

Lifeline

Experience, Strength, and Hope in Orange County

Humility, What's in It for Me?

If you caught yourself smiling over this title, maybe it's because you have been conditioned to see humility as a virtue you should be modeling but find yourself failing miserably—or at least being woefully inconsistent at it. The [Big Book](#) refers to Humility in a few contexts: “But they had not learned enough of humility, fearlessness, and honesty in the sense we find it necessary until they told someone else all their life’s story” (p. 73) and “It is a striking thought that God never forces anyone to do His will, that his help is ever available and has to be sought in all earnestness and humility ([BB, First Edition, “The Backslider”](#)).



Photo credit: Heather S.—William R. Mason Regional Park, Irvine

Just writing about humility should disqualify one from being able to claim its virtues. If you think you are humble, then instantly, you have identified yourself as prideful about being humble. Perhaps the only safe approach to personal humility is to admit that pride is your natural condition, but that you are seeking through God to have that condition gradually, albeit not permanently, removed.

But some of us go around claiming how lowly we are, even negating every kind and well-meaning compliment we receive. Somehow, by constantly belittling ourselves, we are declaring a sort of moral superiority over our outwardly prideful brethren. In my early years of sobriety, I represented this character until my gig was up. “Bob, it isn’t that you think so well or so poorly of yourself; it’s that you think CONSTANTLY of yourself.” So, maybe part of the key in approaching humility is to increase our thoughts of others, particularly in the con-

text of serving their needs quietly and even anonymously at times.

One of the best recommendations I ever received was the approbation that every day I should do at least two good turns for someone else and not get found out. If I did, it wouldn’t count.

But maybe humility isn’t the opposite of pride and its more extreme form in arrogance. Shame seems a much better candidate for the role of pride’s opposite. And humility isn’t turning ourselves into a worm, but a middle position that we might describe as a more realistic view of ourselves—some would say “right-sizing.” In doing our [Fourth](#)

Continued on page 10

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The Lifeline is published monthly by the Orange County Intergroup Association

Purpose: The *Lifeline* Committee is a group of AA members charged with the responsibility of producing and distributing the Orange County *Lifeline*. The *Lifeline* is published monthly and is supported solely through contributions from the AA groups and members of Orange County. The *Lifeline* proposes to meet the following needs of the Orange County AA membership: to inform AAs of service opportunities, events, and announcements; to share experience in recovery, unity, and service; and to report the actions, finances, and meetings of the Orange County Intergroup Association and other Central Office committees.

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Welcome 2026 SERVICE BOARD

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For more information on service committees, or if you have a situation that requires an immediate answer, please contact Orange County Central Office at (714) 556-4555 or email manager@oc-aa.org.

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SCAN ME

Public Information Committee meets the **4th Wednesday of the month at 5:30PM** via Zoom (Meeting ID: 851 8320 4725, Password: ocaaPI).

Group Relations Committee meets the **3rd Wednesday of the month at 7:00PM** via Zoom (ID: 896 3413 6745, Password: ocaa).

Lifeline Committee meets the **1st Thursday of the month at 7:00PM** via Zoom (ID: 886 0942 7655, Password: lifeline) *See page 3 for more details.*

Special Events Committee meets the **3rd Thursday of the month at 6:00PM** via Zoom (ID: 913 4366 3535, Password: ocaa).

South Orange County H & I meets the **3rd Wednesday of the month at 6:00PM** (new members' orientation) and **6:45PM** (business meeting), Laguna Beach Canyon Club (small room), 20456 Laguna Canyon Road, Laguna Beach. South County H & I's mailing address is 27068 La Paz Rd., #706, Aliso Viejo, 92656. For more information, go to www.sochic.club.

Orange County H & I meets the **2nd Sunday of the month at 4:00PM** (Institutions) and **6:00PM** (Hospitals) at the Garden Grove Alano Club (9845 Belfast Dr., Garden Grove). Orientation is at **3:15PM** and **5:15PM**. The Committee Meeting is at 6:00, and the meeting opens around 5:40. For more information on Orange County H & I, go to www.ochandi.org or email contact@ochandi.org.

The Central Office Committee meets via Zoom (call Central Office for more information).

The OCAA Technology Committee meets the **1st Monday of the month at 6:00PM** via Zoom (ID: 933 6844 2432, Password: ocaatech).

The Orange County Intergroup Assoc. meets the **2nd Wednesday of the month at 7PM (6:30 new rep orientation)** at Norma Hertzog Community Center, 1845 Park Ave., Costa Mesa.

—IN PERSON ONLY—

For information about **General Service** meetings, please go to the Area 09 website, www.msca09aa.org

Thank you to our board and committee members.



Letter from the Editor

This month, we have focused on [Step Six](#), [Tradition Six](#), and [Concept VI](#). I hope you'll read our cover story by Bob A., "Humility, What's in It for Me?" He does a great job talking about humility—and is all too aware of the perils of patting yourself on the back for how much humility you have. I am also excited by the cartoon by Chris E. on page 10 and the original artwork by Natalie V. on page 9. I appreciate all the AAs who sent us their experiences at the Orange County AA Convention, which you can read about on page 8. It is so important to our AA community, and I hope you are inspired to attend next year.

We all celebrate AA's birthday in June, and I hope you read Mary G.'s article, "AA Is Ninety-One Years Old" in the Archives Corner on page 7. June was the first *Lifeline* edition I edited eight years ago, and I am grateful every year when I start working on this issue. I had a five-year-old son and a five-month-old daughter, and I remember thinking there was no way I could do all of this. Now, my daughter is eight and an absolute pleasure to be around. My son is thirteen and a great kid underneath the eye-rolling that is required for his age. I'm so glad my husband nudged me and said, "You should apply for that," when the Intergroup rep. at our home group announced that the position of *Lifeline* editor was open. When I celebrate eighteen years this month (God willing), I will be grateful for all the gifts of sobriety. Like my friend Bill F. says, these are gifts from my Higher Power; they certainly weren't earned by me. Serving as the editor of the *Lifeline* is an honor, and I am happy to be a part of OC AA and to help carry on the tradition of our newsletter from [1963 to today](#). I love working closely with the staff of Central Office, our *Lifeline* chair, and the incredible *Lifeline* Committee.

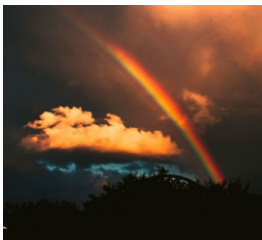
Thank you as always for reading the *Lifeline*. If you have any questions or comments about the *Lifeline* or an article you've read this month, please send an email to oclifineditor@gmail.com with your first name, last initial, and city. We might feature what you write in an upcoming issue. If you would like to sign up to have the *Lifeline* delivered by email every month, you can subscribe at www.oc-aa.org or use the QR code and scroll down to subscribe to the *Lifeline*. Printed copies are available at Central Office, the satellite office, and our monthly Intergroup meetings. Location information can be found on page 2. If you have any suggestions or would like to submit an article, poem, photo, or original artwork to the *Lifeline*, please email me at oclifineditor@gmail.com.

