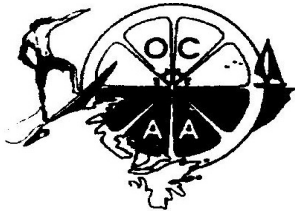


Santa Ana, CA

Lifeline



2009



Orange
County
Intergroup
Association

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**WE DISTRUST OUR HEART TOO MUCH
AND OUR HEAD NOT ENOUGH**

STEP 2

Came, Came to, Came to Believe

Came to believe that a Power greater than ourselves could restore us to sanity. – Step 2, Alcoholics Anonymous, p. 59.

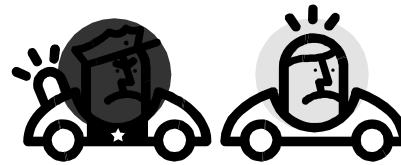
My first Alcoholics Anonymous® sponsor told me that while the word sanity might be a bit strong, it certainly fit him when it came to rejection of his alcoholism. That made perfect sense to me but I still wasn't ready to say that when it came to the subject of booze I was simply insane.

That sponsor said that if I was dumb enough to get in the ring with Cassius Clay – you'll remember him better as Muhammad Ali – I probably wouldn't be in there long.

"After about 30 seconds," Bob said, "and you've been dropped twice, you'd be saying 'OK, champ, you win. Just don't hit me no more.' Right?"

Grudgingly, I acknowledged his point.

"So," Bob went on, relentless once he felt he had me dead to rights, "how do you explain four drunk driving arrests? One would do it for most persons of average intelligence. Two would be ample proof for even a moron. But



three? Or four?"

Did I already tell you that my sponsor was a police officer? I didn't find that out until about six months after I asked him to help me through the Steps. But we were even since he didn't find out that I was a convicted felon until about the same time. I've often wondered just how many ex-cons pick a cop for a sponsor. Thank God I did.

Bob wouldn't let it die. He asked me what my excuse for continuing to drive drunk after the first, second or third deuce. I had none.

"Did you ever plead temporary insanity when your case came up?" Bob asked me.

"Of course not," I recall answering stuffily. "That would have been stupid."

"Then did you plead temporary stupidity?" he asked.

"Is that supposed to be funny?" I countered.

"More accurate than funny," Bob said.

So I took Step 2 with that sponsor and even to this day (Bob died about three years ago) I still have the feeling that he knew I was substituting the word "stupidity" for "insanity."

It was that same sponsor who told me that if there was ever an "easier, softer way" to do anything in A.A., I could be counted on to find it. I think he was exaggerating. But maybe not.

George L., Westminster

Back to Basics

There is only one prayer I have to remember and only one step I have to know completely.

Step 1 - We admitted we were powerless over alcohol—that our lives had become unmanageable. There are 2 parts to Step 1 and the Serenity Prayer embodies both.

The word Powerless as used in Step 1 doesn't mean I'm a weak human being. On the contrary, I personally translate it as the wisdom that comes from knowing I have no control over what alcohol does to me once I consume it.

They tell me in AA, and I now believe them, that I have no control over people, places, things, situations, events, the weather, etc. I also cannot change the fact that alcohol is poison to me, bodily, mentally and spiritually.

I am not powerless, though. I learned in the rooms of AA that I just don't take that first drink, no matter what. I cannot change other people's behaviors, thoughts or actions.

I am not powerless though. I choose my own reactions, thoughts and behaviors. I also do not take others' reactions and behaviors personally either. I am therefore, empowered by this wisdom handed down via AA rooms, experience and spiritual axioms.

I shall call this wisdom the Grace of my Higher Power. This major mental shift that my ego must make is a coming to my senses which beautifully opens me up for Step 2.

The second part of Step 1, that my life has become unmanageable is also a stepping stone to Steps 2 and 3.

I have to have a great deal of courage and inner strength to change myself and get into action. The other steps teach me the right direction and route I need to follow in order to change and evolve daily, if I choose to.

My life is unmanageable because there is an ebb and flow to life that does not always coincide with my wishes or brilliant plans for the day. The world does not revolve around me and my To Do List. This awareness was and still is grueling to accept for me.

Sometimes, I have to completely scrap my schedule in order to help (or even just be with) a family or AA member.

After all, I did not get sober so I could just be more productive, right? I got sober so my relationships would not suffer anymore.

I now choose to develop and nurture the relationships I have with other human beings instead of destroying them. That sometimes entails dropping my "plans" for a moment and listening to or being with a family member or taking the call from a fellow AA.

If I listen, someone else's call for help or attention or need is actually more important than mine. There lies the wisdom behind the word, unmanageable. Outcomes are never going to be in my control, so if I pray for my Higher Power's will to be done and I am available for service, all I have to do is put one foot in front of the other. I continue with my plans but I become flexible and willing to go with the flow and ebb of the Universe that has everyone's highest good in mind.

Accepting the things I cannot change does not mean tolerating them. To me, letting go of my narrow perception of the world and letting the weather and other people just be, is a huge shift. Once again, the world does not revolve around me, it's not about me and the ego deflation continues.

With each new transformation, comes new realizations and

layers of depths of understanding. This is the inner work and challenge we aspire to. No complaining, no criticizing, no judging, or labeling. This is true acceptance as I define it. Just let it be.

A thorough understanding of Step 1 and the Serenity Prayer prepares me well for all the Steps to come on my Spiritual Awakening Path. I get to live a life beyond my wildest dreams, filled with Joy. With gratitude, I realize I am blessed and live abundantly!

Cecilia S.
Villa Park

THE TURNING POINT

Editor's Note: We begin a new feature in the Lifeline called "The Turning Point". Please share your story by emailing it to lifelineeditor@yahoo.com.

I sat dejectedly on the floor with my whole world collapsing around me. My small apartment was in disarray with clothes strewn everywhere, ash trays overflowing with cigarette butts and empty wine glasses cluttering the living room tables. Drunk and bleary-eyed I resembled a train wreck, derailed from any sense of purpose or hope.



I had reached that moment in my active alcoholism when I simply had had enough. 40 years old with dirty shoulder-length hair and looking like a hippy of the 60s, I had reached the end of my road. Ten years earlier my life had been so different. I was an advertising executive with a corner office. I owned an impressive Mercedes Benz and my parking space at my workplace even had my name on it. I had two sons and two daughters, a sprawling suburban home and a live-in maid. Life was filled with success and prosperity.

Now I sat alone on the floor of a tiny studio apartment. The family had gone, the Mercedes had been replaced by a decrepit looking Volkswagen beetle with 180,000 miles on it and my bank account showed that I had only \$150 left.

That is where alcohol took me in one decade: from the corporate world and success to a small \$175 a month rental apartment.

The miracle happened three days later when I found myself in the hospital. My system had finally broken down and I lay in my bed sick and suffering. But then the AA group of the small town I was in heard that I was in the hospital. Referring to me as "a live one" two of its members visited me the third day I was there. They sat down at the foot of my bed and shared their stories. Then they left me a second edition Big Book. After they'd gone I opened the book at random. It was to page 152 where it describes what happens when we get into the program. "...your imagination will be fired...life will have meaning at last...the most satisfactory years of your life lay ahead."

I went to my first AA meeting a few days later. Entering the room I heard laughter and people welcomed me. I saw something in their eyes which affected me deeply. Then I experienced that "psychic moment" people talk about. Hope flooded my spirit.

I've been coming ever since.

