Holding Your Families Attention Through Fear
- Dealing With Post-Self Realization Depressions
- Creative Whining
- Hypochondria as a Guide to Serenity
- Sex and the Blackout
- Manipulating Your Higher Power
- Your Ego and De-Tox Centers
- Fun and Profits From Controlling People
- Periodic Drinking and the Alanon in Your Life

BUSINESS/CAREER WORKSHOPS

- Tax Shelters for the Unemployed
- Procrastination as a Means of Early Retirement
- How I Made \$50 in Real Estate
- Converting Child Support Into Drinking Dollars
- Creative Financing of Your Habit
- Under-Achievers Guide to Small Businesses
- Multi-Marriages as a Tax Shelter
- Creative Property Settlements When Bankrupt

HOME ECONOMICS WORKSHOPS

- 101 Places to Hide a Bottle
- How to Convert Your Family Room into a Garage
- Homemaking and the Motel Room
- Household Hints for Repairing Violence
- Marriage Counselors and Blame Transference
- Spouses I Have Known and How to Avoid Them

HEALTH AND FITNESS WORKSHOPS

- Suicide and Your Health

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## Step Eight

*Step Eight: Made a list of all persons we had harmed and became willing to make amends to them all.*

### Twelve Steps and the Older Member

"Extraordinary things," a wise friend once told me, "are accomplished by ordinary means." I've said that my views are based on seven years of day-by-day sobriety; now I must begin to say eight.

I'm a little bit awed. For an alcoholic, a year of sobriety is an extraordinary thing. Yet it was certainly accomplished by an ordinary person using the most ordinary of means--regular attendance at meetings, daily reference to the Twelve Steps, pitching in on odd jobs. Sometimes it seems to me that all of AA is like that: an organization doing an extraordinary job in the world by means that are not especially out of the ordinary. Astonishing things happen so quietly.

Now I come to the Eighth Step in my review, and I'm looking it over at the beginning of my eighth year. I regard this as a year of special hazard. . . of five men who were particularly close to me in the beginning, two stopped coming to meetings and had slips in their eighth year. I'll have to be careful this year. I'll have to take thought of what the Twelve Steps mean to an older member as well as to the newcomer, particularly Step Eight--the one that has to do with becoming willing to make amends.

The format for this review is to discuss what the Step meant when I first came in and what it means now, and I remember just how I felt about Number Eight at the start. I didn't like it. Most of the time I didn't want to think about the persons I had harmed and was quite unwilling to make amends to them. Rather I inclined to brood darkly over those who had wounded me. Even on occasions when I was ready to admit that restitution was in order, I didn't have the remotest notion of how to go about it.

"Take this thing cafeteria style," I was advised. "Select what you want and can digest, and leave the rest till later." Part of the "rest" I elected to leave "till later" was the Eighth Step.

Looking back, I have tried to find the reason why I so stoutly resisted the notion that my drinking might have hurt somebody, and that I ought to try to make it up to them. I think I have found the reason. It's this:

Whether we like it or not, we are fundamentally moral creatures. Even the most depraved of us offer moral justifications of what we do. The moral justification I gave for my drinking was that I wasn't hurting anybody but myself, therefore it was nobody's business. I kept thumping this theme whenever I was criticized, drumming it into the opposition year after year. Finally I drummed it into my own head so firmly I couldn't readily shake it: I almost *believed*, sometimes, that I was hurting only myself. An idea so firmly entrenched is not easily shaken, and this one held on a long time after I'd achieved physical sobriety.

I suppose if a person were unmarried and living alone he could work up a fairly logical-sounding argument along this line. But I was not a bachelor nor did I live alone, and anyway the argument is seen to be full of holes when looked at soberly.

Old John Donne had a point when he made it clear so long ago that "no man is an island." Take the loneliest homeless drunk we can think of, and let's see whether he harms people. He harms the room clerk, the bellhop and the chambermaid of the hotel where he's holed up with a sense that their services are wasted, the cop and judge who finally lock him up and the doctor who treats him, with the frustration of such work. He harms the people he passes on the street by angering some, scaring



Continued on page 4

## My Favorite Meeting

*Editor's note: We continue our feature in the Lifeline called "My Favorite Meeting". Become part of the publication by submitting 400 words or so telling us about yours. Send to lifelineeditor@yahoo.com.*

### Friends Wanted.

Around 60 days in AA, I was still feeling alone and apart from. I had a wonderful sponsor and I went to meetings regularly, but I longed for the closeness I witnessed among many in our fellowship. I wanted a close circle of friends -- or even just one close sobriety friend. I remember sharing this desire with my sponsor, she assured me that it would happen "in time".

I met Robyn at a work function, she invited me to her home group, the Monday Night Women's Discussion in Irvine. I met her there the following Monday. I can not say I was immediately comfortable in this meeting, but I can say that I was immediately attracted to these women. They had what I wanted.

They were beautiful, intelligent, professional, wives and mothers... complete women. They had so much sobriety and life. And they had "it" -- that bond of friendship, the easy laughter and comfort. I so wanted that.

I had no license at the time and after a few meetings I started asking around for someone that could give me a ride to the meeting. Terri was one of two ladies who volunteered to help, and when she picked me up she took me to join in the fellowship of dinner before the meeting. I felt like an outsider at first, but slowly the names and faces began to come together, as did the stories and the laughter. When I got my license back a month or so later, I continued joining the women for dinner. After a while the meeting just did not feel complete without the fellowship before the meeting.



I met my friend Rachael at dinner, and we developed a bond that got us both through some difficult spots in our lives. I also met Linda, Jeanne, Ann, and so many more. I count these women along with Robyn and Terri as some of the most important relationships in my life today. I can not imagine a Monday without them.

The women from this meeting have saved my life and sanity over and over again. They make me laugh (often at myself) and encourage me; they are my markers of growth and my moral compass. I have friends today.

Stacey S.  
Mission Viejo

## CHAPTER 7

### Working with Others

Number 8 of 12 articles on the Big Book®



This chapter being an introduction to the 12<sup>th</sup> step – *“Having had a spiritual awakening as the result of these steps, we tried to carry this message to alcoholics, and to practice these principles in all our affairs”* – this article will address *“...we tried to carry this message to alcoholics...”*

Right from the start, the chapter gives us the “why” – *“Practical experience shows that nothing will so much insure immunity from drinking as intensive work with other alcoholics”*. If I haven’t entirely forgotten the fundamental revelations of the 1<sup>st</sup> step - that I’m powerless over alcohol and my life is unmanageable – there need be no further discussion of the why.

Oh, and this passage also describes the level of work required – *intensive!* Intensive – Dictionary.com defines intense, (definition #5 in the list) as “strenuous or earnest, as activity, exertion, diligence, or thought”. So, we’re not looking at a casual level of effort here. We are looking at strenuous, earnest, exerted diligent work with alcoholics. Upon reading this the first time, (with my sponsor) I can imagine myself thinking, *“What an order, I can’t go through with it”*.

The guiding principle behind this effort is – *“We claim spiritual progress, rather than spiritual perfection”*. In other words, the joy, the spiritual growth is found in the attempt – the effort. Rereading the portion of the step, we can see one small word tucked in there that many of us, (me) missed upon the first reading – “tried”. To quote Theodore Roosevelt, “It is not the critic who counts; not the man who points out how the strong man stumbles, or where the doer of deeds could have done them better. The credit belongs to the man who is actually in the arena, whose face is marred by dust and sweat and blood, who strives valiantly; who errs and comes short again and again; because there is not effort without error and shortcomings; but who does actually strive to do the deed; who knows the great enthusiasm, the great devotion, who spends himself in a worthy cause, who at the best knows in the end the triumph of high achievement and who at the worst, if he fails, at least he fails while daring greatly. So that his place shall never be with those cold and timid souls who know neither victory nor defeat”. Lengthy, but apropos.

Immediately after this, we are shown some of the promises of this effort – *“Life will take on new meaning. To watch people recover, to see them help others, to watch loneliness vanish, to see a fellowship grow up about you, to have a host of friends – this is an experience you must not miss. We know you will not want to miss it. Frequent contact with newcomers and with each other is the bright spot of our lives.* Anyone who has experienced these promises will never be the same. But again, the promises are only delivered through *intensive* work with alcoholics.