Jennifer J.
Lifeline Editor



Orange County Intergroup Association -
of Alcoholics Anonymous
www.oc-aa.org

I'm Four, Well, Almost Four!



This comment gave birth when three-year old Itsy's sister turned ten, a significant milestone in life. Seeing the buildup in birthday ribbons, birthday bows, pre-birthday Amazon Packages hidden out of sight, except for the ever-watchful glance from a laser-eyed preschooler who can find a lost contact lens in a shag carpet! With Heinz Ketchup anticipation, the countdown began. Big Sister had discovered quickly the recovering alcoholic art of using the coming bigger unearned honor of more time by carefully inserting phrases like, "I'm coming up on ten years," "Soon I will have a decade of sobriety under my belt," or those with a more creative instinct. "My entry into double-digit sobriety will be announced with a large popping sound from my Big Boy Britches." Of course, this is crafty humility

in alcoholes for "nine years."

The ever-watchful mother caught Itsy's four-year old misstatement and immediately corrected her comment, a technique frequently used by Grandpa to advance even the smallest of daily exaggerations. "That is incorrect, Itsy. You must be absolutely honest, not like other storytellers in the family. You may use 'almost four.'" Some attempts were made to revert back to the "whole number four." Several timeouts later, the mommy cure had been infused into Itsy's behavior. "Almost four" became an oft-quoted mantra until the magic day came when the real earned birthday arrived. At last, the long-restrained tongue was released, and the words danced out from a happy and excited Itsy, "I am four years old today!"

We all shared this magic moment and many more as the day progressed. Surprisingly, her attention to the birthday gifts was rather muted because her thoughts were of her birthday picnic at preschool after breakfast. (Her sister, however, was busy unwrapping Itsy's presents with a gleam in her eye looking for things she could play with.) Itsy continued gleefully putting on her princess dress with a large pink bow over a satin coral-pink blouse and a long skirt of pink-lattice chiffon. The day rolled into the night at Farmer Boys where she ate chicken strips, bottled water (no soda-mama trained), and French fries.

A happier grandchild for so many continuous hours is nothing short of a miracle day! It was one of my top-ten lifetime days in eighty years of chasing the dream. My love of the moment was graced with a sauce of happiness when a very grateful Itsy said, "Grandpa, I want to be three again." Joyful tears rolled down from my eyes as I thanked God for my sobriety, the most beautiful of days, and the most precious of granddaughters!

John G.



Share Your Thoughts on Sobriety with the *Lifeline*

If you'd like to submit an article, poem, or cartoon to be considered for publication, please send all submissions to the email address below by the 15th of the month for the following month, e.g., August 15th for the September issue. The best articles are under 600 words and are often much shorter. If you are unsure of what to write, you can think of a great share at your favorite meeting. You can write on a topic like how you chose your sponsor, your concept of a Higher Power, or tell your story. Not a writer? A committee member can interview you and write your story. You will have final approval on anything published. Please email oclifineditor@gmail.com for more information.

The *Lifeline* Committee invites you to join us. *Lifeline* Committee members can help read, write, edit, create, design, or simply offer suggestions for the *Lifeline*. The *Lifeline* Committee meets on the first Thursday of the month via Zoom (ID: 886 0942 7655, Password: lifeline).

VOLUNTEERS ARE NEEDED AT CENTRAL OFFICE

PLEASE CONTACT CENTRAL OFFICE TO FIND OUT ABOUT SERVICE OPPORTUNITIES.

714-556-4555
MANAGER@OC-AA.ORG

Our Principles

Step Six: Were entirely ready to have God remove all these defects of character.

Step Six is AA's way of stating the best possible attitude one can take in order to make a beginning on this lifetime job. This does not mean that we expect all our character defects to be lifted out of us as the drive to drink was. A few of them may be, but with most of them we shall have to be content with patient improvement. The key words "entirely ready" underline the fact that we want to aim at the very best we know or can learn. The moment we say, "No, never!" our minds close against the grace of God. Delay is dangerous, and rebellion may be fatal. This is the exact point at which we abandon limited objectives, and move toward God's will for us ([Twelve Steps and Twelve Traditions, pp. 63-69](#)).

Tradition Six: An AA group ought never endorse, finance or lend the AA name to any related facility or outside enterprise, lest problems of money, property and prestige divert us from our primary purpose.

We think, therefore, that any considerable property of genuine use to AA should be separately incorporated and managed, thus dividing the material from the spiritual. An AA group, as such, should never go into business. Secondary aids to AA, such as clubs or hospitals which require much property or administration, ought to be incorporated and so set apart that, if necessary, they can be freely discarded by the groups. Hence such facilities ought not to use the AA name. While an AA group may cooperate with anyone, such cooperation ought never to go as far as affiliation or endorsement, actual or implied. An AA group can bind itself to no one ([Twelve Steps and Twelve Traditions, pp. 156-160](#)).

AA members employed by outside agencies "wear two hats" – but Tradition Six cautions any such members against wearing both at

once! On the job they may be alcoholism counselors; they are not "AA counselors." At meetings they're just AAs, not alcoholism experts ([The Twelve Traditions Illustrated](#)).

Concept VI: On behalf of AA as a whole, our General Service Conference has the principal responsibility for the maintenance of our world services, and it traditionally has the final decision respecting large matters of general policy and finance. But the Conference also recognizes that the chief initiative and the active responsibility in most of these matters should be exercised primarily by the Trustee members of the Conference when they act among themselves as the General Service Board of Alcoholics Anonymous.

Bill W. makes the point that although "our objective is always a spiritual one," nevertheless, our world service is a "large business operation." "Indeed," he says, "our whole service structure resembles that of a large corporation. The AA groups are the stockholders, the delegates represent them, like proxy holders at the annual meeting; the General Service Board Trustees are actually the directors of a 'holding company.' And this holding company (the General Service Board) actually owns and controls the two 'subsidiaries' (AAWS and AA Grapevine) which carry on the ... services. Our trustees must be given large powers if they are to manage the ... affairs of Alcoholics Anonymous" ([Concepts Illustrated](#)).

[Editor's note: You can read the long form of the [Traditions](#) on www.aa.org or on pp. 563-565 in the Big Book. You can also learn more about the [General Service Office](#) and how it serves AA on www.aa.org.]

Dave W.

How Am I Doing?

Tradition Six: An AA group ought never endorse, finance, or lend the AA name to any related facility or outside enterprise, lest problems of money, property and prestige divert us from our primary purpose.

1. Should my fellow group members and I go out and raise money to endow several AA beds in our local hospital?
2. Is it good for a group to lease a small building?
3. Are all the officers and members of our local club for AAs familiar with "Guidelines on Clubs," which is available free from GSO?
4. Should the secretary of our group serve on the mayor's advisory committee on alcoholism?
5. Some alcoholics will stay around AA only if we have a TV and card room. If this is what is required to carry the message to them, should we have these facilities?

