

Lifeline



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Orange
County
Intergroup
Association

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SOME SIGNS AND SYMPTOMS OF INNER PEACE



- Tendency to think and act spontaneously rather than from fears based on past experience.
- An unmistakable ability to enjoy each moment.
- Loss of interest in judging other people.
- Loss of interest in judging self.
- Loss of interest in interpreting the actions of others.
- Loss of ability to worry. (This is a very serious symptom)
- Frequent, overwhelming episodes of appreciation.
- Contended feelings of connectedness with others and nature.
- Frequent attacks of smiling through the eyes from the heart.
- Increasing tendency to let things happen rather than make them happen.
- Increased susceptibility to love extended by others as well as the uncontrollable urge to extend it.

Warning: If you have all of even most of the above symptoms, please be advised that your condition of PEACE may be so far advanced as not to be curable.

Anonymous



Step Nine

“Made direct amends to such people wherever possible, except when to do so would injure them or others.”

Scene of the Crime

The rocks looked the same. The light in the sky at sunset was as I remembered it; the stillness and silence of the pinyon-juniper forest had not changed. This was the day I returned to the wind-swept landscape of northern Arizona from which I had fled five years before.

When I left, I was running from my alcoholism. I went 4,000 miles north of this land of open skies and silence, only to find that my disease came the distance with me. Once into recovery, I stayed where I had landed, building a foundation through the Twelve Steps of Alcoholics Anonymous® for a life of sobriety and serenity.

But I knew, during the years I stayed in Alaska, that I would one day return to the scene of my crimes, for I had an amends to make there. So I found myself, during a vacation in the Southwest, driving the familiar road toward my old home. The time had finally come to face a ghost from the past.

In Sedona, I passed that same laundromat where the violence had first erupted, back in 1981. I should have left him then, but I didn't. There were a million reasons for me to stay, but the most important was that he was my drinking buddy, my provider. We drank and battled and made up for three more stormy years after the laundromat scene. I had been too fearful to leave him, too addicted to turn my back. The heart-pounding fear of his violent nature came back to me as I drove through town. I found the nearest meeting.

Appropriately, the topic of the meeting was fear. When I was called on, I told the group that I was going to make amends to a man I feared; I confessed it was possible that he might hit me again, or worse. Although five years had passed since I had escaped from him, I was not at all convinced that he would greet me warmly. Nevertheless, the amends had to be made. Step Nine said that I had to admit to him where I was wrong. I chose to do this face to face.

A man sitting across the table from me spoke next. “Fear keeps a lot of us from making amends,” he said. “But I have found no other way to resolve those conflicts which arise from the harm we do to others. You can face the man with courage.”

He smiled at me. “Courage is fear that has said its prayers.”

In Flagstaff the next morning, I sat in a restaurant where I had sat a hundred times before, drinking coffee with shaky hands. The ghosts were moving and talking to me from the walls, and the

fearful part of me wanted to run away again. I prayed for courage and went on.

Closer still to my old stomping grounds, I stopped the car along the highway, deciding to walk a couple of miles to reach a volcano crater. The

volcano crater was a place of stillness and meditation. Five years before, I had come to this same place to make the decision to leave the Southwest for Alaska. I had felt at once terrified and aroused by the prospect of a major change. On that fateful day, lacking the perspective of distance and sobriety, I had taken a long look at my life and made a guess about the best path to take. I remembered these things now, as I admired the silhouette of a big old ponderosa pine against the curve of volcanic basalt. And I asked again for the courage to go back to face the man I had hurt by my choice of paths.

Later that afternoon, I cruised slowly through the neighborhood in which he and I had once lived. I looked at each little wood house for a clue as to which was his. Part of me secretly hoped he would no longer be there.

When I saw it, I drove past, backed up, pulled into the driveway, and then very nearly pulled back out. His car was there. Children's toys littered the yard. His name was on a sign next to the door.

Maybe he's at work, I thought, panicking. Maybe his wife doesn't want me around. My feet walked toward the door of their own accord. My heart was pounding. My face stung as though he had already slapped me.

When he came to the door, he recognized me immediately. With only a slight hesitation, he invited me in, introduced me to his children, and offered me a chair. Visibly nervous, I told him I couldn't stay long, but that I had some things to say.

He went to get a beer, offered me one. I suddenly wondered what I was doing there. His home was a slippery place. Sending up another quick prayer for my Higher Power to put the right words in my mouth, I began to speak.

“I've come to tell you what happened when I left you,” I said. “I told you I'd come back. I was lying to you when I made that promise, because I knew in my heart that I was never going to return. My disappearance hurt you, and I apologize for that.”

He began to protest, to rewrite that five-year-old piece of history, to tell me how it happened. I had to interrupt him and ask him to let me have my say; for a moment, it felt like old times, me arguing with him about the facts.

“I am sober now,” I told him, “and it's important for me to come back here and tell you that the problems we had in our relationship were at least fifty percent my fault. I always blamed you for everything--for my alcoholism, for my failures, for my misery. Those things were not your fault. You were good to me in many ways.”

He didn't know how to answer me. So instead he drank some more beer and asked about my family. As I sat in that man's living room I watched his stature diminish before my eyes. No longer was he a cruel and vengeful lunatic. No longer did he possess the power to terrify me. He was just a man with an alcohol problem. The moment I saw him for what he was, I could forgive him, for his problem was no different than mine. He just hadn't found a solution yet. He wasn't *looking* for a solution yet. I asked my Higher Power to be with him, and all the anger and fear dissolved into pity for a man still battered by his disease.

Soon I got up and prepared to leave. I thanked him for taking the time to listen to what I had to say. Shyly, he stuck out his hand toward me. I grasped it, then impulsively stepped forward and hugged him.

Continued on page 3



Continued from page 2

I drove away from the house without looking back. My shoulders felt light, as if a giant weight had been lifted. Until it was lifted, I hadn't even been aware it was there.

The tortured autopsies I had performed on that relationship were finally behind me. For the first time, I was able to let him go. He did not hit me. He did not seduce me. His power over me was broken at last.

I enjoyed a buoyancy of spirit after that visit. By admitting where I was at fault, I was given the ability to forgive a man who had held me in bondage for years after I had left him. With forgiveness came a freedom that I had not anticipated. The amends had required nothing but courage, and a faith that my Higher Power would carry me where I had been too afraid to walk alone.

Kit K, Sterling, AK

Grapevine, Sept. 1993

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SPEAKER MEETINGS

Garden Grove

Thursday Night Speaker Mtg
8:00 pm
Garden Grove Alano Club
9845 Belfast Dr
Contact: John S.

Garden Grove

Saturday Night Speakers
8:00 pm
Garden Grove Alano Club
9845 Belfast Dr
Contact: Jon W.

Huntington Beach

Saturday Night Lite Speakers
7:00 pm
HOW Hall, 18582 Beach Blvd
Behind Flower Kiosk @ Ellis
Contact: Kevin B.

9/06 Lee M., Huntington Beach
9/13 Damien L.
9/20 Frankie H., Hicksville, NY
9/27 Howard R., Yorba Linda

Orange

No Puffers Speaker Meeting
8:00 pm, Friday
Community of Christ Church
385 S. Tustin Ave
Contact: Garry B.

San Clemente

Thursday Night Big Speaker Mtg.
8:00 pm, Thursday
San Clemente Friendship Center
Contact: Sean M.
9/04 Rob H., Laguna Niguel
9/11 Tom P., Laguna Beach
9/18 R.B.C., Laguna Niguel
9/25 Dave U., Laguna Beach

Tustin

Saturday Night Visiting Speaker
8:00 pm
St. Paul's Church, 1221 Wass

Contact: Glenn H.
9/06 Marcus S., Laguna Beach
9/13 Billy S., Tustin
9/20 Alice C., Orange
9/27 Joey P., Orange
10/04 Sandra C., Orange
10/11 Phil F., Tustin
10/18 Dee S., Tustin
10/25 Christy H., Orange
11/01 Glenn H., Tustin
11/08 Ruth D., Corona
11/15 Frank M., Orange
11/22 Jennifer M., Orange
11/29 Al C., Santa Ana
12/06 Richard B., Tustin
12/13 Carol N., Brea
12/20 Dustin F., Corona
12/27 Louise G., Villa Park

Please submit speaker information to the editor at lifelineeditor@yahoo.com or by phone 949/241-6617 by the 15th of the month

The listed speakers have been invited by the respective groups and their message does not imply the endorsement of the Orange County Intergroup nor their Central Office.

From the September, 1982, Lifeline

Keeping Up Your "Dues"?