Did you know that the original manuscript of the Big Book described the 12<sup>th</sup> step differently? It originally

read, “Having had a spiritual experience as the result of this course of action, we tried to carry this message to others, especially alcoholics, and to practice these principles in all our affairs”. The part that has always stood out to me is “we tried to carry this message to others, especially alcoholics. Oftentimes I wish they would have left this part as originally written. This would serve as a reminder that our job doesn’t end at the doorway to the meeting – it doesn’t last for an hour or an hour and a half, as defined by the meeting time frame. Of course that is just my opinion – and you know what that’s worth.

As with Chapter 6, it is impossible to include all the principles defined in this chapter in a single article, so I won’t try – I will simply encourage you, once again, to attend and participate in a focused Big Book study. I can tell you that the rest of this chapter is dedicated to the “how” of the efforts.

However, there is one other facet of working with other alcoholics that this chapter describes – the idea that we need to be able to change positions with the prospect – to put ourselves in their place. To think about how we would like to be approached. Absolutely invaluable to this effort is the ability to listen.

Next month, we start to look at the final four chapters where the program is laid out. That portion of the book which describes our efforts to *“...practice these principles in all our affairs”*.

A member of A.A. in Orange County  
Text in italics re-printed from the Big Book with permission  
of Alcoholics Anonymous World Services, (AAWS)

*Continued from page 1*

Bio-Feedback and How To Stop It.

Drinking Your Way To Regularity

Disguising Your Dry Heaves

Kicking the Antabuse Habit

Do-It-Yourself Liver Transplants

Suicide Attempts Without Self-Danger

Maintaining Dignity While Gagging

Ego Enhancement While Vomiting

#### ARTS AND CRAFTS WORKSHOPS

Mobiles With Empty Bottles

Cigarette Burn Re-Weaving

Converting Your Windshield Washer for Alcohol

Creative Celebrations (Or 365 Little Known Holidays)

NyOuil and Your Sobriety

Maintaining Anonymity in the Courtroom

#### TRAVEL WORKSHOPS

1001 Excuses for Being Late

Joggers Guide to Liquor Stores Near Care Manor

Charming the Patrolman

Serenity and the Handcuff

Maintaining Prestige in a Holding Cell

*ALL WORKSHOPS ARE FREE DUE TO THE FACT THAT THEY  
WILL QUALIFY IN MY FIFTH STEP.....*



Continued from page 2

others and saddening the rest. His friends are harmed by the lack of his friendship, and if he has no friends he's harming those who need friends, by depriving them. Let's face it, we alcoholics have hurt people by our insane drinking.

I certainly did. I had a boss, business associates, a wife, two kids, a brother, a sister, a father and a mother, and I damaged them all. Sometimes they could depend on me and sometimes they couldn't, and they never knew which time would be which. They all had a sense of insecurity where I was concerned, and this was especially hard on the kids, whose whole world wobbles when one of the parents at its center wobbles.

And I really wobbled. The night of my father's funeral I was drunk and when my mother came to my house for solace I was drunk and when people had a birthday or an anniversary or a solemn occasion or a crisis, I was drunk. I hurt myself most of all, and vaguely recognized it, and this recognition supported the fiction that I was harming *only* me. But no, I was harming many others.

Gradually, as the twenty-four-hour periods in AA linked themselves into weeks, then months and finally years, a subtle but profound change began to take place in my outlook. The change is hard to describe and still incomplete, but its direction is something like this: At first I inclined to feel that the universe was not giving me my just due, that I deserved far more and better than I got, that people were morally obligated to understand me better.

As I change, I tend more and more to feel that I'm lucky God gave me a look-in on His marvelous Creation on any terms, that I'm fortunate to be let off so easily for my misdemeanors, that though I have little property lots of people have less and I'm lucky to have three squares. Also, I know that I have to find some way to understand other people better than I do. Before somebody points out that my humility is even shakier than usual, let me add hastily that this appears to me to be a *direction of growth* and not a completed development. But there's improvement. Whereas I used to be sore all the time, now I'm only sore sometimes, and that, I submit, is growth.

Thoughts like this mean more and more to me:

- By being on earth at all we affect people.
- God has given us the power to harm people if we want to.
- Anybody can smash a fine delicate watch, but how many people can make one?

A person is a far more wonderful creation than the most marvelous watch. It's easy to smash a person's happiness, but how many people know how to mend that happiness?

Make amends? Sure, I'll make amends nowadays, if I can find out how. Some amends I can never make, in the sense of re-living years already lived. But I can try to live these present days in the way I ought to have lived all my days. In a way, that's making amends.

And it's funny how a deep change of heart brings about opportunities for restitution you never thought possible. There's a certain man I've always thought highly of; even in my drinking days I recognized him as fine. I flubbed things so badly, however, that our relationship was strained, so I thought, beyond repair. Yet just the other day I picked up the phone and called him on impulse. We had a nice chat, and by even so ordinary a means the extraordinary thing was accomplished: our relationship as friends was reestablished.

The central thing here, I believe is the state of mind, the attitude. "Became willing to make amends," the Step says. Once you've become willing, I've come to think, after eight years of trying to work this thing, the means of doing it will sooner or later present itself.

J.E., Bloomington, IN Grapevine, October, 1955

## SPEAKER MEETINGS

### Garden Grove

Thursday Night Speaker Mtg  
8:00 pm  
Garden Grove Alano Club  
9845 Belfast Dr  
Contact: John S.  
8/07 Maria K., Garden Grove  
8/14 Tony G., Santa Ana  
8/21 Damien L., H.B.  
8/28 Easy R., Anaheim  
(Birthday Night)

### Garden Grove

Saturday Night Speakers  
8:00 pm  
Garden Grove Alano Club  
9845 Belfast Dr  
Contact: Jon W.

### Huntington Beach

Saturday Night Lite Speakers  
7:00 pm  
HOW Hall, 18582 Beach Blvd  
Behind Flower Kiosk @ Ellis  
Contact: Kevin B.

### Newport Beach

Balboa Speaker Meeting  
7:30 pm, Thursday  
Newport Club, 414 East 32nd Ave  
Contact: Jim K.

### Orange

No Puffers Speaker Meeting  
8:00 pm, Friday  
Community of Christ Church  
385 S. Tustin Ave  
Contact: Garry B.  
8/01 John R., Irvine  
8/08 Becky R., Long Beach

### San Clemente

Thursday Night Big Speaker Mtg.  
8:00 pm, Thursday  
San Clemente Friendship Center  
Contact: Sean M.  
8/07 Dave G., Encinitas  
8/14 Patt O., Huntington Beach  
8/21 Dave F., Dana Point  
8/28 Paul C., Escondido  
9/04 Rob H., Laguna Niguel  
9/11 Tom P., Laguna Beach  
9/18 R.B.C., Laguna Niguel  
9/25 Dave U., Laguna Beach

### Tustin

Saturday Night Visiting Speaker  
8:00 pm  
St. Paul's Church, 1221 Waas  
Contact: Glenn H.  
8/02 Gary B., Orange  
8/09 Teri Q., Lake Forest  
8/16 Johnie Q., Lake Forest  
8/23 Sharon D., Orange  
8/30 Jackie Y., Tustin  
9/06 Marcus S., Laguna Beach  
9/13 Billy S., Tustin  
9/20 Alice C., Orange  
9/27 Joey P., Orange  
10/04 Sandra C., Orange  
10/11 Phil F., Tustin  
10/18 Dee S., Tustin  
10/25 Christy H., Orange  
11/01 Glenn H., Tustin  
11/08 Ruth D., Corona  
11/15 Fran K.M., Orange  
11/22 Jennifer M., Orange  
11/29 Al C., Santa Ana

**Please submit speaker  
information to the editor  
at [lifelineeditor@yahoo.com](mailto:lifelineeditor@yahoo.com)  
or by phone  
949/241-6617  
or fax 949/716-3713  
by the 15th of the month**

The listed speakers have been invited by the respective groups and their message does not imply the endorsement of the Orange County Intergroup nor their Central Office.



## Tradition 8

### Sobriety Is Not for Sale

*Alcoholics Anonymous should remain forever non-professional. We define professionalism as the occupation of counseling alcoholics for fees or hire. But we may employ alcoholics where they are going to perform those services for which we might otherwise have to engage nonalcoholics. Such services may be well recompensed. But our usual A.A. Twelfth Step work is never to be paid for.*

Tradition 8 (long form) -- Alcoholics Anonymous  
Fourth Edition, p. 564.