Win W.
Sobriety date 10/29/76



Acronyms in AA

There's a joke about acronyms that goes something like this:

1. Choose any three letters of the alphabet.
2. Arrange them in any order you please.
3. Write them down on a piece of paper.
4. You now have the acronym for some agency in Washington we could do without.

Regardless of this, acronyms are everywhere we look, and AA has its share. Some are pretty straightforward while others are horribly contrived. Some familiar ones are listed below, and more will follow. Let us know your favorite, and it may be included. (Please skip acronyms for S****, F*** and C***. See "YABA compatible," below.

BIG BOOK– Believing In God Beats Our Old Knowledge

DENIAL–(1) Don't Even Notice It's A Lie

DENIAL–(2) Don't Even Notice I'm Always Lying

EGO – Edging God Out

FROG – Fully Rely On God

FEAR –(1) Forgetting Everything's All Right

FEAR –(2) False Evidence Appearing Real

GOD – Good Orderly Direction

HALT – Don't get too Hungry, Angry, Lonely, or Tired

KISS – Keep It Simple, Stupid

NUTS – Not Using The Steps

SLIP – Sobriety Lost Its Priority

PROGRAM– People Relying On God Relaying A Message

SOBER – Son Of a B**** – Everything's Real

SPONSOR– Sober Person Offering Newcomers Suggestions On Recovery

STEPS – Solution To Every Problem Solved (or Sober)

STOP – Sobriety Tops Our Priorities

TRUST– Teaching Recovery Using Steps and Traditions

Acronyms and initializations have existed for centuries, but American usage really came into its own during the '30s with the N.R.A., W.P.A., T.V.A. "alphabet agencies" coming into general usage. Wartime activity brought on thousands more (Gestapo, radar, scuba becoming common words) joining normal usage items like A.M., O.K., B.C., U.S.A. etc. "YABA compatible" (where YABA stands for "Yet Another Bloody Acronym") is used to mean that a term's acronym can be pronounced, but is not an offensive word. An explanation of COMCRUDESPAC can wait for another article.

Jim S.

The reward for patience—is patience.

When you do all the talking you only learn what you already know

Recovery Word Search

Step Two "Came to Believe" Acrostic

Like all the others, words can be up, down, across, or diagonal. Have fun and a few minutes of free sobriety.

L	H	D	D	X	S	B	O	D	A	W	N	L	Z	C
H	U	K	O	U	R	S	E	L	V	E	S	O	K	C
G	J	N	Q	G	V	X	C	L	E	P	B	I	W	O
S	U	O	M	Y	N	O	N	A	I	S	J	K	X	S
G	E	U	A	W	H	H	E	R	M	E	H	P	A	N
A	A	G	N	O	S	T	I	C	V	E	V	E	M	S
G	X	N	L	W	Q	T	R	G	D	K	R	E	R	I
S	P	I	B	T	U	G	E	Z	H	O	B	B	E	I
B	C	L	D	A	F	Z	P	S	T	E	P	W	T	L
S	O	L	L	P	A	X	X	S	Y	Q	R	H	A	C
T	N	I	O	D	I	L	E	M	M	A	A	V	E	C
C	C	W	Y	A	T	R	Y	O	X	N	L	J	R	E
T	E	R	S	U	H	L	B	T	A	U	Y	T	G	K
R	P	R	Y	W	O	O	Y	I	M	Q	B	O	N	L
Y	T	I	N	A	S	S	I	W	P	R	O	B	I	E

Agnostic	Came	Faith	Power	Spiritual
Alcoholics	Concept	God	Restore	Step
Anonymous	Dilemma	Higher	Sanity	Two
Believe	Experience	Ourselves	Seek	Willing
Greater	Than			



37th Annual ACYPAA Round-Up!

Hosted in Orange County at the Irvine Marriott

March 12th - 15th, 2009

What Is ACYPAA?

In 1973, the All California Young People in Alcoholics Anonymous Round-Up was established as an annual gathering in California to provide an opportunity for young AA's to come together and share their experience, strength, and hope. ACYPAA is visible evidence that large numbers of people are achieving a lasting and comfortable sobriety in Alcoholics Anonymous. AA's who attend an ACYPAA Round-Up return home better prepared to receive young alcoholics who come to AA seeking recovery.

www.ACYPAA2009.org

Got a Problem? Send a Letter to
“Dear Alkie Alma”

The *Lifeline* starts a new column this month. Alma will answer your questions about getting sober, staying sober and carrying the message of recovery. If you think Alma can help, please send your letters to “Dear Alkie Alma” c/o OCCO, 1526 E. Warner Ave., Santa Ana, CA 92705 or email them to lifelineeditor@yahoo.com.



My name is Scott R and I am a very grateful Alcoholic. When I got sober, the men and woman that came before me taught me about honesty, responsibility, and integrity. It was not easy, but I did it. You need to keep in mind that I was a young kid when I got sober at age 19, and, over the next 27 years, I have been of service to Alcoholics Anonymous in one capacity or another.

Now, there has been an injustice done concerning one of the service entities that I was involved in. One that I was chairman of and helped to write the first guidelines that this committee ever had. I was asked to resign from this committee over something that did not happen.

I was taught to look for the truth. That is not what happened here. A situation happened at a meeting that I was asked to attend. An argument ensued (one that was not caused by me), when people came to a meeting of the committee in question to defend me, and tell the truth about what happened, they were met with:

- A) Unanswered questions
- B) A lot of opposition,
- C) And even some anger

Those people who were there, the people opposed to solving this problem, were not willing, opened minded or honest. Some people just do not want to know the truth. Working and living an honest program is part of my life, and that is the reason I am still sober. The old timers taught me to always stand up for myself, and for what is right, and to speak up about the Traditions. I am not willing to compromise that because someone does not like it. My integrity is important to me.

In Love and Service
 Scott R.

Dear Alma,
 I just got sober. I'm still pretty shaky, and don't have a sponsor yet. I keep hearing at meetings that I should do "90 meetings in 90 days." Sounds like overdoing it to me. Why do they keep pushing this?
 Tom, in Mission Viejo

Dear Tom,
 Next time you're at a meeting, listen when they read Chapter 5. Concentrate on the words "If you have decided you want what we have and are willing to go to any length to get it..." You already know how to deceive yourself which leads to taking that first drink. "90 meetings in 90 days" will begin to correct your "stinking thinking."

Dear Alma,
 I can't seem to get a good night's sleep. I'm 30 days sober, and insomnia is driving me nuts. At least when I was drinking, I could pass out with ease (though I couldn't always stay asleep.) When will it get better?
 Janet, in Costa Mesa

Dear Janet,
 Remember, you're a very sick person just trying to get well a day at a time. As the alcohol is being metabolized out of your system, your nerves are coming alive again. This is confusing to your brain and it wants the sedation that alcohol can bring. Just remember that you won't die from a temporary lack of sleep, but you can die of alcohol abuse. Besides, being willing to accept some discomfort now means you won't have to sober up again in the future. Hang in there! (See previous letter)

Dear Alma,
 My wife is really upset! I just took a one year chip, and I have been doing a meeting nearly every day. I was a bar drinker, and that kept me away from home a lot. My wife says that she now sees less of me than when I was drinking. I feel terrible about this 'cause I put her through the wringer. Maybe I should cut way back on my meetings and service commitments. What do you think?
 Joe, in Aliso Viejo

Dear Joe,
 "First things First!" How happy will she be if you drink again? Sobriety has to be our number one priority. Without sobriety, nothing else is possible for alcoholics like us. If she sees positive changes in you as a husband and father, then she knows the program is working. Be assured that you will find balance in your life as your recovery moves forward. You might suggest she read "The Family Afterward" in the Big Book (in fact you could read it together.) Plus, Alanon has helped many a spouse to see that happiness can come more from within than from someone else.