("There are no dues or fees for A.A. membership.")

We often hear fellow AA's say, "I paid my dues." Meaning, of course, that the toll alcoholism extracted qualifies them for membership in the fellowship.

I've got news for them; that was just the initiation fee. In the same context in which they used the word, it is after you get here that you should start paying your "dues."

And just how does one go about doing that? Fortunately, there are some tried and proven ways. Here are a few of them for your consideration:

Let your feelings be known on A.A. "issues," and then see to it your group conscience is represented at the Zone, Intergroup, Central Service and General Service levels.

Be willing to serve as group Secretary, Treasurer, GSR, etc.

Be active in your group's steering committee and/or on such things as the Jamboree Planning Committee.



Help set up your home group's meetings.

Be a greeter at the door of those meetings.

Approach newcomers, make them feel welcome, give them your phone number.

Arrange to pick up, or have picked up, those members of the group who do not have rides to and from meetings.

Sign up for 12th Step calls.

Answer phones at Central Office as a once-a-week, or every-other-week regular, or as a standby.

That's just a partial list, of course. But it gives you something to start on, if you aren't doing any of these things now and are interested in repaying A.A. for some of what it has given you.

It is said that action is the magic word in A.A. Many people with commitment to the program, "above and beyond" what is outright asked of us, attest to that as fact.

Be forewarned - the vast majority of people who get active in A.A. to "pay it back" find that they just keep getting "rewards" that make it next to impossible for them to "get even."

The more you give, the more you get. Can't beat a deal like that. So, why not begin paying your "dues," if you aren't trying to do so already?

M. M., Los Angeles

CHAPTER 8 To Wives

Number 9 of 12 articles on the Big Book®



Chapter 8 is probably the most controversial chapter in the Big Book. Written by a man, (Bill W.) representing himself as a woman, exceedingly condescending in places, and more dated than any of the other chapters. However, it is also possible to state that this chapter might be the most under-appreciated chapter in the Big Book. When I questioned this chapter, my first sponsor would always say, "A principle is a principle, no matter how it is presented, and by whom – look for the principles, and shut up about the rest". Sort of like our advice to newcomers, "Take what you can use, and leave the rest". Well, there are many useful principles to be found in this chapter.

Additionally, it is vital for me to remember that this chapter was written to reach out to the wives of the male A.A. members for the purpose of enlisting them in the efforts to help the male stay sober. Reaching out to the spouses of A.A. members is rarely done today in this manner, because, (opinion here) Al-Anon does a more-than-adequate job of helping the spouse understand the nature of the disease of alcoholism, and how they might help, or, at the very least, not make matters worse. Of course this begs the question, "How do we direct the spouse to Al-Anon without seeming to take the alcoholic's side?" This is where this chapter excels!

This chapter describes the wide range of the actions and attitudes of the spouse of the alcoholic, and attempts to show the spouse where they have probably become spiritually and emotionally sick, driven by their efforts to combat the illness. It does this by describing the wide range of reactions and emotions the spouse may have experienced in the weary battle to "save" the alcoholic in their life. In other words, it attempts to enable that sense of identity necessary to seek help from others who have suffered in a like manner, (just like the rest of the book attempts to do with the alcoholic).

The chapter takes great pains and a large amount of space to describe 4 types of problems the spouse might have with the practicing alcoholic, (it calls them classifications of alcoholics). This is the part of the chapter where many bored A.A. members will perk up and spend a great deal of time describing why they fit in one classification or the other – finally something which they can identify! It's all about me, again! But each of the four problem types presented provide specific information about the actions and condition of the alcoholic at this point in the downward spiral of alcoholism. The reader is also presented with very specific information for dealing with the peculiarities of an alcoholic with these types of problems – information that would be useful for anyone approaching an alcoholic of this classification.

Lastly, and most importantly, an italicized paragraph at the end of this chapter provides the best information for the spouse, friend, child or others close to alcoholics, who are seeking help. It is repeated here verbatim, *"*The fellowship of Al-Anon Family Groups was formed*

about 13 years after this chapter was written. Though it is entirely separate from Alcoholics Anonymous, it uses the general principles of the A.A. program as a guide for husbands, wives, relatives, friends, and others close to alcoholics. The foregoing pages (though addressed only to wives) indicate the problems such people may face. Alateen, for teen-aged children of alcoholics, is a part of Al-Anon. If there is no Al-Anon listing in your local telephone book, you may obtain further information on Al-Anon/Alateen Family Groups by writing to its World Service Office, 1600 Corporate Landing Parkway, Virginia Beach, VA 23457-5617.

A member of A.A. in Orange County

Text in italics re-printed from the Big Book with permission of Alcoholics Anonymous World Services, (AAWS)

WHATS HAPPENING

September 5-7, 2008

30th ANNUAL
VENTURAL COUNTY
AA CONVENTION
Hyatt Westlake Village, CA
www.vcaac.org

September 19-21, 2008

57th SOUTHERN
CA AA CONVENTION
Town & Country
Convention Center
San Diego, CA
www.aasocal.com

September 26-28, 2008

WOMAN TO WOMAN
SAN DIEGO
The Dana on Mission Bay
San Diego, CA
www.aasocal.com

September 26-28, 2008

SOBRIETY BY THE SEA
22nd Annual AA Rally
Crescent City, CA

September 26-28, 2008

SOBERFEST
KERN RIVER VALLEY
CAMPOUT
Kernville, CA

September 26-28, 2008

22nd ANNUAL GOLD
COUNTRY ROUNDUP
Amador County Fairgrounds
Plymouth, CA

October 17-19, 2008

2008 SCV CONVENTION
OF AA
Hyatt Valencia and Santa
Clarita Convention Center
Valencia, CA
www.scvaaconvention.org

October 24-26, 2008

24th SANTA BARBARA
CONVENTION
Santa Barbara/Goleta, CA
www.sbaaconvention.org

November 27-30, 2008

42nd ANNUAL SOBER FUN
IN THE SUN
Riviera Hotel & Casino
Las Vegas, NV
www.lasvegasroundup.org

March 12-15, 2009

ACYPAA 2009
Irvine Marriott
Irvine, CA
www.acypaa2009.org



*Please submit events to the
editor at
lifelineeditor@yahoo.com by
the 15th of the month.*

Tradition 9

Putting Tradition 9 to Full Use

A.A., as such, ought never be organized, but we may create service boards or committees directly responsible to those they serve. –

Tradition 9, p. 562, Alcoholics Anonymous.

Here is another of our Traditions that loses a lot in translation from the long form to the short form. The mere absence of organization doesn't begin to address the multitude of difficulties this Tradition attempts to handle.

The long form tells us all that rotating leadership is the best direction for most groups. It's not even mentioned in the short form. Most of us are well aware of power-trippers in our midst, individuals who have held the secretary or treasurer job (and sometime both simultaneously) for protracted periods to the detriment of the group.



In Tradition 6, we are warned about the reckless use of the A.A. name and are advised that “problems of money, property and prestige” could divert us from our primary purpose. Tradition 9 (long form) tries to make us aware of this fact and lets the egotists down easy by advising thankless chores that keep the program in motion are advised that “they derive no real authority from their titles; they do not govern.”

Those admonitions are in place to keep the big shots from trying to fit themselves for halos. It doesn't always work. We're not dealing with ordinary folk here. We are trying to keep a herd of alcoholics under control and on a short leash. My Twelve and Twelve says that sometimes the A.A. landscape seems to be littered with “bleeding deacons.” What can a single member do to alleviate the suffering those poor unappreciated members must endure? Well, let's try approaching the member and offer to talk about what's ailing him (or her). Giving up an A.A. job isn't always easy but if we can practice some humility and patience, the results may surprise all involved.

