

Lifeline



SANTA ANA, CALIFORNIA

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Orange
County
Intergroup
Association

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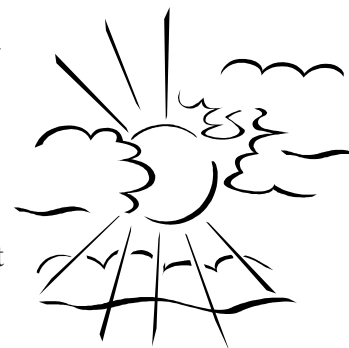
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YESTERDAY...TODAY AND TOMORROW

(Editor's Note: Several readers of The Grapevine have expressed particular appreciation for a short article which appeared in an early issue, and have written to ask about its authorship. The Grapevine editors do not know, and so we reprint the piece which has proved inspiring to many already. Do you know who wrote it?)

YESTERDAY...TODAY AND TOMORROW

THERE are two days in every week about which we should not worry, two days which should be kept free from fear and apprehension.



One of these days is YESTERDAY with its mistakes and cares, its faults and blunders, its aches and pains. YESTERDAY has passed forever beyond our control.

All the money in the world cannot bring back YESTERDAY. We cannot undo a single act we performed; we cannot erase a single word we said. YESTERDAY is gone.

The other day we should not worry about is TOMORROW with its possible adversaries, its burdens, its large promise and poor performance. TOMORROW is also beyond our immediate control.

TOMORROW'S sun will rise, either in splendor or behind a mask of clouds--but it will rise. Until it does, we have no stake in TOMORROW for it is as yet unborn.

This leaves only one day--TODAY--. Any man can fight the battles of just one day. It is only when you and I add the burdens of those two awful eternities-- YESTERDAY and TOMORROW that we break down.

It is not the Experience of TODAY that drives men mad--it is remorse or bitterness for something which happened YESTERDAY and the dread of what TOMORROW may bring.

LET US, THEREFORE, LIVE BUT
ONE DAY AT A TIME.

Tradition 11

Presenting the A.A. Program

Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, and films. *Tradition 11, P. 562, Alcoholics Anonymous, Fourth Edition.*

My first sponsor brought this Tradition fully to life for me during a conversation at dinner one evening in 1984.

“You don’t need to take the group’s inventory every Friday night,” Bob said. “I know it’s your meeting, but it’s their meeting, too. You can turn people off to A.A. by being bossy. My own sponsor told me that I needed to be careful in the way I conducted myself in meetings and in public generally. He said something that I have never forgotten. He said that I might be the only Big Book a newcomer sees.”



I get a lot of help in being faithful to that admonition from the men and women in my home group, from my current sponsor, and from folks like Central Office staff and Lifeline workers.

But just in case I might forget, our friends at the A.A. Grapevine put out a Traditions checklist (just as they have since the late 1960s) that I can use to make sure I’m not “being bossy.” For Tradition 11, the questions include:

“Do I sometimes promote A.A. so fanatically that I make it seem unattractive?”

“Am I always careful to keep the confidences reposed in me as an A.A. member?”

“Am I ashamed of being a recovered, or recovering, alcoholic?”

“Is my A.A. sobriety attractive enough that a sick drunk would want such a quality for himself?”

There are a couple of other questions on the Grapevine list but you get the idea.

We do need the reminders that we are not the sole voice of Alcoholics Anonymous, that regardless of the autonomy Tradition, Alcoholics Anonymous has no president, no king, no authority other than the group conscience of the hundreds of thousands of meetings held throughout the world each day.

There is, however, a sort of roadmap furnished us on Page 84 of our Big Book. Just five lines from the bottom of the page, Bill W. wrote this beautiful sentence: “Love and tolerance of others is our code.” And that will do it for me.

George L., Westminster



CHAPTER 9 The Family Afterward

Number 10 of 12 articles on the Big Book®

This was my favorite chapter in the Big Book when I first read it. For a married A.A. member this chapter is wall-to-wall promises. Of course, since I had yet to take the steps, and this chapter is another chapter describing the “practice(ing) these principles in all our affairs” part of the 12th Step, there was some work to do before these promises were to come about. This is a chapter describing hope - hope that learning from the experience of others, and from our own past experiences, we can avoid the pitfalls of relationships in early recovery. Bill cites Henry Ford, (one of the truly profound statements in the Big Book) “...to the effect that *experience is the thing of supreme value in life*”. But there is a catch, “*That is true only if one is willing to turn the past to good account. We grow by our willingness to face and rectify errors and convert them into assets*” And a little further on in the chapter, “*Cling to the fact that, in God’s hands, the dark past is the greatest possession you have – the key to life and happiness for others. With it you can avert death and misery for them*”. And further on in the chapter - “*So we think cheerfulness and laughter make for usefulness. Outsiders are sometimes shocked when we burst into merriment over a seemingly tragic experience out of the past. But why shouldn’t we laugh? We have been given Power to help others*”. As an alcoholic, I am still powerless over alcohol, but I have been given a new Power.



Just as we in A.A. are asked to share what we were like, what happened and what we are like today, this chapter takes the same tack. It describes how the family fabric was torn apart by the actions of the alcoholic, and the family, to some extent, have all become sick. **(Ya think!!)**. The chapter puts forth some recommendations, (some of them being very self-serving) for dealing with the newly-recovering alcoholic, and for the alcoholic in dealing with their family. The suggestions, for the most part, caution against over-reaction and intolerance by anyone in the family, especially the alcoholic. Obstacles will arise, but they can all be overcome with tolerance, patience and the passage of time.

Still later in the chapter, some of the most quoted words in the book are found, “*We have been speaking to you of serious, sometimes tragic things. We have been dealing with alcohol in its worst aspect. But we aren’t a glum lot. If newcomers could see no joy or fun in our existence, they wouldn’t want it. We absolutely insist on enjoying life*”. Just two of the many promises found in this chapter.

Continued on page 3



Step Eleven

“Sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.”

Seeking “through prayer and meditation,” the Eleventh Step tells us, was among the vital actions that brought sobriety to the earliest members of Alcoholics Anonymous. Obviously, if we want what those pioneers had and if we are “willing to go to any length to get it,” we should pray and meditate.

Prayer was not a big problem. By the time most of us reach the Eleventh Step, we are familiar with communication with a Higher Power. Indeed, by the time alcoholism has beaten us to our knees, most of us accept the fact that we should stay on our knees and start praying.

But meditation? I realized that I had never really meditated. Oh, there were plentiful lonely hours (even complete nights) during my drunken years when my interpretation of meditation was wallowing in self-pity and fantasizing a dismal future.

Had I ever listened for answers during my pre-AA life? I searched my memory, and all I heard was a sick me bragging and commiserating with myself. Now I know that meditation is basically listening--and *hearing* what the precepts of our program intend me to absorb. There is no end to the answers that can be revealed while we engage in serious and extended periods of concentration.

