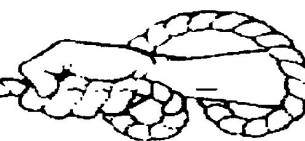


Lifeline



2010 Orange County Intergroup Service Board

Chair, Pearl N.
 Vice Chair, Lou D.
 Treasurer, Art H.
 Secretary, Eric
 Central Office, Grant M.
 Group Relations, Carol D.
 Hospitals & Institutions, Heather V.
 Lifeline, Roxanne R.
 Public Information, Barry P.
 Special Events, Anne M.

Who? What? When? Where?

Public Information Committee, Barry P.
 Meets the 3rd Wednesday of the month at 6:30 pm
 Group Relations Committee, Carol D.
 Meets the 4th Wednesday of the month at 7:00 pm
 Lifeline Committee, Roxanne R.
 Meets the 1st Thursday of the month at 7:00 pm
 Special Events Committee, Anne M.
 Meetings scheduled as needed
 H & I Committee, Heather V.
 Meets the 2nd Sunday of the month at the Garden Grove Alano Club. Institutions meet at 4:00 pm; Hospitals meet at 6:00 pm. South Orange County H & I meets at the Laguna Beach Canyon Club the 3rd Wednesday of the month at 7:30 pm.
 With the exception of H & I, the above committees meet at Central Office, 1526 Brookhollow, Suite 75, Santa Ana, CA 92705. If you are interested in serving on a committee or would like more information please contact the above or Central Office at (714) 556-4555.



Orange County Intergroup Association

ORANGE COUNTY CENTRAL OFFICE

1526 Brookhollow, Suite 75
 Santa Ana, CA 92705

Phone: (714) 556-4555; Fax: (714) 556-7231

E-mail: ocaa7664@sbcglobal.net

Web site: www.oc-aa.org

Office hours:

Mon-Fri: 9:00 AM to 7:00 PM

Sat: 9:00 AM to 1:00 PM

South County Office

27281 Las Ramblas, Ste.135, Mission Viejo, CA 92691

Phone: (949) 582-2697; Fax: (949) 582-2611

E-mail: socooa@sbcglobal.net

Office hours:

Mon-Fri: 10:00AM to 5:00 PM

The Orange County Intergroup Association Meeting

Wednesday, May 12th at 7:00 PM

Costa Mesa Senior Center
 695 W. 19th Street
 Costa Mesa, CA 92627

THE LIFELINE, 1526 BROOKHOLLOW DR., SUITE 75, SANTA ANA, CA 92705- Published monthly by the Orange County Intergroup Association

Purpose: The Orange County Lifeline Committee is a committee of volunteer A.A. members, charged with the responsibility of producing and distributing the Orange County Lifeline, (a publication of the Orange County Intergroup Association). The Lifeline is published monthly and is supported solely through contributions from the A.A. groups and members of Orange County. The Lifeline is published to meet the following needs of the Orange County A.A. membership: to inform the A.A. membership regarding A.A. service, A.A. events and A.A. announcements; also to share experience in recovery, unity and service; to keep the A.A. membership informed regarding the actions, finances and meetings of the Orange County Intergroup Association and other Central Office committees.

Lifeline Committee: Meets the 1st Thursday of each month at the Central Office. Join us @ 7PM.

Roxanne R. (Chair), Jim S., Phil F., Nick M., George L., Richard H., Steve C., Mike T., Tarcy H. (Editor)

Mail submissions to the above address or send email to: lifelineeditor@yahoo.com

In this Issue

<u>Features and Fun Stuff:</u>	
Remember our Tradition of Anonymity	2
Lifeline Archives—Why H & I	2
Concept 4	3
Lifeline Archives—First A.A. Meeting	3
Dear Alkie Alma	3
Step 5—The Searchlight	4
Fresh Squeezed Sobriety	5
Are you Heading for San Antonio?	6
12 Steps of Relapse	7
Is your Sponsor a Dictator or a Buddy?	9
Twelve Qualities of Sponsorship	9
We are Not a Glum Lot	12
<u>Business:</u>	
Group Contributions to Central Office	6, 7
Meeting Changes	8
Events/Speaker Meetings	10
Birthdays	10
Call Forwarding information	11
Statement of Income & Expenses	11
Web Stats	11
Central Office Activity	11

WHY H&I?

Feb. 4, 1980

Hi, my name is Jesse O. and I'm an alcoholic.

What was it like? Well, it was good at first. I loved it and what it did to me. I went to jail, also to mental hospitals because of my drinking. I know what it's like to have blackouts, worrying how I got there. Then it started to get worse.

In 1976 I completed a six month alcoholic program at Loma Linda in San Bernardino. The day following my getting off the program I was in jail for taking a life while under the influence of alcohol. That person would be alive today if I did not take that first drink. When I first got to prison I got into A.A. I did not like the A.A. program. I knew I could not go the rest of my life without a drink. I learned that you do this program only one day at a time. Today I have 46 months of sobriety thanks to the program and the people in it.

You are probably saying that's easy in prison, but I want to tell you I can get or make my own booze anytime

I want it, or a fix. You name it, and it's in here. But I have something better today. I have a choice today that I did not have 46 months ago. Being locked up is easy com-



pared to what it was like out there. Not being able to say "no" to that drink is really hell. I shut out the whole world and lived for that next drunk. But I am free today here in prison, thanks to the program of A.A. and the people in H & I. What is H & I? It means Hospitals and Institutions and is where people come into places like this and share their stories with us here. I hope to get into H & I work when I get out of here in September of this year. I want to thank the people in Orange County H & I for the help they have given me in here, and you out there for the coffee labels that help buy our coffee at the meetings.

Friend, if you are thinking about taking that drink, please don't. I did and it's taken over 4 years of my life away. It's a small price to pay for what I did. It's not worth that drink and you are only one drink away from prison. Think about it.

Your friend in A.A.
Jesse O .

Remember our Tradition of Anonymity

Recently, I was speaking with a member after a meeting. The member has been in the program for a couple of years, but I had not seen him for a while. He had been going to meetings in another area. He told me that some prominent movie stars attended and he mentioned a few names. I was surprised, but not impressed with the stardom. I am not a big fan of Hollywood. But I did remind him that the names should not be broadcast outside of that meeting in keeping with our Tradition 12.

We all should be confident that what we say in meetings is not taken out of meetings, and that our participation in A.A. does not become public knowledge.

Some weeks later I attended a step & tradition study meeting, and we reviewed Tradition 12. I reflected that I have not heard many references to this lately. Several years ago it was the rule to hear a reminder about our tradition of anonymity at the end of many meetings in Orange County. We would recite the following:

What you hear here,

who you see here,

let it stay here.

Hear! Hear!

Richard H.

The 12 Concepts for World Service

Concept 4 (short form)

At all responsible levels, we ought to maintain a traditional "Right of Participation" allowing a voter representation in reasonable proportion to the responsibility that each must discharge. P574, *Alcoholics Anonymous*, (fourth edition).

Once a year, some 136 individuals converge in New York City where they will participate in the General Service Conference of Alcoholics Anonymous® in the U.S. and Canada. Also participating are the 21 trustees of the General Service Board, six non-trustee directors of A.A.'s two operating corporations – World Services and the Grapevine – and three alcoholic Grapevine staffers and 13 alcoholic General Service Office staff members. Those 93 A.A. delegates, however, must make up at least two-thirds of any vote taken.

There are a few problems, none of them too difficult. Bill W.'s essay on Concept 4 gets to it quickly and easily. He recommends that "Trustees and service workers alike should refrain from voting on reports on their own past activities." And he dismisses the idea that there is a danger that Trustees and service workers might someday vote as a "bloc." They never have.

Bill sums up the brief for Concept 4 with the argument that this can be accomplished when we are ready to "accept the necessary disciplines our several tasks require. We can do this when we are sure that we belong, when the fact of our 'participation' assures us that we are truly the 'trusted servants' described in A.A.'s Tradition Two."