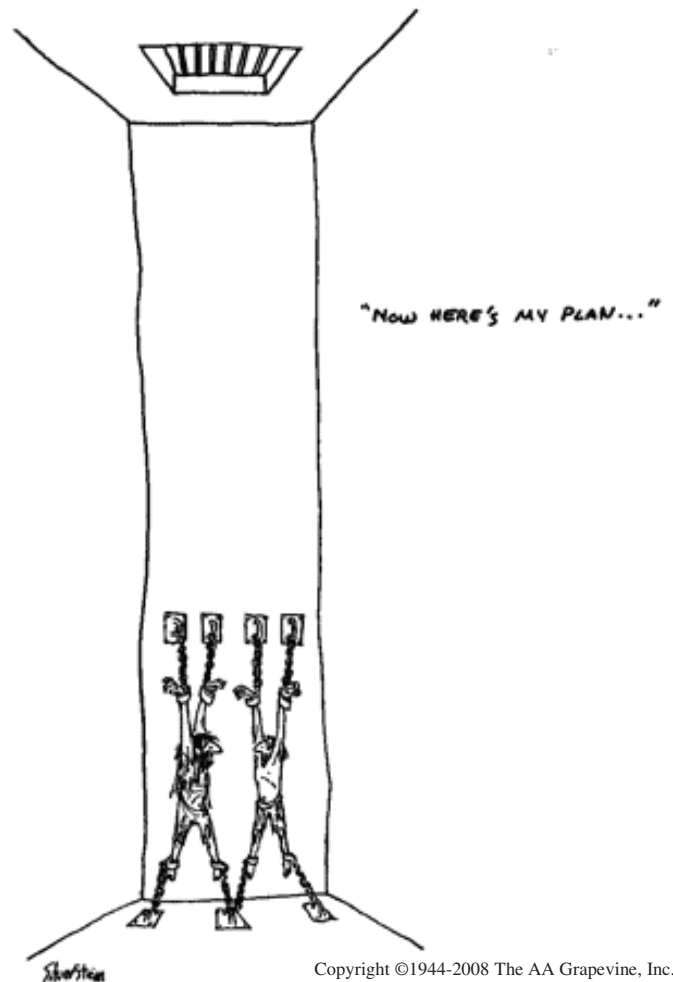
Finally, there's really no answer for the member who is convinced the group needs a little loving direction and he (or she) is just the person to deliver it. If that's your situation there is always the one foolproof way to effect change -- prayer has been known to cause minor miracles even with the most stubborn cases.

George L., Westminster

A Simple Approach to the 12 Steps!

- Step 1: There's a power that will kill me.
- Step 2: There's a power that wants me to live.
- Step 3: Which do I want? (If you want to die, stop here. If you want to live, go on.)
- Step 4: Using examples from your own life, understand that selfishness, dishonesty, resentment, and fear control your actions.
- Step 5: Tell all your private, embarrassing secrets to another person.
- Step 6: Decide whether or not you want to live that way any more.
- Step 7: If you want your life to change, ask a power greater than yourself to change it for you. (If you could have changed it yourself, you would have long ago.)
- Step 8: Figure out how to make right all the things you did wrong.
- Step 9: Fix what you can without causing more trouble in the process.
- Step 10: Understand that making mistakes is part of being human. (When you make a mistake, fix it, immediately if you can.)
- Step 11: Ask for help to treat yourself and others the way you want your higher power to treat you.
- Step 12: Don't stop doing 1 through 11, and PASS IT ON!

-Author unknown



MEETING CHANGES SINCE JULY 5, 2008

SUNDAY

COSTA MESA

3:30 PM BIG BOOK STUDY 275 Victoria St @ Newport Blvd (College Hospital Bldg 275 Conf Rm B) Address Change

LAGUNA HILLS

7:30 PM LEGACY GROUP 23802 Avenida de la Carlotta @ Valencia (St George's Church) New meeting

TUSTIN

6:00 AM ATTITUDE MODIFICATION 1221 Wass (St Paul's Church) New location

MONDAY

CORONA DEL MAR

6:45 AM LITTLE CORONA MEETING 800 Marguerite Ave @ 5th (Oasis Senior Center) New meeting

COSTA MESA

4:00 PM LET GO & LET GOD 420 W 19th St.(1st Methodist Church across from Triangle Square) Changed to open

HUNTINGTON BEACH

5:00 PM MEN'S BOOK STUDY 18582 Beach Blvd #2 @ Ellis New meeting

IRVINE

12:00 PM TAKE THE STEPS UCI Bldg 113 Rm G319 c/s Peltason & Pereira, No meetings on Holidays, \$2 to park Correct cross street

NEWPORT BEACH

7:00 PM (C) LANGUAGE OF THE HEART - 2414 Vista Del Oro near Jamboree & Eastbluff (Community Center) New meeting

RANCHO SANTA MARGARITA

6:30 AM ATTITUDE AND GRATITUDE 30605 Avenida de las Flores @ Banderas (Church) New meeting

TUSTIN

6:00 AM ATTITUDE MODIFICATION 1221 Wass (St Paul's Church) New location

TUESDAY

CORONA DEL MAR

6:45 AM LITTLE CORONA MEETING 800 Marguerite Ave @ 5th (Oasis Senior Center) New meeting

GARDEN GROVE

7:00 PM (C) HEARTSPEAK WOMEN'S STEP STUDY GROUP 13082 Bowen St. @ GG Blvd. (Church basement) Time change

IRVINE

12:00 PM TAKE THE STEPS UCI Bldg 113 Rm G319 c/s Peltason & Pereira, No meetings on Holidays, \$2 to park Correct cross streets

RANCHO SANTA MARGARITA

6:30 AM ATTITUDE AND GRATITUDE 30605 Avenida de las Flores @ Banderas (Church) New meeting

TUSTIN

6:00 AM ATTITUDE MODIFICA-

TION 1221 Wass (St Paul's Church) New location

WEDNESDAY

CORONA DEL MAR

6:45 AM LITTLE CORONA MEETING 800 Marguerite Ave @ 5th (Oasis Senior Center) New meeting

7:00 AM (C) WOMEN'S BIG BOOK STUDY 3233 Pacific View @ Marguerite (St Michaels Church) Meeting change

IRVINE

12:00 PM TAKE THE STEPS UCI Bldg 113 Rm G319 c/s Peltason & Pereira, No meetings on Holidays, \$2 to park Correct cross street

RANCHO SANTA MARGARITA

6:30 AM ATTITUDE AND GRATITUDE 30605 Avenida de las Flores @ Banderas (Church) New meeting

TUSTIN

6:00 AM ATTITUDE MODIFICATION 1221 Wass (St Paul's Church) New location

THURSDAY

CORONA DEL MAR

6:45 AM LITTLE CORONA MEETING 800 Marguerite Ave @ 5th (Oasis Senior Center) New meeting

IRVINE

12:00 PM TAKE THE STEPS UCI Bldg 113 Rm G319 c/s Peltason & Pereira, No meetings on Holidays, \$2 to park Correct cross street

RANCHO SANTA MARGARITA

6:30 AM ATTITUDE AND GRATITUDE 30605 Avenida de las Flores @ Banderas (Church) New meeting

TUSTIN

6:00 AM ATTITUDE MODIFICATION 1221 Wass (St Paul's Church) New location

FRIDAY

CORONA DEL MAR

6:45 AM LITTLE CORONA MEETING 800 Marguerite Ave @ 5th (Oasis Senior Center) New meeting

DANA POINT

12:15 PM FRIDAY LUNCH WOMENS BIG BOOK STUDY 33841 Niguel Road at PCH (Dana Point Library- Comm Meeting Room) Return to the Library

HUNTINGTON BEACH

10:00 AM (C) STEP SISTERS WOMEN'S 18631 Chapel Lane @ Ellis (St. Wilfrid's Church) Temporary location

IRVINE

10:30 AM OVER 50 GROUP 4400 Barranca Pkwy btwn Lake Rd & W Yale Address Change
12:00 PM TAKE THE STEPS UCI Bldg 113 Rm G319 c/s Peltason & Pereira, No meetings on Holidays, \$2 to park Correct cross street

NEWPORT BEACH

10:00 PM LATE FRIDAY CANDLE-LIGHT DISCUSSION 414 E. 32nd St. Time change

RANCHO SANTA MARGARITA

6:30 AM ATTITUDE AND GRATITUDE 30605 Avenida de las Flores @ Banderas (Church) New meeting

TUSTIN

6:00 AM ATTITUDE MODIFICATION 1221 Wass (St Paul's Church) New location

SATURDAY

TUSTIN

6:00 AM ATTITUDE MODIFICATION 1221 Wass (St Paul's Church) New location

MEETING DELETIONS SINCE JULY 5, 2008

THURSDAY

LAGUNA HILLS

12:30 PM WOMENS TOPIC DISCUSSION 23181 Verdugo Drive #104A @ Moulton & El Pacifico Delete

SATURDAY

COSTA MESA

9:30 AM (C) CHARLE STREET OVERFLOW "MENS MEETING" 2025 Charle Street @ Hamilton and Harbor Delete

9:30 AM (C) MEN'S 2015 Charle Street (Recovery House) Delete



Oh Lord,
I ain't what I oughta be;
I ain't what I wanta be;
I ain't what I'm gonna be;
but Oh Lord I thank you
that I ain't what I usta be.