Since this kind of thinking occurs only when we are alone with our Higher Power, meditation, like prayer is usually a silent act, and it is best when done leisurely. What a lesson in patience! It allows us time to realize that the sudden insights we receive about ourselves are not complete fulfillments of our goals.

Meditation, of course, is a personal act. To prove useful, it demands that our thinking remain confined to ourselves rather than to society as a whole. Only by improving ourselves can caring and sharing come. Meditation, like many other facets of our recovery, calls for total commitment. After all, we can hope to grow only by developing our own individual capabilities.

We should not be dismayed if some of our meditative thoughts become retrospective. Memories of errors can create lessons for today. Better still is meditating on events of the past that brought us great pleasure. Sometimes, meditation can be like going home again; it can build a desire to return to a happy self, before alcoholism came--a determination to get back something we once had and lost.

Meditation should result in a change in living patterns. It can produce a willingness to analyze ourselves--and then change. It can also reveal both our abilities and our limitations and prepare us to accept both. Such a realistic outlook will make us sure we belong with our fellow AAs--a big step toward liking ourselves.

We welcome the truth that there is no finish line in spiritual growth. Perhaps the greatest gift of meditation is the realization that we can never say, “I’ve got it all wrapped up and can coast the rest of the way through my sobriety.”

How do we meditate? Whatever way best suits each of us individually. There are no set rules, no firm patterns. We can make

the act easy and comfortable or hard and frustrating. Either way, the act will be rewarding, and will find us in good company--with our Higher Power.

On what do we meditate? Why not meditate on our blessings and the wonderful things that make up the world of AA?

Now I have no trouble finding a brand-new topic every time I make way for meditation: honesty, gratitude, humility, faith, love, open-mindedness, willingness, tolerance, truth, trust, hope, positive thinking. The opportunities for savoring, through meditation, the gifts of our Fellowship are inexhaustible.

CC, No. Hollywood, CA, *Grapevine* Mar. 1985

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“I’m not drinking tonight, Chudley! Just bring me a half a Martini.”

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Continued from page 2

One of our great contemporary poets, Maya Angelou, said “History, despite its wrenching pain, cannot be un-lived, however, if faced with courage, need not be lived again”. Not only do we not have to relive the past, this chapter promises that we will be able to use it to help others – what a concept!

Lastly, three of the five official A.A. slogans are given to us as the last words of the chapter:

***First Things First
Live and let live
Easy does it***

A member of A.A. in Orange County

Text in italics re-printed from the Big Book with permission of Alcoholics Anonymous World Services, (AAWS)

Why We Were Chosen

GOD in His wisdom selected this group of men and women to be purveyors of His goodness. In selecting them through whom to bring about this phenomenon, He went not to the proud, the mighty, the famous or the brilliant. He went instead to the humble, to the sick, to the unfortunate. He went right to the drunkard, the so-called weakling of the world. Well might He have said to us:-

Unto your weak and feeble hands I have entrusted a power beyond estimate. To you has been given that which has been denied the most learned of your fellows. Not to scientists or statesmen, not to wives or mothers, not even to my priests or ministers have I given this gift of healing other alcoholics which I entrust to you.

It must be used unselfishly; it carries with it grave responsibility. No day can be too long; no demands upon your time can be too urgent; no

case be too pitiful; no task too hard; no effort too great. It must be used with tolerance for I have restricted its application to no race, no creed, and no denomination. Personal criticism you must expect; lack of appreciation will be common; ridicule will be your lot; your motives will be misjudged. You must be prepared for adversity, for what men call adversity is the ladder you must use to ascend the rungs toward spiritual perfection, and remember, in the exercise of this power I shall not exact from you beyond your capabilities.



You are not selected because of exceptional talents, and be careful always, if success attends your efforts not to ascribe to personal superiority that to which you can lay claim only by virtue of my gift. If I had wanted learned men to accomplish this mission, the power would have been entrusted to the physician and scientist. If I had wanted eloquent men, there would have been many anxious for the assignment, for talk is the easiest used of all talents with which I have endowed mankind. If I had wanted scholarly men, the world is filled with better-qualified men than you who would be available. You were selected because you have been the outcasts of the world and your long experience as drunkards has made or should make you humbly alert to the cries of distress that come from the lonely hearts of alcoholics everywhere.

Keep ever in mind the admission you made on the day of your profession in AA- namely that you are powerless and that it was only with your willingness to turn your life and will unto my keeping that relief came to you.

Anonymous

Borrowed from RecoveryEmporium.com

Happy
Birthday!!



Help keep the doors of AA open so that new members may receive the same help so many of us have already received. Make a donation of any amount for an AA Birthday—yours or someone else's—and we will help celebrate by publishing their name and years of sobriety in the *Lifeline*.

Please send donations to:
Orange County Central Office
1526 E. Warner
Suite 75, Santa Ana California 92705

Cindy S.	Mission Viejo	2 years
Jen R.	Mission Viejo	2 years
Nayelli C.	Aliso Viejo	2 years
David B.	Laguna Niguel	4 years
Stephanie L.	Dana Point	6 years
Pete H.	Aliso Viejo	7 years
Tom P.	Dana Point	7 years
Barbara G.	Laguna Niguel	11 years
Hilda P.	San Juan Capistrano	18 years
Regina K.	Laguna Beach	30 years
George H.	Laguna Niguel	32 years
Judy D.	Huntington Beach	35 years
Jean	Irvine	40 years
Dexter S.	Irvine	40 years

The Orange County Intergroup Association Meeting
Wednesday, November 12th at 7:00 PM
Kaiser Hospital, 6650 Alton Parkway @ Sand Canyon, Irvine
The meeting will be held in the MOB2
(New Building 5th Floor)
Rooms ASN-5209 + 5210

ORANGE COUNTY INTERGROUP SERVICE BOARD



Chair, Frank M. • Vice Chair, John P.
Treasurer, Ken S. • Secretary, Beth E.
Central Office, Dave M.

Who? What? When? Where?

Public Relations Committee, Nick N.

Meets the 3rd Wednesday of the month at 6:30 pm

Group Relations Committee, Carlos T.

Meets the 4th Wednesday of the month at 7:00 pm

Lifeline Committee, Bill W.

Meets the 1st Thursday of the month at 7:00 pm

Special Events Committee, Debbie M.

Meetings scheduled as needed

H & I Committee, Nick M.

Meets the 2nd Sunday of the month at the Garden Grove Alano Club. Institutions meet at 4:00 pm; Hospitals meet at 6:00 pm. South Orange County H & I meets at the Laguna Beach Canyon Club the 3rd Wednesday of the month at 7:30 pm.

With the exception of H & I, the above committees meet at Central Office, 1526 Brookhollow, Suite 75, Santa Ana, CA 92705. If you are interested in serving on a committee or would like more information please contact the above or Central Office at 714-556-4555.

Your service is appreciated!

TRADITIONS WORD SEARCH

A WORD SEARCH like others you've seen: words can be up, down, across, or diagonal. Have fun, and win a few minutes of free sobriety!