And, as was the case with Concept 3, delivery of this traditional right of participation again reinforces the Conference view that our Fellowship is the major beneficiary of that trust. So your task now, if you are truly convinced that our Conference is in fact the best vehicle for the long term success of the Fellowship, is to make sure your home group does have a GSR, does pay attention to that person's regular reports of the GSO and supports the needs of the Conference.

Still reluctant to raise your hand when your group's secretary asks the question of participation in the GSO? Ask yourself why.

George L., Westminster



From the March, 1980, *Lifeline*

FIRST A. A. MEETING

The Gatehouse on the Seiberling Estate was the site of the first get-together between Bob and Bill, and from there A.A. has grown world wide.

An obituary in the Dec. 10, 1979, Los Angeles Times submitted by Joe W. from Santa Ana:

"Henrietta Buckler Seiberling, 91, who in the early 1930s opened her home in Akron, Ohio, to two alcoholics who held the first meeting of Alcoholics Anonymous there. The wife of the late J. Frederick Seiberling, whose father founded Good-year Tire and Rubber Co., she devoted most of her life to the A.A. movement in New York City."

Got a Problem? Send a Letter to "Dear Alkie Alma"



Alma answers your questions about getting sober, staying sober and carrying the message of recovery.

If you think Alma can help, please send your letters to "Dear Alkie Alma" c/o OCCO, 1526 E. Warner Ave., Santa Ana, CA 92705, or email them to lifelineeditor@yahoo.com.

Dear Alkie Alma,

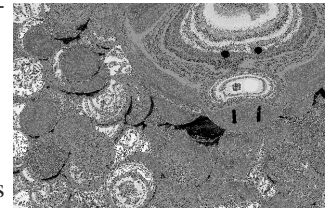
I came to A.A. via a hospital program that was paid for by my insurance. I couldn't have paid for it by myself. When they pass the basket at meetings, they say, "There are no dues or fees for A.A. membership. How come? How does A.A. pay its bills?"

Rory B., Huntington Beach

Dear Rory,

They often follow that phrase with, "... but there is a basket to put them in." This is due to our Traditions Seven and Eight. The fellowship learned early on that we couldn't accept outside money, or we could lose our independence. "He who pays the piper calls the tune." So, A.A. adopted a policy of "corporate poverty."

Each group covers its expenses through basket donations, and then sends whatever surplus there is to local intergroups, H&I committees, and GSO in New York. The principle of corporate poverty doesn't mean that we don't see some large sums, because it takes such to run offices where phones can be answered, literature can be stocked for sale, books and pamphlets created and printed, and A.A. activities supported around the world.



The difference between us and other organizations is that we do not accept outside contributions, and we limit the amount of internal gifts. As Bill wrote in the *12 and 12*, "Bare running expenses plus a prudent reserve would henceforth be the Foundation's financial policy."

Tradition Eight ties into the above. We made a decision to remain "non professional." That is, we would never charge for Twelfth Step work. We carry the message of sobriety because it keeps us sober. Plus, any monetary charge would seriously dilute the power of the message. We try to speak the "language of the heart," just one drunk sharing with another, rather than a professional doing it for a price.

Step 5 – The Searchlight

Admitted to God, to ourselves and to another human being the exact nature of our wrongs.

Number 5 of 12 articles on the 12 Steps

I know the 12 & 12 says the 6th step “*separates the men from the boys,*” but step 5, for me, was truly the defining moment in the process of taking the steps. This step had always been the “elephant in the room.” It was always there, I just tried not to think about it or talk about it. I was writing “The Great American Novel” for the 4th step - in length anyway. After more than 5 weeks working on my 4th step, I had 37 pages on the Resentments List alone, and 21 pages on the Fears list – and more were being added on a daily basis. The sex inventory was a great deal shorter, but it was also very thorough. I mean, isn’t that what the 4th step says – “*nothing counted but thoroughness and honesty!*”



One Saturday morning my sponsor called me and told me to bring my 4th step along when I came to meet with him. I thought he just wanted to see where I was, but when I got to his house, he said, “We’ll be taking your 5th step today,” I protested, “But, I’m not done.” To which, he answered, “Yes, you are.” And, somehow, I knew I was!

We sat down and read the first part of Chapter 6 where step 5 is described, (including some of the most profound promises in the entire book!) then he had me go out in his back yard and read the entire thing out loud to myself. That was admitting to God and myself. I remember the emotions I felt when reading it aloud for the first time – it was an overpowering moment of clarity.

In less than an hour I went back inside and my

sponsor and I knelt and said the 3rd step prayer together. Then, as I began to read my 5th step, all fear vanished – just like that! Of course, the fear always comes back, and it did come back sometime later, but not with the paralyzing grip in which it had held me. As we took the step together, we stopped often to discuss a particular item in my inventory and my sponsor sometimes shared his own experience where it related to the inventory item. The trust I had built with this man was never so evident as it was over the next 7 hours. Seven hours, you say – yeah, I like to talk!

Everything on the list, (the thorough and honest list!) came out. Finally, someone knew all my secrets – what a freedom. I don’t know what I expected to feel like when I was done, but I, in fact, felt let down when I was finished. Most of the promises listed in the 5th step in the Big Book came true shortly afterward – about the time I took the 7th step.

I never again had that overpowering fear when taking subsequent 5th steps. The fear had always been a fear of the unknown – “What if my sponsor doesn’t respect me when he finds out what a creep I am? What if my sponsor tells someone else something I tell him in confidence? What if, unknowingly, I leave something off? Today, I know that in this step we are richly rewarded when we do the best we possibly can. And that is so with everything in life. And that fact is the most amazing revelation of the 5th step.

A member of A.A. in Orange County

Text in italics re-printed from the Big Book with permission of Alcoholics Anonymous World Services, (AAWS)

5th Step Prayer

Higher Power, My inventory has shown me who I am, yet I ask for Your help in admitting my wrongs to another person and to You. Assure me, and be with me, in this Step, for without this Step I cannot progress in my recovery. With Your help, I can do this and I will do this.

Fresh Squeezed Sobriety – March 1990 Grapevine
 By Corinne H., Raleigh, North Carolina

One woman's journey to Alcoholics Anonymous began like this: The telephone call was made to the A.A. phone number and two lovely, clean, sane, sober women were sent to a middle-class suburb on a Saturday night. I'm sure they wondered what they would encounter. They rang the bell.

The door was opened by an apparition in a wine-stained robe, wearing orange juice cans for hair rollers, walking on tiptoes because her heels were greased with petroleum jelly and she'd fall if she walked flat-footed. The explanation this apparition gave for her charming appearance was that the next day was Sunday and she had to look good for her Sunday school class.

The visitors could tell from the wine stains on the robe and the carpet that this greased apparition had a problem keeping the alcohol on the inside. They could also tell she had a few other problems!

At one time I was ashamed to admit I was that apparition. Today I know—after countless tear-jerking, belly-laughing experiences myself—this experience can be used to save another life.

How those two women kept straight faces as they began to share their experience, strength, and hope, I'll never know. One talked about how her drinking had led her to A.A. The other talked about how her drinking affected her family life. Both said they were finding hope and recovery in meetings of Alcoholics Anonymous.

Of course I cried—a lot—as I listened to them. My shame and remorse and guilt were weighing me down (to say nothing of the orange juice cans). We talked about drinking. I tried to tell them about me—what a terrible person I was. And then the most beautiful words that I hope I never forget were said to me: "You don't have to tell us anything about yourself that feels bad. We only want to help you stop drinking."

I was doubtful. How could anyone like me? I didn't like me. I wasn't sure you would accept this woman. The mother of four children and stepmother to two who broke up two families and two homes surely couldn't be judged appropriate to come into this group, if these women were any example. Also, I was not a "pure alcoholic"—I was dually addicted, although at that time I couldn't see how prescription drugs were also causing me monumental depression and anxiety. Although I had never heard of or read the "Twelve and Twelve," I was sure I could be classified as a "fallen woman."

