

Lifeline



SANTA ANA, CALIFORNIA

June, 2008

VOLUME XXXVIII No. 6



Orange
County
Intergroup
Association

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ORANGE COUNTY CENTRAL OFFICE

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Website: www.oc-aa.org
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Sat 9:00 AM to 1:00 PM

South County Office: 27281 Las Ramblas, Ste.135
Mission Viejo 92691
Phone: (949) 582-2697
Fax: (949) 582-2611
E-mail: socoaa@sbcglobal.net
Hours: Mon-Fri 10:00AM to 5:00 PM

The Orange County Intergroup Association Meeting
Wednesday, June 11th at 7:00 PM

Kaiser Hospital, 6670 Alton Parkway @ Sand Canyon, Irvine
The meeting will be held in the MOBII (New Building 5th Floor)
Rooms ASN-5209 + 5210

GRACE AT LAX

Sent along by a friend of Bill & Lois W. in San Diego, CA

This is a true story:

Sometime in the early 1990's I was treating a woman in an intensive outpatient chemical dependency group. Let's call her 'Grace.'

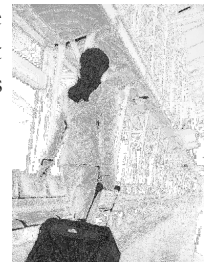
Grace was a flight attendant and had been suspended from her job with a major airline due to her untreated alcoholism. She had been stealing the little miniature liquor bottles and drinking in airport bars in uniform, etc. Her employer, realizing she needed treatment sent her to us.

After the eight week program, I suggested to her it might be a good idea to solidify her foundation in recovery before returning to work as she would be working in a high-risk environment (serving alcohol, being out of town alone, etc.). Grace did, however, return to work shortly after completing outpatient treatment.

One day while she was departing from a plane at the end of long day a major craving for alcohol overpowered her. There she was, in the Los Angeles International Airport pulling her roller-bag behind her when this massive craving to drink came over her. She tried to just 'think through it,' or 'just forget about it,' but it was way too powerful. It was so powerful, in fact, that she had resigned to herself that she would just go drink. Grace thought, Oh, heck with it, I'll get another job; or maybe no one will find out anyway.' But deep down inside Grace did not want to drink. She truly had wanted to stay sober, but she was in trouble.

On her way to the bar in the airport, Grace had a moment of sanity. She stopped, picked up the airport paging phone and said, 'Will you please page friends of Bill W.,' she paused, quickly looking around for an empty gate, 'To come to Gate 12!'

Within minutes, over the paging system in the LA International Airport came, 'Will friends of Bill W. please come to Gate 12. Will friends of Bill W. please come to Gate 12.' Most people in recovery know that asking if you are a friend of Bill W. is an anonymous way to identify yourself as a member of AA. In less than five minutes there were about fifteen people at that gate from all over the world. That brought tears of amazement, relief and joy to Grace. They had a little meeting there at that empty gate, total strangers prior to that moment. Grace discovered that two of those people had gotten out of

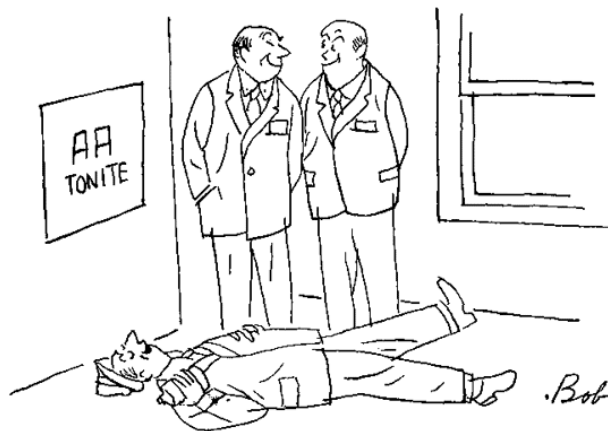


Continued from page 1

their boarding lines and missed their flights to answer that call for help. They had remembered what they had seen on many walls of meeting rooms: 'When anyone, anywhere reaches out their hand for help, I want the hand of AA always to be there and for that I am responsible.'

Grace did not drink that day. I would venture to guess that none of the people who came to Gate 12 drank that day either. Instead Grace had a moment of sanity, realized she could not do it on her own, took the action of asking for help and received it immediately.

This help is available to all of us if we want it and sincerely ask for it. It never fails. Let's keep it that way!



"Oh, I'm not here for myself. I'm really curious about a second cousin."

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ORANGE COUNTY INTERGROUP SERVICE BOARD



Chair, Frank M. • Vice Chair, John P.
Treasurer, Ken S. • Secretary, Beth E.
Central Office, Dave M.

Who? What? When? Where?

Public Relations Committee, Nick N.

Meets the 3rd Wednesday of the month at 6:30 pm

Group Relations Committee, Carlos T.

Meets the 4th Wednesday of the month at 7:00 pm

Lifeline Committee, Bill W.

Meets the 1st Thursday of the month at 7:00 pm

Special Events Committee, Debbie M.

Meetings scheduled as needed

H & I Committee, Nick M.

Meets the 2nd Sunday of the month at the Garden Grove Alano Club. Institutions meet at 4:00 pm; Hospitals meet at 6:00 pm. South Orange County H & I meets at the Laguna Beach Canyon Club the 3rd Wednesday of the month at 7:30 pm.

With the exception of H & I, the above committees meet at Central Office, 1526 Brookhollow, Suite 75, Santa Ana, CA 92705. If you are interested in serving on a committee or would like more information please contact the above or Central Office at 714-556-4555.

Your service is appreciated!

Taking the First Drink

Before we joined A.A. most of our prolonged drunks were in reality just a "slip"--we thought we'd have just one drink.

The foundation of sobriety in A.A. is simplicity itself--it is simply not taking the first drink. You can call it Step No. 1/2, or 1 1/2, but it is simply NOT taking the first drink, and the ones who succeed in the A.A. program base everything and every good that follows upon this.

If an A.A. embraces just one or all 12 steps, his success still depends on NOT TAKING THE FIRST DRINK. Nobody has yet found lasting benefit from A.A., no matter if he or she be dry one day or ten years, unless before and beneath everything is the continued practice of NOT TAKING THE FIRST DRINK.

In A.A., what is a slip? It is TAKING THE FIRST DRINK.

Who has slips? Mainly, those who may have placed great importance on any one, or all, of the 12 Steps in A.A.--and still persisted in taking the first drink.

Often those who have slips have mental reservations. Often they think of their own case as different from the others, as being unique. Personalities and circumstances may differ among A.A. members, but one thing does not--and that is the inability of anybody in A.A. to succeed with the program if he does not fully realize that the entire program is based on the foundation and premise of not taking the first drink.

The 12 Steps and other A.A. teachings are made effective only by not taking the first drink; the repetition of this phrase should not be tiresome to those of us who always failed because of "just one."

The new member who, feeling his case is unique and different, comes to meetings "to see what you people have to offer," is doing it the hard way. Why is such an attitude an immediate tip-off? Because it indicates a "show-me" attitude. It overlooks the fact that in most cases A.A. has a great deal more to offer the candidate than the candidate has to offer A.A., but more importantly it shows that the candidate doesn't realize this, hence his path will be more thorny than that of the fellow or gal who steps up and says, "I don't care *what* you have to offer--if it keeps *you* sober, I want it!" If he says instead, "If it will keep *ME* sober I want it," you can detect a lack of humility. He is saying in effect, "Maybe it can keep all of you, and thousands of other alcoholics sober, but boy it's good if it can keep *ME* sober, etc." "Me, I, me, I, me, I"--not the best sign of humility.

One of the things that may confuse the budding or full-blown egoist in A.A. is the statement that the program is a selfish program. There is a difference in meaning here. A.A. is a program that concerns self, true enough, but the keynote of its operation is certainly not selfishness, lest 12th Step work should never be done--and most of us who have attained sobriety should not be here. Instead we would be nursing "self" in some saloon, or more probably in a booby-hatch--with a plush-lined tongue and a brain composed of last year's jello.

The spiritual side of A.A., which admittedly is what makes it tick for the most successful followers of the program, helps most those who are humble and desperate for help. And what is the help we need? We need help in walking a new road in life--but before we start let us fully realize that the foundation of sobriety in A.A. is simply: NOT TAKING THE FIRST DRINK. You can't slip until you forget that!



PB, Bronxville, NY
The Grapevine

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Chapter 5-How It Works

Number 6 of 12 articles on the Big Book®



Every member of A.A. has heard a portion of this chapter read so many times, that many can recite it verbatim. When the leader of the meeting says, "I have asked Joe to read a portion of Chapter 5...." it is like they were saying, "Okay, now it's time to talk to your neighbor because everyone has heard this stuff, ad infinitum". But in the short 14 pages of this chapter, the most enlightening process had its beginning for me.

In this chapter, the first 4 steps are taken, and we begin to prepare for Step 5. The chapter starts out by summing up the text to this point – the uselessness of half measures; a reminder of the nature of the illness – cunning, baffling, powerful; a plea from the people whose experience has been captured in these pages to be "fearless and honest from the very start". Then after listing the 12 steps which these men and women took, it lists three pertinent ideas, (the original manuscript listed these as three perfect ideas):

- a. that we were alcoholic and could not manage our own lives
- b. that probably no human power could have relieved our alcoholism
- c. that God could and would if he were sought.