(Reprinted with permission from the [AA Grapevine](#))

(Traditions Checklist available from Central Office)

(SMF-131 Traditions Checklist is available from the [AA Grapevine](#) on www.aa.org)

Support Your Central Office

@OCAINTERGROUP



venmo



Central Office appreciates your Venmo contributions. The second QR code will take you to the www.oc-aa.org/contributions/page for more options.

Checks and money orders can be sent to:

ORANGE COUNTY CENTRAL OFFICE
1526 Brookhollow, Suite 75
Santa Ana, CA 92705

Now available on our oc-aa website...

Become a "Grateful Giver"
with a Recurring Contribution

It is an easy way to support your Central Office!



AA Birthdays

Pearl B.	Dana Point	1 year
Shelby S.	Newport Beach	2 years
Tonya R.	Costa Mesa	2 years
Tom K.	Silverado Canyon	4 years
Scott M.	Nomad	4 years
Liz McG.	Huntington Beach	18 years
Jennifer J.	Costa Mesa	18 years
Roger Y.	Rancho Santa Margarita	21 years
Chris G.	San Juan Capistrano	30 years
David J.	Huntington Beach	33 years
Bob M.	Dana Point	40 years
Ann P.J.	Dana Point	41 years
Sheri M.	Dana Point	43 years

You can celebrate an AA birthday in the *Lifeline* with a [donation](#) to Central Office. A donation of any amount is a generous way to celebrate the gift of sobriety and support your Central Office.



Located at the end of the 55 freeway in Costa Mesa
next to the Donald Dungan branch of the Costa
Mesa Public Library

Orange County Intergroup Meeting
Second Wednesday of the month
7:00PM meeting, 6:30PM new rep orientation
—IN PERSON ONLY—
Info: 714-556-4555, www.oc-aa.org

Norma Hertzog Community Center
[1845 Park Ave.](#)
Costa Mesa

OFFICE CALLS TOTAL = 298	CENTRAL OFFICE ACTIVITY April 2026			
	12 Step Calls	Meeting Info	General Info	Visitors
After hour calls not included				
Santa Ana Office	2	128	130	118
Laguna Niguel Office	1	12	25	55

The Unknown



Fear of the unknown kept me paralyzed and locked into a very restricted space from early childhood. Trying new things and having relationships with family members and others was just not possible. This restricted space was a dark place between my ears and fear was dominant. My use of alcohol made it so that temporarily I just didn't care. After a while, the drinking couldn't keep the fears tamped down. Over the years in my career in the Marine Corps, I was forced to do and experience many new things and places but always operating out of that closed-off space in my head, consumed by fears.

My drinking was of the maintenance type, daily. It worked fine until it didn't anymore. In a short three-year period I traveled from maintaining to spiraling downward to that jumping off place. The bottle was put down due to intervention from my Higher Power/God, and I found my way into [Alcoholics Anonymous](#). Life began to change for the better as I began to work the [Steps](#) of our program. Then I got to [Step Six](#), "Were entirely ready to have God remove all these defects of character." Or as it says in the [Big Book in Chapter Six](#): "Into Action," "We have emphasized willingness as being indispensable. Are we now ready to let God remove from us all the things which we have admitted are objectionable? Can he now take them all – every one? If we still cling to something we will not let go, we ask God to help us be willing" (p. 76). I certainly fell into that last category.

Once again, fear of the unknown held me back, even though life was better due to the program of Alcoholics Anonymous. Who would I be and how would I defend myself if I let God take my self-will, anger, and aggression? I viewed these as assets that kept others away. Through trial and error, with much emotional pain and stress, I eventually became willing to let these things go. Imagine my surprise when they kept coming back on a frequent basis (alcoholism). So, I learned to become willing on a daily basis because I have alcoholism and it will never go away. Although alcohol has been removed for quite a while, the "ism's" still remain. Only the tools of our program, the [Twelve Steps](#), and my Higher Power/God can keep my alcoholism in check.

About three weeks ago, I ended up in an ER for a strange swelling in my face. The blood tests resulted in a very high marker in my blood. Subsequent tests reflected the same results. So, I have been referred to the Hematology/Oncology clinic. Tomorrow, I will go to that clinic and get the results or, more than likely, have more tests to be done. Once, the unknown would have left me paralyzed and lost in fear. Now, I just continue to do my daily routine and those "honey do's" that my wife wants done. In my experience, doctors always seem to start with the worst possibility and work their way down. Whatever the next steps are to be, it is up to my Higher Power/God, His will, not mine—a matter of acceptance.

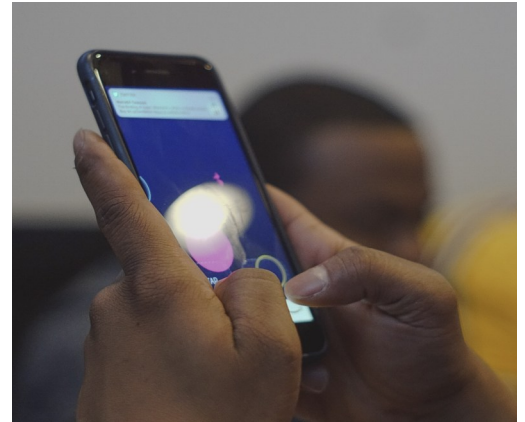
I have been given forty-five years and some change of extra time. I will be OK with whatever the results may be. If and when fear of the unknown arises, I have Step Six to practice. I pray for willingness to let it go and let my Higher Power/God remove it once again. It has worked for over forty-five years, and I suspect it will continue to work.

May you find release from the fear of the unknown. Trust in my Higher Power/God has done that for me. In our program, I found sobriety and my Higher Power/God. Our Twelve Steps maintain both.

Trust God, clean house, and help others.

Bill F.

Looking for a service commitment you can do with your phone?



The Orange County Central Office call forwarding program ensures that our help line phones are answered by volunteers 24/7. During hours when the Central Office is closed, calls are forwarded to a call forwarding volunteer's home or cell phone, where the volunteer answers the calls just as if they were sitting in Central Office. This allows Central Office to save money because we do not have to use an answering service. More importantly, the caller will be talking to a member of Alcoholics Anonymous. Two years of sobriety are suggested to volunteer for this service. Please call the Central Office Manager in Santa Ana at (714) 556-4555 or the Satellite Office Manager in Laguna Niguel at (949) 582-2697 to sign up for a brief orientation session.

SHIFTS:

Monday—Friday

- 6AM—9AM
- 6PM—9PM
- 9PM—6AM

Saturday and Holiday:

- 6AM—9AM
- 1PM—4PM
- 4PM—7PM
- 7PM—10PM
- 10PM—6AM

Sundays

- 6AM—10AM
- 10AM—2PM
- 2PM—6PM
- 6PM—10PM
- 10PM—6AM

Archives Corner

AA Is Ninety-One Years Old

June is an important month in Alcoholics Anonymous because it marks the birthday of our Fellowship. June 10, 1935, is recognized as the day [AA](#) began. That was the day Dr Bob took his last drink in Akron, Ohio. It was the result of a series of events that almost did not happen, and the story shows how close AA came to never being formed at all.