Two nights later, minus orange juice cans and slippery heels, I was taken to a meeting. Still sure you would judge my outsides I wore a brand-new white winter coat, fabulous straw hat, white gloves—the works. After the meeting was over, I looked for my white coat and couldn't find it. Someone needed it more than I did. (They left me the hat.) I was too frightened to show my outrage at such an act. I was still afraid you wouldn't accept me. But not one single person ever told me I didn't qualify or that I wasn't acceptable.

Three weeks later I heard a talk that broke my dammed-up tears. A man had done what I had done, walked out on a family and home for the only lover that was important—booze. He was so-

ber six years and I heard him say everything will be okay, if you don't drink.

In my home group there are fifteen to twenty-five men and women. There are several dually addicted people. There are people who have pilfered from the till. There is a man who gets the Steps mixed up since he had a stroke. There is a woman whose husband has been unable to speak or function for over ten years.

We range in age from twenty-three to about sixty-seven. We have a new member with six days of sobriety (at this writing) and an "old-timer" of fourteen years. We are predominantly white, but often have a few black men or women attend. We are single, married, divorced, widow and widower. We are doctors, lawyers, home-makers, computer operators, stable hands, sales people, and retirees. We have slippers and staunch members who didn't touch another drop from the day they walked through the doors of Alcoholics Anonymous. We are believers, doubters, and atheists. We all have problems other than alcohol.

But we are all there for one reason and one reason alone—we each have a desire to stop drinking. No one who comes through the doors of our little brick meeting house leaves without knowing that, and knowing that we not only want them to come back, we need them back.

In my home group we come together to share our experience, strength and hope with every suffering alcoholic that comes our way—or is already there. And we never ask questions—so no one has to tell us anything they don't want to.



***OPEN HOUSE
 and
 VOLUNTEER
 APPRECIATION***

***Orange County Central Office
 Cordially invites you to join us***

1pm - 3pm, Saturday May 22nd

**ORANGE COUNTY CENTRAL OFFICE
 1526 Brookhollow, Suite 75
 Santa Ana, CA 92705**

***Please join us for FUN & fellowship
 See what part Central Office plays in A.A. life
 Find opportunities to be of service
 BRING A NEWCOMER!***

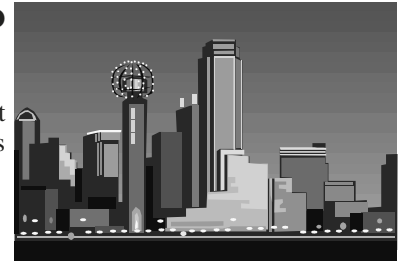
GROUP CONTRIBUTIONS TO CENTRAL OFFICE— March