Then, "Being convinced, we were at Step Three".

What? When did I take steps one and two? Right there when I could answer that I was convinced that a, b and c are true, without reservation. So what would I have done if I were not convinced? I might have taken some counsel from the original manuscript of the Big Book, which read, "If you are not convinced on these vital issues, you ought to re-read the book to this point or else throw it away!" Strong words. But I was convinced. And being convinced, I started to look at how my life had been a failure in all areas while I was running on self-will. Even though my universe was a painful and dark universe, at least I was the center of it! And that had been enough, until it just wasn't enough anymore – until I couldn't use alcohol to falsely color the pain and darkness anymore. I remember arriving at the Third Step Prayer and deciding I just had to change it to make it more personal to me. Try as I might, I simply could not change it for the better – it was the perfect prayer for what I was setting out to do – writing inventory. Okay, I had come this far, can I take a break before going on – absolutely not! The book is crystal clear – "*Though our decision was a vital and crucial step, it could have little permanent effect unless at once followed by a strenuous effort to face and be rid of, the things in ourselves which had been blocking us*". This meant writing inventory – the "extremely popular" 4th Step!

The first inventory I had to write was my resentments inventory, or grudge list. As directed, I set down on paper people, institutions or principles with whom I was angry. No problem, I had a million of them it seemed. Next, I listed why I was angry – again, no problem. Next, and

Continued on page 7



Happy Birthday, A.A. You're 73 Years Old!

On June 10, 2008, Alcoholics Anonymous will celebrate 73 years of rescuing hopeless and helpless men and women from the depths of alcoholism.

It hasn't been easy and it hasn't been without some trials and tribulations, some desolation and despair. But, on balance, it has been far better than even the least afflicted of us has been likely to expect.

First of all, the selection of Bill W. and Robert S. to co-found this amazing program. Bill was headed for a lengthy stay at a hospital or asylum when he was offered a last chance in his stock market career – a trip to Akron, Ohio, to oversee the purchase of a company for some New York friends. Alas, the purchase fell through and Bill -- \$20 in his pocket – was set for a trip home when he recalled a pledge he had made to look up some members of a religious group in the Ohio city.

Next, after nearly a dozen phone calls had failed, Bill struck gold of his last effort. A minister listed in the hotel's register told him that Henrietta Seiberling, newly divorced wife of the tire company founder, was active in the Oxford Group and might help him. Bill called the woman and she set up a meeting with Dr. Bob, a profligate drinker whose medical practice was in jeopardy.

"I'll talk to him for 15 minutes," Dr. Bob told his wife, Ann, "no more. I don't want to hear any of his religious crap." The 15 minutes turned into more than five hours and ended with Bob telling his wife: "I can't explain it. He knows how I feel."

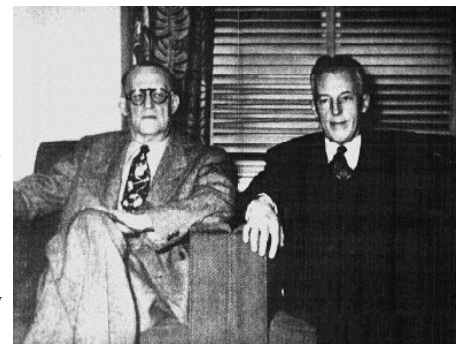
Dr. Bob had one more drunken spree in him but by June 10 he was sober and had made the rounds of his patients and friends in Akron making amends and restitution to them all.

Because this was June of 1935 and the Big Book of Alcoholics Anonymous wasn't published until 1939, Dr. Bob used the four absolutes of the Oxford Group instead of the still-unwritten twelve steps of Alcoholics Anonymous to guide himself on the path to freedom and peace. Those absolutes – Absolute Love, Absolute Purity, Absolute Honesty and Absolute Unselfishness – were his watchwords and they served him well.

Finally, before he died, those who knew him best estimated that he had guided more than 5,500 other drunks on the path to sobriety. And Bob and Bill – and the rest of the nearly three million men and women who now count themselves members of this fellowship – can look back over the years from whatever the vantage point and know that we are recipients of a gift from God.

We get to keep this gift with only one requirement. We can keep it only as long as we are willing to pass it on to the next drunk in line.

George L., Westminster



A.A. Cofounders, Bill W. and Dr. Bob



Step Six

"Were entirely ready to have God remove all these defects of character."

After the preceding Steps, this one shouldn't be too tough. Already, we have admitted that we were powerless over alcohol; that we would take a moral inventory to do something about it. Generally, an honest self-analysis discloses a number of items on the "wrong side of the ledger." We can do something about many of them. However, we discover a number of defects that we can't do anything about. The 6th Step is considered in the light of this latter type of defect.

The question of personal honesty comes to mind. Many of us became thoroughly dishonest with ourselves after years of alcoholism. Many of us reached the point where honesty was almost impossible. We rationalized. We evaded. We lied. We refused to face the truth of a situation. In the end, we had made a habit of personal dishonesty. Such a habit was not easy to break.



Another common defect among persons, especially sick alcoholics, is selfishness. Many of us reached the point where it was almost impossible to be unselfish. When drinking, most of us were terribly selfish. When sober, many of us found little time to think of the welfare of others. Again, this defect became a habit. In some cases, the habit became an obsession. We became fascinated and intrigued with ourselves.

Such defects of character cannot be removed without help. Try as we might to "turn over a new leaf," or "mend our ways," we found ourselves slipping back into the old, well established habit patterns that were part of our alcoholic sickness.

But there is an answer to this very common problem. In fact, the answer is so obvious, so simple and so near at hand that many of us did not see it at all. The complete solution to the character defect lies in this 6th Step. Some persons call it surrender. Some call it transference. We call it common sense.

Isn't it common sense to ask for assistance in an emergency? Would you try to lift a 1,000-pound weight without help? If your child is ill, doesn't it make sense to ask for the help of a doctor? Of course it does.

Defects of character will retard your recovery and mine. They will take from us that thing that we hold dearest: our sobriety. And if we lose our sobriety, we die. Does it make sense to seek help from a Higher Power in removing these dangerous defects? The answer is obvious.

Reach into your soul and admit that you cannot remove these defects alone. Humbly ask God's help with these life-destroying problems. We must call on the "fellow upstairs" for life. Get ready to do it. Be determined to see it through. If you do, you can't miss because He can't miss. He's the one who is doing the job.

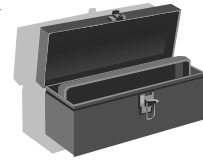
Anonymous, *The Grapevine* - April 1947

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My Favorite Meeting

Editor's note: We continue our feature in the Lifeline called "My Favorite Meeting". Become part of the publication by submitting 400 words or so telling us about yours. Send to lifelineeditor@yahoo.com.

My favorite meeting at one time in my sobriety was the Thursday night DOTR men's stag in Fullerton, now in Anaheim. Although I do not attend this meeting anymore, I did for six years. It was the first meeting my sponsor took me to on my second day out of detox. I believe that this group of men saved my life. At the time I was undisciplined, my life was unstructured, and I was unable to stop drinking. I remember one of the first questions my sponsor asked me was, "Do you believe in god?". I was scared to give him an answer because if it was not the correct answer I was afraid he would not help me. So I said the first that came to mind, "I don't know but I believe there is something out there." He said "Good, that's a start", and then he started me on the steps right away. A funny thing happened. As I worked the steps and I was staying sober, my faith in that something I mentioned earlier grew bigger and bigger until one day it tuned into (GOD). I do not have a bad word to say about this group, for it gave me a great foundation, introduced me to my god, and gave me a set of tools for staying sober. For that I will be forever grateful. So if you are having a hard time staying sober and your life is unmanageable, undisciplined, and unstructured and you are unable to stop drinking, I would highly recommend that you attend this meeting. As I stated earlier I do not attend this meeting anymore. It was time for me to move-on and take the gift of sobriety and set of tools I was given and carry the message to the alcoholic who still suffers. Since then I have started going to a new home group meeting, the Tuesday night sundowners in Huntington Beach, which I love very much.



I also have a new sponsor, who is very active in service work and has helped me to get active in service work. I have always heard people that do service work stay sober and that's why I am here, to stay sober. I would like to say thanks to Mike S. for being a part of this second chapter in my sobriety. I also would like to give special thanks to Paul S. for being one of god's tools, and helping me along early in my sobriety.

Bill W., Yorba Linda

*Orange County
Central Office
Open House
Chili Cook-Off
Saturday, June 7th*



11:30 am - 3:00 pm
Judging at 12:00 pm
Speaker at 1:00 pm

Join us in honor of AA's Founders Day and Dr. Bob's B-Day

**Where: Orange County Central Office
1526 Brookhollow Drive, Suite 75
Santa Ana, CA 92705**

[TRADITION 6]

Why We Can't Affiliate

An A.A. group ought never endorse, finance, or lend the A.A. name to any related facility or outside enterprise, lest problems of money, property and prestige divert us from our primary purpose. – Tradition 6, Page 155, Twelve Steps and Twelve Traditions.