"No, you cannot buy
me a drink, but I'll
take the six bucks."



*Don't drink and drive. You
might hit a bump and spill
something.*



WEB SITE STATISTICS

The first on-line issue of the *Lifeline* was posted to our web site in July of 2006. However, when our site hosting company changed servers in June, 2007, some usage statistics before then were lost. Since January, 2007, the *Lifeline* home page has been viewed 6,746 times. Individual issue files have been viewed 11,555 times.

In May, there were 17,926 "visits" to www.ocaa.org. From July, 2007, through May, visits averaged 15,930 per month.

SACRIFICE = UNITY = SURVIVAL
The unity, the effectiveness, and even the survival of A.A. will always depend upon our continued willingness to give up some of our personal ambitions and desires for the common safety and welfare. Just as sacrifice means survival for the individual alcoholic, so does sacrifice mean unity and survival for the group and for A.A.'s entire Fellowship.

AS BILL SEES IT, p. 220



My Favorite Meeting

Editor's note: We continue our feature in the Lifeline called "My Favorite Meeting." Become part of the publication by submitting 400 words or so telling us about yours. Send to lifelineeditor@yahoo.com.

It's Not Quiet Here

My favorite meeting, having been in the program of Alcoholics Anonymous for a total of 8 months, is the "Saturday Nite Lite" meeting at 6 p.m. at 11082 Wallingsford in Los Alamitos.

It's a one-hour open discussion meeting of loving, friendly people who meet to share their problems and triumphs during the week and to discuss what helped to keep them sober. Its congregation is approximately 100 large, a bedrock of sobriety with a steady stream of new faces from nearby treatment centers.

As one of those new faces not so long ago, the members of this meeting went out of their way to make me feel welcome. Before I came in, I often felt alone and "outside," content to drink or use in isolation while cursing the world for rejecting me. However, I now have at least one meeting that I feel a part of, a group of people to whom I belong. I can recall a number of people who introduced themselves to me those first few weeks that I have come to know fairly well since.

This is not a quiet meeting. People are respectful while others are sharing, but otherwise it can only be described as boisterous. There is generous audience participation during the third and fifth chapter readings. As a result, many have taken to referring to it as the "Rocky Horror Picture Show of A.A."

There's certainly a cast of characters at this meeting. The fellowship before and after is a roiling mix of people, and many people regularly go to dinner together afterwards to continue bonding and sharing. In addition, the meeting has an alumni that organizes activities nearly every other week, including beach parties, concerts in the park as a group, camping retreats, and laser bowling. This group makes good on the promise that "we are not a glum lot."



I met the man who is my sponsor today at this meeting, and am indebted to it for the success I have had with this program to this point.

So if you're looking for a meeting to squeeze in Saturday evening, or are looking for a regular group of friends to spend Saturday night with, stop by – you could be doing a lot worse.

Eric R.

"After a While"

After a while you learn the subtle difference between holding a hand and chaining a soul and you learn that love doesn't mean leaning and company doesn't always mean security.

And you begin to learn that kisses aren't contracts and presents aren't promises and you begin to accept your defeats with your head up and your eyes ahead with the grace of woman, not the grief of a child and you learn to build all your roads on today because tomorrow's ground is too uncertain for plans and futures have a way of falling down in mid-flight.

After a while you learn that even sunshine burns if you get too much so you plant your own garden and decorate your own soul instead of waiting for someone to bring you flowers.

And you learn that you really can endure you really are strong you really do have worth and you learn and you learn with every goodbye, you learn...

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CENTRAL OFFICE ACTIVITY-July

Total Calls Handled by Both Offices: 2445

Main and Satellite Office Volunteers

12 Step Calls	30
Meeting Information	977
General Information	420
Walk-in Customers	302

Night Owl Volunteers

12 Step calls	22
Meeting Information	697
General Information	299



You are not drunk if you can lie on the floor without holding on.