In the late 1980s my home group received an instructive lesson on this Tradition. Our regular Friday night meeting was about to begin when

some strange guests arrived at the social hall of the church where we



regularly met. A well-dressed gentleman walked into the church, closely followed by a woman we believed to be his wife. An 8- to 10-year old girl brought up the rear, a younger girl firmly in her grasp.

"Is this Alcoholics Anonymous?" the man asked. Assured that it was by our coffee-maker, the visitors crowded around her. "I'd like to speak with your chairman or your president," the visitor said. "He's right over there," responded Carol. "He's our secretary." The visitor walked over to the secretary. "You're in charge?" the visitor asked. "Not exactly," Arthur said. "But maybe we can help. What's your question?" "My son has been drinking to excess," the visitor said. "I understand that you Alcoholics Anonymous people can cure him."

Arthur started to say something, shaking his head, but the man held up his hand and reached into his coat pocket, withdrawing a slip of paper. "Here is a check for \$2,000 to start your treatment," he continued. "When he's sober, I'll write you another check for the same amount."

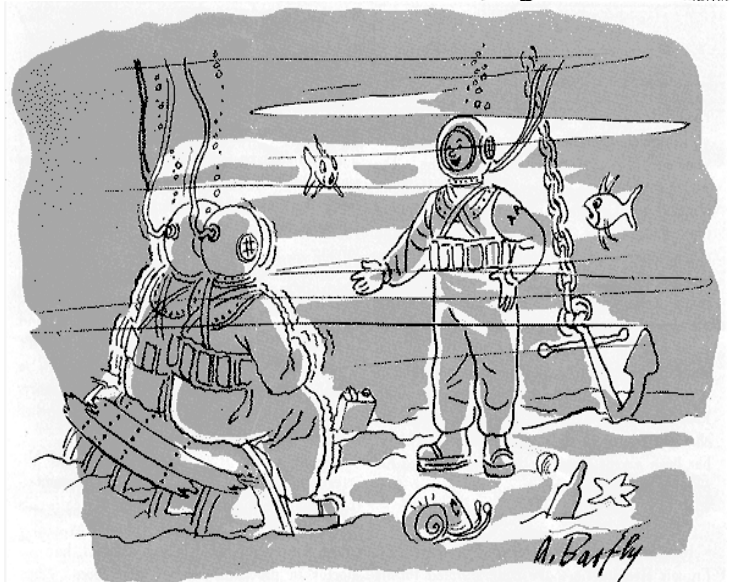
This time Arthur held up his hand. "We don't take money or any other form of payment for our program," he told the visitor. "Alcoholics Anonymous is free but we do ask that those experiencing sobriety in our program attempt to repay A.A. for this gift by giving it to the next drunk who comes along."

The man put the check back in his pocket, took his wife by the arm and motioned the two children to follow him as he headed for the door.

One of the members in the kitchen said he heard the man say as he brushed past him "They don't want our money."

That's because the gift of sobriety is truly priceless.

George L.. Westminster



"You can hardly go anywhere nowadays without bumping into an A.A."

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The Orange County Intergroup Association Meeting  
Wednesday, August 13th at 7:00 PM  
Kaiser Hospital, 6650 Alton Parkway @ Sand Canyon, Irvine  
The meeting will be held in the MOB2 (New Building 5th Floor)  
Rooms ASN-5209 + 5210

#### ORANGE COUNTY INTERGROUP SERVICE BOARD



Chair, Frank M. • Vice Chair, John P.  
Treasurer, Ken S. • Secretary, Beth E.  
Central Office, Dave M.

#### Who? What? When? Where?

Public Relations Committee, Nick N.

Meets the 3rd Wednesday of the month at 6:30 pm

Group Relations Committee, Carlos T.

Meets the 4th Wednesday of the month at 7:00 pm

Lifeline Committee, Bill W.

Meets the 1st Thursday of the month at 7:00 pm

Special Events Committee, Debbie M.

Meetings scheduled as needed

H & I Committee, Nick M.

Meets the 2nd Sunday of the month at the Garden Grove Alano Club. Institutions meet at 4:00 pm; Hospitals meet at 6:00 pm. South Orange County H & I meets at the Laguna Beach Canyon Club the 3rd Wednesday of the month at 7:30 pm.

With the exception of H & I, the above committees meet at Central Office, 1526 Brookhollow, Suite 75, Santa Ana, CA 92705. If you are interested in serving on a committee or would like more information please contact the above or Central Office at 714-556-4555.

Your service is appreciated!

## BEYOND REASONING

### Why do some drunks drink and get sober, while others drink and die?

One recent night, when the temperature hovered around zero, a man in his thirties was found dead in a ditch several miles from my home.

People reported that he had been seen earlier in the evening in some bars along the highway. He staggered out of one of those bars, presumably to go home. Then he stumbled into the ditch, passed out, and exposure to the cold took his life.

I did not know the man. I have no idea whether he was an alcoholic. It's not my place to say. But I'd bet money that this wasn't the first time he drank like an alcoholic.

For some reason, I am haunted by this story, perhaps because I know the ease with which that poor dead drunk could be me.

This stranger's death reminds me to feel grateful for my sobriety. You see, I understand what drove him to the bars that night. Maybe he was celebrating a promotion. Let's get drunk! Maybe he had been fired. So, go get drunk. Maybe a relationship had ended badly. Or maybe nothing happened at all; maybe he just couldn't stand the monotony of life.

Yes, I understand all those reasons for getting drunk. I've used them all, and then some. But what fills my soul with gratitude is realizing that getting drunk for any of these reasons won't enrich my life the way staying sober in Alcoholics Anonymous will. The way of living taught to me in AA has been the lifeline that keeps me from sinking into a sea of deep despair, loneliness, and depression.

My heart breaks for that man's family. Whether he was an alcoholic or not, they may not understand why he did what he did. I am ever so grateful that I do.

Beth W.  
Grain Valley, Missouri

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### Ten Promises of Early Sobriety

1. You will know your full name and address
2. You will be able to dress and undress yourself at the appropriate time and place.
3. You will at all times know the town, state, and country you are in.
4. You will be able to smoke, if you wish, without burning holes in yourself, your clothes, or the furniture.
5. You will lose fear of food.
6. You will spend less time in the bathroom.
7. You will be able to walk a straight line and pass the balloon test.
8. You will lose fear of police cars in your rear view mirror.
9. You will routinely be able to find socks that match.
10. You will realize what a mess you have been and thank God for AA.

Victor Valley Intergroup Newsletter

## One-Liners

- Directions to AA: Just go straight to hell and make a u-turn.
- AA: Being a part of something is more important than being the center of attention.
- AA is the only place where you can walk into a room full of strangers and reminisce.
- AA romance.... the odds are good... but the goods are odd.
- AA: Look for a way in; not for a way out.
- AA: We are not reformed drunks, but informed alcoholics
- AA has no fixed address -- you can take it with you.
- AA: We are here for a reason, not for the season
- AA Groups: An AA group will be judged by the worst behavior of its members
- Before I came to AA I was dead, but did not know enough to lie down.
- In AA there are no losers -- just slow winners
- Alcoholic (as defined by self): A piece of crap that the universe revolves around.
- Alcoholic: Someone who refuses to give up a life of failure without a fight.
- A person who when s/he goes to a wedding, wants to be the bride and when s/he goes to a funeral, wants to be the corpse.
- An alcoholic is someone who wants to be held while isolating.
- Alcoholic: "I may not be much, but I'm all I think about."
- Alcoholic: "If I could drink like a normal drinker, I'd drink all the time!"
- Alcoholics burn their bridges in front of them.
- An alcoholic is someone who finds something that works and then stops doing it.
- If you think that you are an alcoholic, chances are you are.
- An alcoholic is a man with two feet planted firmly in mid-air.
- Non-alcoholics change their behavior to meet their goals; alcoholics change their goals to meet their behavior.
- An alcoholic can be in the gutter and still look down on people.
- High bottoms have trap doors
- If the cure works, chances are you have the disease.