You can get an introduction to any of the Traditions simply by mentioning one of them to other alcoholics. My introduction to Tradition Six was sudden, revealing and a little bit embarrassing. It happened like this:

Early in my first year of sobriety my sponsor suggested we meet each Friday evening for dinner before attending our home group. On one such an evening, Bob asked me if I had been able to get to any other meetings during the week.

"Yes," I responded. "I went to the beach meeting on Sunday, Bowling Green on Monday, a discussion meeting at that A.A. club on 33rd St. and the Seal Beach meeting last night."

"Where did you find this A.A. club you attended?" Bob asked.

"C'mon, Bob," I replied. "You've been there with me."

"If you're talking about the Memorial West Alumni club," he said, "you're right. I have been there. But it's not an A.A. club."

"Oh," I questioned, "Then what is it. A Boy Scout headquarters?"

"I don't think so," Bob said, ignoring my repartee. "I think it's just a fellowship hall although they let a lot of Alcoholics Anonymous meetings use their facility. Have you ever heard of Tradition Six?"

"Of course I have," I responded. "We read it along with the other eleven at every meeting."

"Well, what does it say to you?"

"Just that we don't let anyone except Alcoholics Anonymous use the name of A.A.," I said.

"And does that include fellowship halls?" Bob pushed.

"OK, I get it," I agreed. "But it seems pretty picky. Most of the people there are A.A. members, aren't they?"

"The reason A.A. is still alive and well is because of the Traditions," Bob continued. "We're supposed to be poor and stay poor."

When we raise a bit of money, we're supposed to send it to our central office or to New York so more people can be reached with our story of recovery. We have only the one primary purpose, carrying the message to the alcoholic who still suffers. And we are not in business."

Maybe not in the strictest sense of the word. But I do have the recollection of an old-timer named Urban C. who was a regular two decades ago at the Sun, Sand, Surf and Serenity meeting on Sunday mornings in Seal Beach.

"We get to meet here in the shadow of a lifeguard tower and realize that God has created in Alcoholics Anonymous one of the great lifesaving movements of this century. I hope you're as grateful as I am."

George L., Westminster



SPEAKER MEETINGS

Garden Grove

Thursday Night Speaker Mtg
8:00 pm
Garden Grove Alano Club
9845 Belfast Dr
Contact: John S.

Garden Grove

Saturday Night Speakers
8:00 pm
Garden Grove Alano Club
9845 Belfast Dr
Contact: Jon W.

Huntington Beach

Saturday Night Lite Speakers
7:00 pm
HOW Hall, 18582 Beach Blvd
Behind Flower Kiosk @ Ellis
Contact: Kevin B.

Newport Beach

Balboa Speaker Meeting
7:30 pm, Thursday
Newport Club, 414 East 32nd Ave
Contact: Jim K.

Orange

No Puffers Speaker Meeting
8:00 pm, Friday
Community of Christ Church
385 S. Tustin Ave
Contact: Garry B.
6/06 Heather V., Los Alamitos
6/13 Glenn H., Tustin
6/20 Dustin F., Corona
6/27 Pete B., Laguna Woods
AA Archives Presentation
& Ice Cream
7/04 Surprise, Ice Cream
7/11 Don D., Orange
7/18 David P., Santa Ana
7/25 TBD

San Clemente

Thursday Night Big Speaker Mtg.
8:00 pm, Thursday
San Clemente Friendship Center
Contact: Sean M.
6/05 Mickey B., Santa Monica
6/12 Ken L., Mission Viejo
6/19 Bob D., Tustin
6/26 Jack G., Huntington Beach

Tustin

Saturday Night Visiting Speaker
8:00 pm
St. Paul's Church, 1221 Waas
Contact: Glenn H.
6/07 Glenn H., Tustin
6/14 Jo H., Bellflower
6/21 Noreen G., Orange
6/28 Bob M., Irvine
7/05 Judy S., Costa Mesa
7/12 Mike R. (Goose), Tustin
7/19 Charlotte B., Anaheim

7/26 John C., Tustin
8/02 Gary B., Orange
8/09 Teri Q., Lake Forest
8/16 Johnie Q., Lake Forest
8/23 Sharon D., Orange
8/30 Jackie Y., Tustin

Tustin

Participation, Speaker, Q & A
9:02 am—11:00 am, Sunday
130 West Main Street (Hall)
Contact: Mike R.
6/01 Luann, Tustin
6/08 Mary G., Fullerton
6/15 Patti O., Laguna Niguel
6/22 Mike C., Oceanside
6/29 Patti O., Laguna Niguel

Tustin

Sober & Crazy Sunday Night
Speakers 7:00 PM
130 West Main Street (Hall)
Contact: Heather V.
6/01 Allison H., Santa Ana
6/08 Mike C., Orange
6/15 Crystal, Tustin
6/22 Ron
6/29 Joannie, Orange

Please submit speaker information to the editor at lifelineeditor@yahoo.com or by phone 949/241-6617 or fax 949/716-3713 by the 15th of the month

The listed speakers have been invited by the respective groups and their message does not imply the endorsement of the Orange County Intergroup nor their Central Office.



MEETING CHANGES AS OF JANUARY 7, 2008

SUNDAY

COSTA MESA

12:15 PM NEW LEASE ON LIFE 1545 Newport Blvd c/s 15th (Lease Outlet) New meeting

IRVINE

10:00 AM DONUT MEETING 1 Sunnyhill Dr (Turtle Rock Pk Comm Ctr - Outdoor Theater) Temporary move until July 1st

ORANGE

6:00 PM CHAPTER 9 FAMILY AFTERWARD BB STUDY 250 S Prospect @ Chapman (Child Care) Name change

SAN JUAN CAPISTRANO

8:00 AM EYE OPENER 27514 Calle Arroyo off Rancho Viejo Rd. (Comm Ctr) Name change

MONDAY

COSTA MESA

12:15 PM NEW LEASE ON LIFE 1545 Newport Blvd c/s 15th (Lease Outlet) New meeting

4:00 PM (C) LET GO & LET GOD 420 W 19th St. (1st Methodist Church across from Triangle Square) Closed meeting

HUNTINGTON BEACH

6:30 PM BOTH BOOKS STUDY 16871 Bolsa Chica Rd. (St. Peters Church) Open meeting

IRVINE

7:30 PM (C) WOMEN'S DISCUSSION 15 Orange Tree c/s Irvine Center Dr (Pacific Church) Address change

NEWPORT BEACH

3:30 PM LIVING SOBER 414 E. 32nd St. Name change

SAN JUAN CAPISTRANO

7:00 AM EYE OPENER 27514 Calle Arroyo off Rancho Viejo Rd. (Comm Ctr) Name change

12:00 PM (C) WOMEN'S DAILY REFLECTIONS 27514 Calle Arroyo off Rancho Viejo Rd. (Comm Ctr) Closed meeting

YORBA LINDA

7:30 PM 12 STEP STUDY PARTICIPATION 2505 Yorba Linda Blvd (Eastside Church, Rm 123, downstairs) New meeting

8:00 PM DISCUSSION 4861 Liverpool @ Yorba Linda Blvd (Messiah Church) Open meeting

TUESDAY

COSTA MESA

12:15 PM NEW LEASE ON LIFE 1545 Newport Blvd c/s 15th (Lease Outlet) New meeting

6:30 PM MEN'S STAG 2214 Rutgers Dr (c/s Wilson Dr & Fairview) Address change

HUNTINGTON BEACH

7:30 PM BEGINNERS MEN'S GROUP 19820 Beach Bl c/s E Adams (Newland House Museum) New location

LAGUNA BEACH

7:30 PM (C,G) MEN'S STAG 429 Cypress St Btwn Myrtle & Jasmine (Unitarian Church, basement classrm) Reestablished

NEWPORT BEACH

7:00 PM ON THE BEACH Balboa Pier @ Palm (fire ring) Time change

SAN CLEMENTE

6:00 PM WOMENS AS BILL SEES IT 119 N Avenida De La Estrella @ Ave Palizada

(Presbyterian Church) New meeting

SAN JUAN CAPISTRANO

7:00 AM EYE OPENER 27514 Calle Arroyo off Rancho Viejo Rd. (Comm Ctr) Name change

10:00 AM (C) WOMENS DISCUSSION 27514 Calle Arroyo off Rancho Viejo Rd. (Comm Ctr) Name change

12:15 PM (C) MEN'S BROWN BAG 27514 Calle Arroyo off Rancho Viejo Rd. (Comm Ctr) Closed meeting

5:00 PM (C) WOMENS STEP STUDY 27514 Calle Arroyo off Rancho Viejo Rd. (Comm Ctr) Name change

WEDNESDAY

COSTA MESA

12:15 PM NEW LEASE ON LIFE 1545 Newport Blvd c/s 15th (Lease Outlet) New meeting

FULLERTON

6:00 PM (C) WHERE WOMEN ARE GATHERED 1115 W. Orangethorpe @ Euclid Closed meeting

HUNTINGTON BEACH

2:00 PM SENIORS & FRIENDS 1706 Orange Ave @ 17th (M E Rodgers Seniors Ctr) Address change

7:30 PM (C) ROLLING MEN'S STAG BB STUDY Meeting will be in HB or LongB - New meeting