Before that June day, Bill Wilson had been sober for several months in New York. He had been warned by many not to return to his old business life on Wall Street. They believed the pressure and the familiar surroundings might lead him back to drinking. Bill went anyway because he hoped he could rebuild his career.

The trip did not go well. A business deal fell apart, and he found himself alone in the Mayflower Hotel in Akron. He felt the pull of the bar nearby and knew he needed to talk to another alcoholic to stay sober. That decision led him to make contact with local church members who introduced him to Dr. Robert Smith.

Dr. Bob had struggled with alcoholism for many years. He had tried medical treatments and spiritual approaches but had not been able to stay sober. When he met Bill in May 1935, the two men talked for hours. Bill shared what he had learned from the

Oxford Group and how helping another alcoholic had become important to his own sobriety. Dr. Bob agreed to meet again. Their continued conversations led to the moment on June 10 when Dr. Bob took his final drink. He never drank again.



Bill W. and Dr. Bob

From that point forward, the two men worked together with other alcoholics in Akron and New York. By 1937 they estimated that about forty people had achieved stable sobriety through their shared approach. The work continued to grow. In 1939 the book [Alcoholics Anonymous](#) was published, and membership expanded across the country.

Today AA has millions of members worldwide. Groups meet in more than one hundred and eighty countries. The Fellowship continues to follow the same basic principles that began with those first conversations in Akron.

June gives us a chance to look back at these events and remember how AA began with one alcoholic reaching out to another.

Mary G.
MSCA 09 Archives

"When we speak or act hastily or rashly, the ability to be fair-minded and tolerant evaporates on the spot."
—[Twelve Steps and Twelve Traditions, p. 91](#)

We often find that our pride and ego lead us into unwanted conflict. Harsh words cut deep into a person's heart and create emotional echoes of pain and mistrust. If we act out on our anger, "they" have conquered us.

Every minute I spend angry, I waste sixty seconds of happiness! Our [Big Book](#) tells us to "...pause, when agitated or doubtful, and ask for the right thought or action" ([p. 87](#)). The simple act of pausing when faced with conflict can make a huge difference in our continued relationships with others. Another great acronym is WAIT – Why Am I Talking? I no longer have to show up for every fight I'm invited to.

Through the fellowship, I've learned that no one can make me angry without my permission. For this Irishman with a short fuse, this became a turning point in my life. Life became so much easier when I started to look for the good in everyone and everything rather than arching up in defense of petty nonsense. I feel so blessed to have a fellowship that gives us such simple and effective tools for living.

Anonymous

AT THE CONVENTION

The 41st Annual Orange County Alcoholics Anonymous Convention was held on May 1-3 at the Orange County Hilton in Costa Mesa. There were many events for the AAs and Al-Anons in attendance, including meetings, archives, banquets, dances, an ice cream social, a golf tournament, poker tournaments, and a race. I often hear that the sobriety countdown is a moving and spiritual part of the weekend. There were tables with information on how to be of service. More than this, there was fellowship on a large scale. There are many AAs who attend the convention every year and look forward to it as an important part of their sobriety.

We asked local AAs who attended the convention to tell us about their experiences. The following paragraphs are AAs' firsthand accounts (with the tiniest bit of editing). Heather S. also sent some amazing photos of the event.

—Jennifer J.

My first OCAAC was the first year in March 1984. I'm sober since February 1, 1984. My sponsor said, "Go to the planning committees and get a commitment." I was a greeter / check to see all were registered with badges. When the event began and doors were shut, I remained in the lobby and met three women at the Al-Anon table and became a DOUBLE WINNER. The OCAAC graciously yielded that weekend which is traditionally PRAASA. I've entered the 5K and even won it once.

It's a family disease. One set of tapes in my CD player led my daughter to admit she was an alcoholic and is now sober five years.

Bob C.

What a great convention! Some of the highlights for me were talking with the many alcoholics and Alanons who stopped by the Area 09 General Service table and the OC Intergroup table, the Convention Host team with all the Pirate paraphernalia who greeted many of us to rousing cheers and "Aaarghh"s, playing Giant Jenga and Giant Connect Four, the fictional story of a sober-living home called *Sweet Dreams* in the movie room (free popcorn included), and the many wonderful speakers in both the big meetings and the marathon meetings.

Matt D.

Working the Central Office table with my two awesome assistant managers made this year's Convention one to remember. Heather, our new Central Office special worker, gave away anchor keychains that brought smiles to many faces. Dolly, our South County special worker, gave away *Grapevine* quotes that members would unfold and read like a fortune cookie. It was a good way to slow down and just take in the purpose of the whole Convention. I never cried so much in a seventy-two-hour period, and they were all tears of joy being with the tribe that gave me my life back.

Skip K.
Central Office Manager

My favorite part of the Orange County AA Convention was running into members from area recovery centers whom I've met at my meetings. Seeing these (often young) members out in the "wild," connecting with people from all walks of life and at different stages of sobriety, filled me with gratitude. It reminded me that AA offers countless opportunities for members to come together, support one another, and inspire growth in recovery.

Heather S.

It was a pleasure serving at the Central Office table this year. The convention drew an enthusiastic crowd, beautifully blending familiar faces with many newcomers. To celebrate this year's theme, "Anchored in Recovery," visitors could "Spin the Wheel" to win themed anchor keychains, free snacks, or copies of *Came to Believe* and *Living Sober*.

We also featured a grab bag of daily quotes from the AA Grapevine, asking participants to read their selection aloud. It was really moving to witness how profoundly those words resonated with so many people.

We are the lucky ones for sure!

Dolly C.

This convention is full of laughter, art, community and connection. I always look forward to this convention. Every year it's an anchor of my recovery, especially this one.

Drew B.



Photo credits: Heather S.—OC AA Convention



Original artwork by Natalie V.

Meeting Spotlight

FRIDAY NIGHT
**HB DOWNTOWNERS
 AA MEETING**



NEW EARLIER TIME! 7:00 PM

START YOUR WEEKEND IN GRATITUDE
 FELLOWSHIP • HOPE • RECOVERY

WHEN:
 1-Hour Meeting
 Fridays at 7pm

WHERE:
 St. Willfrid of York Church
 18631 Chapel Ln
 Huntington Beach, CA 92646

WHAT TO EXPECT:
 Open Meeting • All Are Welcome
 Come as you are.
 Leave with hope.

GET DIRECTIONS
 Scan with your phone




APPLE MAPS
 Directions open in
 Apple Maps

GOOGLE MAPS
 Directions open in
 Google Maps

YOU ARE NOT ALONE
We're here when you're ready

**ONE DAY
 AT A TIME**

June Pamphlet of the Month

EXPERIENCE, STRENGTH AND HOPE

Do you think you're different?



This pamphlet ([P-13](#)) speaks to newcomers who wonder how AA could work for someone “different” and shares stories of hope.

[Pamphlets are available for purchase at [Central Office](#) for \$.50 each (**FREE with the purchase of a book**) and on www.aa.org.]