Reprinted, with thanks, from the *Ventura County Tradition*

P R O F E S S I O N A L I S M
M S J Y P E D I S T U O N S L
S E I T I L A N O S R E P I F
E L P I Z F E O D V V W Y H H
R P U L Y S N O I T I D A R T
V I R I M U E V L E W T W A F
I C P M O P R O M O T I O N L
C N O U N P I H S R E B M E M
E I S H O O Y R A M I R P G I
Y R E C T R K C X W P X S U S
W P G M U T T G R O U P B D S
N O I T A I L I F F A N O N U
O S A N O N Y M I T Y G I N E
O U H N E G F A Y M P W Z T S
N S E Z G S O L K I P H J O Y

Anonymity	Nonaffiliation	Purpose
Attraction	Outside	Self supporting
Autonomy	Personalities	Service
Group	Primary	Traditions
Humility	Principles	Twelve
Issues	Professionalism	Unity
Membership	Promotion	

WHATS HAPPENING

November 2, 2008

DISTRICT 12 PRESENTS
 TRADITIONS DAY 2008

Crown Valley
 Community Park
 29751 Crown Valley Parkway
 Laguna Niguel, CA
 9:30 am—3:30 pm

November 27-30, 2008

42nd ANNUAL SOBER
 FUN IN THE SUN
 Riviera Hotel & Casino
 Las Vegas, NV
 www.lasvegasroundup.org

March 12-15, 2009

ACYPAA 2009
 Irvine Marriott
 Irvine, CA
 www.acypaa2009.org

*Please submit events to
 the editor at
 lifelineeditor@yahoo.com
 by the 15th of the month.*



From the November,
 1982, *Lifeline*

STRAIGHT SHOTS...by H.S.

The battle of the bottle is probably the only one you can win by giving up. You can't get drunk if you're working any one of the Twelve Steps at any given time. It's the little things that throw us. You've heard of people tripping over curbstones; did you ever hear of anyone tripping over Pikes' Peak?

As far as booze is concerned, Mr. Newcomer, you're not giving up anything. You're getting rid of something! How does the A. A. program work? The answer is in the very word HOW - Honesty, Open mindedness, Willingness. Definition of an alcoholic: Someone who takes a drink he doesn't want.

You can't find God? No wonder. God isn't lost Happiness is a thing called NOW. Don't let yourself be concerned because others have more time on this deal than you have.

We heard a so-called "old-timer" say there's no such thing as an old-timer, that the oldest person in A.A. is the fellow who got up earliest this morning. Don't worry about tomorrow. God is already there.

Simple truth: To stop drinking you gotta stop drinking. Being slightly alcoholic is like being slightly pregnant...impossible...you is, or you ain't...

You gotta help the newcomer. But remember that your job is to carry the message, not the alcoholic.

This is a spiritual, not a financial program. Being in A.A. makes for such comfortable living. What a pleasure it is to get up these days and say, "Good morning, God", instead of "Good God! Morning!"

From the November, 1981, *Lifeline*

THAT ELUSIVE QUALITY OF HUMILITY

(Inscription on desk plaque of Dr. Bob's)

" Humility is perpetual quietness of heart. It is to have no trouble. It is not to be fretted or vexed, irritable or sore; to wonder at nothing that is done to me, to feel nothing done against me. It is to be at rest when nobody praises me, and, when I am blamed or despised, it is to have a blessed home in myself where I can go in and shut the door and kneel to my Father in secret and be at peace as in a deep sea of calmness , when all around and about is seeming trouble."



SPEAKER MEETINGS

Costa Mesa

Sunday Night Speaker Meeting
7:00 pm
Bethel Towers, Social Hall
678 West 19th St.
Contact: Pat M.

Garden Grove

Thursday Night Speaker Mtg
8:00 pm
Garden Grove Alano Club
9845 Belfast Dr
Contact: John S.
11/09 Vic, Garden Grove
11/13 Al G., Cypress
11/20 Big Book Billy, Cypress
11/27 Thanksgiving
Surprise Speaker
12/06 Benny F., Garden Grove

Garden Grove

Saturday Night Speakers
8:00 pm
Garden Grove Alano Club
9845 Belfast Dr
Contact: Jon W.

Huntington Beach

Saturday Night Lite Speakers
7:00 pm
HOW Hall, 18582 Beach Blvd
Behind Flower Kiosk @ Ellis
Contact: Kevin B.
11/01 Valory, Huntington Beach
11/08 Mark, Anaheim
11/15 Paul W., Seal Beach
11/22 Howard, Yorba Linda
11/29 Shaina, Huntington Beach
12/06 Georgia B., Hawaii
12/13 John P., Huntington Beach

Orange

No Puffers Speaker Meeting
8:00 pm, Friday

Community of Christ Church
385 S. Tustin Ave
Contact: Garry B.
11/07 Fred A., Huntington Beach
11/14 TBA
11/21 TBA
11/28 Brian N., Orange

San Clemente

Thursday Night Big Speaker Mtg.
8:00 pm, Thursday
San Clemente Friendship Center
Contact: Bob B..

Tustin

Saturday Night Visiting Speaker
8:00 pm
St. Paul's Church, 1221 Wass St.
Contact: Keith S.
11/01 Glenn H., Tustin
11/08 Ruth D., Corona
11/15 Fran K.M., Orange
11/22 Jennifer M., Orange
11/29 Al C., Santa Ana
12/06 Richard B., Tustin
12/13 Carol N., Brea
12/20 Dustin F., Corona
12/27 Louise G., Villa Park
01/03 Christina G., Yorba Linda
01/10 Cesar F., Corona
01/17 Linda H., Torrance
01/24 Fernando M., Tustin
01/31 Michael M., Brea

Tustin

9:02 Sunday Morning Meeting
18341 Lassen Dr., Santa Ana
Contact: Angie M.
11/02 Mary "The Hat" C.
Anaheim
11/09 Jeff M., Ladera Ranch
11/16 Joni C., Costa Mesa
11/23 Stephen S., Garden Grove
11/30 Taryan C., Huntington Beach

Please submit speaker information to the editor at lifelineeditor@yahoo.com or by phone 949/241-6617 by the 15th of the month

The listed speakers have been invited by the respective groups and their message does not imply the endorsement of the Orange County Intergroup nor their Central Office.



Newcomer: How do I know how many meetings I should attend each week?
Oldtimer: Gradually cut back until you get drunk. Then you'll know.

My Favorite Meeting

Editor's note: We continue our feature in the Lifeline called "My Favorite Meeting." Become part of the publication by submitting 400 words or so telling us about yours. Send to lifelineeditor@yahoo.com.

August, 2008 marked the 50th anniversary of the Saturday Night Wandering Group, pretty remarkable in itself, and made even more so by Helen S. celebrating 49 years of sobriety. Helen and her late husband, Ellery, joined the group in 1959, just one year after its founding in 1958 by Jeanne T. and her husband George, among a few others.