SAN JUAN CAPISTRANO

7:00 AM EYE OPENER 27514 Calle Arroyo off Rancho Viejo Rd. (Comm Ctr) Name change

10:00 AM (C) WOMEN'S STEP STUDY 27514 Calle Arroyo off Rancho Viejo Rd. (Comm Ctr) Time Change

12:00 PM OPEN DISCUSSION 27514 Calle Arroyo off Rancho Viejo Rd. (Comm Ctr) New meeting

THURSDAY

ALISO VIEJO

7:30 PM JOURNEY THRU THE BIG BOOK 23 Journey @ Aliso Creek Rd (Office Bldg) New meeting

ANAHEIM

7:30 PM (C) MEN'S DOG ON THE ROOF 4421 E La Palma Ave Address change

COSTA MESA

12:15 PM NEW LEASE ON LIFE 1545 Newport Blvd c/s 15th (Lease Outlet) New meeting

7:00 PM (C) 12 STEPS & 12 TRADITIONS STUDY 183 E. Bay St. @ Orange, (St Johns Church) Closed meeting

FULLERTON

7:30 PM KITCHEN TABLE MEETING 1465 W. Orangethorpe @ Basque (Church) New time

LAGUNA HILLS

7:00 PM (G) AS BILL SEES IT 23802 Avenida de la Carlota (St Geroge's Church) New meeting

LOS ALAMITOS

7:30 PM (C) COVER TO COVER WOMEN'S BB STUDY 11082 Wallingsford (Church) Name change

SAN JUAN CAPISTRANO

7:00 AM EYE OPENER 27514 Calle Arroyo off Rancho Viejo Rd. (Comm Ctr) New name

12:15 PM (C) MEN'S BROWN BAG 27514 Calle Arroyo off Rancho Viejo Rd. (Comm Ctr) Closed

5:00 PM (C) WOMEN'S TOPIC DISCUSSION

31882 Camino Capistrano c/s Ortega Hwy New meeting

7:00 PM BIG BOOK WORKSHOP 27514 Calle Arroyo off Rancho Viejo Rd. (Comm Ctr) New name

7:00 PM (C) JOY OF SOBRIETY DISCUSSION 32222 Del Obispo @ Calle Aspero (Ocean Hills Church) Address change

FRIDAY

BREA

7:30 PM SENIOR ADULTS MEETING 300 E Imperial Hwy @ Brea Blvd (Church) New name

COSTA MESA

12:15 PM NEW LEASE ON LIFE 1545 Newport Blvd c/s 15th (Lease Outlet) New meeting

8:00 PM (C) BIG BOOK ADVENTURERS 2114 Thurin St @ Victoria St (Grange Hall) New name

FULLERTON

6:00 PM PARTICIPATION 1115 W. Orangethorpe @ Euclid Name change

8:00 PM (C) FRIDAY NIGHT 12 & 12 STUDY 1145 W Valencia Mesa Dr (Church) Time change

GARDEN GROVE

6:00 PM THANK GOD FOR FRIDAY 9845 Belfast Dr. (patio) Name change

HUNTINGTON BEACH

6:00 PM (C) MEN IN THE SOLUTION 7111 Talbert Ave c/s Goldenwest St (Huntington Library) Address change

8:00 PM H. B. DOWNTOWNERS 7111 Talbert Ave c/s Goldenwest (HB Library Rm # 7) Address change

LAGUNA NIGUEL

10:30 AM (C) FRIDAY MORNING WOMENS MEETING 30071 Ivy Glenn c/s Niguel Rd & Alicia Pkwy (Presbyterian Church) Address change

NEWPORT BEACH

11:00 PM LATE FRIDAY CANDLELIGHT DISCUSSION 414 E. 32nd St. New location

SAN CLEMENTE

8:00 PM (C) 1 HOUR BIG BOOK STUDY 929 Calle Negocio, Ste H @ Calle Amanecer New name

SAN JUAN CAPISTRANO

7:00 AM EYE OPENER 27514 Calle Arroyo off Rancho Viejo Rd. (Comm Ctr) Name change

12:00 PM OPEN DISCUSSION 27514 Calle Arroyo off Rancho Viejo Rd. (Comm Ctr) New meeting

SATURDAY

COSTA MESA

12:15 PM NEW LEASE ON LIFE 1545 Newport Blvd c/s 15th (Lease Outlet) New meeting

7:30 PM BIG BOOK STUDY GROUP 2040 Placentia Ave. New meeting

IRVINE

9:15 AM STEP STUDY 5101 Alton Parkway, @ Jeffrey (St John Neumann) Address change

LAS FLORES

7:15 PM MISSION SPEAKERS 26111 Antonio Pkwy @ Oso Pkwy (Water Dist. Board Rm) Address change

SAN JUAN CAPISTRANO

6:30 AM EYE OPENER 27514 Calle Arroyo off Rancho Viejo Rd. (Comm Ctr) Name change

Continued on page 7

Continued from page 3

somewhat tougher, I listed how this resentment had effected me, even though I might not feel that it still effected me, I had to put down how it effected me at the time. If it effected my self-esteem, my security, (financial or physical) my ambitions, my personal relations or my sex relations, I wrote how it effected these things. This is where the statement in the Big Book – "We began to see that the world and its people really dominated us. In this state, the wrong-doing of others, fancied or real, had power to actually kill" – became abundantly clear. And lastly for this inventory, I put down what my part in this was, "Where had I been selfish, dishonest, self-seeking and frightened". And how had this manifested itself – what were my actions.

Next – the fears inventory - (a) what is my fear (b) why do I have this fear (c) what is a better way?

And lastly, the dreaded and joked-about sex inventory – (a) the person involved (b) where had I been selfish, dishonest, or inconsiderate? Whom did I hurt? Did I unjustifiably arouse jealousy, suspicion or bitterness? Where was I at fault? (c) what should I have done instead?

Upon completion of these inventories and looking at my grosser handicaps, (of which space limits any further discussion) I was finally ready to be free of these things. Next month – Chapter 6: "Into Action", where 7 more steps are laid out for me to pick up and apply as a way of life.

A member of A.A. in Orange County

Text in italics re-printed from the Big Book with permission of Alcoholics Anonymous World Services, (AAWS)

Continued from page 6

8:00 AM EYE OPENER 27514 Calle Arroyo off Rancho Viejo Rd. (Comm Ctr) Name change

12:00 PM WOMEN'S JAY WALKERS 27514 Calle Arroyo off Rancho Viejo Rd. (Comm Ctr) New meeting

4:30 PM LIVING SOBER 27514 Calle Arroyo off Rancho Viejo Rd. (Comm Ctr) Name change

8:00 PM JAY WALKER II 27514 Calle Arroyo off Rancho Viejo Rd. (Comm Ctr) Name change

MEETING DELETIONS AS OF JANUARY 7, 2008

SUNDAY

COSTA MESA

7:00 PM 60 MINUTES BEGINNERS GROUP 102 E. Baker St. (Vineyard Christian Center) Delete

MIDWAY CITY

8:00 PM MIDWAY MEDITATION 14892 Jefferson St (Home between Beach & Newland) Delete

TUESDAY

MIDWAY CITY

8:00 PM MIDWAY MEDITATION 14892 Jefferson St (Home between Beach & Newland) Delete

SAN JUAN CAPISTRANO

7:00 PM 12 AND 12 NEVER HAD IT SO 32261 Camino Capistrano (SJC Plaza, Backside of Center) Delete

THURSDAY

FULLERTON

7:30 PM WOMEN'S BIG BOOK STUDY 115 E. Wilshire Delete

LAGUNA BEACH

7:00 PM (C) WOMEN'S STEP STUDY (NOVEMBER - MARCH) 31872 Pacific Coast Hwy (Hospital in Cafeteria) Delete

7:30 PM (C) WOMEN'S STEP STUDY (MARCH - NOVEMBER) 31872 Pacific Coast Hwy (Hospital in Cafeteria) Delete

LAKE FOREST

7:00 PM (G) HERE & NOW 24601 Raymond Way #9 @ El Toro Rd Delete

SATURDAY

CORONA DEL MAR

6:00 PM BEGINNERS TOPIC DISC. 5th & Iris (Community Youth Center) Delete

MIDWAY CITY

6:00 PM MIDWAY MEDITATION 14892 Jefferson St (Home between Beach & Newland) Delete

RANCHO SANTA MARGARITA

7:30 PM RSM IN DEPTH BIG BOOK STUDY 30322 Via Con Dios c/s RMS Pkwy (Church) Delete

Happy Birthday!!



Help keep the doors of AA open so that new members may receive the same help so many of us have already received. Make a donation of any amount for an AA Birthday—yours or someone else's—and we will help celebrate by publishing their name and years of sobriety in the *Lifeline*.