	MAR	YTD							
ALISO VIEJO	^	^	Fr 7:30P-BB Stdy, 7641 Talbert		\$70		Tu 7:30A-12 Step Meeting, 24442 Moulton		\$25
ANAHEIM	^	^	Sa 7:30A-Attitude Mod, 19092 Beach Blvd		\$120		Fr 10:00A-Top/Hill Gang, 24252 El Toro		\$70
BUENA PARK	^	^	Sa 7:30A-(M)'s Disc 9812 Hamilton	\$60	\$60		LA HABRA	^	^
CAPISTRANO BEACH	^	^	Sa 9:30A-W BB Stdy, 19092 Beach Blvd		\$68		LAKE FOREST	^	^
Fr 7:00P-Friday Knights, 25976 Domingo		\$70	Sa 9:30A-Charle St. Overflow, 9812 Hamilton		\$20		LA MIRADA	^	^
CORONA DEL MAR	^	^	Sa 10:00A-(W)'s BBStdy, 18631 Chapel		\$162		LAS FLORES	^	^
Mo 7:00P-Baywood Disc, 1601 Marg	\$200	\$200	Sa 7:00P-Sat Nite Live BB, 18631 Chapel	\$60	\$140		LOS ALAMITOS	^	^
Tu 12:00P-Noonatics, 800 Marguerite	\$50	\$50	IRVINE	^	^		MISSION VIEJO	^	^
Th 6:00P-Happy Hour (M)'s Pacific View		\$70	Dly 6:30A-Sunrise Sobriety, 4400 Barr	\$237	\$716	Daily Saddleback Valley Grp, 23166 Los Aliso	\$90	\$260	
Fr 7:30P-Rebels Disc, 611 Helio	\$200	\$200	Dly 7:00A-Solu Grp Mar, 5001 Newport Coast	\$3,670	\$3,670	Mo&Th 7:30P-12 Step, BB Stdy, Jeronimo &		\$400	
Fr 8:00P-BB Stdy, 3233 Pacific View	\$140	\$280	M-F 12:00P-Alton Noon Grp, 5101 Alton		\$100	Mo 7:00P- (W)'s SS, 26051 Marg.		\$180	
COSTA MESA	^	^	M-Thur 5:30P-On The Way Home, 17321 Mur		\$100	Tu 7:30P-Design for Living BB, 26558 Marg		\$40	
Dly 7:00A-Daily Reflect, 2040 Placentia		\$50	Su 10:00A-Donut Mtg, 6670 Alton Pky		\$225	We 9:30A-(W)'s, 26051 Marguerite Pky		\$100	
M-F 6:45A-Morning Meditat, 183 E. Bay	\$60	\$60	Mo 6:30P-Easy Does It, 4949 Alton	\$25	\$84	NEWPORT BEACH	^	^	
M-F 12:00P-Noon Rec, 420 W. 19th St.	\$284	\$284	Mo 7:30P-(W)'s Disc., 15 Orange Tree		\$48	Dly 6:30A-Jumpstart Disc, 414 E. 32nd St.	\$900	\$900	
Su 10:00A-BB Over Donuts, 2040 Placentia	\$50	\$50	Tu 12:00P-(W)'s BB Stdy, 5101 Alton Pky		\$137	M-F 6:45A-Attitude Adj, Bayside Dr (Yacht Cl	\$2,000	\$2,000	
Mo 8:00P-(M)'s, 2015 Charle Street		\$50	Tu 6:00P-Courage To Change, 18182 Culver		\$140	M-F 12:15P-Shark@Aquatic, 1Whitecliffs		\$450	
Tu 7:30P-(M)'s Last Gaspers, 695 W 19th	\$100	\$100	Tu 7:00P-(M)'s K.I.S. 12X12, 14301 Yale		\$280	Su 7:30P-Spkrs, 414 E. 32nd St	\$145	\$400	
We 12:00P-High Noon Step, 183 E. Bay St.		\$30	We 6:30P-B. B. Topic Disc., 5001 Nwprt		\$140	Mo 12:30P-Back Bay (M)'s, 1201 Irvine	\$700	\$700	
We 7:00P-(W)'s Source Str, 3116 Van	\$45	\$45	We 7:30P-12 Solutions SS, Harvard	\$60	\$160	Mo 7:00P-Language of the Heart (W's) 2414		\$69	
We 7:30P-Day By Day Serenity, 1865 Anaheim		\$40	Th 6:30P-(W)'s Gypsies, Deerfield & Turtle		\$64	Mo 7:00P-Over 40 Disc, 1099 Bayside Dr.		\$75	
We 7:30P-BB Trivia (M)'s Stag, 1545 New		\$60	Fr 10:30A-Over 50 Grp, 4400 Barranca PKWY		\$40	Tu 7:00P-NB/CDM (M)'s, 414 32nd St.		\$100	
Th 5:30P-(W)'s Its/Book Study, 2040	\$40	\$40	Fr 5:30P-Topic Disc.Grp, 6650 Alton (Kaiser)		\$153	We 6:30P-Wed Nite W's 12+12, 883 W. 15th		\$40	
Fi 6:30 P-TGIF Women 183 E.Bay St.	\$100	\$100	Fr 7:00P Winning Tkt Bk Stdy, 1 Sunnyh	\$84	\$220	We 7:00P-Steps&Trads, 2200 San Joaquin Hill		\$60	
Fr 8:00P-BB Stdy, 1865 Anaheim	\$50	\$50	Sa 6:30A-Back Room S/S, 4400 Barranca P	\$47	\$119	We 7:30P-BB Stdy, 600 St. Andrew		\$30	
Sa 9:30A-(M)'s By The Book, 3080 Airway Ave	\$360	\$360	Sa 9:15A-SS, 5101 Alton Pky		\$174	We 8:00P-Recovery Radicals, 301Nwprt		\$100	
Sa 9:30A-Sat Morn (W)'s Gr, 2040 Placen	\$99	\$99	Sa 11:00A-B.B Stdy, 1 Sunnyhill - Turtle		\$118	Th 9:00A-(W)'s BB Stdy, 414 32nd St.	\$50	\$150	
Sa 1:30P-What's/Point, 2040 Placentia		\$5	Sa 7:00P-Spkrs, 1 Sunnyhill - Turtle	\$80	\$130	Sa 11:00A-Participation, 414 E. 32nd		\$60	
Sa 6:00P-Cover-To-Cover, 183 E. Bay St.	\$20	\$144	LAGUNA BEACH	^	^	Sa 6:00P-Discover Grp, 1 Whitecliff Dr.	\$112	\$112	
Sa 8:00P-Keep It Simple, 2850 Fairview		\$50	Dly 7:00A-Attitude Adj, 20456 LCR		\$150	Sa 8:30P-Hoag Hut Spkr, 301 Nwprt Ave	\$250	\$250	
CYPRESS	^	^	Dly 7:05A-Attitude Adj, 31872 PCH	\$1,042	\$1,042	ORANGE	^	^	
We 7:00P-Cypress Women's S/S, 5100 Cerrito		\$110	Dly 7:05A-Attitude Adj Tee Rm, 31106 PCH (\$450	\$852	Dly 7:00A-Early Birds, 812 Town&Cntry	\$140	\$360	
DANA POINT	^	^	M-F 7:00A-Meets/Ruby's, 30622 PCH	\$28	\$28	Su 11:00A-Sun Pumps, 705 W LaVeta		\$140	
Dly 7:00A-Hard Core Harbor, 34451 Ens	\$4,794	\$4,794	Su 7:05A-Montage Grp. (Montage)	\$430	\$430	Mo 7:00P-(W)'s Step Stdy, 161 Orange		\$54	
Mo 5:30P-(W)'s Disc, Ensenada & DPH	\$245	\$245	Su 10:00A-Heisler Park Disc, Cliff	\$70	\$70	Mo 7:30P-Beg Disc, 705 W La Veta	\$74	\$74	
We 7:00A-(W)'s Harb Topic Disc, S Juan	\$87	\$87	Su 11:45A-11th Step Disc., 20456 LCR		\$91	Tu 7:00P-Double Scoop Bk Stdy, W La Veta		\$70	
Fr 12:15P-Fri Lunch (W)'s BB, 33841	\$25	\$25	Su 6:00P-GV Stdy, 21632 Wesley Dr		\$103	Tu 7:00P-(W)'s Keep It Simple, 1310 E Waln	\$32	\$32	
Sa 7:00P-Sprkr, 33926 Calle Primavera	\$154	\$154	Su 7:00P-TIS Spkrs, 31872 Coast Hwy	\$40	\$60	We 7:30P-Alkies Only, 1800 E. LaVeta		\$70	
FOUNTAIN VALLEY	^	^	Mo 6:30P-(W)'s Perspct, 20456 LCR		\$70	RANCHO SANTA MARGARITA	^	^	
We 8:00P-Disc, 10280 Slater	\$30	\$30	Mo 6:30P-(W)'s BB Stdy, Wesley	\$100	\$225	Mo 7:00P-(W)'sSta/Sober, 30382VCD	\$70	\$70	
FULLERTON	^	^	Mo 7:00P-Mon Night (M)'s Stag @Pat's	\$100	\$150	Mo 7:30P-(M)'s, 30605 Ave de la Flores	\$140	\$140	
GARDEN GROVE	^	^	Mo 8:00P-(M)'s Stag, 20456 LCR		\$300	Tu 7:30P-Old TimeAA BB Stdy, 30382 VCD	\$156	\$156	
Tu 7:00P-Top/Key Book Stdy, 9th & Lamp		\$60	Mo 8:00P-S/Coast (M)'s, 340 S/Ann's	\$216	\$216	M-F 6:30A-Att & Grat, 30605 Ave D/L Flores	\$240	\$485	
Tu 7:00P-HeartSpeak (W)'s, 13082 Bowen St.	\$30	\$30	Tu 12:30P-(W)'s Disc, 20456 LCR		\$200	Th 7:30P-11th Stp Spt Disc, 22521 Emp		\$60	
We 10:00A-Ovr 50 Sin/Purp, 9845 Belf	\$15	\$45	Tu 7:30P-(G)(M)'s Stag, 429 Cypress	\$179	\$179	Sa 10:30A-(W)'s BB Stdy, VCD		\$140	
Th 7:00P-SS, 12432 9th St.	\$42	\$42	We/Sat 7:00A-Whale Watch (M)'s, PCH	\$592	\$592	SAN CLEMENTE	^	^	
Sa 10:30A-BB Stdy, 9845 Belfast	\$55	\$124	Th 7:05A-W's Dolphins at Day, Salt Creek Be	\$145	\$293	Tu 6:00P-SOS(W)'s Disc, 190 Ave La Pata	\$100	\$100	
HUNTINGTON BEACH	^	^	Th 6:00 P-(W)'s Disc,20456 LCR		\$140	SAN JUAN CAPISTRANO	^	^	
Dly 6:00A-Early Birds, 19092 Beach Blvd		\$28	Th 6:30P-(M)'s BYOB 12& 12 SS, 21632		\$119	Dly 7:00A-SJGroup Eye Opener, 27514 C Ar	\$653	\$653	
Dly 7:00A-Hggrs/Bill Sees It, 8200 Ellis	\$425	\$925	Fr 12:00P-Q & A, 20456 LCR		\$140	Dly 6:00A-Taking a Trip, 27174 Ortega Hwy	\$150	\$450	
Dly 8:00A-Hggrs II, H.B Lifegr Tower 11	\$210	\$930	Fr 7:30P-Candlelight Acceptance., 20456 LCR		\$70	Dly Various- San Juan Meetings, 27514 Calle	\$937	\$3,084	
Su 9:00A-On/Beach, Lifegr Tower 11	\$90	\$90	Sa 6:55A-Keep It Simple, 20456 LCR		\$80	Tu 7:00P- SJGroup Hear Here Part, 27514 C		\$385	
Su 10:00A-Sober Sharing, 19092 Beach Blvd	\$50	\$50	Sa 7:00A-Whale Watchers Men's, PCH@Wesl	\$460	\$460	We 6:15P-Speaker Disc Group, 27112A Pasea Esp		\$175	
Mo 12:00P-(W)'s Bill Sees It, 18631 Chap	\$70	\$140	Sa 12:30P-Into Action, 20456 LCR		\$40	Th 7:00A-Design for Living (W's) S/S, 27122A	\$112	\$112	
Mo 5:00P-Men's Book Study, 19092 Beach Blv		\$70	LAGUNA HILLS	^	^	Th 9:30A-(W)'s Back 2 B B/S, 27122A Paseo	\$150	\$300	
Mo 6:00P-Spkr/Q&A/Part, 6622 Lakeview		\$90	Su 7:30P-Legacy Grp, 23802 Ave de la Carlott		\$320	Th 7:00P-Joy of Sobriety, 31495 E C Real		\$40	
Mo 6:30P-Both Books, 16871 BolsaChic		\$60	Tu 7:00P-(M)'s Stag, 23802 A D Carlotta	\$205	\$566	Th 7:30P-(M)'s Q & A, 32202 Del Obispo		\$305	
Mo 7:00P-(W)'s Sans, 18631 Chapel Ln.	\$144	\$144	Tu 7:30P-(W)'s BBStdy, 24566 Ashland	\$50	\$50	SANTA ANA	^	^	
Mo 7:30P-(M)'s BB & 12&12, 1912 Florida	\$75	\$75	We 7:00P-Get Happy 12&12 Stdy, A D C	\$56	\$56	SEAL BEACH	^	^	
Tu 1:00P-Harmony (W)'s, Edinger/Denney's		\$80	Th 12:30P-(W)'s Topic Disc, 23181 Verdugo	\$30	\$95	Mo-Th 7:00A-Sanctuary Group, 148 10th St.		\$30	
Tu 7:30P-(W)'s Serenity BB, 20444 Magn	\$60	\$120	LAGUNA NIGUEL	^	^	We 7:30P-(M)'s SS, 8th & Central		\$35	
Tu 8:00P-Talbert Tuesday, 7641 Talbert		\$31	Su 6:30P-Beginners Disc., 29751 Crown Vly P	\$280	\$280	Fr 6:30P-Step Study, 183 8th St.		\$235	
We 1:00P-(W)'s 12&12 Stdy, 9812 Hamilton		\$53	Tu 7:00A-Morn (M)'s Stag B2B, 30071 Ivy Gle		\$200	SILVERADO CANYON	^	^	
We 2:00P-Seniors & Friends 1718 Orng		\$36	Tu 7:00A-Tues Morning (M's) BB/SS, 30121 N	\$30	\$84	Th 7:30P-Fireside Disc, 27641 Silverado Cyn		\$62	
Th 7:30A-Attitude Mod, 19092 Beach Blvd		\$60	Tu 7:30P-Book Stdy, 30121 Niguel Rd.	\$88	\$88	SUNSET BEACH	^	^	
Th 6:30P-BB Stdy, 6622 Lakeview		\$200	We 6:00P-Book Stdy, 30121 Niguel Rd.		\$228	Su 1:00P-(W)'s 12 Step Study, 16865 PCH		\$90	
Th 7:00P-11th Step Disc., 1912 Florida	\$40	\$40	Fr 7:00A-Back to Basics Men's, 30120 Town C	\$175	\$350	Tu 12:00P-Disc, 16865 PCH		\$50	
Fr 10:00A-Step Sisters, 18631 Chapel Ln.	\$120	\$190	Sa 6:00P-Candlelight Disc, 30121Niguel		\$30	Th 7:00A-Disc, 16865 PCH		\$50	
Fr 6:30P-BB Stdy, 16400 Springdale	\$100	\$100	LAGUNA WOODS	^	^	Th 7:30P-Participation, 16865 PCH		\$40	
			Dly 7:30A-Do It Sober, 24442 Moulton	\$800	\$2,110	Fr 12:00P-Disc, 16865 PCH		\$80	

