

# Lifeline



SANTA ANA, CALIFORNIA

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Orange  
County  
Intergroup  
Association

## Step 8

*Made a list of all persons we had harmed, and became willing to make amends to them all.*

Number 8 of 12 articles on the 12 Steps

This step is probably the one they were looking at when they first said, "*What an order, I can't go through with it!*". I mean, look at all the harm **they've** done **me**. Can't we call it even? And sometimes the harm done me was drastically more than the harm I had done. Besides, even in those instances where I had done more harm, (or in some cases, all the harm) the willingness to make amends simply was not there. Of course, this attitude completely ignored what I had asked God to do in the preceding step. Step seven took me to the source of all my power, in order to remove my character defects and the attendant pain and discomfort caused by those character defects. It is absolutely amazing how these steps seem to build on prior work!

So, once again I had to remember the source of my power, and that not so subtle direction in the 8<sup>th</sup> step as written in the Big Book, "*Remember it was agreed at the beginning we would go to any lengths for victory over alcohol*", My sponsor sent me all the way back to the first two steps, which were so well encapsulated in the abc's.

a. *that we were alcoholic and could not manage our own lives*

b. *that probably no human power could have relieved our alcoholism*

c. *that God could and would if He were sought. Being convinced, we were at Step Three.* I had to ask myself if I was still convinced of these three points, or as the original manuscript of the Big Book said, "*If you are not convinced on these vital issues, you ought to re-read the book to this point or else throw it away!*"

I was convinced. I had my list. So, I prepared for the 9<sup>th</sup> step the only way I could – I prayed that simple prayer I still too often take for granted, the one that starts out, "God, grant me the serenity..... And I went on.

A member of A.A. in Orange County

*Text in italics re-printed from the Big Book with permission of Alcoholics Anonymous World Services, (AAWS)*

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The Orange County Intergroup Association meeting  
Wednesday, August 8th., at 7:00 PM.  
Ayes Hotel & Suites, 325 Bristol St.  
Breton East & West Meeting Rooms  
Costa Mesa, CA 92626

# The Eighth Tradition

*"Alcoholics Anonymous should remain forever nonprofessional, but our service centers may employ special workers."*

Throughout the world A.A.s are "12th stepping" with thousands of new prospects a month. Between one and two thousand of these stick on our first presentation; past experience shows that most of the remainder will come back to us later on. Almost entirely unorganized, and completely nonprofessional, this mighty spiritual current is now flowing from alcoholics who are well to those who are sick. One alcoholic talking to another; that's all.

Could this vast and vital face-to-face effort ever be professionalized or even organized? Most emphatically, it could not. The few efforts to professionalize straight "12th Step" work have always failed quickly. Today, no A.A.® will tolerate the idea of paid "A.A. Therapists" or "organizers". Nor does any A.A. like to be told just how he must handle that new prospect of his. No, this great life-giving stream can never be dammed up by paid do-gooders or professionals. Alcoholics Anonymous® is never going to cut its own life lines. To a man, we are sure of that.

But what about those who serve us full time in other capacities--are cooks, caretakers and paid Intergroup secretaries "A.A. professionals"?

Because our thinking about these people is still unclear, we often feel and act as though they were such. The impression of professionalism subtly attaches to them, so we frequently hear they are "making money out of A.A.", or that they are "professionalizing" A.A. Seemingly, if they do take our A.A. dollars they don't quite belong with us A.A.s any more. We sometimes go further; we underpay them on the theory they ought to be glad to "cook" for A.A. cheap.

Now isn't this carrying our fears of professionalism rather far? If these fears ever got too strong, none but a saint or an incompetent could work for Alcoholics Anonymous. Our supply of saints being quite small, we would certainly wind up with less competent workers than we need.

We are beginning to see that our few paid workers are performing only those service tasks that our volunteers cannot consistently handle. Primarily these folks are not doing 12th Step work. They are just making more and better 12th Step work possible. Secretaries at their desks are valuable points of contact, information and public relations. That is what they are paid for, and nothing else. They help carry the good news of A.A. to the outside world and bring our prospects face to face with us. That's not "A.A. therapy"; it's just a lot of very necessary but often thankless work.

So, where needed, let's revise our attitude toward those who labor at our special services. Let us treat them as A.A. associates, and not as hired help; let's recompense them fairly and, above all, let's absolve them from the label of professionalism.

Let us also distinguish clearly between "organizing the A.A. movement" and setting up, in a reasonably business-like manner, its few essential services of contact and propagation. Once we do that, all will be well. The million or so brother alcoholics who are still sick will then continue to get the break we 60,000 A.A.s have already had.

Let's give our "service desks" the hand they so well deserve.

Bill W., *Grapevine*, July, 1948

# Speaker Meetings

## Garden Grove

Saturday Night Speakers  
8:00 pm  
Garden Grove Alano Club  
9845 Belfast Dr  
8/4 Demetrius, Los Angeles  
8/11 Plain Jane  
8/18 Cole H., Tustin  
8/25 Indian Chuck, Covina

## Huntington Beach

Saturday Night Lite Speakers  
7:00 pm  
HOW Hall, 18582 Beach Blvd  
Behind Flower Kiosk @ Ellis

## Newport Beach

Balboa Speaker Meeting  
7:30 pm, Thursday  
Newport Club, 414 East 32nd Ave  
8/2 Sharon C., Los Angeles  
8/9 Clancy I., Venice  
8/16 Theresa F., N Hollywood  
8/23 Larry T., Lakewood  
8/30 Yuko P., Culver City  
9/6 Paul C., Woodland Hills  
9/13 Lidia W., Woodland Hills  
9/20 Ron B., Sherman Oaks  
9/27 Joy A., Seal Beach

## Orange

No Puffers Speaker Meeting  
8:00 pm, Friday  
Community of Christ Church  
385 S. Tustin Ave  
8/3 Jim T., Orange  
8/10 Joann W., Tustin  
8/17 Laurie B., Garden Grove  
8/24 Louise G., Villa Park  
8/31 Russ D., Corona

## Sunset Beach

Rule 62 Speakers Meeting  
7:00 pm, Saturday  
Thursday's Fellowship Hall  
16865 Pacific Coast Hwy  
8/4 Lori D., Huntington Beach  
8/11 Hilda F., Pasadena  
8/18 Harbor H & I Panel  
8/25 Ken C., Santa Ana  
9/1 Norma Jean, Hawaii  
9/8 Beth E., Costa Mesa  
9/15 Mary O., Laguna Niguel  
9/22 Jeremy W., Los Angeles  
9/29 Jack R., Huntington Beach

*Many meetings,  
many chances;  
few meetings,  
few chances;  
no meetings,  
no chances*

## Tustin

Saturday Night Visiting Speaker  
8:00 pm  
St. Paul's Church, 1221 Waas  
8/4 Patrick V., Tustin  
8/11 Ron B., Tustin  
8/18 Joe C., Garden Grove  
8/25 Steve P., Tustin

Participation, Speaker, Q & A  
9:02 am—11:00 am, Sunday  
130 West Main Street (Hall)  
8/5 Claudia L., Tustin  
8/12 Lilly H., Yorba Linda  
8/19 Charles A., Santa Ana  
8/26 Dan M., Tustin

Sober and Crazy Sunday Night  
Speakers, 7:00 PM  
130 West Main Street (Hall)  
8/5 Elaine G.  
8/12 Brian T., Santa Ana  
8/19 Lynn S., Orange  
8/26 Mark W., Santa Ana



### SPEAKER INFO

To submit speaker meeting information please email [lifelineeditor@yahoo.com](mailto:lifelineeditor@yahoo.com) by the 15th of the month.

The listed speakers have been invited by the respective groups and their message does not imply the endorsement of the Orange County Intergroup nor their Central Office.

*Keeping an  
open mind is a  
virtue, but not  
so open that  
your brains  
fall out.*

-- James Oberg

## Principles of Alcoholics Anonymous®

### A Two-Way Street Called Forgiveness

The Lifeline continues its new feature -- the Principles of Alcoholics Anonymous -- with a review of what Forgiveness means for we alcoholics. In the September issue we will look at Freedom. -- *Editor*.

Forgiveness is a two-way street.

Once sober, it becomes necessary for us to make a consistent habit of forgiving others for slights and damages, real and imagined, that have accompanied us on our journey in life.