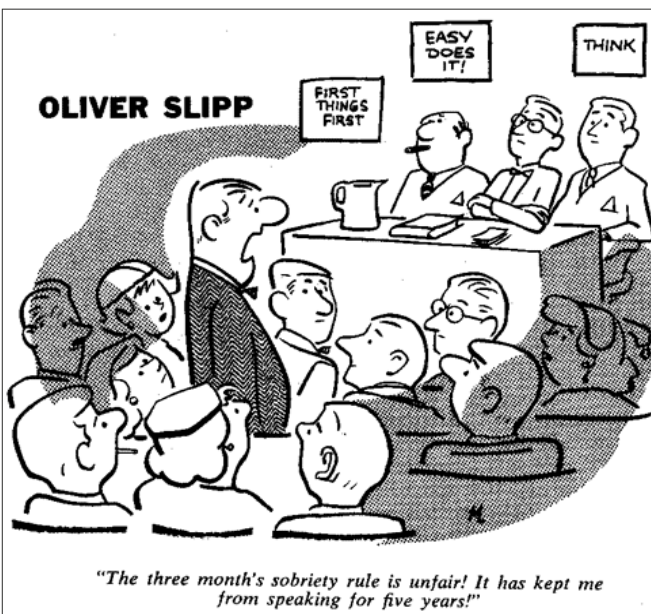
- Mary J. Mission Viejo 1 year
- Nicole L. Laguna Niguel 4 years
- Mary Ann D. Dana Point 16 years
- Russ B. Irvine 24 years
- Anne P. 25 years
- Kathy H. Huntington Beach 34 years
- Bonnie L-D 35 years
- David H. Lake Forest 49 years

Donation enclosed for a birthday celebration

NAME: _____
 CITY: _____
 YEARS CELEBRATED: _____

Donations of any amount are greatly appreciated.

Please send this form with your donation to:
Orange County Central Office
 1526 E. Warner, Suite 75, Santa Ana, California 92705



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Keep Coming Back

WHATS HAPPENING

June 7, 2008

Orange County Central Office
Annual Open House
Chili Cook Off
1526 Brookhollow Dr.
Ste. 75
Santa Ana, CA 92705

June 12-15, 2008

A.A. DESERT POW WOW
with Al-Anon participation
Indian Wells, CA
SherAli J. 760-321-6568
www.desertpowwow.com

July 3-6, 2008

50th ICYPAA 2008
Renaissance Marriott
Oklahoma City, OK
www.50thicypaa.org

July 3-6, 2008

24th ANNUAL SOUTHBAY
ROUNDUP
Torrance Marriott
Torrance, CA
(310) 354-7660
www.southbayroundup.org

*Please submit events to the editor at
lifelineeditor@yahoo.com by the 15th of the month.*

The Four Paradoxes

We SURRENDER TO WIN. On the face of it, surrendering certainly does not seem like winning. But it is in AA. Only after we have come to the end of our rope, hit a stone wall in some aspect of our lives beyond which we can go no further; only when we hit "bottom" in despair and surrender, can we accomplish sobriety which we could never accomplish before. We must, and we do, surrender in order to win.

We GIVE AWAY TO KEEP. That seems absurd and untrue. How can you keep anything if you give it away? But in order to keep whatever it is we get in AA, we must go about giving it away to others, for no fees or rewards of any kind. When we cannot afford to give away what we have received so freely in AA, we had better get ready for our next "drunk". It will happen every time. We've got to continue to give it away in order to keep it.

We SUFFER TO GET WELL. There is no way to escape the terrible suffering of remorse and regret and shame and embarrassment which starts us on the road to getting well from our affliction. There is no new way to shake out a hangover. It's painful. And for us, necessarily so. I told this to a friend of mine as he sat weaving to and fro on the side of the bed, in terrible shape about to die from some paraldehyde. I said, "Lost John" – that's his nickname – "Lost John, you know you're going to have to do a certain amount of shaking sooner or later." "Well," he said, "for God's sake, let's make it later!" We suffer to get well.

We DIE TO LIVE. That is a beautiful paradox straight out of the Biblical idea of being "born again" or "losing one's life to find it." When we work at our Twelve Steps, the old life of guzzling and fuzzy thinking, and all that goes with it, gradually dies, and we acquire a different and a better way of life. As our shortcomings are removed, one life of us dies, and another life of us lives. We in AA die to live.

From *The Professor and the Paradox*
Borrowed from the *New Reporter*



Public Information District 5

The Public Information committee of District 5 is looking forward to being involved in the community with as many events as possible this year. Currently serving the cities of

Santa Ana, Orange, Tustin, and Villa Park it has within its boundaries many opportunities to be of service. The committee will be at various public events this year giving out pamphlets about what AA is and what AA is not along with meeting directories so those who need AA will be able to find it.

Current events scheduled so far are the following: The 19th Annual COPS event at The Block of Orange put on by the City of Orange Police Department on June 7, 2008. We will be staffing a booth for the day with AA information available for the taking. For the kids we give out the comic book info about AA that all children seem to enjoy.

We look forward to assisting with Orange County Intergroup in the staffing of the booth at the OC Fair during the month of July 2008. Lastly we are reviewing the Big Books in the Public Library project that we started last year and hope to expand that project by placing meeting directories in the local hotels and motels. The committee is always looking for speakers for schools and health fairs and people to staff booths at community events.

Alex N.

District 5 Public Information

CENTRAL OFFICE ACTIVITY-April

Total Calls Handled by Both Offices: 2997

Main and Satellite Office Volunteers

12 Step Calls	17
Meeting Information	1173
General Information	460
Walk-in Customers	324

Night Owl Volunteers

12 Step calls	11
Meeting Information	727
General Information	285

A Woman's Prayer

Dear Lord:

So far today, I am doing all right. I have not gossiped, lost my temper, been greedy, grumpy, nasty, selfish or self indulgent. I have not whined, cursed or eaten any chocolate.

However, I am going to get out of bed in a few minutes and I will need a lot more help after that.