Group Contributions continued

Sa 7:30A-Disc, 16865 PCH		\$70	
Sa 11:00A-Discussion, 16865 PCH	\$40	\$80	
TUSTIN			
Dly 6:00A-Attitude Mod, 1221 Wass	\$287	\$742	
M-F 12:00P-ALKies Winners, 555 W.Main	\$318	\$848	
Su 9:02A-Podium, Spkr,Q&A, 18341 Lasse		\$60	
Su 7:00P-Sober & Crazy Spkrs, 1834 Lass		\$70	
Mo 6:15P-Tustin (W)'s 12X12, 1221 Wass		\$25	
Tu 8:00P-Steps 1-4, 1201 Irvine		\$60	
We 7:00P-(W)'s Solutions, 19211 Dodge	\$150	\$225	
Fr 7:30P-Turning The Corner, 1221 Wass	\$50	\$50	
VILLA PARK			
Dly 7:30A-24 Hour Book Grp, 17855 Santia		\$201	
WESTMINSTER			
WHITTIER			
UNLISTED GROUPS			
New Life @ G.L.'s	\$25	\$75	
Su 10:30A-Serenity Hill Group		\$20	
Mo 4:00P-Let Go & Let God, Costa Mesa		\$20	
Tu 7:00P-Tu Night Roving Surfer's Stag		\$50	
Th 7:30P-Spkr, Leisure World Lag Woods	\$245	\$245	
Fr 5:30P- B/B Study, Irvine UL	\$164	\$250	
Fr 8:00P-Family Afterward (UL) Sunset B		\$135	
Sa 8:00A-Men's Stag, CM		\$165	
WANDERING GROUPS			
Sa 7:00P-Orange County Wandering Grp	\$49	\$49	
Tu 6:00P-Wandering Step Sisters	\$140	\$280	
We (W)'s Wandering-South County UL	\$47	\$124	
Fr 8:00P-Tustin, Discussion, Wandering	\$90	\$90	
MISC. DONATIONS			
OCCO Change Can	\$24	\$24	
Intergroup Meeting	\$88	\$274	
Laguna Beach 4th Step Workshop		\$155	
AOCYPAA		\$838	
PERSONAL DONATIONS			
Anonymous	\$100	\$300	
David S., Fountain Valley		\$200	
Garry N., Santa Ana		\$500	
June L., Irvine		\$75	
Kirk B., Costa Mesa		\$60	
Laura D., Capistrano Beach	\$100	\$100	
Mike K., Trabuco Canyon		\$150	
Paul C. Costa Mesa		\$92	
Regina K. Laguna Beach	\$50	\$50	
Wanda R., Huntington Beach		\$20	
Theresa W., Newport Beach	\$25	\$25	
IN LOVING MEMORY			
Memorial to Hardy B.		\$350	
GROUP INFORMATION REQUESTED			
Receipt #2669 Thursday-Coffee Pot Men's		\$19	
Receipt #2693 Group#133626?		\$100	
Receipt #2699 Sat AM Seal Beach		\$33	
Receipt #2767 MV?		\$245	
Receipt #2785 Group#439771?		\$40	
Receipt #2947 Group#606074?	\$135	\$135	
Receipt #2902 Group#167854?	\$30	\$30	
TOTALS	\$20,905	\$52,207	

Are You Heading For San Antonio



You say you're planning to attend the 2010 Convention in San Antonio, Texas, July 1—4. But you just haven't gotten around to registering yet. Is that your problem now?

As a public service, the *Lifeline* will tell you how to save yourself \$15.00. Register today. Or make sure you do so before May 14. Registration requests that reach the International Convention pre-registration office prior to that date will be processed. After that date registration can be accomplished only at the San Antonio on-site desk.

And that can be a drag.

There are lots of reasons for registering now. Let us tell you about just a few.

You may want a copy of this year's souvenir book – *Alcoholics Anonymous Comes of Age*—and you can order it now. You probably want a copy of the *Grapevine's special 2010 International Convention Issue* (\$4).

You may need special assistance on-site. You can tell them what you need.

You may want info on local tours. You can get that by asking.

When you pick up your registration form you will also learn how to get reduced fees for air travel (either on Continental or American airlines) and how to get standard discount rates (on either National or Budget rentals). And, yes, there is a number for reserving travel on Amtrak. They think of everything at A.A.

Language needs are encompassed in the registration leaflet, and so are many other areas of assistance. Come to Central Office and pick up a copy today. Don't let it gather too much dust before you send it in. You'll be glad you did.

George L.,
Westminster, CA



2010 INTERNATIONAL CONVENTION OF ALCOHOLICS ANONYMOUS

The 2010 International Convention of Alcoholics Anonymous will be held July 1-4 in San Antonio, Texas with the theme "A Vision for You." A.A. members and guests from around the world will celebrate A.A.'s 75th year at this event with big meetings held Friday night, Saturday night and Sunday morning in the Alamodome. Other meetings, scheduled or informal, will take place throughout the weekend in the San Antonio Convention Center and local hotels.