This is not nearly as difficult as it sounds although some of us have made it appear so. Where it formerly appeared that some of our acquaintances, employers, family members and once-trusted friends had wronged us, a sober examination usually revealed that often the mischief had been only in our imagination or somehow overly inflated. If, on further review, the damage seemed more than cursory, we asked God to help us reach accommodation with the affected party, using the Big Book's admonition (on Page 84) to let "love and tolerance" be our code. And even if that effort proved futile, we asked God to allow us to continue to pray for resolution. We don't abandon any effort.

The situation varies somewhat when we are seeking forgiveness for our own wrongs. This is the other side of that two-way street. When we find ourselves immersed in a flood of our defects of character, it quickly becomes apparent that only a sincere application of the amends process will remove our difficulties.

Using our Fourth Step lists as our guide, we routinely find those areas in which reclamation can be sought. Most alcoholics have left a trail of inappropriate behavior throughout their lives. And that's exactly what the Steps are constructed to handle.

Fleece your boss out of some money? Carry tales about some office rival? Lie to your wife (or your husband) about where you went and who you went with? Cheat on an exam (at work or school) and then lie about it?

Coming clean with those who need to know the truth isn't always easy but it is vital since -- as we observed in this space back in April -- honesty isn't just the best policy. It is the only policy for Alcoholics Anonymous.

One last observation on forgiveness. Reviewing the first 164 pages of the book Alcoholics Anonymous, I find no suggestion that it could be beneficial to the recovery of this alcoholic to forgive myself. Only God can do that. The book instead tries to steer me away from any such self-seeking or selfish behavior, urging me to devote myself to the helping of others.

George L., Westminster

*There's no point in burying the hatchet if you're going to put up a marker on the site.* Sydney Harris

## Concept 8

"The trustees are the principal planners and administrators of overall policy and finance. They have custodial oversight of the separately incorporated and constantly active services, exercising this through their ability to elect all the directors of these entities." (short form)

The long form of Concept 8 is divided into two sections which explain the responsibilities of the trustees. Section (a) deals with large matters of over-all policy and finance, and states that in these matters the trustees are the principal planners and administrators. They directly plan, manage, and execute these affairs through their primary committees and among themselves.

Early on it was understood that there was a need for executive leadership for the day to day operation of the General Service Office, and the Grapevine operation, which the volunteer trustees could not provide. This business model would include a general manager of the office and an executive editor for the Grapevine magazine. So it was decided to form two (subsidiary) operating corporations - A. A. World Services, Inc. & The A. A. Grapevine, Inc. Each corporation would have a board of directors to provide the oversight needed for each of these operations and its staff. Each of these boards has 9 directors and consists of a mix of trustees and non-trustee directors, with the G.S.O. general manager and a staff assistant on the A.A.W.S board, and the G.V. Executive Editor on the G.V. board.

This is the context for section (b) in the long form of Concept 8, which talks about "our separately incorporated and constantly active services (A.A.W.S. & G.V.). It characterizes the relationship of the trustees as one of full stock ownership, and custodial oversight which they exercise through their ability to elect all directors of these entities. This "hands off" relationship goes back to Concept 3 in which we give the "right of decision" to the managers and corporate boards.

In this vein, each corporate board exercises its right to recommend which Regional and Class A trustees are preferred as part of its board. The trustees also recommend their choices for non-trustee directors, who also provide the exclusive pool from which the two general service trustees on each board are selected. So the corporate boards have a great deal of influence in their own operation. However, they do have to submit their selections to the Trustees Nominating Committee, which consists exclusively of trustees. The names are then sent to all the trustees for ratification before they are passed on to the general service conference for "disapproval, if any." This means that at this point it is a done deal unless 2/3 of the Conference vote to disapprove the whole slate.

It might seem that the trustees' committee, the trustees as a whole and the conference would be a rubber stamp for whomever is recommended, but this is not always the case. In recent years, the Trustees' Nominating Committee did, indeed, send back a Grapevine board nominee for General Service Trustee. This action was ratified by the General Service Board, and subsequently an alternate nominee was selected. In this case, the trustees were exercising their responsibility of oversight in accord with Concept 8.

Jim C., Costa Mesa



From the *Associated Press*  
Tuesday, July 3, 2007

CHICAGO - More than 30 percent of American adults have abused alcohol or suffered from alcoholism at some point in their lives, and few have received treatment, according to a new government study. Alcoholics who got treatment first received it, on average, at about age 30 — eight years after the average alcoholic developed dependence on drinking, researchers reported.

"That's a big lag," especially combined with the fact that only 24 percent of alcoholics reported receiving any treatment at all, said study co-author Bridget Grant, of the National Institute on Alcohol, Abuse and Alcoholism.

The treatment rate for alcoholics was slightly less than the rate found a decade earlier. The study did not look at reasons for the decline, but other research has revealed a belief among doctors and the public that treatment doesn't work.

However, Dr. Mark Willenbring, director of the Institute's Division of Treatment and Recovery Research, said evidence indicates that substance abuse treatment is more effective than treatments for many medical disorders.

Three common approaches to treating alcoholism are 12-step programs, cognitive behavioral therapy and motivational enhancement therapy. Medications such as Antabuse, Naltrexone and Campral also can help in combination with counseling, he said.

"The important thing is to engage with treatment and stick with it," Willenbring said.

About 42 percent of men and about 19 percent of women reported a history of either alcohol abuse or alcoholism during their lives. Whites and Native Americans were more likely than other ethnic groups to report drinking problems.

Alcohol abuse was defined as drinking-related failure to fulfill major obligations at work, school or home; social or legal problems; and drinking in hazardous situations. Alcoholism was characterized by compulsive drinking; preoccupation with drinking; and tolerance to alcohol or withdrawal symptoms. The definitions were based on the American Psychiatric Association's diagnostic manual.

Treatment; in the study's definition, could have been by a doctor or another health professional, in a 12-step program, at a crisis center or through an employee-assistance program.

The study, appearing in Monday's Archives of General Psychiatry, was based on a new analysis of the 2001-02 National Epidemiologic Survey on Alcohol and Related Conditions. The survey involved more than 43,000 face-to-face interviews with a representative sample of Americans, ages 18 and older. A previous report on the same data found that 4.7 percent of adults reported alcohol abuse in 2001-02, and 38 percent reported alcoholism.

The new analysis was the first to report on the prevalence of alcohol problems over a lifetime. The study was funded by the New York State Psychiatric Institute and the National Institute on Alcohol Abuse and Alcoholism, a division of the National Institutes of Health.



## Joe Zuska Pioneered Recovery for U.S. Navy

Thirty years after Bill W. and Dr. Bob opened the door for recovery from alcoholism, a Navy doctor did a bit of pioneering himself when he launched a program to allow drunken sailors to give up booze.

Dr. Joseph J. Zuska died May 17 at Los Alamitos Medical Center as a result of kidney failure and other ailments. He was 93.

Captain Zuska opened the program unbeknownst to the highest Navy authorities although the brass insisted that there was no such thing as alcoholism in the Navy. Citizens here, who had witnessed the conduct of visiting bluejackets on the Pike in downtown Long Beach, knew different.

"What are you doing about alcoholism in the Navy?" asked retired Navy Cmdr. Dick Jewell on a day in 1965.

"I had no answers," Zuska was quoted by the Los Angeles Times.

"The Navy, including myself, had no real understanding of the disease of alcoholism."

Jewell pushed hard enough for Zuska, then the senior medical officer at Long Beach Naval Station, to start the rehabilitation program at the station.

"That day they created what became the No. 1 system for treating alcoholics," said Dr. Joseph A. Pursch, who inherited the program when Zuska retired in 1970. The program is credited with the saving of literally thousands of lives, in and out of the service.

Born in Chicago in 1913, Dr. Zuska is survived by son John, daughter Sky St. Cloud and granddaughter Sarah Zuska. He is also survived by the thousands of men and women who came under his care at Long Beach Naval Station.

At Icebreakers, a Wednesday night meeting that met for years at a church on Katella Avenue in Los Alamitos, Zuska made periodic visits to celebrate the start of that meeting (and the start of the Navy program in 1965). Doctors and nurses filled that church hall on those anniversary dates and Zuska (often accompanied by Pursch), would urge those in attendance to "keep coming back."