Amen



GROUP CONTRIBUTIONS TO CENTRAL OFFICE— April

GROUP DONATIONS 2008 BY MONTH CITY AND MEETINGS	APR	YTD					
ALISO VIEJO	^	^					
Journey through the BB, 23 Journey		\$32					
BUENA PARK	^	^					
CAPISTRANO BEACH	^	^					
Su 9:30A-Sandy Survivors, Dohoney		\$152					
Fr 7:00P-Friday Knights, 25976 Domingo	\$70	\$161					
Sa 6:00P-Keep It Simple, 34381 Portola		\$152					
CORONA DEL MAR	^	^					
Dly 7:00A-Solutions Oasis, 5th & Marg		\$1,750					
M-F 6:45A-Daily Attitude Adj, 5th & Marg		\$700					
Mo 7:00P-Baywood Disc, 1601 Marg		\$150					
Th 6:00P-Happy Hour (M)'s Pacific View	\$70	\$70					
Fr 7:30P-Rebels Disc, 611 Helio		\$280					
COSTA MESA	^	^					
Dly 7:00A-Daily Reflect, 2040 Placentia	\$50	\$300					
Dly 7:30A-As Bill Sees It, 2501 Harbor		\$700					
Dly 12:15P-New Lease/Life, 1545 Nwprt	\$280	\$595					
M-F 6:45A-Morning Meditat, 183 E. Bay	\$120	\$360					
M-F 12:00P-Noon Rec, 420 W. 19th St.	\$242	\$776					
Su 10:00A-BB Over Donuts, 301 Victoria	\$100	\$115					
Mo 12:00P-Clean & Serene BB, 660 Baker		\$40					
Mo 7:00P-Livg Sober Grp, 2040 Placentia	\$50	\$50					
Tu 6:00P-Living Sober, 2040 Placentia	\$70	\$70					
Tu 7:00P-A 11th Step Sol, 2850 Fairview		\$200					
Tu 7:30P-Balboa Broads, 420 W 19th St		\$50					
Tu 7:30P-(M)'s Last Gasps, 695 W 19th	\$60	\$60					
We 12:00P-High Noon Step, 660 Baker		\$40					
We 7:00P-(W)'s Source Str, 3116 Van	\$75	\$75					
We 7:30P-BB Trivia (M)'s Stag, 1545 New		\$169					
Th 5:30P-(W)'s Its/Book Study, 2040	\$44	\$44					
Th 7:00P-12 Steps & 12 Trads, E Bay	\$60	\$60					
Th 7:30P-Candlelight Disc, 420 W. 19th	\$70	\$70					
Fr 12:00P-Bizman Stag, 660 Baker		\$40					
Sa 9:30A-(M)'s, Charle Street		\$120					
Sa 9:30A-Charle St. Overflow, 2025 Charle		\$502					
Sa 9:30A-Sat Morn (W)'s Gr, 2040 Placen		\$140					
Sa 6:00P-Cover-To-Cover, 183 E Bay St		\$110					
CYPRESS	^	^					
Su 5:00P-Happy Hour Topic, 4552 Lin	\$25	\$25					
DANA POINT	^	^					
Mo 5:30P-(W)'s Disc, Ensenada & DPH		\$263					
Mo 7:00P-Promises, 34052 Del Obispo		\$123					
Tu 9:30A-(W)'s Back/Basics 24642 SJ	\$183	\$404					
Fr 7:00P-GV, 33926 Calle Primavera	\$288	\$288					
Sa 7:00P-Sprk, 33926 Calle Primavera		\$96					
FOUNTAIN VALLEY	^	^					
We 8:00P-Disc, 10280 Slater	\$70	\$140					
Su 8:00P-Sun Nite Spkr Mtg, 1115 Orange		\$50					
GARDEN GROVE	^	^					
Su 7:30A-Red Eye Grp, 9845 Belfast		\$38					
Tu 7:00P-Top/Key Book Stdy, 9th & Lamp		\$160					
We 10:00A-Ovr 50 Sin/Purp, 9845 Belf		\$45					
We 12:00P-(W)'s, 9845 Belfast		\$40					
Th 10:00A-Over 40 Disc. Grp, 9845 Belf		\$60					
Th 7:00P-SS, 12432 9th St.		\$25					
Th 8:00P-Sprk, 9845 Belfast Dr.	\$20	\$40					
Fr 10:30A-(W)'s (C)12 & 12, 9845 Bfst		\$36					
Sa 10:30A-BB Stdy, 9845 Belfast		\$95					
Sa 8:00P-Sat Nite Spkrs, 9845 Belfast		\$20					
HUNTINGTON BEACH	^	^					
Dly 6:00A-Early Birds, 18582 Beach #2		\$44					
Dly 7:00A-Hggrs/Bill Sees It, 8200 Ellis	\$400	\$1,350					
Dly 8:00A-Hggrs II, H.B Lifegr Tower 11	\$50	\$565					
Su 9:00A-On/Beach, Lifegr Tower 11	\$90	\$180					
Su 10:00A-Sober Sharing, 18582 Beach	\$50	\$50					
Su 7:30P-Disc, 20444 Magnolia	\$120	\$360					
Mo 12:00P-(W)'s Bill Sees It, 18631 Chap		\$180					
Mo 6:00P-Sprk/Q&A/Part, 6622 Lakeview		\$210					
Mo 6:30P-Both Books, 16871 BolsaChic		\$50					
Mo 7:30P-(M)'s BB & 12&12, 1912 Flor	\$60	\$300					
Mo 7:30P-(W)'s Sans, 18631 Chapel Ln.		\$180					
Tu 7:30P-Beginners (M)'s, 1912 Florida		\$215					
Tu 7:30P-(W)'s Disc., 8200 Ellis		\$70					
Tu 7:30P-(W)'s Serenity BB, 20444 Magn		\$118					
Tu 8:00P-Newcms (M)'s Grp, 20444 Magn		\$127					
We 7:30A-Attitude Mod, 18582 Beach		\$60					
We 2:00P-Seniors & Friends 1718 Orng	\$30	\$150					
We 8:00P-HB Part, 20444 Magnolia	\$119	\$119					
Th 10:00A-(W)'s BB Stdy, 18631 Chapel		\$60					
Th 6:00P-Ovr 40/Going Strong, 18582 Bch		\$100					
Fr 10:00A-Step Sisters, 20444 Magnolia	\$40	\$130					
Fr 6:00P-(M)'s/Solution, 17461 Zeider	\$70	\$210					
Fr 7:30P-BB Stdy, 16650 Saybrook Lane	\$70	\$140					
Fr 8:00P-HB Downtowners, 2000 Main		\$30					
Sa 7:30A-Attitude Mod, 18582 Beach		\$120					
Sa 7:30A-(M)'s Stag, 18582 Beach	\$70	\$135					
Sa 9:30A-W BB Stdy, 18582 Beach		\$166					
Sa 10:00A-(W)'s BBStdy, 18631 Chapel	\$103	\$103					
Sa 7:00P-Sat Nite Live BB, 18631 Chapel		\$30					
IRVINE	^	^					
Dly 6:30A-Sunrise Sobriety, 4400 Barr	\$1,053	\$2,918					
M-F 12:00P-Irvine Noon Grp, 5101 Alton	\$320	\$1,220					
Su 10:00A-Donut Mtg, 6670 Alton Pky	\$100	\$420					
Mo 6:30P-Easy Does It, 4949 Alton	\$301	\$301					
Mo 6:30P-Gypsies (W)'s, Turtlelock CC		\$130					
Mo 7:30P-(W)'s Disc., 6000 Irvine Ctr	\$60	\$60					
Tu 6:00P-Courage To Change, 18182 Culv	\$70	\$140					
Tu 7:00P-(M)'s K.I.S. 12X12, 14301 Yale		\$140					
We 6:30P-B. B. Topic Disc., 5001 Nwprt	\$73	\$331					
We 7:30P-Wild Bunch Beg's, 10 Federat		\$144					
We 8:00P-12 Solutions SS, Harvard		\$100					
Th 12:00P-Irvine (M)'s Lunch, 5001 Nwprt	\$100	\$203					
Th 6:30P-(W)'s Gypsies, Deerfield & Turtle		\$260					
Fr 10:30A-Over 50 Grp, 6670 Alton	\$72	\$324					
Fr 12:00P-(W)'s Topic Disc, 5101 Alton P		\$100					
Fr 5:30P-Topic Disc.Grp, 6670 Alton Pky	\$69	\$379					
Fr 7:00P Winning Tkt Bk Stdy, 1 Sunnyh	\$278	\$278					
Fr 7:30P-Boys in Sobriety, 4400 Barranca		\$483					
Fr 8:00P-Nite Wild Bunch, 18422 Culver		\$100					
Fr 8:00P-Little Grp, 18422 Culver		\$140					
Sa 9:15A-SS, 6670 Alton Pky	\$120	\$378					
Sa 11:00A-Acceptance, 3 Ethel Cop	\$172	\$408					
Sa 11:00A-B.B Stdy, 1 Sunnyhill - Turtle		\$120					
Sa 7:00P-Spkrs, 1 Sunnyhill - Turtle	\$60	\$260					
LAGUNA BEACH	^	^					
Dly 7:00A-Attitude Adj, 20456 LCR	\$550	\$550					
Dly 7:05A-Attitude Adj, 31872 PCH		\$1,766					
M-F 7:00A-Meets/Ruby's, 30622 PCH		\$16					
Su 7:05A-Montage Grp, (Montage)		\$192					
Su 10:30A-Sunday Q&A, 31872 PCH	\$30	\$30					
Su 6:00P-GV Stdy, 21632 Wesley Dr		\$158					
Su 7:00P-TIS Spkrs, 31872 Coast Hwy		\$279					
Su 7:30P-Su Participation, 20456 LCR		\$50					
Mo 12:00P-BB Stdy, 20456 LCR	\$70	\$70					
Mo 6:30P-BB Stdy, 20456 LCR		\$53					
Mo 6:30P-(W)'s Perspect, 20456 LCR		\$123					
Mo 6:30P-(W)'s BB Stdy, Wesley	\$50	\$150					
Mo 7:00P-Mon Night (M)'s Stag @Pat's	\$50	\$100					
Mo 8:00P-(M)'s Stag, 20456 LCR		\$150					
Tu 12:30P-Serenity-Sea (W)'s, Wesley		\$75					
Tu 12:00P-Promises Disc, 20456 LCR		\$88					
Tu 12:30P-(W)'s Disc, 20456 LCR		\$200					
We/Sat 7:00A-Whale Watch (M)'s, PCH		\$665					
We 8:00P-So.Coast Spkrs, 286 St. Anns		\$650					
Th 6:30P-(M)'s BYOB 12& 12 SS, 21632		\$140					
Fr 6:00 P-Happy Hour and Half, 20456 LCR	\$225	\$225					
Fr 6:00P-Literature Mtg, 21632 Wesley		\$122					
Fr. 7:30P-Surrender to Win, 20456 LCR		\$189					
Fr 8:00P-Here & Now, 21632 Wesley		\$120					
Sa 12:30P-Into Action, 20456 LCR		\$70					
Sa 7:00P-Beginners, 31872 PCH		\$660					
Sa 8:00P-Endless Sum II, 21540 Wesley		\$745					
Sa 8:00P-Night Spkr Mtg, 20456 LCR		\$900					
LAGUNA HILLS	^	^					
Mo 6:00P-(W)'sDisc, 23802 A D Carlota		\$174					
We 7:00P-Get Happy 12&12 Stdy, A D C	\$12	\$42					
LAGUNA NIGUEL	^	^					
Mo 10:30A-(W)'s 12X12 Stdy, 30121 Nig		\$150					
Mo 8:00P-12&12 Stdy, 30121 Niguel Rd		\$180					
Tu 6:00P-Chicks/Run SS, 2702 El Lazo		\$70					
We 6:00P-Book Stdy, 30121 Niguel Rd.		\$360					
We 7:30P-Book Stdy, 30121 Niguel Rd.		\$32					
Fr 10:30A-(W)'s Disc., 30121 Niguel Rd.		\$240					
Sa 6:00P-Candlelight Disc, 30121Niguel		\$40					
LAGUNA WOODS	^	^					
Dly 7:30A-Do It Sober, 24442 Moulton		\$245	\$1,343				
We 7:30A-BB Meeting, 24442 Moulton		\$120					
We 1:15P-(W)'s BB Stdy, 24351 El Toro		\$140					
Fr 10:00A-Top/Hill Gang, 24252 El Toro	\$70	\$145					
LA HABRA	^	^					
M-F 6:30A-Topic Disc, 100 W. La Habra		\$60					
LAKE FOREST	^	^					
Th 7:30P-Mustard Seed SS, 23262 El Toro		\$302					
LA MIRADA	^	^					
LOS ALAMITOS	^	^					
We-7:30P-Ice Breakers Grp, 4111 Katella		\$100					
MISSION VIEJO	^	^					
Mo&Th 7:30P-BB Stdy, Jeronimo & Marg.	\$280	\$280					
Mo 7:00P- (W)'s SS, 26051 Marg.		\$120					
Mo 7:30P-B/Ring (M)'s Stag, 2							