## The Beat Goes On (The Home Group: Heartbeat of AA)

Sometimes, on a warm summer's night, we would leave the front door open for the westerly breeze it would bring.

On those occasions, the speakers would pause periodically as a Southern Pacific fast freight thundered past, drowning out the message.

"Willie the Wino" and "Red Montie" would exchange knowing glances. They had ridden those rails to nowhere with their Thunderbird or Ripple or white port wine. But not anymore. Willie's a rehabilitation counselor; Montie has his own business. Things change. People change.

The old hall at 30 North Main was our Fellowship's home for more than twenty years, but places change, too. Last night we held our first meeting in the new meeting place, just down the street, alongside the railroad tracks.

I remember my first entry into that dingy old home of ours on North Main eight years ago. Still sweating and vibrating, my only thought was: "Oh, Lord – where have I ended up?"

But the folks in there were happy, Joking, clean and sober. There was "Dave," my old Sunday morning boozing buddy, looking good.

And "Russ." I used to drive him home, telling myself: "If I ever get that bad, I'll quit!" I can still see him smiling as he would pull two coins from his pocket, rub them together, and remark:

"When things get tough I do this and remember the day when I couldn't."

There sat "Lola," our resident old-timer, who will celebrate thirty-eight years of sobriety come February:

"I'm Lola, an alcoholic. Thanks to the grace of God and Alcoholics Anonymous, I didn't have to take a drink today!"

There was "Blackie," who used to sleep with his bottle in the weeds in the backyard before he sobered up inside those walls. They put the cigarette butts from each meeting out in back for him like an offering.

I remember "Lee S.," who told me one night, "Sure, you have to plan things ahead, but you don't have to plan the results." She went home that night to pass away peacefully in her sleep.

And the little old guy with the accordion – we had to remind him he could sing after the meetings, not *during* them . . .

So many folks – young and old, rich and poor, plain and fancy - all bound together in our common quest: daily freedom from the tyranny of alcoholism; some succeeding, some failing, only to come back and try again, and some, sadly, slipping through the cracks, lost and gone.

So, yesterday we bid goodbye to old 30 North Main – no longer dingy but all fixed up in new paint by its new owner, ready for new tenants who could afford more rent than our budget allowed.

Last night's meeting was more than business-as-usual – nostalgia and reminiscence, sure, but hope and faith in the future, burgeoning from a proven past; conviction that the power in these rooms is greater than the sum total of those of us present.

So the beat goes on. The great beating heart of Alcoholics Anonymous all over the world, and in our little valley city.

And there is gratitude shared by us all for the stockbroker and the doctor and God, as we understand him.

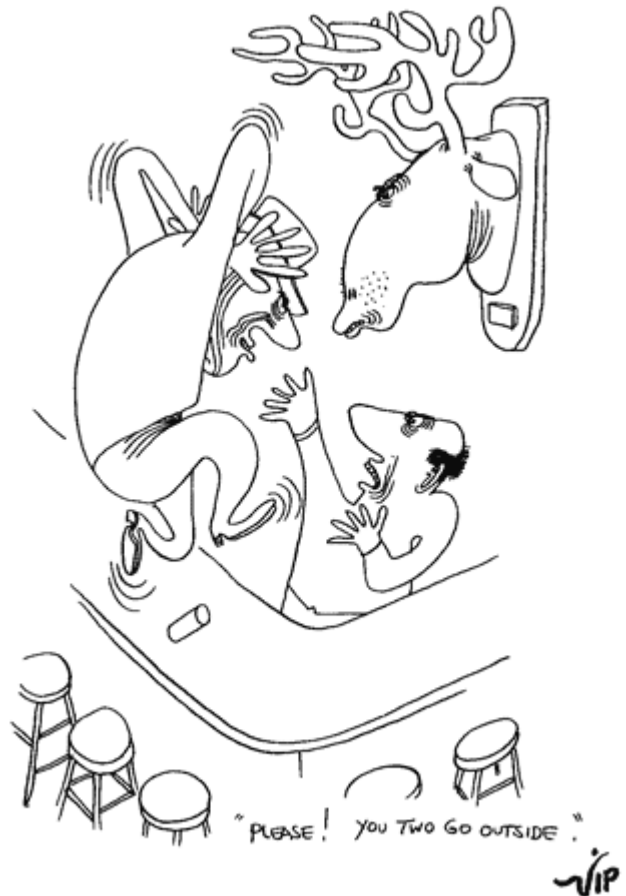
S. M., Lodi, Calif

*The Grapevine*, March, 1987

## Ideas to Live By

1. No one can ruin your day without YOUR permission.
2. Most people will be about as happy as they decide to be.
3. Others can stop you temporarily, but only you and GOD can do it permanently.
4. Whatever you are willing to put up with is exactly what you will have.
5. Success stops when you do.
6. When your ship comes in ...make sure you are willing to unload it.
7. You will never "have it all together."
8. Life is a journey, not a destination – enjoy the trip.
9. The biggest lie on the planet: "When I get what I want I'll be happy."
10. The best way to escape your problem is to solve it.
11. I've learned that ultimately, 'takers' lose and 'givers' win.
12. Life's precious moments don't have value unless they are shared.
13. If you don't start, it's certain that you won't arrive.
14. We often fear the thing we want the most.
15. He or she who laughs...lasts.
16. Look for opportunities...not guarantees.
17. Life is what's coming...not what was.
18. When things go wrong...don't go with them.