A memorial was held on June 30 at Rush Park Auditorium in Rossmore and was attended by hundreds.

George L., Westminster

# The Voices

I have these voices in my head that tell me I am not good enough, smart enough, thin enough, pretty enough, spiritual enough, talented enough, etc. They tell me that I don't deserve the air I breathe or the space I take up on this planet. My friend Nancy calls them the Ladies in the Attic. When they are being particularly nasty or mean they seem more like snarling hounds in my head.

If I take a test I must get an A or they tell me I am a failure. If I get an A I must find out by any means if I received the highest A in the class, if not, they tell me I am a failure. If I find out I received the highest A, they tell me it isn't important because the test must not have been that hard if I could get the highest A.

There are times when it seems like they have sent out invitations and invited all the Ladies from your attic over to my Attic for a party. They start jumping up and down and stomping while laughing and shouting at me that I was responsible for the things my father did to me, that if I had been a more loveable child my parents would have taken care of me and protected me or perhaps my grandparents would have cared what was happening to me. They try to convince me that I have totally screwed up my children and that they will always suffer from my shortcomings as a mother.

Then they pull out the projector with the old home movies of my past behavior. It is all shown as tawdry and seedy images from the National Inquirer. There are scenes of the drinking and drugging, unromantic nonrelationships that never should have been, car accidents and arrests, or just the events where I was hurtful or dishonest. It's like a motion picture of my fifth step. When I got sober, I probably should have given them a pencil and paper and let them take my inventory. As it was, writing a fifth step was like taking notes during a movie.

Besides, the running commentary on my past behavior and unworthiness, they give me suggestions, telling me I could have one drink, no one would know, or it would be acceptable to lie in this situation because the person I am lying to deserves it. The Ladies argue with me when I think I should make amends for my behavior. They help me justify and rationalize even the worst of my behavior.

Lately I realized there is another side to these Voices. When I was new I heard the saying, "What other people think of me is none of my business. My business is what I think of them." I believe I grasped the first part of this concept a lot quicker than I grasped the second part of the concept. But one day when I was writing in my journal, I realized that I was feeling a little off kilter, uneasy, not pleased with myself. I had spent the week end being "concerned" about another member of the program and

their character defects. It slowly came to me that when I think poorly about another human being the Ladies in the Attic turn on me. It starts as a slow whisper and gains momentum and volume until they are screaming at me once again that I am unworthy to be on this planet. It is as if my thoughts of others are played through the loudspeakers of my Voices. Every unkind thought or action is played back in living color.

What I have discovered is that the more I pull their covers, the less I feed them with negative thoughts of others, the more I expose these voices to the light of day, the more I tell you what they are saying, the quieter they get. During the process of outing the Ladies, came the awareness that I am not alone. A lot of people have these noisy "friends." I don't know if everyone has them, but when I recently did a performance piece about them, people young and old recognized them.

Nancy H.  
Laguna Hills



*"No, Bottlesby, I wouldn't class you as the solitary type of drinker".*

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## Seeking Outside Help

When we work with others, especially that newcomer who walks through the door confused and befuddled, not knowing where to go or what to do, they start asking questions, but are they always getting the most responsible answers?

That's the reason for this article. I would love to see that new person who is so vulnerable and, like a child, very impressionable, taught and directed responsibly. There are people in A.A. that think they know better than the doctors. The Big Book tells us that we know only a little. There is no place in the book, or in any of our other literature that gives somebody the right to play doctor and to say "Get off your medication. You are not sober", or, if a newcomer is on medication, "I will not sponsor you".

People have committed suicide because of those words, or wound up in long term mental hospitals. I hear this stuff all the time, and it makes me very sad. I was at an H & I meeting recently, and heard of someone going to a facility (Hospital) and telling all the patients to get off their medication. As a result, this person lost their panel.

We need to be responsible. I have a friend who is a newcomer; she takes medication for anxiety. She asked somebody to sponsor her, and that person said they wouldn't be her sponsor until she got off her "meds". She is taking them as prescribed by her doctor. I was always taught in A.A. that this was appropriate, and I am coming up on 26 years.

There is a pamphlet called The A.A. member-Medications & Other Drugs. This was put together by physicians in A.A. There are several points we must follow when it comes to someone on medication; no A.A. member plays doctor, be completely honest with yourself, and your doctor, these are just a couple of points, and they are on the front page.

This pamphlet is very informative when it comes to what is needed concerning prescribed medication. The Big Book says that sometimes we need to seek outside help. When we discourage someone from seeking and using this help, it is like telling somebody to stop taking medication for their heart, or insulin for diabetes. Unless you have a M.D. behind your name, I am not about to listen to you. Otherwise, it is called practicing medicine without a license. We need to be responsible for our own sobriety. (Responsibility is the key word). If you are not sure how to work with others or sponsor someone properly, read the sponsorship pamphlet, and the chapter on "Working with Others" in the Big Book.

Scott R.  
Anaheim, CA.  
Group Relations  
O.C.C.O

### IN BAD TASTE:

A drunk staggers out of a bar and into a nearby cathedral. He eventually stumbles his way down the aisle and into a confessional. After a lengthy silence, the priest asks, "may I help you, my son?" "I dunno," comes the drunks voice from behind the partition. "You got any toilet paper on your side?"

# Happy Birthday



## August Birthdays



Barbara D.	Long Beach	2 years
Keith P.	Orange	12 years
Roseanne R.	Stanton	15 years
Jolene Z.	Costa Mesa	20 years
Mary J.C.	San Clemente	20 years
Doug and Joan	Irvine	22 years
Bob C.	Ketchum, ID	23 years
Wanda R.	Huntington Beach	27 years
Carolyn F.	Huntington Beach	29 years
June L.	Irvine	31 years
Bobbie F.	Huntington Beach	35 years

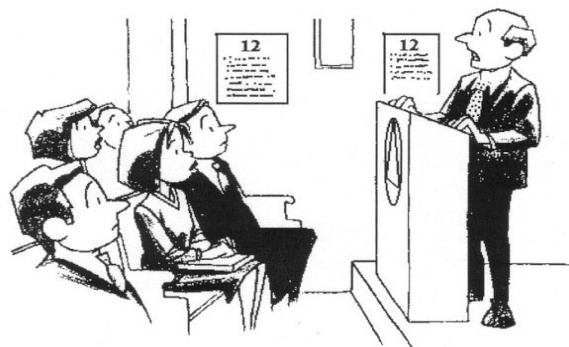
Many A.A. members celebrate their AA Birthday by sending a donation to Central Office. These donations help to keep the doors of the office open so that new members may receive the same help so many of us already have received. Others make a quarterly donation, or simply make Personal Contributions. All donations are greatly appreciated.

Clip and send with your Birthday contribution

FOR \_\_\_\_\_ CITY \_\_\_\_\_

Sobriety Date/years \_\_\_\_\_ Amount Enlosed: \_\_\_\_\_

Send to:  
Orange County Central Office  
1526 E. Warner Ave., Suite 75  
Santa Ana, CA 92705  
(714) 556-4555



"And now we will have a 10 minute break so you can all check your cell phones."