GROUP CONTRIBUTIONS TO CENTRAL OFFICE— July

GROUP DONATIONS 2008 BY MONTH			CITY AND MEETINGS			JUL	YTD			
ALISO VIEJO			^	^						
BUENA PARK			^	^						
CAPISTRANO BEACH			^	^						
Su 9:30A-Sandy Survivors, Doheney						\$152				
Fr 7:00P-Friday Knights, 25976 Domingo						\$161				
Sa 6:00P-Keep It Simple, 34381 Portola						\$152				
CORONA DEL MAR			^	^						
Dly 7:00A-Solutions Oasis, 5th & Marg						\$1,750				
M-F 6:45A-Daily Attitude Adj, 5th & Marg						\$700				
Mo 7:00P-Baywood Disc, 1601 Marg						\$290				
Tu 12:00P-Noonatics, 800 Marguerite						\$175				
Th 6:00P-Happy Hour (M)'s Pacific View						\$70				
Fr 7:30P-Rebels Disc, 611 Helio						\$607				
Fr 8:00P-BB Stdy, 3233 Pacific View						\$245				
COSTA MESA			^	^						
Dly 7:00A-Daily Reflect, 2040 Placentia						\$50	\$500			
Dly 7:30A-As Bill Sees It, 2501 Harbor						\$700	\$1,400			
Dly 12:15P-New Lease/Life, 1545 Nwprt						\$1,190				
M-F 6:45A-Morning Meditat, 183 E. Bay						\$248	\$968			
M-F 12:00P-Noon Rec, 420 W. 19th St.						\$184	\$1,312			
Su 10:00A-BB Over Donuts, 301 Victoria						\$115				
Mo 12:00P-Clean & Serene BB, 660 Baker						\$40	\$80			
Mo 12:00P-High Noon Step, 660 Baker						\$59				
Mo 7:00P-Livg Sober Grp, 2040 Placentia						\$100	\$150			
Tu 6:00P-Living Sober, 2040 Placentia						\$70				
Tu 7:00P-A 11th Step Sol, 2850 Fairview						\$200				
Tu 7:30P-Balboa Broads, 420 W 19th St						\$155				
Tu 7:30P-(M)'s Last Gaspers, 695 W 19th						\$60				
We 12:00P-High Noon Step, 660 Baker						\$40				
We 7:00P-(W)'s Source Str, 3116 Van						\$75				
We 7:30P-BB Trivia (M)'s Stag, 1545 New						\$229				
Th 5:30P-(W)'s Its/Book Study, 2040						\$20	\$64			
Th 7:00P-12 Steps & 12 Trads, E Bay						\$60				
Th 7:30P-Candlelight Disc, 420 W. 19th						\$105	\$175			
Fr 12:00P-Bizman Stag, 660 Baker						\$18	\$75			
Fi 6:30 P-FGIF Women 183 E.Bay St.						\$85	\$85			
Fr 7:30P-(M)'s Back to Bas, 420 19th						\$47				
Fr 8:00P-BB Stdy, 1865 Anaheim						\$50				
Sa 9:30A-(M)'s, Charle Street						\$120				
Sa 9:30A-Charle St. Overflow, 2025 Charle						\$502				
Sa 9:30A-(M)'s By The Book, 102 E. Baker						\$135	\$415			
Sa 9:30A-Sat Morn (W)'s Gr, 2040 Placen						\$175	\$315			
Sa 6:00P-Cover-To-Cover, 183 E. Bay St.						\$60	\$170			
Sa 8:00P-Keep It Simple, 2850 Fairview						\$96	\$96			
CYPRESS			^	^						
Su 5:00P-Happy Hour Topic, 4552 Lin						\$40	\$65			
DANA POINT			^	^						
Dly 7:00A-Hard Core Harbor, 34451 Ens						\$4,250	\$9,520			
Su 9:30A-DP Spkr 1st/mo Wind & Sea						\$60	\$60			
Mo 5:30P-(W)'s Disc, Ensenada & DPH						\$223	\$682			
Mo 7:00P-Promises, 34052 Del Obispo						\$70	\$193			
Tu 9:30A-(W)'s Back/Basics 24642 SJ						\$209	\$613			
Th 7:00A-(W)'s Harb Topic Disc, S Juan						\$159				
Fr 12:15P-Fri Lunch (W)'s BB, 33841						\$25	\$25			
Fr 7:00P-GV, 33926 Calle Primavera						\$180	\$468			
Sa 7:00P-Sprkr, 33926 Calle Primavera						\$108	\$204			
FOUNTAIN VALLEY			^	^						
We 8:00P-Disc, 10280 Slater						\$140				
Th 6:00P-(M)'s Stag, 216 N. Malden						\$100				
Su 8:00P-Sun Nite Spkr Mtg, 1115 Orange						\$50				
GARDEN GROVE			^	^						
Su 7:30A-Red Eye Grp, 9845 Belfast						\$138				
Tu 7:00P-Top/Key Book Stdy, 9th & Lamp						\$80	\$240			
Tu 7:30P-Heartspk (W)'s, 9845 Belfast						\$100				
We 10:00A-Ovr 50 Sin/Purp, 9845 Belf						\$45				
We 12:00P-(W)'s, 9845 Belfast						\$40				
Th 10:00A-Over 40 Disc. Grp, 9845 Belf						\$60				
Th 7:00P-SS, 12432 9th St.						\$25				
Th 8:00P-Sprk, 9845 Belfast Dr.						\$40				
Fr 10:30A-(W)'s (C)12 & 12, 9845 Blfst						\$36	\$108			
Sa 10:30A-BB Stdy, 9845 Belfast						\$95				
Sa 8:00P-Sat Nite Spkrs, 9845 Belfast						\$20				
HUNTINGTON BEACH			^	^						
Dly 6:00A-Early Birds, 18582 Beach #2						\$44				
Dly 7:00A-Hggrs/Bill Sees It, 8200 Ellis						\$1,775				
Dly 7:30A-Attitude Mod., 18582 Beach						\$32				
Dly 8:00A-Hggrs II, H.B Lifegrnd Tower 11						\$1,065				
Su 6:00A-Cover/BB Stdy, 18582 Beach						\$150				
Su 9:00A-On/Beach, Lifegrnd Tower 11						\$180				
Su 10:00A-Sober Sharing, 18582 Beach						\$50				
Su 5:00P-Creative Sharing, 18582 Beach						\$210	\$210			
Su 7:30P-Disc, 20444 Magnolia						\$120	\$600			
Mo 12:00P-(W)'s Bill Sees It, 18631 Chap						\$270				
Mo 6:00P-Sprkr/Q&A/Part, 6622 Lakeview						\$350				
Mo 6:30P-Both Books, 16871 BolsaChic						\$50				
Mo 7:00P-(W)'s Sans, 18631 Chapel Ln.						\$240				
Mo 7:30P-(M)'s BB & 12&12, 1912 Flor						\$400				
Mo 7:30P-BB Stdy, St Simon & Jude						\$70				
Tu 1:00P-Harmony (W)'s, Edinger/										
Denney's						\$40	\$80			
Tu 6:00P-Disc, 18582 Beach Blvd.						\$20	\$20			
Tu 7:30P-Beginners (M)'s, 19820 Beach						\$573				
Tu 7:30P-(W)'s Disc., 8200 Ellis						\$130				
Tu 7:30P-(W)'s Serenity BB, 20444 Magn						\$172				
Tu 8:00P-Newcms (M)'s Grp, 20444 Magn						\$187				
Tu 8:00P-Tues Nite Zeider Ln, 17461 Z Ln						\$111				
We 7:30A-Attitude Mod, 18582 Beach						\$90				
We 2:00P-Seniors & Friends 1718 Orng						\$60	\$312			
We 6:30P-(W)'s Step Stdy, 7641 Talbert						\$60	\$60			
We 8:00P-Here & Now, 16871 Bolsa Chi						\$45				
We 8:00P-HB Part, 20444 Magnolia						\$119				
Th 7:30A-Attitude Mod, 18582 Beach						\$60	\$120			
Th 10:00A-(W)'s BB Stdy, 18631 Chapel						\$70	\$130			
Th 6:00P-Ovr 40/Going Strong, 18582 Bch						\$100				
Th 7:30P-11th Step Disc., 1912 Florida						\$77				
Fr 10:00A-Step Sisters, 20444 Magnolia						\$56	\$239			
Fr 6:00P-(M)'s/Solution, 17461 Zeider						\$210				
Fr 6:30P-BB Stdy, 16400 Springdale						\$100				
Fr 7:30P-BB Stdy, 16650 Saybrook Lane						\$210				
Fr 8:00P-HB Downtowners, 2000 Main						\$30				
Sa 7:30A-Attitude Mod, 18582 Beach						\$180				
Sa 7:30A-(M)'s Stag, 18582 Beach						\$100	\$235			
Sa 7:30A-(M)'s Disc, 9812 Hamilton						\$60	\$120			
Sa 9:30A-W BB Stdy, 18582 Beach						\$60	\$226			
Sa 10:00A-(W)'s BBStdy, 18631 Chapel						\$103				
Sa 7:00P-Sat Nite Live BB, 18631 Chapel						\$90				
IRVINE			^	^						
Dly 6:30A-Sunrise Sobriety, 4400 Barr						\$749	\$4,609			
M-F 12:00P-Irvine Noon Grp, 5101 Alton						\$300	\$1,820			
Su 10:00A-Donut Mtg, 6670 Alton Pky						\$420				
Mo 6:30P-Easy Does It, 4949 Alton						\$169	\$470			
Mo 6:30P-Gypsies (W)'s, Turtlerock CC						\$130				
Mo 7:30P-(W)'s Disc., 15 Orange Tree						\$60	\$120			
Tu 6:00P-Courage To Change, 18182 Culv						\$140				
Tu 7:00P-(M)'s K.I.S. 12X12, 14301 Yale						\$140				
We 6:30P-B. B. Topic Disc., 5001 Nwprt						\$53	\$576			
We 7:30P-Wild Bunch Beg's, 10 Federat						\$144				
We 8:00P-12 Solutions SS, Harvard						\$200				
Th 12:00P-Irvine (M)'s Lunch, 5001 Nwprt						\$100	\$403			
Th 6:30P-(W)'s Gypsies, Deerfield & Turtle						\$82	\$456			
Fr 10:30A-Over 50 Grp, 6670 Alton						\$414				
Fr 12:00P-(W)'s Topic Disc, 5101 Alton P						\$275				
Fr 5:30P-Topic Disc.Grp, 6400 Alton Pky						\$40	\$530			
Fr 7:00P Winning Tkt Bk Stdy, 1 Sunnyh						\$89	\$551			
Fr 7:30P-Boys in Sobriety, 4400 Barranca						\$483				
Fr 8:00P-Nite Wild Bunch, 18422 Culver						\$100				
Fr 8:00P-Little Grp, 18422 Culver						\$345				
Sa 9:15A-SS, 5101 Alton Pky						\$17	\$579			
Sa 11:00A-Acceptance, 3 Ethel Cop						\$126	\$728			
Sa 11:00A-B.B Stdy, 1 Sunnyhill - Turtle						\$72	\$192			
Sa 7:00P-Sprks, 1 Sunnyhill - Turtle						\$50	\$310			
LAGUNA BEACH			^	^						
Dly 7:00A-Attitude Adj, 20456 LCR						\$450	\$1,000			
Dly 7:05A-Attitude Adj, 31872 PCH						\$840	\$2,656			
Dly 7:05A-Attitude Adj, 31106 PCH (C)						\$30	\$90			
M-F 7:00A-Meets/Ruby's, 30622 PCH						\$16				
M-Sa 7:00A-Horse Theives, 30622 PCH						\$30				
Su 7:05A-Montage Grp, (Montage)						\$950	\$1,705			
Su 10:00A-Heisler Park Disc, Cliff						\$200	\$325			
Su 10:30A-Sunday Q&A, 31872 PCH						\$30				
Su 6:00P-As Bill Sees It, 340 St Anns						\$20	\$40			
Su 6:00P-GV Stdy, 21632 Wesley Dr						\$293				