The basic idea was to meet in people's homes, where the host or host/hostess would supply refreshments, and where birthdays always involved a cake and candles, and special occasions could be marked by a Pot Luck supper. A great idea for a meeting format, but it involved finding someone to volunteer each week, without being railroaded into it. This led to meetings in some very small apartments, tiny offices, people's garages, houses of ex-wives, etc. Just finding the meeting places in a pre-GPS/CEL phone world was often a challenge involving a flashlight, a Thomas Guide, and language appropriate to being completely lost miles from home.

For a while there was the added complication of also having a spin-off Friday Night Wandering Group. This was to accommodate old timers Red and Reen N. Red played in a band, and its gigs often made their Saturday attendance impossible, so the Friday group was born, with the same format, and was well attended by Red, Reen, their many friends, and others who preferred Friday meetings. It also led to sometimes unfathomable confusion as to where on earth the meeting was on this particular night. Most meetings were in Costa Mesa, but since meetings were as far afield as Yorba Linda, Fullerton, Cowan Heights, and Corona Del Mar, getting your destination straight was vital.

This differentiation is also one reason why the meeting is referred to as the SNWG, instead of the Orange County Wandering Group, as used in the directory. Old habits and good memories remain, although the Friday group has been gone for many, many years.

Jeanne T. often stressed loyalty to the Home Group, suit up and show up, and she convinced people to believe, as she did, that you have an obligation to the group to keep coming back, sober. She was the founder of the *Lifeline* in 1964, and, for years, put it together in camera-ready form on her kitchen table, using mostly typed copy, newspaper comic strips, and rubber cement. (Also smears of frosting, since Jeanne baked most of the birthday cakes for the SNWG and the Wed. Night Huntington Beach Participation Group, which met, at that time, in the old Odd Fellows Hall on Main St.)

In warm weather, meetings were often outdoors in somebody's back yard, and still are. Some sober living houses are in older



Continued on page 8

**MEETING CHANGES SINCE
JULY 5, 2008**

**SUNDAY
COSTA MESA**

3:30 PM BIG BOOK STUDY 275
Victoria St @ Newport Blvd
(College Hospital - Address Bldg
275 Conf Rm B) Change

IRVINE

7:00 AM SOLUTIONS GROUP AT
MARINERS 5001 Newport Coast Dr
c/s Bonita Cyn (Mariners Church)
New location

LAGUNA HILLS

7:30 PM LEGACY GROUP 23802
Avenida de la Carlotta @ Valencia
(St George's Church) New meeting

ORANGE

7:00 PM SOBER & CRAZY
SPEAKERS 1310 E. Walnut Ave @
Tustin Ave (7th Day Adventist
Church) New address

SANTA ANA

9:02 AM PODIUM PARTICIPATION
& SPEAKER Q&A 18341 Lassen Dr
c/s Fairhaven & Esplanade
(Prentice School) New location

TUSTIN

6:00 AM ATTITUDE MODIFICA-
TION 1221 Wass (St Paul's
Church) New location

5:30 PM RUSH HOUR DISCUS-
SION Pine Tree Park (Bryan @
Redhill) Temporary location

MONDAY

CORONA DEL MAR

6:45 AM LITTLE CORONA MEET-
ING 800 Marguerite Ave @ 5th
(Oasis Senior Center) New meeting

COSTA MESA

4:00 PM LET GO & LET GOD 420
W 19th St. (1st Methodist Church
across from Triangle Square)
Changed to open

HUNTINGTON BEACH

5:00 PM MEN'S BOOK STUDY
18582 Beach Blvd #2 @ Ellis New
meeting

IRVINE

7:00 AM SOLUTIONS GROUP AT
MARINERS 5001 Newport Coast Dr
c/s Bonita Cyn (Mariners Church)
New location

12:00 PM TAKE THE STEPS UCI
Bldg 113 Rm G319 c/s Peltason &
Pereira, No meetings on Holidays,
\$2 to park Correct cross street

LAGUNA BEACH

7:00 PM (C) MONDAY NIGHT
MEN'S STAG @ PATRICK'S 428
Park Ave @ Catalina (Behind
Church) New

NEWPORT BEACH

6:45 AM 6:45 AM DAILY ATTI-
TUDE ADJUSTMENT 1099 Bay-
side Dr @ Jamboree (NBYC down
ramp at back of building) New loca-
tion
7:00 PM (C) LANGUAGE OF THE

HEART - 2414 Vista Del Oro near
Jamboree & Eastbluff (Community
Center) New meeting

7:00 PM (C) OVER 40'S DISCUS-
SION 1099 Bayside Dr @ Jamboree
(Newport Beach Yacht Club) New
location

ORANGE

7:30 PM STEP OUT EASY 200 N
Lewis St @ Chapman (Kaiser
Health Pavillion- 2nd Fl) New loca-
tion

7:30 PM (C) MEN'S DISCUSSION
6500 E Santiago Canyon @ Orange
Park (Church's art rm) New location
& City

RANCHO SANTA MARGARITA

6:30 AM ATTITUDE AND GRATI-
TUDE 30605 Avenida de las Flores
@ Banderas (Church) New meeting

7:35 PM MEN'S STAG 30605
Avenida de las Flores @ Banderas
(Church) New meeting

TUSTIN

6:00 AM ATTITUDE MODIFICA-
TION 1221 Wass (St Paul's Church)
New location

5:30 PM RUSH HOUR DISCUS-
SION Pine Tree Park (Bryan @
Redhill) Temporary location

TUESDAY

CORONA DEL MAR

6:45 AM LITTLE CORONA MEET-
ING 800 Marguerite Ave @ 5th
(Oasis Senior Center) New meeting

GARDEN GROVE

7:00 PM (C) HEARTSPEAK
WOMEN'S STEP STUDY GROUP
13082 Bowen St. @ GG Blvd.
(Church basement) Time change

8:00 PM (Y) YOUTH OF FLAME
7212 Chapman Ave @ Knott Ave
(Serenity Hall) Name & Day change

HUNTINGTON BEACH

7:30 PM BEGINNERS MEN'S
GROUP 19822 Beach Blvd @ Ad-
ams (behind Newland New location

IRVINE

7:00 AM SOLUTIONS GROUP AT
MARINERS 5001 Newport Coast Dr
c/s Bonita Cyn (Mariners Church)
New location

12:00 PM TAKE THE STEPS UCI
Bldg 113 Rm G319 c/s Peltason &
Pereira, No meetings on Holidays,
\$2 to park Correct cross streets

MISSION VIEJO

7:30 PM (C) DESIGN FOR LIVING
BB STUDY 26558 Marguerite Pkwy
@ Felipe New meeting

NEWPORT BEACH

6:45 AM 6:45 AM DAILY ATTITUDE
ADJUSTMENT 1099 Bayside Dr @
Jamboree (NBYC down ramp at
back of building) New location