Stacey K., Anaheim



**GROUP CONTRIBUTIONS TO CENTRAL OFFICE— June**

GROUP DONATIONS 2008 BY MONTH		CITY AND MEETINGS		JUN	YTD	HUNTINGTON BEACH		LAGUNA BEACH		LAGUNA WOODS		LAGUNA NIGUEL		LAGUNA HILLS		LAGUNA WOODS		LAKE FOREST		LA MIRADA		LOS ALAMITOS		MISSION VIEJO		NEWPORT BEACH	
<b>ALISO VIEJO</b>		^	^			Dly 6:00A-Early Birds, 18582 Beach #2		\$44		Su 7:05A-Montage Grp, (Montage)						\$755											
Journey through the BB, 23 Journey					\$32	Dly 7:00A-Hggrs/Bill Sees It, 8200 Ellis		\$1,775		Su 10:00A-Heisler Park Disc, Cliff						\$125											
<b>BUENA PARK</b>		^	^			Dly 7:30A-Attitude Mod., 18582 Beach		\$32		Su 10:30A-Sunday Q&A, 31872 PCH						\$30											
<b>CAPISTRANO BEACH</b>		^	^			Dly 8:00A-Hggrs II, H.B Lifegrnd Tower 11		\$200		Su 6:00P-As Bill Sees It, 340 St Anns						\$20											
Su 9:30A-Sandy Survivors, Doheney					\$152	Su 6:00A-Cover/BB Stdy, 18582 Beach		\$150		Su 6:00P-GV Stdy, 21632 Wesley Dr						\$135											
Fr 7:00P-Friday Knights, 25976 Domingo					\$161	Su 9:00A-On/Beach, Lifegrnd Tower 11		\$180		Su 7:00P-TIS Spkrs, 31872 Coast Hwy						\$86											
Sa 6:00P-Keep It Simple, 34381 Portola					\$152	Su 10:00A-Sober Sharing, 18582 Beach		\$50		Su 7:30P-Su Participation, 20456 LCR																	
<b>CORONA DEL MAR</b>		^	^			Su 7:30P-Disc, 20444 Magnolia		\$120		Mo 12:00P-BB Stdy, 20456 LCR						\$70											
Dly 7:00A-Solutions Oasis, 5th & Marg					\$1,750	Mo 12:00P-(W)'s Bill Sees It, 18631 Chap		\$90		Mo 6:30P-BB Stdy, 20456 LCR						\$123											
M-F 6:45A-Daily Attitude Adj, 5th & Marg					\$700	Mo 6:00P-Sprkr/Q&A/Part, 6622 Lakeview		\$350		Mo 6:30P-(W)'s Perspect, 20456 LCR						\$100											
Mo 7:00P-Baywood Disc, 1601 Marg					\$140	Mo 6:30P-Both Books, 16871 BolsaChic		\$50		Mo 7:00P-Mon Night (M)'s Stag @Pat's						\$150											
Tu 12:00P-Noonatics, 800 Marguerite					\$175	Mo 7:00P-(W)'s Sans, 18631 Chapel Ln.		\$60		Mo 8:00P-(M)'s Stag, 20456 LCR						\$200											
Th 6:00P-Happy Hour (M)'s Pacific View					\$70	Mo 7:30P-(M)'s BB & 12&12, 1912 Flor		\$400		Tu 12:30P-Serenity-Sea (W)'s, Wesley						\$50											
Fr 7:30P-Rebels Disc, 611 Helio					\$327	Mo 7:30P-BB Stdy, St Simon & Jude		\$70		Tu 12:00P-Promises Disc, 20456 LCR						\$88											
Fr 8:00P-BB Stdy, 3233 Pacific View					\$245	Tu 1:00P-Harmony (W)'s, Edinger/Denney's		\$40		Tu 12:30P-(W)'s Disc, 20456 LCR						\$400											
<b>COSTA MESA</b>		^	^			Tu 7:30P-Beginners (M)'s, 19820 Beach		\$573		Tu 6:00P-Here & Now, 20456 LCR						\$140											
Dly 7:00A-Daily Reflect, 2040 Placentia					\$100	Tu 7:30P-(W)'s Disc., 8200 Ellis		\$60		We/Sat 7:00A-Whale Watch (M)'s, PCH						\$784											
Dly 7:30A-As Bill Sees It, 2501 Harbor					\$700	Tu 7:30P-(W)'s Serenity BB, 20444 Magn		\$55		We 8:00P-So.Coast Spkrs, 286 St. Anns						\$650											
Dly 12:15P-New Lease/Life, 1545 Nwprt					\$105	Tu 8:00P-Newcms (M)'s Grp, 20444 Magn		\$60		Th 12:30P-(W)'s Disc., 415 Forest Ave.						\$210											
M-F 6:45A-Morning Meditat, 183 E. Bay					\$200	Tu 8:00P-Tues Nite Zeider Ln, 17461 Z Ln		\$111		Th 6:30P-(M)'s BYOB 12& 12 SS, 21632						\$140											
M-F 12:00P-Noon Rec, 420 W. 19th St.					\$124	We 7:30A-Attitude Mod, 18582 Beach		\$90		Th 7:30P-(W)'s SS, 31872 PCH						\$143											
Su 10:00A-BB Over Donuts, 301 Victoria					\$115	We 2:00P-Seniors & Friends 1718 Orng		\$252		Fr 6:00P-Fri Nite Lite Disc, 21632 Wesley						\$270											
Mo 12:00P-Clean & Serene BB, 660 Baker					\$40	We 8:00P-Here & Now, 16871 Bolsa Chi		\$45		Fr 6:00 P-Happy Hour & Half, 20456 LCR						\$150											
Mo 12:00P-High Noon Step, 660 Baker					\$59	We 8:00P-HB Part, 20444 Magnolia		\$119		Fr 6:00P-Literature Mtg, 21632 Wesley						\$122											
Mo 7:00P-Livg Sober Grp, 2040 Placentia					\$50	Th 7:30A-Attitude Mod, 18582 Beach		\$60		Fr. 7:30P-Surrender to Win, 20456 LCR						\$189											
Tu 6:00P-Living Sober, 2040 Placentia					\$70	Th 10:00A-(W)'s BB Stdy, 18631 Chapel		\$60		Fr 8:00P-Here & Now, 21632 Wesley						\$120											
Tu 7:00P-A 11th Step Sol, 2850 Fairview					\$200	Th 6:00P-Ovr 40/Going Strong, 18582 Bch		\$100		Sa 12:30P-Into Action, 20456 LCR						\$70											
Tu 7:30P-Balboa Broads, 420 W 19th St					\$155	Th 7:30P-11th Step Disc., 1912 Florida		\$77		Sa 7:00P-Beginners, 31872 PCH						\$660											
Tu 7:30P-(M)'s Last Gasps, 695 W 19th					\$60	Fr 10:00A-Step Sisters, 20444 Magnolia		\$183		Sa 8:00P-Endless Sum II, 21540 Wesley						\$745											
We 12:00P-High Noon Step, 660 Baker					\$40	Fr 6:00P-(M)'s/Solution, 17461 Zeider		\$210		Sa 8:00P-Night Sprk Mtg, 20456 LCR						\$900											
We 7:00P-(W)'s Source Str, 3116 Van					\$75	Fr 6:30P-BB Stdy, 16400 Springdale		\$100		Sa 8:00P-Living Sober Spkrs, 428 Park						\$100											
We 7:30P-BB Trivia (M)'s Stag, 1545 New					\$229	Fr 7:30P-BB Stdy, 16650 Saybrook Lane		\$210																			
Th 5:30P-(W)'s Its/Book Study, 2040					\$44	Fr 8:00P-HB Downtowners, 2000 Main		\$30		Mo 6:00P-(W)'sDisc, 23802 A D Carlota						\$174											
Th 7:00P-12 Steps & 12 Trads, E Bay					\$60	Sa 7:30A-Attitude Mod, 18582 Beach		\$180		We 7:00P-Get Happy 12&12 Stdy, A D C						\$57											
Th 7:30P-Candlelight Disc, 420 W. 19th					\$70	Sa 7:30A-(M)'s Stag, 18582 Beach		\$135		Th 12:30P-(W)'s Tpc Disc, 23181 Verdugo						\$200											
Fr 12:00P-Bizman Stag, 660 Baker					\$57	Sa 7:30A-(M)'s Disc, 9812 Hamilton		\$60																			
Fr 7:30P-(M)'s Back to Bas, 420 19th					\$47	Sa 9:30A-W BB Stdy, 18582 Beach		\$166		Mo 10:30A-(W)'s 12X12 Stdy, 30121 Nig						\$300											
Fr 8:00P-BB Stdy, 1865 Anaheim					\$50	Sa 10:00A-(W)'s BBStdy, 18631 Chapel		\$103		Mo 8:00P-12&12 Stdy, 30121 Niguel Rd						\$180											
Sa 9:30A-(M)'s, Charle Street					\$120	Sa 7:00P-Sat Nite Live BB, 18631 Chapel		\$60		Tu 6:00P-Chicks/Run SS, 2702 El Lazo						\$70											
Sa 9:30A-Charle St. Overflow, 2025 Charle					\$502					We 6:00P-Book Stdy, 30121 Niguel Rd.						\$360											
Sa 9:30A-(M)'s By The Book, 102 E. Baker					\$280	<b>IRVINE</b>		\$656		We 7:30P-Book Stdy, 30121 Niguel Rd.						\$32											
Sa 9:30A-Sat Morn (W)'s Gr, 2040 Placen					\$140	Dly 6:30A-Sunrise Sobriety, 4400 Barr		\$3,860		Fr 10:30A-(W)'s Disc., 30121 Niguel Rd.						\$240											
Sa 6:00P-Cover-To-Cover, 183 E Bay St					\$110	M-F 12:00P-Irvine Noon Grp, 5101 Alton		\$1,520		Fr 7:30P-Here & Now, 24360 Yosemite						\$50											
<b>CYPRESS</b>		^	^			Mo 6:30P-Easy Does It, 4949 Alton		\$301		Sa 6:00P-Candlelight Disc, 30121Niguel						\$40											
Su 5:00P-Happy Hour Topic, 4552 Lin					\$25	Mo 6:30P-Gypsies (W)'s, Turtlerock CC		\$130																			
<b>DANA POINT</b>		^	^			Mo 7:30P-(W)'s Disc., 6000 Irvine Ctr		\$60		<b>LAGUNA WOODS</b>																	
Dly 7:00A-Hard Core Harbor, 34451 Ens					\$5,270	Tu 6:00P-Courage To Change, 18182 Culv		\$140		Dly 7:30A-Do It Sober, 24442 Moulton						\$835											
Mo 5:30P-(W)'s Disc, Ensenada & DPH					\$459	Tu 7:00P-(M)'s K.I.S. 12X12, 14301 Yale		\$140		We 7:30A-BB Meeting, 24442 Moulton						\$120											
Mo 7:00P-Promises, 34052 Del Obispo					\$123	We 6:30P-B. B. Topic Disc., 5001 Nwprt		\$84		We 1:15P-(W)'s BB Stdy, 24351 El Toro						\$70											
Tu 9:30A-(W)'s Back/Basics 24642 SJ					\$404	We 7:30P-Wild Bunch Beg's, 10 Federat		\$144		Fr 10:00A-Top/Hill Gang, 24252 El Toro						\$145											
Th 7:00A-(W)'s Harb Topic Disc, S Juan					\$159	We 8:00P-12 Solutions SS, Harvard		\$100																			
Fr 7:00P-GV, 33926 Calle Primavera					\$288	Th 12:00P-Irvine (M)'s Lunch, 5001 Nwprt		\$100		<b>LA HABRA</b>																	
Sa 7:00P-Sprk, 33926 Calle Primavera					\$96	Th 6:30P-(W)'s Gypsies, Deerfield & Turtle		\$114		M-F 6:30A-Topic Disc, 100 W. La Habra						\$60											
<b>FOUNTAIN VALLEY</b>		^	^			Fr 10:30A-Over 50 Grp, 6670 Alton		\$90		<b>LAKE FOREST</b>																	
We 8:00P-Disc, 10280 Slater					\$140	Fr 12:00P-(W)'s Topic Disc, 5101 Alton P		\$175		Th 7:30P-Mustard Seed SS, 23262 El Toro						\$302											
Th 6:00P-(M)'s Stag, 216 N. Malden					\$100	Fr 5:30P-Topic Disc.Grp, 6400 Alton Pky		\$76		<b>LA MIRADA</b>																	