The Greatest of Any Gift



Was I “entirely ready to have God remove all these defects of character” the first time I did my [Sixth Step](#)? In being rigorously honest after decades of sobriety, I must admit that my mental state of being prevented me from being “entirely ready” until many years of sobriety because I honestly did not think I had any defects. I lived in a fantasy, void of the reality that I was born with a plan and purpose to develop into a woman who would one day be a mother, grandmother, and great grandmother. And these roles would be riddled with alcoholism and medications prescribed by psychiatrists, and many other doctors, to relieve the suicidal and other forms of paralyzing fear that had consumed any form of sanity in my psyche.

From my toddler years into my adult years, I felt like no one loved me nor cared if I lived or died. I recall for many years unknowingly shrinking to “fit in” with the no identity of who I was or with whom or where to “fit in.” Momma was a violent, raging, dry alcoholic, bitter from the childhood of abuse she suffered, until I was a young teenager and she had, what I now know, was a spiritual conversion.

I recall from the beginning of my first marriage frequently asking my husband what was wrong with me. He always responded with, “There’s nothing wrong with you. You’re a beautiful wife, fantastic mom, friendly, energetic, and the kind of woman that many women would love to be.” Between his kind words and the abusive words Momma programmed into my psyche lived the shell of a woman who was confused as to who or what she was.

The fantasy world that my husband spoke over me began to be a comfortable place to live. So, when I reached the bottomless pit of active alcoholism, I was convinced, in the midst of misery, that I was perfect and queen of the universe. All these years later, I see clearly that I was robbing myself of being connected to anyone because of deep-rooted fears of not being good enough for anyone, nor for anything.

Thus, it has been a lifetime of repeated [Fourth](#) and [Fifth](#) Steps for this alcoholic to reach the mental capacity to spiritually see—and admit—that my defects are numerous. This continues to open the eyes of my understanding to accept that I have lived with ego-driven ambitions rather than God-appointed alignment. And I must seek God’s power rather than what I thought was my own willpower to continue to be entirely ready to have God remove unknown defects, as they are revealed to me.

It is the same God, as I understand Him, who rescued me from the hell of alcoholism and released me from the obsession to drink who continues to make me aware of my defects. And it is His grace which grants me the courage to be entirely ready to have Him remove them. It is a continuous chain of surrendering as God prepares me to be willing to accept, without guilt or shame, the release of my defects. In those chains are the seven deadly sins with many branches of denial of my imperfections.

As the chains are broken, I find that the most rewarding benefit for me, in becoming entirely ready to have God remove defects of character, is that my character changes from hate to love. These changes, when without any reservations, give me hope to see the rainbow in the midst of storms which come against me as I am in the process (es) of the change(s). Deeper love, trust, and gratitude for God, as I understand Him, rises above any circumstance or situation that I am faced with. And I find that my negative thoughts toward myself and others has mysteriously turned to love and well-being.

Step Six continues to dispel rationalizations that once told me that I don’t have any defects. And it gives me a new pair of shoes to walk on the stony path guiding me to obedience to do the will of God in this good fight of faith. It has birthed the greatest freedom that I could ever desire or even have any thought of. And that freedom is the *GIFT of being able to love (the greatest of any gift), without inhibition or fear through the healing fellowship of AA: the best therapy I have ever engaged in (and it’s free!).

* God’s Inspiring Fellowship Therapy

Effie R.

Humility, What’s in It for Me?

Continued from page 1

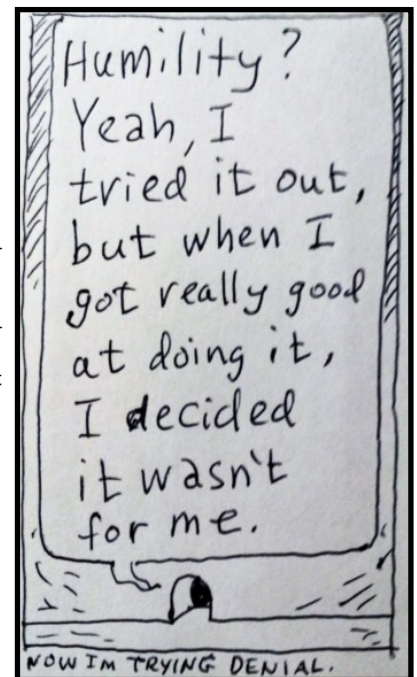
and [Fifth](#) Steps, the [Big Book](#) says we are learning the habit of accurate self-appraisal. I can remember fearfully blurting out my innermost secrets to a minister in Huntington Beach and then hearing his reaction, “Is that all there is?” I’m not sure what I was expecting, but it certainly wasn’t the comeback he gave me. At first, I felt rejection because of his lukewarm reply, but later that turned to relief that I was just another flawed human being like everyone else in the world.

One of the spiritual or religious underpinnings of humility is that in attaining it, by default, we are glorifying God. A word that we post-moderns might better identify with is credit instead of glory. All I ever wanted was credit. Mostly, I wanted credit for brilliant and penetrating analysis, innovative new ideas, and occasionally for a well-timed retort that brought down the house in laughter. I can’t say that much has changed in that regard over the years, and I don’t think I am alone in this respect. For I have found when I can stop and really listen to somebody else’s ideas and then enthusiastically (and with real spontaneity) call them out for such a great approach I see the hunger in their eyes being satisfied-somebody finally noticed!

If we accept as a premise of the program that we have equal access to a God of our understanding, then even we lowly alcoholics must all be comparable if He responds to each of us on request. Maybe our humility should be based on the equality of the relationship we can have with God if we reach out to Him and develop a real connection through the completion of the Twelve Steps. However, we know the world does not work that way, and there is a distribution of talents varying in kind and amount. Are we not to acknowledge that? Since these are God-given talents, we certainly don’t want to be in the position of being either ungrateful or denying God Himself the use of abilities He has granted us. And we feel that His will is for us is to use and develop our talents, becoming Co-Creators with Him. To venture forth trying to do His will, we need at least a modicum of confidence, or if circumstances demand, even a whole lot of confidence. So how can a confident but not cocky demeanor co-exist with humility?

Two names for the position we must straddle are **confident humility** and **humble confidence**. That is to be humble in our equality before God as His children but confident in all the attributes that God has bestowed upon us, and that He expects us to use to His rightful credit.

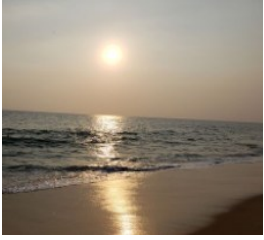
The question I would ask is whether the difference between these two descriptors is just semantic, or does one better describe the tone of the attitude that God wants us to bring “in all our affairs”?



Cartoon by Chris E.

Bob A.

Checkpoint



As a secular (atheist/agnostic) AA member, I struggled with Step Six (*p. 4*). I had many questions. How do I become entirely ready to have anything—God, Higher Power, the Fellowship, a doorknob—remove my character defects? It just didn't make sense to me. It still doesn't. However, I've come to believe the answer lies in always working to be ready and willing to give up my shortcomings, not what I give them up to.