Donations Continued from page 8

LA HABRA		^	^
M-F 6:30A-Topic Disc, 100 W. La Habra	\$60		
LAKE FOREST		^	^
Mo 6:00 P-Saddleback Valley Grp 24601 Ray	\$40	\$40	
We 7:45P-Back To Basics, 23262 El Toro	\$60	\$60	
Th 7:30P-Mustard Seed SS, 23262 El Toro	\$302		
LA MIRADA		^	^
LOS ALAMITOS		^	^
We 7:30P-Ice Breakers Grp, 4111 Katella	\$200		
Th 7:30P-Cover/Cover, 11082 Wallingsford	\$20		
MISSION VIEJO		^	^
Mo&Th 7:30P-BB Stdy, Jeronimo & Marg.	\$210	\$490	
Mo 7:00P- (W)'s SS, 26051 Marg.	\$120		
Mo 7:00P-(W)'s Book Stdy, 26558 Marg.	\$161		
Mo 7:30P-B/Ring (M)'s Stag, 27641 Aqua	\$75		
We 9:30A-(W)'s, 26051 Marguerite Pky	\$150		
Th 9:30A-(W)'s 12 x 12, 26001 Blascos	\$170		
Sa 7:15P-Mission Spkrs, 24932 Veterans	\$160		
NEWPORT BEACH		^	^
M-F 6:30A-Balboa Round Table, 605 Balboa	\$500		
M-F 12:15P-Shark@Aquatic, 1Whitecliffs	\$2,350		
M-F 5:30P-Fish Out'a Water, 414 E. 32nd	\$150		
Su 11:30A-Here and Now, 414 E. 32nd St.	\$45	\$95	
Su 9:30A-Sandy Survivors, On/Beach	\$425		
Su 7:00P-Primary Purp Grp, Dover&16th	\$239	\$394	
Mo 9:00A-(W)'s Step Stdy, 414 E. 32nd	\$210		
Mo 12:30P-Back Bay (M)'s, 1201 Irvine	\$700		
Mo 3:30P-Living Sober, 414 E. 32nd St.	\$525		
Mo 6:45P-Beg.&Trad Grp, 1400 Balboa	\$469		
Mo 8:00P-(M)'s Disc, 301 Nwprt Blvd	\$500	\$953	
Mo 8:00P-(W)'s Beg Disc, 301 Nwprt Blvd	\$217		
Tu 3:30P-Disc, 414 E. 32nd St	\$140	\$372	
Tu 6:00P-Dover (W)'s 12 & 12, 798 Dover	\$140		
Tu 7:00P-B St Bonfire-1st Fire Ring/Ocean	\$100		
Tu 7:00P-(W)'s B/Stdy, 2414VistaDelOro	\$166		
Tu 7:30P-(M)'s12&12Stdy, 2100 Mar Vista	\$69	\$69	
We 3:30P-SS, 414 E. 32nd Street	\$42		
We 6:00P-Men's, 414 E. 32nd Street	\$59		
We 7:00P-Steps&Trads, 2100 Mar Vista	\$60		
We 7:30P-Wed Night (M)'s, 2401 Irvine	\$200		
We 7:30P-BB Stdy, 600 St. Andrew	\$100	\$100	
Th 7:00P-Over 40's, 414 32nd Street	\$130		
Fr 12:15P-(M)'s Business Disc, 414 32nd	\$350		
Sa 6:00P-Discover Grp, 1 Whitecliff Dr.	\$350		
Sa 8:30P-Hoag Hut Spkr, 301 Nwprt Ave	\$780		
ORANGE		^	^
Dly 7:00A-Early Birds, 812 Town&Cntry	\$100	\$1,057	
Su 11:00A-Sun Pumprs, 705 W LaVeta	\$140	\$700	
Su 6:00P-Chapter 9 OBS, 250 Prospect	\$50		
Su 7:00P-Spkr/Orange, 1800 E LaVeta	\$124		
Mo 7:00P-(W)'s Step Stdy, 161 Orange	\$71	\$571	
Mo 7:30P-Beg Disc, 705 W La Veta	\$182		
Tu 7:00P-Double Scoop Bk Stdy, W La Veta	\$35	\$35	
We 7:00A-New Beg (W), 812 Town & C.	\$60		
Fr 7:00P-As Bill Sees It, 161 S. Orange	\$90	\$90	
RANCHO SANTA MARGARITA		^	^
Su 7:00P-Old Time AA 12&12, 30605 FI	\$125		
Mo 7:00P-(W)'sSta/Sober, 30382VCD	\$100		
Tu 7:30P-Old Time BB Stdy, 30322 VCD	\$449		
We 7:30P-RSM StepStdy, 30382 VCD	\$270		
Th 7:30P-11th Stp Spt Disc, 22521 Emp	\$245		
Fr 7:30P-Roads End Part, 30322 VCD	\$240		
Sa 10:30A-(W)'s BB Stdy, VCD	\$100	\$200	
SAN CLEMENTE		^	^
Mo 7:00P-N.O.I. (M)'s, Camino Capist	\$210	\$630	
Tu 6:00P-(W)'s Disc, 190 Ave La Pata	\$161	\$293	
Fr 8:00P-Aragon Spkrs, 202 Ave Aragon	\$79	\$479	
SAN JUAN CAPISTRANO		^	^
Dly 7:00A-Eye Opener, 27514 C Arroyo	\$231	\$4,293	

Su 5:00P-1 Hr Top Disc, 27514 C Arroyo	\$162	\$354	
Tu 7:00P- Hear Here Part, 27514 C Arroyo		\$431	
We 7:00P-11th Step Disc, 27514 C Arroyo		\$60	
Th 6:00P-Do The Steps, 32202 Del Obispo		\$120	
Th 7:00P-Joy of Sobriety, 31495 E C Real		\$147	
Th 7:30P-(M)'s Q & A, 32202 Del Obispo		\$469	
Fr 6:00A-Taking a Trip, 27174 Ortega Hwy		\$477	
SANTA ANA		^	^
Mo-Sa 7:30A-Disc Early Birds, 212 Elk		\$48	
Su 5:00P-Two Or More, 721 Euclid		\$70	
Fr 8:00P-51/50, 614 Bush Street		\$145	
SEAL BEACH		^	^
Mo 7:30P-Seal Bch Spkrs, 500 Marina Dr	\$175	\$1,035	
We 7:30P-(M)'s SS, 8th & Central	\$40		
SILVERADO CANYON		^	^
Th 7:30P-Fireside Disc, 17641 Silverado Cyn		\$72	
SUNSET BEACH		^	^
Su 10:00A-Sunset Bch Mtg, PCH & Warner		\$88	
Su 1:00P-(W)'s 12 Step Study, 16865 PCH		\$50	
Su 7:00P-11th SS, 16865 PCH		\$240	
Mo 7:00A-Disc, 16865 PCH		\$60	
Tu 7:00A-Disc, 16865 PCH		\$50	
Tu 6:00P-Disc, 16865 PCH	\$30	\$90	
Tu 8:00P-BB Study, 16865 PCH		\$65	
We 12:00P-Promises Meet, 16865 PCH		\$60	
Th 7:00A-Disc, 16865 PCH		\$60	
Th 7:30P-Participation, 16865 PCH		\$60	
Fr 7:00A-Disc, 16865 PCH		\$60	
Fr 12:00P-Disc, 16865 PCH		\$40	
Sa 7:30A-Disc, 16865 PCH	\$140	\$280	
Sa 7:00P-Rule 62 Spkrs, 16865 PCH	\$200		
TUSTIN		^	^
Dly 6:00A-Foothill Early Risers, 19211		\$400	
Dly 6:00A-Attitude Adj, 14662 Nwprt		\$300	
Dly 6:00A-Attitude Mod, 130 W. Main	\$549	\$2,467	
Dly 12:00P-Brown Baggers, 130 W. Main		\$1,156	
Dly 5:30P-Rush Hour, 130 W. Main.	\$240	\$2,490	
M-F 12:00P-Alkies Winners, 555 W. Main	\$384	\$1,881	
Su 9:02A-Spkrs, 130 W. Main		\$190	
Su 7:00P-Sober & Crazy Spkrs, 130 W Main		\$831	
Mo 7:30P-(M)'s Disc, 130 W Main		\$232	
Tu 7:00P-BB Stdy, 19211 Dodge	\$118	\$118	
Th 8:00P-Steps 1-4, 1201 Irvine		\$120	
We 7:00P-Lucky Stiffs (M)'s, 18542 Vander	\$77	\$162	
We 7:00P-(W)'s Solutions, 19211 Dodge		\$322	
Th 9:00A-(W)'s SS, 14402 Prospect		\$70	
Th 12:00P-(W)'s 12 & 12 BB, 19211 Dodge		\$102	
Th 6:15P-(W)'s Living Sober, 1201 Irvine Bl		\$250	
Th 7:00P-12 Steps & 12 Trads, 225 Main		\$63	
Fr 7:30P-Turning The Corner, 1221 Wass		\$373	
Fr 8:00P-Disc, 130 W Main		\$100	
Sa 8:00P-Visiting Spkrs, 1221 Wass	\$100	\$419	
VILLA PARK		^	^
Dly 7:30A-24 Hour Book Grp, 17855 Santia	\$337	\$1,022	
Su 7:00P-11th Step Prayer & Meditation		\$25	
WESTMINSTER		^	^
Mo 7:30P-12&12Beginners, 15750 Mag	\$125	\$206	
WHITTIER		^	^
UNLISTED GROUPS		^	^
Santa Ana 12-Step Bk Stdy P Laceys Hse	\$157	\$157	
Su 5:30P-H.B. Creative Sharing, 18582 Bea		\$210	
Su 7:30 P-St Marks Disc. Mtg.	\$123	\$123	
Mo 7:00 P- Mens Accountability Gr. Yorbal	\$40	\$40	
Tu 6:00P-Stepsisters Wandering UL		\$100	
Tu 7:30 BB Tape Study	\$201	\$201	
Tu 5:30P-BB Tape Stdy (UL) IR		\$650	
We 8:00P-Beginners (UL) GG		\$30	
We 7:00P-(W)'s Book Stdy (UL)Monarch Bc	\$50	\$50	
Th Joe Quinn BK Stdy, (UL) LB		\$20	
Fr 8:00P-Family Afterward (UL) Sunset B		\$210	
Sa-HB-Camel		\$60	