RANCHO SANTA MARGARITA

6:30 AM ATTITUDE AND GRATI-
TUDE 30605 Avenida de las Flores
@ Banderas (Church) New meeting

TUSTIN

6:00 AM ATTITUDE MODIFICA-
TION 1221 Wass (St Paul's
Church) New location

5:00 PM RUSH HOUR DISCUS-
SION Pine Tree Park (Bryan @
Redhill) Temporary location

WEDNESDAY

CORONA DEL MAR

6:45 AM LITTLE CORONA
MEETING 800 Marguerite Ave @
5th (Oasis Senior Center) New
meeting

7:00 AM (C) WOMEN'S BIG
BOOK STUDY 3233 Pacific View
@ Marguerite (St Michaels
Church) Meeting change

COSTA MESA

7:30 PM DAY BY DAY SEREN-
ITY 1865 Anaheim Ave @ 19th St
New address

CYPRESS

7:00 PM (C) CYPRESS
WOMEN'S STEP STUDY 5100
Cerritos Ave @ Walker (Sea
Coast Grace Church - Ranch
House) New meeting

IRVINE

7:00 AM SOLUTIONS GROUP
AT MARINERS 5001 Newport
Coast Dr c/s Bonita Cyn
(Mariners Church) New location

12:00 PM TAKE THE STEPS UCI
Bldg 113 Rm G319 c/s Peltason
& Pereira, No meetings on Holi-
days, \$2 to park Correct cross
street

7:30 PM (Y) WILD BUNCH BE-
GINNERS Q & A 10 Federation
Way @ Turtle Ridge (Community
Center) New time

LAGUNA NIGUEL

6:00 PM (C) WEDNESDAY
NIGHT BOOK STUDY 30121
Niguel Road @ Crown Valley
(Church) New address

NEWPORT BEACH

6:45 AM 6:45 AM DAILY ATTI-
TUDE ADJUSTMENT 1099 Bay-
side Dr @ Jamboree (NBYC
down ramp at back of building)
New location

PLACENTIA

7:00 PM PALM LADIES BIG
BOOK STUDY 411 Lakeview Ave
@ 91 Fwy (Medical Bldg base-
ment Rm B-4,5) Address change

RANCHO SANTA MARGARITA

6:30 AM ATTITUDE AND GRATI-
TUDE 30605 Avenida de las
Flores @ Banderas (Church)
New meeting

7:30 PM (C) RSM STEP STUDY
GROUP 30382 Via Con Dios @
Avenida de Las Flores (St John's
Church) Dropped in error

TUSTIN

6:00 AM ATTITUDE MODIFICA-
TION 1221 Wass (St Paul's

Church) New location

5:30 PM RUSH HOUR DISCUS-
SION Pine Tree Park (Bryan @
Redhill) Temporary location

THURSDAY

CORONA DEL MAR

6:45 AM LITTLE CORONA MEET-
ING 800 Marguerite Ave @ 5th
(Oasis Senior Center) New meeting

DANA POINT

10:00 AM (C) WOMEN'S BIG BOOK
STUDY 33510 Stonehill (Lutheran
Church, classroom next to upper
parking lot) Temporary time change

IRVINE

7:00 AM SOLUTIONS GROUP AT
MARINERS 5001 Newport Coast Dr
c/s Bonita Cyn (Mariners Church)
New location

12:00 PM TAKE THE STEPS UCI
Bldg 113 Rm G319 c/s Peltason &
Pereira, No meetings on Holidays,
\$2 to park Correct cross street

LOS ALAMITOS

5:30 PM LOS ALAMITOS 12 & 12
4111 Katella @ Bloomfield Address
change

NEWPORT BEACH

6:45 AM 6:45 AM DAILY ATTITUDE
ADJUSTMENT 1099 Bayside Dr @
Jamboree (NBYC down ramp at
back of building) New location

ORANGE

7:00 PM ORANGE MEN'S BB
STUDY 812 Town & Country Bldg C
New meeting

RANCHO SANTA MARGARITA

6:30 AM ATTITUDE AND GRATI-
TUDE 30605 Avenida de las Flores
@ Banderas (Church) New meeting

TUSTIN

6:00 AM ATTITUDE MODIFICA-
TION 1221 Wass (St Paul's Church)
New location

5:30 PM RUSH HOUR DISCUS-
SION Pine Tree Park (Bryan @
Redhill) Temporary location

FRIDAY

CORONA DEL MAR

6:45 AM LITTLE CORONA MEET-
ING 800 Marguerite Ave @ 5th
(Oasis Senior Center) New meeting

DANA POINT

12:15 PM FRIDAY LUNCH
WOMEN'S BIG BOOK STUDY
33841 Niguel Road at PCH (Dana
Point Library- Comm Meeting Room)
Return to the Library

HUNTINGTON BEACH

10:00 AM (C) STEP SISTERS
WOMEN'S 18631 Chapel Lane @
Ellis (St. Wilfrid's Church) Tem-
porary location

IRVINE

7:00 AM SOLUTIONS GROUP AT
MARINERS 5001 Newport Coast Dr
c/s Bonita Cyn (Mariners Church)
New location

Meeting Changes continued...

10:30 AM OVER 50 GROUP 4400
Barranca Pkwy btwn Lake Rd & W
Yale Address Change

12:00 PM TAKE THE STEPS UCI
Bldg 113 Rm G319 c/s Peltason &
Pereira, No meetings on Holidays,
\$2 to park Correct cross street

NEWPORT BEACH

6:45 AM 6:45 AM DAILY ATTITUDE
ADJUSTMENT 1099 Bayside Dr @
Jamboree (NBYC down ramp at
back of building) New location

10:00 PM LATE FRIDAY CANDLE-
LIGHT DISCUSSION 414 E. 32nd
St. Time change

RANCHO SANTA MARGARITA

6:30 AM ATTITUDE AND GRATI-
TUDE 30605 Avenida de las Flores
@ Banderas (Church) New meeting

TUSTIN

6:00 AM ATTITUDE MODIFICA-
TION 1221 Wass (St Paul's Church)
New location

5:30 PM RUSH HOUR DISCUS-
SION Pine Tree Park (Bryan @
Redhill) Temporary location

SATURDAY

IRVINE

7:00 AM SOLUTIONS GROUP AT
MARINERS 5001 Newport Coast Dr
c/s Bonita Cyn (Mariners Church)
New location

TUSTIN

6:00 AM ATTITUDE MODIFICA-
TION 1221 Wass (St Paul's Church)
New location

5:30 PM RUSH HOUR DISCUS-
SION Pine Tree Park (Bryan @
Redhill) Temporary location

**MEETING DELETIONS SINCE
JULY 5, 2008**

SUNDAY

SANTA ANA

11:00 AM TWO OR MORE 120 W

5th Street @ N Main (2nd floor)

MONDAY

SANTA ANA

6:30 PM (C) WOMEN'S BIG BOOK
STUDY 2614 W. Columbine Ave.
Unit A c/s Greenville & Moore

TUESDAY

LA PALMA

8:00 PM THE LINE-UP STUDY
GROUP 7901 Walker St.(Hospital)

WEDNESDAY

RANCHO SANTA MARGARITA

7:30 PM (C) RSM STEP STUDY
30322 Via Con Dios c/s RMS Pkwy
(Church)

SANTA ANA

8:00 PM WEDNESDAY DISCUS-
SION 417 N. Cooper St (1st &
Euclid)

SUNSET BEACH

8:30 PM JAYWALKER'S BIG BOOK
STUDY 16865 Pacific Coast Hwy.