Registration forms are available at our Central Office, or at www.AA.org.

We look forward to seeing you in San Antonio!



*To Carry the Message
of Alcoholics
Anonymous
to the Alcoholic who is
confined in a Hospital
or Institution*

Orange County H & I
On the 2nd Sunday of the month
Garden Grove Alano Club, 714-534-2244
9845 Belfast Drive, Garden Grove, CA
For additional info call (714) 979-8524
Or Central Office: (714) 556-4555

South Orange County H & I
3rd Wednesday of the month, 7:30 pm
Laguna Canyon Club, 949-497-1823
20456 Laguna Canyon Rd., Laguna Beach

MEETING CHANGES SINCE JANUARY 9, 2010

SUNDAY

CATALINA ISLAND

11:00 AM 11th STEP STUDY 230 Metropole - (310) 510-2545 Change Time & Name

FULLERTON

6:00 PM (Y) HOW IT WORKS 530 W. Commonwealth Name Change

MONDAY

ANAHEIM

5:00 PM SERENITY LIFE DISCUSSION 2024 W. Lincoln Ave Suite 6 New Meeting

CATALINA ISLAND

6:30 PM LIVING SOBER 230 Metropole - (310) 510-2545 Change Time

COSTA MESA

6:00 PM (C) MONDAY NIGHT MEN'S BOOK STUDY 2015 Charle Street New Meeting

7:00 PM MEN'S SOBER FLOW BEGINNERS 420 W 19th St. Name Change

FULLERTON

4:00 PM 12 & 12 BOOK STUDY 530 W. Commonwealth New Meeting

GARDEN GROVE

7:00 PM PRIMARY PURPOSE BOOKSTUDY 10282 W. Chapman Ave. New Meeting

IRVINE

5:00 PM (C) WOMEN'S BLUE BOOK STUDY 5001 Newport Coast Dr (Church) New Meeting

NEWPORT BEACH

7:45 PM WOMEN'S BEGINNERS DISCUSSION 301 Newport Blvd.@ PCH Time change

8:01 PM MEN'S DISCUSSION 301 Newport Blvd.@ PCH Deleted then added back

TUESDAY

ANAHEIM

6:30 PM (C) WOMEN'S 6TH & 7TH STEP STUDY 701 W. Broadway(Rm# 5 & 6) New Rm #s

8:00 PM TUESDAY NIGHT SURVIVORS 2580 W. Orange (St. Paul's Church) New Meeting

ANAHEIM HILLS

7:30 PM 12 & 12 STEP STUDY 411 Lakeview Ave. @ 91 Fwy Taken out by mistake

BUENA PARK

6:15 PM (C) TUESAY NITE LINE UP STEP STUDY 7082 Crescent Ave. (Church) New Meeting

SAN CLEMENTE

1:00 PM (C) WOMEN'S SOBER TODAY AA 2001 Calle Frontera (Church) Changed to closed

TUSTIN

7:00 PM (C) TUSTIN BIG BOOK STUDY 225 W. Main St. @ C (Church Rm 205) New Address

WEDNESDAY

ANAHEIM

7:00 PM PARADISE GROUP 2321 E. Romneya @ Paradise New Meeting

LA HABRA

7:00 PM WOMEN'S PARTICIPATION 631 N. Euclid @ E Whittier Blvd Church) Changed to open

LAGUNA WOODS

7:00 PM WINNERS STEP STUDY 24442 Moulton Pkwy Corrected City name

NEWPORT BEACH

8:00 PM DISCUSSION RECOVERY RADICALS

301 Newport Blvd. Deleted then added back

THURSDAY

ANAHEIM

MEETING CHANGES SINCE JANUARY 9, 2010

7:30 PM (C) WE GOT A COFFEE POT MEN'S STAG 5340 E. La Palma Ave. New Meeting

CATALINA ISLAND

6:00 PM DISCUSSION 230 Metropole - (310) 510-2545 Change Time

COSTA MESA

7:00 PM THE 12 STEPS OF FREEDOM 1865 Anaheim Ave. (Garage) New Meeting

FULLERTON

8:00 PM AA TOPIC DISCUSSION 530 W. Commonwealth New Meeting

HUNTINGTON BEACH

7:00 PM (C) 11TH STEP DISCUSSION 1912 Florida @ Adams (Church, Downstairs) Time Change

NEWPORT BEACH

6:45 AM 6:45 AM DAILY ATTITUDE ADJUSTMENT 1099 Bayside Dr. @ Jamboree New Meeting

SAN JUAN CAPISTRANO

7:00 AM (C) DESIGN FOR LIVING WOMEN'S S/S 27122A Paseo Espada New Meeting

7:00 PM (C) JOY OF SOBRIETY DISCUSSION 27174 Ortega Hwy @ I-5 Address change

FRIDAY

CATALINA ISLAND

6:00 PM 12 STEPS & 12 TRADITIONS 230 Metropole - (310) 510-2545 New Name

COSTA MESA

6:30 PM TGIF WOMEN 184 E. Bay St. (Yellow House) Address Change

CYPRESS

7:00 PM (C) GIRLS NITE OUT 6143 Ball Rd @ Valley View (Cypress Church) New Location

GARDEN GROVE

12:00 PM FRIDAY HIGH NOON 7212 Chapman Ave @ Knott Ave (Serenity Hall) Name Change

SAN JUAN CAPISTRANO

11:30 AM (C) W'S BACK TO BASICS GRAPEVINE MTG 27122A Paseo Espada (#904) New Mtg

WHITTIER

7:00 PM BIG BOOK STUDY 15140 Russell St. @ Borgardous (church) New Location

SATURDAY

CATALINA ISLAND

7:00 PM BIG BOOK STUDY 230 Metropole - (310) 510-2545 Name Change

FULLERTON

11:30 AM MORNING MISFITS PARTICIPATION 530 W. Commonwealth New Name

HUNTINGTON BEACH

11:00 AM (I) DEAF DRUNKS 19092 Beach Blvd suite 'G' @ Garfield New Meeting

ORANGE

7:00 PM NOT A GLUM LOT 705 W. LaVeta Ste. 208 (Med Bldg) Changed to open meeting

TUSTIN

7:30 AM (C) TUSTIN ACCEPTANCE MEETING 225 W. Main St. @ C, (Church) New Meeting

12 Steps of Relapse

1. I decided I could handle any emotional problems if other people would just quit trying to run my life.

2. I firmly believe that there is no greater power than myself and anyone who says differently is insane.

3. I made a decision to remove my will and my life from God, who didn't understand me anyway.

4. I made a searching and thorough moral inventory of everyone I know, so they couldn't fool me and take advantage of my good nature.

5. I sought these people out and tried to get them to admit to me, by God, the exact nature of their wrongs.

6. I became willing to help these people get rid of their defects of character.

7. I was humble enough to ask these people to remove their shortcomings.

8. I kept a list of all the people who had harmed me, and waited patiently for a chance to get even.

9. I got even with these people whenever possible except when to do so would get me into trouble.

10. I continue to take everyone's inventory and when they are wrong, which is most of the time, I promptly make them admit it.

11. Sought through the concentration of my willpower to get God, who didn't understand me anyhow, to see that my desires were best, and He ought to give me the power to carry them out.

12. Having maintained my emotional problems with these steps, I can thoroughly recommend them to others who don't want to lose their hard-earned status, but wish to be left alone to practice neurosis in everything they do for the rest of their days.

Is Your Sponsor a Dictator or a Buddy?

One of the great problems that face us—when we reach that terrible state when we realize we don't have ALL the answers - is how to use a sponsor. There are many types of sponsorship - ranging from "dictators" to "buddies" - and people who swear by (and at) each.