This realization began when I completed [Step One](#), hit my rock bottom, and joined AA. Although I might not have liked admitting that I was an alcoholic with an unmanageable life, the cycle of addiction and compulsion had been interrupted. But I'd stopped drinking (or been stopped) countless times before; my problem was staying stopped. As I worked the first five [Steps](#), my desire to drink all but disappeared. The [Sixth](#) and [Seventh](#) Steps are the gateway to staying stopped.

Avoiding the obsession that leads to relapse comes from practicing the principles behind the Twelve Steps that include things like honesty, hope, faith, courage, and integrity. But before I can strive for the rest of the principles that will maintain my sobriety, I must first give up my character defects that I identified and shared when I did Steps [Four](#) and [Five](#). Both goals can appear intimidating but like all the Steps from [Two](#) onward, Step Six doesn't have to be done perfectly, just to the best of my ability.

For me, the key is not getting hung up on the God issue (live and let live). Instead, I focus on being, and staying, entirely ready. My intention is not to have something I don't believe in remove anything from me, but to do everything in my power to become willing to, as some secular versions of this Step put it, "accept help in letting go of all of my defects of character."

This was the critical juncture where I came to terms with the fact that I'd been unsuccessfully running my life with my character defects. Time to try something that works. With a daunting list of shortcomings, I definitely needed to find help to overcome them. But from where? From any power that I believe is greater than me, that is to say, capable of showing me how to release what no longer works. Fortunately, because of Step Two, we get to choose this aide which AA calls God or Higher Power.

Being secular, I don't believe that help comes from a god, but rather from the influence embodied in the examples of those around me in AA who practice the principles of the program and show me how to do this. I'm in charge of the "letting go of my defects" part, which aligns with the Sixth Step's assertion that "this does not mean that we expect all our character defects to be lifted out of us..." ([12+12 p. 65](#)) We all have a part to play in our own recovery and finding and maintaining the willingness to give up our character defects is essential. Whether secular or religious, through pride, resentment, fear, or complacency, we can still shun any help we receive, no matter where it comes from, by not practicing those universal principles that keep "our side of the street" clean.

Step Six is another gentle but vital pause along the winding path of our recovery—a quiet station for self-reflection, never a place to linger for too long. It stands as a checkpoint, inviting us to review and assess the quality of the Steps we've taken so far, a ritual we will repeat throughout our lives. Whether we're theist, agnostic, or atheist, to be "entirely ready" is not to possess all the answers to our affliction, but to continue our search, embrace the truths we've uncovered, acknowledge our imperfections, and above all, cultivate the willingness to release them and journey forward.

Remember, when we're fully prepared to give up our shortcomings, no matter who—or what—we're giving them up to, there are better things ahead than anything we leave behind.

Ron B.

11

The Rooms Share Too...

F.E.L.L.O.W.S.H.I.P.

Freedom
Everyone
Lights
Love
Openmindedness
Welcomes
Struggles
Healing
Inclusion
Participation

C.O.M.M.I.T.M.E.N.T.

Coffee
Old-timers
Meetings
Miracles
Interest
Telephone list
Milestones
Everyday
Newcomers
Time

P.A.T.I.E.N.C.E.

Presence
Answers
Tolerance
Ideas
Everything
Never to late
Chairs
Exploration

G.R.A.C.E.

Growth
Relief
Acknowledgement
Compassion
Everytime

Emily B.

Speaker Meetings

Costa Mesa

6:00PM, Saturday
HYBRID
Saturday Night Refugees
(12X12 Speaker Meeting)
 2144 Thurin St. @ Victoria St.
 (Grange Hall)
 Meeting ID: 813 9669 8169
 Password: GRANGE

7:00PM, Sunday
IN-PERSON
Costa Mesa Speaker Group
 2040 Placentia Ave.
 (Costa Mesa Alano Club)
 Contact: Christy B.

Dana Point

9:30 AM *First Sunday only each month*
IN-PERSON
Dana Point Harbor Monthly
Speaker Birthday Group
 34699 Golden Lantern
 (Wind and Sea Restaurant)
 Contact: Brent W. or
 Contact: John H.

Fountain Valley

7:30PM, Wednesday
IN-PERSON
Mischief Management
 (Fountain Valley Alano Club)
 16581 Brookhurst St.
 Contact: Cole H.

Garden Grove

8:00PM, Thursday
IN-PERSON
AA Speaker Meeting
 (Garden Grove Alano Club)
 9845 Belfast Dr.

8:00PM, Saturday
IN-PERSON
Saturday Night Live Speaker Meeting
 (Garden Grove Alano Club)
 9845 Belfast Dr.

Huntington Beach

5:45PM, Tuesday
HYBRID
Sun and Sea AA Hybrid Meeting
 20112 Magnolia St. (Christ Pacific Church)
 Meeting ID: 882 0896 9623,
 Password: Sunandsea
 Contact: Cindy S.

Huntington Beach

8:00PM, Tuesday
IN-PERSON
The Solution Is in the Book
Speaker Meeting
 19092 Beach Blvd. G-H (HOW Hall)
 Contact: Brandon K.

Irvine

7:00PM, Saturday
HYBRID
Turtle Rock Speaker Meeting
 1 Sunnyhill
 Meeting ID: 269 016 646,
 Password: wildbunch
 Contact: Joseph C.

Laguna Beach

8:00PM, Saturday
HYBRID
CC Sat Nite
 20456 Laguna Cyn. Rd.
 (The Canyon Club)
 Meeting ID: 402 531 7183,
 Password: canyon
 Contact: Tim A.

8:00PM, Saturday
HYBRID
Living Sober Speaker Meeting
 428 Park Ave. (St. Mary's
 Episcopal Church)
 (in the back building, Guild Hall)
 Meeting ID: 129 629 389 (no password)
 Contact: Neil K.

Laguna Hills

7:30PM, Sunday
IN-PERSON
Legacies Group Speaker Meeting
 23721 Moulton Pkwy.
 (Florence Sylvester Senior Cn.)
 Contact: Thelegaciesgroup@gmail.com

Laguna Niguel

7:00PM, Sunday
HYBRID
Laguna Niguel Speaker Meeting
 24360 Yosemite Road (@La Paz Rd.)
 Meeting ID: 451 797 737,
 Password: NewYMCA
 Contact: Bill W. &
 Jesse C.

Lake Forest

7:30PM, Friday
IN-PERSON
Saddleback Valley Fellowship
Friday Night Speaker Meeting
 23401 El Toro Rd. (@ Muirlands Blvd.),
 Ste. 101
 Contact: Vijay

Mission Viejo

7:00PM, Saturday
IN-PERSON
Orange County Group
 26051 Marguerite Pkwy.
 (Presbyterian Church of the Master)
 Contact: Jason B.

Newport Beach

7:30PM, Thursday
IN-PERSON
Balboa Speaker Group
 414 32nd St.
 (Newport Beach Alano Club)
 Contact: Natalie C.

7:30PM, Sunday
IN-PERSON
Speakers
 414 32nd St.
 (Newport Beach Alano Club)
 Contact: Ashley G.

Orange

7:00PM, Saturday
Saturday Night Visiting Speakers
IN-PERSON
 395 S. Tustin St.
 (Community of Christ Church)
 Contact: Matt D. or
 Chris W.