THURSDAY

LAGUNA HILLS

12:30 PM WOMENS TOPIC DIS-
CUSSION 23181 Verdugo Drive
#104A @ Moulton & El Pacifico

FRIDAY

HUNTINGTON BEACH

7:30 PM LENNOX PODIUM PAR-
TICIPATION 6652 Heil (Methodist
Church)

PLACENTIA

7:30 PM (C) SOBER ADULTS 2050
N Valencia (Church)

SATURDAY

COSTA MESA

9:30 AM (C) CHARLE STREET
OVERFLOW "MENS MEETING"
2025 Charle Street @ Hamilton and
Harbor

9:30 AM (C) MEN'S 2015 Charle
Street (Recovery House)

Continued from page 6

houses with expansive grounds, and some private homes, like Brad's, have space for seating, a swimming pool, with lush trees and plantings. Irresistible on a summer night. Many people from the Salvation Army program in Anaheim, its graduates, and wanna-be-sober (or clean) friends and associates from other sober living environments have made this meeting their "Home Group." Some stay around, and many don't, but being able to feel the closeness, support, love, and friendship so obvious in the meetings has made a real difference in the lives of many newcomers.

Peace, love, and joy; Come marinate in the fellowship; Don't sweat the small stuff; Feel the warmth of the fellowship, and above all: Keep Coming Back. And there's always something to eat and lots of good chatter after the meetings, not to mention the Pot Lucks. Lots of great people, good fun, and serious recovery all wrapped in one; it's my favorite meeting.

Jim S.

WEB SITE STATISTICS



The first on-line issue of the Lifeline was posted to our web site in July of 2006. However, when our site hosting company changed servers in June, 2007, some usage statistics before then were lost. Since January, 2007, the Lifeline home page has been viewed 7,577 times. Individual issue files have been viewed 13,007 times.

In September, there were 15,992 "visits" to www.ocaa.org. From November, 2007, through September, 2008, visits averaged 15,660 per month.

ELEVENTH STEP PRAYER:

Higher Power, as I understand You, I pray to keep my connection with You open & clear from the confusion of daily life. Through my prayers & meditation I ask especially for freedom from self-will, rationalization & wishful thinking. I pray for the guidance of correct thought & positive action. Your will, Higher Power, not mine, be done.



Orange County H & I
On the 2nd Sunday of the month
Garden Grove Alano Club, 714-534-2244
9845 Belfast Drive, Garden Grove, CA
For additional info call 714-979-8524
Or Central Office: 714-556-4555

*To Carry the Message of Alcoholics Anonymous to the
Alcoholic who is confined in a Hospital or Institution*

South Orange County H & I
3rd Wednesday of the month, 7:30 pm
Laguna Canyon Club, 949-497-1823
20456 Laguna Canyon Rd., Laguna Beach