**GROUP CONTRIBUTIONS TO CENTRAL OFFICE— JUNE**

CITY AND MEETING	JUN	YTD						
<b>CAPISTRANO BEACH</b>	^	^						
Su 7:00P-60 Min.Beginr.Grp, 102 E. Baker		\$385						
Fr 7:00P-Friday Knights, 25976 Domingo	\$140	\$210						
Sa 9:30A-Pines Park Disc, Pine Bluffs Prk		\$133						
Sa 6:00P-Keep It Simple, 34381 Portola		\$233						
<b>CORONA DEL MAR</b>	^	^						
Dly 7:00A-Solutions Oasis, 5th & Marg.	\$114	\$1,323						
MF 6:45A-Daily Attitude Adj., 5th. & Marg.	\$157	\$727						
Mo 7:00P-Baywood Disc., 1601 Marguerite	\$20	\$20						
	\$1,00							
Tu 7:00P-Mens Participation, 611 Heliotrope		\$0	\$1,000					
Th 6:00P-Happy Hour Men's Pacific View		\$161						
We 7:30P-Living Sober Grp, 611 Heliotrope		\$281						
Th 7:30P-Living BB Study, 611 Heliotrope		\$50						
Fr 7:30P-Rebels Disc., 611 Heliotrope		\$258						
<b>COSTA MESA</b>	^	^						
Dly 7:00A-Daily Reflect, 2040 Placentia	\$50	\$200						
Dly 7:30A-As Bill Sees It, 2501 Harbor	\$490	\$490						
MF 6:45A-Morning Meditat., 183 E. Bay	\$280	\$745						
MF 12:00P-Noon Rec., 420 W. 19th St.		\$1,434						
Su 3:00P-Member's Eye View, 2040 Placentia		\$46						
Su 7:00P-60 Min.Beginr.Grp, 102 E. Baker		\$75						
Mo 12:00P-Clean&Serene B.B., 660 Baker		\$160						
Mo 7:00P-Livg Sober Grp, 2040 Placent.		\$170						
Tu 7:00P-A25011th Step Solutions, 2850 Fairv		\$200						
Tu 7:30P-Balboa Broads, 334 1/2 University		\$21						
We 12:00P-High Noon Steppers, 660 Baker		\$80						
We 7:00P-Women's Source Strength, 3116 Van	\$50	\$50						
We 7:00P-Mens B.B. Study, 102E. Baker		\$90						
We 7:30P-Back to Basics, 420 19th St		\$83						
Th 5:30P-Topic Disc., 3151 Airway Ave.	\$61	\$61						
Th 7:00P-12 Steps & 12 Traditions, E. Bay		\$30						
Fr 12:00P-Noon Participation, 2040 Placentia		\$45						
Fr 12:00P-Businessman Stag, 660 Baker #421	\$24	\$144						
Fr 6:30P-Family Afterwards, 102E. Baker		\$50						
Fr 7:30P-Mens Back to Basics, 420 19th St		\$98						
Fr 8:00P-Big Book Study, 1865 Anaheim		\$50						
Sa 9:30A-Charle St. Overflow, 2025 Charlie	\$100	\$400						
Sa 9:30A-Men's By The Book, 102 E. Baker	\$160	\$402						
Sa 9:30A-Sat Morning Women's Gr, 2040		\$81						
Sa 6:00P-Cover-To-Cover, 183 E Bay St	\$50	\$85						
Sa 8:00P-Keep It Simple, 2850 Fairview	\$100	\$145						
<b>CYPRESS</b>	^	^						
Fr 6:00P-Living Sober, 5201 Evergreen		\$40						
<b>DANA POINT</b>	^	^						
Dly 7:00A-Hard Core Harbor Grp		\$9,304						
Mo 5:30P-Women's Disc, Ensenada & DPH		\$417						
Th 10:30A-Wmn's Book Stdy, 33501 Stonehill	\$85	\$85						
Th 7:00A-(W) HarborTopic Disc.S Juan&VL		\$126						
Fr 12:15P-Fri Lunch Women's BB, 33841		\$25						
Fr 7:00P-Grapevine, 33926 Calle Primavera		\$240						
Sa 7:00P-Speaker, 33926 Calle Primavera		\$381						
<b>FOUNTAIN VALLEY</b>	^	^						
Dly 6:00A-Solutions, 16581 Brookhurst		\$200						
We 8:00P-Discussion, 10280 Slater		\$56						
<b>GARDEN GROVE</b>	^	^						
Mo 12:30P-Daylight Disc., 9845 Belfast		\$60						
Tu 7:00P-Top of the Key Bkstdy, 9th&Lampsn	\$80	\$335						
We 10:00A-Ovr50Single.ofPurpose, 9845Blfst	\$50	\$50						
Th 10:00A-Over 40 Disc. Grp, 9845 Belfast	\$60	\$60						
Th 7:00P-Step Study, 12432 9th St.		\$60						
Fr 10:30A-Women's (C)12 & 12, 9845 Blfst		\$72						
Sa 10:30A-Big Book Study, 9845 Belfast	\$113	\$241						
<b>HUNTINGTON BEACH</b>	^	^						
Dly 6:00A-Early Birds, 18582 Beach #2	\$199	\$421						
Dly 7:00A-Hggrs As Bill Sees It, 8200 Ellis		\$650						
Dly 7:30A-Attitude Mod., 18582 Beach		\$180						
Dly 8:00A-Huggers II, H.B Lifegr Tower 11	\$291	\$1,298						
Su 9:00A-On The Beach, Lifegr Tower 11		\$90						
Su 10:00A-Sober Sharing, 18582 Beach		\$50						
Su 12:00P-3rd Step Meeting, 18582 Beach		\$50						
Su 5:00P-Creative Sharing, 18582 Beach		\$200						
Su 7:30P-Discussion, 20444 Magnolia St	\$120	\$360						
Su 9:00P-On the Beach, PCH @ Hunt Towr	\$90	\$90						
Mo 12:00P-Women's As Bill Sees It, 18631		\$210						
Mo 6:00P-Sprkr/Q&A/Part., 6622 Lakeview		\$70						
Mo 7:30P-B.B. Stdy, 20444 Magnolia St		\$70						
Mo 7:00P-Men's B. B. Stdy, 1912 Florida	\$100	\$170						
Mo 7:30P-Big Book Study, 20444 Magnolia		\$140						
Mo 7:30P-Wmn's Sans , 18631 Chapel Ln.		\$150						
Tu 1:00P-Harmony Women's, Edinger	\$40	\$280						
Tu 7:30P-Beginners Mens, 1912 Florida	\$420	\$700						
Tu 7:30P-Women's Disc., 8200 Ellis	\$120	\$120						
Tu 7:30P-Wmn's Serenity B.B., Mag	\$133	\$253						
Tu 8:00P-Newcomers Stag, 20444 Magnolia		\$130						
Tu 8:00P-Tues.Night Zeider Ln, 17461 Z.	\$40	\$165						
We 7:30A-Attitude Modif, 18582 Beach		\$60						
We 2:00P-Seniors & Friends 1718 Orange		\$60						
We 6:00P-Discussion, 18582 Beach #2		\$100						
We 6:30P-Wmn's Step Stdy, 7641 Talbert		\$100						
We 8:00P-Here & Now, 16871 Bolsa Chica		\$60						
We 8:00P-Participation, 20444 Magnolia St	\$151	\$151						
We 8:00P-Recovery Radicals, 301Newport		\$240						
Th 10:00A-Wmn's B. B. Stdy, 18631 Chapel		\$120						
Th 7:30P-11th Step Disc., 1912 Florida	\$58	\$122						
Fr 10:00A-Step Sisters, 20444 Magnolia St		\$118						
Fr 6:00P-Eleventh Step Round Robin		\$121						
Fr 6:30P-Big Book Study, 16400 Springdale		\$100						
Fr 7:30P-B.B.Stdy,Heil & Saybrk(Com.Club)		\$70						
Sa 7:30A-Attitude Mod., 18582 Beach		\$60						
Sa 7:30A-Men's Stag, 18582 Beach	\$70	\$140						
Sa 7:30A-Men's Discussion, 9812 Hamilton		\$30						
Sa 9:30A-Wmn's Big Book Study, 18582		\$193						
Sa 10:00A-Wmn's B.B.Stdy, 18631 Chapel	\$72	\$192						
Sa 7:00P-Sat.Night LiveBBStdy, 18631		\$40						
<b>IRVINE</b>	^	^						
Dly 6:30A-Sunrise Sobriety, 4400 Barranca	\$1,071	\$3,003						
MF 6:30A-It's A New Morning, 4915 Alton		\$334						
MF 12:00P-Irvine Noon Grp, 5101 Alton	\$450	\$2,610						
MF 5:30P-On The Way Home, 2777		\$274						
Su 10:00A-Donut Mtg., 6670 Alton Prkwy.	\$161	\$760						
Mo 6:00P-Women's B. B. Topic, 6670 Alton		\$123						
Mo 6:30P-Easy Does It, 4949 Alton	\$105	\$336						
Mo 6:30P-Women's BB Topic Disc, 4949	\$10	\$10						
Mo 7:30P-Women's Disc., 6000 Irvine Cntr.	\$82	\$304						
Tu 6:00P-Courage To Change, 18182	\$84	\$168						
Tu 7:00P-Men's K.I.S. 12X12, 14301 Yale Ave.		\$70						
We 6:30P-B. B. Topic Disc., 5001 Nwprt Cst	\$90	\$275						
We 7:30P-Wild Bunch Begin, 18842 Teller		\$105						
We 8:00P-12 Solutions Step Study, Harvard	\$50	\$300						
Th 6:30P-(W) Gypsies, Deerfield	\$90	\$284						
Fr 10:30A-Over 50 Group, 6670 Alton		\$366						
Fr 5:30P-Topic Disc.Group, 6670 Alton		\$242						
Fr 8:00P-Big Group, University & Culver		\$69						
Sa 9:15A-Step Study, 6670 Alton Pkwy		\$446						
Fr 10:30A-Over 50 Group, 6670 Alton		\$56						
Sa 9:15A-Step Study, 6670 Alton Pkwy	\$89	\$137						
Sa 11:00A-Acceptance Grp, 3 Ethel Coplen		\$462						
Sa 11:00A-B.B Study, Turtle Rock		\$228						
<b>LAGUNA BEACH</b>	^	^						
Dly 7:00A-Attitude Adjustment, 20456 LCR		\$1,300						
Dly 7:05A-Attitude Adj, 31872 PCH Hosp.		\$2,208						
MF 7:00A-Meetings At Roby's, 30622 PCH		\$20						
Su 7:05A-Montage Group, (Montage Resort)	\$174	\$1,020						
Su 10:00A-Heisler Park Disc., Cliff&Jasmine		\$230						
Su 6:00P-Discussion, 20456 LCR		\$100						
Su 6:00P-As Bill Sees It, 340 St Anns Dr.		\$70						
Su 6:00P-Grapevine Study, 21632 Weseley Dr	\$88	\$88						
Mo 6:30P-Big Book Study, 20456 LCR		\$108						
Mo 6:30P-Women's Big Book Study, Wesley		\$75						
Mo 7:00P-Mon Night Men's Stag @Patricks		\$153						
Mo 8:00P-Men's Stag, 20456 LCR		\$120						
Mo 8:00P-Men's BB Study, 31872 PCH		\$70						
Mo 8:00P-South Coast Men's, 340 St. Ann's Dr		\$400						
Tu 12:30P-Serenity-Sea Women's, Wesley	\$62	\$136						
Tu 12:00P-Promises Discussion, 20456 LCR		\$129						
Tu 12:30P-Women's Discussion, 20456 LCR		\$490						
Tu 6:00P-Here & Now, 20456 LCR		\$60						
We 7:00A-WhaleWatch.Men's,PCH&Westley		\$550						
We 12:00P-Anything Goes, 20456 LCR		\$70						
We 6:00P-Beginner's, 20456 LCR	\$50	\$155						
We 7:00P-Men's Step Study, 384 Legion		\$45						
We 8:00P-Men's Participation, 21632 Wesley	\$140	\$170						
Th 12:30P-Women's Disc., 415 Forest Ave.	\$210	\$330						
Th 6:00 P-Women's Discussion,20456 LCR	\$70	\$210						
Th 6:30P-Mens's QYOB 12& 12 Step Study		\$140						
Fr 12:00P-Question & Answer, 20456 LCR		\$70						
Fr 6:00P-Fri Nite Lit. Disc., 21632 Wesley Dr.	\$145	\$145						
Fr 6:0								