There are, however, a few good thoughts on how NOT to use a sponsor. If you can avoid these, your chances are bound to improve. They usually fall into types that almost everyone recognizes; listed here are a few of the most common:

The Celebrity-Grabber - This ploy is utilized when hearing a circuit speaker and being swept away by the feeling that you'll be like Him (or Her) if He is your sponsor. This most often winds up a sponsorship in name only... and the name is used when you're telling people that He is your sponsor. Usually people who choose "celebrity" sponsors unconsciously wish to share the reflected glory, not learn how to live; a sponsor whom you never see except at the podium can't ever get close enough to you to help.

The Sponsor-Jumper - There are more of these than you'd think. Their modus operandi is to choose a sponsor and keep him (or her) on secret probation until the sponsor disagrees with the baby's preconceived ideas or decision. Their answer is immediate... to get a sponsor who will be more "understanding." They're determined to have their way, no matter how many sponsors they have to change to get it!

The Debater - This person is a close relative of the Rebel (see below), and is characterized by engaging in debate with every suggestion or direction of the sponsor. While he is convinced he is a keen student of Truth, he usually winds up as just another loud-mouth dummy who sponsors himself.

The Rebel • An almost classic type who ignores the fact his life is in shambles as he spends his days and nights reinforcing the thought that "nobody is going to tell ME what to do!" He, like the Titanic, looks unstoppable until he hits the iceberg.

The Let-'Em-Guess - This type can't believe his case is anything but different... so different that his sponsor couldn't possibly understand how he REALLY feels. The result is to tell the sponsor nothing except the most mundane, meaningless trivia. He has perfect communication with his sponsor... except where and when it counts.

The Invisible Man - A too-common type of loser, who has a sponsor but doesn't EVER talk to him. This is an especially sad case because when he goes down the tubes he tells himself "but I had a sponsor... why didn't it work for ME?"

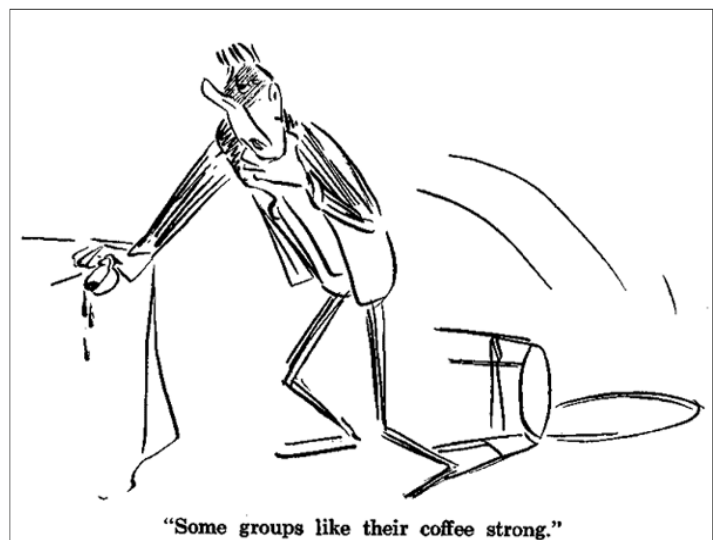
There's a little of all of these in every one of us, unfortunately. Our job is to not let any of these deliriously negative attitudes control us on a continuing basis. It will make life a lot better if we don't!

Clancy I., Venice
March, 1982



Twelve Qualities of Sponsorship

1. I will not help you to stay and wallow in limbo.
2. I will help you to grow, to become more productive, by your definition.
3. I will help you become more autonomous, more loving of yourself, more excited, less sensitive, more free to become the authority for your own living.
4. I can not give you dreams or "fix you up" simply because I can not.
5. I can not give you growth, or grow for you. You must grow for yourself by facing reality, grim as it may be at times.
6. I can not take away your loneliness or your pain.
7. I can not sense your world for you, evaluate your goals for you, tell you what is best for your world; because you have your own world in which you must live.
8. I can not convince you of the necessity to make the vital decision of choosing the frightening uncertainty of growing over the safe misery of remaining static.
9. I want to be with you and know you as a rich and growing friend; yet I can not get close to you when you choose not to grow.
10. When I begin to care for you out of pity or when I begin to lose faith in you, then I am inhibiting both for you and for me.
11. You must know and understand my help is conditional. I will be with you and "hang in there" with you so long as I continue to get even the slightest hint that you are still trying to grow.
12. If you can accept this, then perhaps we can help each other to become what God meant us to be, mature adults, leaving childishness forever to the little children of the world.



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EVENTS

Tri-State 26th Annual Round-Up

May 13-16, 2010
Riverside Resort Hotel & Casino
Laughlin, NV
www.TriState-Roundup.com

2010 International Convention of A.A.

July 1-4, 2010
San Antonio Convention Center
San Antonio, TX



Please submit
EVENTS
and
SPEAKER MEETINGS
by the 15th to:
lifelineeditor@yahoo.com

SPEAKER MEETINGS

Fullerton

7:30 pm, Friday
Friday Night Speakers
109 E. Wilshire Avenue (Church)
5/07 TBA
5/14 TBA
5/21 Tim L. & Paul P.
5/28 TBA

Garden Grove

12:00 pm, Sunday
Speaker Meeting
Garden Grove Alano Club
9845 Belfast Drive
5/02 Emma G., Huntington Beach
5/09 Alice C., Lake Forest
5/16 Neil J., Fountain Valley
5/23 Richard W., Santa Ana
5/30 Alex L., Huntington Beach

Huntington Beach

7:00 pm, Saturday
H.O.W. Hall
19092 Beach Blvd
(corner of Beach & Garfield)
Contact: Jeanette N.
5/01 Steve K., Huntington Beach
5/08 Norma M., Long Beach
5/15 Johnny K., Huntington Beach
5/22 Linda K., Huntington Beach
5/29 Mickey B., Santa Monica
6/05 Melvis J., Costa Mesa
6/12 Ben T., Ladera Ranch

Orange

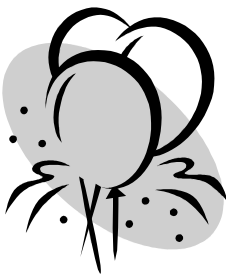
8:00 pm, Friday
No Puffers Speaker
395 S. Tustin St. (Church)
Contact: Joey P.
5/07 Debbie A., Fullerton
5/14 Adrian C., Orange
5/21 Carla H., San Clemente
5/28 Paula P., Orange
6/04 Rozanne T., Costa Mesa
6/11 Mary P., Orange
6/18 Ruby M., Santa Ana
6/25 Melissa P., Orange

Tustin

7:00 pm, Sunday
Sober & Crazy Sunday Night Speakers
18341 Lassen Dr.
(corner of Fairhaven & Esplanade)
Contact: Audrey A.
5/02 Ski D., San Marcos
5/09 Fred L., Brea
5/16 Monroe B., San Marcos
5/23 John M., Irvine
5/30 TBA

8:00 pm, Saturday
Saturday Night Visiting Speaker
St. Paul's Church, 1221 Wass St.
Contact: Brian M.
5/01 Adam B, Irvine
5/08 Annette R., Tustin
5/15 Biker Pat, San Diego
5/22 Jonelle A., Mission Viejo
5/29 Mark B., Dana Point
6/05 Beau
6/12 Brian S., Irvine
6/19 Dixie, Newport
6/26 Surprise

Help keep the doors of A.A. open so that new members may receive the same help so many of us have already received. Make a donation of any amount for an A.A. Birthday—yours or someone else's—and we will help celebrate by publishing their name and years of sobriety in the *Lifeline*.