CENTRAL OFFICE ACTIVITY-September

Total Calls Handled by Both Offices: 2103

Main and Satellite Office Volunteers

12 Step Calls	7
Meeting Information	941
General Information	331
Walk-in Customers	232

Night Owl Volunteers

12 Step calls	5
Meeting Information	583
General Information	236

Group Contributions continued from page 9

		SAN JUAN CAPISTRANO		^	^	Fr 8:00P-Family Afterward (UL) Sunset B	\$210	
		Dly 7:00A-SJGroup Eye Opener, 27514 C Arroyo	\$481	\$5,289		Fr 8:00P-Lag.Nig. (M) 658041 BallPark	\$675	
		Dly 6:00A-Taking a Trip, 27174 Ortega Hwy		\$806		Sa-HB-Camel Men's	\$60	\$120
		Su 5:00P-SJGroup 1 Hr Top Disc, 27514 C		\$354		We-6:00P-SC-Kampfyre Girlz UL	\$140	\$449
		Tu 7:00P- SJGroup Hear Here Part, 27514 C		\$538		Mo 7:00P YL (M)'s Surrender UL		\$20
		We 7:00P-SJGroup 11th Step Disc, 27514 C	\$100	\$160		WANDERING GROUPS		
		We 7:30P-BB Stdy, 26283 Shadybrook	\$70	\$70		Sa 8:00P-Orange County Wandering Grp		\$60
		Th 6:00P-Do The Steps, 32202 Del Obispo	\$160	\$280		Tu 6:00P-Wandering Step Sisters	\$170	\$270
		Th 7:00P-Joy of Sobriety, 31495 E C Real		\$147		(W)'s Wandering-Irvine		\$243
		Th 7:30P-(M)'s Q & A, 32202 Del Obispo	\$315	\$784		Th 6:30P-RSM (3rd Thurs) Wandering		\$70
		SANTA ANA		^	^	MISC. DONATIONS		
		Mo-Sa 7:30A-Disc Early Birds, 212 Elk		\$48		OCCO Change Can	\$22	\$105
		Su 5:00P-Two Or More, 721 Euclid		\$70		Satellite Office Change Can		\$167
		Fr 8:00P-51/50, 614 Bush Street		\$145		Intergroup Meeting	\$149	\$782
		SEAL BEACH		^	^	AOCYPAA		\$334
		Mo 7:30P-Seal Bch Spkrs, 500 Marina Dr		\$1,035		4th Step Workshop, Laguna Beach		\$366
		We 7:30P-(M)'s SS, 8th & Central	\$60	\$100		PERSONAL DONATIONS		
		SILVERADO CANYON		^	^	Anonymous 9th Step	\$200	\$200
		Th 7:30P-Fireside Disc, 17641 Silverado Cyn		\$192		Anonymous/January		\$30
		SUNSET BEACH		^	^	Anonymous/March		\$37
		Su 10:00A-Sunset Bch Mtg, PCH & Warner	\$62	\$150		Anonymous/March		\$250
		Su 1:00P-(W)'s 12 Step Study, 16865 PCH		\$50		Anonymous/April		\$50
		Su 7:00P-11th SS, 16865 PCH		\$360		Anonymous/April		\$250
		Mo 7:00A-Disc, 16865 PCH		\$60		Anonymous/May		\$250
		Tu 7:00A-Disc, 16865 PCH		\$50		Anonymous/June		\$250
		Tu 6:00P-Disc, 16865 PCH		\$120		Anonymous/July		\$308
		Tu 8:00P-BB Study, 16865 PCH		\$65		Anonymous/August		\$250
		We 7:00A-Discussion, 16865 PCH	\$152	\$152		Anonymous/August		\$170
		We 12:00P-Promises Meet, 16865 PCH		\$60		Anonymous/wed night BB CM		\$70
		Th 7:00A-Disc, 16865 PCH		\$60		Anonymous/LB	\$50	\$50
		Th 7:30P-Participation, 16865 PCH		\$120		B. H, Dana Point		\$20
		Fr 7:00A-Disc, 16865 PCH		\$60		Bill D. Laguna Nigel		\$160
		Fr 12:00P-Disc, 16865 PCH		\$80		Crystal B, Rancho Santa Margarita		\$70
		Sa 7:30A-Disc, 16865 PCH		\$280		Ed M., San Clemente		\$1,032
		Sa 7:00P-Rule 62 Spkrs, 16865 PCH		\$200		David S, Fountain Valley		\$100
		TUSTIN		^	^	June L, Irvine		\$225
		Dly 6:00A-Foothill Early Risers, 19211		\$650		Laura D. San Juan Capo Bch		\$30
		Dly 6:00A-Attitude Adj, 14662 Nwprt		\$574		Linda L, Lake Elsinore		\$360
		Dly 6:00A-Attitude Mod, 1221 Wass	\$435	\$3,507		Patricia G.	\$100	\$100
		Dly 12:00P-Brown Baggers, 130 W. Main		\$1,156		Robert McD., SJC	\$20	\$20
		Dly 5:30P-Rush Hour, 130 W. Main.		\$2,490		Theresa W., Newport Beach	\$85	\$85
		M-F 12:00P-Alkies Winners, 555 W.Main	\$374	\$2,662		Virginia S, Irvine		\$160
		Su 9:02A-Spkrs, 130 W. Main		\$290		IN LOVING MEMORY		
		Su 7:00P-Sober & Crazy Spkrs, 130 W Main		\$831		Memorial to Violet M/40 yrs. 6/10/1968		\$40
		Mo 7:30P-(M)'s Disc, 130 W Main		\$232		Memorial to Pat McA Laguna Woods		\$79
		Tu 12:00P-(W)'s 12 & 12, 19211 Dodge A		\$30		GROUP INFORMATION REQUESTED		
		Tu 7:00P-BB Stdy, 19211 Dodge		\$118		Receipt # 8953		\$108
		Tu 8:00P-Steps 1-4, 1201 Irvine		\$160		Receipt # 9326		\$20
		We 7:00P-Lucky Stiffs (M)'s, 18542 Vander		\$162		Receipt # 9340		\$150
		We 7:00P-(W)'s Solutions, 19211 Dodge		\$409		Receipt # 9389		\$60
		Th 9:00A-(W)'s SS, 14402 Prospect		\$70		Receipt # 9787		\$175
		Th 12:00P-(W)'s 12 & 12 BB, 19211 Dodge		\$102		Receipt # 9772		\$396
		Th 6:15P-(W)'s Living Sober, 1221 Wass.	\$90	\$400		Receipt # 9838		\$422
		Th 7:00P-12 Steps & 12 Trads, 225 Main		\$63		Receipt # 42		\$250
		Fr 7:30P-Turning The Corner, 1221 Wass		\$443		Receipt # 67		\$40
		Fr 8:00P-Disc, Pinetree Park (130 W Main)	\$100	\$200		Receipt # 97		\$180
		Sa 7:30P-Visiting Spkrs (Turning the Corner?), 1221 Wass		\$140	\$609	Receipt # 118 - Seal Beach Fri Night		\$256
		VILLA PARK		^	^	Receipt # 147		\$68
		Dly 7:30A-24 Hour Book Grp, 17855 Santia		\$1,022		Receipt # 178		\$532
		Su 7:00P-11th Step Prayer & Meditation		\$25		Receipt # 170 Saddleback Valley Grp		\$40
		WESTMINSTER		^	^	Receipt # 280 Lag Bch AA Miracles Hap-		
		Mo 7:30P-12&12Beginners, 15750 Mag	\$50	\$256		pen		\$386
		WHITTIER		^	^	Receipt # 282		\$60
		UNLISTED GROUPS		^	^	Receipt # 330		\$100
		Santa Ana 12-Step Bk Stdy P Lacey's Hse		\$157		Receipt # 700	\$120	\$120
		Su 5:30P-H.B. Creative Sharing, 18582 Bea		\$210		Receipt # 701	\$50	\$50
		Su 7:30 P-St Marks Disc. Mtg.		\$123		Receipt # 607	\$50	\$50
		Mo 7:00 P- Mens Accountability Gr. YorbaL		\$40		Receipt # 694 (Joy of Sobriety) UL	\$334	\$334
		Tu Moore Village BK Stdy (UL)SA		\$300		Receipt #340		\$175
		Tu 5:30P-BB Tape Stdy (UL) IR		\$851		Receipt #538 Sat AM 142281 (Pines Pk)		\$81
		Tu 7:30P Balboa Broads (W)		\$80		Receipt #552 CapoBch Ropert P		\$200
		We 8:00P-Beginners (UL) GG		\$30		TOTALS		
		We Women (UL) IR	\$165	\$165			\$13,524	\$154,872
		We 7:00P-(W)'s Book Stdy (UL)Monarch Bc		\$50		Thank you!!		
		Th J. Q. BK Stdy, (UL) LB		\$20				
		Th 7:00P-BB Stdy (UL) LB		\$40				
		Fr 8:00P-Family Afterward (UL) Sunset B		\$210				

CALL FORWARDING

“Alcoholics Anonymous, how may we help you?”



CALL FORWARDING:

The call forwarding program instituted by Orange County Central Office insures that our help line phones are answered by volunteers 24/7. During hours when the Central Office is closed, calls to the Central Office are forwarded to a call forwarding volunteer's home or cell phone, where the volunteer answers the calls just as if he or she were sitting in the Central Office. This service allows the Central Office to realize a significant cost saving because we do not need to contract with a phone answering service. Even more vital, when a call is placed to Alcoholics Anonymous in Orange County, the caller will be talking to an Alcoholics Anonymous member not a phone service! This truly is “front-line” 12th Step work and we would appreciate any time you can give.

SHIFTS:

Monday thru Friday shifts are 6am to 9am, 6pm to 9pm and 9pm to 6am. Saturday shifts start with the 6am to 9am. The Central Office opens and covers from 9am to 1pm on Saturdays. The phones are then forwarded to volunteers to cover the phones from 1pm to 4pm, 4pm to 7pm, 7pm to 10pm and 10pm to 6am. On Sundays and Holidays shifts begin at 6am with the 6am to 10am, and continue with 10am to 2pm, 2pm to 6pm, 6pm to 10pm and 10pm to 6am.