06/06 Donovan
 06/13 Nick V., Huntington Beach
 06/20 Gloria G.
 06/27 Liz

7:00PM, Sunday
IN-PERSON
Sunday Night Speaker Meeting
of Orange
 250 S. Prospect St.
 (Revive Covenant Church)
 Contacts/bookers: Bree and Owen

Rancho Santa Margarita

7:30PM, last Friday of the month
IN-PERSON
Roads End Participation
 Via Con Dios at Santa Margarita Pkwy.
 Speaker last Friday of the month

San Clemente

6:00PM, Monday
IN-PERSON
Men's Stag Speaker and
Discussion Meeting
 929 Calle Negocio
 (San Clemente Friendship Center)
 Contact: Tom P.

7:30PM, Friday
IN-PERSON
Friday Night Open Speaker Meeting
 202 Aragon
 (St. Clement's By the Sea Church)
 Contact: Tom P.

Tustin

7:00PM, Sunday
IN-PERSON
Sober & Crazy Speaker Meeting
 12881 Newport Ave.
 (Grace Harbor church)
 Contact: Gary C.

Villa Park

9:02AM, Sunday
IN-PERSON
9:02 Speaker/Participation Meeting
 17855 Santiago Blvd.
 Contact: Annette H. or E.C.

DISCLAIMER: Listed events, meetings, or flyers are presented solely as a service to our members, not as an endorsement by the Orange County Intergroup Association. We cannot attest to accuracy, relevancy, timeliness, or completeness of information provided. We at OCCO strive to adhere to Traditions Six and Ten on posting events.

Continued from page 12

PERSONAL DONATIONS		
Anonymous		195
Belen D.		5
Bethany H.		2
Brett A.	125	125
Brittany H.	3	3
Brian S.		21
Byron R., Mission Viejo		50
Cathryn F.		1
Chris O.		20
Dave Stef.		10
David B., Fullerton	10	40
Dawn M. Laguna Hills	32	32
Diana Mcl.		3
Ellen S. - Costa Mesa	90	90
Erinn D.		15
Esther S. Lowell, Ma		20
Faith B.	25	30
Geofrey W.		200
Jeff and Gabriella D.		1,000
Jennifer J., Costa Mesa	10	26
Jennifer L.		20
Jennifer S.		5
Jonathan W.		5
June L. - Irvine		75
Kevin A.		50
Lee B.		5
Marc T.		5
Marilyn C., San Clemente	25	75
Mateo D.		4
Matthew D. T.		2
Michael O. (Santa Ana)		100
Mo, Costa MESA		40
Patricia M.		50
Peter A. - Aliso Viejo		50
Randy U.		2
Robert R., recurring	15	60
Ronald B., recurring	25	100
Scott F.		6
Stacey C.		2
Teresa M. Laguna Niguel	100	400
Thomas P. Huntington Beach	20	20
Tiffany S.		5
Tom O		2
GROUP INFORMATION REQUESTED		
Receipt #2722, Ck 1632, Date 1		94
Receipt #2601, Ck 0004, Date 1		324
Receipt #2600, Cash, 1/2, Need		50
Receipt #2790, Ck 1125 2/19 K		366
Receipt #2799, Ck 7897, 2/27,		60
Venmo, 3/8, Irvine Men's Stag T		376
Venmo, 3/9, BPO Saturday 8am.		275
Receipt #2814, Ck 147/ 3/9, Ne		125
Receipt #2815, Ck 1157, 3/9, N		114
Venmo, 3.16, Zoom? Topic Par		100
Recipt #143 Morning Meditation		1
Tracy H. (which Zoom?)		200
Venmo from Clay B for 000488	156	156
TOTALS	23,488	92,542

Concept VI: The Conference Has the Big Responsibility, but Someone Still Has to Do the Work



Concept VI is one of those AA Concepts that sounds very official and important, which usually means half the room immediately starts looking for their cup of coffee. But it is actually pretty simple.

First, we need to talk about the [Conference](#). In AA, the General Service Conference is not just a weekend event with name tags, bad chairs, and someone asking where the bathrooms are. It is the yearly gathering where delegates from all over the US and Canada meet with trustees, directors, and staff to discuss matters affecting AA as a whole. Think of it as AA's big group conscience meeting. Not for one group. Not for one district. Not for one area. For AA as a whole.

The groups share their conscience through their GSRs. The GSRs bring that through districts and areas. The area delegate takes that conscience to the General Service Conference. Then the delegate comes back and reports what happened. It is basically AA's [upside-down triangle](#) in action, which is less an org chart and more a spiritual labyrinth with microphones. So, when Concept VI says the Conference has "chief responsibility" for AA's world services, it means the Conference is the main guardian of the big-picture direction of AA's services. But - and this is the important part - the Conference does not personally run everything.

Imagine the entire Conference trying to manage every detail of [AA World Services](#), [Grapevine](#), [La Viña](#), literature, translations, copyrights, websites, staff, archives, finances, and publishing. We would still be discussing whether the comma in paragraph three feels spiritually inclusive while the printer slowly dies in the corner. That is where Concept VI comes in.

Concept VI says: Yes, the Conference has the big responsibility, but the actual day-to-day work has to be handled by the General Service Board and its service corporations. The Conference gives direction and vision. The Board and its service corporations do the work. The Conference is like the group conscience. The Board is like the trusted servant body that carries it out. The service corporations are the practical arms that handle things like publishing, Grapevine, La Viña, and office operations.

Concept VI is really about delegation. And not the bad kind of delegation where someone says, "Can you help with this?" and then disappears into the witness protection program. Real delegation means: "We trust you with this responsibility. We are giving you enough authority to actually do the job. Please keep us informed, stay accountable, and don't go rogue." That last part is important because we are still alcoholics. We need both trust and guardrails.

Concept VI reminds us that responsibility and authority have to match. You cannot give someone a job and then tie their hands. That is not service. That is how resentment gets a committee assignment.

If the Board is responsible for overseeing AA's world services, it needs enough authority to act. If AA World Services is responsible for publishing literature, it needs enough authority to manage publishing. If Grapevine and La Viña are responsible for carrying AA's message through stories and magazines, they need enough room to operate. Otherwise, every decision becomes a group inventory with a purchase order.

But Concept VI is not saying, "Let the Board do whatever it wants." Nope. Absolutely not. Nice try, imaginary service dictator. The Board remains accountable to the Conference. The Conference remains accountable to the groups. And the groups remain the final authority in AA. That is the balance. The groups are the foundation. The Conference carries the broad group conscience. The Board handles oversight. The corporations handle operations. And everyone gets to practice humility, whether they signed up for that part or not. This is why Concept VI matters at every level of service. At the group level, if you elect a treasurer, let them be treasurer. Do not make them call a business meeting every time coffee filters are on sale. At the district level, if you elect a DCM, let them help coordinate the district. Do not elect someone and then spend two years treating every decision like a hostage negotiation. At the area level, if a committee is assigned a task, let the committee work — then ask for a report.