**The Lifeline is your paper.
 Use it to share your recovery.**

Submit speaker information, events, ideas, suggestions, criticism, jokes and articles and anything else to lifelineeditor@yahoo.com.

WEB SITE STATISTICS

The first on-line issue of the *Lifeline* was posted to our web site in July of 2006. However, when our site hosting company changed servers in June, 2007, some usage statistics before then were lost. Since January, 2007, the Lifeline home page has been viewed 8,695 times. Individual issue files have been viewed 15,446 times.



In December, there were 14,651 "visits" to www.ocaa.org. From February, 2008, through December, 2008, visits averaged 16,259 per month.

GROUP CONTRIBUTIONS TO CENTRAL OFFICE— December

	DEC	YTD									
			Sa 7:00P-Sprk, 33926 Calle Primavera		\$522						
			FOUNTAIN VALLEY	^	^				IRVINE	^	^
ALISO VIEJO	^	^	We 7:30P (W)'s Do Recover, 16581 Brook		\$50				Dly 6:30A-Sunrise Sobriety, 4400 Barr	\$909	\$7,832
BUENA PARK	^	^	We 8:00P-Disc, 10280 Slater		\$340				Dly 7:00A-Solu Grp Mar, 5001 Newport Coast		\$3,500
CAPISTRANO BEACH	^	^	FULLERTON	^	^				M-F 12:00P-Irvine Noon Grp, 5101 Alton	\$300	\$3,220
Su 9:30A-Sandy Survivors, Doheney		\$327	Th 6:00P-(M)'s Stag, 216 N. Malden		\$100				M-F 5:30P-On/Way Home, 2777 McGaw		\$30
Fr 7:00P-Friday Knights, 25976 Domingo	\$130	\$564	Su 8:00P-Sun Nite Spkr Mtg, 1115 Orange		\$50				Su 10:00A-Donut Mtg, 6670 Alton Pky		\$624
Sa 9:30A-Pines Park Disc, Pine Bluffs		\$77	GARDEN GROVE	^	^				Mo 6:30P-Easy Does It, 4949 Alton	\$113	\$751
Sa 6:00P-Keep It Simple, 34381 Portola		\$152	Su 7:30A-Red Eye Grp, 9845 Belfast		\$138				Mo 6:30P-Gypsies (W)'s, Turtlelock CC		\$130
CORONA DEL MAR	^	^	Tu 7:00P-Top/Key Book Stdy, 9th & Lamp		\$310				Mo 7:30P-(W)'s Disc., 15 Orange Tree		\$193
Dly 7:00A-Solutions Oasis, 5th & Marg		\$1,838	Tu 7:30P-HeartSpeak (W)'s, 9845 Belfast		\$80	\$180			Tu 12:00P-(W)'s BB Stdy, 5101 Alton Pky		\$137
Mo 7:00P-Baywood Disc, 1601 Marg		\$555	We 10:00A-Ovr 50 Sin/Purp, 9845 Belf		\$45				Tu 6:00P-Courage To Change, 18182 Culv		\$419
Tu 12:00P-Noonatics, 800 Marguerite		\$175	We 12:00P-(W)'s, 9845 Belfast		\$40				Tu 7:00P-(M)'s K.I.S. 12X12, 14301 Yale	\$70	\$490
Tu 7:00P-(M)'s Part, 611 Heliotope		\$1,054	Th 10:00A-Over 40 Disc. Grp, 9845 Belf		\$100				We 6:30P-B. B. Topic Disc., 5001 Nwprt		\$755
Th 6:00P-Happy Hour (M)'s Pacific View		\$280	Th 7:00P-SS, 12432 9th St.		\$85				We 7:30P-Wild Bunch Beg's, 10 Federat		\$144
Fr 7:30P-Rebels Disc, 611 Helio		\$957	Th 8:00P-Sprk, 9845 Belfast Dr.		\$60				We 8:00P-12 Solutions SS, Harvard		\$370
Fr 8:00P-BB Stdy, 3233 Pacific View		\$504	Fr 10:30A-(W)'s (C)12 & 12, 9845 Blfst		\$228				Th 12:00P-Irvine (M)'s Lunch, 5001 Nwprt		\$403
COSTA MESA	^	^	Sa 10:30A-BB Stdy, 9845 Belfast		\$165				Th 6:30P-(W)'s Gypsies, Deerfield & Turtle		\$650
Dly 7:00A-Daily Reflect, 2040 Placentia	\$50	\$800	Sa 8:00P-Sat Nite Spkrs, 9845 Belfast		\$20				Fr 10:30A-Over 50 Grp, 6670 Alton	\$120	\$774
Dly 7:30A-As Bill Sees It, 2501 Harbor		\$2,100	HUNTINGTON BEACH	^	^				Fr 12:00P-(W)'s Topic Disc, 5101 Alton P	\$146	\$421
Dly 12:15P-New Lease/Life, 1545 Nwprt		\$1,190	Dly 6:00A-Early Birds, 18582 Beach #2		\$44				Fr 5:30P-Topic Disc.Grp, 6670 Alton (Kaiser)	\$104	\$902
M-F 6:45A-Morning Meditat, 183 E. Bay	\$120	\$1,322	Dly 7:00A-Hggrs/Bill Sees It, 8200 Ellis		\$375	\$3,150			Fr 7:00P Winning Tkt Bk Stdy, 1 Sunnyh		\$551
M-F 12:00P-Noon Rec, 420 W. 19th St.		\$1,656	Dly 7:30A-Attitude Mod., 18582 Beach		\$52				Fr 7:30P-Boys in Sobriety, 4400 Barranca		\$483
Su 10:00A-BB Over Donuts, 301 Victoria		\$115	Dly 8:00A-Hggrs II, H.B Lifegr Tower 11		\$300	\$1,834			Fr 8:00P-Nite Wild Bunch, 18422 Culver		\$100
Su 3:30P-BB 3rd Step, 275 Victoria St.		\$130	Su 6:00A-Cover/BB Stdy, 18582 Beach		\$150				Fr 8:00P-Little Grp, 18422 Culver		\$345
Su 7:00P-12 S/ S M's Stag, 2015 Charle St.	\$50	\$100	Su 9:00A-On/Beach, Lifegr Tower 11		\$270				Sa 9:15A-SS, 5101 Alton Pky	\$124	\$1,111
Su 7:00P-Sun Speaker, 678 W. 19th St.		\$100	Su 10:00A-Sober Sharing, 18582 Beach		\$50				Sa 11:00A-Acceptance, 3 Ethel Cop	\$130	\$1,113
Mo 12:00P-Clean & Serene BB, 183 E. Bay		\$120	Su 5:00P-Creative Sharing, 18582 Beach		\$210				Sa 11:00A-B.B Stdy, 1 Sunnyhill - Turtle		\$354
Mo 12:00P-High Noon Step, 660 Baker		\$59	Su 7:30P-Disc, 20444 Magnolia		\$840				Sa 7:00P-Sprks, 1 Sunnyhill - Turtle		\$310
Mo 7:00P-Livg Sober Grp, 2040 Placentia		\$150	Mo 12:00P-(W)'s Bill Sees It, 18631 Chap		\$75	\$385			LAGUNA BEACH	^	^
Mo 8:00P-(M)'s, 2015 Charle Street	\$120	\$120	Mo 6:00P-Sprk/Q&A/Part, 6622 Lakeview		\$420				Dly 7:00A-Attitude Adj, 20456 LCR		\$1,450
Tu 6:00P-Living Sober, 2040 Placentia		\$70	Mo 6:30P-Both Books, 16871 BolsaChic		\$50				Dly 7:05A-Attitude Adj, 31872 PCH		\$2,656
Tu 7:00P-A 11th Step Sol, 2850 Fairview		\$200	Mo 7:00P-(W)'s Sans, 18631 Chapel Ln.		\$465				Dly 7:05A-Attitude Adj, 31106 PCH (C)		\$848