Donations continued from page 9

Th 7:30P-11th Stp Spt Disc, 22521 Emp	\$120	\$120
Fr 7:30P-Roads End Part, 30322 VCD	\$120	\$240
Sa 10:30A-(W)'s BB Stdy, VCD		\$100
SAN CLEMENTE ^ ^		
Mo 7:00P-N.O.I. (M)'s, Camino Capist		\$210
Tu 6:00P-(W)'s Disc, 190 Ave La Pata		\$132
Fr 8:00P-Aragon Spkrs, 202 Ave. Aragon		\$250
SAN JUAN CAPISTRANO ^ ^		
Dly 7:00A-Eye Opener, 27514 C Arroyo	\$657	\$3,059
Su 5:00P-1 Hr Top Disc, 27514 C Arroyo	\$132	\$192
Tu 7:00P- Hear Here Part, 27514 C Arroyo		\$190
We 7:00P-11th Step Disc, 27514 C Arroyo	\$60	\$60
Th 7:00P-Joy of Sobriety, 31495 E C Real		\$147
Fr 6:00A-Taking a Trip, 27174 Ortega Hwy	\$477	\$477
SANTA ANA ^ ^		
Mo-Sa 7:30A-Disc Early Birds, 212 Elk	\$48	\$48
Su 5:00P-Two Or More, 721 Euclid		\$70
Fr 8:00P-51/50, 614 Bush Street	\$25	\$115
SEAL BEACH ^ ^		
Mo 7:30P-Seal Bch Spkrs, 500 Marina Dr		\$360
We 7:30P-(M)'s SS, 8th & Central	\$40	\$40
SILVERADO CANYON ^ ^		
Th 7:30P-Fireside Disc, 17641 Silv Cyn		\$72
SUNSET BEACH ^ ^		
Su 10:00A-Sunset Beach Mtg.,PCH&Wamer		\$88
Su 1:00P-(W)'s 12 Step Study, 16865 PCH		\$50
Su 7:00P-11th SS, 16865 PCH		\$120
Mo 7:00A-Disc, 16865 PCH		\$60
Tu 7:00A-Disc, 16865 PCH		\$50
Tu 6:00P-Disc, 16865 P.C.H.	\$30	\$60
We 12:00P-Promises Meet, 16865 PCH	\$30	\$30
Th 7:00A-Disc, 16865 PCH		\$60
Th 7:30P-Participation, 16865 PCH	\$60	\$60
Fr 7:00A-Disc, 16865 PCH	\$60	\$60
Fr 12:00P-Disc, 16865 PCH		\$40
Sa 7:30A-Disc, 16865 PCH	\$140	\$140
Sa 7:00P-Rule 62 Spkrs, 16865 PCH		\$100
TUSTIN ^ ^		
Dly 6:00A-Foothill Early Risers, 19211	\$200	\$400
Dly 6:00A-Attitude Adj, 14662 Nwprt	\$200	\$300
Dly 6:00A-Attitude Mod, 130 W. Main	\$738	\$977
Dly 12:00P-Brown Baggers, 130 W. Main	\$123	\$791
Dly 5:30P-Rush Hour, 130 W. Main.	\$297	\$2,164
M-F 12:00P-Alkies Winners, 555 W.Main	\$205	\$860
Su 9:02A-Spkrs, 130 W. Main		\$190
Su 7:00P-Sober & Crazy Spkrs, 130 W Main		\$831
Mo 7:30P-(M)'s Disc, 130 W Main	\$50	\$162
Tu 8:00P-Steps 1-4, 1201 Irvine	\$60	\$120
We 7:00P-Lucky Stiffs (M)'s, 18542 Vander		\$85
We 7:00P-(W)'s Solutions, 19211 Dodge	\$120	\$262
Th 9:00A-(W)'s SS, 14402 Prospect		\$70
Th 12:00P-(W)'s 12 & 12 BB, 19211 Dodge		\$102
Th 6:15P-(W)'s Living Sober, 1201 Irvine Bl		\$190
Fr 7:30P-Turning The Corner, 1221 Wass	\$129	\$177
Sa 8:00P-Visiting Spkrs, 1221 Wass		\$105
VILLA PARK ^ ^		
Dly 7:30A-24 Hour Book Grp, 17855 Santia	\$288	\$685
WESTMINSTER ^ ^		
Mo 7:30P-12&12Beginners, 15750 Mag		\$81
WHITTIER ^ ^		
UNLISTED GROUPS ^ ^		
Dly 12:15P-Lse Outlet, 1545 Nwprt, CM (UL)		\$385
Su 5:30P-H.B. Creative Sharing, 18582 Bea		\$210
Tu 5:30P-BB Tape Stdy (UL) IR	\$187	\$353
We 8:00P-Beginners (UL) GG		\$30
Th Joe Quinn BK Stdy, (UL) LB		\$20
Fr 8:00P-Family Afterward (UL) Sunset B	\$40	\$210
Sa-HB-Camel		\$60
We-6:00P-SC-Campfire Girls UL	\$79	\$138
Mo 7:00P YL (M)'s Surrender UL		\$20

WANDERING GROUPS ^ ^		
Sa 8:00P-Orange County Wandering Grp		\$20
(W)'s Wandering-Irvine	\$243	\$243
MISC. DONATIONS ^ ^		
OCCO Change Can	\$12	\$21
Satellite Office Change Can		\$18
Intergroup Meeting	\$108	\$364
AOCYPAA		\$334
4th Step Workshop, Laguna Beach	\$40	\$305
PERSONAL DONATIONS ^ ^		
Anonymous/January		\$30
Anonymous/March		\$37
Anonymous/March		\$250
Anonymous/April	\$50	\$50
Anonymous/April	\$250	\$250
B. H. Dana Point		\$20
Crystal B, Rancho Santa Margarita		\$70
David S, Fountain Valley		\$100
June L, Irvine		\$125
Linda L, Lake Elsinore		\$200
IN LOVING MEMORY ^ ^		
GROUP INFORMATION REQUESTED ^ ^		
Receipt # 8953		\$108
Receipt # 9326		\$20
Receipt # 9340		\$150
Receipt # 9389		\$60
Receipt # 9787		\$175
Receipt # 9772		\$396
Receipt # 9774		\$210
Receipt # 9838		\$422
Receipt # 42	\$250	\$250
Receipt # 67	\$40	\$40
TOTALS	\$13,933	\$67,530



Principles, Not Personalities

"The way our 'worthy' alcoholics have sometimes tried to judge the 'less worthy' is, as we look back on it, rather comical. Imagine, if you can, one alcoholic judging another!"
The Language of the Heart, p. 37

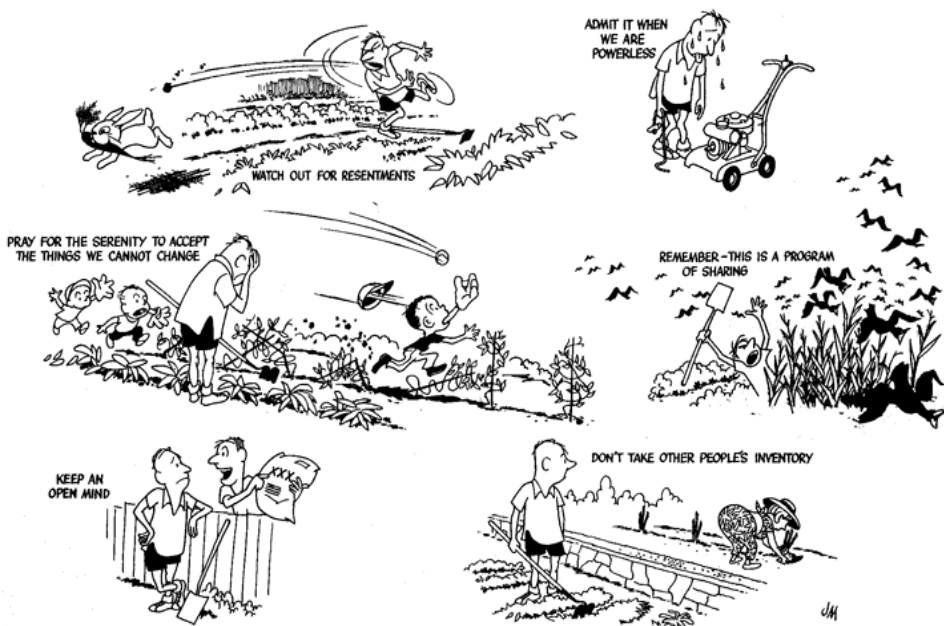
Who am I to judge anyone? When I first entered the Fellowship I found that I liked everyone. After all, AA was going to help me to a better way of life without alcohol. The reality was that I couldn't possibly like everyone, nor they me. As I've grown in the Fellowship, I've learned to love everyone just from listening to what they had to say. That person over there, or the one right here, may be the one God has chosen to give me the message I need for today. I must always remember to place principles above personalities.

What you have become is the price you paid to get what you used to want.