Please send May Birthday
donations by April 10th to:
Orange County Central Office
1526 E. Warner, Suite 75
Santa Ana, California 92705

Michelle W.	Laguna Niguel	2 years
Jan W.	Laguna Niguel	5 years
Misty B.	Laguna Niguel	7 years
Laurie G.	San Juan Capistrano	9 years
Leslie V.	Santa Ana	10 years
Kandy K.	Dana Point	10 years
Carol A.	Long Beach	16 years
Bill D.	Laguna Niguel	18 years
Steve J.	San Juan Capistrano	18 years
Boomer	Ladera Ranch	18 years
Douglas P.	Irvine	19 years
Rodney R.	Dana Point	23 years
Mike M.	San Juan Capistrano	31 years
Jim S.	Newport Beach	33 years

CALL FORWARDING

**“Alcoholics Anonymous,
how may we help you?”**



CALL FORWARDING:

The call forwarding program instituted by Orange County Central Office insures that our help line phones are answered by volunteers 24/7. During hours when the Central Office is closed, calls to the Central Office are forwarded to a call forwarding volunteer's home or cell phone, where the volunteer answers the calls just as if he or she were sitting in the Central Office. This service allows the Central Office to realize a significant cost saving because we do not need to contract with a phone answering service. Even more vital, when a call is placed to Alcoholics Anonymous in Orange County, the caller will be talking to an Alcoholics Anonymous member not a phone service! This truly is “front-line” 12th Step work and we would appreciate any time you can give.

SHIFTS:

Monday thru Friday shifts are 6am to 9am, 6pm to 9pm and 9pm to 6am. Saturday shifts start with the 6am to 9am. The Central Office opens and covers from 9am to 1pm on Saturdays. The phones are than forwarded to volunteers to cover the phones from 1pm to 4pm, 4pm to 7pm, 7pm to 10pm and 10pm to 6am. On Sundays and Holidays shifts begin at 6am with the 6am to 10am, and continue with 10am to 2pm, 2pm to 6pm, 6pm to 10pm and 10pm to 6am.

VOLUNTEERING:

In order to volunteer for this service it is suggested that you have two years of sobriety. You must than arrange with the Central Office Manager in Santa Ana or the Satellite Office Manager in Mission Viejo for a brief orientation session which will be held at one of the offices. Shifts are available please call the Central Office at (714) 556-4555 or the Satellite Office at (949) 582-2697.



Web Stats

The first on-line issue of the *Lifeline* was posted to our web site in July of 2006. However, when our site hosting company changed servers in June, 2007, some usage statistics before then were lost. Since January, 2007, the Lifeline home page has been viewed 14,462 times. Individual issue files have been viewed 26,120 times.

In March, there were 21,138 “visits” to www.oc-aa.org. From May, 2009, through March, 2010, visits averaged 17,120 per month.



**ORANGE COUNTY
INTERGROUP ASSOCIATION OF A.A.**
Statement of Income and Expenses for Period Ending 03/31/2010
Unaudited

	MARCH	YTD
INCOME		
Group Donations	20,515.45	50,038.53
Individual/Fellowship	299.11	1,535.86
Literature Sales	12,899.64	32,679.89
In Memoriam	0.00	350.00
Birthday Donations	349.00	865.65
Intergroup Donations	87.66	273.67
Interest Earned	22.13	217.21
TOTAL INCOME:	34,172.99	85,960.81
EXPENSES		
Accounting	2,100.00	3,080.00
Auto Expense (all Mgrs.)	89.35	193.60
Bank Charges	107.50	107.50
Cash/Invoices OverShort	-17.64	-6.31
Donated Literature	106.86	1,530.36
Insurances	0.00	672.02
Intergroup Expense	166.50	552.43
Lease Expense	329.83	989.49
Sales Tax on Lease	28.86	86.58
Maintenance & Repairs	12.01	172.71
Volunteers Coffee + Water	126.01	285.30
Offices' Supplies + Expenses	310.34	921.65
Postage	52.80	116.13
Rent Main/Satellite Offices	2,840.23	8,520.69
Salaries	8,390.82	23,788.30
Reimb. Health Insurance	18.91	56.73
Payroll Tax Expense	641.15	2,350.76
Taxes & Licenses	29.00	29.00
Telephone Expense	646.78	2,005.54
LIFELINE Expense	1,148.00	3,505.00
Cost of Literature Sold	11,517.54	29,248.24
Special Events Expense	40.62	237.00
TOTAL EXPENSES:	28,685.47	78,442.72
INCOME/(LOSS):	5,487.52	7,518.09

CENTRAL OFFICE ACTIVITY-March

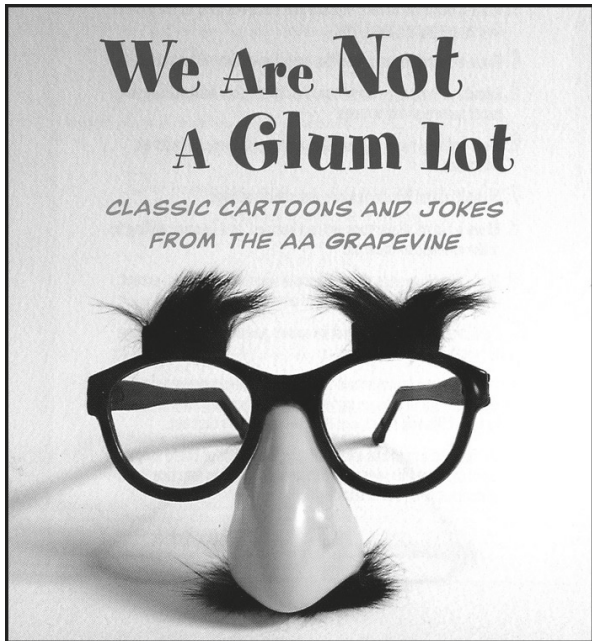
Total Calls Handled by Both Offices: 1763

Main and Satellite Office Volunteers

12 Step Calls	10
Meeting Information	557
General Information	398
Walk-in Customers	243

Night Owl Volunteers

12 Step calls	7
Meeting Information	461
General Information	330



We Are Not A Glum Lot

CLASSIC CARTOONS AND JOKES FROM THE AA GRAPEVINE



"I don't think he's quite hit his bottom!"

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Recovery Word Search

A WORD SEARCH, like all the others you've seen: words can be up, down, across or diagonal. Have fun, and win a few minutes of free sobriety! Reprinted, with thanks, from the *Ventura County Tradition*. There are also 12 AAs. Can you find them all?

C L P D O K V E L N T X M J I A H O F R A
 T R Y A U I P S S E L T N U O C A Q E R T
 S F W F A K E B M V X I O M V S T J I D W
 T R U D G E A S C E N B T E A C F H U F R
 B O T N V I S I O N E W R O I P A S T P E
 T I M D A S T O I T E T A E R G U R A T U
 I A A E R T O P L S Y R F A E P L N P O Y
 M S R Y U I F R T C O N S T A N T L Y T P
 S R I V S M S P Y P S J U Y L R S Q A S C
 N A D G E U W R T I U I F D I K I V A G P
 A D V G J A G W R I M G D A Z I F A S Y O
 R E D R O A U G S P E O A L E L T T I L V
 T W S X Y U O I E W D F Y Y A I O M B S Z
 V P O U E R G A O S I U L N A L I T N U S
 E A Y O O W C N T R T Q I I P N H D R O L
 A B R O N H P S W I A I R T P E H P R I O
 Q E L V K N O W B A T T V S N A E O M V L
 E B M E W P O E J S I A P E A I H P H B F
 A E E R S U O R T Y O J U D O W O T I O P
 S P O P I S T S E C N M P O Y G D J E R M
 C T R A A W F Y I O P F B M Z X E W R U T

- Vision
- Answers
- Obviously
- Disclose
- Know
- Great
- Meditation
- Constantly
- Day
- Suggestive
- Realize
- Countless
- You
- Little
- Faults
- Modest
- Order
- Admit
- Each
- Transmit
- House
- Trudge
- Destiny
- Past
- Until
- Then
- Keep
- Bless
- Events
- Join

NOTICE TO ALL EMPLOYEES
 It has come to the attention of management that more and more martinis are being consumed at lunch time.

It has also come to the attention of management that vodka is being ordered because of less alcoholic odor.

From this date forward it will be a firm rule of this company that gin must be used in martinis.

We would rather have our afternoon customers know that our employees are drunk than to have them think they are just stupid.