Tu 7:00P-CDM Soup Kit Men 420 W. 19th St	\$700	\$700	Mo 7:30P-(M)'s BB & 12&12, 1912 Florida		\$39	\$624			M-F 7:00A-Meets/Ruby's, 30622 PCH		\$16
Tu 7:30P-Balboa Broads, 420 W 19th St	\$50	\$205	Mo 7:30P-BB Stdy, St Simon & Jude		\$140				M-Sa 7:00A-Horse Theives, 30622 PCH		\$30
Tu 7:30P-Men's One Hour 1865 Anaheim		\$70	Tu 1:00P-Harmony (W)'s, Edinger/Denney's		\$40	\$240			Su 7:05A-Montage Grp, (Montage)	\$348	\$2,977
Tu 7:30P-(M)'s Last Gaspers, 695 W 19th		\$60	Tu 6:00P-Disc, 18582 Beach Blvd.		\$20				Su 10:00A-Heisler Park Disc, Cliff		\$395
We 12:00P-High Noon Step, 183 E. Bay St.		\$140	Tu 6:00P-(W)'s 12&12,18582 Beach		\$100				Su 10:30A-Sunday Q&A, 31872 PCH		\$30
We 7:00P-(W)'s Source Str, 3116 Van		\$75	Tu 7:30P-Beginners (M)'s, 19822 Beach		\$561	\$2,434			Su 6:00P-Disc, 20456 LCR		\$150
We 7:30P-Day By Day Serenity, 1865 Anahe		\$34	Tu 7:30P-(W)'s Disc., 8200 Ellis		\$152				Su 6:00P-As Bill Sees It, 340 St Anns		\$40
We 7:30P-BB Trivia (M)'s Stag, 1545 New	\$50	\$50	Tu 7:30P-(W)'s Serenity BB, 20444 Magn		\$354				Su 6:00P-GV Stdy, 21632 Wesley Dr		\$421
Th 5:30P-(W)'s Its/Book Study, 2040		\$64	Tu 8:00P-Newcms (M)'s Grp, 20444 Magn		\$372				Su 7:00P-TIS Spkrs, 31872 Coast Hwy		\$808
Th 5:30P-Topic Disc, 3151 Airway Ave.		\$100	Tu 8:00P-Tues Nite Zeider Ln, 17461 Z Ln		\$211				Su 7:30P-Su Participation, 20456 LCR		\$50
Th 7:00P-12 Steps & 12 Trads, E Bay	\$60	\$240	We 7:30A-Attitude Mod, 18582 Beach		\$60	\$270			Mo 12:00P-BB Stdy, 20456 LCR		\$70
Th 7:30P-Candlelight Disc, 420 W. 19th	\$140	\$315	We 2:00P-Seniors & Friends 1718 Orng		\$60	\$492			Mo 6:30P-BB Stdy, 20456 LCR		\$104
Fr 12:00P-Bizman Stag, 660 Baker		\$75	We 6:30P-(W)'s Step Stdy, 7641 Talbert		\$44	\$164			Mo 6:30P-(W)'s Perspect, 20456 LCR		\$165
Fr 6:30 P-FGIF Women 183 E.Bay St.		\$152	We 7:00P-Triangle Grp B/B Study, 2721 Dela	\$100	\$160				Mo 6:30P-(W)'s BB Stdy, Wesley		\$450
Fr 7:30P-(M)'s Back to Bas, 420 19th		\$47	We 8:00P-Here & Now, 16871 Bolsa Chi		\$45				Mo 7:00P-Mon Night (M)'s Stag @Pat's		\$300
Fr 8:00P-BB Stdy, 1865 Anaheim		\$100	We 8:00P-HB Part, 20444 Magnolia		\$225				Mo 8:00P-(M)'s Stag, 20456 LCR		\$485
Sa 9:30A-(M)'s, Charle Street		\$120	Th 7:30A-Attitude Mod, 18582 Beach		\$180				Mo 8:00P-S/Coast (M)'s, 340 S/Ann's		\$310
Sa 9:30A-Charle St. Overflow, 2025 Charle	\$40	\$582	Th 10:00A-(W)'s BB Stdy, 18631 Chapel		\$270				Tu 7:00A-BB Stdy, 20456 LCR		\$360
Sa 9:30A-(M)'s By The Book, 3080 Airway A		\$614	Th 6:00P-Ovr 40/Going Strong, 18582 Bch		\$100				Tu 12:30P-Serenity-Sea (W)'s, 340 St Ann's		\$236
Sa 9:30A-Sat Morn (W)'s Gr, 2040 Placen		\$315	Th 7:30P-11th Step Disc., 1912 Florida		\$167				Tu 12:00P-Promises Disc, 20456 LCR		\$88
Sa 6:00P-Cover-To-Cover, 183 E. Bay St.		\$170	Fr 10:00A-Step Sisters, 18631 Chapel Ln.		\$60	\$444			Tu 12:30P-(W)'s Disc, 20456 LCR	\$200	\$800
Sa 8:00P-Keep It Simple, 2850 Fairview		\$273	Fr 6:00P-(M)'s/Solution, 7111 Talbert Ave		\$70	\$280			Tu 6:00P-Here & Now, 20456 LCR	\$175	\$315
CYPRESS	^	^	Fr 6:30P-BB Stdy, 16400 Springdale		\$460				Tu 6:30P-(M)'s Beg, 31872 So/Coast		\$750
Su 5:00P-Happy Hour Topic, 4552 Lin		\$100	Fr 7:30P-BB Stdy, 16650 Saybrook Lane		\$70	\$350			Tu 7:30P-By The Book, 20456 LCR		\$75
Tu 8:00P-BB Stdy, 8615 Walker St.		\$70	Fr 8:00P-HB Dntowners, 2000 Main		\$60				We/Sat 7:00A-Whale Watch (M)'s, PCH		\$3,059
We 7:00P-Cypress Women's S/S, 5100 Cerri		\$100	Fr 8:00P-Finally a Friday, 18582 Beach Blvd	\$100	\$100				We 6:00P-Beginner's, 20456 LCR	\$100	\$235
Fr 6:00P-Living Sober, 5201 Evergreen		\$65	Sa 7:30A-Attitude Mod, 18582 Beach		\$60	\$300			We 8:00P-So.Coast Spkrs, 286 St. Anns		\$1,350
DANA POINT	^	^	Sa 7:30A-(M)'s Stag, 18582 Beach		\$235				Th 12:00P-12 & 12 SS, 20456 LCR		\$100
Dly 7:00A-Hard Core Harbor, 34451 Ens		\$13,345	Sa 7:30A-(M)'s Disc 9812 Hamilton		\$60	\$210			Th 12:30P-(W)'s Disc., 415 Forest Ave.		\$423
Su 9:30A-DP Spkr 1st/mo Wind & Sea	\$45	\$105	Sa 7:00P-SatNiteLiveSpkr, 18631 Chapel		\$230				Th 6:00 P-(W)'s Disc,20456 LCR		\$140
Mo 5:30P-(W)'s Disc, Ensenada & DPH		\$921	Sa 9:30A-W BB Stdy, 18582 Beach		\$346				Th 6:30P-(M)'s BYOB 12& 12 SS, 21632	\$109	\$468
Mo 7:00P-Promises, 34052 Del Obispo		\$263	Sa 10:00A-(W)'s BBStdy, 18631 Chapel		\$321				Th 7:30P-(W)'s SS, 31872 PCH		\$143
Tu 9:30A-(W)'s Back/Basics 24642 SJ	\$144	\$961	Sa 7:00P-Sat Nite Live BB, 18631 Chapel		\$90				Fr 6:55A-Women's Workshop, 20456 LCR	\$118	\$118
Th 10:30A-(W)'s Bk Stdy, 33501 Ston		\$103							Fr 6:00P-Fri Nite Lite Disc, 21632 Wesley	\$280	\$1,038
Th 7:00A-(W)'s Harb Topic Disc, S Juan		\$472							Fr 6:00 P-Happy Hour and Half, 20456 LCR		\$375
Fr 12:15P-Fri Lunch (W)'s BB, 33841	\$50	\$75							Fr 6:00P-Literature Mtg, 21632 Wesley		\$122
Fr 7:00P-GV, 33926 Calle Primavera	\$333	\$945									