Mignon McLaughlin

"The world is a dangerous place to live, not because of the people who are evil, but because of the people who don't do anything about it".

Albert Einstein.



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BE OF SERVICE!!

**“ALCOHOLICS
ANONYMOUS,
HOW MAY WE HELP YOU?”**

CALL FORWARDING:

The call forwarding program, instituted by Orange County Central Office, insures that our help line phones are answered by volunteers 24/7. During hours when the Central Office is closed, calls to the Central Office are forwarded to a call forwarding volunteer's home or cell phone, where the volunteer answers the calls just as if he or she were sitting in the Central Office. This service allows the Central Office to realize a significant costs savings because we do not need to contract with a phone answering service. Even more vital, when a call is placed to Alcoholics Anonymous in Orange County, the caller will be talking to an Alcoholics Anonymous member, not a phone service! This truly is “front-line” 12th Step work and we would appreciate any time you can give.

SHIFTS:

Monday thru Friday shifts are 9pm to 6am and 6am to 9am. Saturday shifts start with the 6am to 9am. The Central Office opens and covers from 9am to 1pm on Saturdays. The phones are then forwarded to volunteers to cover from 1pm to 4pm, 4pm to 7pm, 7pm to 10pm and 10pm to 6am. Sunday and Holiday shifts are 6am to 10am, 10am to 2pm, 2pm to 6pm, 6pm to 10pm and 10pm to 6am.

VOLUNTEERING:

In order to volunteer for this service it is suggested that you have two years of sobriety. You must also arrange with the Central Office manager in Santa Ana or the Satellite Office Manager in Mission Viejo for a brief orientation session which will be held at one of the offices. Shifts are available. Please call the Central at (714) 556-4555 or the Satellite Office at (949) 582-2697.

THANK YOU FOR YOUR SUPPORT!!

**ORANGE COUNTY
INTERGROUP ASSOCIATION OF AA**
Statement of Income and Expenses for Period Ending 4/30/2008

	MARCH	APRIL	YTD
INCOME			
Group Donations	14,213.60	13,262.82	66,077.66
Individual/Fellowship	501.88	561.50	1,351.38
Literature Sales	12,401.99	10,719.46	48,969.96
Birthday Donations	466.59	361.00	1,450.24
In Memoriam	0.00	0.00	0.00
Intergroup Donations	79.55	108.21	363.86
Special Events	0.00	0.00	0.00
Interest Income	266.44	308.83	1,079.14
Misc. (Repaid Bounced Checks)	0.00	0.00	266.83
TOTAL INCOME:	27,930.05	25,321.82	119,559.07
EXPENSES			
Audits/Accounting	2,500.00	0.00	6,500.00
Auto (All Managers)	63.99	76.76	258.61
Bank Charge	0.00	0.00	0.00
Cash/Invoices OverShort	-52.98	9.93	-24.30
Insurances	2,553.43	2,461.43	10,811.11
Intergroup Expense	176.48	537.05	1,039.00
Lease Expense	389.07	389.07	1,556.28
Maintenance & Repairs	0.00	152.46	304.92
Volunteers Coffee + Water	114.14	125.57	314.49
Offices' Supplies	93.01	374.27	1,323.10
Pension Fund	166.68	166.68	666.72
Postage	82.00	9.51	210.63
P/I, Donated Literature	0.00	0.00	1,016.98
Rent Main/Satellite Offices	3,620.71	3,620.71	14,414.84
Salaries	11,155.35	10,431.63	42,059.29
Payroll Tax Expense	853.39	1,396.88	3,816.42
Taxes & Licenses	0.00	-0.45	27.55
Telephone Expense	395.24	473.40	1,752.94
LIFELINE Expense	1,182.35	892.10	4,515.90
Cost of Literature Sold	9,737.74	8,416.66	38,450.45
Special Events	0.00	75.42	506.42
Reconciliation Discrepancies	60.00	0.00	60.00
Misc. (Returned Checks)	0.00	56.07	503.70
TOTAL EXPENSES:	33,090.60	29,665.15	130,085.05
INCOME/(LOSS):	-5,160.55	-4,343.33	-10,525.98

THE LIFELINE, 1526 BROOKHOLLOW DR., SUITE 75, SANTA ANA, CA 92705- Published monthly by the Orange County Intergroup Association

Purpose: The Orange County Lifeline Committee is a committee of volunteer A.A. members, charged with the responsibility of producing and distributing the Orange County Lifeline, (a publication of the Orange County Intergroup Association). The Lifeline is published monthly and is supported solely through contributions from the A.A. groups and members of Orange County. The Lifeline is published to meet the following needs of the Orange County A.A. membership: to inform the A.A. membership regarding A.A. service, A.A. events and A.A. announcements; also to share experience in recovery, unity and service; to keep the A.A. membership informed regarding the actions, finances and meetings of the Orange County Intergroup Association and other Central Office committees.

Lifeline Committee: Meets the 1st Thursday of each month at the Central Office. Join us @ 7PM.

Bill W., (Chair); Jim S., Phil F., Nick M., George L., Cecil W., Dave H., Tarcy H. (Editor)

Mail submissions to the above address or send email to: lifelineeditor@yahoo.com

RECOVERY WORD SEARCH

A WORD SEARCH, like all the others you've seen: words can be up, down, across or diagonal. Have fun, and win a few minutes of free sobriety!

Reprinted, with thanks, from the *Ventura County Tradition*

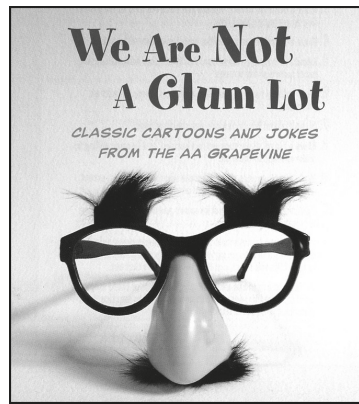
There are also 12 'AA's. Can you find them all?

S A U L G G M L Y W E R G N J L
 E W A R E V E N F T N A C L O H
 T D O E E S F N L R I J M U S J
 O U S U E T R D E T A L E R J A
 P W Q T G U I O N O P E I D S A
 A A R Y E H U H D M C N I C O P
 P W X F R T T T H N C T R W A G
 R R S T S E L Y A R E E P E B F
 E U O I R D O N Y D Y R U T A U
 S I D B O P I S Q E O P R A H I
 T E D W L F A V N P U R P I R U
 I E A A W E A O E Y A I O O P A
 G C W F T I M R I R A S S O F A
 E G S R A Y T S I J T E E O J K
 Q P I A U Y R A M I R P A A L P
 A X Z E W M A L T Y O G W H F M

Group
 Ought
 Never
 Endorse
 Finance
 Lend

Related
 Facility
 Outside
 Enterprise
 Lest
 Problems

Money
 Property
 Prestige
 Divert
 Primary
 Purpose



"TOLERANCE IS BASED on courtesy, respect, and a sneaking suspicion that the other person may be right. July 1993

A newcomer asks her sponsor what the Big Book has to say about sex. The sponsor gets her numbers mixed up, and instead of saying page 69, directs the newcomer to page 96, where she reads, "Do not be discouraged if your prospect does not respond at once. Search out another alcoholic and try again. You are sure to find someone desperate enough to accept with eagerness what you offer. We find it a waste of time to keep chasing a man who cannot or will not work with you."

August 2005



"He's trying to find out if he can stop any time he wants to."

A BOOZER WHO SPENT much of his time at a certain bar said to the bartender one night, "That guy who just left must be one of those alcoholics," "What makes you think so?" he was asked, "Because he's always here when I am," replied the lush.

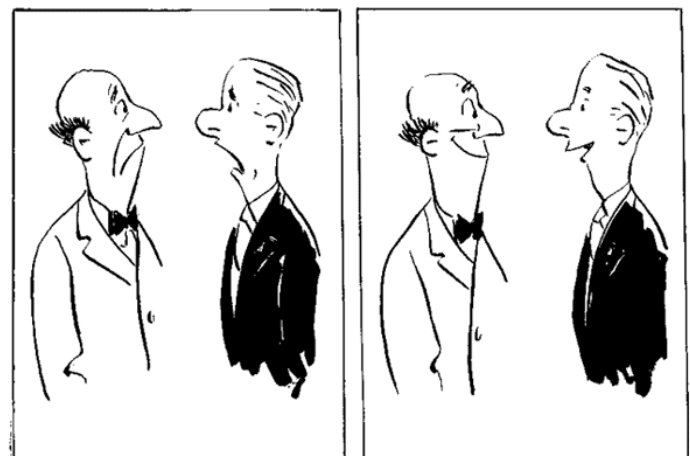
August 1982



Orange County H & I
 On the 2nd Sunday of the month
 Garden Grove Alano Club, 714-534-2244
 9845 Belfast Drive, Garden Grove, CA
 For additional info call 714-979-8524
 Or Central Office: 714-556-4555

To Carry the Message of Alcoholics Anonymous to the Alcoholic who is confined in a Hospital or Institution

South Orange County H & I
 3rd Wednesday of the month, 7:30 pm
 Laguna Canyon Club, 949-497-1823
 20456 Laguna Canyon Rd., Laguna Beach



"Charlie slipped ...

... and broke his leg."

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