Donations continued...

Th 9:30A-Women's 12 x 12, 26001 Blascos	\$60	
Sa 7:15P-Mission Speakers, 24932 Veterans	\$80	\$185
<b>NEWPORT BEACH</b>		
Dly12:15P-Old Nwprt Nomads, 414Old Nwprt	\$883	
M-S 7:00A-Roundtable Disc, 414 E. 32nd St	\$800	
MF 6:30A-Balboa Round Table, 605 E Balboa	\$418	
MF 12:15P-Shark@Aquatic, 1Whitecliffs	\$621	\$3,537
MF 5:30P-Fish Out'a Water, 414 E. 32nd	\$616	
Su 11:30A-Here and Now, 414 E. 32nd St.	\$50	
Su 9:30A-Sandy Survivors, On the beach	\$435	
Su 7:30P-Speakers, 414 E. 32nd St	\$675	
Mo 12:30P-Back Bay Men's, 1201 IrvineAve	\$700	
Mo 6:45P-Beg.&Tradition Grp,1400 Balboa	\$342	
Mo 7:00P-Over 40 Disc, 5th & Iris	\$25	
Mo 8:00P-Men's Disc, 301 Newport Blvd	\$200	\$726
Mo 8:00P-Women's Disc., 301 Newport Blvd	\$100	
Tu 7:00P-Beachcombers Mens, 605 Balboa	\$35	\$35
Tu 7:00P-Wmn's Book Stdy, 2414VistaDelOro	\$205	
Tu 7:30P-Men's12&12Stdy, 2100 Mar Vista	\$75	
We 6:30A-Big Book Topic Disc, 5001 NP	\$83	
We 7:30P-Wed Night Men's, 2401 Irvine	\$300	
We 7:30P-Big Book Study, 600 St. Andrew	\$60	
Th 7:00P-Over 40's, 414 32nd Street	\$75	
Th 7:30P-Balboa Spkr Group, 414 E. 32nd	\$200	
Fr 12:15P-Men's Business Disc., 414 32nd	\$280	
Fr 7:00P-Friday Q & A, 414 32nd Street	\$160	
Sa 12:10-Our Relationship w/God, 414 32n	\$25	
Sa 7:30P-Daily Reflections, 2100 Mar Vista	\$98	
Sa 8:30P-Hoag Hut Speaker, 301 Newport	\$300	\$1,300
<b>ORANGE</b>		
Dly 7:00A-Early Birds, 812 Town&Country	\$137	\$737
Su 11:00A-Sunshine Pumpers, 705 W LaVeta	\$420	
Mo 7:00P-Women's Step Stdy, 161 Orange	\$275	
Mo 7:30P-Beginning Disc, 705 W. La Veta	\$92	\$92
Th 6:00P-Enjoying Life, Last Thur of Month	\$10	
Th 7:30P-777 Men's Stag, 395 N. Tustin	\$500	
<b>RANCHO SANTA MARGARITA</b>		
Su 7:30P-Old Time12&12Study, Empressa	\$120	\$295
Mo 7:00P-(W)Staying Sober, 30382ViaConDio	\$177	
Mo 7:30P-Men's, 30605 Ave de la Flores	\$216	\$475
Tu 7:30P-Old TimeB.B.Stdy, 30322ViaCDios	\$180	
We 7:30P-RSM StepStudy, 30382 ViaCDios	\$189	
Fr 7:30P-Roads End Part., 30322 ViaCDios	\$150	
Sa 10:30A-Women's BB Study, ViaConDios	\$150	
<b>SAN CLEMENTE</b>		
Mo 7:00P-N.O.I. Men's, Camino Capistrano	\$210	\$613
Fr 7:00P-Women's Book Study, Ave.Aragon	\$50	\$170
Fr 7:00P-Fri. Nite Newcomers, 119 N. de la	\$66	
<b>SAN JUAN CAPISTRANO</b>		
Dly 7:00A-Eye Opener, 27514 CalleArroyo	\$183	\$381
Su 5:00P-1 Hr Topic Disc, 27514CalleArroyo	\$180	\$240
Mo 6:00P-B.B.Study, 27514 Calle Arroyo	\$55	
Tu 7:00P- Hear Here Part., 27514 C. Arroyo	\$200	\$250
We 7:00P-11th Step Disc, 27514 C. Arroyo	\$108	
Th 6:00P-Do The Steps, 32202 Del Obispo	\$142	
Th 7:00P-Joy of Sobriety, 31495 E.C. Real	\$202	
Th 7:30P-Men's Q & A, 32202 Del Obispo	\$186	\$628
<b>SANTA ANA</b>		
Dly 12 & 8pm-Nueva Luz, 2525 N.Grand	\$122	
Mo-Sa 7:30A-Disc. Early Birds, 212 S. Elk Ln	\$24	
Mo 7:00P-Men's Discussion, 1st&Lyon Elks L.	\$70	
We 7:30P-Wed Night Men's, 600 N. Main	\$128	
Fr 8:00P-51/50, 614 Bush Street	\$20	\$90
Sa 2:00P-Speakers, 910 N. French	\$100	
Sa 8:00P-Cooper Fellow.. Spkr, 417 N.	\$20	