Continued on page 6

Group Contributions continued		B. H, Dana Point	\$20	Receipt # 67	\$40
We-6:00P-SC-Kampfyre Girlz UL	\$533	Bill D. Laguna Nigel	\$160	Receipt # 97	\$180
Mo 7:00P YL (M)'s Surrender UL	\$20	Bill W./ Michigan	\$100	Receipt # 118 - Seal Beach Fri Night	\$256
WANDERING GROUPS		Crystal B, Rancho Santa Margarita	\$70	Receipt # 147	\$68
Sa 8:00P-Orange County Wandering Grp	\$60	Ed M., San Clemente	\$1,032	Receipt # 178	\$532
Tu 6:00P-Wandering Step Sisters	\$140 \$410	David S, Fountain Valley	\$100	Receipt # 170 Saddleback Valley Grp	\$40
(W)'s Wandering-Irvine	47 \$375	Jack C., Westmister	\$700 \$700	Receipt # 280 Lag Bch AA Miracles Happen	\$386
Th 6:30P-RSM (3rd Thurs) Wandering	\$70	Janis L., Irvine	\$250	Receipt # 282	\$60
MISC. DONATIONS		Joseph D., Capo Beach	\$1,000 \$1,000	Receipt # 330	\$100
OCCO Change Can	\$105	June L, Irvine	\$300	Receipt # 700	\$120
Satellite Office Change Can	\$8 \$186	Laura D. San Juan Capo Bch	\$30	Receipt # 701	\$50
Intergroup Meeting	\$120 \$1,161	Laura N.	\$10 \$10	Receipt # 607	\$50
H&I South County	\$25 \$25	Linda L, Lake Elsinore	\$360	Receipt # 694 (Joy of Sobriety) UL	\$334
AOCYPAA	\$334	Mary J., Mission Viejo	\$250	Receipt #340	\$175
4th Step Workshop, Laguna Beach	\$366	Patricia G.	\$100	Receipt #538 Sat AM 142281 (Pines Pk)	\$81
PERSONAL DONATIONS		Robert McD., SJC	\$20	Receipt #552 CapoBch Robert P.	\$200
Anonymous 9th Step	\$260	Theresa W., Newport Beach	\$50 \$285	Receipt #786 Costa Mesa, James G.	\$105
Anonymous/January	\$30	Thomas N., Newport Beach	\$90	Receipt #811 Dana Point, Michael C.	\$140
Anonymous/March	\$37	Virginia S, Irvine	\$160	Receipt #851	\$60
Anonymous/March	\$250	Walter A., Newport Beach	3,000 \$3,000	Receipt #846 Leon W.	\$48
Anonymous/April	\$50	Wanda R., Huntington Beach	\$20	Receipt #1057 Laguna Beach	\$100 \$100
Anonymous/April	\$250	IN LOVING MEMORY		Receipt#1060	\$375 \$375
Anonymous/May	\$250	Memorial to Daniel G.1985-2008	\$23	TOTALS	\$25,844 \$218,774
Anonymous/June	\$250	Memorial to Violet M/40 yrs. 6/10/1968	\$40		
Anonymous/July	\$308	Memorial to Pat McA Laguna Woods	\$79		
Anonymous/August	\$250	Memorial to Leo T. Irvine	\$50		
Anonymous/August	\$170	GROUP INFORMATION REQUESTED			
Anonymous/October	\$250	Receipt # 8953	\$108		
Anonymous/October	\$56	Receipt # 9326	\$20		
Anonymous/November	\$360	Receipt # 9340	\$150		
Anonymous/December	\$700 \$700	Receipt # 9389	\$60		
Anonymous/Wed Night BB CM	\$70	Receipt # 9787	\$175		
Anonymous/Huntington Beach	\$250	Receipt # 9772	\$396		
Anonymous/LB	\$50	Receipt # 9838	\$422		
Ann B., Laguna Beach	\$2,000 \$2,000	Receipt # 42	\$250		



It is not the load
that breaks you
down, but the way
you carry it.

RENT-A-SPONSOR

Are you tired of being told like it is?
Still looking for that easier, softer way?
Had enough of that same old time-tested direction?
No Reading ! No Writing! No Deadlines! No Hurt feelings!
YES – IT IS ALL ABOUT YOU!
KEEP your old friends and ideas (we value them)
Fellowship not necessary (after all – YOU have a life)!
STANDARD FEATURES INCLUDE:
We hear your feelings - NO constant reference to the Big Book or Steps!
Mocking others & OTHER FUN PASTIMES!
YOU do ALL the talking – you DO know what is WRONG!
We understand and want to hear YOUR opinion!
We know that you ARE too busy and respect that!
We agree with your excuses and rationalizations!
Work only the Steps you want, in the order you choose!
Learn the secret of giving it away before you have it!
Why "walk the walk" when you can just "talk the talk?"
Yes! – You can manage your own life!
"GOD - could and would -- OPTIONAL!
We know - it's better to look good than to feel good!
And...They don't understand! & It really isn't YOUR fault!"
FOURTH STEP WRITING SERVICE NOW AVAILABLE!
WE WILL WRITE YOUR INVENTORY FOR YOU, FOCUSING ON THE "GOOD" STUFF!!!
Free Pamphlets: "The Myth of Service", "Gossip AND FEEL GOOD!" &
"Having Fun – the true meaning of life!"
Yes, at Rent-A-Sponsor we know how unique you are and we do understand!
HALF MEASURES! – NOT necessarily A BAD THING!
Call 1-900-POUR-ME-1
Call now and receive a free copy of "Staying Sober on War Stories ALONE"!

Tradition Two

Long Form: For our group purpose, there is but one ultimate authority - a loving God as he may express himself in our group conscience.

Short Form: For our group purpose, there is but one ultimate authority - a loving God as he may express himself in our group conscience. Our leaders are but trusted servants, they do not govern.