We-6:00P-SC-Kampfyrre Girlz UL	\$79	\$309	
Mo 7:00P YL (M)'s Surrender UL		\$20	
WANDERING GROUPS		^	^
Sa 8:00P-Orange County Wandering Grp		\$40	\$60
(W)'s Wandering-Irvine			\$243
Th 6:30P-RSM (3rd Thurs) Wandering			\$70
MISC. DONATIONS		^	^
OCCO Change Can		\$35	\$69
Satellite Office Change Can		\$123	\$167
Intergroup Meeting			\$540
AOCYPAA			\$334
4th Step Workshop, Laguna Beach		\$61	\$366
PERSONAL DONATIONS		^	^
Anonymous/January			\$30
Anonymous/March			\$37
Anonymous/March			\$250
Anonymous/April			\$50
Anonymous/April			\$250
Anonymous/May			\$250
Anonymous/June			\$250
Anonymous/July		\$308	\$308
Anonymous/wed night BB CM		\$70	\$70
B. H, Dana Point			\$20
Crystal B, Rancho Santa Margarita			\$70
Ed M, San Clemente	\$1,032	\$1,032	
David S, Fountain Valley			\$100
June L, Irvine			\$175
Laura D. San Juan Capo Bch		\$30	\$30
Linda L, Lake Elsinore			\$360
Virginia S, Irvine		\$85	\$160
IN LOVING MEMORY		^	^
Memorial to Violet M/40 yrs. 6/10/1968			\$40
GROUP INFORMATION REQUESTED		^	^
Receipt # 8953			\$108
Receipt # 9326			\$20
Receipt # 9340			\$150
Receipt # 9389			\$60
Receipt # 9787			\$175
Receipt # 9772			\$396
Receipt # 9774			\$210
Receipt # 9838			\$422
Receipt # 42			\$250
Receipt # 67			\$40
Receipt # 97			\$180
Receipt # 118 - Seal Beach Fri Night			\$256
Receipt # 147			\$68
Receipt # 178			\$532
Receipt # 170 Saddleback Valley Grp			\$40
Receipt # 280 Lag Bch AA Miracles Happen			\$386
Receipt # 282			\$60
Receipt # 330		\$100	\$100
Receipt #340		\$175	\$175
TOTALS		\$25,771	\$126,484





Orange County H & I
 On the 2nd Sunday of the month
 Garden Grove Alano Club, 714-534-2244
 9845 Belfast Drive, Garden Grove, CA
 For additional info call 714-979-8524
 Or Central Office: 714-556-4555

*To Carry the Message of Alcoholics Anonymous to the
 Alcoholic who is confined in a Hospital or Institution*

South Orange County H & I
 3rd Wednesday of the month, 7:30 pm
 Laguna Canyon Club, 949-497-1823
 20456 Laguna Canyon Rd., Laguna Beach

BE OF SERVICE!!

**"ALCOHOLICS ANONYMOUS,
 HOW MAY WE HELP YOU?"**

CALL FORWARDING:

The call forwarding program, instituted by Orange County Central Office, insures that our help line phones are answered by volunteers 24/7. During hours when the Central Office is closed, calls to the Central Office are forwarded to a call forwarding volunteer's home or cell phone, where the volunteer answers the calls just as if he or she were sitting in the Central Office. This service allows the Central Office to realize a significant costs savings because we do not need to contract with a phone answering service. Even more vital, when a call is placed to Alcoholics Anonymous in Orange County, the caller will be talking to an Alcoholics Anonymous member, not a phone service! This truly is "front-line" 12th Step work and we would appreciate any time you can give.

SHIFTS:

Monday thru Friday shifts are 9pm to 6am and 6am to 9am. Saturday shifts start with the 6am to 9am. The Central Office opens and covers from 9am to 1pm on Saturdays. The phones are then forwarded to volunteers to cover from 1pm to 4pm, 4pm to 7pm, 7pm to 10pm and 10pm to 6am. Sunday and Holiday shifts are 6am to 10am, 10am to 2pm, 2pm to 6pm, 6pm to 10pm and 10pm to 6am.

VOLUNTEERING:

In order to volunteer for this service it is suggested that you have two years of sobriety. You must also arrange with the Central Office manager in Santa Ana or the Satellite Office Manager in Mission Viejo for a brief orientation session which will be held at one of the offices. Shifts are available. Please call the Central at (714) 556-4555 or the Satellite Office at (949) 582-2697.

THANK YOU FOR YOUR SUPPORT!!

ORANGE COUNTY INTERGROUP ASSOCIATION OF AA

Statement of Income and Expenses for Period Ending 7/31/2008

	JULY	YTD
INCOME		
Group Donations	23,931.43	122,151.52
Individual/Fellowship	1,488.00	3,652.40
Literature Sales	9,950.53	80,062.69
Birthday Donations	1,128.00	3,371.24
In Memoriam	0.00	40.00
Intergroup Donations	102.71	643.12
Special Events	0.00	0.00
Interest Income	313.43	1,926.62
Misc. (Repaid Bounced Checks)	0.00	522.66
TOTAL INCOME:	36,914.10	212,370.25
EXPENSES		
Audits/Accounting	2,400.00	4,900.00
Auto (All Managers)	85.85	454.66
Bank Charge	0.00	0.00
Cash/Invoices Over/Short	-0.84	-34.94
Insurances	3,002.43	21,860.50
Intergroup Expense	90.00	1,384.09
Lease Expense	389.07	2,723.49
Maintenance & Repairs	152.46	637.38
Volunteers Coffee + Water	81.19	544.81
Offices' Supplies	353.43	2,177.74
Pension Fund	166.68	1,166.76
Postage	43.70	353.13
P/I, Donated Literature	433.00	1,449.98
Rent Main/Satellite Offices	3,620.71	25,276.97
Salaries	10,674.72	74,829.51
Payroll Tax Expense	816.60	6,669.79
Taxes & Licenses	63.89	176.01
Telephone Expense	468.85	3,130.53
LIFELINE Expense	1,175.10	8,346.70
Cost of Literature Sold	8,836.28	71,097.01
Special Events	2,000.00	3,084.96
Reconciliation Discrepancies	0.00	60.00
Misc. (Returned Checks)	0.00	1,155.66
TOTAL EXPENSES:	34,853.12	231,444.74
INCOME/(LOSS):	2,060.98	-19,074.49

THE LIFELINE, 1526 BROOKHOLLOW DR., SUITE 75, SANTA ANA, CA 92705- Published monthly by the Orange County Intergroup Association

Purpose: The Orange County Lifeline Committee is a committee of volunteer A.A. members, charged with the responsibility of producing and distributing the Orange County Lifeline, (a publication of the Orange County Intergroup Association). The Lifeline is published monthly and is supported solely through contributions from the A.A. groups and members of Orange County. The Lifeline is published to meet the following needs of the Orange County A.A. membership: to inform the A.A. membership regarding A.A. service, A.A. events and A.A. announcements; also to share experience in recovery, unity and service; to keep the A.A. membership informed regarding the actions, finances and meetings of the Orange County Intergroup Association and other Central Office committees.

Lifeline Committee: Meets the 1st Thursday of each month at the Central Office. Join us @ 7PM.

Bill W., (Chair); Jim S., Phil F., Nick M., George L., Eric R., Dave H., Tarcy H. (Editor)

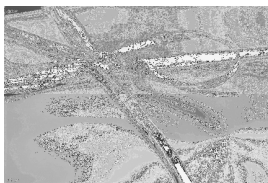
Mail submissions to the above address or send email to: lifelineeditor@yahoo.com

The Gifts Keep On Coming

As I grew up my attitude was that I could do it my way without your help. If I needed your help I would manipulate until I got it, or I hated you. As a result of a good butt kicking, I had a moment of clarity -- a clear view of who I was and what I had become.