Accountability is good. Micromanagement is just fear wearing a service badge.

Concept VI teaches us that trusted servants need enough trust to serve. Not unlimited power. Not a crown. Not a secret budget and a dramatic cape. Just enough authority to do the work they were asked to do. Because if nobody has authority to act, nothing happens. And then we all sit around wondering why nothing happened, which is a very popular AA activity but not an especially effective one. Concept VI is AA's way of saying: "We need a group conscience. We also need someone to carry it out."

The Conference cannot run every detail. The Board cannot ignore the Conference. The corporations cannot forget the Fellowship. And the groups cannot nap through the whole process and then complain that nobody told them anything. Everybody has a part. That is the beauty of Concept VI. It keeps us from becoming either a dictatorship or a disorganized potluck where everyone brought napkins and nobody brought food.

So yes, Concept VI may sound dry at first. Boards. Corporations. Management. Oversight. Thrilling stuff. Someone notify the confetti committee. But underneath all that structure is a very practical spiritual principle: Service: where group conscience meets logistics, and somehow both are necessary.

Brian S.





Mark Your Calendar

June 5-June 7

40th Annual Sunshine of the Spirit High Desert Convention with AI-Anon participation

Courtyard Marriott
9619 Mariposa Rd.
Hesperia, CA
760-956-3876

www.sunshineofthespirit-highdesertconvention.com

June 11-14

The Desert Roundup

Renaissance Esmerelda Resort
44400 Indian Wells Ln.
Indian Wells, CA
760-902-9087

www.desertroundup.com

August 7-9

Intergroup Booth at the Orange County Fair

For more information, contact Brittany H.,

publicinformation@oc-aa.org

August 28-August 30

20th Annual Mountain AA Conference

A Search for Serenity
Big Bear Performing Arts Center
39707 Big Bear Blvd.
Big Bear Lake, CA

www.MountainAAConference.com

September 18-September 20

Woman to Woman San Diego

The Dana on Mission Bay
1710 W. Mission Bay Dr.
San Diego, CA
877-504-0123

www.womantowomansandiego.com

Check out the events section on www.oc-aa.org for more events (www.oc-aa.org/events/).

To have your event listed in the Lifeline, please email oclifelineeditor@gmail.com.

ALCOHOLICS ANONYMOUS ORANGE COUNTY INTERGROUP ASSOCIATION STATEMENT OF INCOME & EXPENSE PERIOD ENDING 04/30/2026 UNAUDITED

	Apr 26	Jan - Apr 26
Ordinary Income/Expense		
Income		
Literature Resale	861.40	3,650.34
Bank Adjustments	0.00	0.30
Birthday Donations	298.46	1,018.46
Group Donations	22,943.32	89,011.40
Individual/Fellowship	327.00	2,035.00
Interest Earned	356.57	2,149.29
Literature Sales	5,972.46	22,972.79
Shipping and Delivery Income	0.00	-32.50
Total Income	30,759.21	120,805.08
Cost of Goods Sold		
Cost of Literature Sold		
Cost of Goods Sold	5,672.11	22,097.21
Cost of Literature Sold - Other	0.00	0.00
Total Cost of Literature Sold	5,672.11	22,097.21
Shipping / Misc. Adjustments	-0.60	-554.40
Total COGS	5,671.51	21,542.81
Gross Profit	25,087.70	99,262.27
Expense		
Accounting	1,025.00	2,835.00
Auto Expense (all Mgrs.)	126.37	421.30
Bank Charges	0.00	56.00
Convention & Svs Event Expense	210.69	240.69
Copier Expense	0.00	45.46
Credit Card Expense	384.50	1,558.21
Freight and Shipping Costs	0.00	0.00
Insurances	156.30	987.50
Intergroup Expense	207.04	2,505.34
Internet Expense	184.21	736.84
Lease Expense	284.05	1,136.20
"LIFELINE" Expense	1,835.00	7,340.00
Maintenance & Repairs	240.00	720.00
Offices' Supplies & Expenses	310.43	918.45
Payroll Tax Expense	1,197.12	3,555.72
Postage	0.00	342.15
Reconciliation Discrepancies	0.01	0.40
Reimb. Health	1,000.00	3,600.00
Rent Main/Satellite Offices	1,321.88	17,923.52
Salaries	11,252.76	42,630.52
Taxes & Licenses	0.00	21.00
Telephone Answer Service	336.35	672.70
Telephone Expense	50.00	872.73
Utilities	34.28	225.04
Volunteers Coffee & Water	49.00	162.50
Website Expense	359.99	1,439.96
Total Expense	20,564.98	90,947.23
Net Ordinary Income	4,522.72	8,315.04
Other Income/Expense		
Other Income		
Purchase Discounts	0.00	0.00
Total Other Income	0.00	0.00
Net Other Income	0.00	0.00
Net Income	4,522.72	8,315.04

** Prudent Reserve consists of Bus. Int. Maximizer account.

Note 1. Per our Bylaws, Article X, Section 1: The financial policy of the Orange County Intergroup Association shall be: Maintain sufficient operating funds plus an ample reserve fund. Ample reserve (prudent reserve) is defined as four to six months of operating expenses based on the annual audit or review. Sufficient operating funds are determined as approximately one month of the monthly expenses, but not more than two months.

Note 2. Prudent Reserve calculation: Year end 2024: \$392088 = 1 month = 32674, 4 months = \$130696, 6 months = \$196044

Current Prudent Reserve: \$137063.72 (70% of Maximum Prudent Reserve)

Note 3. Operating Fund Calculation: ST \$4286.01 + VM \$587.98 + PP \$61.63 + CID \$50.00 + COH \$100.31 + BOA \$40844.29 = \$45930.22



June Word Search

Name _____

Email address _____
or phone number _____

M R M O J C J L N A S B Y S D D C J W U
 O X I Z C G F V R G I V H C M E L B C V
 E C U E C P K Y N L D U I D F F H I W Y
 B R W M E W L I L Z H S B G C E H D K N
 A B O F V R V Z G E X Y D P I C G Q T K
 S Z N W Z I L O P R O S P E C T A D H G
 H J Z E G D M E R W G Q Y Q P S A X O B
 H X Q S N O I T U B I R T N O C H Z K C
 C H I H M Z P J N E E C R Y J S U H H O
 I M L H D C I K H S J L N L B T R A Z M
 W I L L I N G N E S S T D E Q C R O M H
 R E X Q V L Q R I D F Q C R S A V T M O
 O N F S H Y V H P U B B S I C E Z Q Y R
 G H W T A A P Q K X N O I T A N O D U V
 E D I S T U O W A R S D E N I G A O E J
 N M R I U I G M Y V H R J E L E O B R O
 J O O E M J V K V M D C X D R H V U M R
 P N E L B A S N E P S I D N I M B C R E
 S Q T R U S C D H T I C D G T Z A A M C
 L E E D X L L X N Y P J G E R H T K I D

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READY
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DEFECTS

PROSPECT
DONATION
MISGIVINGS
INDISPENSABLE

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DEADLINE IS JULY 15th

Congratulations to April's winner, Frances B.!