The principle introduced last month in the article on Tradition One is the principle of self-sacrifice. What must I give up personally for the good of AA as a whole, and ultimately for me as an individual? And if anonymity is the foundation of all our Traditions, (as expressed in Tradition Twelve) how does Tradition Two fit in? Two very good questions, which I will attempt to shed some light on.



In the AA history books, such as “Alcoholics Anonymous Comes Of Age”, and “Pass It On”, we find many examples of how a need become evident for each of the Twelve Traditions. For Tradition Two, Bill sites the early AA “power drivers” and how everyone wanted to be in charge and call the shots – Bill himself being one of those “power drivers”. More than once, this drive for personal power and prestige in AA almost destroyed the embryonic fellowship before it even got off the ground. So, did AA see the end of all the “power drivers” with the publishing and acceptance of the 12 Traditions? I think we changed the name to something else, but the phenomena is still with us today - only we now call them “control freaks”, or something less suitable for repeating here. These are the ones in our groups, (yes, it could be you and it probably is me!) who, “for the good of the group or AA” always want to steer the group in a certain direction – their direction. Many times we see this blatantly done and just comment, “Oh, that’s just _____, he means well” or “Who cares what we decide to do - what does any of this have to do with my sobriety”? In both cases, for the sake of group harmony, we often accede to a direction simply to avoid conflict or controversy. Is that what’s best for AA? We serve AA well when we remember that the Group Conscience is not simply the results of a vote. More importantly, is each group member given the opportunity to express their viewpoints and ask questions or are we in too much of a hurry to “call the question” or “make a motion to close nominations”? Can we really claim an informed group conscience when discussion is cut off early or some members feel too intimidated to speak up?

And how is anonymity expressed by the principles set forth in this Tradition? In the long form of the Twelfth Tradition, anonymity is equated with the practice of genu-

ine humility. On a plaque on Dr. Bob’s desk, humility was described as, “Perpetual quietness of heart. It is to have no trouble. It is never to be fretted or vexed, irritable or sore; to wonder at nothing that is done to me, to feel nothing done against me. It is to be at rest when nobody praises me, and when I am blamed or despised, it is to have a blessed home in myself where I can go in and shut the door and pray to my Father in secret and be at peace, as in a deep sea of calmness, when all around and about is seeming trouble”.



As often happens in life, we are given an ideal, a perfect goal – and this small bit of text describes what some have come to view as something worth seeking. If I can keep myself from always seeking recognition, prestige and attention in AA, I can grow toward the humility described in the plaque on Dr. Bob’s desk. And, even more important, if I quit worrying about anybody else selfishly seeking those same things – recognition, prestige, attention – I’m a much happier human being.

Lastly, there are a couple assumptions in this tradition – one, our leaders in AA our servants, and the reverse is also true, our servants are our leaders; two, we have to learn to trust our leaders. I believe that we always end up with the leaders we deserve – if we make a popularity contest out of our elections, we are going to have popular, and sometimes ineffective leaders. Our only concern should always be, Who is the best person for the job?

Next month: Tradition Three – Who can be an A.A. member?

A member of A.A. in Orange County

Text in italics re-printed from the Big Book with permission of Alcoholics Anonymous World Services, (AAWS) and the AA Grapevine.

Elevator Broken... Take the Steps

www.SanDiegoSpringRoundUp.com

32nd Annual
SAN DIEGO SPRING ROUND UP
April 9-12, 2009
Town & Country Resort Hotel





“Now let me tell you all about A.A.”

“FIND YOUR PEOPLE”

(Remarks made at Leo T.'s memorial service in November, 2008)

Leo always said “Find your people”. Well, you guys are Leo’s people!

When I was asked to say a few words about Leo’s life, I thought how can you possibly sum up 82 years of life and 41 years of love and service?

Leo’s first 41 years were tumultuous ones. His second 41 years were where his legacy was written. The first half of Leo’s life ended with the inability to form a true partnership with any other human being, which he deeply regretted in his later years. He lost his way, and then lost his wife, his family and his business.

Fortunately Leo’s brother, Dan, knew a way out and introduced Leo to a new way of life. He wasn’t too sure he really wanted a new way of life – but perhaps there was something in it for him. Leo met men who gave him a place to stay, food to eat and people to talk to, if he wanted to. They gave him back his respect, his dignity and another chance at life.

Leo loved to pass his new way of life on to young men. In meetings you could always see Leo after the meeting with some young man backed into a corner with Leo talking a mile a minute to him. He would go down to the Step House and talk with the guys there and listen to their stories. Leo’s favorite story about the Step House was about listening to a young man’s story and not buying it. The man would say “I guess you heard that one, eh Leo?” Leo would always reply “Son, I not only heard it, I wrote it.”

We first met Leo 20 years ago when we moved to Irvine. We heard Leo talk in the meeting and loved his quiet strength. He was humble and yet confident in his sobriety. He called it being “settled”. Leo talked about making the shift from staying sober because you were afraid of drinking, to staying sober because you loved the sober life. We could see the love and joy of sober living in Leo and Jim asked Leo to be his sponsor.

After (his wife) Eleanor passed away, his friends rallied around him,

taking him to meetings and ballgames, watching sports with him, going out to eat with him but there was something missing in his step and his sparkle gone. When he was diagnosed with lung cancer his greatest wish was to get back one more time to see his latest great-grandchild and the rest of the kids – the family that he had once lost. Sadly that was not to be, and he just slipped away one afternoon after spending a weekend visiting with many of his friends.

Leo left a wonderful legacy of service to others. When we helped in his final days, we simply repeated to him what he had said to us so many times...it was an honor and privilege to be able to help.

Leo told all of us to get with our people. To jump in the pocket or purse of someone and follow them around and learn about a new way of life. Whether it was volunteer work at hospice, his service



at Central Office, the hours he spent one-on-one with his closest friends, or his simple, quiet presence at meetings, Leo left us a fine example of “service, gladly rendered, obligations squarely met, troubles well accepted or solved with God’s help. The knowledge that

at home or in the world outside we are partners in a common effort; the well-understood fact that in God’s sight all human beings are important; the proof that love freely given surely brings a full return; the certainty that we are no longer isolated and alone in self-constructed prisons; the surety that we need no longer be square pegs in round holes but can fit and belong in God’s scheme of things – these are the permanent and legitimate satisfactions of right living for which no amount of pomp or circumstance, no heap of materials possessions, could possibly be substitutes. True ambition is not what we thought it was. True ambition is a desire to live usefully and walk humbly under the grace of God.” Leo found his true ambition and now walks with God.

May all of you walk with god on your path of Happy Destiny.

May God Bless and Keep you.

Doris R. , Irvine

SPEAKER MEETINGS

Costa Mesa

Sunday Night Speaker Meeting
7:00 pm
Bethel Towers, Social Hall
678 West 19th St.
Contact: Pat M.

Fullerton

Dreams Come True Friday Night Speaker Meeting
8:00 pm
1st Christian Church
109 East Wilshire Avenue
Contact: Paul P.
02/06 Roxy, Fullerton
02/13 Doug W., Fullerton
02/20 Pearl N., Fountain Valley
02/27 Woody & Sandy, Cypress

Garden Grove

Thursday Night Speaker Meeting
8:00 pm
Garden Grove Alano Club
9845 Belfast Dr

Contact: John S.
Saturday Night Speakers
8:00 pm
Garden Grove Alano Club
9845 Belfast Dr
Contact: Jon W.