<b>SEAL BEACH</b>		
We 7:30P-Men's Step Study, 8th & Central	\$115	
<b>SILVERADO CANYON</b>		
Th 7:30P-Fireside Disc, 17641 Silverado Cyn R	\$60	
<b>SUNSET BEACH</b>		
Su 7:15A-Sober Sunday Sunrise, 16865 PCH	\$120	
Su 9:00A-SoberOnTheSand, End of 16th St.	\$70	
Su 1:00P-Women's12StepDisc, 16865 PCH	\$50	\$50
Su 7:00P-11th Step Study, 16865 PCH	\$168	
Mo 7:00A-Discussion, 16865 PCH	\$213	
Mo 12:00P-Noon BB Study, 16865 PCH	\$60	\$60
Tu 7:00A-Discussion, 16865 PCH	\$120	
Tu 12:00P-Discussion, 16865 P.C.H.	\$110	
Tu 6:00P-Discussion, 16865 P.C.H.	\$30	\$90
We 12:00P-Promises Meeting, 16865 PCH	\$30	\$30
Th 5:30P-Women's Meeting, 16865 PCH	\$220	
Fr 12:00P-Discussion, 16865 PCH	\$40	
Fr 8:00P-Discussion, 16865 PCH	\$70	
Sa 7:30A-Discussion, 16865 PCH	\$135	
Sa 3:00P-Step & Tradition, 16865 PCH	\$60	
Sa 7:00P-Rule 62 Speakers, 16865 PCH	\$100	
<b>TUSTIN</b>		
Dly 6:00A-FoothillEarlyRisers, 19211Dodge	\$867	
Dly 6:00A-Attitude Adj, 14662 Newport	\$558	
Dly 6:00A-Attitude Mod, 130 W. Main	\$202	\$1,665
Dly 12:00P-Brown Baggers, 130 W. Main	\$217	\$981
Dly 5:30P-Rush Hour, 130 W. Main.	\$2,951	
MF 12:00P-Alkies Winners, 555 W.Main	\$245	\$791
Su 9:02A-Speakers, 130 W. Main	\$210	\$241
Su 7:00P-Chapt. 9 Book Study, 1201 Irvine	\$100	
Su 7:00P-Sober & Crazy Spkrs, 130 W. Main	\$175	\$637
Mo 7:30P-Men's Discussion, 130 W. Main	\$41	\$300
Mo 6:16P-Tustin Women's 12X12, 1221 Wass	\$70	
Tu 12:00P-Women's 12 & 12, 19211 Dodge A	\$24	\$158
Tu 7:00P-Big Book Study, 19211 Dodge	\$185	
Tu 8:00P-Steps 1-4, 1201 Irvine	\$60	\$120
We 7:00P-LuckyStiffsMen's, 18542Vanderlip	\$212	
We 7:00P-Women's Solutions, 19211 Dodge	\$183	\$273
Th 9:00A-Women's12&12, 14402 Prospect	\$70	
Th 12:00P-Women's Big Book, 19211 Dodge	\$95	
Th 6:00 P-Th 12&12 Step Study, 19211 Dodge	\$110	\$110
Th 6:15P-Women's Living Sober, 1201 Irvine Bl	\$77	\$212
Fr 7:30P-Turning The Corner, 1221 Wass	\$28	\$320
Sa 8:00P-Visiting Speakers, 1221 Wass	\$80	\$257
<b>VILLA PARK</b>		
Dly 24 Hour Group	\$332	
Fr 12:00P-Women's BB Study, 17855 Santiago	\$90	\$90
<b>WESTMINSTER</b>		
Mo 7:30P-12&12Beginners, 15750 Magnolia	\$70	
<b>WHITTIER</b>		
<b>UNLISTED GROUPS</b>		
Laguna Niguel 4th Step Workshop (Unlisted)	\$200	
Tu Twelve Step Workshop (Unlisted) SA	\$200	
Tu 5:30P-Big Book Tape Study, (Unlisted)	\$53	\$392
Tu 8:00P-Last Gasps (Unlisted)CM	\$50	
We 6:00P-Womens BB St(unlisted) Dana Point	\$30	\$30
We 7:00P-Wmn's Book Study (Unlisted)	\$50	
Th 7:00P-Big Book Study (Unlisted) LB	\$100	
Th 7:30P-LeisureWorld (Unlisted) LW	\$240	

<b>WANDERING GROUPS</b>		
Tu 6:00P-Chicks On The Run-Wandering		\$231
We Women's Wandering Group (Unlisted)		\$207
Sa 8:00P-Orange County Wandering Group		\$90
<b>MISC. DONATIONS</b>		
OCCO Change Can	\$13	\$41
Satellite Office Change Can	\$17	\$24
Intergroup Meeting	\$74	\$416
AOCYPAA		\$450
OCAAC 22nd Annual OC AA Convention	\$2,347	\$4,694
Open House Raffle - Central Office	\$141	\$141
Miracles Happen		\$269
<b>PERSONAL DONATIONS</b>		
Anonymous		\$500
Andrea H.		\$10
Cyndi H.		\$8
Chris K.		\$140
E. Douglas M. Irvine		\$400
Joe S. San Clemente		\$100
June L. Irvine	\$25	\$150
Linda L. Lake Elsinore	\$336	\$503
Richard B. Irvine		\$140
Missy B. Ladera Ranch		\$35
Mari K. Long Beach		\$70
Micheal V		\$150
Toni S. Tustin		\$45
Victoria M. Laguna Niguel		\$100
Vaun I. Laguna Beach		\$396
Wanda R. Huntington Beach		\$20
<b>IN LOVING MEMORY</b>		
Jerry E. Costa Mesa		\$30
Theda J. Laguna Woods		\$50
Kenneth C.		\$25
<b>GROUP INFORMATION REQUESTED</b>		
Receipt # 7899		\$240
Receipt # 7891		\$60
Receipt # 7974		\$67
Receipt # 7983		\$210
Receipt # 8041		\$120
Receipt # 8067		\$50
Receipt # 8172		\$190
Receipt # 8238		\$630
Receipt # 8239		\$280
Receipt # 8259		\$40
Receipt # 8260		\$70
Receipt # 8282 674451 SJC		\$238
Receipt # 8311 Toni S, Tustin		\$20
Receipt # 8334		\$98
Receipt # 8335		\$240
Receipt # 8351 606555		\$60
Receipt # 8399 Seal Beach Fr Nite BB (unlisted?)		\$200
Receipt # 8407 We 7:00P Womens Mtg		\$30
Receipt # 8190 60 Min Beginners Gp		\$350
Receipt # 8452 # 0147212		\$61
Receipt # 8491 Fri 12:15P Wmen's BB Lag Bch	\$25	\$25
Receipt # 9070 ck signed Kimberly Gulas (unable to locate)	\$50	\$50
Receipt # 9600 ck signed Laurie Macaulay (unable to locate)	\$60	\$60
<b>TOTALS</b>	\$17,262	\$108,257

**EVENTS**

August 3-5, 2007  
**15th Annual Foothill Roundup**  
**La Canada-Flintridge, CA**  
 Www.foothillroundup.org

August 3-5, 2007  
**2007 MAAD Dog Daze**  
**Cathedral City, CA**  
 www.aainthedesert.org

August 5, 2007, 11am-4pm  
**OC Intergroup Assoc Picnic**  
 Mile Square Park  
 "Forest Shelter"  
**Fountain Valley, CA**

August 17-19, 2007  
**22nd Annual Summer Serenity in the Sierras**

August 24-26, 2007  
**2007 Redwood Coast Roundup**  
**Fortuna, CA**  
 www.redwoodcoastroundup.com

August 30-September 2, 2007  
**49th ICYPAA**  
**Los Angeles, CA**  
 www.49thcypaa.org

August 31-September 2, 2007  
**30th Annual Sierra Nevada Roundup of AA**  
**Reno, NV**

August 31-September 2, 2007  
**Monterey Bay Area Roundup**  
**Monterey, CA**

September 7-9, 2007  
**Ventura County AA Convention**  
**Westlake Village, CA**  
 www.vcaac.org

September 21-23, 2007  
**56th Southern California AA Convention**  
**Garden Grove, CA**  
 www.aasocal.com

September 28-30, 2007  
**Woman to Woman**  
**San Diego, CA**  
 (714) 904-4428 Pat  
 www.womantowomansandiego.com

October 12-14, 2007  
**XXIII Santa Barbara Convention**  
**Santa Barbara/Goleta, CA**  
 www.sbaaconvention.org



One evening an old Cherokee told his grandson about a battle that goes on inside people. He said, "My son, the battle is between 2 wolves."