Donations Continued from page 8

Su 11:30A-Here and Now, 414 E. 32nd St.	\$50	
Su 9:30A-Sandy Survivors, On/Beach	\$425	
Su 7:00P-Primary Purp Grp, Dover&16th	\$155	
Mo 9:00A-(W)'s Step Stdy, 414 E. 32nd	\$140	\$210
Mo 12:30P-Back Bay (M)'s, 1201 Irvine	\$700	
Mo 3:30P-Living Sober, 414 E. 32nd St.	\$315	\$525
Mo 6:45P-Beg.&Trd Grp,1400 Balboa	\$469	
Mo 8:00P-(M)'s Disc, 301 Nwprt Blvd	\$453	
Mo 8:00P-(W)'s Beg Disc, 301 Nwprt Blvd	\$82	\$217
Tu 3:30P-Disc, 414 E. 32nd St	\$155	\$232
Tu 6:00P-Dover (W's) 12 & 12, 798 Dover		\$140
Tu 7:00P-B St Bonfire-1st Fire Ring/Ocean		\$100
Tu 7:00P-(W)'s B/Stdy, 2414VistaDelOro		\$166
We 3:30P-SS, 414 E. 32nd Street		\$42
We 6:00P-Men's, 414 E. 32nd Street	\$29	\$59
We 7:00P-Steps&Trads, 2100 Mar Vista		\$60
We 7:30P-Wed Night (M)'s, 2401 Irvine		\$200
Th 7:00P-Over 40's, 414 32nd Street	\$60	\$130
Fr 12:15P-(M)'s Business Disc, 414 32nd		\$350
Sa 6:00P-Discover Grp, 1 Whitecliff Dr.	\$350	\$350
Sa 8:30P-Hoag Hut Spkr, 301 Nwprt Ave	\$300	\$780
<b>ORANGE</b>		
Dly 7:00A-Early Birds, 812 Town&Cntry	\$120	\$957
Su 11:00A-Sun Pumpers, 705 W LaVeta	\$70	\$560
Su 6:00P-Chapter 9 OBS, 250 Prospect		\$50
Su 7:00P-Spkr/Orange,1800 E LaVeta		\$124
Mo 7:00P-(W)'s Step Stdy, 161 Orange		\$500
Mo 7:30P-Beg Disc, 705 W La Veta	\$90	\$182
We 7:00A-New Beg (W), 812 Town & C.		\$60
<b>RANCHO SANTA MARGARITA</b>		
Su 7:00P-Old Time AA 12&12, 30605 FI	\$125	
Mo 7:00P-(W)'sSta/Sober, 30382VCD	\$100	
Tu 7:30P-Old Time BB Stdy, 30322 VCD	\$449	
We 7:30P-RSM StepStdy, 30382 VCD	\$270	
Th 7:30P-11th Stp Spt Disc, 22521 Emp	\$245	
Fr 7:30P-Roads End Part, 30322 VCD	\$240	
Sa 10:30A-(W)'s BB Stdy, VCD	\$100	
<b>SAN CLEMENTE</b>		
Mo 7:00P-N.O.I. (M)'s, Camino Capist	\$210	\$420
Tu 6:00P-(W)'s Disc, 190 Ave La Pata		\$132
Fr 8:00P-Aragon Spkrs, 202 Ave Aragon	\$150	\$400
<b>SAN JUAN CAPISTRANO</b>		
Dly 7:00A-Eye Opener, 27514 C Arroyo	\$436	\$4,062
Su 5:00P-1 Hr Top Disc, 27514 C Arroyo	\$192	
Tu 7:00P- Hear Here Part, 27514 C Arroyo	\$431	
We 7:00P-11th Step Disc, 27514 C Arroyo	\$60	
Th 6:00P-Do The Steps, 32202 Del Obispo	\$120	
Th 7:00P-Joy of Sobriety, 31495 E C Real	\$147	
Th 7:30P-(M)'s Q & A, 32202 Del Obispo	\$469	\$469
Fr 6:00A-Taking a Trip, 27174 Ortega Hwy	\$477	
<b>SANTA ANA</b>		
Mo-Sa 7:30A-Disc Early Birds, 212 Elk	\$48	
Su 5:00P-Two Or More, 721 Euclid	\$70	
Fr 8:00P-51/50, 614 Bush Street	\$30	\$145
<b>SEAL BEACH</b>		
Mo 7:30P-Seal Bch Spkrs, 500 Marina Dr	\$860	
We 7:30P-(M)'s SS, 8th & Central	\$40	
<b>SILVERADO CANYON</b>		
Th 7:30P-Fireside Disc, 17641 Silverado	\$72	
<b>SUNSET BEACH</b>		
Su 10:00A-Sunset Bch Mtg, PCH & Warner	\$88	
Su 1:00P-(W)'s 12 Step Study, 16865 PCH	\$50	
Su 7:00P-11th SS, 16865 PCH	\$240	
Mo 7:00A-Disc, 16865 PCH	\$60	
Tu 7:00A-Disc, 16865 PCH	\$50	
Tu 6:00P-Disc, 16865 PCH	\$60	
Tu 8:00P-BB Study, 16865 PCH	\$65	
We 12:00P-Promises Meet, 16865 PCH	\$30	\$60
Th 7:00A-Disc, 16865 PCH	\$60	
Th 7:30P-Participation, 16865 PCH	\$60	
Fr 7:00A-Disc, 16865 PCH	\$60	