Huntington Beach

Saturday Night Lite Speakers
7:00 pm
HOW Hall, 18582 Beach Blvd
Behind Flower Kiosk @ Ellis
Contact: Kevin B.
02/07 Gabrielle C.
02/14 Wendy A.
02/21 Deeder B.
02/28 Armondo R.
03/07 Nick B.

Orange

No Puffers Speaker Meeting
8:00 pm, Friday
Community of Christ Church
385 S. Tustin Ave
Contact: Garry B.
02/06 Dawn M., Orange
02/13 Jennifer M., Orange

02/20 Frank M., Orange
02/27 Jaci W., Irvine

Sober & Crazy Sunday Night Speakers
7:00 PM
7th Day Adventist Church
1310 E. Walnut Ave, near Tustin Ave
Contact: Betsy S.
02/01 Laura P., Norco
02/08 Mike C., Santa Ana
02/15 Carrie S., No. Tustin
02/22 Sam S., O.C.

San Clemente

Thursday Night Big Speaker Mtg.
8:00 pm, Thursday
San Clemente Friendship Center
Contact: Bob B.

Tustin

Saturday Night Visiting Speaker
8:00 pm
St. Paul’s Church, 1221 Wass St.
Contact: Keith S.
(714) 720-4353
02/07 Rich W., Garden Grove
02/14 Steve H., Orange

02/21 Teresa R., Santa Ana
02/28 Rick H., Homeland
03/07 Ken G., Fallbrook
03/14 Tammy A., Santa Ana
03/21 Brenda P., Tustin
03/28 Scott R., Buena Park
04/04 Wendy C., Orange
04/11 Jeryl T., Costa Mesa
04/18 Brenda D., Diamond Bar
04/25 Dr. Dan L., Anaheim

Submit speaker information to LifelineEditor@yahoo.com by the 15th of the month.



The listed speakers have been invited by the respective groups and their message does not imply the endorsement of the Orange County Intergroup nor their Central Office.

Welcome 2009 Orange County Intergroup Service Board



Chair, Frank M.
 Vice Chair, Pearl
 Treasurer, Art H.
 Secretary, Nick N.
 Central Office, Roxanne R.

Who? What? When? Where?

Public Relations Committee, David S.

Meets the 3rd Wednesday of the month at 6:30 pm

Group Relations Committee, Carlos T.

Meets the 4th Wednesday of the month at 7:00 pm

Lifeline Committee, Bill W.

Meets the 1st Thursday of the month at 7:00 pm

Special Events Committee, Ann M.

Meetings scheduled as needed

H & I Committee, Nick M.

Meets the 2nd Sunday of the month at the Garden Grove Alano Club. Institutions meet at 4:00 pm; Hospitals meet at 6:00 pm. South Orange County H & I meets at the Laguna Beach Canyon Club the 3rd Wednesday of the month at 7:30 pm.

With the exception of H & I, the above committees meet at Central Office, 1526 Brookhollow, Suite 75, Santa Ana, CA 92705. If you are interested in serving on a committee or would like more information please contact the above or Central Office at 714-556-4555.

The Orange County Intergroup Association Meeting

Wednesday, February 11th at 7:00 PM

Please call Central Office for the February 11th Intergroup Meeting Location.
 (714) 556-4555



Orange County H & I
 On the 2nd Sunday of the month
 Garden Grove Alano Club, 714-534-2244
 9845 Belfast Drive, Garden Grove, CA
 For additional info call 714-979-8524
 Or Central Office: 714-556-4555

To Carry the Message of Alcoholics Anonymous to the Alcoholic who is confined in a Hospital or Institution

South Orange County H & I
 3rd Wednesday of the month, 7:30 pm
 Laguna Canyon Club, 949-497-1823
 20456 Laguna Canyon Rd., Laguna Beach



Help keep the doors of AA open so that new members may receive the same help so many of us have already received. Make a donation of any amount for an AA Birthday—yours or someone else's—and we will help celebrate by publishing their name and years of sobriety in the *Lifeline*.

Please send donations to:
 Orange County Central Office
 1526 E. Warner
 Suite 75, Santa Ana California 92705

Kirsten A.	Dana Point	1 year
Michelle M.	Dana Point	2 years
Deb A.	Laguna Niguel	4 years
Joey K.	Dana Point	4 years
Kaeri S.	Laguna Niguel	6 years
Carolyn R.	Costa Mesa	7 years
Char P.	Laguna Niguel	13 years
Marsha C.	San Clemente	25 years
Gary N.	Santa Ana	27 years
Jack B.	Dana Point	28 years
Jan B.	Dana Point	29 years
Donna McL.	Mission Viejo	30 years
Mel B.	Laguna Woods	32 years
Phil F.	Santa Ana	33 years
Jerri T.	Mission Viejo	34 years
Genny B.	Huntington Beach	34 years

ORANGE COUNTY CENTRAL OFFICE

1526 Brookhollow, Suite 75
 (Mailing address: 1526 E. Warner, Suite 75)
 Santa Ana, California 92705
 Phone: (714) 556-4555, Fax: (714) 556-7231
 E-mail: ocaa7664@sbcglobal.net
 Web site: www.oc-aa.org
 Office hours: Mon-Fri 9:00 AM to 7:00 PM
 Sat 9:00 AM to 1:00 PM

South County Office: 27281 Las Ramblas, Ste.135
 Mission Viejo 92691
 Phone: (949) 582-2697, Fax: (949) 582-2611
 E-mail: socoaa@sbcglobal.net
 Hours: Mon-Fri 10:00AM to 5:00 PM

CENTRAL OFFICE ACTIVITY-December

Total Calls Handled by Both Offices: 1981

Main and Satellite Office Volunteers

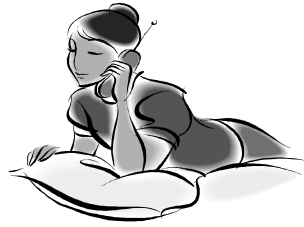
12 Step Calls	12
Meeting Information	737
General Information	377
Walk-in Customers	269

Night Owl Volunteers

12 Step calls	9
Meeting Information	560
General Information	287

CALL FORWARDING

“Alcoholics Anonymous, how may we help you?”



CALL FORWARDING:

The call forwarding program instituted by Orange County Central Office insures that our help line phones are answered by volunteers 24/7. During hours when the Central Office is closed, calls to the Central Office are forwarded to a call forwarding volunteer's home or cell phone, where the volunteer answers the calls just as if he or she were sitting in the Central Office. This service allows the Central Office to realize a significant cost saving because we do not need to contract with a phone answering service. Even more vital, when a call is placed to Alcoholics Anonymous in Orange County, the caller will be talking to an Alcoholics Anonymous member not a phone service! This truly is “front-line” 12th Step work and we would appreciate any time you can give.

SHIFTS:

Monday thru Friday shifts are 6am to 9am, 6pm to 9pm and 9pm to 6am. Saturday shifts start with the 6am to 9am. The Central Office opens and covers from 9am to 1pm on Saturdays. The phones are than forwarded to volunteers to cover the phones from 1pm to 4pm, 4pm to 7pm, 7pm to 10pm and 10pm to 6am. On Sundays and Holidays shifts begin at 6am with the 6am to 10am, and continue with 10am to 2pm, 2pm to 6pm, 6pm to 10pm and 10pm to 6am.