One is Evil. It is anger, envy, sorrow, regret, greed, arrogance, self-pity, guilt, resentment, inferiority, lies, false pride, superiority, and ego.

The other is Good. It is joy, peace, love, hope, serenity, humility, kindness, benevolence, empathy, generosity, truth, compassion and faith."

The grandson thought about it for a minute and then asked his grandfather, "Which wolf wins?"

The old Cherokee simply replied, "The one you feed."

*If found myself in a bottomless pit of sorrow and woe and despair.  
 When a ray of light revealed to me the steps of a shining stair.*

*In vain I tried to reach those steps, by myself it could not be done.  
 I cried for help and a voice replied, "  
 You are standing on Step Number One."*

*"Who's that?" I asked. "What do you want??"  
 "Can you tell me what to do?"  
 "Give me your hand," the voice answered,  
 "and you'll be on Step Number Two"*

*I held up my hand. I decided that I alone could not set myself free.  
 But I trusted that voice and it suddenly said,  
 "You are standing on Step Number Three."*

*I stop there and rest, and look at myself.  
 I don't think I can do anymore.  
 From somewhere above the voice came again,  
 "You are standing on Step Number Four."*

*Wherever you are, you don't understand, I don't deserve to be alive.  
 For I am a liar, a thief and a con.  
 The voice said, "You're on Step Number Five."*

*I'm not well, I'm not right. There's a lot wrong with me.  
 Is there anything that you can fix?  
 The voice came again and so gently replied,  
 "You are standing on Step Number Six."*

*All right then, I'll ask--can you take these away?  
 Can you make me feel closer to heaven?  
 "I love you," the voice said. "Your heaven's in you,  
 and you're standing on Step Number Seven."*

*There's so many I've harmed, my family I've hurt--  
 all the pain and the grief and the hate.  
 "It's alright my child," the voice calmly said.  
 "You are now on Step Number Eight."*

*"You must tell them you're sorry. You must make things right.  
 And then in their eyes you will shine."  
 "I'll do it," I whispered. And then the voice said,  
 "You're standing on Step Number Nine."*

*I must keep a close eye on my motives and self  
 'Cause there's wrongs that I may do again.  
 "Look at you," the voice said, "at how far you've come.  
 You are now on Step Number Ten."*

*I pray and I ask for knowledge and strength  
 I want to keep my direct line to heaven.  
 The voice is so close--it's as if it's right there,  
 saying "You're standing on Step Number Eleven."*

*And so here I stand, almost at the top.  
 Into all of my past I did delve.  
 Now I want to help others who are still in the pit  
 And the voice says, "This is Step Number Twelve."*

*This all feels so strange, I have left it behind,  
 All the pain and the anger and strife.  
 And the great thing about it--I need never return  
 to that miserable way of life.*

*I'm bathed in that light I first saw as a ray.  
 I'm happy and joyous and free.  
 I pray for those whom I wish I would see in these rooms,  
 And would take their example from me.*

*For although I'm not perfect, I will always know  
 There are choices that I have today.  
 I can live in that bottomless pit of despair,  
 Or I can live my new life in AA.*

Michelle B. 12/99

**ORANGE COUNTY  
INTERGROUP ASSOCIATION OF AA  
Statement of Income and Expenses for Period Ending 06/30/2007**

	<b>JUNE</b>	<b>YTD</b>
<b>INCOME</b>		
Group Donations	16,656.35	104,847.53
Individual/Fellowship	410.71	3,350.49
Literature Sales	10,073.26	61,002.59
Birthday Donations	449.00	2,053.65
In Memoriam	0.00	80.00
Intergroup Donations	74.00	416.39
Special Events	141.00	141.00
Interest Income	244.86	1,622.23
Misc. (Repaid Bounced checks)	0.00	234.12
<b>TOTAL INCOME:</b>	<b>28,049.18</b>	<b>173,748.00</b>
<b>EXPENSES</b>		
Audits/Accounting	1,874.48	1,874.48
Auto (All Managers)	86.33	439.91
Bank Charge	0.00	0.00
Cash/Invoices OverShort	13.29	-36.31
Insurances	1,801.88	15,343.53
Intergroup Expense	145.23	1,101.23
Lease Expense	389.07	2,334.42
Maintenance & Repairs	0.00	304.92
Volunteers Coffee + Water	191.52	643.06
Offices' Supplies	614.52	2,977.37
Pension Fund	166.68	1,000.08
Postage	82.00	665.65
P/I, Donated Literature	134.50	1,708.87
Rent Main/Satellite Offices	3,513.05	21,010.30
Salaries	10,263.56	59,241.43
Payroll Tax Expense	931.05	5,101.84
Taxes & Licenses	0.29	132.88
Telephone Expense	534.56	2,202.21
LIFELINE Expense	1,212.70	7,326.85
Cost of Literature Sold	7,909.28	47,897.76
Special Events	615.71	1,866.56
Misc. (Returned Checks)	0.00	571.12
<b>TOTAL EXPENSES:</b>	<b>30,479.70</b>	<b>173,708.16</b>
<b>INCOME/(LOSS):</b>	<b>-2,430.52</b>	<b>39.84</b>

**Pup Bites 'Bullet,' Inspires Alcoholics**

He grew up around a tavern on Chicago's West Side and started drinking at an early age.

Then one day last November, while drunk, he was struck by a truck while crossing the street in front of a bar. He suffered internal injuries and a broken leg.

He underwent surgery to repair the internal injuries, and a pin was placed in his leg. But the anesthetic triggered convulsions, a common symptom of alcoholism. He was turned over to a suburban alcoholism treatment center.

The victim, a 9-month-old, black-and-white mongrel puppy, is sober and healthy these days, and has become something of an inspiration for recovering alcoholics at the Abbey, a private treatment facility in Winfield, IL.

"He's helped save a lot of lives," said one patient.

Tramp, as the mixed terrier has come to be called because of his long whiskers, was born a stray and apparently grew up near a tavern when patrons regularly gave him handouts, including beer. He was sick, undernourished and often drunk, Abbey officials said.

Residents and employees of the Abbey nursed him to health after the accident, with medication, extra vitamins and exercise, by order of a veterinarian.

Now he's returning the favor.

Walk in the door of the Abbey and Tramp comes running. He tags along as one patient jogs each morning, curls up in bed with a different person each night and plays softball during the recreation period.


He even attends group and family counseling sessions, therapy work-shops, lectures and films along with the other patients.

"He comforts you, whether by crawling up on your lap or checking you out with his nose," a 19-year-old patient, said. "It's just good to have him there."

*From the September, 1981, Lifeline, quoting an article in the Chicago Tribune*



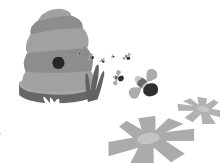
\*\*\*\*\*  
 \* The Lifeline is your paper. \*  
 \* Your contributions are greatly appreciated. \*  
 \* To submit speaker information, events, ideas, \*  
 \* suggestions, criticism, jokes and articles please email \*  
 \* lifelineeditor@yahoo.com \*  
 \* or fax (949) 716-3713. \*  
 \* You may also contact the editor at \*  
 \* (949) 241-6617. \*  
 \*\*\*\*\*



<b>CENTRAL OFFICE ACTIVITY-June</b>		
Total Calls Handled by Both Offices: 2448		
<b>Main and Satellite Office Volunteers</b>		
	<u>June</u>	<u>July</u>
12 Step Calls	22	17
Meeting Information	1042	968
General Information	602	526
Walk-in Customers	231	277
<b>Night Owl Volunteers</b>		
12 Step calls	14	11
Meeting Information	646	600
General Information	333	326

**Central Office Holidays**

- Labor Day, Monday, September 3rd
- Veteran's Day, Monday, November 12th
- Thanksgiving Day, Thursday, November 22nd
- Christmas Day, Tuesday, December 25th



A new meeting directory will be available at Central Office after August 1, 2007.