Fr 12:00P-Disc, 16865 PCH	\$40	
Sa 7:30A-Disc, 16865 PCH	\$140	
Sa 7:00P-Rule 62 Spkrs, 16865 PCH	\$100	\$200
<b>TUSTIN</b>		
Dly 6:00A-Foothill Early Risers, 19211	\$400	
Dly 6:00A-Attitude Adj, 14662 Nwprt	\$300	
Dly 6:00A-Attitude Mod, 130 W. Main	\$941	\$1,918
Dly 12:00P-Brown Baggers, 130 W. Main	\$214	\$1,156
Dly 5:30P-Rush Hour, 130 W. Main.	\$86	\$2,250
M-F 12:00P-Alkies Winners, 555 W.Main	\$348	\$1,497
Su 9:02A-Spkrs, 130 W. Main	\$190	
Su 7:00P-Sober & Crazy Spkrs, 130 Main	\$831	
Mo 7:30P-(M)'s Disc, 130 W Main	\$70	\$232
Tu 8:00P-Steps 1-4, 1201 Irvine	\$120	
We 7:00P-Lucky Stiffs (M)'s, 18542 Vander	\$85	
We 7:00P-(W)'s Solutions, 19211 Dodge	\$60	\$322
Th 9:00A-(W)'s SS, 14402 Prospect	\$70	
Th 12:00P-(W)'s 12 & 12 BB, 19211 Dodge	\$102	
Th 6:15P-(W)'s Living Sober, 1201 Irvine Bl	\$250	
Th 7:00P-12 Steps & 12 Trads, 225 Main	\$63	
Fr 7:30P-Turning The Corner, 1221 Wass	\$373	
Fr 8:00P-Disc, 130 W Main	\$100	\$100
Sa 8:00P-Visiting Spkrs, 1221 Wass	\$100	\$319
<b>VILLA PARK</b>		
Dly 7:30A-24 Hour Book Grp, 17855 Santia	\$685	
Su 7:00P-11th Step Prayer & Meditation	\$25	
<b>WESTMINSTER</b>		
Mo 7:30P-12&12Beginners, 15750 Mag	\$81	
<b>WHITTIER</b>		
<b>UNLISTED GROUPS</b>		
Su 5:30P-H.B. Creative Sharing, 18582 Bea	\$210	
Tu 6:00P-Stepsisters Wandering UL	\$100	\$100
Tu 5:30P-BB Tape Stdy (UL) IR	\$141	\$650
We 8:00P-Beginners (UL) GG	\$30	
Th Joe Quinn BK Stdy, (UL) LB	\$20	
Fr 8:00P-Family Afterward (UL) Sunset B	\$210	
Sa-HB-Camel	\$60	
We-6:00P-SC-Kampfyre Girlz UL	\$92	\$230
Mo 7:00P YL (M)'s Surrender UL	\$20	
<b>WANDERING GROUPS</b>		
Sa 8:00P-Orange County Wandering Grp	\$20	
(W)'s Wandering-Irvine	\$243	
Th 6:30P-RSM (3rd Thurs) Wandering	\$70	\$70
<b>MISC. DONATIONS</b>		
OCCO Change Can	\$7	\$34
Satellite Office Change Can	\$11	\$44
Intergroup Meeting	\$93	\$540
AOCYPAA		\$334
4th Step Workshop, Laguna Beach		\$305
<b>PERSONAL DONATIONS</b>		
Anonymous/January	\$30	
Anonymous/March	\$37	
Anonymous/March	\$250	
Anonymous/April	\$50	
Anonymous/April	\$250	
Anonymous/May	\$250	
Anonymous/June	\$250	\$250
B. H, Dana Point	\$20	
Crystal B, Rancho Santa Margarita	\$70	
David S, Fountain Valley	\$100	
June L, Irvine	\$50	\$175
Linda L, Lake Elsinore	\$360	
Virginia S, Irvine	\$75	\$75
<b>IN LOVING MEMORY</b>		
Memorial to Violet M/40 yrs. 6/10/1968	\$40	\$40
<b>GROUP INFORMATION REQUESTED</b>		
Receipt # 8953	\$108	
Receipt # 9326	\$20	
Receipt # 9340	\$150	
Receipt # 9389	\$60	
Receipt # 9787	\$175	
Receipt # 9772	\$396	

Receipt # 9774	\$210	
Receipt # 9838	\$422	
Receipt # 42	\$250	
Receipt # 67	\$40	
Receipt # 97	\$180	
Receipt # 118 - Seal Beach Fri Night	\$256	
Receipt # 147	\$68	
Receipt # 178	\$532	
Receipt # 170 Saddleback Valley Grp	\$40	
Receipt # 280 Lag Bch AA Miracles	\$386	\$386
Receipt # 282	\$60	\$60
<b>TOTALS</b>	\$14,472	\$100,713



**WEB SITE  
STATISTICS**

The first on-line issue of the *Lifeline* was posted to our web site in July of 2006. However, when our site hosting company changed servers in June, 2007, some usage statistics before then were lost. Since January, 2007, the Lifeline home page has been viewed 6,349 times. Individual issue files have been viewed 10,571 times.

In May, there were 16,435 "visits" to [www.ocaa.org](http://www.ocaa.org). From July, 2007, through May, visits averaged 14,689 per month.

The New AA Meeting  
Directories for  
Orange County are  
Available at Central Office  
August 1st.



Orange County H & I  
 On the 2<sup>nd</sup> Sunday of the month  
 Garden Grove Alano Club, 714-534-2244  
 9845 Belfast Drive, Garden Grove, CA  
 For additional info call 714-979-8524  
 Or Central Office: 714-556-4555

*To Carry the Message of Alcoholics Anonymous to the  
 Alcoholic who is confined in a Hospital or Institution*

South Orange County H & I  
 3rd Wednesday of the month, 7:30 pm  
 Laguna Canyon Club, 949-497-1823  
 20456 Laguna Canyon Rd., Laguna Beach

### BE OF SERVICE!!

**"ALCOHOLICS ANONYMOUS,  
 HOW MAY WE HELP YOU?"**

#### CALL FORWARDING:

The call forwarding program, instituted by Orange County Central Office, insures that our help line phones are answered by volunteers 24/7. During hours when the Central Office is closed, calls to the Central Office are forwarded to a call forwarding volunteer's home or cell phone, where the volunteer answers the calls just as if he or she were sitting in the Central Office. This service allows the Central Office to realize a significant costs savings because we do not need to contract with a phone answering service. Even more vital, when a call is placed to Alcoholics Anonymous in Orange County, the caller will be talking to an Alcoholics Anonymous member, not a phone service! This truly is "front-line" 12<sup>th</sup> Step work and we would appreciate any time you can give.

#### SHIFTS:

Monday thru Friday shifts are 9pm to 6am and 6am to 9am. Saturday shifts start with the 6am to 9am. The Central Office opens and covers from 9am to 1pm on Saturdays. The phones are then forwarded to volunteers to cover from 1pm to 4pm, 4pm to 7pm, 7pm to 10pm and 10pm to 6am. Sunday and Holiday shifts are 6am to 10am, 10am to 2pm, 2pm to 6pm, 6pm to 10pm and 10pm to 6am.

#### VOLUNTEERING:

In order to volunteer for this service it is suggested that you have two years of sobriety. You must also arrange with the Central Office manager in Santa Ana or the Satellite Office Manager in Mission Viejo for a brief orientation session which will be held at one of the offices. Shifts are available. Please call the Central at (714) 556-4555 or the Satellite Office at (949) 582-2697.

THANK YOU FOR YOUR SUPPORT!!

## ORANGE COUNTY INTERGROUP ASSOCIATION OF AA

Statement of Income and Expenses for Period Ending 6/30/2008

	JUNE	YTD
<b>INCOME</b>		
Group Donations	13,945.88	98,220.09
Individual/Fellowship	382.21	2,164.40
Literature Sales	\$9,702.93	70,112.16
Birthday Donations	554.00	2,243.24
In Memoriam	40.00	40.00
Intergroup Donations	93.00	540.41
Special Events	0.00	0.00
Interest Income	280.22	1,613.19
Misc. (Repaid Bounced Checks)	0.00	522.66
<b>TOTAL INCOME:</b>	<b>24,998.24</b>	<b>175,456.15</b>
<b>EXPENSES</b>		
Audits/Accounting	0.00	2,500.00
Auto (All Managers)	59.70	368.81
Bank Charge	0.00	0.00
Cash/Invoices OverShort	-10.54	-34.10
Insurances	2,316.53	18,858.07
Intergroup Expense	170.00	1,294.09
Lease Expense	389.07	2,334.42
Maintenance & Repairs	180.00	484.92
Volunteers Coffee + Water	114.84	463.62
Offices' Supplies	117.71	1,824.31
Pension Fund	166.68	1,000.08
Postage	0.00	309.43
P/I, Donated Literature	0.00	1,016.98
Rent Main/Satellite Offices	3,620.71	21,656.26
Salaries	10,883.09	64,154.79
Payroll Tax Expense	1,179.02	5,853.19
Taxes & Licenses	-0.43	112.12
Telephone Expense	468.05	2,661.68
LIFELINE Expense	1,163.10	7,171.60
Cost of Literature Sold	7,618.50	55,050.79
Special Events	530.17	1,084.96
Reconciliation Discrepancies	0.00	60.00
Misc. (Returned Checks)	307.35	1,155.66
<b>TOTAL EXPENSES:</b>	<b>29,273.55</b>	<b>189,381.68</b>
<b>INCOME/(LOSS):</b>	<b>-4,275.31</b>	<b>-13,925.53</b>

**THE LIFELINE, 1526 BROOKHOLLOW DR., SUITE 75, SANTA ANA, CA 92705-** Published monthly by the Orange County Intergroup Association

**Purpose:** The Orange County Lifeline Committee is a committee of volunteer A.A. members, charged with the responsibility of producing and distributing the Orange County Lifeline, (a publication of the Orange County Intergroup Association). The Lifeline is published monthly and is supported solely through contributions from the A.A. groups and members of Orange County. The Lifeline is published to meet the following needs of the Orange County A.A. membership: to inform the A.A. membership regarding A.A. service, A.A. events and A.A. announcements; also to share experience in recovery, unity and service; to keep the A.A. membership informed regarding the actions, finances and meetings of the Orange County Intergroup Association and other Central Office committees.