**New evening shifts available
6pm to 9pm
Monday thru Friday**

VOLUNTEERING:

In order to volunteer for this service it is suggested that you have two years of sobriety. You must then arrange with the Central Office Manager in Santa Ana or the Satellite Office Manager in Mission Viejo for a brief orientation session which will be held at one of the offices. Shifts are available please call the Central Office at (714) 556-4555 or the Satellite Office at (949) 582-2697.

ORANGE COUNTY INTERGROUP ASSOCIATION OF AA

Statement of Income and Expenses for Period Ending 9/30/2008

	SEPTEMBER	YTD
INCOME		
Group Donations	12,596.37	150,764.61
Individual/Fellowship	777.00	5,273.65
Literature Sales	10,412.64	102,285.47
Birthday Donations	258.00	5,349.29
In Memoriam	0.00	119.00
Intergroup Donations	149.33	885.36
Special Events	0.00	0.00
Interest Income	248.52	2,311.71
Misc. (Repaid Bounced Checks)	184.69	974.35
TOTAL INCOME:	24,626.55	267,963.44
EXPENSES		
Audits/Accounting	0.00	5,100.00
Auto (All Managers)	151.50	696.46
Bank Charge	0.00	0.00
Cash/Invoices OverShort	-2.11	-37.66
Insurances	2,385.22	26,136.32
Intergroup Expense	81.00	1,546.09
Lease Expense	389.07	3,501.63
Maintenance & Repairs	0.00	637.38
Volunteers Coffee/Water	64.49	757.11
Offices' Supplies	169.59	2,494.70
Pension Expense	166.68	1,500.12
Postage	50.43	545.16
P/I, Donated Literature	0.00	1,515.58
Rent Main/Satellite Offices	3,661.75	32,600.47
Salaries	9,924.11	95,271.43
Payroll Tax Expense	887.60	8,362.00
Taxes & Licenses	-0.14	175.87
Telephone Expense	496.81	4,175.16
LIFELINE Expense	1,230.40	10,813.05
Cost of Literature Sold	9,246.64	90,831.30
Special Events	0.00	3,084.96
Reconciliation Discrepancies	0.00	60.00
Misc. (Returned Checks)	0.00	1,365.82
TOTAL EXPENSES:	28,903.04	291,132.95
INCOME/(LOSS):	-4,276.49	-23,169.51

THE LIFELINE, 1526 BROOKHOLLOW DR., SUITE 75, SANTA ANA, CA 92705- Published monthly by the Orange County Intergroup Association

Purpose: The Orange County Lifeline Committee is a committee of volunteer A.A. members, charged with the responsibility of producing and distributing the Orange County Lifeline, (a publication of the Orange County Intergroup Association). The Lifeline is published monthly and is supported solely through contributions from the A.A. groups and members of Orange County. The Lifeline is published to meet the following needs of the Orange County A.A. membership: to inform the A.A. membership regarding A.A. service, A.A. events and A.A. announcements; also to share experience in recovery, unity and service; to keep the A.A. membership informed regarding the actions, finances and meetings of the Orange County Intergroup Association and other Central Office committees.

Lifeline Committee: Meets the 1st Thursday of each month at the Central Office. Join us @ 7PM.

Bill W., (Chair); Jim S., Phil F., Nick M., George L., Eric R., Dave H., Tarcy H. (Editor)

Mail submissions to the above address or send email to: lifelineeditor@yahoo.com

We Are Not A Glum Lot

CLASSIC CARTOONS AND JOKES FROM THE AA GRAPEVINE



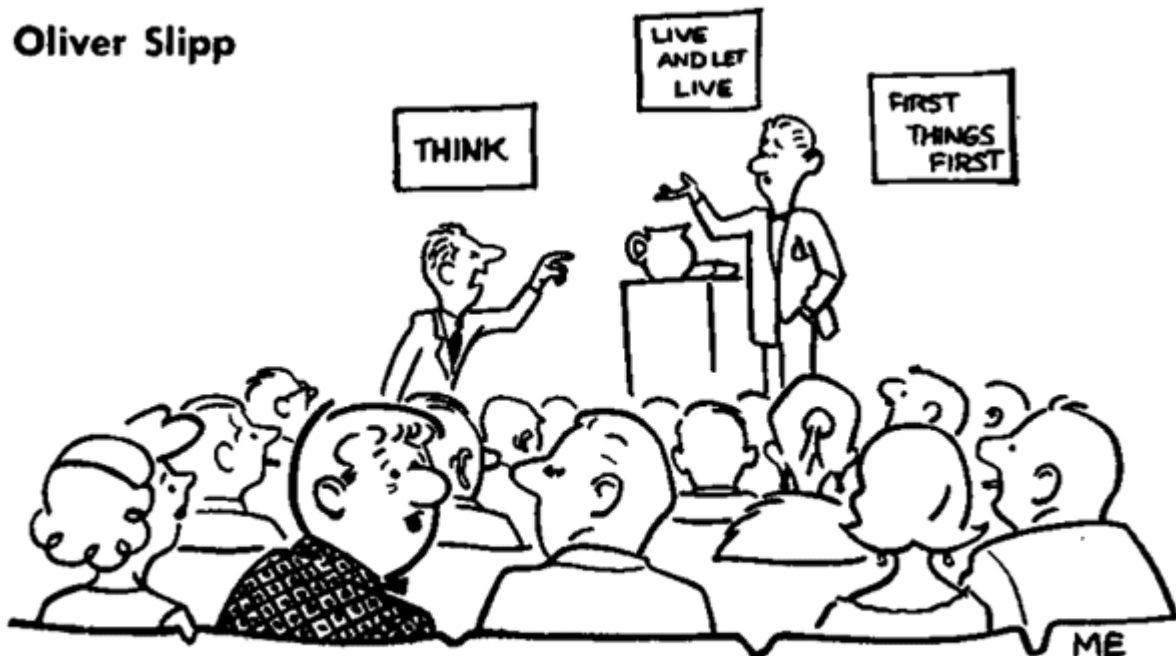
"And, Harry, old pal, bring some Sen Sen with you. My wife gets home from work at five o'clock, and I don't want her to know I've been drinking."

To see if he couldn't do something about his hearing, the drunk went to a doctor. The doctor informed him that if he would quit his drinking, he was sure that his hearing would improve. The drunk quit drinking and upon meeting the doctor a week or so later told him his hearing was fine. However, about a month after that, the doctor happened upon the drunk who was about three sheets to the wind. The doctor said, "I thought you had quit drinking?"

The drunk replied, "I liked what I drank so much better than what I heard that I started drinking again."

Mar 1948

Oliver Slipp



"I could tell them the difference between surrender and acceptance if I didn't have this hangover!"

Doctor:--"The best thing for you to do is to give up drinking and smoking, get up early every morning and go to bed early every night".
Patient:--
"Somehow, doctor, I don't deserve the best. What's second best?"

Apr 1954

A man walked in a revolving door and a girl walked out. The drunk muttered, "Darned good trick but I don't know how he did it."

Jan 1954