**THE LIFELINE**  
**1526 BROOKHOLLOW DR. , SUITE 75**  
**SANTA ANA, CA 92705**

*Published monthly by the Orange County Intergroup Association*

**Purpose:** The Orange County Lifeline Committee is a committee of volunteer A.A. members, charged with the responsibility of producing and distributing the Orange County Lifeline, (a publication of the Orange County Intergroup Association). The Lifeline is published monthly and is supported solely through contributions from the A.A. groups and members of Orange County. The Lifeline is published to meet the following needs of the Orange County A.A. membership: to inform the A.A. membership regarding A.A. service, A.A. events and A.A. announcements; also to share experience in recovery, unity and service; to keep the A.A. membership informed regarding the actions, finances and meetings of the Orange County Intergroup Association and other Central Office committees.

**Lifeline Committee: We meet the 1st Thursday of each month at the Central Office. Join us @ 7PM.**

Dave M. (Chair); Jim S., Phil F., Nick M., George L., Tarcy H. (Editor)

Mail submissions to the above address or email to Lifeline Committee at [lifelineeditor@yahoo.com](mailto:lifelineeditor@yahoo.com)

**CENTRAL OFFICE CALL FORWARDING SHIFTS**

Call-forwarding is the program instituted by Orange County Central Office whereby, during hours when the Central Office is closed, calls to the Central Office are forwarded to your phone and you answer the calls, just as if you were sitting in the Central Office as a volunteer. This service allows the Central Office to realize a significant cost savings because we do not need to contract to a vendor to answer the phone and forward the call on to a central Office 12<sup>th</sup> Step volunteer. Even more vital, when a call is placed to Alcoholics Anonymous, the caller will be talking to an A.A. member not a paid private worker! Many of the shifts listed below are currently filled by A.A. members. If you see a shift that you would be able to take, please call the Central Office at (714) 556-4555 to determine if that shift is currently unfilled.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	Holiday
6am-9am 9pm-6am	6am-9am 9pm-6am	6am-9am 9pm-6am	6am-9am 9pm-6am	6am-9am 9pm-6am	6am-9am 1pm-4pm 4pm-7pm 7pm-10pm 10pm-6am	6am-10am 10am-2pm 2pm-6pm 6pm-10pm 10pm-6am	6am-10am 10am-2pm 2pm-6pm 6pm-10pm 10pm-6am

<b>BACKUP</b>							
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	Holiday
6am-9am 9pm-6am	6am-9am 9pm-6am	6am-9am 9pm-6am	6am-9am 9pm-6am	6am-9am 9pm-6am	6am-9am 1pm-4pm 4pm-7pm 7pm-10pm 10pm-6am	6am-10am 10am-2pm 2pm-6pm 6pm-10pm 10pm-6am	6am-10am 10am-2pm 2pm-6pm 6pm-10pm 10pm-6am

In order to volunteer for this service, you must first arrange with the Central Office Manager for a brief orientation session which will be held at the Central Office. This truly is "front-line" 12<sup>th</sup> Step work and we would appreciate any time you can give.

**ORANGE COUNTY INTERGROUP SERVICE BOARD**  
**Contacts and Committee Information**

**Secretary**  
**Vice Chair,** Frank M.  
**Treasurer,** Grant M.  
**Chair Person,** Contact: Lew D.  
**Special Events Committee,** Debbie M.  
 Meetings scheduled as needed  
**Group Relations Committee,** Scott R.  
 Meets the 4th Wednesday of the month at 7:00 pm  
**Public Information Committee,** Alex N.  
 Meets the 3rd Wednesday of the month at 6:30 pm  
**Lifeline Committee,** Dave M.  
 Meets the 1st Thursday of the month at 7:00 pm  
**Central Office Committee,** John P.  
**H & I Committee,** George R.  
 Meets the 2nd Sunday of the month at the Garden Grove Alano Club. Institutions meet at 4:00 pm; Hospitals meet at 6:00 pm.  
 South Orange County H & I meets at the Laguna Beach Canyon Club the 3rd Wednesday of the month at 7:30 pm.

With the exception of H & I, the above committees meet at Central Office, 1526 Brookhollow, Suite 75, Santa Ana, CA 92705. If you are interested in serving on a committee or would like more information please contact the above or Central Office at 714-556-4555.

Do you have two years of sobriety?



*With the Convenience of Using Your Own Phone While Being In Your Own Home You Can Receive That Rewarding Feeling From Helping an Alcoholic To Get a Start in A.A.*

Call-Forwarding Is Here to Help Us Deliver the Message To Alcoholics

*Twenty-Four Hours Every Day!  
Seven Days Every Week!*

Please See if Your Schedule Can Match Up With a Call-Forwarding Shift Schedule.

Get In Touch With the Orange County Central Office To Find Out. Please Call: (714) 556-4555

*It's ok to ask dumb questions. It's easier than facing up to dumb mistakes. Anonymous*

## Happy Destiny Acrostic

A WORD SEARCH, like all the others you've seen: words can be up, down, across or diagonal.  
Reprinted from the *San Diego AA Coordinator*.

M B W A K F D G C B S S E L T N U O C A  
 C R I J Z L F O D R X E B R C B A M O C  
 L E B H A M E D I T A T I O N B U O M R  
 C B A I N C H B A C N K L A F O Y T E S  
 O A D P D J G L R Z S I J S P I R I T A  
 N Q M I A O M E F N W Z H E J D N K O N  
 S D I S C L O S E C E N Y A F I D S P C  
 T O T A L T I S K O R A E N B M B I A R  
 A H B Q U B G Y N T S F B Q J U H F S G  
 N Y X F E L L O W S H I P I E S N D S R  
 T C J D E G D U R T E X C N N K M I B O  
 L E R I C N A D E F A W B O T D G Y R W  
 Y V Q W A L H Z C E T M I R G E T C S N  
 O U R B O O K B K N O T O D K C R I B H  
 G K A F I Y D H A C A N M E D J A E D O  
 K F L J C L J P G L Q A S R F C N M E U  
 T M B E N E D Y E B O F X L U E S N L S  
 C D V C L E A R A W A Y E B O B M A U E  
 R I M S E R T M K A B L F H A Z I B Q C  
 G R E A T F A C T E D U N T I L T H E N

Our Book  
Meditation  
In Order  
Come to Pass  
Abandon  
Wreckage  
Spirit  
Until Then

Constantly  
Answers  
Transmit  
Countless  
Admit  
Give Freely  
Trudge

Disclose  
Own House  
Relationship  
Great Fact  
Clear Away  
Fellowship  
God Bless You



To Carry the Message of Alcoholics Anonymous to the Alcoholic who is confined in a Hospital or Institution"

### How Do I Get Involved?

To become a member of Orange County Hospitals & Institutions Committee, a volunteer must have 1 year of continuous sobriety, attend three consecutive monthly business meetings and attend a new members orientation.

### Where and When?

Garden Grove Alano Club  
9845 Belfast Drive  
Garden Grove, CA  
(714) 534-2244

On the 2<sup>nd</sup> Sunday of each month

Institutions Committee  
4:00-5:00 pm  
New member orientation 3:15 pm

Hospitals Committee  
6:00-7:00 pm  
New member orientation 5:15 pm

For additional information  
call: 714 926-9573or  
Central Office: 714-556-4555

South Orange County H & I

### Where and When?

3rd Wednesday of Every Month  
7:30 pm

Laguna Canyon Club  
20456 Laguna Canyon Rd.  
Laguna Beach  
949-497-1823

- The steps keep us from suicide; the traditions keep us from homicide.
- The only thing alcoholics do in moderation is the 12 steps!
- The elevator is broken - take the steps!
- Step 13: My life is unmanageable, and I want to share it with you.
- It's alcohol-ism, not -wasm.
- Insanity: doing the same thing over and over and expecting different results.
- In AA, first we remove the anesthesia, then we operate
- Isolation is the dark room where we develop our 'negatives'.

Orange County  
Intergroup Association of AA  
2007 Annual Picnic



1:00 pm  
SPEAKER  
Tim A  
Sunset Beach

Mile Square Park, Fountain Valley  
In the "Forest Shelter" Picnic Area  
Follow the Signs  
Near Warner & Euclid  
Free parking on the street  
Or \$5 in the park

Hot dogs, hamburgers, soft drinks



Sunday, August 5th, 11 am—4 pm

Piñata for the kids, baseball  
Frisbee, bocca ball, volleyball  
Carnival games for the kids