**Lifeline Committee: Meets the 1st Thursday of each month at the Central Office. Join us @ 7PM.**

Bill W., (Chair); Jim S., Phil F., Nick M., George L., Eric R., Dave H., Tarcy H. (Editor)

Mail submissions to the above address or send email to: [lifelineeditor@yahoo.com](mailto:lifelineeditor@yahoo.com)

**RECOVERY WORD SEARCH**

A WORD SEARCH, like all the others you've seen: words can be up, down, across or diagonal. Have fun, and win a few minutes of free sobriety!

Reprinted, with thanks, from the *Ventura County Tradition*

There are also 12 'AA's. Can you find them all?

W G O S S I N G A A N O N Y M B  
 S I R A T R E T C A R A H C E E  
 U D L A E R E B E L L I O N M G  
 P E H L P F A R A S A S A G B I  
 E D C A I E A D A C U N A U E N  
 R A A G S N V U R I T O S R R N  
 I G N R U O G I L U I I U G S I  
 O E B A A I R N P T R T O E H N  
 R G S P E T S T E P I I M N I G  
 I Y T E X C P R R S P D Y T S O  
 T T E V P E I A F T S A N N T S  
 Y S P I E F R D E L A R O E C S  
 T E R N R R I I C U C T N G E I  
 S N D E F E C T T A T R A A F P  
 A O E A A P U I I F A A C N E A  
 A H F S S E R G O R P D T O D R

- |            |           |             |
|------------|-----------|-------------|
| Steps      | Anonymous | Defects     |
| Spiritual  | Progress  | Action      |
| Honesty    | Urgent    | Superiority |
| Traditions | Grapevine | Character   |
| Perfection | Rebellion | Willingness |
| Faults     | Beginning | Gossip      |

**Happy Birthday!!**



Help keep the doors of AA open so that new members may receive the same help so many of us have already received. Make a donation of any amount for an AA Birthday—yours or someone else's—and we will help celebrate by publishing their name and years of sobriety in the *Lifeline*.

Please send donation to:  
 Orange County Central Office  
 1526 E. Warner  
 Suite 75, Santa Ana California 92705

Vance D.	Laguna Niguel	5 years
Keith P.	Orange	13 years
Ana	Aliso Viejo	13 years
Georgia B.	Huntington Beach	17 years
Rocky T.	Dana Point	18 years
Mary Jo C.	San Clemente	20 years
Kent M.	Huntington Beach	21 years
Denise M.	Garden Grove	23 years
Dave V.	Laguna Niguel	24 years
Beverly F.	Huntington Beach	25 years
Steve H.	Aliso Viejo	27 years
Wanda R.	Huntington Beach	28 years
Ruthanne G.	Newport Beach	30 years
June L.	Irvine	32 years

**WHATS HAPPENING**

**August 1-3, 2008**  
 2008 MAAD DOG DAZE  
 The Doral Desert Princess Resort  
 Cathedral City, CA

**August 3, 2008, 11am**  
 ORANGE COUNTY  
 INTERGROUP  
 ASSOCIATION OF AA  
 2008 ANNUAL PICNIC  
 Mile Square Park  
 Fountain Valley, CA

**August 22-24, 2008**  
 41st ANNUAL DISTRICT 22  
 CONVENTION  
 Veterans Memorial Building  
 San Luis Obispo, CA  
 www.sloaa.org

**September 5-7, 2008**  
 30th ANNUAL  
 VENTURAL COUNTY  
 AA CONVENTION  
 Hyatt Westlake Village, CA  
 www.vcaac.org

**September 19-21, 2008**  
 57th SOUTHERN CALIFORNIA  
 AA CONVENTION  
 Town & Country  
 Convention Center  
 San Diego, CA  
 www.aasocal.com

**September 26-28, 2008**  
 WOMAN TO WOMAN  
 SAN DIEGO  
 The Dana on Mission Bay  
 San Diego, CA  
 www.aasocal.com

**September 26-28, 2008**  
 SOBERFEST  
 KERN RIVER VALLEY  
 CAMPOUT  
 Kernville, CA



**CENTRAL OFFICE ACTIVITY-June**

Total Calls Handled by Both Offices: 2237

**Main and Satellite Office Volunteers**

12 Step Calls	14
Meeting Information	854
General Information	438
Walk-in Customers	203

**Night Owl Volunteers**

12 Step calls	10
Meeting Information	609
General Information	312

Please submit events to the editor at [lifelineeditor@yahoo.com](mailto:lifelineeditor@yahoo.com) by the 15th of the month.

# We Are Not A Glum Lot

CLASSIC CARTOONS AND JOKES FROM THE AA GRAPEVINE



Speaking of alcoholic rationalizing: He was on a binge but was trying to taper off. He thought of wine. Ah, that's the stuff! It's not as strong as whiskey. Why, he said profoundly to himself, sherry, for instance, is only 20 percent in alcoholic content. Then he thought a bit more. Only 20 percent? Mmm. . . And so he got two instead of one bottle of sherry! *Dec 1945*

As one gal member explained her start towards alcoholism--"I just followed the crowd and got in the wrong line." *Feb 1946*

He was fairly new in A.A. and still thought he'd done the most terrible things imaginable. "Why, you know what I did once?" he said to a group of A.A.s. "It was awful. My wife and I had a pretty little bungalow and I went on a binge and sold it." "Aw, that's nothing," said an oldtime A.A. "We had an eight-room house and I sold it and the furniture, too." *Dec 1945*



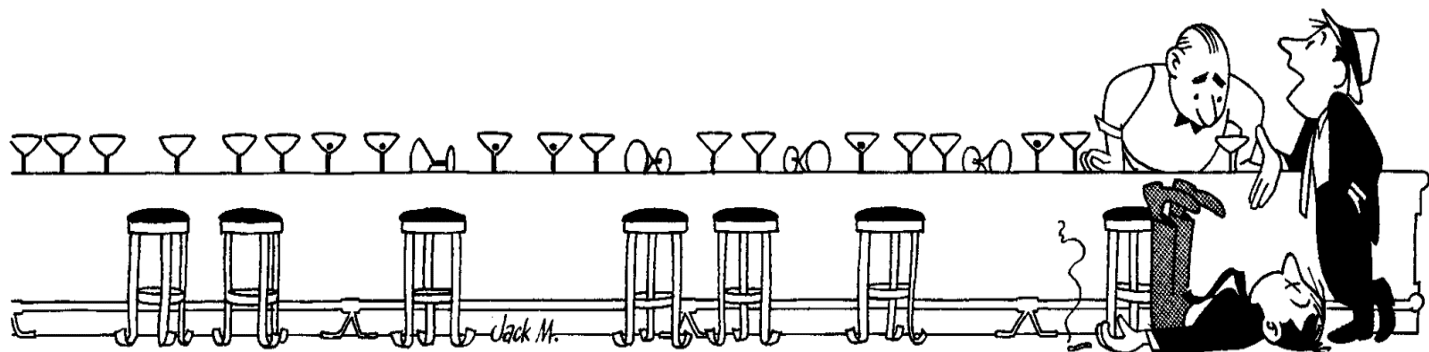
"I'm not a newcomer. This is my eighteenth first year."

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Add surefire hangover remedies: Take one pint of gingerale and mix well with the juice of two quarts of whiskey. *Dec 1945*

She said accusingly: "I saw you coming out of McCarthy's saloon last night!" Said he blearily: "Well, I had to come out sometime." *Dec 1945*

An old timer says some of the new members coming in these days are so young compared to the age level in the early days of A.A. that instead of alcoholics they should be called alcoholettes *Jan 1946*



"See, it wasn't the first drink at all."

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