By my continued drinking and doing things my way, I had become aware that I was an alcoholic. The effect alcohol had on me was profound and sudden. I wanted to feel differently and alcohol allowed that. At the end of my drinking I was alone and hated myself. I could not stand to look at myself in the mirror. It was a lot to accept all at once.

As a necessary event in my recovery, I decided to enter a 21-day detox. There I was told what alcoholism was, and given the time to see the truth. Honestly, now that I had this problem, the question came up, what was I going to do about it? Thank goodness for the patient people of A.A. They allowed me and encouraged me to attend meetings. I began to feel part of the meetings.



Some of you had told me that if I was to give A.A. a chance to work, I had to do certain things. One of them was to attend 90 meetings in 90 days. To avoid getting worse (because I could see that I had been getting worse) I grabbed on to this thing called A.A. with both hands. I got a sponsor and remained mostly teachable. He introduced me to the Steps.

What some of you were saying I was hearing and -- even more importantly -- I was doing. One of the things you said you were doing with great success was praying. I tried it and eventually began to feel a Presence in my life.

After detox, I moved into a recovery house and returned to the little business that I had all but destroyed. Slowly, with the application of some of the A.A. principles, that little businesses grew until after 16 years it was sold so my wife and I could retire. While in the recovery house, I continued to go to meetings and stick out my hand to the new people in A.A. What a wonderful bunch of friends they have become.

My family, three sons and a wife, have all been affected by my recovery as they were my disease. My wife began attending Al-Anon and my oldest son has been sober in A.A. for many years. Six grandkids and terrific relationships with my brothers and parents are more of the gifts of A.A. There have been so many gifts that sometimes I forget where they came from and begin to think "look what I did." I know where these things come from and I am very grateful most of the time.

Walter Kent M., Huntington Beach

"Don't be afraid to take a big step if it is indicated. You can't leap a canyon in two small jumps."
 Anonymous

Happy Birthday!!



Help keep the doors of AA open so that new members may receive the same help so many of us have already received. Make a donation of any amount for an AA Birthday—yours or someone else's—and we will help celebrate by publishing their name and years of sobriety in the *Lifeline*.

Please send donation to:
Orange County Central Office
 1526 E. Warner
 Suite 75, Santa Ana California 92705

Paige V.	Laguna Niguel	4 years
Kevin S.	Laguna Niguel	4 years
Robin B.	Huntington Beach	12 years
Jeffrey R.	Dana Point	14 years
Eve P.	Laguna Niguel	15 years
Cynthia S.	Laguna Woods	17 years
JP	Fountain Valley	17 years
Maureen K.	Laguna Niguel	25 years
Ed M.	San Clemente	32 years
Nancy J.	Costa Mesa	35 years
Ralph D.	Lake Forest	37 years
Lois M.	Monarch Beach	52 years

The Orange County Intergroup Association Meeting
 Wednesday, September 10th at 7:00 PM
 Kaiser Hospital, 6650 Alton Parkway @ Sand Canyon, Irvine
 The meeting will be held in the MOB2 (New Building 5th Floor)
 Rooms ASN-5209 + 5210

ORANGE COUNTY INTERGROUP SERVICE BOARD



Chair, Frank M. • Vice Chair, John P.
 Treasurer, Ken S. • Secretary, Beth E.
 Central Office, Dave M.

Who? What? When? Where?

- Public Relations Committee, Nick N.
 Meets the 3rd Wednesday of the month at 6:30 pm
- Group Relations Committee, Carlos T.
 Meets the 4th Wednesday of the month at 7:00 pm
- Lifeline Committee, Bill W.
 Meets the 1st Thursday of the month at 7:00 pm
- Special Events Committee, Debbie M.
 Meetings scheduled as needed
- H & I Committee, Nick M.
 Meets the 2nd Sunday of the month at the Garden Grove Alano Club. Institutions meet at 4:00 pm; Hospitals meet at 6:00 pm. South Orange County H & I meets at the Laguna Beach Canyon Club the 3rd Wednesday of the month at 7:30 pm.

With the exception of H & I, the above committees meet at Central Office, 1526 Brookhollow, Suite 75, Santa Ana, CA 92705. If you are interested in serving on a committee or would like more information please contact the above or Central Office at 714-556-4555.

Your service is appreciated!

RECOVERY WORD SEARCH

A WORD SEARCH, like all the others you've seen: words can be up, down, across or diagonal. Have fun, and win a few minutes of free sobriety!

Reprinted, with thanks, from the *Ventura County Tradition*

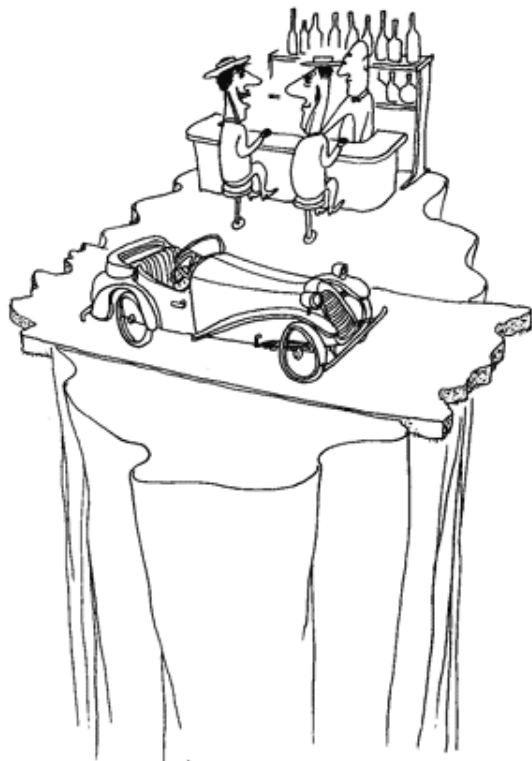
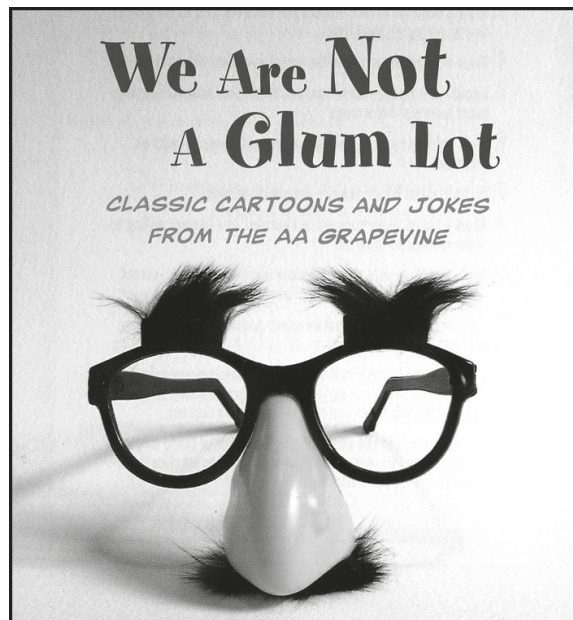
There are also 12 AAs. Can you find them all?

F C L A N O N P U R P O S E A A
 O O A P U R T R A A R R S R N N
 U N U U N P R I N C I P L E S O
 N T T N I A A M P O R E A Q U A
 D R I I D N D A R M E R A U O A
 A O R T A A I R I P Q S T I M N
 T V I Y U N T Y M A U O T R O O
 E E P A T O I I A S I N R E N I
 D R S A H N O S O S R A A M O T
 L S P U O Y N E M N E L C E T C
 E Y I N R M S R E S M I T N U A
 G U R I I I M V S E E T I T A R
 A N I T T T E A S R N I E R C T
 C I T A Y Y C A G E L E D A T T
 T T U A S T N A V R E S A D A A
 N O I T O M O R P E G A S S E M

Legacy
 Traditions
 Anonymity
 Spiritual
 Unity
 Foundation

Principles
 Personalities
 Authority
 Servants
 Requirement
 Autonomous

Primary
 Purpose
 Message
 Controversy
 Attraction
 Promotion



VIP

Having dialed the number of a newcomer, I got the following recording:
 "I am not available right now, but thank you for caring enough to call. I am making some changes in my life. Please leave a message after the beep. If I do not return your call, you are one of the changes."



A cop was patrolling his beat and came upon a drunk trying vainly to shove a door key into a lamppost. Feeling humorous, the officer said, "It's no use fella. There's no one home."
 "Ah, but you're wrong." replied the drunk. "There's a light on upstairs."



"You know what we need? We need a drink."