**New evening shifts available
6pm to 9pm
Monday thru Friday**

VOLUNTEERING:

In order to volunteer for this service it is suggested that you have two years of sobriety. You must than arrange with the Central Office Manager in Santa Ana or the Satellite Office Manager in Mission Viejo for a brief orientation session which will be held at one of the offices. Shifts are available please call the Central Office at (714) 556-4555 or the Satellite Office at (949) 582-2697.

ORANGE COUNTY INTERGROUP ASSOCIATION OF AA

Statement of Income and Expenses for Period Ending 12/31/2008

	DECEMBER	YTD
INCOME		
Group Donations	18,338.28	204,592.58
Individual/Fellowship	7,458.05	14,403.48
Literature Sales	9,016.53	131,609.20
Birthday Donations	224.00	6,293.29
In Memoriam	0.00	192.00
Intergroup Donations	120.25	1,264.75
Special Events	0.00	0.00
Interest Income	192.29	2,925.05
Misc. (Repaid Bounced Checks)	0.00	993.14
TOTAL INCOME:	35,349.40	362,273.49
EXPENSES		
Audits/Accounting	0.00	5,100.00
Auto (All Managers)	48.48	894.93
Bank Charge	0.00	0.00
Cash/Invoices OverShort	-21.74	-68.19
Insurances	0.00	28,429.54
Intergroup Expense	0.00	1,715.10
Lease Expense	389.07	4,668.84
Maintenance & Repairs	630.21	1,510.00
Volunteers Coffee + Water	63.41	986.00
Offices' Supplies	488.33	3,341.72
Pension Expense	1,533.06	3,366.54
Postage	0.00	738.36
P/I, Donated Literature	0.00	1,515.58
Rent Main/Satellite Offices	3,661.75	43,585.72
Salaries	9,653.36	124,803.69
Reimb. Health	262.57	617.14
Payroll Tax Expense	868.15	10,750.89
Taxes & Licenses	0.75	176.62
Telephone Expense	536.75	5,769.35
LIFELINE Expense	1,230.40	14,474.75
Cost of Literature Sold	4,819.26	113,683.77
Special Events	0.00	2,734.96
Reconciliation Discrepancies	0.00	60.00
Misc. (Returned Checks)	0.00	1,384.61
TOTAL EXPENSES:	24,163.81	370,239.92
INCOME/(LOSS):	11,185.59	-7,966.43

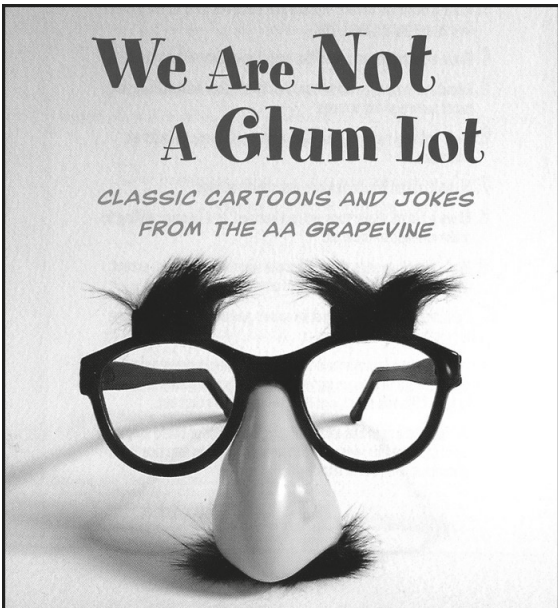
THE LIFELINE, 1526 BROOKHOLLOW DR., SUITE 75, SANTA ANA, CA 92705- Published monthly by the Orange County Intergroup Association

Purpose: The Orange County Lifeline Committee is a committee of volunteer A.A. members, charged with the responsibility of producing and distributing the Orange County Lifeline, (a publication of the Orange County Intergroup Association). The Lifeline is published monthly and is supported solely through contributions from the A.A. groups and members of Orange County. The Lifeline is published to meet the following needs of the Orange County A.A. membership: to inform the A.A. membership regarding A.A. service, A.A. events and A.A. announcements; also to share experience in recovery, unity and service; to keep the A.A. membership informed regarding the actions, finances and meetings of the Orange County Intergroup Association and other Central Office committees.

Lifeline Committee: Meets the 1st Thursday of each month at the Central Office. Join us @ 7PM.

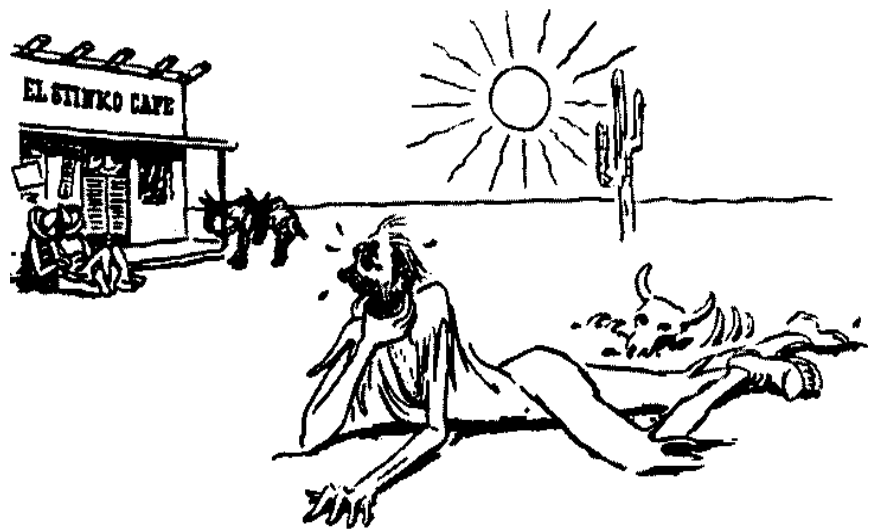
Bill W., (Chair); Jim S., Phil F., Nick M., George L., Dave H., Tarcy H. (Editor)

Mail submissions to the above address or send email to: lifelineeditor@yahoo.com



We Are Not A Glum Lot

CLASSIC CARTOONS AND JOKES FROM THE AA GRAPEVINE



"Water! Water! With Bourbon and not much ice!"

WE know an AA who waited, in fear and trembling, in the doctor's outer office for a report on a general check-up. The doc, who knew his patient of old, came out of his office reading the chart and frowning mightily. Our boy was scared.

"Know what?" asked the doctor, fixing our lad with a stare.

"No, Doc, What?"

"According to this," replied the doctor, tapping the report, "*blood* is getting into your *alcohol* stream!"

First lady: Do you know anything about Alcoholics Anonymous?

Second lady: Oh, yes. My husband tells me it's something you get from drinking.

The City Prosecutor was questioning a man in police court charged with reckless driving.

"As a member of Alcoholics Anonymous, you are not supposed to take that first drink," the prosecutor said.

"That's right and I don't take, it," the defendant said. "I order the first drink and set it aside. Then I order a second drink, a third drink and so forth. But that first drink never gets touched."

"Wot I says is, life ain't all you want, but it's all you 'ave; so 'ave it; stick a geranium in yer 'at, an' be 'appy."

Before Kansas went wet this last election, a couple of strangers in town asked a native where they could get a drink. The man looked 'em over and said, "Liquor's illegal in this state. You can git it only as medicine--for snake bite! And there's only one snake in town--and it's gittin' late! Better hurry down and git in line before that critter gits plumb exhausted!"



And the 'lil woman gets so sore that she actually buys me a bottle and sez: "Go ahead. Drink yourself to death!" And I sez: "What—on one bottle?"